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ABSTRACT

This report presents 3-day food intake data for about 36,100 individuals in the 48 conterminous States. The information was collected from April 1977 through March 1978 in the Nationwide Food Consumption Survey conducted by the U.S. Department of Agriculture. Data on food intakes and characteristics of the sample are presented in 510 tables. Average (mean) quantity of food eaten per individual per day and percentage of individuals reporting the food at least once in 3 days are given for all food, for food at home, and for food obtained and eaten away from home. Food intakes are summarized in 10 food groups and 43 subgroups and are tabulated for all individuals and for each of 22 sex-age categories. Food intake tables are presented for individuals in four income levels, three urbanization categories, two racial groups, and four seasons, and results are summarized in the text. (Author)

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Human Nutrition
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Consumer
Nutrition
Division

NFCS 1977-78
Report No. I-1

Food Intakes: Individuals in 48 States, Year 1977-78

Nationwide Food Consumption Survey 1977-78
Report No. I-1

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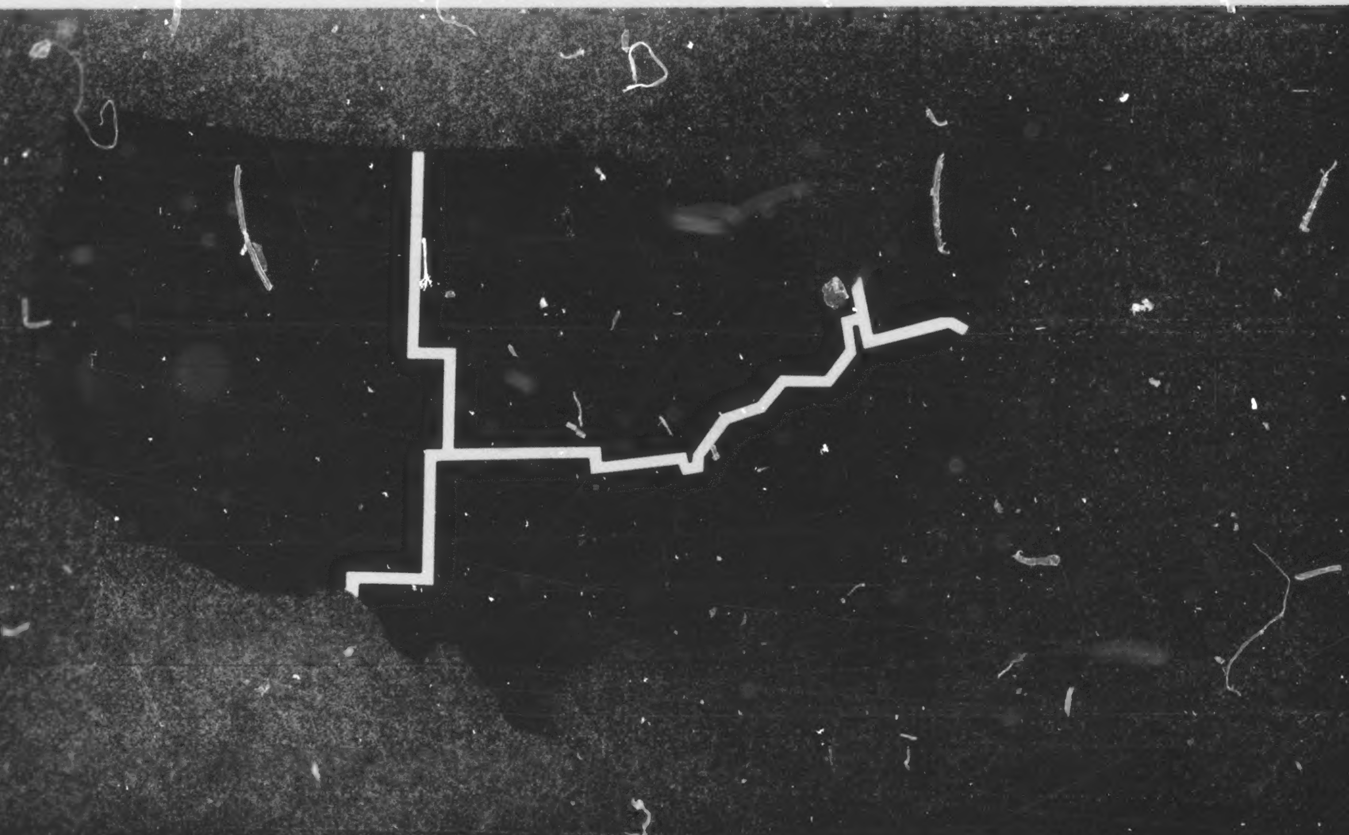

he Nationwide Food Consumption Survey 1977-78 is the latest source of national nformation on food intakes by individuals in terms of quantities of foods and ood groups consumed. Results will be used in coming years to address issues elating to food product development, food safety, consumer demand for food, ood patterns and practices, and nutrition education.

ssued August 1983

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FOOD INTAKES: INDIVIDUALS IN 48 STATES, YEAR 1977-78
Consumer Nutrition Division, Human Nutrition Information Service
U.S. Department of Agriculture
Hyattsville, Maryland 20782
Nationwide Food Consumption Survey 1977-78
Report No. I-1

ABSTRACT

This report presents 3-day food intake data for about 36,100 individuals in the 48 conterminous States. The information was collected from April 1977 through March 1978 in the Nationwide Food Consumption Survey conducted by the U.S. Department of Agriculture.

Data on food intakes and characteristics of the sample are presented in 510 tables. Average (mean) quantity of food eaten per individual per day and percentage of individuals reporting the food at least once in 3 days are given for all food, for food at home, and for food obtained and eaten away from home. Food intakes are summarized in 10 food groups and 43 subgroups and are tabulated for all individuals and for each of 22 sex-age categories. Food intake tables are presented for individuals in four income levels, three urbanization categories, two racial groups, and four seasons, and results are summarized in the text.

KEYWORDS: Dietary survey, food intake.

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The Nationwide Food Consumption Survey 1977-78 was conducted by the Consumer Nutrition Division, Human Nutrition Information Service, U.S. Department of Agriculture, under the general direction of Robert L. Rizek, Division Director. The sample was designed and the data collected and processed under contract by National Analysts, Inc.; Lucy B. Wilson was the project director. Robert B. Reese, chief of the Division's Food Consumption Research Branch, had overall responsibility for planning and supervising the survey. Eleanor M. Pao supervised a team of nutritionists, Carolyn A. Chandler, Patricia M. Guenther, and Sharon J. Mickle, in developing plans for coding and tabulating the individual food intake data. Kathryn H. Fleming and Cecilia D. Wilkinson joined the group in analyzing results and writing this report. Assistance was also provided by Christine E. Crandell. Brucy C. Gray, Jan L. Janiczek, and Mills B. Weinstein were responsible for the data processing, and technical assistance was provided by Nadine P. Ruyle and Jeffrey H. Straathof. Frank N. Hepburn and the Nutrient Data Research Branch provided food composition values. Johna L. Pierce, Ellen W. Caswell, Mildred T. Pati, and staff assisted with editing and word processing.

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Food Intakes: Individuals in 48 States, Year 1977-78

by the Consumer Nutrition Division
Human Nutrition Information Service

SUMMARY

Three-day food intake information was collected during 1 year--April 1977 through March 1978--for about 36,100 individuals from a sample of households in the 48 conterminous States as part of the Nationwide Food Consumption Survey (NFCS) conducted by the U.S. Department of Agriculture. Individuals were classified in 22 sex-age categories, and their average intakes of all food, food from the home food supply, and food obtained and eaten away from home were tabulated for 10 major food groups and 43 food subgroups. Main findings of the study are summarized as follows:

- Over 90 percent of the individuals studied ate at least one food from each of five major food groups during the 3 days surveyed. These food groups were the meat group (meat, poultry, fish, and mixtures containing meat, poultry, or fish), milk and milk products, grain products, vegetables, and beverages. About 70 to 80 percent had at least one item from each of three other major food groups--fruits, fats and oils, and sugar and sweets. Of the two remaining major food groups, eggs were reported by 55 percent and the legumes group (legumes, nuts, and seeds) by 41 percent.

- Of the subcategories of the meat group, beef (68 percent) and meat mixtures (67 percent) were reported by more individuals than frankfurters, sausages, and luncheon meats (54 percent); pork (50 percent); poultry (43 percent); or fish (25 percent).

- About four-fifths of all individuals had fluid milk at least once in the 3 days reported, almost one-half had cheese, and almost two-fifths had milk desserts or cream.

- Among grain products, bread, rolls, or biscuits were reported by more individuals (95 percent) than other baked goods (79 percent), cereals and pastas (67 percent), or mixtures mainly grain ([illegible] percent).

- Among vegetables, white potatoes were reported by about four-fifths of all individuals, tomatoes by almost one-half, deep-yellow vegetables by about one-fifth, and dark-green vegetables by about one-sixth.

- In the fruit group, noncitrus fruits and juices were reported by more individuals (58 percent) than were citrus fruits and juices (47 percent). Citrus fruit juices were consumed by four times as many people (40 percent) as noncitrus juices (10 percent).

- More survey participants drank soft drinks (57 percent) than drank coffee (51 percent), tea (39 percent), or fruit drinks and ades (14 percent). Fifteen percent of all individuals reported alcoholic beverages.

- Of all individuals, 62 percent obtained and ate some food away from home during the 3-day period. The following percentages had at least one item from the specified food group away from home--grain products (48 percent), meat (47 percent), nonalcoholic beverages (44 percent), vegetables (43 percent), and

milk and milk products (38 percent). Only 6 to 7 percent reported away-from-home consumption of eggs; legumes, nuts, and seeds; and alcoholic beverages.

- Among the major food groups, the percentage of total intake that was obtained and eaten away from home was greatest for the meat group (20 percent), nonalcoholic beverages (20 percent), and alcoholic beverages (32 percent). Somewhat less (15 to 17 percent) of the total intake of milk and milk products, grain products, vegetables, fats and oils, and sugar and sweets was consumed away from home. Only 8 percent of fruits were obtained and eaten away from home.

By income:

- Individuals in households with incomes under $6,000 (lowest incomes) had lower average intakes than those in households with incomes $16,000 and over (highest incomes) for the following food groups and subgroups: Total meat, poultry, and fish group; beef; meat mixtures; total milk and milk products; fluid milk; cream and milk desserts; cheese; baked goods other than bread, rolls, and biscuits; fats and oils; salad dressings; tomatoes; total fruits; citrus fruits and juices; total noncitrus fruits and juices; apples; sugar and sweets; candy; coffee; tea; soft drinks; fruit drinks and ades; alcoholic beverages; and beer. (Such differences in food intakes may also reflect differences in sex, age, race, and other factors related to food patterns. Multivariate regression procedures would be required to indicate the relative importance of such factors.)

- Individuals in households with the lowest incomes had higher average intakes than individuals in the highest income households for these food groups and subgroups: Poultry; eggs; legumes, nuts, and seeds; total grain products; cereals and pastas; white potatoes; dark-green vegetables; and sugar.

- Away-from-home intakes of all food groups and subgroups were as high or higher in the highest income households than intakes by individuals in the lowest income households. Only about one-third (34 percent) of the individuals in the lowest income category, compared with over one-half (55 percent) of those in the highest income category, had at least one meat item away from home during the 3 days surveyed. The same relationship held for grain products (34 and 57 percent, respectively) and vegetables (30 and 51 percent, respectively). Fruits were eaten away from home by 13 and 18 percent, respectively, of those in the lowest and highest income categories.

By urbanization:

- Residents of central cities, compared to those in suburban and nonmetropolitan areas, had the highest average intakes of poultry, eggs, grain products, dark-green vegetables, soft drinks, and fruit drinks and ades; but they had the lowest intakes of milk and milk products, total vegetables, and sugar and sweets. (Characteristics other than location of residence may contribute to the variations just mentioned.)

- Residents of suburban areas reported higher intakes than did residents in the other two urbanizations for milk and milk products, fats and oils, total fruits, coffee, and alcoholic beverages. Intakes of legumes, nuts, and seeds and grain products were lowest in suburban areas.

- For residents of nonmetropolitan areas, intakes were higher than for residents in the other two locations for the legumes group, total vegetables, sugar and sweets, and tea, and they were lower for total fruits and alcoholic beverages.

- Average away-from-home intakes by all individuals of fats and oils, fruits, and sugar and sweets were similar in all three urbanizations. Residents of suburban areas ate more meat, grain products, and nonalcoholic beverages and less of the legumes group away from home than residents of central cities and nonmetropolitan areas. Away-from-home intakes of milk and milk products and vegetables were lowest in central cities; intakes of eggs and alcoholic beverages were lowest in nonmetropolitan areas.

By race:

- Whites and blacks as groups had similar intakes per day of the total meat group. However, blacks had larger intakes than whites of pork; poultry; frankfurters, sausages, and luncheon meats; and fish, while whites ate more beef and mixtures that were mainly meat. Among children under 9 years, boys 12 to 14 years (includes ages 12, 13, and 14), and females 9 years and over, intakes of the total meat group were larger among blacks than among whites. (Variation in the sex and age distribution of the two racial groups may contribute to differences.)

- Average intakes by whites of milk and milk products were larger than by blacks. Although intakes of fluid milk by whites were greater than intakes by blacks for most sex-age categories, away-from-home intakes for children 3 to 14 years, men over 64 years, and women over 74 years were higher among blacks than among whites.

- Average intake by blacks of total grain products was higher than by whites. Intakes of cereals and pastas by blacks were more than twice those by whites. On the other hand, intakes of bread, rolls, and biscuits and grain mixtures by whites were generally higher than by blacks for most sex-age groups. However, intakes of bread, rolls, and biscuits by females 12 to 50 years and of other baked products by females 12 years and over were higher among blacks than among whites.

- Total vegetables were eaten in greater quantities by whites than by blacks overall; however, black children and teenagers generally had higher intakes than their white counterparts. Dark-green vegetables were favored by blacks, who ate three times as much of them as whites. Deep-yellow vegetable intakes were similar for the two racial groups.

- Average intakes of fruit and fruit subgroups (except citrus fruit juices) were higher by whites than by blacks. However, blacks had higher away-from-home intakes of total fruits than whites, especially for several groups of children and teenagers.

- Intakes of eggs and of the legumes group were higher by blacks than by whites overall. The reverse was found for intakes of fats and oils and of sugar and sweets.

- Whites drank much larger average amounts of coffee and tea and much smaller amounts of soft drinks and fruit drinks and ades than blacks. Among males 15 to 22 years, however, blacks had lower intakes of soft drinks than whites. Whites reported a much higher intake of alcoholic drinks than blacks.

By season:

- Seasonal differences in average intakes of the 10 major food groups for all individuals combined were small, 11 percent or less (using the largest seasonal intake as the base for the percentage). Differences were 7 percent or less for more than one-half of the food groups—meat group (202 g to 207 g--smallest and largest intakes--or 2 percent), the legumes group (23 g to 24 g or 4 percent), milk and milk products (354 g to 377 g or 6 percent), vegetables (195 g to 206 g or 5 percent), fruits (140 g to 148 g or 5 percent), eggs (25 g to 27 g or 7 percent), and fats and oils (13 g to 14 g or 7 percent). Grain products (201 g to 226 g or 11 percent), beverages (594 g to 661 g or 10 percent), and sugar and sweets (21 g to 23 g or 9 percent) had the largest percentage differences.

- For most of the 10 major food groups, average intakes in one season were slightly higher than in the others--the meat group, eggs, and fats and oils in spring; vegetables, fruits, and beverages in summer; milk and milk products in fall; and grain products in winter. For the legumes and sugar and sweets groups, intakes were practically the same in three seasons, but lower in summer. Other food groups with lowest intakes in summer were the meat group and eggs. Average intakes of milk and milk products and of grain products were equally low in spring and summer. The lowest consumption rates for the vegetable and fruit groups were in the fall and winter.

- Away-from-home intakes of the 10 major food groups were lowest in summer except for eggs and beverages (lowest in fall and winter) and fats and oils and the legumes group (same for all four seasons). Low away-from-home intakes in summer may reflect fewer children eating away from home during school vacation.

- Considerable seasonal differences were found in average intakes for a number of food subgroups. The biggest differences (difference between largest and smallest intakes as a percentage of largest intake) among seasons were in the vegetable and fruit groups. Intakes of tomatoes, dark-green vegetables, and deep-yellow vegetables were 33 to 38 percent greater in one season than in another, while intakes of potatoes and "other" vegetables were less than 10 percentage points apart. Citrus fruits and noncitrus fruits each had differences of about 25 percentage points across seasons with the former highest in winter and the latter highest in summer. Fall intake of apples was about twice the summer intake. There was no seasonal difference in average intake of bananas. Cereals and pastas, mixtures mainly grain, and baked goods other than bread, rolls, and biscuits showed the greatest seasonal differences among grain products. Among intakes of milk and milk products, intakes of cream and milk desserts evidenced the greatest seasonal difference--highest in summer and lowest in fall--while the average intake of cheese was about the same in all four seasons. Within the meat group, fish; meat mixtures; frankfurters, sausages, and luncheon meats; and beef varied the most among seasons.

Comparison between 1977 and 1965 surveys:

- In the spring quarter of the 1977 survey, average individual intakes computed from 1-day dietary recalls were lower than those in a spring 1965 survey for milk and milk products, eggs, total grain products, fats and oils, and sugar and sweets. Intakes of cheese, poultry, meat mixtures, grain mixtures, citrus fruit juices, tea, fruit drinks and ades, and soft drinks were higher in 1977 than in 1965. Other food groups showed less change for all individuals combined.

INTRODUCTION

This report contains data on food intakes by individuals in the 48 conterminous States. The information was collected in the Nationwide Food Consumption Survey conducted by the U.S. Department of Agriculture during 1 year from April 1977 through March 1978. Three-day dietary reports for about 36,100 individuals from a sample of households furnished the data compiled here in 510 tables. Main findings are discussed.

Appendixes provide these types of additional information: A glossary (appendix A), food items included in food groups and subgroups (appendix B), the food group coding system used in the NFCS 1977-78 (appendix C), information on the sample design (appendix D), differences between individual food intake and household food consumption data (appendix E), a comparison of 1- and 3-day food intakes in spring 1977 (appendix F), a comparison of food intakes in spring 1977 using 1965 and 1977 methods (appendix G), a comparison of food intakes in the 1977 and 1965 surveys (appendix H), total intake in grams (appendix I), a list of data tapes with NFCS 1977-78 information available for users desiring access to original data (appendix J), and a reproduction of the dietary intake data collection form (appendix K).

Nutrient intakes by individuals will be the subject of the next report in this series. Regional data on food and nutrient intakes by individuals will be provided in the third report.

The major objective of the survey was to provide basic data on current food consumption patterns and on the nutritional quality of dietary intakes by the U.S. population. Data in this report will be used for many purposes, including administering public programs affecting food supply, safety, distribution, and consumption; planning food assistance and educational programs to improve dietary practices; developing and marketing foods; and providing baseline data for reference in research and other types of projects (1, 35, 36).

In scope, the NFCS 1977-78 was the most comprehensive of the six nationwide surveys of food consumption by households conducted by USDA. The earlier surveys were conducted in 1936-37, 1942, 1948 (urban only), 1955, and 1965-66 (5-7). In the first 5 surveys, information was collected only on food used at home by housekeeping households, i.e., households with at least 1 member having a minimum of 10 meals from home food supplies during the week surveyed. In contrast, the NFCS 1977-78 included households regardless of the number of meals from home supplies. Information on dietary intakes at home and away from home by specified household members was obtained in addition to information on household food use in the last two surveys--in the spring quarter of the 1965-66 survey and in all four quarters of the NFCS 1977-78.

The NFCS 1977-78 was augmented by six supplemental surveys, each including studies of food intakes by individuals and household food consumption. Three of the supplemental surveys were conducted in the 48 States. These samples were comprised of (1) households with at least one member 65 years or older, (2) households eligible for or participating in the Food Stamp Program, and (3) a followup 2 years later on households eligible for the Food Stamp Program to determine effects of changes in the program on diets of participants and those eligible to participate. The other three surveys were conducted in Puerto Rico, Hawaii, and Alaska. More information on these surveys is given in appendix D. In addition, a bridging survey was carried out using 1965 data collection procedures to determine what were the effects, if any, of changes made in the NFCS 1977-78 data collection procedures. In the bridging survey, information was obtained on about 3,700 individuals and 1,450 households from April to June 1977.

Preliminary reports on 1-day recalls of individual dietary intakes and on household food use in the NFCS 1977-78 and the 1979-80 followup (4, 8-19) and final reports on household food consumption in spring 1977 for the United States and four regions (20-24) have been published. A report with data on foods commonly eaten by individuals in the NFCS 1977-78 has also been published (32), as have several papers on selected topics (25-31, 33, 34, 37).

METHODOLOGY

For the NFCS 1977-78, a private firm, National Analysts, Inc., of Philadelphia, Pennsylvania (a division of Booz, Allen and Hamilton), designed the sample, collected the information, and processed the data (edited, coded, keyed, and transferred to tape) under contract with USDA. USDA defined the information to be collected; provided technical information such as food codes (3), gram weights of household measures, and the nutrient composition of foods; and monitored all aspects of the contract.

Sample

A stratified area probability sample of households was drawn in the 48 conterminous States in each of the four quarters from April 1977 through March 1978. The sample was designed to be representative of the 48 conterminous States, 4 regions, and 3 urbanizations. Data collection took place in 114 primary sampling units (PSU's), mostly cities and counties. Four seasonal samples were used, and households were scheduled for interviews in a manner designed to provide representativeness over time by quarter, month, week, and day of the week.

From the households participating in the survey, 40,209 individuals (30,770 unweighted) completed at least 1 day's food intake form and 36,255 (28,030 unweighted) completed forms for 3 days. (See appendix D for explanation of weighting.) In spring 1977, all individuals in all households were asked to give food intake information. In the other three seasons, one-half of these individuals 19 years and older and all those under the age of 19 were asked to participate, except those in one-person households, who were asked to participate regardless of age. In the three seasons other than spring, proportional representation was maintained among sex-age categories by treating each record for an individual 19 years and over as two records, except for persons in one-person households. In addition, a household weighting factor was applied to each individual to adjust for households that were selected into the sample but did not respond. A detailed analysis of the sampling is presented in appendix D.

Data Collection and Processing

Each household in the sample received a letter explaining the purpose of the survey and the importance of participation. A short time later, a trained interviewer made an appointment at least 1 week in advance with the household member most responsible for food planning and preparation--usually the homemaker. Household food consumption information was obtained by using a food list to aid the household respondent in recalling the kind, form, quantity, and cost, if purchased, of foods used at home during the previous 7 days. The household respondent also supplied information on those characteristics of the household that might be related to food consumption: Home food production; prior year's household income before taxes; participation in food programs; education, occupation, and employment status of the male and female heads of household; household size; and the sex, age, and relationship of household members to the head of household.

After the household respondent finished giving information about the household, the interviewer recorded on separate forms the previous day's food intake as recalled by each eligible household member present. Then the interviewer instructed each individual how to keep a written record of his or her intake for the day of the interview and for the next day, thus providing 3 consecutive days of dietary information.

As a part of the instruction, the interviewer showed participants how to record foods eaten earlier on the day of the interview. The household respondent usually answered for children under 12 years of age and others unable to answer for themselves. If a household member was absent at the time of the interview but was expected to return within the next 2 days, the interviewer left forms for the absent member to complete. The interviewer returned to each home to pick up and review the diet records. The food intake questionnaire used in the survey is reproduced in appendix K.

Interviewing took place on all days of the week. The fewest dietary forms (recalls and records) were collected for Saturdays as shown below.

Day of the week	Acceptable 1-day dietary forms collected
	Percent
Sunday	10.6
Monday	13.9
Tuesday	19.0
Wednesday	18.5
Thursday	16.1
Friday	13.2
Saturday	8.7

Data tapes provided by National Analysts were further processed by the Consumer Nutrition Division to generate the tables in this report. These tables were produced using the U.S. Bureau of Labor Statistics' Table Producing Language (40) and Print Control Language (39). The data presented in the tables for quantities of food intake are averages (arithmetic means) for the group of individuals identified in the first column of the table. The quantity of the foods identified in the column head was summed for each individual over 3 days and then divided by three to obtain a "per day" average. Next, a group mean was calculated of all the individual "per day" averages. If an individual did not eat the specified food, his or her "per day" average intake was zero, and the zero was used in calculating the group's mean intake.

For tables showing the percentage of individuals using items from a particular food group, the percentage was obtained by dividing the number of individuals in the sex-age group who reported the food at least once during the 3 days surveyed by the total number of individuals in that sex-age group.

RESULTS

Three-day food intakes as reported by respondents are summarized in 10 major food groups and 43 food subgroups. Terms are defined in the glossary (appendix A), and food items included in each food group are described in the table notes (appendix B).

For each food group, the average quantities in grams of food or beverage (other than drinking water) as ingested per individual per day are tabulated (1) for all food, (2) for food obtained and eaten away from home, and (3) for food from the home food supply (tables 1A-1.1 to 6N-3.1). (One ounce is equivalent to 28.35 g.) Also tabulated are the percentages of individuals using the food at least once during the 3 days surveyed (tables 1A-1.2 to 6N-3.2). Data are presented for all individuals combined and for individuals classified into 22 sex-age groups. Food intakes are also shown for individuals grouped by four income levels, three urbanizations, two racial groups, and four seasons. Total intakes in grams are summarized in appendix I.

Food intakes of infants (under 1 year old) are included in the tables along with those of other sex-age groups; however, because their intakes are unique, they are discussed in a separate section. Information for completely and partially breast-fed infants is excluded from all tables except those showing the characteristics of the households (tables 7.1 to 7.6). Data for pregnant and lactating women (N = 288 and 132, respectively) are not shown separately in this report.

Distributions of individuals by household characteristics make up the final set of tables (tables 7.1 to 7.6). These characteristics include region; urbanization; race; household income; size of household; and age, education, and employment status of male and female heads of households.

At first glance, measures of average food intakes for population groups may be deceptive (or difficult to interpret) unless there is recognition that quantities reported are related to the proportion of individuals eating foods from those groups. Nonusers as well as users make up the group of individuals for whom the average intake is computed. The relationship between average intake and percentage of individuals reporting foods is particularly important in understanding intakes of food obtained and eaten away from home. Therefore, the percentage of individuals obtaining and eating food away from home at least once during the 3 days surveyed is presented below for all individuals and for sex-age groups by two income levels and by race. (Relationships between groups may reflect variations in age, sex, and other characteristics as well as income and race.)

Individuals obtaining and eating food away from home at least once during 3 days

Sex and age (years)	All incomes	Income under $6,000	Income $16,000 and over	Whites	Blacks
	Percent				
Males and females:					
Under 1	7.9	2.1	8.2	8.7	5.3
1-2	40.5	28.9	48.0	45.2	25.8
3-5	51.6	41.1	63.7	55.3	39.8
6-8	73.5	70.4	74.7	74.9	69.7
Males:					
9-11	77.1	70.7	80.5	78.2	72.9
12-14	78.6	68.4	81.9	79.4	74.6
15-18	75.3	64.9	78.7	77.3	66.4
19-22	71.8	72.4	73.3	75.1	54.8
23-34	78.7	61.8	84.0	81.0	63.9
35-50	69.6	48.5	77.8	71.3	58.6
51-64	58.2	35.1	69.9	59.9	43.8
65-74	35.3	28.1	54.5	37.6	17.2
75 and over	26.8	26.4	46.2	30.1	7.2
Females:					
9-11	75.7	73.4	74.5	77.3	71.3
12-14	76.4	67.0	81.4	78.2	67.6
15-18	75.2	62.1	83.4	77.0	68.9
19-22	71.1	62.7	80.6	75.6	50.7
23-34	64.1	40.9	72.8	67.5	49.4
35-50	58.6	35.2	67.8	62.4	39.3
51-64	47.8	32.5	60.4	51.2	27.2
65-74	37.2	29.3	50.2	40.5	13.0
75 and over	26.5	24.7	26.0	27.9	11.8
All individuals ...	61.6	42.8	72.3	64.1	49.0

Food Intakes

An overview of average intakes of the major food groups and of the proportion of all individuals reporting use at least once during 3 days is presented below. (Total intakes in grams are summarized for 11 food groups by sex-age categories in appendix I.) Intakes and percentage of individuals using are given both for all food eaten and for food obtained and eaten away from home. Also, food eaten away from home is presented as a percentage of all food eaten for each of the major food groups.

Average intakes of major food groups

Major food group	All food: Average intake per day	All food: Individuals using[2]	Food obtained and eaten away[1]: Average intake per day	Food obtained and eaten away[1]: Individuals using	Food obtained and eaten away[1]: Percentage of all food
	Grams	Percent	Grams	Percent	Percent
Meat, poultry, fish	204	99	41	47	20
Milk and milk products ..	365[3]	94	56[3]	38	15
Eggs	26	55	2	6	8
Legumes, nuts, seeds	24	41	3	7	13
Grain products	213	99	31	48	15
Fats and oils	13	81	2	21	15
Vegetables	198	98	31	43	16
Fruits	142	73	12	16	8
Sugar and sweets	23	73	4	19	17
Nonalcoholic beverages ..	578	91	116	44	20
Alcoholic beverages	47	15	15	7	32

[1] Sixty-two percent of all individuals obtained and ate some food away from home.
[2] At least once during the 3-day period.
[3] In calcium equivalents. (See "Glossary," appendix A.)

MEAT, POULTRY, AND FISH

The meat, poultry, and fish group (meat group) includes beef; pork: lamb, veal, and game; poultry; organ meats; frankfurters, sausages, and luncheon meats; fish and shellfish; and mixtures with one or more items of meat, poultry, or fish as a major ingredient (meat mixtures). Mixtures with the major ingredient from another food group, such as pizza (in the grain products group), may have small amounts of meat also (see "Table Notes," appendix B). Data for the meat group are found in tables 1A-1.1 to 1N-3.2.

For all individuals combined, the average intake per day of foods in the meat group was 204 g. Intakes of the meat group were greater at older ages, varying from 103 g for 1- to 2-year-old children to 292 g for 23- to 34-year-old men and 191 g for 35- to 50-year-old women; then intakes were lower with advancing age (fig. 1). Of the 204 g intake from the meat group, meat mixtures provided the largest average amount (74 g), followed by beef (51 g); poultry (24 g); pork (20 g); and frankfurters, sausages, and luncheon meats (19 g).

Nearly all individuals (99 percent) ate at least one item from the meat group during the 3 days they reported. Meat subgroups with the highest proportion of users were beef (68 percent); meat mixtures (67 percent); frankfurters, sausages, and luncheon meats (54 percent); and pork (50 percent). Poultry and fish were reported by 43 and 25 percent, respectively. The highest proportion of users of beef was among men 35 to 50 years; of pork, men over 74 years; of frankfurters, sausages, and luncheon meats, children 3 to 5 years; and of meat mixtures (which include sandwiches reported as a single unit), boys 15 to 18 years.

About one-fifth (41 g) of the meat group intake was obtained and eaten away from home. Among the meat [illegible]groups, proportional contributions of away-from-home intakes to total intakes were greatest for meat mixtures, 27 percent (20 g of 74 g); fish, 25 percent (3 g of 12 g); beef, 18 percent (9 g of 51 g); and poultry, 17 percent (4 g of 24 g). Males 19 to 34 years ate the largest average amounts of the meat group away from home, but boys 9 to 18 years had the highest proportion of individuals eating at least one meat item away from home.

By Income

At successively higher income levels, average intakes of the meat group were higher (183 g and 211 g for individuals from households with under $6,000 and $16,000 and over, respectively). Differences were greatest for beef and meat mixtures. Poultry consumption was lower at higher income levels. Intakes and percentages of individuals obtaining and eating meat items away from home were also larger at successively higher income levels. About one-third (34 percent) of the lowest-income individuals (under $6,000) but over one-half (55 percent) of those in households with the highest incomes ($16,000 and over) ate meat items away from home at least once during the 3 days surveyed.

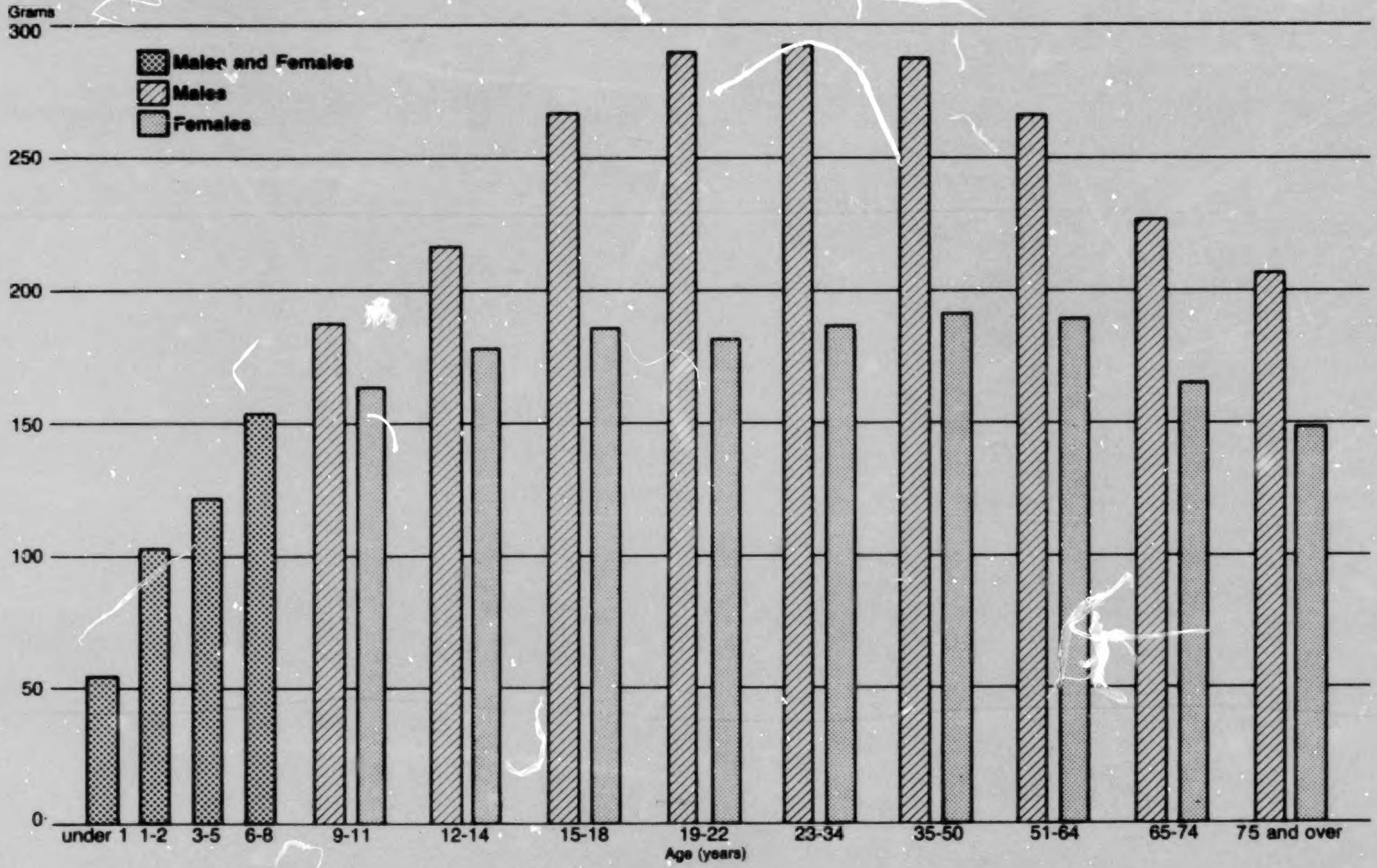
By Urbanization

Among all individuals, average intakes of total meat items combined were nearly the same for residents of central cities as for those in suburban areas but were slightly less for those in nonmetropolitan areas. Residents of central cities, however, ate more poultry and less meat mixtures than residents of suburban and nonmetropolitan areas, while differences for other meat

Figure 1

Meat, Poultry, and Fish

Average intake per individual per day



Source: USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

subgroups were less pronounced. Away-from-home intake of the meat group was higher for suburban residents than for those in the other two urbanizations.

By Race

For individuals of the two racial groups studied--white and black--average intakes of all items in the meat group combined were the same (204 g). However, much more beef and meat mixtures were reported by whites than by blacks, while more pork; poultry (mostly chicken); frankfurters, sausages, luncheon meats; and fish were reported by blacks than by whites. Among sex-age groups, black children under 9 years and all groups of black females had larger total meat intakes than their white counterparts. Among males, intakes of the total meat group were generally smaller among blacks than among whites. Away-from-home intake of the total meat group by all individuals was larger for whites than for blacks (43 g and 31 g, respectively). Among children 3 to 8 years, girls 9 to 11, and boys 12 to 14, blacks had higher away-from-home intakes than corresponding groups of whites, but intakes of white adults exceeded those of blacks by a wide margin.

By Season

Average intake of foods in the meat group by all individuals showed little difference from season to season (202 g, 204 g, 205 g, and 207 g for summer, fall, winter, and spring, respectively). Little seasonal variation was found in most subgroups (beef from 47 g in winter to 53 g in spring and summer; pork, 19 g in summer and 20 g in the other seasons; poultry, 26 g in the spring and 24 g in the other seasons; frankfurters, sausages, and luncheon meats, 18 g in winter to 21 g in summer; fish, 10 g in fall and 12 g in the other seasons; and meat mixtures, 69 g in summer to 79 g in winter). Away-from-home intakes of the meat group were slightly less in summer (37 g) than in the other three seasons (41 g in winter, 42 g in fall, and 44 g in spring).

MILK AND MILK PRODUCTS

Milk and milk products include all dairy products except butter. Mixtures such as ice cream, cheese souffle, and puddings made from milk are included under milk and milk products, but cream soups are grouped according to kind. For example, cream of tomato soup is grouped with tomatoes (see "Table Notes," appendix B). Total quantities of milk and milk products are expressed in terms of calcium equivalents of fluid whole milk (see "Glossary," appendix A), while quantities of subgroups are expressed in grams of intake. Data for milk and milk products are presented in tables 2A-1.1 to 2N-3.2.

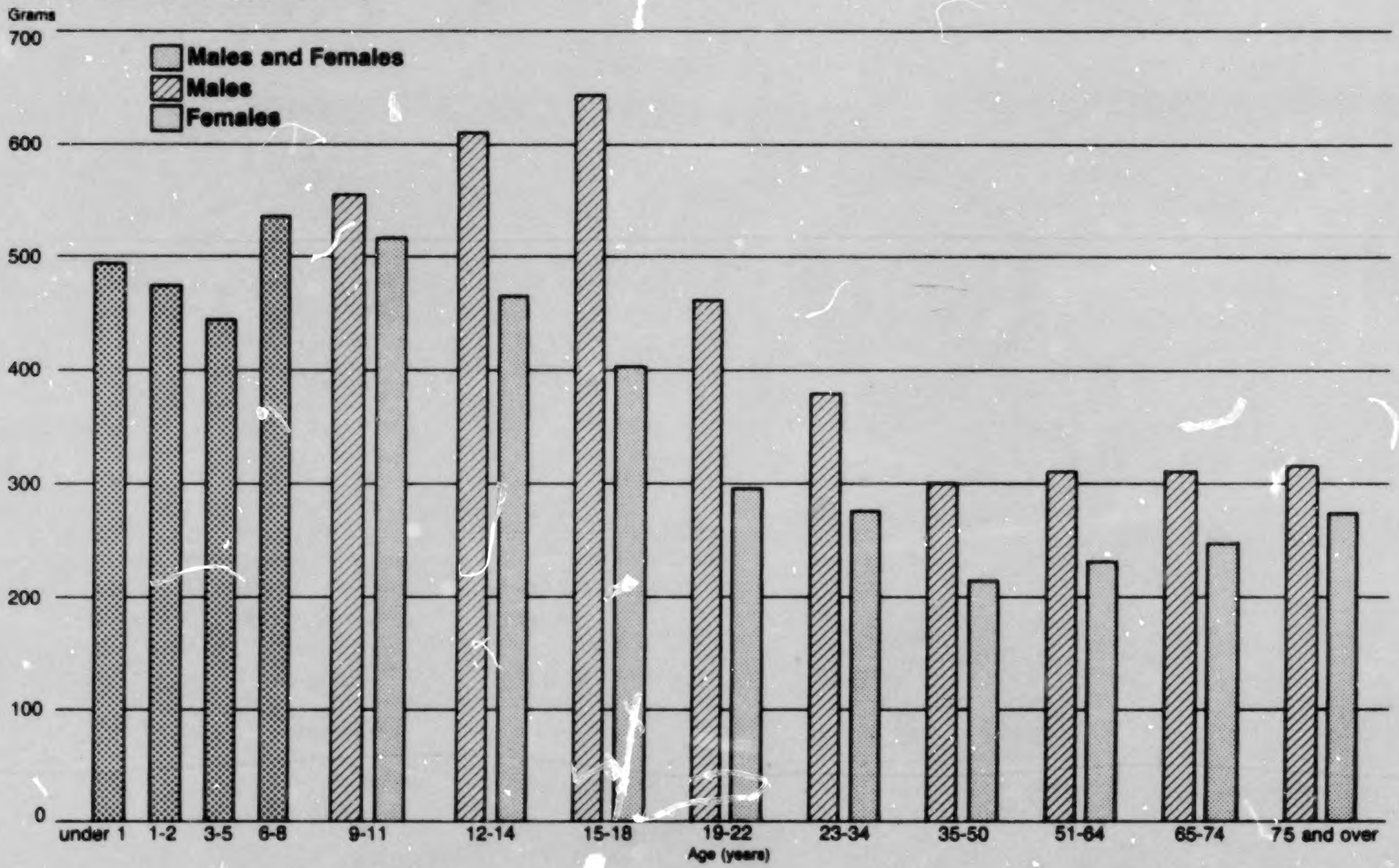
For all individuals combined, average intake per day of total milk and milk products was 365 g. Intakes generally were higher in older age groups up to 19 years, varying from 449 g to 475 g for 1- to 5-year-olds to 642 g for 15- to 18-year-old boys (fig. 2). Intakes were lower for older groups. Consumption of milk and milk drinks by all individuals was 283 g (of which 254 g was fluid milk, 26 g other milk drinks, and 3 g yogurt); of cream and milk desserts, 23 g; and of cheese, 15 g.

Milk and milk products were reported by 94 percent of all individuals. More children and teenagers (95 to over 99 percent) reported foods from this food group than did older individuals (89 to 95 percent). The percentage of all individuals reporting milk and milk

Figure 2

Milk and Milk Products

Average intake[1] per individual per day



[1] Expressed as quantity of whole fluid milk to which dairy products are equivalent in calcium content.

Source: USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

drinks was 84 percent (fluid milk 81 percent and yogurt 4 percent), cream and milk desserts 39 percent, and cheese 46 percent.

Milk and milk products obtained and eaten away from home accounted for 15 percent (56 g to 365 g) of the per day intake for all individuals. Age groups obtaining and consuming the largest proportion of milk and milk products away from home were school-age children 6 to 18 years old. Intakes of milk and milk products away from home were reported by 38 percent of respondents. More than one-fourth of all individuals (27 percent) reported milk and milk drinks, primarily fluid milk, away from home. Smaller percentages reported away-from-home intakes of cream and milk desserts (13 percent) and of cheese (11 percent).

By Income

As household income varied from under $6,000 to $16,000 and over, average intake of milk and milk products for all individuals was higher, ranging from 310 g to 389 g. The same pattern of differences in intakes between the lowest and highest income groups was evident for the milk and milk products subgroups--milk and milk drinks, 254 g and 291 g; cream and milk desserts, 18 g and 26 g; and cheese, 10 g and 17 g, respectively. The percentage of all individuals reporting milk and milk products also varied with income, from 90 percent for the lowest income group to 95 percent for the highest income group.

By Urbanization

Of individuals living in the three urbanizations, those in suburban areas had the largest average intake of total milk and milk products (384 g), and the highest percentage of suburban individuals reported these foods (95 percent). Those in central cities had the smallest intake (343 g) and the lowest proportion of users (93 percent).

By Race

Average intakes of all categories of milk and milk products were markedly larger for whites than for blacks (fig. 3). This pattern was apparent for all sex-age groups. Total intakes of milk and milk products were 380 g for whites and 254 g for blacks.

By Season

Intakes of total milk and milk products were higher in the fall (377 g) and winter (373 g) than in spring and summer (354 g), largely because of variations in intake of fluid milk. Consumption of cream and milk desserts was higher in spring and summer (25 to 26 g) than in fall and winter (20 to 21 g).

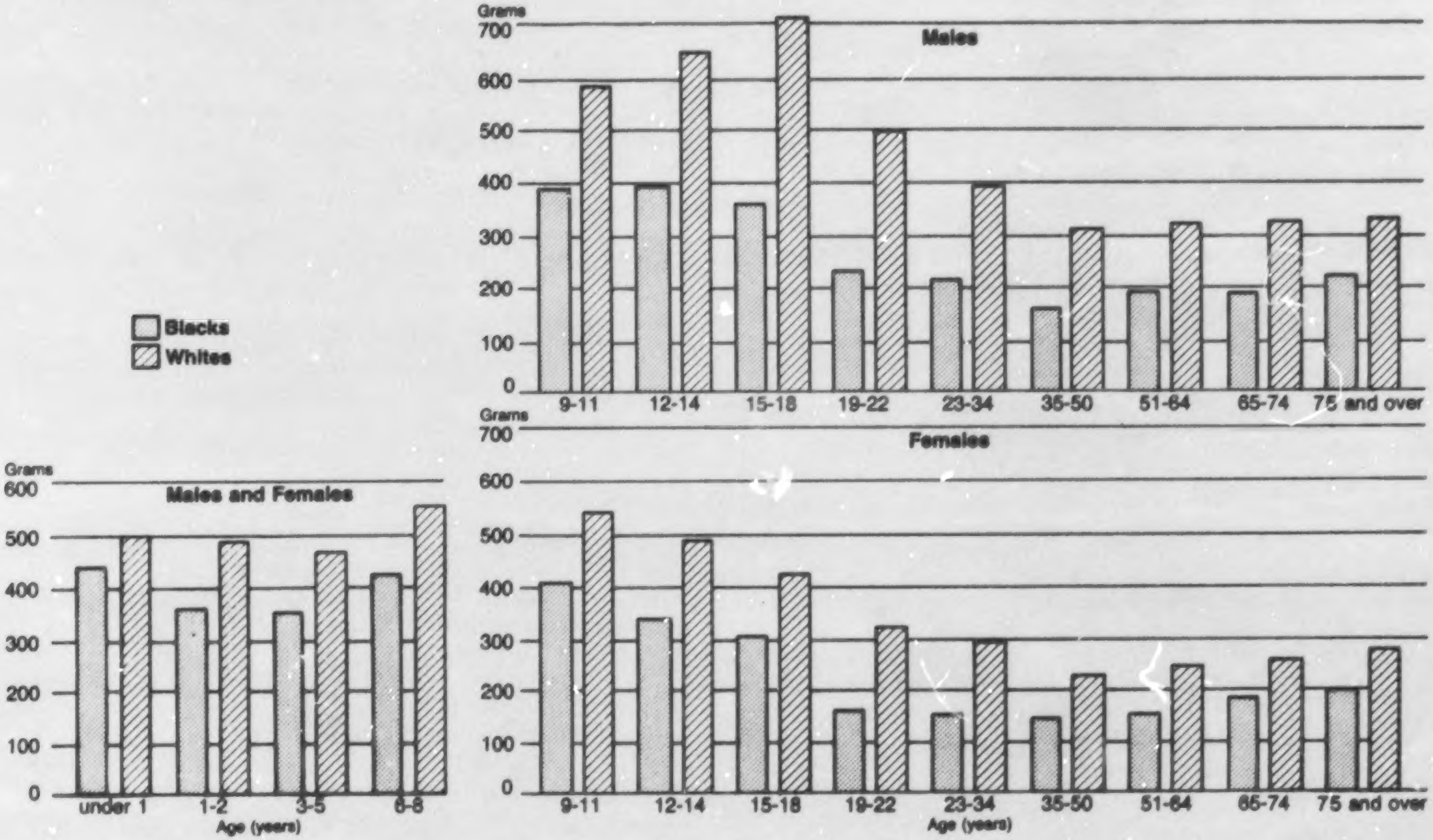
EGGS

The egg group includes prepared forms of eggs as well as egg mixtures (such as omelets and egg salad) and egg substitutes. Data for eggs are in tables 2A-1.1 to 2N-3.2.

The average intake per day of all items in the egg group by all individuals combined was 26 g. (One large cooked egg weighs 50 g.) Fifty-five percent of the individuals reported eggs at least once during the 3 days surveyed. The highest proportion of users was among men over 50 years of age (65 to 72 percent). Almost 8 percent (2 g) of egg intake was obtained and

Figure 3

Milk and Milk Products by Race
Average intake¹ per individual per day



¹Expressed as quantity of whole fluid milk to which dairy products are equivalent in calcium content.

Source: USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

eaten away from home, with 6 percent of all individuals reporting use away from home.

By Income

Individuals in the two lowest income groups (under $10,000) had the highest average intakes of eggs (29 g and 30 g) and the two highest income groups ($10,000 and over) had the lowest intakes (24 g). This pattern was evident among most sex-age groups as well. Sixty percent of the lowest-income individuals reported eggs, and 52 percent of the highest income group ate eggs.

By Urbanization

Larger average intakes of eggs were reported in central cities (29 g) than in suburban (24 g) or nonmetropolitan areas (25 g). The proportion of central-city residents reporting eggs (59 percent) was also slightly higher than that for residents of suburban and nonmetropolitan areas (53 and 54 percent, respectively).

By Race

Blacks consumed substantially more eggs (33 g) than whites (24 g). Sixty-four percent of blacks reported eating eggs during the 3 days surveyed, compared with 53 percent of whites.

By Season

Average intake of eggs by all individuals surveyed showed little difference from season to season (25 to 27 g). About the same percentage of individuals reported eggs in all four seasons (54 to 55 percent).

LEGUMES, NUTS, AND SEEDS

The legumes, nuts, and seeds group (legumes group) includes dried beans, peas, and lentils; soybean-derived products including soy-based imitation milk and baby formula; meat substitutes composed mainly of vegetable protein; nuts and nut butters; and seeds (see "Table Notes," appendix B). Data for the legumes group are presented in tables 2A-1.1 to 2N-3.2.

For all individuals, average intake per day of the legumes group was 24 g. Among males, consumption was heaviest by 12- to 18-year-olds (32 to 34 g) and among females by 9- to 11-year-olds (28 g). Intakes by females over 64 years (14 g) were lowest.

About two-fifths of the respondents ate items from the legumes group at least once during the 3-day survey period. Sex-age groups with highest percentages reporting the legumes group were children 1 to 8 years old, boys 9 to 14, and girls 9 to 11 (49 to 59 percent). Those with the lowest percentages were men and women over 64 years (34 to 36 and 29 to 30 percent, respectively).

The average amount of the legumes group consumed away from home was 3 g, accounting for about one-eighth (13 percent) of the intake from this food group. Only 7 percent of the respondents reported obtaining and eating legumes, nuts, or seeds away from home.

By Income

Average intakes of the legumes group tended to be lower at successively higher levels of income. In the two groups with incomes less than $10,000, intake of the legumes group was 30 g, compared with 26 g for those with incomes $10,000 to $15,999 and 21 g by those with incomes $16,000 and over. Percentages of respondents reporting items from the legumes group varied less with income level than average intakes did, ranging only from 40 to 44 percent. Average away-from-home intakes of the legumes group were small for all four income levels (2 to 3 g); percentages of respondents reporting intakes of the legumes group away from home ranged from 6 to 8 percent.

By Urbanization

Residents of suburban areas had a slightly lower average intake of the legumes group (22 g) than did residents of central cities (25 g) and nonmetropolitan areas (26 g). Forty percent of respondents from suburban areas, 39 percent from central cities, and 44 percent from nonmetropolitan areas reported legumes, nuts, or seeds. Percentages of individuals reporting items from the legumes group away from home ranged from 6 percent in suburban areas to 9 percent in nonmetropolitan areas.

By Race

Blacks consumed substantially larger amounts of the legumes group (29 g) than did whites (22 g). In all sex-age groups over 2 years of age, blacks had higher average intakes from the legumes group than whites. In about one-half of these sex-age groups, differences in average intakes between blacks and whites were over 10 g. However, 41 percent of whites and 38 percent of blacks overall reported legumes. Blacks and whites had much the same average intakes of legumes, nuts, and seeds away from home (3 g). Eight percent of whites and 6 percent of blacks reported away-from-home intake of this food group.

By Season

Average intakes of the legumes group were similar by season--23 g in summer and 24 g in other seasons. Percentages of respondents reporting items from the legumes group in the four seasons were also similar (40 to 42 percent).

GRAIN PRODUCTS

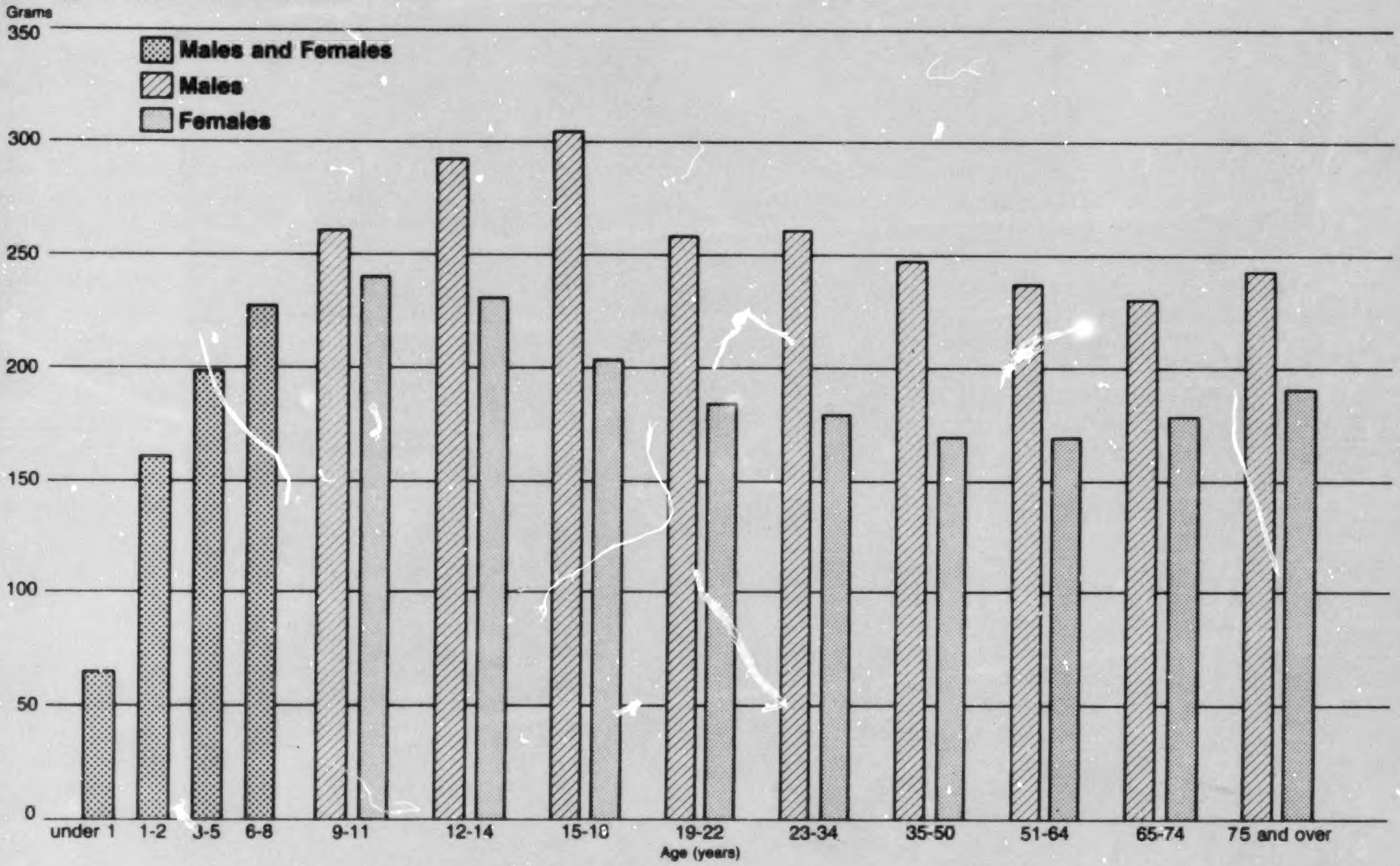
Grain products include bread, rolls, and biscuits; other baked products such as cakes, cookies, pies, pastries, crackers, and snacks; pastas; cooked and ready-to-eat cereals; and mixtures having a grain product as the main ingredient (grain mixtures). Examples of foods in the grain mixtures subgroup, so classified because they are mainly grain, are pizza, spaghetti with sauce, macaroni and cheese, tacos, and egg rolls. Average intakes and percentages of individuals using grain products are presented in tables 3A-1.1 through 3N-3.2.

The average intake of grain products by all individuals was 213 g per day. For males, consumption of grain products was higher for successively older age groups of children and teenagers, reaching a maximum of 304 g at age 15 to 18 years. For older age groups, intakes were lower, falling to 230 g at age 65 to 74 (fig. 4). In contrast, grain product intakes by females decreased from 241 g for 9- to 11-year-olds to 169 g for 35- to 64-year-olds. Thereafter, the averages were higher, rising to 190 g for women over 74 years. Bread, rolls, and biscuits made up the largest portion of the grain products eaten (62 g per individual per day). Average intakes for the remaining three subgroups--other baked goods, cereals and pastas, and grain mixtures--were approximately equal (49 g, 50 g, and 52 g, respectively).

Figure 4

Grain Products

Average intake per individual per day



Source: USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

Several groups of children and teenagers ate larger amounts of grain mixtures than of other subgroups of grain products. Children, teenagers, and adults over 64 years had larger intakes of ready-to-eat cereals than did young and middle-aged adults (fig. 5).

Less than 1 percent of all individuals ate no grain product during the survey period. Bread, rolls, or biscuits were eaten by the largest proportion of individuals (95 percent), followed by other baked goods (79 percent), cereals and pastas (67 percent), and grain mixtures (45 percent). Bread, rolls, and biscuits were used by similar proportions of males of all ages (96 to 98 percent). Among females, the proportion using bread, rolls, and biscuits varied from 98 percent of girls 9 to 11 years to 93 to 94 percent of females 15 to 50 years, whereas 99 percent of the women over 74 years ate these foods. Ready-to-eat cereals were consumed by more of the children under 12 years of age (69 to 77 percent) than of the teenagers (44 to 67 percent), adults under 65 years (25 to 37 percent), or of elderly adults (47 to 49 percent).

About 15 percent of the intake of grain products (31 g of 213 g) was obtained and eaten away from home. Nearly one-half of all individuals (48 percent) had at least one grain product away from home. Among grain products, bread, rolls, and biscuits were eaten away from home by the largest proportion of individuals (35 percent), followed by other baked goods (27 percent) and grain mixtures (13 percent). Compared with other sex-age groups, proportionately more school-age children (60 to 67 percent) and men 23 to 34 years (61 percent) ate grain products away from home. Proportionately fewer adults over 74 years (20 to 22 percent) ate grain products away from home.

By Income

Individuals in households with incomes under $6,000 and $6,000 to $9,999 had slightly larger average intakes of grain products (218 g and 225 g, respectively) than did those with incomes $10,000 to $15,999 and $16,000 and over (212 g and 207 g, respectively). Differences by income were not consistent among the subgroups. Intakes of the cereals and pastas subgroup for all individuals were lower at successively higher levels of income (70 g and 42 g for the lowest and highest income groups, respectively). Differences among intakes of the four income groups for bread, rolls, and biscuits were small. Intakes of grain mixtures were smallest for those with incomes below $6,000. Consumption of other baked products was least in the lowest income group (44 g) and greatest in the highest income group (50 g). The percentage of respondents eating grain products away from home was greater in the higher income groups, varying from 34 percent of the individuals at the lowest income level to 57 percent at the highest income level.

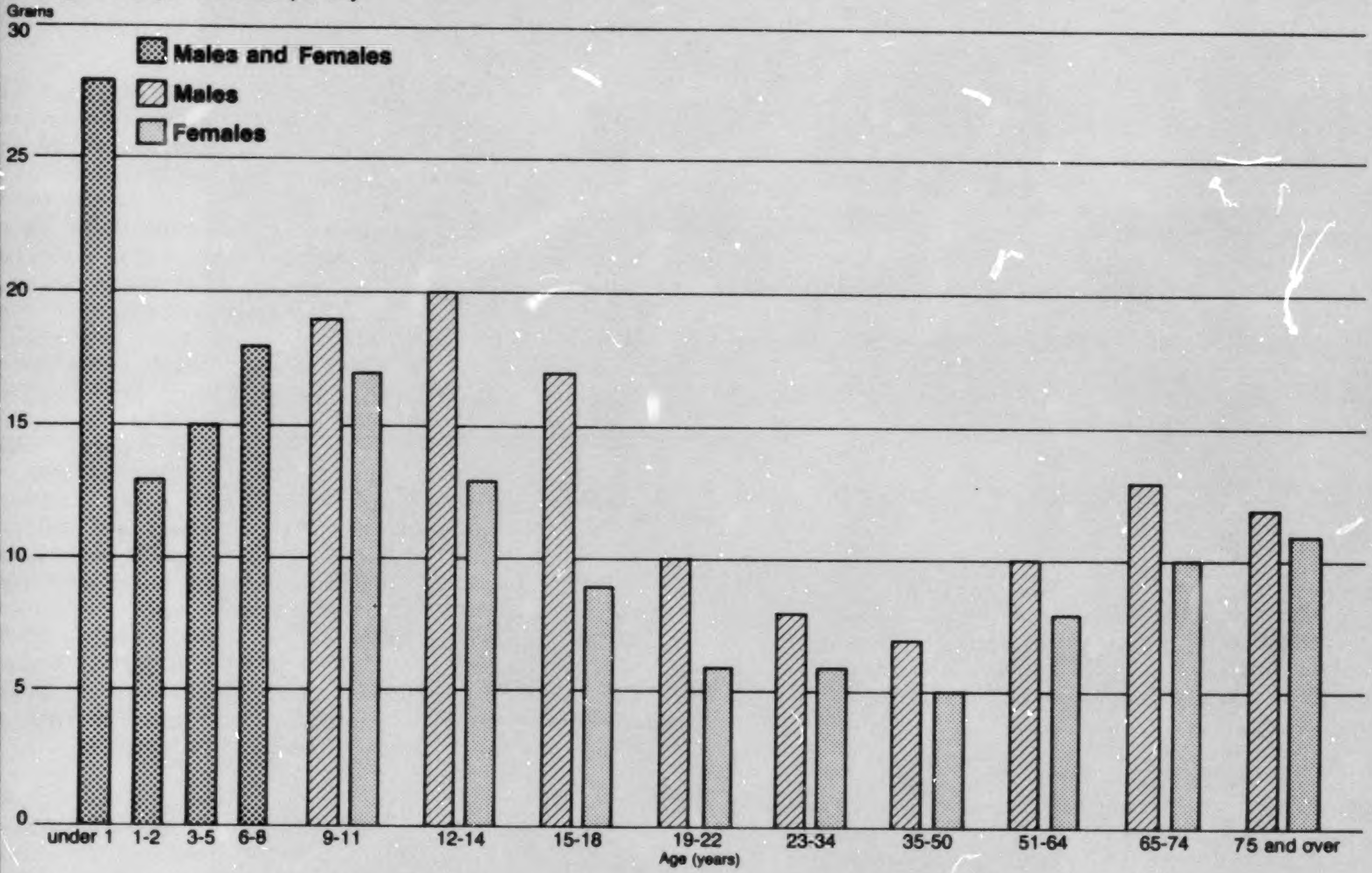
By Urbanization

Average intakes of grain products were lowest in suburban areas (207 g) and highest in central cities (221 g). The grain products subgroup showing the greatest difference was cereals and pastas, with intakes of 45 g in suburban areas and 61 g in central cities. The average intake of grain products away from home was about the same (31 to 32 g) in all three urbanizations.

Figure 5

Ready-to-eat Cereals

Average intake per individual per day



Source: USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

By Race

Blacks generally had a higher average intake of total grain products (235 g) than did whites (206 g). Blacks' average intake of cereals and pastas (86 g) was more than twice that of whites' (41 g), even though blacks' average intake of ready-to-eat cereals was less than whites'. For each subgroup except cereals and pastas, whites had intakes the same as or higher than blacks. Blacks and whites overall ate similar amounts of baked products other than bread, rolls, and biscuits (49 g), but average intakes of males and females differed by race. Among most age groups of males, blacks had lower intakes of other baked products than whites, while among females, blacks had higher intakes than whites. Black females 12 to 50 years also consumed more bread, rolls, and biscuits than white females, while black males 9 to 74 years consumed as much as or less than white males. Grain mixtures were eaten in greater amounts by whites (53 g) than blacks (41 g); this relationship was evident in nearly all sex-age groups.

Forty percent of blacks and 50 percent of whites ate at least one grain product away from home. However, away-from-home intakes of total grain products among most school-age children under 15 years were nearly the same or greater for blacks compared with whites.

By Season

Total intakes of grain products were larger in the fall (223 g) and winter (226 g) than in spring and summer (201 g). The subgroups contributing to these differences were other baked goods, cereals and pastas, and grain mixtures. Away-from-home intakes of grain products were only slightly larger in fall (34 g) and winter (33 g) than in spring (30 g) and summer (27 g).

FATS AND OILS

The fats and oils group is comprised of the following items when reported separately by the respondent: table fats such as butter or margarine, salad dressings, sauces such as tartar and hollandaise, oils, and cream substitutes. Fats used in frying are considered part of the fried food and are not included in this group unless reported separately. Salad dressings not reported separately are included with the salad in the food group of the salad's major ingredient. Butter and margarine not reported separately were included with other foods, as in a sandwich or with cooked vegetables. Fats and oils are reported in tables 3A-1.1 to 3N-3.2.

The average intake of fats and oils reported separately was 13 g per day. Intakes were higher for successively older age groups and ranged from 5 g for 1- to 2-year-olds to 19 g for males 51 to 64 years old and to 14 g for most groups of females over age 22 years. About equal amounts of table fats and of salad dressings were reported separately by all individuals combined (6 g). Except for males 23 to 34 years and females 15 to 64 years, intakes of table fats were slightly higher than intakes of salad dressings. Adults over 64 years of age reported less salad dressings but the same or larger amounts of table fats than younger adults.

About four-fifths of all individuals reported use of fats or oils separately during the survey period, with two-thirds reporting table fats and almost one-half reporting salad dressings. About one-fifth of all individuals reported away-from-home use of fats or oils.

By Income

Average intake of table fats varied little with income (6 g to 7 g), while intakes of salad dressings were higher at successively higher income levels, ranging from 3 g to 7 g. At the lowest and highest income levels, 63 and 70 percent (respectively) of individuals reported table fats, but 34 and 51 percent (respectively) reported salad dressings.

By Urbanization

In suburban areas, average intake of fats and oils was 15 g. This amount was divided about equally between table fats and salad dressings. In central cities and nonmetropolitan areas, intakes of fats and oils were 12 g, including somewhat more table fats than salad dressings.

By Race

A larger proportion of whites than of blacks reported fats and oils separately (83 versus 69 percent) and, consequently, their average intakes were larger (14 g versus 8 g). Both whites and blacks had a higher percentage using table fats (70 and 54 percent, respectively) than salad dressings (48 and 35 percent, respectively).

By Season

Intake of fats and oils per day was about the same in spring (14 g) as in the other seasons (13 g). A little less than one-half of the respondents reported use of salad dressings in spring and summer (48 and 49 percent, respectively), with the proportion somewhat lower in fall and winter (42 and 45 percent, respectively). The percentage of individuals reporting table fats in summer (66 percent) was slightly smaller than in the other seasons (68 to 69 percent).

VEGETABLES

Vegetable subgroups used in analysis of the survey data were white potatoes, tomatoes, and dark-green, deep-yellow, and "other vegetables." "Mixtures mainly vegetables" are included in the group of the major vegetable. Vegetable soups are included with vegetables even though they may be cream soups. Vegetables in meat mixtures such as stews are not included here unless the vegetables were reported separately by the respondent. Average intakes and percentages of individuals using vegetables are reported in tables 4A-1.1 through 4N-3.2.

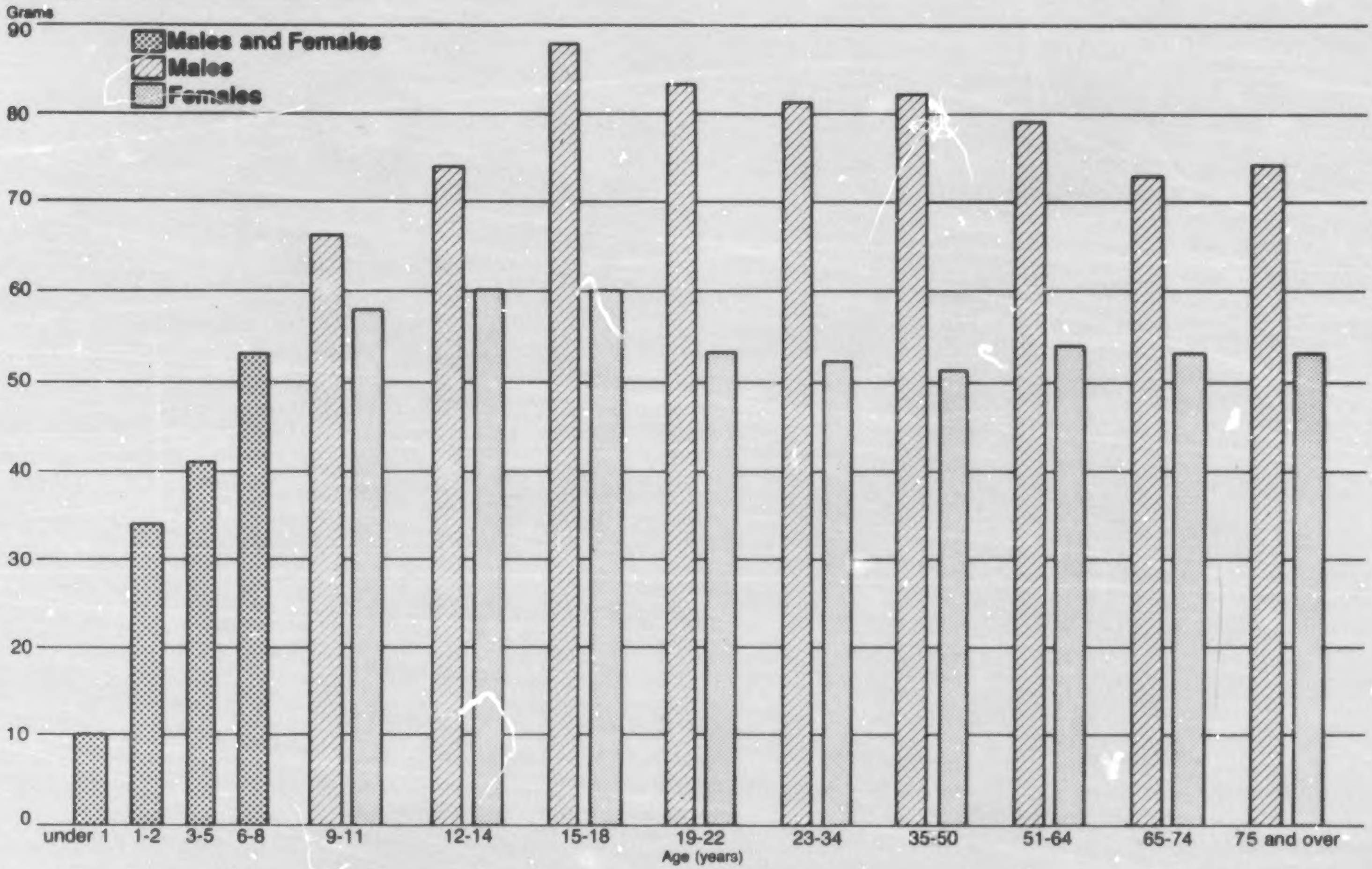
Total vegetable intake was 198 g per day for all respondents. Average vegetable intakes were higher for older age groups and ranged from 98 g for 1- to 2-year-olds to 224 g for 51- to 74-year-old women and 275 g for 51- to 64-year-old men. The "other vegetable" subgroup was the most important in the average intake of all respondents, contributing 95 g out of 198 g. The next largest amount was white potatoes (62 g), followed by tomatoes (25 g) and dark-green and deep-yellow vegetables (8 g and 9 g, respectively). Average intake of white potatoes was highest among 15- to 18-year-old boys (fig. 6).

Almost all respondents reported eating vegetables at least once in the 3-day survey period. Seventy-nine percent reported white potatoes; 48 percent, tomatoes; 17 percent, dark-green vegetables; 22 percent, deep-yellow vegetables; and 92 percent, "other vegetables."

Figure 6

White Potatoes

Average intake per individual per day



Source: USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

Although 43 percent of all individuals reported eating vegetables away from home during the 3 days studied, only 16 percent of total vegetable intake (31 g of 198 g) was obtained and eaten away from home. Nineteen percent (12 g of 62 g) of the white potato intake was reported as eaten away from home.

By Income

There was little variation in average intake of total vegetables among individuals grouped by household income, but consumption of dark-green vegetables varied inversely with income, from 12 g at the low-income level to 7 g among high-income individuals. Children, teenagers, and adults over age 74 in the lowest income groups consumed more total vegetables than those in the highest income groups, but the reverse was generally true for adults 19 to 74 years. Amounts of white potatoes eaten by children, teenagers, and most adult groups in the lowest income category were higher than amounts eaten by those in the highest income category. The proportion of individuals who obtained and ate vegetables away from home at least once in the 3 days surveyed varied with income--from 30 percent for those with incomes under $6,000 to 51 percent for those with incomes $16,000 and over.

By Urbanization

Average total vegetable intake was greatest for residents of nonmetropolitan areas (206 g) and least for those living in central cities (193 g). However, central-city residents had the largest intakes of dark-green vegetables.

By Race

Average intake of total vegetables was somewhat higher for whites than for blacks (201 g and 185 g, respectively), although almost all individuals in both groups reported eating vegetables. However, among children and most groups of teenagers, blacks consumed more total vegetables than whites. For most vegetable subgroups, the average intake and percent using were higher for whites than for blacks, but for dark-green vegetables the opposite was true. The average intake by blacks was three times that of whites (21 g and 7 g, respectively), with the percentage of blacks reporting dark-green vegetables more than twice as high as that of whites (31 percent and 15 percent, respectively). Intakes of deep-yellow vegetables tended to be similar for both racial groups. Among children and teenagers, blacks ate more "other vegetables" than whites.

By Season

Total vegetable intakes by all individuals were slightly higher in summer compared to the other seasons (206 g compared to 195 g in fall and winter and 198 g in spring). However, total vegetable intakes by children 1 to 5 years and by most teenage groups were largest in fall and winter. Those by the youngest and oldest groups of men were largest in spring. Away-from-home consumption of total vegetables by 3- to 18-year-olds was lowest in summer, probably because of the absence of school lunches. Tomato consumption was half again higher in summer than in the other seasons (34 g compared to 21 g to 23 g). The average intake for "other vegetables" was only 5 to 8 percent higher in summer than in the other seasons (100 g versus 92 to 95 g). White potato and dark-green vegetable intakes were lowest in the summer months for most sex-age groups. The peak season for deep-yellow vegetable intakes in most sex-age groups was fall. In each season, almost all individuals reported eating some vegetables. The percentage of users was greater in summer for tomatoes, in fall for deep-yellow vegetables, and in winter for white potatoes.

FRUITS

The subgroups of fruits are citrus fruits, citrus juices, dried fruits, apples, bananas, other fruits including mixtures mainly fruit, and noncitrus juices and nectars. Fruit in fruit pies is included in the grain products group. Tables for fruit intakes are 5A-1.1 through 5N-3.2.

Average fruit intake by all individuals surveyed was 142 g per day. Fifteen- to 50-year-olds had intakes somewhat lower (114 g to 138 g) than younger and older groups (135 g to 189 g). The overall intake of citrus fruits and juices was 66 g. Women 51 to 74 years had the highest intakes. Most of the citrus fruit intake was citrus juices (54 g).

Almost three-fourths of respondents reported eating fruit at least once during the 3 days surveyed, with almost one-half reporting citrus fruit or juice and almost three-fifths using other fruits, mixtures, or juices. Only 3 percent reported dried fruit. The 19- to 22-year-olds had the smallest percentage reporting use of fruits (61 percent). Although 16 percent of all individuals obtained and ate fruits away from home, only 8 percent of average intake of total fruits (12 g of 142 g), 6 percent of citrus fruits and juices (4 g of 66 g), and 11 percent of other fruits, mixtures, and juices (8 g of 76 g) were obtained and eaten away from home.

By Income

Intakes of total fruit and most fruit subgroups generally were larger at successively higher levels of income, as were the percentages of individuals using these foods. Individuals with household incomes of less than $6,000 had intakes of 122 g of fruit per day--about three-fourths of the intakes of those with incomes of $16,000 and over (158 g). However, children 1 to 5 years, boys 15 to 18 years, and men 51 to 74 years in the lowest-income households had average intakes of total fruit that were 44 to 58 percent of intakes for corresponding sex-age groups at the highest income level. In contrast, away-from-home intakes of total fruits were higher among children 6 to 8, boys 9 to 14, girls 9 to 18, men 19 to 34, and women 75 and over in the lowest income group than in the highest income group. For school-age children, school lunch probably contributed to the differences.

By Urbanization

Fruit intake by residents of suburban areas and central cities was about 150 g per individual per day, whereas for residents of nonmetropolitan areas the average intake was considerably less (124 g). The same pattern generally applied to subgroups of fruits and to the percentage of individuals reporting fruit.

By Race

Average intake of total fruits by whites was higher than that by blacks (147 g compared to 112 g). Except for citrus juices, intakes of all fruit subgroups were considerably higher among whites than among blacks. Away-from-home intakes of fruits comprised 13 percent of total intake by blacks (14 g of 112 g) and 8 percent by whites (12 g of 147 g). Among children 3 to 8 years, boys 9 to 14, and girls 9 to 18, blacks ate more fruit away from home than did whites.

By Season

Total fruit intake by all individuals was slightly higher on the average in summer (148 g) than during the other three seasons (140 g to 142 g). Much more noncitrus fruit, excluding dried fruit, was eaten during the summer than in other seasons (90 g compared to 65 g in winter, 74 g in spring, and 75 g in fall). Intake of citrus fruits and juices was highest in winter (74 g compared to 57 g in summer, 64 g in fall, and 67 g in spring). Apple consumption was highest in fall (27 g) and fell progressively from winter (21 g) through spring (16 g) and summer (14 g). Average intake of bananas for individuals overall, however, was the same in all four seasons (9 g).

SUGAR AND SWEETS

The sugar and sweets group includes sugar and sugar substitutes, sirup, honey, icing, toppings, jelly, and jam, reported separately; also included are gelatin desserts, popsicles, and candy (see "Table Notes," appendix B). Data for sugar and sweets are in tables 6A-1.1 to 6N-3.2.

Average intake of sugar and sweets by all respondents was 23 g per day. Intakes varied with age from 17 g for 1- to 2-year-olds to peaks of 36 g for 12- to 14-year-old boys and 29 g for 9- to 11-year-old girls, then declined to 19 g and 15 g for 19- to 22-year-old men and women, respectively. After age 22, successively older age groups consumed more. The average intake of the sugar subgroup was 5 g; men over 34 had the highest intakes (7 g). The overall average intake of candy was 3 g, but boys 9 to 14 years and girls 12 to 14 years ate twice as much as the overall average (6 g).

Nearly three-fourths of respondents used sugar and sweets at least once in the 3-day period reported. Among sex-age groups, percentages reporting sugar or sweets were lowest for 19- to 22-year-old men and women (65 and 67 percent, respectively) and highest for 6- to 8-year-old children and 9- to 11-year-old boys (81 percent). Of all sex-age groups, girls 12 to 14 years had the highest proportion reporting candy (25 percent).

About one-sixth (4 g of 23 g) of total sugar and sweets intake was obtained and eaten away from home. About one-fifth of respondents (19 percent) reported having sugar or sweets away from home, with the largest proportion among men 23 to 50 years (26 percent).

By Income

Among income groups, average intakes of sugar and sweets were lowest in households with incomes under $6,000 (20 g) and highest in households with incomes $16,000 and over (25 g). Intakes of sugar reported separately, however, did not vary with income level. Seventy and 74 percent of all respondents in the lowest and highest income groups, respectively, reported eating at least one item in this food group during the 3 days surveyed. The percentage of respondents at the highest income level reporting candy was nearly double that at the lowest income level (16 percent versus 9 percent).

By Urbanization

Average intake of sugar and sweets was lower in central cities (19 g) than in suburban areas (23 g) and nonmetropolitan areas (24 g). Away-from-home intakes of sugar and sweets were similar (4 g) in all three urbanizations.

By Race

Average intake of sugar and sweets was half again as much for whites (24 g) as for blacks (16 g). In all sex-age groups, average intakes by whites were above those by blacks.

By Season

Average intake of total sugar and sweets was slightly lower in summer (21 g) than in the other seasons (23 g).

NONALCOHOLIC BEVERAGES

Beverages included in this subgroup are coffee, tea, soft drinks, and fruit drinks and ades (see "Table Notes," appendix B). Data on these beverages are presented in tables 6A-1.1 to 6N-3.2. Milk and milk drinks and fruit juices and nectars are not included in the beverage food group. They are considered as parts of the milk and milk products and fruit groups.

For all individuals combined, average intakes per day of these beverages were 265 g of coffee, 123 g of tea, 167 g of soft drinks, and 24 g of fruit drinks and ades. In age groups over 22 years, men drank more coffee than women, but women drank more tea than men. As expected, coffee and tea intakes were highest for adults, with peak coffee drinking reported by 51- to 64-year-olds and tea drinking highest among 23- to 50-year-olds. On the other hand, the largest intakes of soft drinks were those by teenagers and young adults (fig. 7). Intakes of fruit drinks and ades were highest among individuals under 35 years. Fifty-seven percent of total respondents reported soft drinks during the 3 days surveyed, 51 percent reported coffee, 39 percent reported tea, and 14 percent reported fruit drinks and ades.

As a proportion of total intakes, away-from-home intakes accounted for 18 percent of the coffee (48 g of 265 g), 11 percent of tea (13 g of 123 g), 31 percent of soft drinks (51 g of 167 g), and 17 percent of fruit drinks and ades (4 g of 24 g). Twenty-six percent of the respondents had soft drinks away from home, 19 percent had coffee, 9 percent had tea, and 3 percent had fruit drinks and ades. Proportionately more 15- to 34-year-olds reported soft drinks away from home than did other sex-age groups, and 23- to 64-year-olds had the largest proportions reporting coffee away from home.

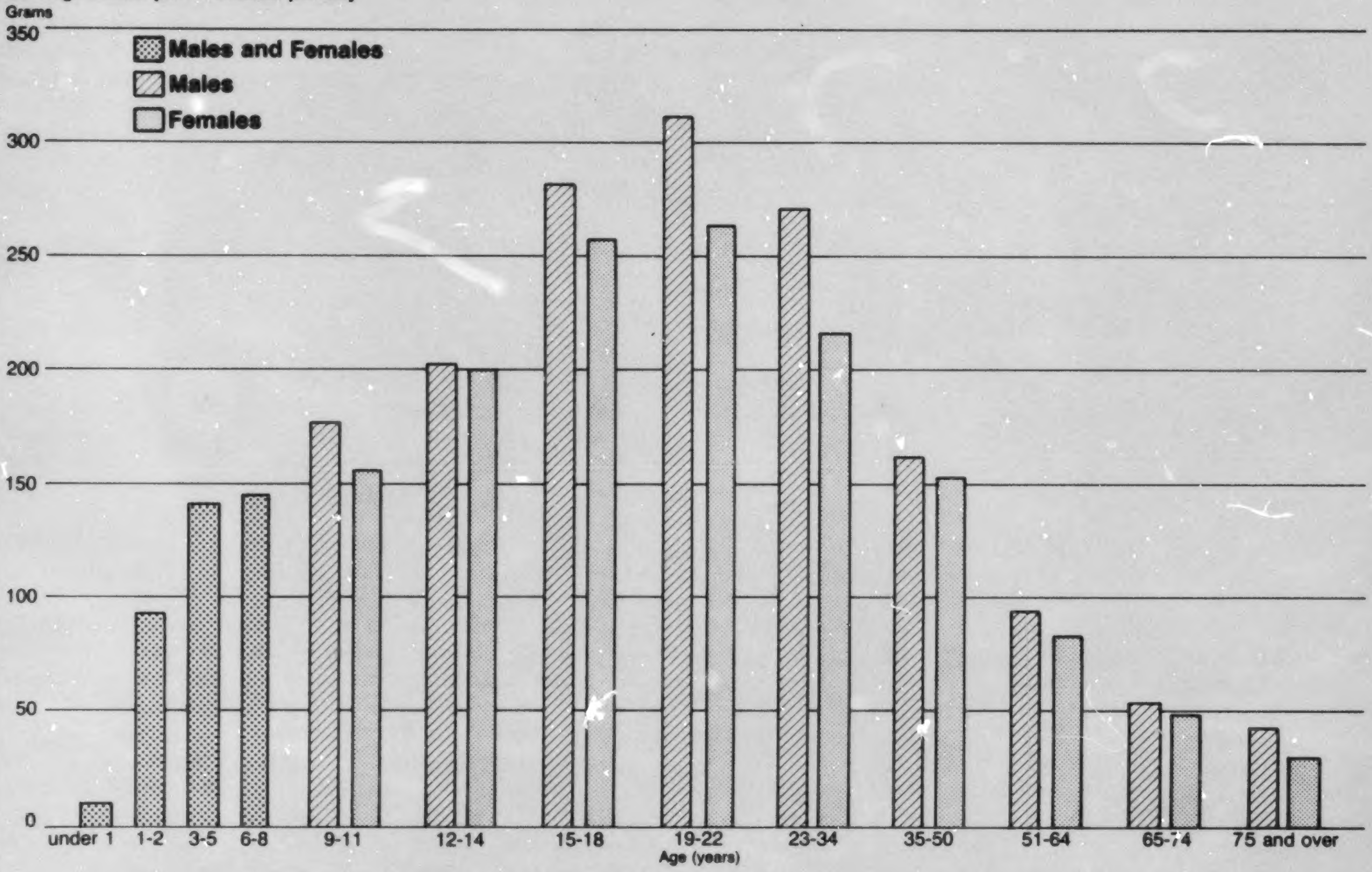
By Income

Intakes of coffee, tea, soft drinks, and fruit drinks and ades varied directly with income. Differences were most notable for soft drinks; the average intake at the lowest income level was 139 g and at the highest, 174 g. Nevertheless, in a number of the sex-age groups, average intakes of soft drinks were higher among individuals at the lowest income level than at the highest. Except for coffee, the proportions of individuals reporting these beverages were higher at higher income levels. Higher income people also reported higher beverage intakes away from home.

Figure 7

Soft Drinks

Average intake per individual per day



Source: USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

Coffee intake away from home increased from 9 percent of the total (21 g of 238 g) at the lowest income level, to 24 percent (67 g of 280 g) at the highest income level; intake of soft drinks away from home increased from 21 percent (29 g of 139 g) to 36 percent (62 g of 174 g).

By Urbanization

Central-city residents had the lowest average intakes of coffee and tea and the highest intakes of soft drinks and fruit drinks and ades. Residents of suburban areas drank the most coffee, and those in nonmetropolitan areas, the most tea. Among the urbanizations, there was little variation in beverage intake away from home, except for coffee. Suburban residents had more coffee away from home (58 g) than people living in central cities and in nonmetropolitan areas (42 g).

By Race

White respondents reported drinking almost three times as much coffee as blacks (292 g versus 111 g) and almost twice as much tea (132 g versus 74 g). However, intakes of soft drinks (160 g versus 212 g) and fruit drinks and ades (22 g versus 39 g) were substantially lower among whites than among blacks. This pattern generally held for the sex-age groups of whites and blacks also. However, among males 15 to 22 years, intakes of soft drinks were higher for whites than for blacks. Away-from-home consumption of these beverages was higher for whites than for blacks except for fruit drinks and ades.

By Season

Coffee intakes by all individuals combined were higher on the average in fall (274 g) and winter (285 g) than in spring (257 g) and summer (243 g). The reverse was true for soft drinks, with higher intakes in spring (181 g) and summer (189 g) than in fall (151 g) and winter (147 g). Tea, like soft drinks, was drunk in larger quantities in summer (151 g) and spring (131 g) than in fall and winter (104 g). In spring and summer, away-from-home intakes of soft drinks were higher than those of the other three beverages. In fall and winter, away-from-home intakes were highest for coffee (48 g to 50 g).

ALCOHOLIC BEVERAGES

Alcoholic beverages include distilled liquors, liqueurs, beer, ale, wine, and mixed drinks (see "Table Notes," appendix B). Data for these beverages are found in tables 6A-1.1 to 6N-3.2.

Average intakes of alcoholic beverages among males 15 years and over ranged from 18 g for 15- to 18-year-old boys to 173 g for 23- to 34-year-old men. Among females 15 years and over, average intakes ranged from 5 g for 15- to 18-year-old girls to 40 g for 23- to 34-year-old women. Average intakes by both men and women were substantially lower in older age groups.

The age group having the highest proportion of users of alcoholic beverages was the 23- to 34-year-olds (36 percent of the men and 20 percent of the women). Among those 75 years and over, 12 percent of the men and 6 percent of the women reported alcoholic beverages. Men in the three age groups from 19 to 50 years had the highest percentages reporting beer

(20 to 28 percent). According to the data collected, about one-third of total alcoholic beverage intake was obtained and consumed away from home.

By Income

Average intakes of total alcoholic beverages were directly related to income. The amounts of such beverages, other than beer, reported by women in the highest income group were much larger than the amounts reported by lower income women. Relatively more beer was reported by lower than higher income men. Away-from-home intake of alcoholic beverages at the highest income level was much higher than among lower income individuals, reflecting higher intakes by men 35 to 64 years and by women.

By Urbanization

Residents of nonmetropolitan areas reported considerably lower intakes of alcoholic beverages than residents of central cities or suburban areas. Away-from-home intakes were much lower in nonmetropolitan areas than in more urbanized areas.

By Race

Whites reported much higher consumption of alcoholic beverages than blacks. Average intakes of alcoholic beverages away from home reported by whites were far greater than those reported by blacks, especially by women. Other striking differences between intakes of whites and blacks were in average beer intakes by men 19 to 34 years old (124 g to 161 g and 29 g to 92 g, respectively).

By Season

Average intakes of alcoholic beverages were highest in spring and summer and lowest in fall and winter. This seasonal variation was largely a reflection of differences in intakes away from home.

INFANTS' FOOD INTAKES

Infants, as defined in this report, are individuals under 1 year of age. Infants' food intakes are discussed separately because they differ markedly from those of older individuals. The younger the infant, the more likely it is that his or her intake consists of one food--milk or formula. Because of the close relationship between age and food intake, the distributions by age and demographic characteristics of the 421 nonbreast-fed infants surveyed are presented below.

Distribution of infants

Demographic characteristics and seasons	Age (months)			
	0 to 2 (N=91)	3 to 5 (N=100)	6 to 8 (N=124)	9 to 11 (N=106)
	Percent			
Income:				
Under $6,000	29.7	19.1	21.6	29.7
$6,000-$9,999	21.0	22.5	34.0	22.5
$10,000-$15,999 ...	20.4	36.5	22.6	20.5
$16,000 and over ..	18.5	19.5	32.9	29.0
Not reported	23.4	14.9	35.8	25.8
Urbanization:				
Central city	19.8	25.4	26.5	28.3
Suburban	16.0	24.6	34.2	25.2
Nonmetropolitan ...	29.3	21.3	26.7	22.7
Race:				
White	21.1	23.8	30.4	24.6
Black	24.4	28.5	19.4	27.6
Other	23.3	11.9	37.3	27.6
Season:				
Spring	18.2	22.4	33.2	26.3
Summer	22.5	27.3	24.4	26.0
Fall	30.5	21.3	25.6	22.6
Winter	15.6	23.2	35.0	26.4
All infants	21.8	23.6	29.3	25.3

Because only 8 percent of infants were fed food obtained away from home, away-from-home food will not be discussed. The intakes of 103 breast-fed infants were excluded from the tables and discussion because it was not possible to estimate the amounts of breast milk consumed. Infants' intakes are presented in tables 1A-1.1 to 6N-3.2.

Infants' average intake of meat, poultry, and fish was 55 g, supplied mostly by meat mixtures (35 g). Fifty-eight percent of infants were fed food from the meat group. At higher levels of household income, the percentages of infants fed foods from the meat group were higher, ranging from 50 to 64 percent. Fifty-two percent of black infants and 59 percent of white infants were fed some meat, poultry, or fish.

Average intake of milk and milk products was equivalent in calcium content to 495 g of fluid whole milk. Actual intakes of milk and milk drinks were substantially higher (669 g) because of large intakes of milk-based formulas, which generally have lower calcium content than milk. Average intake of fluid milk was only 342 g. Ninety-three percent of infants consumed milk and milk products; the other 7 percent were probably drinking soy-based formula as indicated by the 17 percent of infants consuming items from the legumes group. Generally, intakes of milk and milk products varied little among income levels, urbanizations, and races.

Nearly 19 percent of infants were fed eggs, with an average intake of 5 g. Twenty-three percent of infants living in central cities consumed eggs, compared with 16 to 17 percent in suburban and nonmetropolitan areas. A larger percentage of black infants (23 percent) than of white infants (17 percent) consumed eggs.

Average intake of the legumes group, which includes soy-based formulas, was 59 g. While 21 percent of infants in the lowest income households were fed items from the legumes group, only 17 percent of those in the highest income households ate foods from this group. A larger percentage of black infants (22 percent) than white infants (16 percent) had items from the legumes group.

Nearly 90 percent of infants were fed grain products, mostly in the form of ready-to-eat cereals, with an average intake of 65 g. A smaller proportion of infants living in households with incomes less than $6,000 (78 percent) than of infants living in homes with incomes $10,000 and over (93 to 94 percent) were fed grain products. Ninety-four percent of suburban infants ate grain products, compared with 85 percent of those in central cities and 88 percent of those in nonmetropolitan areas.

Average intake of fats and oils was less than 0.5 g, with this food group being reported for 14 percent of all infants. The proportion of infants consuming fats and oils was smaller in higher than in lower income households. A substantially larger percentage of black infants (22 percent) than of white infants (13 percent) consumed fats.

Average vegetable intake was 77 g, with three-fourths of all infants consuming such foods. A little less than two-thirds of the infants living in homes with incomes of less than $10,000 were fed vegetables, compared with three-fourths of those in the $10,000 and over income brackets. Relatively more suburban infants (80 percent) were fed foods from this group than were infants in central cities and nonmetropolitan areas (67 to 68 percent).

Average intake of fruit was 151 g, with 78 percent of all infants consuming food from this group. The proportion of infants fed fruit varied substantially among income levels, urbanizations, and races. At higher income levels, the percentage of infants fed fruit was higher, varying from 64 percent of infants in households earning less than $6,000 to 82 percent of infants in households earning $16,000 and over. Relatively more suburban infants had fruit (85 percent) than those living in central cities and nonmetropolitan areas (73 and 76 percent, respectively). Also, 81 percent of white infants were fed foods from this group, while only 66 percent of black infants were.

About one-fifth of all infants had sugar and sweets, with an average intake of 6 g. The percentages of infants eating sugar and sweets differed sharply with income--12 percent of those living in households earning less than $6,000 versus 22 to 23 percent of infants in households in the three higher income groups. Average intakes were four times as great in households with incomes $10,000 and over as in those below that level. A larger proportion of black infants (28 percent) than of white infants (20 percent) ate foods from this group.

Sixteen percent of infants drank beverages. Average intake was 22 g, with nearly half (10 g) in the form of soft drinks. On the average, infants living in households with incomes of $16,000 and over consumed smaller amounts of beverages (15 g) than did infants in lower income groups (22 g to 24 g). Intakes by infants in central cities were half again as large as those of infants in suburban and nonmetropolitan areas.

In nonmetropolitan areas, tea made up over half of the total intake while in central cities and suburban areas soft drinks were predominant. Average intake of these beverages was only 18 g for white infants but 49 g for black infants. Nearly half of white infants' intake came from soft drinks (8 g), while soft drinks, tea, and fruit drinks and ades each contributed about a third (15 g to 17 g) of total beverage intake for black infants. Seasonal differences in intakes of infants were small for most food groups.

Characteristics of Households and Individuals

Information on household income and the characteristics --age, employment, and education--of the male and female heads was provided by the household respondent. The interviewer recorded the race of the household respondent based on observation; all members of the household were assigned that race. Region and urbanization were part of the household identification code and were based on Census definitions. All the tables in this section (tables 7.1 to 7.6) included breast-fed infants and children who were excluded in tables 1A-1.1 to 6N-3.2. Counts and percentages in the tables reflect application of weighting factors as described in appendix D. Because rounding occurs at each aggregation, parts may not add to totals.

MALE AND FEMALE HEADS OF HOUSEHOLD--AGE, EMPLOYMENT STATUS, AND EDUCATION

For about half of all individuals surveyed, the male head of household was 35 to 64 years of age. One-fourth of the individuals were in households with a male head 20 to 34 years old. Almost a tenth lived in households with a male head 65 or over. Of all individuals, 16 percent reported no male head of household. About three-fifths of the people were in households that had a male head employed full time, compared with 5 percent part time, and 17 percent not employed. For all individuals, the educational level of the male head of household was elementary school or less for 13 percent, some high school for 12 percent, high school completed for 28 percent, and college for 32 percent.

Just over half of all individuals had female heads 35 to 64 years old, and about one-third had female heads 20 to 34 years old. Female heads were 65 and over in the households of 8 percent of the individuals. No female head was reported for 4 percent of all individuals. The female head of household was employed full time for 25 percent of the individuals, part time for 15 percent, and not employed for 57 percent. For all individuals, educational background of the female head was elementary school or less for 12 percent, some high school for 16 percent, high school completed for 40 percent, and college for 28 percent.

RACE

The distribution by race of the 36,255 individuals surveyed is similar to that estimated by the U.S. Bureau of the Census for July 1977 (38). In the NFCS 1977-78, 83.6 percent of the individuals participating in the individual intake survey had a white household respondent, 12.4 percent had a black respondent, and 3.8 percent had a respondent of another race. The census estimates identify 86.6 percent of the population as white, 11.6 percent as black, and 1.8 percent as of another race.

The distributions by age for blacks and whites differ. These distributions and how they compare to census estimates are shown below.

Age (years)	Whites		Blacks	
	NFCS	Census estimates	NFCS	Census estimates
	Percent			
Under 19	32.0	30.4	41.5	39.7
19-22	6.2	7.5	7.4	8.5
23-50	36.4	36.3	31.1	33.5
51 and over	25.4	25.8	20.0	18.3

HOUSEHOLD INCOME AND RACE

Nearly one-third of the individuals were in households with incomes of $16,000 or more; of that group, 92 percent were white and 6 percent were black. At higher levels of income, the proportions of whites were larger and those of blacks were smaller, as shown below. (Income categories were chosen to be comparable to those in the 1965 survey.)

Household income	Individuals	Whites	Blacks
	Number	Percent	
Under $6,000	4,030	64.5	29.4
$6,000-$9,999	4,264	77.4	15.0
$10,000-$15,999	7,319	85.6	10.7
$16,000 and over	11,667	91.7	5.7
Not reported	8,975	83.1	13.5
All incomes	36,255	83.6	12.4

Among sex-age groups under 65 years, the largest proportions of individuals (26 to 47 percent) were in households with incomes of $16,000 or more. For the oldest age groups, the largest proportion of individuals (24 to 40 percent) were in households with incomes under $6,000.

REGION AND RACE

Almost one-third of the individuals surveyed lived in the South, about one-fourth in the Northeast, just over one-fourth in the North Central region, and less than one-fifth in the West, as shown below. The percentage of whites was about the same (85 to 90 percent) in all regions except the South (74 percent). The percentage of blacks was highest in the South (23 percent) and lowest in the West (5 percent). Proportions of respondents whose race was listed as "other" were very low except in the West (10 percent).

Region	Individuals		White	Black	Other
	Number	Percent	Percent		
Northeast	8,894	24.5	87.4	8.1	4.3
North Central	9,757	26.9	90.0	8.4	1.2
South	11,226	31.0	74.2	23.4	2.4
West	6,378	17.6	85.2	5.1	9.6
All regions	36,255	100.0	83.6	12.4	3.8

URBANIZATION AND RACE

Of all individuals surveyed, nearly two-fifths lived in suburban areas, one-third in nonmetropolitan areas, and slightly less than one-third in central cities, as shown below. Whites accounted for about nine-tenths of suburban and nonmetropolitan residents and for two-thirds of central-city dwellers. Proportions of blacks were highest in central cities.

Urbanization	Individuals		White	Black	Other
	Number	Percent		Percent	
Central cities ..	10,487	28.9	66.4	27.7	5.6
Suburban areas ..	13,781	38.0	91.4	4.9	3.6
Nonmetropolitan areas	11,988	33.1	89.9	7.6	2.4
All urbanizations	36,255	100.0	83.6	12.4	3.8

Among sex-age groups under 65 years of age, the largest proportions of individuals lived in suburban areas. Among the oldest groups, relatively more individuals resided in nonmetropolitan areas.

HOUSEHOLD SIZE

The largest proportion of individuals (23 percent) lived in households of four members, but nearly as many (21 percent) were in two-member households. For 18 percent of individuals, households had more than five members. Household size was three members for 17 percent, five members for 15 percent, and one membe for 6 percent of all individuals. Among sex-age groups, women over 50 and men over 64 years old had th highest percentages in one-member households (10 to 43 percent). Two-member households were most frequent among men and women over 50 years (37 to 69 percent). Boys and girls 9 to 18 years old were identified most often as belonging to households of more than five members (35 to 41 percent).

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GUIDE TO TABLE NUMBERING SYSTEM

Each food intake table is identified by a series of four alphanumeric characters 1A-1.1 through 6N-3.2.

The first digit refers to a food grouping:
1 Meat, Poultry, Fish
2 Milk, Milk Products; Eggs; Legumes, Nuts, Seeds
3 Grain Products; Fats, Oils
4 Vegetables
5 Fruits
6 Sugar, Sweets; Beverages

The letter refers to a demographic characteristic of the sample or to a season:
A All incomes, all urbanizations, all races, all seasons
B Income under $6,000
C Income $6,000 to $9,999
D Income $10,000 to $15,999
E Income $16,000 and over
F Central cities
G Suburban areas
H Nonmetropolitan areas
I Whites
J Blacks
K Spring
L Summer
M Fall
N Winter

The number following the hyphen refers to the source of food:
-1 All food
-2 Food obtained and eaten away from home
-3 Food from home

The number following the period refers to the statistical measure:
.1 Average intake per individual per day
.2 Percentage of individuals using specified foods

TABLE 1A-1.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/421	55	6	3	2	6	5	1	2	(5)	35
1-2.............	4/1,035	103	20	8	1	14	12	1	15	4	40
3-5.............	1,719	122	27	11	1	16	15	1	17	6	44
6-8.............	1,841	154	34	13	1	20	18	1	18	7	60
MALES:											
9-11............	939	189	43	16	2	23	20	2	19	8	76
12-14...........	1,150	216	52	18	1	26	23	1	22	9	84
15-18...........	1,394	267	66	25	2	30	26	2	25	10	107
19-22...........	1,030	290	76	25	1	32	28	3	29	14	109
23-34...........	2,716	292	75	28	3	30	26	2	30	16	107
35-50...........	2,571	288	78	30	3	31	27	3	28	15	101
51-64...........	2,161	266	71	29	3	30	27	5	26	18	84
65-74...........	1,049	226	51	24	4	28	24	4	18	17	79
75 AND OVER.....	465	206	54	27	4	21	19	3	16	10	70
FEMALES:											
9-11............	1,011	164	40	14	1	20	18	1	18	6	65
12-14...........	1,148	179	42	16	1	21	19	1	18	9	71
15-18...........	1,473	186	45	16	2	22	20	1	16	11	73
19-22...........	1,317	183	43	19	1	24	22	1	16	11	69
23-34...........	3,879	187	46	17	2	23	21	2	16	11	69
35-50...........	3,759	191	51	19	2	24	20	3	14	13	65
51-64...........	2,936	190	46	19	3	25	22	3	14	14	67
65-74...........	1,376	165	38	17	4	24	22	3	11	12	55
75 AND OVER.....	751	148	34	16	3	22	20	3	12	8	51
ALL INDIVIDUALS...	4/36,142	204	51	20	2	24	22	2	19	12	74

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1A-1.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/421	58.2	18.0	10.7	5.9	18.8	16.5	2.4	7.4	2.6	39.9
1-2.............	4/1,035	98.6	60.5	44.2	3.3	42.6	39.2	6.2	58.4	17.1	62.6
3-5.............	1,719	99.4	65.6	46.0	3.2	42.6	39.3	5.2	63.0	20.4	63.6
6-8.............	1,841	99.6	67.3	46.7	3.7	45.1	41.4	4.6	61.9	22.5	70.6
MALES:											
9-11............	939	99.8	68.6	47.4	3.6	44.0	40.0	5.4	61.7	22.0	73.2
12-14...........	1,150	99.8	69.5	49.9	3.0	44.6	39.7	4.1	60.2	22.0	73.8
15-18...........	1,394	99.9	70.4	56.1	3.1	43.8	38.9	5.5	59.7	21.1	75.6
19-22...........	1,030	99.5	71.5	49.8	2.4	44.6	39.6	5.8	58.6	21.8	73.4
23-34...........	2,716	99.3	72.7	54.1	4.9	38.3	33.2	5.2	59.3	26.5	71.9
35-50...........	2,571	99.6	76.4	58.0	5.2	41.4	37.5	6.4	60.5	25.8	71.8
51-64...........	2,161	99.5	74.7	57.2	5.4	45.3	40.4	11.1	58.6	28.6	67.9
65-74...........	1,049	99.1	64.6	54.4	6.4	43.0	39.3	10.1	51.1	27.5	65.0
75 AND OVER.....	465	99.0	67.2	59.3	8.0	36.0	33.2	9.1	46.0	20.2	58.4
FEMALES:											
9-11............	1,011	99.5	69.9	46.8	2.5	44.1	40.0	3.6	62.1	21.7	70.2
12-14...........	1,148	99.6	67.2	47.2	3.1	43.8	39.2	3.8	58.2	23.9	70.7
15-18...........	1,473	99.5	66.2	46.2	4.0	43.7	39.5	3.8	51.6	24.2	70.8
19-22...........	1,317	98.4	62.3	47.3	2.1	44.7	41.4	3.0	50.3	25.2	66.2
23-34...........	3,879	98.6	66.6	47.4	4.7	42.9	38.7	5.7	51.8	25.6	63.9
35-50...........	3,759	99.5	70.5	51.3	4.5	44.5	39.9	7.5	48.9	28.0	64.1
51-64...........	2,936	99.4	66.1	51.8	6.0	44.1	40.2	8.6	44.8	28.3	64.7
65-74...........	1,376	98.6	64.0	50.2	7.8	44.9	40.9	9.0	38.9	24.9	58.0
75 AND OVER.....	751	98.6	58.2	46.1	7.1	40.7	37.9	7.3	41.4	19.9	53.3
ALL INDIVIDUALS...	4/36,142	98.8	67.9	50.2	4.5	42.9	38.8	6.3	53.9	24.5	66.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1A-2.1.--MEAT, POULTRY, FISH[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/421	1	(5)	(5)	(5)	(5)	(5)	(5)	(5)	0	(5)
1-2.............	4/1,035	10	2	1	(5)	1	1	(5)	1	(5)	4
3-5.............	1,719	16	3	1	(5)	2	1	(5)	1	1	8
6-8.............	1,841	37	7	1	(5)	4	3	(5)	3	2	20
MALES:											
9-11............	939	47	8	1	(5)	5	4	(5)	4	2	27
12-14...........	1,150	51	10	2	(5)	4	3	(5)	4	2	28
15-18...........	1,394	63	14	3	(5)	5	4	(5)	4	2	35
19-22...........	1,030	77	19	4	(5)	7	6	1	4	4	39
23-34...........	2,716	74	19	4	1	6	5	(5)	4	5	34
35-50...........	2,571	62	16	4	1	5	4	1	3	5	28
51-64...........	2,161	46	14	2	(5)	4	4	(5)	3	4	18
65-74...........	1,049	27	6	2	1	3	2	(5)	1	3	12
75 AND OVER.....	465	18	5	1	(5)	2	2	(5)	(5)	2	8
FEMALES:											
9-11............	1,011	39	7	1	(5)	4	3	(5)	3	2	21
12-14...........	1,148	43	8	1	(5)	3	3	0	3	3	24
15-18...........	1,473	45	11	2	(5)	4	3	(5)	2	3	23
19-22...........	1,317	46	9	3	(5)	5	5	(5)	2	3	23
23-34...........	3,879	39	9	2	(5)	4	4	(5)	2	3	19
35-50...........	3,759	32	7	2	(5)	3	2	(5)	1	4	13
51-64...........	2,936	27	6	1	(5)	3	3	(5)	1	3	11
65-74...........	1,376	21	4	2	(5)	3	3	(5)	(5)	2	8
75 AND OVER.....	751	14	3	1	(5)	2	1	(5)	(5)	1	6
ALL INDIVIDUALS...	4/36,142	41	9	2	(5)	4	3	(5)	2	3	20

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1A-2.2.--MEAT, POULTRY, FISH1/ PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/421	3.2	0.9	0.8	0.2	0.8	0.8	0.2	0.2	0.0	1.2
1-2..............	4/1,035	27.2	9.0	3.4	.3	5.2	4.8	.1	6.6	1.2	12.0
3-5..............	1,719	33.9	10.9	3.4	.2	5.5	4.5	.3	8.6	3.3	17.4
6-8..............	1,841	58.2	19.3	5.6	.5	11.4	9.1	.3	14.7	7.0	34.1
MALES:											
9-11.............	939	64.2	21.8	5.6	.6	12.1	9.9	.2	17.5	8.1	38.8
12-14............	1,150	63.0	23.1	6.5	.4	9.8	7.1	.2	14.8	7.5	39.5
15-18............	1,394	62.8	24.8	8.2	.4	9.1	6.3	.2	13.6	5.9	40.0
19-22............	1,030	59.0	27.0	10.6	.6	12.1	9.2	1.0	11.9	7.2	37.4
23-34............	2,716	60.6	29.6	12.9	1.3	9.6	7.0	.8	12.9	9.3	34.7
35-50............	2,571	53.6	23.6	13.4	1.1	8.0	6.4	1.5	11.1	9.1	31.7
51-64............	2,161	43.4	22.0	8.0	.9	8.1	6.8	.9	8.7	8.8	21.8
65-74............	1,049	30.5	11.8	6.1	1.2	5.7	4.9	.4	3.4	5.7	15.1
75 AND OVER.....	465	22.4	9.4	3.9	.9	5.7	5.2	1.0	1.4	3.4	9.7
FEMALES:											
9-11.............	1,011	59.8	20.2	5.9	.3	11.0	8.4	.1	15.8	7.9	35.8
12-14............	1,148	59.9	19.8	5.4	.3	8.8	6.6	.0	14.7	8.1	35.6
15-18............	1,473	57.7	22.2	7.9	.8	8.5	6.1	.1	11.7	7.5	33.2
19-22............	1,317	53.5	19.5	9.4	.4	10.4	8.9	.4	9.2	8.9	30.4
23-34............	3,879	48.3	18.0	9.0	.7	9.2	7.5	.6	8.0	7.2	25.2
35-50............	3,759	42.6	15.5	7.8	.9	7.3	5.5	.8	5.9	8.1	20.0
51-64............	2,936	36.6	14.1	5.6	1.0	7.5	5.9	.7	4.7	7.9	16.8
65-74............	1,376	31.3	11.0	6.6	1.0	7.6	6.1	.7	2.1	4.9	14.5
75 AND OVER.....	751	22.0	7.0	3.2	.8	5.9	3.7	.5	2.0	3.6	10.2
ALL INDIVIDUALS...	4/36,142	47.4	18.5	7.7	.8	8.4	6.6	.6	9.2	7.1	26.0

1/ SEE "TABLE NOTES," APPFNDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1A-3.1.--MEAT, POULTRY, FISH[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANKFURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELLFISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	[4]421	54	6	3	2	6	5	1	2	(5)	35
1-2..............	[4]1,035	93	18	8	1	13	11	1	13	4	36
3-5..............	1,719	106	23	10	1	14	13	1	15	5	36
6-8..............	1,841	118	28	12	1	16	14	1	15	5	40
MALES:											
9-11.............	939	141	35	15	1	18	16	2	16	6	49
12-14............	1,150	165	42	17	1	22	20	1	19	7	56
15-18............	1,394	204	52	22	2	25	22	2	21	8	72
19-22............	1,030	213	57	21	1	25	22	3	25	10	70
23-34............	2,716	218	56	23	2	24	21	2	25	11	73
35-50............	2,571	226	62	26	3	26	23	2	25	10	72
51-64............	2,161	220	57	27	3	26	23	4	23	14	66
65-74............	1,049	198	44	22	4	25	22	4	18	14	68
75 AND OVER......	465	187	49	26	3	19	17	3	16	9	63
FEMALES:											
9-11.............	1,011	126	33	12	1	16	15	1	15	4	44
12-14............	1,148	136	34	14	1	18	16	1	15	6	47
15-18............	1,473	141	34	14	2	19	17	1	14	8	50
19-22............	1,317	137	34	16	1	19	17	1	13	8	46
23-34............	3,879	148	38	15	2	19	17	2	15	9	49
35-50............	3,759	159	43	17	2	21	18	3	13	9	51
51-64............	2,936	163	40	17	2	21	19	3	13	11	56
65-74............	1,376	144	34	15	4	21	19	3	10	10	47
75 AND OVER......	751	134	31	15	3	19	18	2	11	7	44
ALL INDIVIDUALS...	[4]36,142	164	41	18	2	21	18	2	17	9	55

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1A-3.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1.........	4/421	57.3	17.8	9.9	5.9	18.0	15.7	2.2	7.2	2.6	38.8
1-2.............	4/1,035	97.5	55.7	41.8	3.0	39.1	35.8	6.1	55.8	16.2	57.0
3-5.............	1,719	98.6	60.0	43.9	3.0	38.7	35.8	5.0	58.6	17.4	55.8
6-8.............	1,841	98.5	60.2	42.9	3.2	37.3	34.8	4.2	53.2	16.4	56.2
MALES:											
9-11............	939	98.4	59.5	44.1	3.0	35.7	32.7	5.2	52.0	15.0	58.3
12-14...........	1,150	98.7	59.9	46.3	2.6	38.0	34.8	3.9	52.6	15.8	56.7
15-18...........	1,394	97.9	61.0	51.6	2.4	38.4	35.0	5.3	52.0	15.7	58.5
19-22...........	1,030	95.6	58.7	43.0	1.8	36.4	33.4	4.8	51.9	15.9	54.2
23-34...........	2,716	95.8	58.5	46.7	[illegible]	30.8	27.2	4.4	51.2	18.7	53.2
35-50...........	2,571	97.8	66.5	51.0	4.1	35.4	32.2	4.9	54.2	17.5	57.1
51-64...........	2,161	97.2	65.2	52.9	4.5	38.6	34.4	10.3	54.3	21.5	56.0
65-74...........	1,049	98.1	59.9	51.1	5.4	39.2	35.6	9.8	49.1	23.5	56.1
75 AND OVER.....	465	98.4	62.3	57.4	7.3	31.8	29.3	8.2	44.6	17.7	52.6
FEMALES:											
9-11............	1,011	98.1	60.9	42.9	2.2	36.9	34.0	3.4	54.0	14.3	53.4
12-14...........	1,198	98.2	59.5	43.6	2.8	38.3	34.8	3.8	49.6	[illegible]	54.5
15-18...........	1,473	96.2	55.2	41.4	3.2	37.6	35.1	3.7	45.2	17.8	54.2
19-22...........	1,317	94.3	51.8	41.6	1.7	37.0	34.6	2.6	43.9	17.8	51.0
23-34...........	3,879	95.9	56.7	41.9	4.1	36.2	32.7	5.1	47.0	20.0	51.6
35-50...........	3,759	97.9	62.8	46.9	3.6	39.4	35.7	6.8	45.3	21.2	54.7
51-64...........	2,936	97.6	58.6	48.4	4.9	38.8	35.8	8.1	41.5	21.7	55.8
65-74...........	1,376	96.9	57.6	46.5	6.8	38.7	35.7	8.4	37.4	20.7	49.0
75 AND OVER.....	751	97.0	53.2	44.1	6.3	36.5	34.7	6.9	40.4	16.4	47.8
ALL INDIVIDUALS...	4/36,142	96.8	59.2	45.7	3.8	36.9	33.7	5.8	48.6	18.5	54.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 18-1.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/54	52	9	4	1	12	12	2	4	0	20
1-2..............	4/137	109	17	10	1	18	18	2	16	3	42
3-5..............	202	129	22	13	(5)	22	21	2	19	4	46
6-8..............	186	164	30	16	1	22	20	3	20	10	63
MALES:											
9-11.............	99	185	33	19	0	31	30	2	20	9	71
12-14............	93	195	33	27	1	38	34	4	25	3	63
15-18............	113	258	56	34	3	43	37	2	26	15	79
19-22............	92	278	79	18	2	25	22	2	29	10	113
23-34............	166	278	74	21	3	29	27	2	25	25	99
35-50............	93	264	53	34	1	36	35	0	28	13	100
51-64............	142	230	48	27	2	32	30	7	25	13	76
65-74............	254	218	49	21	6	29	27	6	19	15	74
75 AND OVER......	162	180	47	23	3	19	15	2	13	13	60
FEMALES:											
9-11.............	108	165	34	12	1	22	21	2	21	6	67
12-14............	95	179	35	19	1	33	29	2	24	6	61
15-18............	117	198	35	21	1	33	32	3	17	23	65
19-22............	155	175	40	18	1	29	27	1	13	10	63
23-34............	349	186	46	20	1	25	24	4	21	9	60
35-50............	273	180	41	19	3	29	26	3	17	13	56
51-64............	380	184	40	21	2	31	29	4	15	12	59
65-74............	453	156	34	15	4	25	23	4	12	13	49
75 AND OVER......	303	150	31	18	2	24	23	3	13	8	51
ALL INDIVIDUALS...	4/4,026	183	40	19	2	27	25	3	18	11	62

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 18-1.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/54	49.7	19.3	14.3	3.4	21.7	20.2	2.9	15.2	0.0	31.9
1-2.............	4/137	100.0	56.0	49.9	2.6	53.5	52.0	9.4	58.5	12.6	56.3
3-5.............	202	99.7	61.3	49.1	.8	55.1	54.3	7.5	68.2	14.5	67.8
6-8.............	186	100.0	61.0	54.5	2.9	47.9	45.4	7.1	65.6	25.0	73.4
MALES:											
9-11.............	99	99.2	63.4	51.3	.0	58.4	55.9	7.8	69.4	23.8	70.6
12-14............	93	100.0	50.2	61.0	3.3	56.5	54.5	10.8	72.6	12.2	63.8
15-18............	113	100.0	60.8	58.9	5.3	50.8	50.0	8.5	62.9	29.3	67.2
19-22............	92	97.9	68.7	40.7	3.1	43.3	38.6	4.7	60.6	17.2	73.7
23-34............	166	96.2	74.1	53.4	6.0	34.1	31.6	4.6	51.8	26.9	69.1
35-50............	93	100.0	62.5	59.9	.8	50.1	50.1	.0	62.1	23.2	67.7
51-64............	142	96.6	60.8	54.7	2.8	43.4	42.4	14.1	56.8	21.8	64.6
65-74............	254	98.5	59.7	52.8	8.4	43.8	42.6	14.9	55.2	23.6	59.1
75 AND OVER.....	162	97.8	58.0	58.2	7.3	33.2	28.0	6.2	43.0	23.6	51.6
FEMALES:											
9-11.............	108	100.0	64.6	45.7	3.1	54.0	51.8	6.7	71.5	20.0	64.1
12-14............	95	100.0	66.1	56.0	1.4	57.5	54.9	5.3	66.0	19.1	63.2
15-18............	117	99.2	64.0	50.3	2.0	61.5	59.2	4.1	60.9	27.9	68.6
19-22............	155	97.8	58.8	41.2	2.2	49.9	46.1	3.2	52.5	20.9	59.9
23-34............	349	98.8	62.8	52.6	2.5	47.6	45.7	8.7	59.7	19.0	53.3
35-50............	273	100.0	54.0	42.8	5.5	50.0	48.4	8.8	54.4	27.2	55.2
51-64............	380	99.0	58.9	53.3	2.4	51.9	49.3	9.8	51.2	22.5	59.7
65-74............	453	98.3	58.9	45.2	7.2	45.0	41.3	10.1	40.8	24.0	51.4
75 AND OVER.....	303	97.4	52.6	46.0	4.7	41.4	39.0	6.9	42.8	17.8	46.9
ALL INDIVIDUALS...	4/4,026	98.1	59.4	49.9	4.0	47.6	45.2	8.2	54.7	21.5	59.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1B-2.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/54	0	0	0	0	0	0	0	0	0	0
1-2.............	4/137	6	2	1	0	2	1	0	(5)	(5)	2
3-5.............	202	11	2	1	0	2	2	0	2	(5)	5
6-8.............	186	40	7	2	(5)	2	2	(5)	3	2	24
MALES:											
9-11............	99	45	7	1	0	4	3	0	4	2	27
12-14...........	93	42	9	2	(5)	3	2	0	4	1	21
15-18...........	113	52	13	2	1	8	7	0	3	2	24
19-22...........	92	65	23	4	(5)	9	8	0	5	3	30
23-34...........	166	54	15	6	1	8	7	(5)	2	4	22
35-50...........	93	48	10	4	0	6	5	0	3	3	22
51-64...........	142	27	7	3	(5)	5	5	(5)	1	1	9
65-74...........	254	24	5	1	1	2	2	0	1	1	12
75 AND OVER.....	162	21	3	1	1	2	2	(5)	(5)	2	11
FEMALES:											
9-11............	108	42	7	2	1	4	3	(5)	4	2	22
12-14...........	95	34	8	1	0	4	3	0	5	1	15
15-18...........	117	48	9	2	0	6	5	0	2	6	23
19-22...........	155	41	10	2	(5)	6	6	0	2	2	18
23-34...........	349	27	8	1	0	3	3	(5)	1	2	13
35-50...........	273	21	5	1	(5)	3	2	0	2	2	9
51-64...........	380	23	5	1	(5)	3	3	(5)	1	2	11
65-74...........	453	18	3	1	(5)	3	2	(5)	(5)	3	7
75 AND OVER.....	303	12	3	1	(5)	2	2	0	(5)	1	5
ALL INDIVIDUALS...	4/4,026	28	6	2	(5)	4	3	(5)	2	2	13

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1B-2.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1.........	4/54	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
1-2.............	4/137	19.5	6.9	3.0	.0	5.2	4.8	.0	3.5	.6	7.4
3-5.............	202	25.4	8.4	3.7	.0	5.2	4.8	.0	13.4	2.3	12.6
6-8.............	186	59.1	18.9	7.5	.5	7.3	6.3	.9	17.1	[illegible]	35.4
MALES:											
9-11............	99	60.3	21.9	3.7	.0	12.1	9.2	.0	22.8	4.9	39.3
12-14...........	93	58.6	23.6	8.2	1.8	7.1	4.6	.0	17.8	3.9	30.7
15-18...........	113	57.0	23.7	6.9	.9	12.5	10.7	.0	10.1	7.6	30.5
19-22...........	92	57.1	31.6	13.8	1.3	17.5	15.4	.0	14.6	10.3	32.9
23-34...........	166	41.9	24.0	14.4	1.8	6.8	6.1	.6	5.7	5.8	22.7
35-50...........	93	39.5	21.2	13.7	.0	9.4	9.4	.0	11.8	5.2	27.1
51-64...........	142	30.2	15.7	8.7	.4	6.8	6.8	.5	2.2	1.8	14.8
65-74...........	254	23.7	7.5	4.5	1.9	5.0	4.6	.0	3.5	2.3	14.4
75 AND OVER.....	162	23.0	6.6	4.0	1.3	5.9	5.1	.6	1.6	3.5	12.4
FEMALES:											
9-11............	108	62.3	22.6	7.6	2.5	9.0	7.0	.5	22.0	8.4	34.2
12-14...........	95	56.4	25.2	6.0	.0	9.9	6.1	.0	15.5	4.7	25.3
15-18...........	117	52.2	23.8	11.0	.0	13.4	10.2	.0	11.5	4.6	36.6
19-22...........	155	45.1	18.4	6.2	.4	9.9	8.5	.0	9.8	4.2	22.4
23-34...........	349	30.7	12.1	4.8	.0	6.4	6.1	.5	5.8	3.7	14.7
35-50...........	273	24.5	9.5	4.8	1.2	5.4	4.8	.0	5.4	3.5	12.6
51-64...........	380	26.7	12.5	3.3	.2	5.4	5.0	.4	3.3	3.6	15.1
65-74...........	453	24.6	8.0	5.3	.9	6.2	4.8	.5	2.6	4.9	10.9
75 AND OVER.....	303	19.9	6.4	3.1	.6	6.1	4.8	.0	1.8	2.1	7.9
ALL INDIVIDUALS...	4/4,026	33.9	13.6	5.9	.7	7.1	6.1	.3	7.3	4.0	18.1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1B-3.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/54	52	9	4	1	12	12	2	4	0	20
1-2.............	4/137	102	16	10	1	17	16	2	15	3	40
3-5.............	202	118	21	12	(5)	21	20	2	18	3	41
6-8.............	186	124	23	15	1	19	18	3	17	8	38
MALES:											
9-11............	99	140	25	18	0	27	26	2	16	7	44
12-14...........	93	153	24	25	1	35	32	4	21	3	41
15-18...........	113	206	43	31	2	35	30	2	23	13	55
19-22...........	92	213	55	15	2	16	13	2	24	7	83
23-34...........	166	224	59	15	2	21	20	2	23	21	77
35-50...........	93	216	43	30	1	30	30	0	25	10	78
51-64...........	142	203	41	24	1	27	26	7	24	12	67
65-74...........	254	194	44	20	5	27	25	6	17	13	62
75 AND OVER.....	162	159	44	22	3	17	13	1	13	11	49
FEMALES:											
9-11............	108	125	27	10	1	18	16	2	17	5	45
12-14...........	95	[illegible]	27	17	1	29	26	2	19	5	46
15-18...........	117	150	26	19	1	27	27	3	16	17	42
19-22...........	155	135	30	17	1	22	21	1	12	8	45
23-34...........	349	158	38	19	1	22	21	4	20	7	47
35-50...........	273	159	36	17	2	26	24	3	15	11	47
51-64...........	380	160	35	19	2	28	27	4	14	10	48
65-74...........	453	139	30	14	4	22	21	4	12	10	43
75 AND OVER.....	303	138	28	17	2	22	21	3	13	7	46
ALL INDIVIDUALS...	4/4,026	155	34	18	2	24	22	3	16	9	49

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1B-3.2.--MEAT, POULTRY, FISH[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3]/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1........	4/54	49.7	19.3	14.3	3.4	21.7	20.2	2.9	15.2	0.0	31.9
1-2.............	4/137	99.2	53.4	49.3	2.6	51.6	50.6	9.4	57.4	12.6	52.2
3-5.............	202	99.7	56.4	45.4	.8	53.3	52.0	7.5	62.6	12.2	61.6
6-8.............	186	98.7	53.8	49.8	2.3	43.8	41.6	6.1	54.9	19.4	57.1
MALES:											
9-11............	99	98.5	53.7	48.3	.0	53.9	53.0	7.8	55.9	19.0	54.2
12-14...........	93	99.2	38.7	56.4	1.4	52.7	51.7	10.8	64.6	9.3	47.1
15-18...........	113	96.5	54.4	55.3	4.4	43.8	43.0	8.5	55.6	21.7	54.8
19-22...........	92	87.0	47.0	32.9	1.9	30.1	27.5	4.7	52.1	11.2	56.5
23-34...........	166	92.8	59.5	44.6	4.3	29.5	27.0	4.0	48.0	21.1	55.8
35-50...........	93	94.5	50.0	52.4	.8	41.7	41.7	.0	52.2	18.0	57.9
51-64...........	142	93.9	49.2	49.1	2.4	36.7	35.6	14.1	56.2	20.0	58.7
65-74...........	254	97.9	57.3	51.3	6.4	39.2	38.0	14.9	53.6	22.8	52.8
75 AND OVER.....	162	96.8	54.7	56.8	6.5	28.3	23.9	5.7	41.5	21.0	43.6
FEMALES:											
9-11............	108	98.6	54.1	40.7	.7	46.8	46.0	6.2	61.1	11.6	49.1
12-14...........	95	99.3	52.3	53.5	1.4	51.6	50.6	5.3	55.4	15.3	51.3
15-18...........	117	94.4	48.8	44.5	2.0	54.7	53.8	4.1	54.4	23.2	49.6
19-22...........	155	93.2	45.9	36.7	1.7	41.4	39.0	3.2	45.5	16.7	48.4
23-34...........	349	96.8	55.1	49.5	2.5	42.2	40.7	8.2	57.2	16.3	45.5
35-50...........	273	96.6	48.6	41.0	4.3	46.0	44.9	8.8	52.0	23.8	48.6
51-64...........	380	96.6	50.1	51.5	2.2	47.5	45.3	9.3	48.4	19.6	51.4
65-74...........	453	95.9	54.9	43.1	6.2	40.1	36.9	9.8	38.8	19.9	43.5
75 AND OVER.....	303	96.3	43.5	43.9	4.1	37.2	35.1	6.9	41.9	15.7	41.8
ALL INDIVIDUALS...	4/4,026	95.8	51.9	46.7	3.3	42.5	40.7	8.0	50.5	18.0	49.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

100

TABLE 1C-1.1.--MEAT, POULTRY, FISH[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	[4]/55	60	8	2	(5)	4	3	1	2	(5)	42
1-2.............	[4]/127	100	24	8	(5)	14	14	1	11	3	39
3-5.............	243	127	30	9	1	18	16	2	15	4	47
6-8.............	197	166	34	13	2	23	21	1	15	7	71
MALES:											
9-11............	94	189	40	15	5	28	26	1	17	5	[illegible]
12-14...........	140	222	41	14	3	30	27	3	21	12	97
15-18...........	133	272	58	25	5	37	32	3	23	7	115
19-22...........	121	279	70	30	1	30	30	4	44	10	90
23-34...........	309	279	70	26	3	29	24	4	32	10	106
35-50...........	203	283	69	28	6	34	32	2	29	14	102
51-64...........	218	266	65	36	3	27	25	5	29	13	88
65-74...........	242	214	49	19	1	29	24	3	17	14	83
75 AND OVER.....	84	223	53	32	3	20	19	3	19	9	84
FEMALES:											
9-11............	118	182	36	12	1	27	21	(5)	16	9	84
12-14...........	130	170	36	15	2	29	25	2	19	10	57
15-18...........	140	185	40	17	3	27	26	2	20	7	69
19-22...........	183	200	43	21	2	23	22	(5)	19	6	86
23-34...........	462	[illegible]	43	16	3	23	20	1	16	10	73
35-50...........	340	187	48	18	2	28	23	4	18	10	60
51-64...........	380	186	43	25	4	25	23	2	14	13	59
65-74...........	226	158	39	18	3	21	17	3	11	11	53
75 AND OVER.....	104	141	21	16	3	18	16	4	12	9	50
ALL INDIVIDUALS ..	[4]/4,249	199	46	20	2	25	23	2	19	10	74

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1C-1.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANKFURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELLFISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1	4/55	50.9	13.9	8.2	2.1	13.9	13.9	1.6	10.5	1.4	35.4
1-2	4/127	95.6	63.9	41.3	1.1	43.0	39.6	6.8	49.7	12.6	61.6
3-5	243	98.5	64.4	43.4	2.6	44.3	37.6	5.9	58.0	17.4	61.5
6-8	157	99.3	62.3	47.9	6.0	49.4	44.5	4.2	55.6	21.3	76.0
MALES:											
9-11	94	100.0	66.5	46.5	7.6	58.3	52.5	5.7	54.8	20.2	66.9
12-14	140	100.0	68.8	43.4	5.6	50.4	43.7	5.9	59.8	25.9	73.4
15-18	133	100.0	64.5	57.2	6.3	54.8	47.9	8.5	59.8	16.0	77.9
19-22	121	100.0	66.5	50.8	1.2	47.3	46.1	10.4	78.5	23.3	61.5
23-34	309	98.9	66.7	48.9	3.9	34.4	29.8	8.3	62.9	18.6	69.6
35-50	203	96.7	73.8	61.0	8.9	43.7	42.9	5.3	60.3	19.2	65.9
51-64	218	99.2	69.1	63.5	3.7	42.9	38.6	10.9	57.3	20.9	65.8
65-74	242	98.9	66.5	47.0	1.9	45.2	40.3	10.1	48.4	23.4	70.3
75 AND OVER	84	98.6	66.6	55.1	7.0	35.1	31.9	10.1	37.0	20.4	52.8
FEMALES:											
9-11	118	98.9	62.7	44.8	2.3	48.7	43.2	2.0	57.8	28.7	73.3
12-14	130	100.0	64.9	46.6	4.9	54.5	50.6	5.6	56.4	27.0	55.1
15-18	140	97.4	58.6	45.1	5.0	48.5	44.8	4.2	61.2	17.0	62.2
19-22	183	100.0	62.1	56.8	5.4	41.9	39.3	1.5	55.4	14.3	71.6
23-34	462	98.1	61.5	42.7	4.7	43.7	38.4	4.7	50.0	23.7	63.3
35-50	340	98.6	64.1	53.9	3.2	51.3	45.9	10.1	49.6	23.5	60.1
51-64	380	98.9	64.6	54.2	7.9	42.1	38.7	6.1	49.2	24.1	58.3
65-74	226	98.0	65.3	47.8	5.2	37.4	31.4	8.7	37.7	21.2	61.1
75 AND OVER	104	100.0	44.3	50.3	4.8	38.4	33.9	14.4	42.5	26.9	61.6
ALL INDIVIDUALS	4/4,249	98.1	64.0	49.4	4.7	44.3	39.8	6.9	53.3	21.1	64.6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1C-2.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/55	(5)	0	0	0	(5)	(5)	0	0	0	(5)
1-2..............	4/127	9	3	1	0	1	1	0	1	(5)	4
3-5..............	243	19	5	1	0	1	1	(5)	1	1	10
6-8..............	197	43	6	1	1	5	4	(5)	3	2	25
MALES:											
9-11.............	94	60	11	(5)	3	4	4	1	4	2	36
12-14............	140	56	11	(5)	0	4	3	(5)	5	4	31
15-18............	133	71	14	1	2	7	6	(5)	4	1	43
19-22............	121	55	19	1	0	6	5	0	4	2	22
23-34............	309	59	17	3	(5)	3	3	(5)	4	2	30
35-50............	203	41	7	4	[illegible]	4	3	1	1	4	20
51-64............	218	24	9	1	0	2	2	(5)	4	1	7
65-74............	242	28	5	2	(5)	4	3	(5)	1	2	14
75 AND OVER......	84	19	6	1	0	2	2	0	0	2	8
FEMALES:											
9-11.............	118	46	7	1	0	4	3	0	5	3	27
12-14............	130	42	7	1	0	3	2	0	4	3	24
15-18............	140	38	12	2	0	2	1	0	4	2	16
19-22............	183	44	9	1	(5)	2	2	0	2	3	26
23-34............	462	36	7	2	(5)	3	3	(5)	2	2	19
35-50............	340	21	6	1	(5)	3	2	(5)	1	1	9
51-64............	380	22	7	2	(5)	3	3	0	1	2	7
65-74............	226	22	4	2	(5)	4	3	0	(5)	2	9
75 AND OVER......	104	12	2	2	0	2	1	(5)	(5)	(5)	5
ALL INDIVIDUALS...	4/4,249	35	8	2	(5)	3	3	(5)	2	2	17

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1C-2.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/55	1.8	0.0	0.0	0.0	1.8	1.8	0.0	0.0	0.0	1.8
1-2..............	4/127	21.0	10.8	3.1	.0	5.8	5.1	.0	4.3	1.3	10.4
3-5..............	243	31.2	15.0	3.0	.0	4.4	3.2	.7	6.8	3.1	14.9
6-8..............	197	63.3	18.9	3.8	1.3	14.5	10.5	.4	15.8	7.8	41.1
MALES:											
9-11.............	94	68.2	27.6	4.3	2.9	9.2	8.4	.9	16.3	8.9	41.1
12-14............	140	71.5	23.9	3.6	.0	10.7	6.2	.9	19.4	9.6	45.6
15-18............	133	70.9	25.4	2.5	1.7	13.4	10.3	.8	16.5	1.8	52.3
19-22............	121	52.5	31.6	7.6	.0	10.3	9.2	.0	13.1	5.2	26.7
23-34............	309	52.9	24.9	9.4	1.1	5.3	5.3	.9	11.9	4.1	28.3
35-50............	203	34.6	10.5	9.6	.0	6.2	4.8	1.8	7.8	4.7	20.7
51-64............	218	22.1	11.1	1.7	.0	3.9	3.0	.5	6.9	4.1	8.6
65-74............	242	31.1	10.1	4.4	.7	8.0	5.5	.5	2.6	4.7	17.4
75 AND OVER......	84	19.9	12.4	4.0	.0	4.0	4.0	.0	.0	4.5	6.8
FEMALES:											
9-11.............	118	74.1	20.2	3.8	.0	15.6	12.0	.0	19.8	12.4	45.4
12-14............	130	59.3	20.8	5.8	.0	9.5	4.9	.0	15.2	9.6	31.6
15-18............	140	59.4	26.6	5.8	.0	4.0	1.8	.0	18.5	6.9	25.0
19-22............	183	42.9	16.3	6.7	.7	4.6	3.8	.0	9.2	3.0	29.3
23-34............	462	44.1	13.8	8.2	.2	8.8	6.5	.9	9.1	6.4	24.1
35-50............	340	28.9	9.8	5.2	.6	6.0	4.0	.5	2.4	5.0	14.8
51-64............	380	32.4	14.6	6.7	.9	7.2	5.4	.0	6.3	4.7	11.9
65-74............	226	31.5	9.0	6.5	.8	8.7	4.4	.0	.7	4.7	14.4
75 AND OVER......	104	21.[illegible]	4.4	5.6	.0	7.9	2.0	2.0	1.9	3.0	7.6
ALL INDIVIDUALS...	4/4,249	41.6	15.8	5.7	.5	7.6	5.5	.5	8.7	5.2	22.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1C-3.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/55	60	8	2	(5)	4	3	1	2	(5)	42
1-2.............	4/127	91	21	8	(5)	13	13	1	10	2	35
3-5.............	243	108	25	9	1	17	15	1	14	4	37
6-8.............	197	123	28	12	2	18	17	1	12	5	45
MALES:											
9-11............	94	129	29	15	2	24	22	1	13	4	41
12-14...........	140	166	30	14	3	26	24	3	15	9	65
15-18...........	133	201	44	24	3	30	26	3	19	6	71
19-22...........	121	225	51	29	1	24	24	4	40	8	67
23-34...........	309	220	53	22	2	26	22	4	28	8	77
35-50...........	203	242	62	24	6	30	29	1	27	10	82
51-64...........	218	242	56	35	3	25	23	5	25	12	81
65-74...........	242	186	44	18	1	25	21	3	16	12	69
75 AND OVER.....	84	205	47	32	3	18	17	3	19	7	75
FEMALES:											
9-11............	118	135	29	11	1	19	17	(5)	11	6	57
12-14...........	130	129	29	14	2	25	23	2	16	7	33
15-18...........	140	147	28	15	3	25	24	2	16	5	53
19-22...........	183	156	35	19	1	21	20	(5)	16	3	59
23-34...........	462	148	36	14	2	20	18	1	14	8	54
35-50...........	340	166	42	17	1	25	21	3	17	9	51
51-64...........	380	165	36	24	3	22	20	2	13	12	52
65-74...........	226	136	35	16	2	16	14	3	11	9	44
75 AND OVER.....	104	129	19	14	3	16	15	4	12	9	53
ALL INDIVIDUALS...	4/4,249	165	38	18	2	22	20	2	17	8	57

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 10-3.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANKFURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELLFISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1	4/55	49.2	13.9	[illegible]	[illegible]	12.1	12.1	1.6	10.5	1.4	33.7
1-2	4/127	95.6	58.5	[illegible]	1.1	[illegible]	34.5	6.8	49.0	11.3	60.2
3-5	243	97.9	57.7	41.0	2.6	40.5	35.1	5.2	53.8	14.3	55.8
6-8	197	96.9	53.3	46.3	4.8	39.3	37.0	3.8	46.6	14.1	60.1
MALES:											
9-11	94	95.9	50.7	43.7	4.7	52.4	45.8	4.8	43.7	12.2	49.6
12-14	140	97.9	54.7	42.2	5.6	42.0	39.0	5.0	48.5	16.3	53.3
15-18	133	98.0	55.6	55.1	4.6	45.5	41.3	7.7	51.0	14.9	55.6
19-22	121	100.0	56.8	45.8	1.2	37.9	37.9	10.4	71.4	18.1	46.4
23-34	309	94.8	53.5	43.7	2.8	29.6	24.9	7.4	55.6	15.2	54.6
35-50	203	93.5	67.4	55.1	8.9	40.0	39.2	3.4	56.8	15.5	54.7
51-64	218	98.1	66.1	63.0	3.7	40.0	36.7	10.5	53.1	16.8	61.5
65-74	242	97.5	62.0	45.9	1.2	40.2	35.5	9.5	45.8	19.4	58.2
75 AND OVER	84	98.6	57.5	51.2	7.0	32.6	[illegible]	10.1	37.0	19.1	47.9
FEMALES:											
9-11	118	95.9	55.8	42.2	2.3	37.5	[illegible]	2.0	45.1	17.6	57.2
12-14	130	98.0	56.2	42.2	4.9	49.7	47.4	5.6	47.1	18.6	37.6
15-18	140	95.5	47.6	[illegible]	5.0	45.1	43.6	[illegible]	50.0	10.7	51.1
19-22	183	97.5	52.8	51.3	4.7	37.3	35.5	1.5	49.6	11.8	57.9
23-34	462	94.6	53.8	[illegible]	4.5	37.9	33.2	3.8	43.9	18.2	51.2
35-50	340	96.8	57.9	[illegible]	2.6	46.2	42.3	9.6	48.6	19.7	50.5
51-64	380	96.8	55.8	50.3	7.0	37.7	35.1	6.1	45.2	19.9	51.8
65-74	226	97.1	61.5	43.1	4.5	30.4	28.1	8.7	37.4	16.8	50.6
75 AND OVER	104	99.1	[illegible]	45.5	4.8	34.1	33.1	12.5	[illegible]	23.9	57.8
ALL INDIVIDUALS	4/4,249	96.0	56.0	45.8	4.2	38.8	35.6	6.4	48.0	16.6	53.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 10-1.1.--MEAT, POULTRY, FISH[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANKFURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELLFISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1........	[4]/117	[illegible]	5	1	4	6	4	(5)	1	(5)	32
1-2............	[4]/283	100	19	7	1	13	11	(5)	14	4	41
3-5............	406	120	25	11	(5)	14	13	1	17	6	45
6-8............	468	149	34	11	1	20	18	1	18	8	57
MALES:											
9-11...........	200	189	44	13	2	19	17	2	21	12	75
12-14..........	222	226	58	19	1	26	22	2	23	11	87
15-18..........	240	277	67	24	2	29	26	5	28	12	110
19-22..........	166	291	74	25	2	41	35	4	25	13	100
23-34..........	695	299	71	30	3	36	31	2	33	17	107
35-50..........	508	286	78	28	4	32	29	3	30	11	100
51-64..........	412	271	69	31	[illegible]	30	27	4	31	20	82
65-74..........	152	212	53	17	3	22	22	3	14	19	80
75 AND OVER.....	47	230	63	38	1	21	21	5	18	7	77
FEMALES:											
9-11...........	225	157	38	12	1	21	19	2	19	7	58
12-14..........	244	177	42	17	1	21	18	1	17	9	69
15-18..........	260	189	43	16	2	23	20	1	18	10	77
19-22..........	209	179	52	17	0	27	25	1	12	11	60
23-34..........	1,009	187	47	15	2	23	21	2	16	11	71
35-50..........	673	199	52	19	3	24	21	5	16	13	68
51-64..........	521	189	50	16	3	21	19	3	16	13	67
65-74..........	167	167	45	17	5	23	19	4	10	11	52
75 AND OVER.....	62	161	43	19	4	28	24	1	10	4	53
ALL INDIVIDUALS...	[4]/7,286	204	51	19	2	24	22	2	20	11	74

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 10-1.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTU MAIN MEAT, POULT FIS
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/117	57.9	16.5	8.4	8.2	20.9	17.1	1.3	3.6	1.1	41.
1-2.............	4/283	99.6	60.9	39.0	2.8	40.4	37.0	4.6	58.4	19.6	62.
3-5.............	406	99.6	62.9	46.5	1.9	39.4	36.5	6.7	68.0	22.1	65.
6-8.............	468	100.0	68.4	4[illegible].2	3.3	44.8	41.9	5.5	63.9	24.6	72.
MALES:											
9-11............	200	100.0	71.2	43.0	4.5	42.1	39.5	4.6	66.5	24.8	72.
12-14...........	222	100.0	71.5	51.9	.5	43.1	37.8	4.7	61.0	24.6	72.
15-18...........	240	100.0	72.0	57.8	2.3	44.2	40.8	9.4	64.1	24.5	73.
19-22...........	166	100.0	79.1	53.0	1.7	52.7	45.6	5.4	50.2	17.3	77.
23-34...........	695	99.9	70.2	58.0	4.5	43.4	37.9	5.5	61.8	27.9	73.
35-50...........	508	99.5	77.7	59.6	6.2	43.9	40.0	5.4	63.2	22.4	72.
51-64...........	412	100.0	69.7	56.4	4.5	42.9	39.0	10.8	63.9	27.3	64.
65-74...........	152	99.4	63.6	48.2	7.4	38.4	37.7	6.8	43.6	35.1	59.
75 AND OVER.....	47	100.0	80.6	64.3	4.8	27.4	27.4	17.0	45.8	11.4	73.
FEMALES:											
9-11............	225	100.0	68.0	43.4	2.0	44.9	40.2	5.8	64.4	25.7	69.
12-14...........	244	100.0	69.3	49.4	3.8	42.6	37.8	6.2	58.3	23.3	66.
15-18...........	260	99.7	66.1	46.1	5.3	41.3	37.3	5.1	53.1	22.7	74.
19-22...........	209	95.8	75.3	44.4	.0	45.3	43.3	2.6	47.0	27.8	63.
23-34...........	1,009	99.5	67.6	44.1	3.4	42.8	38.9	6.3	54.3	24.5	67.
35-50...........	673	99.7	73.2	51.0	3.9	44.2	39.7	8.5	54.5	27.1	64.
51-64...........	521	99.2	69.3	49.2	7.2	39.1	36.6	10.3	47.3	26.5	66.
65-74...........	167	99.5	74.3	46.9	10.6	47.5	42.9	10.9	42.2	27.1	63.
75 AND OVER.....	62	100.0	73.4	57.7	8.4	48.1	44.2	6.5	36.6	12.7	57.
ALL INDIVIDUALS...	4/7,286	98.9	69.1	48.9	4.2	42.6	38.8	6.7	56.9	24.5	68.

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

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TABLE 1D-2.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1	4/117	1	(5)	(5)	(5)	(5)	(5)	(5)	0	0	(5)
1-2	4/283	13	3	1	(5)	2	2	0	1	(5)	7
3-5	406	16	3	1	(5)	2	2	(5)	1	1	8
6-8	468	32	6	1	(5)	4	3	(5)	3	2	17
MALES:											
9-11	200	45	6	1	(5)	5	4	0	3	4	25
12-14	222	44	9	3	0	4	3	0	4	3	23
15-18	240	55	14	2	(5)	3	2	(5)	5	3	28
19-22	166	94	19	8	0	10	9	2	5	4	46
23-34	695	71	17	4	1	6	5	(5)	4	5	34
35-50	508	49	13	3	1	5	4	(5)	3	4	21
51-64	412	40	10	2	(5)	2	2	(5)	2	5	17
65-74	152	31	10	2	(5)	2	2	0	(5)	4	13
75 AND OVER	47	20	6	2	0	2	2	0	(5)	0	11
FEMALES:											
9-11	225	38	7	2	0	4	3	0	3	2	19
12-14	244	43	9	1	0	4	3	0	3	3	24
15-18	260	46	8	2	(5)	4	3	0	4	2	25
19-22	209	47	11	4	0	7	7	0	1	4	21
23-34	1,009	37	9	2	(5)	4	4	(5)	2	2	17
35-50	673	33	8	2	(5)	3	2	(5)	2	4	13
51-64	521	26	6	1	1	2	2	(5)	2	3	11
65-74	167	24	5	1	(5)	4	4	1	0	1	12
75 AND OVER	62	15	3	1	1	7	4	0	0	(5)	3
ALL INDIVIDUALS	4/7,286	40	9	2	(5)	4	3	(5)	2	3	19

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1D-2.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANKFURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELLFISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/117	4.7	2.4	1.5	0.8	0.8	0.8	0.7	0.0	0.0	0.7
1-2...............	4/283	31.5	11.2	3.9	.4	5.7	5.7	.0	7.4	1.5	13.3
3-5...............	406	31.4	10.0	3.3	.2	5.3	4.7	.3	8.6	3.3	15.1
6-8...............	468	53.5	17.6	4.8	.4	10.4	8.2	.6	13.3	7.9	31.0
MALES:											
9-11..............	200	62.9	21.5	5.9	.8	11.7	9.7	.0	16.0	9.3	34.4
12-14.............	222	60.7	20.9	5.3	.0	9.5	6.2	.0	16.4	9.0	35.3
15-18.............	240	59.8	23.6	8.9	.5	6.1	5.3	.3	17.8	6.9	34.4
19-22.............	166	57.5	27.0	12.9	.0	16.3	12.5	3.1	18.7	5.8	37.9
23-34.............	695	59.1	27.1	11.6	1.3	10.2	8.2	.3	12.9	8.7	33.9
35-50.............	506	49.7	21.8	12.0	1.5	6.2	5.6	.5	10.7	7.3	26.8
51-64.............	412	38.9	18.5	7.5	.3	4.4	4.4	.4	7.8	9.1	17.4
65-74.............	152	40.2	21.2	7.0	1.2	3.1	3.1	.0	4.2	8.2	16.8
75 AND OVER......	47	22.5	7.1	6.9	.0	5.5	5.5	.0	2.4	.0	12.5
FEMALES:											
9-11..............	225	62.3	19.3	7.5	.0	11.4	8.1	.0	17.5	8.6	37.3
12-14.............	244	59.0	22.1	7.3	.0	9.0	6.7	.0	[illegible]	9.2	33.6
15-18.............	260	58.2	18.4	6.0	1.4	9.6	6.1	.0	15.3	7.2	34.3
19-22.............	209	57.1	24.9	9.5	.0	17.4	12.0	.0	5.6	12.3	32.0
23-34.............	1,009	46.3	18.6	7.9	.5	9.0	8.5	.6	7.7	5.9	24.4
35-50.............	673	45.3	16.3	7.7	1.0	6.1	4.7	.5	7.7	8.2	22.4
51-64.............	521	35.8	15.4	5.5	1.8	4.9	4.5	.5	4.1	8.3	16.2
65-74.............	167	36.7	14.3	3.6	.7	10.7	9.1	1.7	.0	4.3	19.5
75 AND OVER......	62	24.8	4.4	4.1	2.4	12.7	5.6	.0	.0	2.4	12.5
ALL INDIVIDUALS...	4/7,286	47.7	18.7	7.4	.8	8.1	6.7	.4	9.9	7.1	25.5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1D-3.1.--MEAT, POULTRY, FISH[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	[4]/117	48	5	1	3	6	4	(5)	1	(5)	31
1-2.............	[4]/283	86	17	7	1	11	10	(5)	13	4	34
3-5.............	406	104	22	10	(5)	12	[illegible]	1	16	5	37
6-8.............	468	117	28	10	1	16	15	1	15	6	40
MALES:											
9-11............	200	144	38	12	1	14	14	2	18	7	51
12-14...........	222	182	49	16	1	22	19	2	19	9	65
15-18...........	240	222	53	21	2	26	24	5	23	10	82
19-22...........	166	197	55	17	2	31	26	2	20	8	62
23-34...........	695	228	53	26	2	30	26	2	28	11	74
35-50...........	508	237	65	25	3	28	25	3	27	7	79
51-64...........	412	231	59	28	3	28	25	4	29	15	65
65-74...........	152	180	43	15	3	20	20	3	13	16	68
75 AND OVER.....	47	209	57	36	1	19	19	5	17	7	67
FEMALES:											
9-11............	225	120	31	10	1	17	16	2	16	5	39
12-14...........	244	134	34	15	1	17	15	1	15	6	45
15-18...........	260	144	35	14	2	19	17	1	14	7	52
19-22...........	209	132	41	13	0	20	18	1	11	7	39
23-34...........	1,009	150	38	13	1	19	17	2	14	9	54
35-50...........	673	166	43	17	2	21	18	5	15	9	55
51-64...........	521	163	44	15	2	18	17	3	14	10	56
65-74...........	167	143	40	16	4	19	16	3	10	10	40
75 AND OVER.....	62	145	39	19	3	21	21	1	10	3	50
ALL INDIVIDUALS...	[4]/7,286	165	42	16	2	21	18	2	18	8	56

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

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TABLE 1D-3.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/117	57.1	16.5	6.9	8.2	20.2	16.3	0.[illegible]	3.6	1.1	41.[illegible]
1-2..............	4/283	97.9	53.4	36.2	2.4	35.5	31.8	4.6	55.4	18.7	56.5
3-5..............	406	99.0	57.8	45.0	1.7	35.2	32.6	6.4	63.7	19.1	58.7
6-8..............	468	99.8	61.5	38.1	2.8	37.4	35.9	4.9	56.4	17.5	58.9
MALES:											
9-11.............	200	99.0	63.7	40.3	3.7	31.8	31.3	4.6	60.0	17.1	59.0
12-14............	222	99.1	65.3	48.8	.5	38.3	35.2	4.7	54.4	15.9	60.9
15-18............	240	98.6	64.9	53.0	1.7	41.1	37.7	9.2	52.9	18.1	61.6
19-22............	166	95.5	62.9	44.3	1.7	41.7	36.7	2.4	50.2	12.6	55.9
23-34............	695	96.0	55.7	51.3	3.4	35.7	31.3	5.2	5[illegible].3	20.7	53.8
35-50............	508	98.0	69.4	52.1	4.7	38.8	35.2	4.9	58.7	15.0	60.8
51-64............	412	96.7	61.[illegible]	52.3	4.2	39.4	35.4	10.5	61.5	20.8	54.6
65-74............	152	99.4	56.9	42.5	6.2	37.7	37.0	6.8	41.[illegible]	30.2	51.4
75 AND OVER......	47	100.0	78.[illegible]	61.9	4.8	23.9	23.9	17.0	43.4	11.4	66.6
FEMALES:											
9-11.............	225	98.7	58.7	37.0	2.0	38.5	35.5	5.8	56.[illegible]	17.4	52.7
12-14............	244	98.3	61.8	43.4	3.8	36.1	32.7	6.2	50.[illegible]	15.7	52.1
15-18............	260	97.3	57.3	41.6	3.9	35.4	33.4	5.1	45.4	17.2	58.3
19-22............	209	94.9	60.8	38.6	.0	36.2	35.4	2.6	43.7	18.2	46.7
23-34............	1,009	96.5	58.5	36.2	2.9	35.8	32.1	5.7	50.3	19.9	56.5
35-50............	673	98.4	63.5	46.9	3.0	39.7	36.2	7.9	49.4	19.7	58.0
51-64............	521	98.0	61.0	46.5	5.4	35.5	32.9	10.1	44.9	20.0	57.9
65-74............	167	99.5	67.9	45.3	9.9	38.5	35.6	9.2	42.2	24.1	54.4
75 AND OVER......	62	100.0	69.0	55.9	6.0	40.3	38.7	6.5	36.6	10.3	53.9
ALL INDIVIDUALS...	4/7,286	97.1	60.3	44.3	3.4	36.8	33.7	6.3	51.9	18.5	56.5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1E-1.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1.........	4/115	61	6	6	2	7	6	(5)	1	1	38
1-2.............	4/271	99	19	8	1	13	12	1	15	4	[illegible]
3-5.............	532	117	26	10	1	15	14	1	16	7	42
6-8.............	394	148	36	13	1	18	17	1	17	7	54
MALES:											
9-11............	328	183	50	15	1	19	17	1	20	7	70
12-14...........	437	207	56	18	1	21	19	1	21	7	83
15-18...........	555	262	70	26	2	25	22	2	24	8	105
19-22...........	313	289	85	30	2	32	27	3	31	14	92
23-34...........	953	296	86	28	3	27	22	2	29	14	108
35-50...........	[illegible]	288	79	29	3	28	24	3	28	16	102
51-64...........	760	273	77	30	4	28	23	4	25	20	86
65-74...........	[illegible]	258	61	26	10	37	29	[illegible]	19	19	82
75 AND OVER.....	35	246	[illegible]	28	2	9	9	[illegible]	13	9	91
FEMALES:											
9-11............	339	160	44	14	1	19	16	(5)	16	5	61
12-14...........	413	180	48	16	1	16	14	1	16	9	73
15-18...........	559	176	50	14	2	18	15	1	14	10	68
19-22...........	367	180	47	16	1	19	16	1	15	13	67
23-34...........	1,254	187	48	17	3	22	20	3	14	12	68
35-50...........	1,507	189	52	18	3	23	18	3	12	13	66
51-64...........	777	198	51	16	4	24	20	2	13	17	71
65-74...........	117	194	36	22	8	26	25	1	11	12	79
75 AND OVER.....	63	166	43	16	11	14	14	(5)	10	13	59
ALL INDIVIDUALS...	4/11,624	211	57	20	3	23	19	2	19	12	76

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1E-1.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY TOTAL	POULTRY CHICKEN	ORGAN MEATS, MIXTURES	FRANKFURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELLFISH	MIXTURES MAINLY MEAT, POULTRY, FISH
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/115	63.9	22.9	12.4	7.7	21.6	18.7	2.0	6.7	6.1	41.0
1-2..............	4/271	98.4	60.9	44.4	5.3	40.1	36.6	6.7	60.6	18.3	66.9
3-5..............	532	99.7	66.8	45.3	5.3	41.3	38.7	4.5	59.4	22.4	61.3
6-8..............	594	99.2	71.9	[illegible]	3.8	45.0	41.2	4.6	61.8	21.9	65.4
MALES:											
9-11.............	328	99.6	73.2	46.7	3.1	37.8	32.7	4.5	62.2	18.4	74.2
12-14............	437	99.4	73.9	47.3	2.7	38.6	33.7	3.0	56.7	19.9	[illegible]
15-18............	555	99.9	75.3	56.1	1.9	38.7	33.5	4.0	58.0	17.8	[illegible]
19-22............	313	100.0	75.1	55.2	3.9	44.4	36.3	6.6	53.8	24.3	76.7
23-34............	953	99.6	78.2	54.4	5.9	37.6	31.6	4.3	59.7	26.5	72.4
35-50............	1,219	100.0	77.6	56.1	4.6	40.0	35.5	8.2	58.8	28.2	72.2
51-64............	760	99.5	79.6	57.7	5.7	42.4	35.6	11.0	57.6	34.4	71.3
65-74............	115	100.0	73.4	57.1	11.9	[illegible]	42.9	12.2	53.2	30.4	67.8
75 AND OVER......	35	100.0	89.5	59.7	4.6	20.0	20.0	22.1	56.8	19.3	78.4
FEMALES:											
9-11.............	339	99.5	75.3	46.4	1.7	40.3	36.2	2.3	60.3	19.0	68.7
12-14............	413	99.2	69.9	46.4	2.9	37.7	31.6	3.1	57.4	24.6	76.8
15-18............	559	99.7	71.0	44.0	4.1	37.8	33.2	3.0	46.8	25.6	69.6
19-22............	367	98.4	64.4	45.4	2.6	36.3	32.2	3.5	49.6	28.9	65.5
23-34............	1,254	98.1	67.1	47.5	5.6	41.9	38.2	5.9	48.7	29.6	63.8
35-50............	1,507	99.8	73.0	50.5	[illegible]	43.3	38.0	6.9	44.4	29.1	66.4
51-64............	777	99.5	71.2	48.3	6.9	42.6	35.8	6.6	40.8	36.5	67.5
65-74............	117	100.0	62.4	54.6	12.5	52.3	49.5	5.2	45.7	29.6	68.1
75 AND OVER......	63	100.0	74.2	37.3	18.5	36.8	36.8	1.9	38.4	31.6	54.8
ALL INDIVIDUALS...	4/11,624	99.1	72.2	50.0	4.9	40.7	35.7	5.8	53.0	26.6	69.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

ABLE 1E-2.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANKFURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELLFISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/115	2	0	0	0	(5)	(5)	0	(5)	0	1
1-2............	4/271	10	2	1	(5)	1	1	0	1	(5)	5
3-5............	532	16	3	1	(5)	2	1	0	1	1	[illegible]
6-8............	594	35	7	2	(5)	4	3	(5)	3	2	16
MALES:											
9-11............	328	44	8	1	(5)	5	4	(5)	4	2	24
12-14............	437	54	12	2	(5)	5	5	(5)	3	2	31
15-18............	555	67	15	3	(5)	5	3	(5)	4	2	38
19-22............	313	83	25	3	(5)	9	7	1	5	4	36
23-34............	953	82	23	5	1	6	4	(5)	5	5	37
35-50............	1,219	74	19	4	1	5	4	1	3	6	35
51-64............	760	57	17	3	1	6	5	1	3	5	22
65-74............	115	43	10	4	2	4	3	(5)	3	8	13
75 AND OVER.....	35	20	8	0	0	4	4	1	0	2	5
FEMALES:											
9-11............	339	38	7	1	0	4	4	0	2	2	22
12-14............	413	44	8	2	(5)	3	2	0	4	3	25
15-18............	559	51	14	2	(5)	4	3	(5)	2	3	25
19-22............	367	54	10	3	(5)	5	4	(5)	2	6	27
23-34............	1,254	45	10	3	(5)	5	4	(5)	2	3	23
35-50............	1,507	40	8	2	(5)	4	3	(5)	1	5	17
51-64............	777	34	7	1	1	5	3	(5)	1	5	15
65-74............	117	24	4	2	1	5	5	(5)	(5)	4	8
75 AND OVER.....	63	25	2	0	0	2	2	0	1	4	16
ALL INDIVIDUALS...	4/11,624	50	12	3	(5)	4	4	(5)	3	4	24

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1E-2.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/115	3.8	0.0	0.0	0.0	1.1	1.1	0.0	0.8	0.0	3.0
1-2..............	4/271	30.8	7.3	3.3	.2	4.5	3.8	.0	7.8	.7	16.6
3-5..............	532	39.9	10.8	3.4	.3	6.[illegible]	4.8	.0	7.4	3.0	21.9
6-8..............	594	60.0	19.8	6.4	.2	12.1	9.5	.2	14.8	6.0	33.3
MALES:											
9-11.............	328	64.9	22.8	5.8	.2	11.5	8.7	.3	19.1	6.7	37.4
12-14............	437	60.9	23.1	7.5	.4	11.2	8.9	.3	12.3	5.7	39.2
15-18............	555	63.9	26.7	10.5	.1	8.9	5.2	.2	12.5	5.5	41.5
19-22............	313	64.8	32.2	9.4	.9	15.1	9.5	.8	10.8	8.5	41.8
23-34............	953	67.3	34.4	14.7	1.5	10.3	6.8	.9	15.4	11.2	39.0
35-50............	1,219	61.7	28.1	15.8	1.0	9.5	7.2	2.0	11.9	11.5	38.3
51-64............	760	51.4	26.6	10.2	1.7	10.2	8.3	1.3	10.0	9.7	26.9
65-74............	115	40.4	17.9	9.0	2.3	6.4	5.5	1.0	7.8	13.4	16.1
75 AND OVER......	35	29.3	17.9	.0	.0	9.3	9.3	8.1	.0	8.8	12.7
FEMALES:											
9-11.............	339	53.6	20.4	5.9	.0	11.7	3.8	.0	10.5	7.1	33.7
12-14............	413	61.5	18.3	4.6	.6	8.4	6.0	.0	16.3	9.0	39.0
15-18............	559	62.9	25.0	9.6	.6	8.5	5.9	.2	10.8	9.4	34.9
19-22............	367	61.1	24.5	12.5	.9	9.2	7.5	.6	9.0	12.1	36.1
23-34............	1,254	54.6	19.7	9.9	.6	10.0	8.2	.6	8.5	9.4	28.0
35-50............	1,507	50.9	18.2	9.5	.9	9.3	7.0	.6	6.4	10.8	25.1
51-64............	777	47.0	16.4	5.6	1.7	11.1	8.0	.8	5.7	12.2	21.3
65-74............	117	40.0	9.4	8.1	4.1	10.5	10.5	1.0	3.6	10.8	15.8
75 AND OVER......	63	26.0	9.8	.0	.0	6.0	6.0	.0	7.8	9.2	17.1
ALL INDIVIDUALS...	4/11,624	55.3	22.0	9.3	.9	9.7	7.3	.7	10.3	9.0	31.1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

ABLE 1E-3.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	-----	-----	-----	-----	GRAMS	-----	-----	-----	-----	-----
MALES AND FEMALES:											
UNDER 1..........	4/115	59	6	6	2	7	6	(5)	1	1	37
1-2..............	4/271	89	17	7	1	12	11	1	13	4	34
3-5..............	532	101	23	9	1	13	13	1	15	6	33
6-8..............	594	113	30	11	1	14	13	1	15	5	36
MALES:											
9-11.............	329	139	41	14	1	14	13	1	16	5	46
12-14............	437	153	44	16	1	16	14	1	18	6	52
15-18............	555	194	54	22	2	21	19	2	21	6	67
19-22............	313	206	60	27	2	23	20	2	27	9	55
23-34............	953	215	63	23	2	21	17	1	23	9	72
35-50............	1,219	214	60	25	3	23	20	2	24	10	68
51-64............	760	216	59	27	3	22	18	4	22	15	64
65-74............	115	215	51	22	8	33	26	2	17	11	69
75 AND OVER......	35	226	75	28	2	6	6	9	13	7	86
FEMALES:											
9-11.............	339	122	37	13	1	15	13	(5)	14	3	39
12-14............	413	135	40	14	1	13	12	1	13	6	48
15-18............	559	126	37	12	2	14	12	1	12	7	42
19-22............	367	126	37	13	1	14	11	1	13	8	41
23-34............	1,[illegible]54	142	38	14	3	18	16	3	12	9	45
35-50............	1,507	150	44	15	2	19	15	2	11	8	49
51-64............	777	164	44	15	3	20	17	2	12	12	56
65-74............	117	170	32	20	7	21	20	1	10	9	71
75 AND OVER......	63	140	41	16	11	12	12	(5)	9	9	43
ALL INDIVIDUALS...	4/11,624	161	45	17	2	18	16	2	16	8	53

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1E-3.2.--MEAT, POULTRY, FISH[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3]/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/115	63.1	22.9	12.4	7.7	20.5	17.6	2.0	5.9	6.1	38.0
1-2..............	4/271	97.0	57.4	41.9	5.1	37.4	34.3	6.7	57.1	17.6	58.9
3-5..............	532	98.4	61.4	44.0	5.0	36.7	34.9	4.5	56.6	19.8	50.7
6-8..............	594	98.3	65.7	43.6	3.8	36.4	33.8	4.5	52.5	16.4	51.2
MALES:											
9-11.............	328	98.7	64.8	44.0	2.8	29.0	26.2	4.2	51.2	13.1	59.7
12-14............	437	98.3	63.8	43.0	2.5	29.4	26.0	2.7	50.1	15.2	55.4
15-18............	555	98.6	65.1	51.0	1.8	33.7	30.3	3.9	51.2	13.1	57.0
19-22............	313	93.9	61.4	49.2	3.0	34.2	29.9	5.8	46.9	16.3	52.7
23-34............	953	96.2	64.2	45.9	4.4	28.8	25.3	3.4	49.7	16.8	54.0
35-50............	1,219	98.4	67.3	47.4	3.6	33.0	29.8	6.2	51.5	17.7	54.0
51-64............	760	97.9	68.2	52.5	4.3	34.3	28.6	9.7	51.6	26.2	56.9
65-74............	115	100.0	66.7	52.4	11.9	48.9	41.0	12.2	48.8	23.2	52.5
75 AND OVER......	35	100.0	86.2	59.7	4.6	13.9	13.9	14.1	56.8	10.5	65.7
FEMALES:											
9-11.............	339	98.1	66.6	43.0	1.7	33.3	30.2	2.3	54.2	12.2	49.2
12-14............	413	98.4	63.8	43.4	2.3	32.3	27.7	3.1	47.6	17.2	59.9
15-18............	559	95.2	58.7	38.1	3.5	31.4	28.5	2.9	41.3	17.7	51.3
19-22............	367	91.7	53.3	39.7	1.7	28.7	25.9	2.9	43.9	18.1	47.1
23-34............	1,254	95.8	55.8	41.8	5.0	34.4	31.7	5.5	43.0	22.4	49.8
35-50............	1,507	97.9	65.0	45.5	4.3	37.2	32.7	6.4	40.7	20.2	53.3
51-64............	777	97.8	63.5	44.1	5.2	34.8	30.2	6.1	37.1	26.5	57.0
65-74............	117	100.0	56.0	49.8	8.4	41.8	39.0	4.2	43.9	21.0	58.8
75 AND OVER......	63	95.0	69.2	37.3	18.5	30.8	30.8	1.9	35.6	22.3	45.1
ALL INDIVIDUALS...	4/11,624	97.0	62.8	44.8	4.1	33.6	30.1	5.2	46.9	19.0	53.6

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1F-1.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/126	70	8	6	4	10	10	(5)	1	(5)	39
1-2.............	4/306	110	21	10	1	19	16	1	14	4	35
3-5.............	521	126	26	13	1	19	17	2	19	6	40
6-8.............	482	167	39	16	2	21	19	2	20	8	50
MALES:											
9-11............	264	189	45	17	1	25	24	3	21	8	60
12-14...........	287	225	60	19	2	34	31	2	25	9	74
15-18...........	307	261	63	25	2	34	31	4	30	9	94
19-22...........	318	296	77	27	1	37	33	3	33	11	107
23-34...........	846	291	70	27	3	33	29	3	28	21	106
35-50...........	657	281	67	33	3	37	32	4	30	17	90
51-64...........	565	261	66	30	4	35	33	5	27	21	73
65-74...........	300	226	49	24	6	29	25	3	20	21	73
75 AND OVER.....	147	199	48	29	4	25	21	5	20	11	53
FEMALES:											
9-11............	269	172	41	16	1	26	22	2	21	9	55
12-14...........	305	186	41	21	1	27	24	1	21	9	65
15-18...........	424	194	44	21	2	31	27	1	21	13	61
19-22...........	408	196	44	26	1	28	24	1	18	12	65
23-34...........	1,216	191	47	18	3	27	24	3	17	14	62
35-50...........	1,097	196	55	21	3	28	24	4	15	16	54
51-64...........	[illegible]50	194	48	16	4	30	27	4	16	17	60
65-74...........	446	168	36	14	6	24	22	4	11	14	58
75 AND OVER.....	240	156	36	14	5	24	22	3	12	9	51
ALL INDIVIDUALS...	4/10,462	207	50	21	3	28	25	3	20	14	68

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1F-1.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1.........	4/126	58.4	16.2	14.9	8.5	24.0	23.3	1.1	6.0	1.2	41.2
1-2..............	4/306	99.0	61.5	51.0	4.0	54.3	50.3	9.4	58.6	18.8	57.6
3-5..............	521	98.9	63.5	49.5	2.6	50.0	46.3	6.9	65.2	21.8	58.6
6-8..............	482	99.3	65.5	51.2	3.4	48.1	44.1	7.0	64.7	26.2	65.2
MALES:											
9-11.............	264	99.7	71.0	46.3	2.2	50.2	49.5	7.4	64.0	24.7	68.3
12-14............	287	100.0	67.8	50.9	3.3	51.3	49.3	4.3	64.9	22.0	71.5
15-18............	387	100.0	69.0	56.2	2.6	47.4	45.7	9.2	67.9	19.3	70.9
19-22............	318	100.0	66.9	53.8	1.4	50.5	46.5	5.7	59.8	18.4	72.3
23-34............	846	99.3	71.5	49.9	5.1	43.0	36.7	6.2	54.9	31.0	70.6
35-50............	657	98.8	68.9	60.0	5.1	46.3	42.8	8.0	54.0	27.0	67.0
51-64............	565	99.8	72.6	58.0	6.9	50.1	46.9	10.4	63.6	31.5	63.4
65-74............	300	99.4	67.9	52.6	8.2	43.3	38.7	[illegible]	52.9	33.3	57.4
75 AND OVER.....	147	98.3	68.6	61.8	9.6	36.5	32.4	[illegible]	46.8	19.6	52.7
FEMALES:											
9-11.............	269	99.7	69.3	47.5	2.2	55.2	48.6	6.5	62.3	27.2	62.1
12-14............	305	99.4	68.4	55.6	2.3	53.2	50.0	5.8	61.2	26.3	64.4
15-18............	424	99.8	67.4	51.9	4.6	52.9	50.2	5.1	57.3	23.8	67.2
19-22............	408	97.7	60.7	54.5	1.6	49.3	46.5	3.9	54.0	25.9	62.0
23-34............	1,216	97.1	63.4	46.0	5.7	46.9	43.3	6.5	50.0	30.6	58.5
35-50............	1,097	99.6	71.1	53.0	5.0	51.3	47.8	10.4	48.9	31.3	59.1
51-64............	850	99.8	66.3	46.7	8.3	50.8	47.5	11.2	48.3	32.6	60.6
65-74............	446	98.1	60.1	44.7	9.9	45.9	40.9	9.7	37.6	26.0	55.9
75 AND OVER.....	240	99.1	53.9	42.3	8.6	45.8	41.1	8.9	40.5	20.3	49.4
ALL INDIVIDUALS...	4/10,462	98.6	66.2	50.7	5.1	48.4	44.7	7.8	55.0	27.0	62.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1F-2.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1.........	4/126	(5)	0	(5)	(5)	(5)	(5)	0	0	0	0
1-2.............	4/306	9	2	1	(5)	1	1	0	1	(5)	4
3-5.............	521	14	3	(5)	(5)	1	1	(5)	1	1	7
6-8.............	482	34	8	1	(5)	3	2	(5)	3	2	16
MALES:											
9-11............	264	41	8	1	(5)	3	3	(5)	4	3	22
12-14...........	287	51	12	1	(5)	5	4	0	4	3	26
15-18...........	387	56	12	2	(5)	5	4	(5)	5	1	32
19-22...........	318	64	16	2	0	6	5	0	2	2	36
23-34...........	846	81	19	5	1	7	5	1	4	7	39
35-50...........	657	57	11	5	(5)	6	4	1	4	5	25
51-64...........	565	45	12	3	(5)	4	4	(5)	3	5	18
65-74...........	300	32	6	2	1	3	2	(5)	2	3	16
75 AND OVER.....	147	14	3	1	(5)	2	2	1	(5)	2	6
FEMALES:											
9-11............	269	37	7	1	(5)	4	2	(5)	4	3	17
12-14...........	305	39	7	1	0	3	3	0	3	4	20
15-18...........	424	41	10	2	(5)	4	4	0	2	3	19
19-22...........	408	46	10	2	(5)	7	5	(5)	2	3	21
23-34...........	1,216	40	8	2	(5)	4	4	(5)	1	3	20
35-50...........	1,097	28	7	2	(5)	2	2	(5)	1	5	10
51-64...........	850	28	7	1	1	3	3	(5)	1	4	12
65-74...........	446	19	4	2	(5)	3	2	(5)	(5)	2	8
75 AND OVER.....	240	19	3	1	1	3	1	0	(5)	2	9
ALL INDIVIDUALS...	4/10,462	39	9	2	(5)	4	3	(5)	2	3	18

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1F-2.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/126	1.5	0.0	0.7	0.8	0.7	0.7	0.0	0.0	0.0	0.0
1-2.............	4/306	23.1	7.0	4.2	.4	4.7	4.1	.0	5.9	1.3	9.0
3-5.............	521	30.2	11.1	2.9	.1	4.2	3.7	.7	7.2	3.9	14.7
6-8.............	482	52.8	20.3	6.4	.3	8.9	7.0	.4	14.2	7.0	28.6
MALES:											
9-11............	264	61.4	22.2	4.4	.3	9.8	9.0	.3	16.6	11.0	34.6
12-14...........	287	61.8	22.9	4.9	.8	9.2	7.1	.0	16.0	8.1	38.3
15-18...........	387	61.2	22.5	6.9	.3	8.8	6.8	.2	15.6	4.9	36.9
19-22...........	318	57.0	21.8	10.8	.0	10.8	8.9	.0	9.7	5.3	37.8
23-34...........	846	62.1	30.2	13.6	1.2	10.6	7.4	1.5	10.9	12.1	36.8
35-50...........	657	51.8	20.[illegible]	15.1	1.0	8.7	6.6	1.9	13.2	9.1	28.2
51-64...........	565	40.5	21.0	9.0	1.0	8.3	7.2	.3	10.5	8.6	20.5
65-74...........	300	34.2	13.0	6.7	.9	5.9	5.0	.4	5.9	7.5	17.8
75 AND OVER.....	147	18.9	7.3	3.0	.6	5.2	5.2	3.0	.5	3.1	6.8
FEMALES:											
9-11............	269	56.8	18.5	6.1	.3	9.5	6.1	.3	17.3	11.2	29.8
12-14...........	305	59.7	20.0	5.5	.0	6.0	5.5	.0	13.8	10.7	31.7
15-18...........	424	57.2	22.1	7.3	.6	7.9	5.8	.0	11.5	7.1	28.8
19-22...........	408	50.9	21.0	10.2	.2	[illegible]	12.7	.2	7.9	8.2	26.7
23-34...........	1,216	46.0	17.3	8.6	.9	10.5	8.2	.7	6.7	8.9	22.8
35-50...........	1,097	39.9	14.7	8.5	.6	6.4	4.4	.8	6.1	9.3	16.6
51-64...........	850	36.9	15.2	4.2	1.7	7.6	6.3	.4	4.5	7.2	17.6
65-74...........	446	28.1	10.4	6.4	.2	6.5	4.3	.5	.8	4.0	11.5
75 AND OVER.....	240	21.4	7.4	2.9	2.1	6.9	4.2	.0	2.1	4.9	11.0
ALL INDIVIDUALS...	4/10,462	45.3	17.9	7.7	.7	8.2	6.5	.6	8.8	7.8	23.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1F-3.1.--MEAT, POULTRY, FISH[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANKFURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELLFISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	[4]/126	70	8	6	4	10	10	(5)	1	(5)	39
1-2.............	[4]/306	101	20	9	1	17	15	1	13	4	35
3-5.............	521	112	23	13	1	18	16	2	18	5	32
6-8.............	482	133	30	15	1	18	17	2	17	6	43
MALES:											
9-11............	264	148	38	16	1	21	21	3	18	5	46
12-14...........	287	174	48	18	2	29	27	2	21	6	48
15-18...........	387	205	51	23	2	29	27	4	26	7	62
19-22...........	318	232	62	25	1	30	28	3	30	9	72
23-34...........	846	210	51	22	3	27	23	2	24	14	68
35-50...........	657	224	56	29	3	31	27	3	26	11	65
51-64...........	565	216	54	28	4	31	29	4	24	16	55
65-74...........	300	[illegible]	43	22	5	26	23	3	19	18	57
75 AND OVER.....	147	[illegible]	45	27	4	23	20	4	20	9	52
FEMALES:											
9-11............	269	134	34	15	1	22	20	2	17	6	38
12-14...........	305	147	34	19	1	24	21	1	18	5	44
15-18...........	424	153	34	19	2	26	24	1	18	10	42
19-22...........	408	150	33	24	1	21	19	1	16	9	44
23-34...........	1,216	151	39	16	3	22	20	2	16	11	42
35-50...........	1,097	168	47	19	3	26	22	4	14	11	44
51-64...........	850	166	41	15	4	27	25	4	15	13	[illegible]
65-74...........	446	149	32	12	6	21	19	4	11	13	51
75 AND OVER.....	240	137	33	14	4	22	20	3	12	7	42
ALL INDIVIDUALS...	[4]/10,462	167	41	19	3	25	22	3	18	[illegible]	49

[1]/ SEE "TABLE NOTES," APPENDIX B.
[2]/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3]/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4]/ EXCLUDES BREAST-FED INFANTS.
[5]/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1F-3.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURE MAINLY MEAT, POULTRY FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1...........	4/126	57.7	16.2	14.2	8.5	23.2	22.6	1.1	6.0	1.2	41.2
1-2...............	4/306	98.4	57.8	47.8	3.6	50.6	46.9	9.4	56.1	18.3	55.3
3-5...............	521	98.1	57.6	47.3	2.5	46.8	43.6	6.2	62.0	17.9	51.9
6-8...............	482	98.3	59.3	47.0	3.3	41.9	39.2	6.6	56.3	19.5	53.5
MALES:											
9-11..............	264	98.4	62.4	42.7	1.9	43.8	43.4	7.0	54.5	14.7	54.8
12-14.............	287	98.5	58.9	47.9	2.8	46.3	44.8	4.3	57.6	14.8	52.2
15-18.............	387	98.0	62.8	52.6	2.3	45.0	43.5	9.0	59.5	14.4	52.0
19-22.............	318	97.8	55.9	47.1	1.4	45.1	43.0	5.7	56.7	14.9	54.7
23-34.............	846	93.6	54.8	41.4	4.1	34.4	30.4	4.7	47.2	21.4	46.6
35-50.............	657	95.2	59.0	51.9	4.0	39.5	37.3	6.0	56.6	18.3	49.8
51-64.............	565	97.0	62.0	52.8	6.2	43.6	40.6	10.2	58.1	23.6	50.5
65-74.............	300	98.6	62.2	49.8	7.3	39.4	35.1	9.2	50.1	26.8	45.1
75 AND OVER......	147	97.2	63.5	60.2	9.6	32.0	27.9	9.5	46.3	16.4	48.2
FEMALES:											
9-11..............	269	98.7	62.9	43.7	1.9	48.4	44.1	6.3	54.7	16.3	45.4
12-14.............	305	98.1	61.0	52.1	2.3	49.2	46.0	5.8	51.8	17.3	50.1
15-18.............	424	97.4	56.0	47.0	4.0	48.[illegible]	46.9	5.1	51.6	18.1	49.2
19-22.............	408	95.0	48.4	48.1	1.4	3[illegible].5	35.9	3.7	42.8	19.2	47.6
23-34.............	1,216	94.5	52.4	40.7	4.8	40.0	36.7	5.9	45.7	23.5	47.1
35-50.............	1,097	97.7	63.7	47.5	4.5	46.9	44.2	9.5	45.3	23.6	50.0
51-64.............	850	97.6	57.4	44.1	6.6	46.0	43.6	11.1	44.9	26.4	52.1
65-74.............	446	95.7	53.5	40.4	9.7	41.0	37.3	9.2	37.0	22.3	48.5
75 AND OVER......	240	95.4	47.3	40.3	6.5	40.5	37.6	8.9	39.7	15.3	43.4
ALL INDIVIDUALS...	4/10,462	96.2	57.2	46.0	4.5	42.8	39.9	7.3	50.0	20.3	49.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 16-1.1.--MEAT, POULTRY, FISH[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/150	44	6	1	2	5	3	1	2	1	28
1-2..............	4/389	96	20	8	1	11	11	1	14	3	38
3-5..............	639	120	27	10	1	14	13	1	15	6	46
6-8..............	737	149	32	11	1	18	17	1	18	6	60
MALES:											
9-11.............	346	185	45	15	2	21	18	1	17	8	75
12-14............	457	206	48	18	1	23	20	1	22	8	84
15-18............	544	268	70	25	2	25	21	2	23	9	113
19-22............	406	290	81	23	2	27	24	3	27	12	[illegible]
23-34............	1,034	290	76	30	2	27	22	2	29	15	109
35-50............	1,122	289	80	27	4	27	23	2	26	16	106
51-64............	870	278	74	28	3	28	23	4	26	21	94
65-74............	361	229	52	22	5	28	24	4	17	17	82
75 AND OVER.....	134	211	63	28	5	21	20	4	15	11	64
FEMALES:											
9-11.............	402	160	38	14	1	18	16	(5)	17	6	66
12-14............	451	172	43	13	1	18	15	1	16	8	72
15-18............	546	184	49	16	2	19	17	1	14	9	74
19-22............	493	182	43	17	1	23	20	1	14	[illegible]	73
23-34............	1,488	184	46	16	2	21	19	2	15	16	71
35-50............	1,478	190	50	18	3	22	18	3	14	13	68
51-64............	1,043	191	48	18	3	23	20	3	12	15	70
65-74............	408	174	40	18	5	22	20	4	12	13	60
75 AND OVER.....	238	160	35	18	5	21	20	1	12	10	58
ALL INDIVIDUALS...	4/13,737	206	52	19	2	22	19	2	18	12	78

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 16-1.2.--MEAT, POULTRY, FISH[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3] 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	--------	--------	--------	--------	PERCENT	--------	--------	--------	--------	--------
MALES AND FEMALES:											
UNDER 1..........	4/150	61.5	23.8	7.5	8.2	17.6	14.9	2.7	7.0	4.4	38.7
1-2..............	4/389	98.2	61.8	40.9	2.6	36.7	34.3	4.8	55.9	17.0	59.4
3-5..............	639	99.8	66.4	44.7	3.5	36.8	34.0	4.8	50.8	22.9	62.8
6-8..............	737	99.5	68.4	43.9	3.2	43.7	39.8	4.7	53.1	20.5	68.1
MALES:											
9-11.............	346	99.6	69.3	47.8	5.1	40.3	35.1	4.4	59.2	19.9	74.3
12-14............	457	99.8	69.4	48.8	2.5	39.8	33.9	4.2	59.3	18.6	73.3
15-18............	544	99.8	73.0	54.7	2.8	39.5	32.8	4.5	56.5	21.4	78.4
19-22............	406	99.5	75.3	47.3	3.6	37.5	32.7	5.8	56.2	20.8	74.4
23-34............	1,034	99.4	73.5	56.8	4.5	36.4	31.3	4.0	60.5	26.1	70.9
35-50............	1,122	99.9	79.8	53.8	5.7	38.6	34.6	6.1	58.3	26.8	72.0
51-64............	870	99.5	76.3	53.9	5.4	42.2	36.2	10.9	55.5	31.0	70.5
65-74............	361	100.0	63.0	53.9	8.1	42.1	38.9	10.8	49.9	27.6	69.0
75 AND OVER......	134	100.0	65.7	54.0	11.7	34.9	32.9	13.5	49.3	20.3	60.7
FEMALES:											
9-11.............	402	99.0	71.2	48.2	3.3	38.7	35.2	1.6	62.2	20.6	69.9
12-14............	451	99.4	68.9	43.0	3.6	38.7	32.5	3.4	53.4	24.2	72.0
15-18............	546	99.2	69.0	43.5	3.7	38.0	33.7	3.0	47.6	24.0	72.2
19-22............	493	98.8	65.1	45.3	1.9	41.1	37.4	2.6	45.8	26.9	67.3
23-34............	1,488	99.1	68.1	47.3	4.9	40.5	35.7	5.1	51.3	24.7	64.3
35-50............	1,478	99.6	72.2	49.7	5.2	41.8	35.9	6.4	47.0	28.9	64.4
51-64............	1,043	99.5	67.2	50.8	5.7	40.2	35.7	6.6	40.0	27.6	65.2
65-74............	408	99.8	66.9	53.3	9.9	45.1	42.1	10.6	43.3	27.2	59.8
75 AND OVER......	238	100.0	57.1	52.5	10.4	37.5	36.4	5.2	43.6	25.0	59.8
ALL INDIVIDUALS...	4/13,737	99.1	69.8	49.1	4.8	39.6	35.1	5.7	52.7	24.8	67.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 16-2.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANKFURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELLFISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/150	2	(5)	(5)	0	(5)	(5)	0	(5)	0	1
1-2.............	4/389	10	3	1	(5)	1	1	0	1	(5)	4
3-5.............	639	15	3	1	(5)	1	1	0	1	1	8
6-8.............	737	35	6	1	(5)	4	3	0	2	2	20
MALES:											
9-11............	346	48	8	1	1	5	4	0	3	2	28
12-14...........	457	46	10	[illegible]	(5)	3	2	(5)	2	2	27
15-18...........	544	64	15	2	(5)	4	3	(5)	3	3	36
19-22...........	406	90	23	4	(5)	6	6	1	5	5	48
23-34...........	1,034	72	19	4	(5)	6	4	(5)	4	5	34
35-50...........	1,122	66	18	3	1	4	4	1	3	6	30
51-64...........	870	51	16	2	1	5	4	(5)	2	5	20
65-74...........	361	26	8	2	1	1	1	0	(5)	4	9
75 AND OVER.....	134	20	4	1	0	3	3	0	(5)	2	10
FEMALES:											
9-11............	402	34	6	1	(5)	4	3	0	3	1	20
12-14...........	451	40	8	1	(5)	3	2	0	3	2	23
15-18...........	546	48	13	3	(5)	3	3	0	2	3	24
19-22...........	493	48	9	3	(5)	3	3	(5)	3	4	26
23-34...........	1,488	41	9	2	(5)	4	3	(5)	2	3	20
35-50...........	1,478	37	8	3	1	3	3	(5)	1	3	17
51-64...........	1,043	27	6	1	(5)	3	2	(5)	1	4	11
65-74...........	408	22	5	2	1	3	2	(5)	1	3	[illegible]
75 AND OVER.....	238	13	4	1	(5)	2	1	(5)	(5)	1	5
ALL INDIVIDUALS...	4/13,737	43	10	2	(5)	4	3	(5)	2	3	21

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1[illegible]-2.2.--MEAT, POULTRY, FISH[1]
PERCENTAGE OF INDIVIDUALS USING,[2][3] 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	[4]/150	5.2	1.2	1.1	0.0	0.9	0.9	0.0	0.6	0.0	2.3
1-2.............	[4]/389	29.3	11.4	3.0	.3	4.0	3.7	.0	6.2	1.9	12.1
3-5.............	639	33.6	10.4	2.7	.3	3.6	3.0	.0	7.4	3.4	16.5
6-8.............	737	54.1	16.5	5.2	.3	10.9	8.7	.0	12.6	5.6	31.5
MALES:											
9-11............	346	64.3	22.0	5.6	1.3	10.8	8.0	.0	14.3	5.3	40.4
12-14...........	457	59.1	[illegible]	6.6	.2	6.8	4.4	.5	10.1	6.1	38.6
15-18...........	544	62.5	25.2	7.7	.6	7.6	4.5	.2	10.4	6.8	41.7
19-22...........	406	63.2	33.3	10.3	1.2	10.9	7.5	1.1	13.3	8.5	41.1
23-34...........	1,034	61.3	29.6	12.3	1.3	8.4	6.0	.8	12.5	9.8	34.7
35-50...........	1,122	55.8	26.1	12.6	1.2	7.4	6.0	1.4	[illegible]	[illegible]	33.9
51-64...........	870	48.7	24.5	8.0	1.2	8.7	6.9	.8	[illegible]	10.8	[illegible]
65-74...........	361	28.1	13.2	6.5	1.9	3.6	3.2	.0	1.6	5.6	13.3
75 AND OVER.....	134	20.9	7.5	2.2	.0	6.7	6.7	.0	1.3	3.3	12.1
FEMALES:											
9-11............	402	52.7	18.4	4.2	.2	9.7	7.8	.0	13.3	6.2	32.0
12-14...........	451	58.7	21.0	5.5	.6	8.3	[illegible]	.0	12.8	7.6	34.1
15-18...........	546	55.8	24.1	8.6	.6	6.8	[illegible]	.0	10.7	8.1	32.3
19-22...........	493	56.9	17.9	9.3	.7	6.8	4.6	.5	11.0	10.0	35.4
23-34...........	1,488	51.4	19.2	9.5	.7	8.5	7.1	.5	8.4	7.1	26.9
35-50...........	1,478	46.7	18.1	9.0	1.4	7.5	5.7	.9	6.7	8.4	22.6
51-64...........	1,043	38.8	13.9	5.8	1.2	6.9	5.3	.9	6.0	8.3	15.5
65-74...........	408	33.1	11.7	8.8	2.1	7.2	6.4	.7	3.4	6.8	15.9
75 AND OVER.....	238	23.7	6.5	3.4	.4	5.2	2.9	.5	1.8	3.3	11.4
ALL INDIVIDUALS...	[4]/13,737	49.2	19.8	7.9	.9	7.6	5.8	.5	9.0	7.6	27.1

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

ABLE 16-3.1.--MEAT, POULTRY, FISH[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

8 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	--------	--------	--------	--------	--------	GRAMS	--------	--------	--------	--------
ALES AND FEMALES:											
UNDER 1.........	[4]/150	43	6	1	2	4	3	1	2	1	27
1-2.............	[4]/389	87	17	7	1	10	10	1	13	3	34
3-5.............	639	105	24	9	1	13	12	1	14	5	39
6-8.............	737	114	26	10	1	14	13	1	16	5	40
ALES:											
9-11............	346	137	37	13	1	16	14	1	15	7	47
12-14...........	457	160	38	16	1	20	17	1	19	7	58
15-18...........	544	204	54	25	1	21	18	2	20	6	76
19-22...........	406	197	58	20	2	21	19	2	22	7	66
23-34...........	1,034	218	58	26	2	21	18	1	25	10	75
35-50...........	1,122	223	63	24	3	23	20	2	23	9	76
51-64...........	870	227	58	26	3	23	19	4	24	16	74
65-74...........	361	203	44	20	4	27	23	4	17	14	73
75 AND OVER.....	134	190	58	27	5	18	17	4	15	9	54
FEMALES:											
9-11............	402	125	33	13	1	14	12	(5)	14	4	46
12-14...........	451	132	35	11	1	15	13	1	13	6	49
15-18...........	546	137	36	14	2	16	14	1	12	6	51
19-22...........	493	134	35	14	(5)	20	17	1	11	6	47
23-34...........	1,486	143	36	14	2	17	15	2	13	8	50
35-50...........	1,478	154	42	16	2	19	16	3	12	9	51
51-64...........	1,043	163	42	17	2	20	17	2	11	11	58
65-74...........	408	152	36	16	5	20	18	4	11	10	51
75 AND OVER.....	238	147	31	18	5	19	19	1	11	9	53
LL INDIVIDUALS...	[4]/13,737	163	42	17	2	19	16	2	16	8	57

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 16-3.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/150	60.9	23.8	6.4	8.2	16.8	14.0	2.7	6.4	4.4	36.5
1-2.............	4/389	97.4	56.1	38.5	2.4	34.4	31.8	4.8	53.6	15.4	53.2
3-5.............	639	99.5	62.4	43.3	3.2	34.6	31.6	4.8	56.5	20.2	55.0
6-8.............	737	99.0	62.1	40.7	3.0	36.1	33.2	4.7	55.5	16.6	54.5
MALES:											
9-11............	346	98.8	61.5	44.7	3.8	32.2	28.9	4.4	52.0	15.7	58.0
12-14...........	457	99.3	58.6	46.0	2.4	35.3	31.1	3.7	53.7	14.0	56.6
15-18...........	544	98.6	63.4	50.2	2.2	34.3	29.4	4.3	50.1	15.4	61.5
19-22...........	406	93.4	59.9	39.9	2.4	30.0	26.8	4.7	48.4	12.6	53.3
23-34...........	1,034	96.8	59.9	50.1	3.2	29.7	26.1	3.2	53.4	17.2	53.7
35-50...........	1,122	98.4	68.8	47.7	4.5	33.0	29.4	4.7	53.3	16.9	58.5
51-64...........	870	97.5	64.9	49.8	4.2	34.8	30.0	10.1	51.4	22.7	58.5
65-74...........	361	98.1	57.6	49.1	6.2	39.9	36.4	10.8	48.5	24.3	62.0
75 AND OVER.....	134	100.0	61.2	53.2	11.7	30.2	28.2	13.5	48.0	18.0	53.6
FEMALES:											
9-11............	402	98.7	61.9	45.8	3.1	31.5	29.0	1.6	56.4	14.9	57.3
12-14...........	451	97.9	60.8	39.1	3.1	32.8	28.6	3.4	45.3	18.1	55.6
15-18...........	546	95.3	57.5	38.3	3.1	32.6	29.9	3.0	42.2	16.5	55.9
19-22...........	493	93.4	56.4	40.1	1.1	37.1	34.6	2.2	39.0	18.0	49.9
23-34...........	1,488	96.4	58.3	41.4	4.5	34.4	30.2	4.6	46.1	19.0	50.5
35-50...........	1,478	98.1	62.9	44.1	3.7	36.3	31.4	5.5	43.6	22.1	54.6
51-64...........	1,043	98.0	59.8	46.9	4.5	35.4	32.0	6.0	36.0	21.5	56.3
65-74...........	408	98.5	59.6	47.1	7.8	39.4	36.6	9.9	41.1	21.1	50.5
75 AND OVER.....	238	98.9	53.2	49.4	10.0	34.7	34.0	4.6	42.4	21.7	55.2
ALL INDIVIDUALS...	4/13,737	97.2	60.6	44.4	3.9	34.1	30.5	5.1	47.7	18.5	55.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1H-1.1.--MEAT, POULTRY, FISH[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY TOTAL	POULTRY CHICKEN	ORGAN MEATS, MIXTURES	FRANKFURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELLFISH	MIXTURES MAINLY MEAT, POULTRY, FISH
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1.........	[4]/145	53	4	2	(5)	5	3	1	1	(5)	39
1-2............	[4]/339	104	19	7	1	13	11	1	16	4	44
3-5............	558	120	26	10	1	16	15	1	16	4	46
6-8............	622	152	34	13	1	20	18	1	16	7	61
MALES:											
9-11...........	329	193	39	16	2	23	20	1	20	8	85
12-14..........	406	220	51	18	1	25	22	2	20	10	91
15-18..........	462	272	64	25	3	32	27	2	23	11	112
19-22..........	306	284	69	25	1	34	30	4	27	19	105
23-34..........	837	294	79	26	4	30	27	3	33	13	106
35-50..........	791	293	83	30	2	31	28	2	28	14	101
51-64..........	726	257	70	29	2	30	27	5	25	13	81
65-74..........	388	222	50	26	2	27	24	4	18	13	81
75 AND OVER.....	184	207	52	25	2	19	17	1	13	10	85
FEMALES:											
9-11...........	340	164	41	12	1	19	17	1	16	5	71
12-14..........	392	181	42	15	1	21	19	1	17	9	75
15-18..........	503	182	41	13	1	20	17	1	14	11	81
19-22..........	416	171	41	14	1	23	21	1	15	10	67
23-34..........	1,175	187	46	17	2	22	20	2	17	9	73
35-50..........	1,184	188	48	17	2	21	18	3	15	12	70
51-64..........	1,044	185	43	21	2	23	20	3	13	11	69
65-74..........	522	155	38	19	2	26	23	2	9	10	49
75 AND OVER.....	273	131	32	14	1	20	18	3	11	6	44
ALL INDIVIDUALS...	[4]/11,943	201	50	19	2	24	21	2	18	10	76

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1H-1.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, ALL FOO

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1.........	4/145	54.6	13.4	10.4	1.4	15.4	12.2	3.2	9.0	1.8	39.8
1-2.............	4/339	98.7	57.9	41.9	3.5	38.8	34.9	4.9	60.9	15.8	70.8
3-5.............	558	99.4	66.6	44.2	3.4	42.4	38.7	4.1	63.3	16.2	69.1
6-8.............	622	99.8	67.4	46.4	4.3	44.4	41.2	2.4	58.3	21.9	77.8
MALES:											
9-11............	329	100.0	65.8	47.7	3.1	42.9	37.5	4.8	62.4	21.9	76.1
12-14...........	406	99.6	70.9	50.4	3.2	45.1	39.5	3.8	58.0	25.8	76.0
15-18...........	462	99.7	68.5	57.8	4.0	45.8	40.4	3.5	56.5	22.3	76.2
19-22...........	306	99.1	71.1	48.8	1.9	47.9	41.7	5.7	60.4	26.6	73.0
23-34...........	837	99.1	73.0	55.2	5.4	36.0	31.9	5.7	62.1	22.5	74.3
35-50...........	791	100.0	77.9	62.2	4.5	41.4	37.3	5.5	60.5	23.2	74.0
51-64...........	726	99.3	74.4	60.7	4.2	45.3	40.3	11.9	58.5	23.4	68.2
65-74...........	388	97.9	63.7	56.2	3.4	43.6	40.0	10.0	50.8	23.1	67.2
75 AND OVER.....	184	98.7	67.2	61.2	4.0	36.3	34.2	3.2	43.0	20.5	61.4
FEMALES:											
9-11............	340	100.0	68.9	44.4	1.8	41.7	38.8	3.6	61.7	18.6	77.0
12-14...........	392	100.0	64.4	45.6	3.1	42.5	38.5	2.8	61.6	21.8	74.0
15-18...........	503	99.4	62.2	44.4	3.7	42.0	36.7	3.5	51.1	24.9	72.3
19-22...........	416	98.6	60.5	42.7	2.8	44.5	41.1	2.5	52.0	22.5	69.0
23-34...........	1,175	99.5	68.1	49.0	3.3	41.7	37.8	5.7	54.3	21.5	68.9
35-50...........	1,184	99.5	68.0	51.7	3.3	41.6	37.6	6.2	51.1	23.8	68.4
51-64...........	1,044	99.0	64.8	57.0	4.3	42.6	38.7	8.5	46.8	25.4	67.5
65-74...........	522	98.2	65.0	52.5	4.3	43.7	39.9	7.3	36.6	22.2	58.2
75 AND OVER.....	273	97.1	62.8	44.0	3.0	39.1	36.4	7.8	40.2	15.2	51.1
ALL INDIVIDUALS...	4/11,943	98.7	67.2	51.1	3.7	42.0	37.8	5.7	54.2	22.1	69.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1H-2.1.--MEAT, POULTRY, FISH[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	-----	-----	-----	-----	GRAMS	-----	-----	-----	-----	-----
MALES AND FEMALES:											
UNDER 1..........	4/145	(5)	(5)	(5)	0	(5)	(5)	(5)	0	0	(5)
1-2.............	4/339	11	2	1	(5)	2	2	(5)	1	(5)	5
3-5.............	558	19	3	1	(5)	3	2	(5)	2	1	9
6-8.............	622	41	7	2	(5)	5	4	(5)	3	2	22
MALES:											
9-11............	329	52	7	1	(5)	6	5	(5)	5	3	30
12-14...........	406	56	10	2	(5)	6	5	0	4	2	31
15-18...........	462	68	15	4	(5)	6	5	(5)	4	2	37
19-22...........	306	74	18	6	(5)	10	8	1	4	4	32
23-34...........	837	69	20	4	1	6	5	(5)	5	3	30
35-50...........	791	62	16	4	(5)	5	5	1	3	5	28
51-64...........	726	40	12	2	(5)	4	4	1	3	3	15
65-74...........	388	25	5	2	1	4	4	(5)	1	2	10
75 AND OVER.....	184	20	6	1	1	3	2	0	(5)	1	8
FEMALES:											
9-11............	340	45	8	2	(5)	4	4	(5)	3	2	26
12-14...........	392	49	9	2	(5)	4	3	0	3	2	29
15-18...........	503	46	9	2	(5)	4	3	(5)	2	3	26
19-22...........	416	42	9	3	(5)	6	6	(5)	1	3	20
23-34...........	1,175	36	8	2	(5)	4	4	(5)	2	2	18
35-50...........	1,184	29	7	1	(5)	3	3	(5)	1	4	12
51-64...........	1,044	25	5	2	(5)	4	3	(5)	1	3	10
65-74...........	522	21	4	1	(5)	4	3	(5)	(5)	2	9
75 AND OVER.....	273	12	2	1	0	2	2	(5)	(5)	1	5
ALL INDIVIDUALS...	4/11,943	40	9	2	(5)	4	4	(5)	2	3	19

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78. 48 CONTERMINOUS STATES.

TABLE 1H-2.2.--MEAT, POULTRY, FISH[1]
PERCENTAGE OF INDIVIDUALS USING,[2][3] 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1	[4]/145	2.5	1.3	0.6	0.0	0.7	0.7	0.6	0.0	0.0	1.2
1-2	[4]/339	28.6	8.2	3.2	.2	7.1	6.7	.2	7.7	.5	14.6
3-5	558	37.6	11.4	4.8	.1	9.0	7.1	.1	11.4	2.7	20.8
6-8	622	67.1	21.8	5.3	.8	13.9	11.3	.7	17.4	8.6	41.6
MALES:											
9-11	329	66.2	21.4	6.5	.2	15.1	12.5	.3	21.6	8.6	40.3
12-14	406	68.3	21.9	7.5	.4	13.5	10.2	.0	19.3	8.6	41.4
15-18	462	64.4	26.3	9.9	.2	11.0	8.0	.1	15.7	5.8	40.7
19-22	306	55.6	24.1	10.8	.4	15.2	11.9	1.9	12.3	7.3	32.3
23-34	837	58.2	29.1	13.1	1.5	9.9	8.0	.2	15.3	5.9	32.7
35-50	791	52.1	22.9	13.1	.9	8.3	6.9	1.4	10.6	6.2	31.6
51-64	726	39.2	19.9	7.2	.6	7.2	6.5	1.5	6.7	6.5	21.2
65-74	388	29.9	9.6	5.3	.9	7.5	6.3	.7	3.1	4.4	14.8
75 AND OVER	184	26.3	12.4	5.9	1.8	5.5	4.1	.0	2.1	3.7	10.3
FEMALES:											
9-11	340	70.5	23.7	7.7	.3	13.7	11.0	.2	17.6	7.3	45.0
12-14	392	61.5	18.1	5.1	.2	11.4	8.9	.0	17.6	6.8	40.3
15-18	503	60.2	20.2	7.5	1.3	10.8	7.8	.2	12.9	7.2	37.7
19-22	416	51.8	19.9	8.7	.2	12.3	10.5	.4	8.4	8.4	28.2
23-34	1,175	46.8	17.0	8.6	.4	8.8	7.4	.8	8.7	5.6	25.5
35-50	1,184	39.8	13.0	5.5	.6	7.9	6.2	.7	4.8	6.7	20.0
51-64	1,044	34.2	13.3	6.4	.3	7.9	6.1	.8	3.5	8.0	17.5
65-74	522	32.7	10.8	5.2	.8	8.8	7.3	.9	2.3	4.3	15.8
75 AND OVER	273	20.9	7.1	3.2	.0	5.6	4.0	.8	2.0	2.6	8.3
ALL INDIVIDUALS	[4]/11,943	47.3	17.7	7.4	.6	9.6	7.7	.6	9.9	6.1	26.9

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1H-3.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	---	---	---	---	GRAMS	---	---	---	---	---
MALES AND FEMALES:											
UNDER 1..........	4/145	53	4	2	(5)	5	3	1	1	(5)	39
1-2.............	4/339	93	17	7	1	11	10	1	14	4	38
3-5.............	558	101	23	9	1	13	12	1	15	4	37
6-8.............	622	110	27	11	1	15	14	(5)	13	5	39
MALES:											
9-11............	329	141	31	15	2	17	15	1	15	5	55
12-14...........	406	164	41	16	1	19	17	2	16	8	60
15-18...........	462	204	49	21	3	26	22	2	19	9	75
19-22...........	306	210	51	19	1	24	22	3	23	15	73
23-34...........	837	225	59	22	3	24	22	3	27	10	77
35-50...........	791	231	67	26	2	26	23	2	26	9	74
51-64...........	726	216	58	27	2	26	23	4	23	10	66
65-74...........	388	197	45	24	2	23	21	3	18	11	70
75 AND OVER.....	184	187	46	24	1	16	16	1	13	8	78
FEMALES:											
9-11............	340	119	32	10	(5)	15	14	1	13	3	45
12-14...........	392	132	33	14	1	17	16	1	14	7	46
15-18...........	503	136	32	11	1	15	14	1	12	8	55
19-22...........	416	129	32	11	1	17	15	1	14	7	47
23-34...........	1,175	151	39	15	2	18	16	1	15	7	55
35-50...........	1,184	159	42	16	1	[illegible]	16	2	14	8	58
51-64...........	1,044	161	37	19	2	19	17	3	12	8	60
65-74...........	522	134	33	18	1	22	20	2	9	8	41
75 AND OVER.....	273	119	30	13	1	17	17	3	11	5	39
ALL INDIVIDUALS...	4/11,943	161	41	17	2	19	17	2	16	8	57

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1H-3.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	----------	----------	----------	----------	----PERCENT----	----------	----------	----------	----------	----------
MALES AND FEMALES:											
UNDER 1..........	4/145	53.3	12.8	9.8	1.4	14.7	11.5	2.7	9.0	1.8	39.2
1-2.............	4/339	96.8	53.1	40.2	3.3	34.0	30.3	4.6	58.1	15.3	63.0
3-5.............	558	98.1	59.6	41.5	3.2	35.7	33.4	4.0	57.9	13.7	60.3
6-8.............	622	98.2	58.6	42.4	3.5	35.3	33.2	1.7	48.2	14.0	60.4
MALES:											
9-11............	329	97.9	55.1	44.7	2.9	32.8	28.2	4.5	49.9	14.6	61.5
12-14...........	406	98.1	62.1	45.6	2.8	35.3	31.9	3.8	47.8	18.5	59.9
15-18...........	462	97.1	56.8	52.3	3.8	37.8	34.5	3.3	48.1	17.1	60.5
19-22...........	306	96.0	60.1	42.7	1.4	35.9	32.0	3.9	51.7	21.2	54.8
23-34...........	837	96.7	60.4	48.3	3.9	28.6	25.5	5.6	52.6	18.0	59.4
35-50...........	791	99.1	69.6	54.8	3.6	35.4	32.0	4.1	53.6	17.5	61.2
51-64...........	726	97.1	68.2	56.8	3.6	39.4	34.8	10.5	54.9	18.3	57.3
65-74...........	388	97.7	60.2	54.0	3.2	38.4	35.4	9.4	49.0	20.3	59.0
75 AND OVER.....	184	98.1	62.1	58.2	2.2	32.7	31.2	3.2	40.8	18.4	55.3
FEMALES:											
9-11............	340	97.0	58.1	38.8	1.5	34.3	32.0	3.4	50.7	11.9	55.0
12-14...........	392	98.7	56.8	42.1	2.9	36.3	33.3	2.8	53.0	16.2	56.6
15-18...........	503	96.3	51.9	40.1	2.7	33.8	30.8	3.3	43.0	18.9	56.4
19-22...........	416	94.6	49.6	36.9	2.6	35.3	33.2	2.1	45.1	16.2	55.5
23-34...........	1,175	96.7	59.0	43.8	3.0	34.7	31.8	5.0	49.6	17.6	57.7
35-50...........	1,184	97.8	61.9	49.7	2.6	36.5	33.2	5.7	47.4	17.7	59.2
51-64...........	1,044	97.2	58.4	53.3	4.0	36.2	33.2	7.7	44.3	18.2	58.4
65-74...........	522	96.6	59.5	51.1	3.5	36.3	33.7	6.6	34.9	19.0	48.2
75 AND OVER.....	273	96.8	58.3	42.7	3.0	34.5	32.8	7.0	39.2	12.8	45.1
ALL INDIVIDUALS...	4/11,943	96.8	59.2	47.0	3.1	35.0	32.0	5.1	48.4	17.0	57.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 11-1.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/322	52	4	2	2	5	4	(5)	2	(5)	37
1-2..............	4/814	101	21	[illegible]	1	12	10	1	15	4	41
3-5..............	1,327	118	27	9	1	13	12	1	16	5	45
6-8..............	1,482	151	34	12	2	17	16	1	17	6	62
MALES:											
9-11.............	750	189	44	15	2	19	17	1	19	8	81
12-14............	923	215	53	18	2	22	19	1	21	8	89
15-18............	1,115	270	70	24	2	24	21	2	25	9	114
19-22............	850	296	82	25	1	29	25	2	29	14	114
23-34............	2,393	290	77	27	3	28	23	2	29	15	109
35-50............	2,228	289	81	28	4	27	24	3	27	15	103
51-64............	1,923	267	71	28	3	29	25	4	26	18	87
65-74............	932	224	51	24	4	27	23	4	18	15	81
75 AND OVER......	399	211	57	25	3	19	17	3	16	9	79
FEMALES:											
9-11.............	795	163	41	13	1	17	15	1	17	5	68
12-14............	905	175	43	14	1	18	15	1	17	8	73
15-18............	1,164	183	45	15	2	18	16	1	15	10	77
19-22............	1,045	180	43	17	1	22	19	1	14	11	70
23-34............	3,298	185	47	16	3	21	19	2	15	11	71
35-50............	3,114	188	51	17	2	21	18	3	13	13	68
51-64............	2,542	188	46	18	3	23	20	3	14	13	70
65-74............	1,207	161	39	17	4	23	21	3	10	10	56
75 AND OVER......	688	148	35	15	3	20	19	3	12	8	52
ALL INDIVIDUALS...	4/30,215	204	52	19	2	22	19	2	18	11	77

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE II-1.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/322	58.8	18.1	10.4	6.4	17.7	15.3	1.8	7.6	2.9	41.1
1-2.............	4/814	98.6	62.6	41.5	3.6	37.3	33.4	6.0	58.5	17.4	64.2
3-5.............	1,327	99.4	66.8	42.2	3.8	36.9	33.5	4.7	61.8	20.3	64.7
6-8.............	1,482	99.5	68.2	44.0	3.8	41.8	38.2	3.9	60.9	21.5	71.5
MALES:											
9-11............	750	99.8	68.6	45.4	4.0	38.3	33.4	5.0	59.7	20.6	75.4
12-14...........	923	99.7	70.5	48.3	3.4	39.4	34.0	3.6	57.8	20.2	75.7
15-18...........	1,115	99.9	72.2	53.5	3.3	37.7	32.2	4.4	58.2	20.0	77.8
19-22...........	850	99.4	74.1	46.6	2.4	40.1	34.3	4.2	58.2	21.4	73.8
23-34...........	2,393	99.3	73.9	52.4	4.9	35.6	30.0	5.1	58.8	25.7	72.4
35-50...........	2,228	99.6	78.3	56.5	5.5	37.6	33.6	6.2	60.0	26.0	72.9
51-64...........	1,923	99.5	75.2	56.2	5.1	43.3	38.1	10.9	58.4	28.4	68.8
65-74...........	932	98.9	65.3	53.4	6.1	40.9	37.0	9.8	51.7	25.7	66.3
75 AND OVER.....	399	98.8	70.4	55.9	8.2	33.4	31.1	10.2	45.8	18.9	61.8
FEMALES:											
9-11............	795	99.4	70.8	45.2	2.2	39.2	34.5	2.4	60.0	20.2	72.0
12-14...........	905	99.6	67.7	44.3	3.3	38.5	33.4	3.5	57.1	21.6	72.9
15-18...........	1,164	99.4	66.8	42.7	4.3	37.3	32.6	3.6	49.0	23.7	72.1
19-22...........	1,045	98.2	63.3	42.9	2.1	39.5	35.9	3.2	49.1	25.2	66.6
23-34...........	3,298	98.6	67.6	45.2	5.1	40.0	35.7	5.2	49.9	25.1	64.9
35-50...........	3,114	99.6	71.5	50.0	4.5	40.9	36.1	7.4	47.6	27.0	65.8
51-64...........	2,542	99.4	66.8	50.0	6.1	41.2	36.9	8.4	44.6	27.7	67.0
65-74...........	1,207	98.7	65.3	49.0	7.4	43.5	39.4	7.8	37.7	23.4	59.8
75 AND OVER.....	688	98.5	60.2	45.4	6.8	38.6	36.3	7.4	41.3	19.8	54.2
ALL INDIVIDUALS...	4/30,215	98.8	69.1	48.3	4.7	39.2	34.8	6.0	52.8	23.9	68.3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1I-2.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANKFURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELLFISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/322	1	(5)	(5)	0	(5)	(5)	(5)	(5)	0	1
1-2.............	4/814	11	3	1	(5)	1	1	(5)	1	(5)	5
3-5.............	1,327	16	3	1	(5)	2	1	(5)	1	1	8
6-8.............	1,482	36	6	1	(5)	4	3	(5)	3	2	20
MALES:											
9-11............	750	49	7	1	(5)	5	4	(5)	4	2	29
12-14...........	923	50	10	2	(5)	4	3	(5)	3	2	29
15-18...........	1,115	66	15	3	(5)	4	3	(5)	4	2	38
19-22...........	850	84	21	4	(5)	7	6	1	4	4	43
23-34...........	2,393	76	20	5	1	6	5	(5)	5	5	35
35-50...........	2,228	65	17	4	1	5	4	1	3	6	29
51-64...........	1,923	47	14	2	1	4	4	(5)	3	5	19
65-74...........	932	29	6	2	1	3	3	(5)	1	3	13
75 AND OVER.....	399	20	5	1	(5)	3	2	(5)	(5)	2	9
FEMALES:											
9-11............	795	39	7	1	(5)	4	3	0	3	2	22
12-14...........	905	44	8	1	(5)	3	3	0	3	2	26
15-18...........	1,164	46	11	2	(5)	4	3	(5)	2	3	24
19-22...........	1,045	46	10	3	(5)	5	4	(5)	2	4	22
23-34...........	3,298	41	9	2	(5)	4	4	(5)	2	3	21
35-50...........	3,114	34	8	2	(5)	3	3	(5)	1	4	15
51-64...........	2,542	29	6	1	(5)	4	3	(5)	1	4	12
65-74...........	1,207	23	5	2	(5)	3	3	(5)	(5)	2	9
75 AND OVER.....	688	15	3	1	(5)	2	2	(5)	(5)	2	7
ALL INDIVIDUALS...	4/30,215	43	10	2	(5)	4	3	(5)	2	3	21

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1I-2.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	--------	--------	--------	--------	--------	PERCENT	--------	--------	--------	--------
MALES AND FEMALES:											
UNDER 1..........	4/322	3.6	1.1	0.8	0.0	0.7	0.7	0.3	0.3	0.0	1.6
1-2..............	4/814	30.6	10.7	3.7	.3	5.6	5.1	.1	7.1	1.3	13.9
3-5..............	1,327	34.9	11.2	3.5	.2	5.2	4.2	.1	8.6	3.3	17.6
6-8..............	1,482	57.8	18.7	5.2	.4	10.9	8.9	.2	14.3	6.3	34.4
MALES:											
9-11.............	750	64.1	20.3	5.6	.8	11.9	9.4	.2	16.9	7.6	40.6
12-14............	923	61.6	22.0	6.6	.4	9.5	6.6	.3	13.6	6.9	40.1
15-18............	1,115	63.5	25.6	8.5	.5	8.6	5.6	.1	13.1	6.0	41.1
19-22............	850	61.4	28.6	11.4	.7	11.9	8.4	1.2	12.8	6.9	39.2
23-34............	2,393	62.5	31.0	13.4	1.3	9.5	6.9	.7	13.3	9.7	35.8
35-50............	2,228	56.0	25.0	13.6	1.2	8.2	6.5	1.7	10.9	9.9	33.3
51-64............	1,923	44.5	22.4	8.1	1.0	8.0	6.7	1.0	8.5	9.2	22.8
65-74............	932	32.5	12.4	6.5	1.2	6.1	5.3	.4	3.7	6.2	16.[illegible]
75 AND OVER......	399	25.0	10.6	3.7	.8	6.5	5.8	1.1	1.6	4.0	10.7
FEMALES:											
9-11.............	795	59.3	19.6	5.5	.2	11.2	8.3	.0	14.7	6.6	36.6
12-14............	905	59.5	19.4	5.6	.4	8.8	6.5	.0	15.3	6.8	36.8
15-18............	1,164	57.6	22.8	7.8	1.0	8.4	5.9	.1	10.6	7.4	33.3
19-22............	1,045	55.8	21.4	9.6	.5	9.2	7.7	.5	9.2	9.2	31.0
23-34............	3,298	50.6	19.0	9.5	.8	9.2	7.4	.6	8.5	7.3	26.6
35-50............	3,114	45.3	16.6	8.0	1.0	7.5	5.6	.9	5.9	9.2	21.2
51-64............	2,542	39.1	15.0	5.8	1.0	7.9	6.1	.8	5.0	8.7	18.1
65-74............	1,207	34.2	11.9	7.1	1.1	8.3	6.5	.6	2.4	5.5	16.2
75 AND OVER......	688	23.1	7.5	3.4	.9	6.0	3.9	.5	2.1	3.9	10.9
ALL INDIVIDUALS...	4/30,215	48.9	19.3	8.0	.8	8.4	6.5	.6	9.2	7.4	27.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1I-3.1.--MEAT, POULTRY, FISH[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	[4]/322	52	4	2	2	5	4	(5)	2	(5)	36
1-2.............	[4]/814	90	18	7	1	10	9	1	14	4	35
3-5.............	1,327	102	23	8	1	11	11	1	15	4	37
6-8.............	1,482	115	28	10	1	13	12	1	15	5	42
MALES:											
9-11.............	750	140	36	14	1	14	13	1	15	5	52
12-14............	923	164	43	16	2	18	16	1	18	6	60
15-18............	1,115	204	55	21	2	20	17	2	21	7	76
19-22............	850	211	61	20	1	22	19	1	25	10	71
23-34............	2,393	214	57	22	2	22	18	2	25	10	74
35-50............	2,228	223	64	25	3	22	20	2	24	9	74
51-64............	1,923	220	57	26	3	25	22	4	23	13	68
65-74............	932	194	45	22	4	24	21	3	17	11	69
75 AND OVER......	399	191	52	24	3	16	15	3	16	7	70
FEMALES:											
9-11.............	795	124	33	12	1	13	12	1	14	4	46
12-14............	905	131	35	13	1	14	13	1	14	5	48
15-18............	1,164	137	34	13	2	14	13	1	13	8	52
19-22............	1,045	133	33	14	1	17	15	1	12	8	48
23-34............	3,298	143	38	13	2	17	15	2	13	8	50
35-50............	3,114	154	43	15	2	18	15	2	12	9	53
51-64............	2,542	160	40	16	2	19	17	3	12	9	58
65-74............	1,207	138	34	15	4	20	18	2	10	8	46
75 AND OVER......	688	132	32	14	3	18	17	2	11	7	45
ALL INDIVIDUALS...	[4]/30,215	162	42	16	2	18	16	2	16	8	57

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE II-3.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1	4/322	58.0	17.9	9.6	6.4	17.0	14.6	1.6	7.3	2.9	39.7
1-2	4/814	97.3	56.5	38.6	3.3	33.2	29.4	5.9	56.0	16.4	57.8
3-5	1,327	98.5	61.0	40.2	3.5	32.8	29.9	4.6	57.3	17.4	56.5
6-8	1,482	98.7	61.4	40.4	3.5	33.9	31.3	3.7	52.7	16.0	57.4
MALES:											
9-11	750	98.6	60.7	42.0	3.2	29.3	25.8	4.7	50.9	14.0	59.9
12-14	923	98.7	62.1	44.4	3.1	32.3	28.8	3.3	50.6	14.4	58.8
15-18	1,115	97.8	62.9	48.5	2.8	31.9	28.1	4.2	51.2	14.5	60.6
19-22	850	95.2	60.7	39.5	1.7	31.1	27.7	3.0	50.8	15.3	53.8
23-34	2,393	95.4	59.1	44.6	3.7	28.0	24.2	4.4	50.3	17.6	53.8
35-50	2,228	97.9	68.1	49.5	4.4	31.4	28.2	4.5	53.4	17.0	57.7
51-64	1,923	97.3	65.7	51.8	4.2	36.7	32.3	9.9	54.1	21.1	56.7
65-74	932	97.8	60.1	50.0	5.2	36.6	33.1	9.5	49.6	21.3	56.5
75 AND OVER	599	98.1	64.9	54.0	7.4	28.8	26.7	9.0	44.2	16.0	55.6
FEMALES:											
9-11	795	98.0	61.9	41.5	1.9	31.5	28.1	2.4	53.0	13.9	55.5
12-14	905	98.0	60.1	40.3	3.0	32.6	28.8	3.5	48.5	15.8	56.4
15-18	1,164	95.4	55.1	37.7	3.5	30.8	27.9	3.5	43.2	17.5	55.6
19-22	1,045	93.2	52.0	36.6	1.6	32.5	29.8	2.7	42.6	17.4	51.5
23-34	3,298	95.5	57.3	39.4	4.4	33.1	29.4	4.7	44.8	19.6	51.9
35-50	3,114	97.7	63.3	45.4	3.6	35.6	31.7	6.6	43.9	19.3	55.9
51-64	2,542	97.5	58.8	46.5	5.1	35.4	32.2	7.8	41.2	20.5	57.5
65-74	1,207	96.8	58.3	45.3	6.3	36.6	33.6	7.2	36.1	18.6	49.8
75 AND OVER	688	96.9	54.9	43.2	6.0	34.3	33.0	6.9	40.4	16.0	48.4
ALL INDIVIDUALS	4/30,215	96.6	60.1	43.6	3.9	32.9	29.5	5.4	47.5	17.7	55.3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

ABLE 1J-1.1.--MEAT, POULTRY, FISH[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

8 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
ALES AND FEMALES:											
UNDER 1..........	[4]/68	51	8	1	4	8	8	1	1	(5)	28
1-2.............	[4]/158	110	14	12	1	24	21	1	15	3	40
3-5.............	276	140	23	18	1	28	24	2	20	7	41
6-8.............	255	169	33	18	1	28	25	3	25	10	51
ALES:											
9-11............	137	188	34	22	1	41	39	4	22	8	56
12-14...........	173	221	44	23	1	45	41	3	26	14	65
15-18...........	226	252	45	28	2	54	49	4	26	14	79
19-22...........	136	250	46	25	2	54	47	7	28	11	77
23-34...........	229	303	59	37	4	49	46	4	40	25	86
35-50...........	254	279	47	40	2	57	48	3	35	18	78
51-64...........	195	260	61	36	5	42	38	6	25	25	62
65-74...........	99	246	44	30	4	42	41	7	22	34	62
75 AND OVER.....	62	168	28	39	5	38	32	1	17	19	21
EMALES:											
9-11............	154	170	33	18	2	32	31	3	20	9	52
12-14...........	172	200	37	23	1	37	32	1	24	14	63
15-18...........	243	200	40	24	1	42	38	2	21	14	56
19-22...........	192	197	33	26	1	39	34	1	25	11	62
23-34...........	421	196	37	27	1	36	33	4	26	14	50
35-50...........	493	203	48	23	3	39	33	3	20	16	51
51-64...........	331	192	42	24	3	40	37	4	15	23	41
65-74...........	151	189	31	18	6	30	29	10	15	27	52
75 AND OVER.....	59	153	25	24	4	38	35	3	13	9	37
ALL INDIVIDUALS...	[4]/4,485	204	39	25	2	39	35	4	23	15	56

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY [illegible], 48 CONTERMINOUS STATES.

TABLE 1J-1.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANKFURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELLFISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/68	51.9	15.7	11.9	3.8	19.0	17.8	2.4	7.6	2.2	36.1
1-2.............	4/158	98.7	47.1	58.5	2.4	64.1	62.2	6.7	64.6	18.8	58.3
3-5.............	276	99.0	57.0	60.9	1.4	63.4	60.0	8.2	71.7	24.1	62.7
6-8.............	255	100.0	62.4	59.8	2.9	56.4	52.7	10.0	70.7	24.9	66.7
MALES:											
9-11............	137	100.0	65.7	62.9	1.4	70.5	70.0	8.6	74.8	23.7	66.0
12-14...........	173	100.0	63.6	60.4	1.5	68.4	65.8	7.3	70.9	28.8	67.1
15-18...........	226	99.5	61.1	67.1	2.9	71.3	69.8	9.0	67.7	26.9	67.6
19-22...........	136	100.0	54.7	67.4	3.2	73.5	72.5	10.6	64.9	22.8	71.2
23-34...........	229	100.0	62.5	70.2	6.2	61.4	57.9	7.0	69.1	32.1	68.3
35-50...........	254	100.0	55.8	69.2	2.5	67.2	63.5	7.0	69.6	26.7	64.0
51-64...........	195	100.0	69.6	66.9	9.1	62.5	59.3	12.7	60.9	31.9	60.4
65-74...........	99	100.0	57.4	65.2	7.2	66.3	64.1	14.4	50.2	40.0	53.0
75 AND OVER.....	62	100.0	44.8	81.9	6.8	50.9	45.6	3.2	50.3	29.5	40.6
FEMALES:											
9-11............	154	100.0	60.6	55.6	3.8	66.8	64.5	8.9	71.7	27.0	64.5
12-14...........	172	100.0	62.2	63.1	2.2	63.1	60.7	6.4	67.0	33.5	59.5
15-18...........	243	100.0	61.5	62.5	2.8	71.7	69.5	5.4	65.4	25.4	66.3
19-22...........	192	100.0	53.9	65.4	2.0	69.9	68.3	3.1	60.9	25.5	65.7
23-34...........	421	99.3	57.8	61.5	2.0	60.2	56.4	10.7	68.4	30.6	57.6
35-50...........	493	100.0	63.1	57.6	5.5	64.8	60.8	8.0	58.5	32.5	58.2
51-64...........	331	99.1	58.9	65.0	5.5	64.9	63.0	9.7	46.4	30.8	46.7
65-74...........	151	97.5	52.5	59.9	11.0	53.1	50.2	20.1	49.6	37.7	45.4
75 AND OVER.....	59	100.0	36.9	56.3	9.4	61.5	52.5	6.8	40.7	22.6	39.7
ALL INDIVIDUALS...	4/4,485	98.9	58.5	62.2	4.0	63.9	61.0	8.7	62.8	28.3	60.1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1J-2.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY TOTAL	POULTRY CHICKEN	ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/68	1	0	(5)	1	(5)	(5)	0	0	0	0
1-2.....	4/158	6	1	1	0	2	2	0	1	(5)	2
3-5......	276	17	3	(5)	0	2	2	(5)	2	1	9
6-8.............	255	40	9	2	(5)	5	5	(5)	3	3	18
MALES:											
9-11............	137	41	8	1	0	5	5	0	4	3	20
12-14...........	173	54	13	2	(5)	4	4	0	4	3	27
15-18...........	226	49	11	1	0	7	7	0	5	2	23
19-22...........	136	45	8	1	0	9	9	0	2	3	22
23-34...........	229	62	13	4	1	7	6	1	4	3	32
35-50...........	254	44	7	4	0	6	6	(5)	3	2	22
51-64...........	195	36	11	2	(5)	5	5	(5)	3	2	13
65-74...........	99	12	5	1	0	1	1	0	(5)	(5)	4
75 AND OVER.....	62	5	1	1	(5)	1	1	0	0	0	2
FEMALES:											
9-11............	154	40	7	3	(5)	4	4	1	4	3	19
12-14...........	172	40	8	1	0	4	4	0	4	4	19
15-18...........	243	43	10	2	0	4	4	0	4	4	19
19-22...........	192	45	7	2	0	7	6	0	3	3	23
23-34...........	421	29	6	2	(5)	5	4	(5)	1	3	12
35-50...........	493	18	4	2	(5)	3	2	(5)	1	1	7
51-64...........	331	13	3	1	(5)	2	2	(5)	1	1	5
65-74...........	151	6	1	1	0	2	2	(5)	0	(5)	1
75 AND OVER.....	59	4	(5)	0	0	2	1	0	(5)	0	2
ALL INDIVIDUALS...	4/4,485	31	7	2	(5)	4	4	(5)	2	2	14

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1J-2.2.--MEAT, POULTRY, FISH[1]
PERCENTAGE OF INDIVIDUALS USING,[2][3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	[4]/68	2.8	0.0	1.3	1.4	1.3	1.3	0.0	0.0	0.0	0.0
1-2.............	[4]/158	17.5	4.1	3.2	.0	4.7	4.7	.0	5.6	1.5	5.3
3-5.............	276	31.2	11.4	2.9	.0	6.7	6.2	1.4	10.3	3.3	17.7
6-8.............	255	61.4	26.4	8.7	.4	13.3	11.4	1.1	17.6	8.2	32.5
MALES:											
9-11............	137	64.9	28.9	6.2	.0	14.6	13.2	.0	22.6	10.6	32.2
12-14...........	173	69.2	30.7	7.7	.6	10.0	8.8	.0	20.6	9.0	39.2
15-18...........	226	59.0	21.2	7.2	.0	10.6	10.2	.0	17.6	5.[illegible]	34.0
19-22...........	136	49.3	20.6	7.[illegible]	.0	15.8	15.8	.0	9.8	9.1	28.6
23-34...........	229	50.2	20.6	10.0	1.5	10.7	9.5	1.7	9.2	7.1	[illegible].9
35-50...........	254	40.2	13.4	13.5	.0	8.0	7.6	.6	14.0	3.5	20.[illegible]
51-64...........	195	35.5	17.1	8.1	.7	9.6	9.1	.3	11.6	4.8	15.2
65-74...........	99	13.8	7.1	3.3	.0	2.8	1.8	.0	1.1	1.9	7.8
75 AND OVER.....	62	7.2	1.9	5.3	1.4	1.4	1.4	.0	.0	.0	3.9
FEMALES:											
9-11............	154	61.7	24.4	8.8	.6	12.3	10.5	.9	20.7	12.6	32.9
12-14...........	172	61.5	22.4	5.5	.0	8.9	7.3	.0	13.9	12.4	30.5
15-18...........	243	58.2	20.6	9.4	.0	8.7	8.1	.0	17.2	7.8	32.0
19-22...........	192	43.0	13.3	9.3	.0	15.4	14.7	.0	11.8	6.7	27.2
23-34...........	421	39.5	13.8	7.1	.2	11.3	9.8	1.2	5.6	7.8	17.9
35-50...........	493	27.9	9.6	6.6	.8	5.8	4.6	.6	5.9	2.1	14.3
51-64...........	331	22.1	8.4	3.7	1.3	5.0	5.0	.3	2.7	2.2	9.2
65-74...........	151	10.2	2.3	3.8	.0	3.0	3.0	1.1	.0	1.4	2.2
75 AND OVER.....	59	9.9	1.5	.0	.0	5.5	2.2	.0	1.4	.0	2.9
ALL INDIVIDUALS...	[4]/4,485	40.3	15.3	6.9	.4	8.6	8.0	.6	10.4	5.6	21.0

[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1J-3.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	-----------	-----------	-----------	-----------	-----------	GRAMS	-----------	-----------	-----------	-----------
MALES AND FEMALES:											
UNDER 1..........	4/68	50	8	1	3	7	7	1	1	(5)	28
1-2.............	4/158	104	13	11	1	22	19	1	14	3	38
3-5.............	276	123	20	18	1	26	23	2	19	6	33
6-8.............	255	129	24	16	1	22	20	3	22	8	34
MALES:											
9-11............	137	147	26	21	1	35	34	4	18	5	37
12-14...........	173	167	31	22	(5)	41	37	3	22	11	38
15-18...........	226	203	35	26	2	47	42	4	21	12	55
19-22...........	136	205	38	24	2	44	38	7	25	9	55
23-34...........	229	241	46	32	3	42	40	3	35	21	55
35-50...........	254	235	40	36	2	51	42	3	32	15	56
51-64...........	195	224	49	34	5	37	33	5	22	23	49
65-74...........	99	234	39	29	4	41	40	7	22	34	59
75 AND OVER.....	62	163	27	38	5	37	31	1	17	19	20
FEMALES:											
9-11............	154	129	26	15	2	28	27	2	16	6	33
12-14...........	172	160	29	22	1	33	28	1	20	10	44
15-18...........	243	157	30	22	1	37	34	2	18	10	36
19-22...........	192	152	26	23	1	33	28	1	21	8	38
23-34...........	421	167	32	25	1	31	28	4	25	11	38
35-50...........	493	186	44	22	3	37	31	3	19	15	44
51-64...........	331	178	39	23	3	38	35	4	14	22	36
65-74...........	151	183	30	18	6	28	27	10	15	27	51
75 AND OVER.....	59	149	25	24	4	36	34	3	12	9	35
ALL INDIVIDUALS...	4/4,485	173	33	23	2	35	31	3	21	13	42

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1J-3.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1.........	4/68	50.5	15.7	10.6	3.8	17.7	16.5	2.4	7.6	2.2	36.1
1-2.............	4/158	98.0	46.6	57.5	2.4	63.0	60.5	6.7	61.6	18.3	54.8
3-5.............	276	99.0	51.1	59.2	1.4	60.9	56.9	6.9	66.6	20.8	55.2
6-8.............	255	98.4	51.3	54.8	2.5	49.8	46.5	8.9	59.7	18.2	53.7
MALES:											
9-11............	137	98.9	50.4	59.7	1.4	64.1	63.1	8.6	60.5	14.4	51.0
12-14...........	173	99.1	45.5	57.0	.9	66.5	63.6	7.3	60.5	22.3	49.1
15-18...........	226	98.6	50.4	64.5	2.9	68.1	66.3	9.0	56.4	21.4	51.5
19-22...........	136	97.1	45.4	60.4	3.2	69.0	67.9	10.6	60.6	18.0	56.6
23-34...........	229	99.7	52.2	66.6	4.7	52.9	50.6	5.3	64.7	25.4	47.3
35-50...........	254	96.9	50.2	62.5	2.5	61.3	57.6	6.4	65.8	23.2	52.8
51-64...........	195	96.0	59.2	62.7	8.4	55.0	51.8	12.7	56.0	27.5	49.8
65-74...........	99	100.0	55.6	62.8	7.2	64.5	62.3	14.4	49.1	38.9	50.4
75 AND OVER.....	62	100.0	42.9	80.4	6.8	49.5	44.2	3.2	50.3	29.5	36.7
FEMALES:											
9-11............	154	98.1	50.0	49.8	3.2	60.0	58.4	8.0	59.6	15.4	46.6
12-14...........	172	99.1	52.0	60.3	2.2	60.4	58.0	6.4	59.1	24.3	43.7
15-18...........	243	99.5	51.3	57.5	2.8	67.2	65.6	9.4	55.2	18.9	46.4
19-22...........	192	99.6	45.2	62.8	2.0	59.6	58.0	8.1	54.1	19.9	49.7
23-34...........	421	98.4	48.5	56.8	2.0	55.2	51.6	9.5	65.8	23.5	48.5
35-50...........	493	99.0	56.5	54.4	4.7	61.1	57.9	7.5	55.6	30.5	51.4
51-64...........	331	98.7	54.7	62.5	4.2	62.5	60.6	9.4	43.9	29.0	42.0
65-74...........	151	97.5	51.0	56.1	11.0	52.0	49.1	19.6	49.6	37.2	43.8
75 AND OVER.....	59	97.8	35.4	56.3	9.4	57.8	50.3	6.8	39.3	22.6	36.9
ALL INDIVIDUALS...	4/4,485	97.8	50.5	58.6	3.6	59.4	56.7	8.2	57.2	23.6	49.1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 1K-1.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SPRING 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/75	69	9	2	3	5	4	(5)	1	(5)	48
1-2.............	4/246	99	21	8	1	15	14	1	14	4	36
3-5.............	404	122	25	10	1	17	15	1	16	6	46
6-8.............	428	149	33	13	1	19	17	1	16	8	57
MALES:											
9-11............	196	163	40	18	3	20	19	2	20	11	69
12-14...........	295	215	53	18	1	26	24	1	22	10	84
15-18...........	365	267	73	25	1	33	29	3	24	10	95
19-22...........	256	306	90	27	1	38	36	2	31	13	104
23-34...........	708	287	81	28	2	30	27	2	30	16	98
35-50...........	714	291	75	28	2	34	29	4	24	17	107
51-64...........	579	275	75	29	3	31	28	5	24	21	86
65-74...........	270	228	52	27	2	25	22	3	18	20	81
75 AND OVER.....	114	198	51	31	3	24	21	3	19	9	59
FEMALES:											
9-11............	222	160	37	14	1	24	22	1	17	7	60
12-14...........	295	178	43	15	1	23	20	1	17	9	67
15-18...........	374	180	45	18	1	25	24	1	16	10	62
19-22...........	300	185	43	20	1	27	25	1	16	9	61
23-34...........	865	184	45	17	2	23	21	2	15	12	67
35-50...........	838	191	51	19	2	28	23	3	14	13	63
51-64...........	715	197	43	19	3	26	23	3	12	16	60
65-74...........	346	163	34	20	3	28	24	3	13	12	51
75 AND OVER.....	173	144	32	16	4	20	18	4	10	7	52
ALL INDIVIDUALS...	4/8,780	207	53	20	2	26	23	2	19	12	72

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 1K-1.2.--MEAT, POULTRY, FISH[1]
PERCENTAGE OF INDIVIDUALS USING,[2][3] SPRING 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	[4]/75	62.2	20.0	11.0	6.6	17.5	14.2	2.1	10.3	2.7	49.2
1-2.............	[4]/246	99.2	60.1	45.3	3.2	37.8	35.2	4.3	54.8	16.4	61.1
3-5.............	404	99.1	64.5	47.6	2.6	37.7	36.2	4.2	59.8	24.0	62.1
6-8.............	428	99.5	66.4	50.1	2.6	43.1	39.4	4.8	57.9	25.4	70.5
MALES:											
9-11............	196	100.0	67.2	49.3	4.2	37.1	33.8	3.4	65.1	28.1	75.3
12-14...........	296	100.0	71.0	44.7	1.9	42.5	39.1	2.1	54.0	24.5	70.7
15-18...........	365	100.0	72.3	56.7	1.8	42.4	37.3	5.5	60.0	20.1	73.8
19-22...........	256	99.2	73.0	52.7	.9	44.5	41.9	3.4	62.7	20.3	74.6
23-34...........	708	98.7	73.7	51.2	3.9	36.1	31.8	5.4	59.7	27.6	71.9
35-50...........	714	100.0	75.9	55.1	4.4	43.3	40.3	7.6	54.2	29.4	72.9
51-64...........	579	100.0	75.0	55.1	4.8	41.8	39.3	10.9	54.6	30.2	65.4
65-74...........	270	99.7	67.7	58.7	4.0	41.0	37.2	9.8	53.0	28.5	66.3
75 AND OVER.....	114	98.3	65.9	52.3	7.3	36.8	32.5	9.5	48.3	21.6	55.0
FEMALES:											
9-11............	222	99.0	68.8	46.5	1.6	46.2	42.2	3.1	61.0	22.0	68.8
12-14...........	295	100.0	66.5	52.1	3.2	42.4	38.8	4.2	56.7	26.5	69.9
15-18...........	374	99.3	66.7	46.7	3.4	47.5	44.6	3.5	52.2	19.4	65.6
19-22...........	300	98.2	68.5	47.3	3.0	42.2	39.9	3.1	50.4	22.1	63.2
23-34...........	865	97.3	65.3	46.8	3.6	40.0	35.6	4.7	47.9	27.8	61.2
35-50...........	839	99.6	70.3	49.4	4.3	45.1	41.0	7.0	43.8	28.7	65.1
51-64...........	715	99.5	68.6	49.4	5.0	43.4	38.8	9.2	41.2	30.8	62.7
65-74...........	346	98.0	62.6	51.1	6.9	47.5	41.9	7.4	44.2	24.4	58.2
75 AND OVER.....	173	98.3	59.1	48.3	9.1	39.5	35.1	10.0	34.1	20.5	53.6
ALL INDIVIDUALS...	[4]/8,780	99.9	68.6	50.2	3.9	41.8	38.1	6.1	52.5	25.8	66.3

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 1K-2.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SPRING 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/75	3	(5)	(5)	0	(5)	(5)	(5)	0	0	2
1-2..............	4/246	11	2	1	(5)	2	2	0	1	(5)	5
3-5..............	404	19	3	1	(5)	2	2	(5)	2	1	9
6-8..............	428	39	7	1	(5)	4	3	(5)	2	3	21
MALES:											
9-11.............	196	47	8	1	0	4	4	(5)	3	4	27
12-14............	296	48	11	1	(5)	5	4	0	3	2	27
15-18............	365	61	15	1	(5)	5	4	0	4	2	33
19-22............	256	82	26	4	(5)	11	10	1	4	5	34
23-34............	708	78	22	6	(5)	7	6	(5)	5	5	33
35-50............	714	66	16	4	1	6	5	1	3	6	30
51-64............	579	49	12	3	(5)	6	5	(5)	2	5	19
65-74............	270	29	5	3	(5)	3	2	(5)	1	3	13
75 AND OVER......	114	23	6	2	0	4	3	0	(5)	1	9
FEMALES:											
9-11.............	222	35	6	1	(5)	4	3	0	3	2	19
12-14............	295	44	8	1	(5)	4	3	0	3	4	24
15-18............	374	45	12	2	1	5	4	(5)	2	2	22
19-22............	300	48	12	3	(5)	7	6	(5)	1	2	23
23-34............	865	45	10	3	1	4	4	(5)	2	3	21
35-50............	838	34	8	2	1	5	4	(5)	1	3	14
51-64............	715	26	7	1	(5)	3	3	(5)	1	3	10
65-74............	346	20	3	2	1	2	2	(5)	(5)	2	9
75 AND OVER......	173	14	3	2	1	3	2	(5)	0	1	5
ALL INDIVIDUALS...	4/8,780	44	10	2	(5)	5	4	(5)	2	3	20

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 1K-2.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ SPRING 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/75	7.1	2.6	1.1	0.0	1.7	1.7	1.1	0.0	0.0	4.5
1-2..............	4/246	34.5	10.6	3.8	.5	6.3	5.9	.0	5.4	.4	15.6
3-5..............	404	40.2	11.6	4.2	.4	7.0	6.1	.3	9.6	3.3	20.2
6-8..............	428	60.5	18.2	7.1	.2	11.4	9.4	.7	12.6	9.1	36.0
MALES:											
9-11.............	196	66.1	22.1	7.7	.0	8.3	6.9	.5	15.3	9.7	41.7
12-14............	296	58.1	21.9	4.0	.3	8.8	6.3	.0	9.2	8.0	36.8
15-18............	365	60.6	25.4	6.3	.3	9.4	4.9	.0	13.5	5.3	38.7
19-22............	256	60.3	28.7	10.4	.5	14.6	13.0	.8	11.4	7.9	36.2
23-34............	708	63.0	29.3	16.1	.9	11.1	8.7	.9	14.3	9.4	36.7
35-50............	714	58.1	25.1	12.3	1.5	8.9	7.2	1.9	11.8	11.0	35.5
51-64............	579	42.8	18.7	8.6	.6	9.7	8.1	.6	7.0	9.4	22.5
65-74............	270	33.2	11.2	6.7	.3	6.6	4.5	.4	4.8	5.9	17.9
75 AND OVER......	114	23.7	12.6	6.2	.0	8.1	8.1	.0	1.8	3.8	10.8
FEMALES:											
9-11.............	222	55.3	16.4	6.2	.9	11.3	8.4	.0	14.2	7.0	32.8
12-14............	295	61.1	16.4	6.3	.9	9.8	7.4	.0	13.4	10.9	34.1
15-18............	374	54.0	20.2	7.6	1.6	9.4	7.4	.2	10.9	5.4	32.5
19-22............	300	56.8	24.3	10.1	.8	11.1	9.5	.3	6.8	7.1	33.1
23-34............	865	52.7	19.2	11.3	1.3	10.7	8.8	.6	9.8	9.1	26.8
35-50............	838	43.8	14.9	8.9	1.4	9.2	6.5	.6	5.9	7.0	22.9
51-64............	715	37.7	14.4	5.0	.8	7.8	5.8	.8	4.6	7.9	17.3
65-74............	346	29.4	8.5	6.6	1.9	6.1	4.3	.6	2.4	4.0	16.6
75 AND OVER......	173	21.7	6.5	5.5	1.4	7.4	5.5	.7	.0	3.8	7.1
ALL INDIVIDUALS...	4/8,780	49.2	18.6	8.5	.9	9.3	7.3	.6	9.0	7.5	27.6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 1K-3.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SPRING 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	-----	-----	-----	-----	-----	GRAMS	-----	-----	-----	-----
ALES AND FEMALES:											
UNDER 1..........	4/75	67	9	2	3	5	4	(5)	1	(5)	46
1-2..............	4/246	88	19	7	1	13	13	1	13	4	31
3-5..............	404	103	22	9	1	14	14	1	14	6	37
6-8..............	428	110	27	11	1	15	14	1	14	5	36
ALES:											
9-11.............	196	136	33	17	3	16	15	2	17	7	42
12-14............	295	166	42	17	1	22	20	1	19	8	56
15-18............	365	206	65	23	1	28	24	3	21	8	61
19-22............	256	224	54	23	(5)	27	25	1	28	9	70
23-34............	708	209	60	22	2	23	21	1	25	11	65
35-50............	714	226	59	24	2	28	24	3	21	12	76
51-64............	579	226	64	26	3	25	23	5	22	15	67
65-74............	270	200	45	25	2	22	20	3	17	17	68
75 AND OVER......	114	175	44	29	3	20	19	3	18	8	50
EMALES:											
9-11.............	222	125	31	13	1	20	19	1	14	5	41
12-14............	295	134	35	15	1	20	17	1	14	5	43
15-18............	374	135	34	17	1	20	19	1	14	8	40
19-22............	300	137	35	17	1	21	19	1	15	7	38
23-34............	865	138	35	14	1	18	17	2	13	8	45
35-50............	839	157	43	17	1	23	19	3	13	9	48
51-64............	715	161	42	17	2	22	20	3	11	13	51
65-74............	345	143	31	19	2	25	23	3	13	10	42
75 AND OVER......	173	130	29	14	3	17	16	4	10	5	47
LL INDIVIDUALS...	4/8,780	163	43	18	2	21	19	2	16	9	52

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 1K-3.2.--MEAT, POULTRY, FISH[1]
PERCENTAGE OF INDIVIDUALS USING,[2][3] SPRING 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1...........	[4]/75	62.2	20.0	9.9	6.6	15.8	12.5	1.0	10.3	2.7	45.8
1-2...............	[4]/245	96.4	53.7	43.2	2.7	34.4	32.2	4.3	53.4	16.0	54.2
3-5...............	404	96.8	58.1	44.5	2.2	33.2	31.7	3.9	54.9	20.9	54.5
6-8...............	428	98.4	59.6	45.8	2.4	34.0	32.2	4.1	49.8	18.5	53.4
MALES:											
9-11..............	195	98.8	56.9	44.7	4.2	29.7	27.8	2.9	57.7	19.1	57.6
12-14.............	296	98.7	60.5	42.0	1.5	36.2	34.5	2.1	50.0	17.5	56.3
15-18.............	365	99.0	64.1	53.4	1.5	36.0	33.9	5.5	52.2	15.2	55.9
19-22.............	256	96.2	59.6	45.6	.4	34.3	33.0	2.6	57.2	13.0	59.6
23-34.............	708	93.8	59.8	42.2	2.9	27.3	24.8	4.5	50.5	19.4	51.9
35-50.............	714	98.1	64.2	48.7	2.8	36.7	34.2	5.7	45.8	20.0	57.7
51-64.............	579	97.5	66.9	50.0	4.5	34.4	32.3	10.3	50.0	22.3	55.1
65-74.............	270	99.4	62.3	54.8	3.7	35.8	32.9	9.8	51.6	23.9	56.8
75 AND OVER......	114	98.3	60.2	59.9	7.3	32.3	28.0	9.5	45.5	17.8	48.1
FEMALES:											
9-11..............	222	97.4	59.6	42.8	.8	41.6	38.5	3.1	54.7	15.8	50.5
12-14.............	295	98.4	59.2	47.0	2.4	37.4	34.9	4.2	49.4	17.6	53.7
15-18.............	374	94.4	54.9	40.7	2.2	41.2	39.3	3.3	45.3	14.7	45.7
19-22.............	300	93.5	54.7	40.1	2.2	35.4	33.7	2.8	47.0	16.3	44.8
23-34.............	865	93.9	54.7	39.3	2.4	32.1	29.0	4.0	42.0	20.5	48.1
35-50.............	838	97.1	62.4	44.7	3.1	39.0	35.9	6.5	45.0	22.0	53.6
51-64.............	715	97.8	63.0	47.0	4.2	37.8	34.5	8.7	35.3	24.4	53.4
65-74.............	346	96.4	56.8	47.7	4.9	42.6	38.7	6.8	42.2	21.4	46.9
75 AND OVER......	173	96.2	53.8	43.6	7.7	33.4	30.4	9.2	34.1	16.8	49.6
ALL INDIVIDUALS...	[4]/8,780	96.4	59.5	45.1	3.0	35.2	32.7	5.5	47.3	19.4	52.8

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[1]/ SEE "TABLE NOTES," APPENDIX B.
[2]/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3]/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4]/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

ABLE 1L-1.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SUMMER 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/120	55	5	6	1	6	4	1	3	0	33
1-2.............	4/249	100	23	7	(5)	13	11	1	15	4	37
3-5.............	425	125	32	9	1	18	16	2	19	5	40
6-8.............	454	154	36	14	2	19	18	1	21	7	54
MALES:											
9-11............	233	194	48	15	1	23	21	2	22	8	74
12-14...........	274	207	54	18	2	25	23	2	24	8	74
15-18...........	320	276	63	28	2	30	27	3	30	10	111
19-22...........	261	269	75	23	1	28	23	4	30	12	98
23-34...........	655	285	74	23	3	31	24	2	28	19	105
35-50...........	664	294	85	34	3	32	29	2	31	15	92
51-64...........	520	255	70	27	2	31	28	3	29	18	75
65-74...........	239	224	55	19	4	31	27	4	18	16	77
75 AND OVER.....	118	210	76	24	3	15	14	2	19	12	60
FEMALES:											
9-11............	265	155	42	12	1	18	17	1	21	5	55
12-14...........	288	170	43	14	1	23	21	1	21	8	59
15-18...........	382	188	44	15	2	22	19	1	19	14	72
19-22...........	372	180	44	16	(5)	21	19	(5)	14	12	73
23-34...........	975	188	51	16	3	24	22	3	18	12	61
35-50...........	936	189	52	17	2	22	20	2	18	14	62
51-64...........	751	191	48	19	3	25	23	2	15	15	63
65-74...........	342	156	37	15	5	23	22	3	11	12	50
75 AND OVER.....	194	156	3[illegible]	20	3	26	25	2	12	6	47
ALL INDIVIDUALS...	4/9,037	202	53	19	2	24	22	2	21	12	69

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 1L-1.2.--MEAT, POULTRY, FISH[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3] SUMMER 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/120	52.2	13.3	11.0	5.0	17.8	14.6	2.2	8.2	0.0	36.5
1-2.............	4/249	97.0	68.4	40.3	1.3	37.6	36.5	8.2	60.9	15.9	59.9
3-5.............	425	99.1	70.3	39.1	2.5	43.1	39.8	6.7	65.2	18.5	63.9
6-8.............	454	100.0	66.7	48.3	3.2	40.9	38.3	3.9	66.9	21.4	63.4
MALES:											
9-11............	233	100.0	69.5	43.7	2.9	41.2	38.2	7.1	64.5	18.0	69.9
12-14...........	274	99.7	69.4	52.7	4.1	41.1	38.0	5.4	63.6	18.2	69.4
15-18...........	320	99.7	68.1	60.5	1.9	42.1	39.5	7.0	65.2	21.4	72.2
19-22...........	261	100.0	80.4	47.2	1.1	44.1	38.4	8.0	59.8	17.9	76.1
23-34...........	655	99.8	74.2	50.7	4.0	35.8	30.3	4.2	57.7	27.0	71.4
35-50...........	664	99.4	78.1	61.0	4.4	41.1	38.1	4.7	64.0	23.2	69.6
51-64...........	520	99.2	76.1	57.0	4.2	47.5	43.7	7.6	60.8	29.9	65.0
65-74...........	239	100.0	68.6	46.5	4.4	44.8	42.8	9.9	52.1	28.2	64.4
75 AND OVER.....	118	100.0	74.6	56.9	4.8	23.7	21.9	6.8	47.5	19.2	49.5
FEMALES:											
9-11............	265	100.0	71.1	42.6	2.3	37.3	33.8	4.3	66.2	20.1	64.1
12-14...........	288	99.7	68.5	42.9	2.5	45.3	41.9	4.9	61.5	20.5	60.9
15-18...........	382	99.6	65.8	42.2	2.8	38.1	34.8	2.9	54.6	29.2	67.7
19-22...........	372	98.6	67.6	45.3	.6	39.6	38.3	.6	49.9	24.9	66.8
23-34...........	975	98.3	69.6	49.1	4.8	44.4	40.2	6.5	56.0	24.7	60.9
35-50...........	936	99.4	72.6	50.1	3.1	39.8	36.3	7.5	53.0	26.4	64.0
51-64...........	751	99.2	69.5	53.8	5.2	41.6	38.4	8.0	46.6	27.2	61.2
65-74...........	342	99.1	65.3	50.3	10.0	43.7	42.0	8.8	39.4	30.1	58.6
75 AND OVER.....	194	98.4	60.3	51.7	7.7	42.0	40.2	7.1	46.2	16.9	45.0
ALL INDIVIDUALS...	4/9,037	98.6	70.0	49.4	3.8	41.0	37.7	6.1	56.4	23.7	64.3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 1L-2.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SUMMER 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1.........	4/120	(5)	0	(5)	0	(5)	(5)	0	0	0	(5)
1-2.............	4/249	9	3	(5)	0	1	1	(5)	1	1	3
3-5.............	425	14	3	1	0	1	1	(5)	1	1	7
6-8.............	454	26	5	1	(5)	3	3	0	2	1	13
MALES:											
9-11............	233	32	5	1	(5)	3	3	0	3	1	18
12-14...........	274	36	9	2	(5)	2	2	(5)	3	1	19
15-18...........	320	56	13	3	0	3	3	0	5	2	30
19-22...........	261	71	16	5	0	4	3	2	4	3	36
23-34...........	655	77	21	4	(5)	4	3	1	4	6	38
35-50...........	664	60	17	4	1	4	3	1	4	6	24
51-64...........	520	44	17	2	(5)	4	3	(5)	3	3	15
65-74...........	239	30	6	2	(5)	3	3	0	1	1	17
75 AND OVER.....	118	12	3	(5)	(5)	1	1	(5)	(5)	2	6
FEMALES:											
9-11............	265	29	8	1	0	2	2	(5)	3	1	14
12-14...........	288	27	5	1	0	2	2	0	3	1	15
15-18...........	382	42	9	2	(5)	3	3	0	3	5	21
19-22...........	372	48	9	4	(5)	4	3	(5)	2	5	25
23-34...........	975	39	10	2	(5)	4	4	(5)	2	2	19
35-50...........	936	30	7	3	(5)	2	2	(5)	2	4	12
51-64...........	751	24	6	1	(5)	4	3	(5)	2	4	7
65-74...........	342	18	4	2	(5)	4	3	1	(5)	2	4
75 AND OVER.....	194	12	3	(5)	1	1	1	0	(5)	2	5
ALL INDIVIDUALS...	4/9,037	37	9	2	(5)	3	3	(5)	2	3	17

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 1L-2.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ SUMMER 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1	4/120	2.2	0.0	1.3	0.0	0.8	0.8	0.0	0.0	0.0	0.8
1-2	4/249	27.6	10.7	3.3	.0	3.3	3.0	.3	8.8	2.8	10.8
3-5	425	30.9	10.1	3.4	.0	3.5	3.1	.2	7.1	4.1	15.1
6-8	454	41.6	12.9	5.2	.4	6.4	5.3	.0	13.0	3.7	22.9
MALES:											
9-11	233	44.5	13.6	3.6	.4	8.4	7.5	.0	14.8	4.6	22.3
12-14	274	51.1	20.3	6.0	.6	4.1	3.5	.5	13.3	3.8	28.2
15-18	320	56.6	21.5	7.9	.0	6.0	5.0	.0	14.3	4.2	32.6
19-22	261	60.2	28.5	10.4	.0	10.2	6.2	2.3	14.2	5.2	38.5
23-34	655	59.3	31.8	11.4	.6	7.5	5.7	1.1	12.2	10.3	35.9
35-50	664	50.3	22.2	14.2	.6	7.1	5.3	1.0	12.3	7.9	28.7
51-64	520	47.2	25.7	9.2	.5	7.0	6.0	.4	12.2	7.6	22.1
65-74	239	30.8	13.4	5.7	.7	6.5	6.1	.0	3.0	3.2	18.2
75 AND OVER	118	15.3	5.7	1.7	.7	3.0	3.0	.8	1.6	2.5	4.8
FEMALES:											
9-11	265	49.1	20.6	4.7	.0	4.7	3.9	.3	14.6	4.3	25.5
12-14	288	42.1	14.5	2.8	.0	4.8	3.7	.0	12.1	2.4	24.4
15-18	382	51.8	18.3	7.2	.3	5.1	4.4	.0	11.5	9.4	27.6
19-22	372	54.9	19.5	7.4	.6	5.5	5.5	.6	9.9	10.5	31.4
23-34	975	48.5	19.1	8.8	.6	8.6	7.2	.4	8.2	6.0	23.6
35-50	936	41.6	16.2	7.9	.8	5.9	4.1	.6	6.6	6.9	18.1
51-64	751	33.6	15.1	3.4	.9	7.2	5.8	.3	6.2	7.3	14.7
65-74	342	29.9	10.0	6.4	.5	8.1	6.9	1.3	1.4	6.6	9.4
75 AND OVER	194	20.9	6.0	1.5	1.8	3.3	1.6	.0	2.9	3.7	9.7
ALL INDIVIDUALS	4/9,037	43.6	17.9	7.1	.5	6.4	5.1	.5	9.4	6.2	22.6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 1L-3.1.--MEAT, POULTRY, FISH1/ AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SUMMER 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/120	55	5	6	1	6	4	1	3	0	33
1-2..............	4/249	91	20	6	(5)	12	11	1	14	3	34
3-5..............	425	110	28	8	1	17	15	2	18	4	32
6-8..............	454	129	31	13	2	16	15	1	19	6	41
MALES:											
9-11.............	233	162	43	14	1	20	18	2	19	7	56
12-14............	274	171	45	16	2	23	21	2	21	7	55
15-18............	320	220	50	24	2	26	24	3	25	9	81
19-22............	261	198	58	18	1	23	20	2	26	9	61
23-34............	655	208	54	19	2	26	21	2	24	14	67
35-50............	664	234	68	30	2	28	26	2	27	9	68
51-64............	520	210	53	26	2	27	25	3	25	14	60
65-74............	239	194	48	16	4	28	25	4	17	14	60
75 AND OVER.....	118	198	74	24	3	13	12	1	19	11	54
FEMALES:											
9-11.............	265	126	34	11	1	16	15	1	18	4	41
12-14............	288	143	38	13	1	20	19	1	18	7	45
15-18............	382	146	35	13	2	19	17	1	16	9	50
19-22............	372	132	35	12	0	17	16	0	12	7	49
23-34............	975	149	42	14	2	20	18	3	16	10	43
35-50............	936	159	45	15	1	20	18	2	16	10	50
51-64............	751	167	43	19	2	21	19	2	13	11	56
65-74............	342	139	33	14	5	19	18	2	11	10	45
75 AND OVER.....	194	144	36	20	3	25	24	2	12	4	42
ALL INDIVIDUALS...	4/9,037	165	44	17	2	21	19	2	18	9	52

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 1L-3.2.--MEAT, POULTRY, FISH[1]
PERCENTAGE OF INDIVIDUALS USING,[2][3] SUMMER 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	[4]/120	51.3	13.3	9.6	5.0	17.0	13.8	2.2	8.2	0.0	35.7
1-2.............	[4]/249	96.3	62.5	37.8	1.3	35.3	34.0	7.9	56.4	14.1	54.2
3-5.............	425	98.9	65.9	37.2	2.5	41.3	38.2	6.5	61.5	15.1	55.8
6-8.............	454	99.2	61.7	44.5	3.0	36.2	34.2	3.9	60.7	18.3	53.8
MALES:											
9-11............	233	98.5	64.3	52.0	2.6	35.3	32.8	7.1	58.4	14.5	60.8
12-14...........	274	98.4	59.8	49.4	3.8	37.9	35.1	4.9	56.5	15.4	56.8
15-18...........	320	96.6	58.3	54.0	1.9	39.2	37.0	7.0	55.5	18.1	56.4
19-22...........	261	95.1	67.3	39.3	1.1	38.4	33.8	5.7	52.5	14.2	56.0
23-34...........	655	95.2	58.4	43.5	3.4	30.1	25.7	3.1	50.5	18.8	49.5
35-50...........	664	97.3	69.0	52.9	3.7	35.6	33.9	3.7	58.2	16.2	54.7
51-64...........	520	96.3	63.9	52.7	3.8	41.2	38.4	7.2	56.9	23.4	52.2
65-74...........	239	98.6	62.8	41.2	3.6	40.9	38.4	9.9	50.0	27.5	52.3
75 AND OVER.....	118	100.0	71.3	55.2	4.8	20.7	18.9	6.0	45.9	16.7	44.7
FEMALES:											
9-11............	265	98.7	62.6	39.3	2.3	34.1	30.9	4.0	60.5	15.7	51.2
12-14...........	288	98.1	62.6	41.0	2.5	41.9	38.9	4.9	55.4	19.2	48.5
15-18...........	382	97.4	56.4	38.4	2.5	34.5	31.4	2.9	48.8	20.7	52.9
19-22...........	372	95.1	58.4	40.5	.0	34.5	33.2	.0	42.5	16.0	51.9
23-34...........	975	96.3	60.8	43.1	4.1	37.9	34.7	6.1	51.1	20.2	48.0
35-50...........	936	97.9	64.0	44.7	2.3	35.8	33.2	7.0	49.6	20.6	54.7
51-64...........	751	97.7	60.8	51.5	4.3	36.1	34.3	7.7	42.6	20.8	54.3
65-74...........	342	97.7	59.7	46.8	9.5	35.9	35.4	7.8	38.9	24.8	52.8
75 AND OVER.....	194	96.9	55.3	51.2	5.9	40.4	38.6	7.1	44.3	13.2	40.7
ALL INDIVIDUALS...	[4]/9,037	96.7	61.4	44.9	3.3	36.3	33.7	5.6	51.4	18.6	52.4

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 1M-1.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ FALL 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/105	43	4	1	2	6	6	0	1	(5)	29
1-2..............	4/256	107	20	10	1	13	11	1	14	3	44
3-5..............	482	125	26	12	1	16	14	1	16	4	49
6-8..............	487	159	35	12	2	20	17	2	18	7	66
MALES:											
9-11.............	278	202	47	15	1	27	23	2	19	6	86
12-14............	307	226	50	21	2	26	22	2	22	8	95
15-18............	329	270	61	25	3	29	25	2	24	8	117
19-22............	245	279	78	25	3	28	22	4	29	12	101
23-34............	626	302	74	29	4	30	23	3	33	16	112
35-50............	558	284	77	29	5	30	24	2	30	14	96
51-64............	503	270	70	29	4	28	24	7	25	16	90
65-74............	267	223	47	26	8	29	23	4	17	15	77
75 AND OVER......	110	204	46	26	3	32	30	2	14	9	73
FEMALES:											
9-11.............	245	180	42	14	1	19	16	1	18	7	79
12-14............	297	193	46	18	1	18	16	1	18	8	82
15-18............	363	190	[illegible]	17	2	20	16	2	14	7	81
19-22............	308	187	44	24	1	24	20	1	16	12	64
23-34............	1,066	184	46	18	3	21	18	2	16	9	69
35-50............	1,037	193	53	20	2	24	20	5	14	11	64
51-64............	774	186	44	16	3	26	23	3	13	12	70
65-74............	354	165	43	15	5	23	18	3	10	11	55
75 AND OVER......	198	154	34	11	4	20	18	2	13	9	60
ALL INDIVIDUALS...	4/9,196	204	50	20	3	24	20	3	19	10	76

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 1M-1.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ FALL 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/105	51.6	20.5	9.0	6.6	15.3	15.3	0.0	6.2	4.0	29.8
1-2..............	4/256	99.7	59.3	49.1	5.6	43.3	37.9	6.9	58.4	16.9	63.8
3-5..............	482	99.5	65.4	50.0	3.9	47.3	41.2	5.6	64.1	17.2	66.0
6-8..............	487	99.8	66.8	43.0	4.9	49.2	44.0	6.8	64.6	21.8	73.9
MALES:											
9-11.............	278	99.7	72.1	45.4	2.4	54.8	48.5	7.5	61.0	18.3	75.2
12-14............	307	100.0	68.8	52.9	3.5	47.8	41.1	5.2	64.9	20.9	77.6
15-18............	329	100.0	69.0	54.7	5.0	48.3	43.0	5.8	56.5	20.9	76.9
19-22............	245	98.9	69.4	48.4	4.2	45.8	36.9	6.6	58.9	20.4	65.8
23-34............	626	99.4	72.9	57.0	5.2	41.0	33.3	5.9	60.3	25.5	69.0
35-50............	558	99.8	74.7	57.1	8.0	40.6	35.5	6.4	63.5	22.9	69.7
51-64............	503	99.7	73.2	60.5	6.4	45.6	38.4	16.0	57.3	28.0	72.3
65-74............	267	97.8	60.3	54.5	9.7	46.6	40.5	10.2	45.9	26.0	60.0
75 AND OVER......	110	98.8	66.1	59.2	9.2	49.8	47.1	6.6	49.9	16.7	63.5
FEMALES:											
9-11.............	245	100.0	72.2	50.9	2.3	48.3	43.1	3.8	65.3	21.5	77.4
12-14............	297	99.1	71.2	50.8	3.2	41.9	36.8	2.6	59.9	21.0	76.8
15-18............	363	99.8	65.6	47.7	4.9	40.7	34.6	5.3	52.5	20.3	72.7
19-22............	308	99.1	61.2	51.4	3.1	47.7	41.7	4.2	53.9	27.6	66.7
23-34............	1,066	99.5	64.7	49.3	5.4	41.8	36.9	5.6	52.3	21.7	65.0
35-50............	1,037	99.7	71.8	53.4	3.6	49.0	43.4	8.3	47.4	26.7	62.0
51-64............	774	99.5	62.6	50.4	6.5	47.2	43.2	7.1	45.2	25.4	65.7
65-74............	354	99.5	66.7	46.3	7.8	42.9	36.6	8.1	35.9	23.2	56.6
75 AND OVER......	198	97.9	52.8	42.3	7.8	40.5	36.7	4.1	43.4	19.4	62.1
ALL INDIVIDUALS...	4/9,196	98.9	67.1	51.0	5.3	45.1	39.4	6.8	54.2	22.7	67.5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 1M-2.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ FALL 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/105	1	(5)	(5)	0	(5)	(5)	0	(5)	0	(5)
1-2.............	4/256	9	2	(5)	(5)	1	1	0	1	(5)	5
3-5.............	482	16	3	1	(5)	2	2	(5)	2	1	8
6-8.............	487	43	9	1	(5)	5	4	(5)	3	2	22
MALES:											
9-11............	278	59	11	1	(5)	7	6	(5)	5	3	32
12-14...........	307	62	11	3	(5)	5	4	(5)	5	4	35
15-18...........	329	74	14	3	(5)	5	4	(5)	3	2	45
19-22...........	245	64	17	3	1	6	3	0	3	2	32
23-34...........	626	63	17	3	1	6	3	(5)	4	5	27
35-50...........	558	63	18	4	(5)	6	4	(5)	3	5	28
51-64...........	503	48	12	2	1	4	4	1	3	4	20
65-74...........	267	27	8	2	2	2	2	(5)	1	4	7
75 AND OVER.....	110	24	7	2	(5)	3	2	(5)	(5)	1	11
FEMALES:											
9-11............	245	46	8	1	0	5	4	(5)	4	3	24
12-14...........	297	53	10	2	(5)	2	2	0	4	3	31
15-18...........	363	50	13	2	(5)	3	2	0	3	2	28
19-22...........	308	44	7	3	0	6	5	0	4	2	21
23-34...........	1,066	37	9	2	(5)	4	3	(5)	1	2	18
35-50...........	1,037	31	7	2	(5)	4	3	1	1	3	14
51-64...........	774	31	7	1	(5)	4	3	(5)	1	4	15
65-74...........	354	24	5	2	(5)	3	2	(5)	(5)	2	10
75 AND OVER.....	198	22	4	1	0	4	2	0	1	2	11
ALL INDIVIDUALS...	4/9,196	42	10	2	(5)	4	3	(5)	2	3	20

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 1M-2.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ FALL 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURE MAINLY MEAT, POULTRY FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/105	4.2	1.6	0.9	0.0	0.9	0.9	0.0	0.9	0.0	0.8
1-2..............	4/256	21.5	6.6	1.5	.2	5.0	4.2	.0	5.7	.6	10.8
3-5..............	482	34.1	11.3	3.5	.3	6.7	5.0	.5	10.0	2.9	17.9
6-8.	487	65.9	26.1	4.8	.9	12.6	9.7	.7	16.6	8.7	38.9
MALES:											
9-11.............	278	71.7	28.6	5.8	.9	16.5	13.0	.3	21.2	9.0	43.8
12-14............	307	71.2	26.6	9.2	.3	9.9	7.6	.4	19.0	10.6	47.9
15-18............	329	66.7	26.8	10.2	.2	10.6	8.0	.5	12.6	8.4	44.4
19-22............	245	55.7	28.4	11.1	1.1	12.7	7.4	.0	11.5	5.4	29.4
23-34............	626	59.5	29.2	11.8	1.6	8.4	4.7	.2	12.3	9.3	29.9
35-50............	558	54.7	27.2	13.8	1.1	8.4	6.3	1.6	12.8	9.1	31.5
51-64............	503	39.8	21.0	8.3	2.0	7.8	6.3	1.6	7.0	8.4	21.3
65-74............	267	30.4	13.7	6.4	1.8	4.7	4.2	1.0	4.4	6.7	12.0
75 AND OVER......	110	27.3	12.3	6.4	1.8	8.1	5.7	.6	.6	3.2	15.2
FEMALES:											
9-11.............	245	69.1	24.4	6.4	.0	15.1	9.5	.2	18.3	10.8	42.5
12-14............	297	68.4	26.5	6.7	.2	8.4	5.6	.0	18.6	9.5	42.4
15-18............	363	64.4	28.2	8.1	1.1	9.0	5.5	.0	12.6	7.3	39.0
19-22............	308	53.7	16.5	10.0	.0	13.7	10.6	.0	13.2	7.0	28.1
23-34............	1,066	46.8	18.4	10.3	.6	10.0	7.4	1.0	6.4	7.1	23.9
35-50............	1,037	42.3	15.6	8.4	.5	8.3	6.4	1.0	5.9	8.2	20.3
51-64............	774	41.3	16.0	5.7	.5	9.4	7.0	1.1	3.9	8.6	19.4
65-74............	354	35.9	14.9	8.2	.9	8.0	5.5	.5	3.4	4.3	16.2
75 AND OVER......	198	31.3	10.5	3.5	.0	9.9	5.0	.0	3.3	5.9	15.2
ALL INDIVIDUALS...	4/9,196	49.2	20.2	8.0	.8	9.4	6.8	.7	9.7	7.5	20.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

ABLE 1M-3.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ FALL 1977

OOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY: TOTAL	POULTRY: CHICKEN	ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
	NUMBER	GRAMS									
ALES AND FEMALES:											
UNDER 1	4/105	43	4	1	2	6	6	0	1	(5)	28
1-2	4/256	97	18	10	1	12	10	1	13	3	39
3-5	482	109	22	12	1	14	12	1	15	4	41
6-8	487	117	26	11	1	15	13	1	15	4	44
ALES:											
9-11	278	143	36	13	1	20	18	2	14	3	54
12-14	307	164	39	18	1	21	18	2	18	5	59
15-18	329	196	47	22	3	24	20	1	21	6	72
19-22	245	215	61	22	2	21	19	4	26	10	69
23-34	626	238	57	26	3	24	20	3	29	11	85
35-50	558	220	59	25	5	24	20	2	27	9	68
51-64	503	223	58	27	3	24	21	6	22	12	70
65-74	267	197	39	24	6	26	22	4	16	11	70
75 AND OVER	110	180	39	24	3	29	28	2	14	8	62
EMALES:											
9-11	245	134	34	13	1	13	12	1	14	3	54
12-14	297	140	36	16	1	16	15	1	15	5	51
15-18	363	140	34	15	2	16	14	2	12	5	54
19-22	308	144	37	21	1	18	15	1	12	10	43
23-34	1,066	147	37	16	3	16	14	1	15	7	51
35-50	1,037	161	46	19	1	21	17	4	12	8	51
51-64	774	155	37	15	3	22	20	2	13	8	55
65-74	354	141	38	13	4	19	16	3	10	9	45
75 AND OVER	198	132	30	11	4	17	15	2	13	6	49
LL INDIVIDUALS	4/9,196	162	40	18	2	19	17	2	16	7	56

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 1M-3.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ FALL 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK- FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL- FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/105	49.1	19.7	8.2	6.6	14.4	14.4	0.0	5.3	4.0	28.9
1-2..............	4/256	99.2	56.8	47.6	5.4	39.4	34.2	6.9	55.8	16.6	59.7
3-5..............	482	99.0	59.4	48.1	3.6	42.0	37.1	5.1	58.9	14.6	57.9
6-8..............	487	98.7	57.4	39.5	4.0	41.0	36.7	6.1	53.5	13.9	57.9
MALES:											
9-11.............	278	97.4	60.3	41.6	1.5	44.3	39.3	7.2	46.5	10.1	59.2
12-14............	307	98.8	57.8	48.1	3.2	40.7	35.2	4.9	53.9	11.9	57.9
15-18............	329	97.2	59.0	49.1	4.8	42.0	37.9	5.3	50.3	13.2	59.0
19-22............	245	96.8	57.2	44.1	3.1	35.3	31.0	6.6	50.2	15.0	46.0
23-34............	626	97.3	59.1	49.2	3.9	34.4	29.1	5.7	52.8	17.8	54.6
35-50............	558	98.9	63.9	50.6	6.9	33.8	29.9	4.8	57.2	14.1	53.4
51-64............	503	98.6	64.5	57.0	4.4	39.2	32.6	14.4	53.5	21.5	60.3
65-74............	267	96.9	55.4	51.1	8.9	44.1	38.1	9.2	42.1	22.0	51.4
75 AND OVER......	110	96.8	58.9	56.7	7.4	44.4	43.0	6.0	49.3	15.9	56.0
FEMALES:											
9-11.............	245	98.6	62.0	46.1	2.3	37.1	34.5	3.6	54.5	11.4	60.3
12-14............	297	98.3	62.9	46.7	3.0	36.7	33.2	2.6	47.7	12.7	57.2
15-18............	363	97.4	52.3	42.7	3.8	34.5	31.4	5.3	44.8	14.0	55.8
19-22............	308	94.3	52.9	45.5	3.1	37.3	33.3	4.2	43.8	22.0	53.7
23-34............	1,066	97.1	54.8	44.1	5.2	35.1	30.5	4.8	48.6	16.0	55.3
35-50............	1,037	98.5	64.0	48.5	2.7	43.2	38.6	7.4	43.6	19.1	52.2
51-64............	774	97.5	53.5	47.0	5.9	41.6	38.5	6.4	42.3	18.7	53.9
65-74............	354	97.3	57.7	41.6	6.9	37.7	32.6	7.7	33.8	19.2	46.4
75 AND OVER......	198	95.3	47.2	40.0	7.8	33.3	31.7	4.1	42.9	13.8	53.1
ALL INDIVIDUALS...	4/9,196	97.2	57.9	46.5	4.6	38.5	34.2	6.2	48.2	16.3	54.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

ABLE 1N-1.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ WINTER 1978

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/122	56	7	2	2	8	7	1	1	1	34
1-2..............	4/282	105	16	9	1	15	13	1	15	4	44
3-5..............	408	116	23	13	1	14	13	1	16	6	41
6-8..............	471	154	34	13	1	21	19	(5)	17	7	62
MALES:											
9-11.............	232	172	35	16	3	20	18	1	16	9	73
12-14............	273	213	51	16	1	28	24	2	20	11	85
15-18............	380	258	63	23	3	26	23	2	23	11	108
19-22............	267	305	64	25	2	36	33	4	25	17	133
23-34............	727	293	71	31	3	30	27	2	28	14	115
35-50............	635	282	75	28	3	27	24	3	26	14	106
51-64............	559	265	66	30	4	32	27	3	26	18	85
65-74............	274	227	49	25	4	28	25	4	21	16	81
75 AND OVER......	123	209	42	27	5	16	14	6	12	11	89
FEMALES:											
9-11.............	278	163	38	14	2	20	18	1	15	7	66
12-14............	268	172	35	15	1	21	18	1	15	10	74
15-18............	354	187	42	15	2	23	20	1	15	12	76
19-22............	337	181	35	16	1	26	22	1	17	11	75
23-34............	974	192	42	17	2	25	22	2	15	12	77
35-50............	948	191	47	18	4	22	18	3	12	16	70
51-64............	696	194	42	20	3	23	20	4	14	15	74
65-74............	334	174	38	18	3	24	22	5	8	13	66
75 AND OVER......	187	137	32	15	3	19	19	3	10	12	43
ALL INDIVIDUALS...	4/9,129	205	47	20	3	24	21	2	18	12	79

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 1N-1.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ WINTER 1978

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/122	67.3	19.1	11.8	5.9	23.5	20.6	4.8	5.9	3.8	46.0
1-2.............	4/282	98.6	54.8	42.4	3.2	50.6	46.4	5.4	59.1	19.1	65.2
3-5.............	408	99.8	62.0	47.0	3.6	41.4	39.5	4.2	62.4	22.7	61.9
6-8.............	471	98.9	69.4	45.7	3.8	46.8	43.7	2.6	57.9	21.5	74.3
MALES:											
9-11............	232	99.4	64.6	51.7	5.3	39.7	36.9	2.7	56.7	25.0	72.4
12-14...........	273	99.4	68.9	49.4	2.4	46.7	40.6	3.5	58.5	24.3	77.3
15-18...........	380	99.7	71.6	53.2	3.8	42.7	36.6	3.9	57.5	22.0	79.0
19-22...........	267	100.0	63.1	50.6	3.4	44.1	41.3	5.1	53.2	28.1	76.5
23-34...........	727	99.3	70.2	57.7	6.6	40.5	37.0	5.3	59.5	25.9	74.7
35-50...........	635	99.4	76.7	58.7	4.5	40.5	35.6	6.8	61.1	26.8	74.6
51-64...........	559	99.2	74.5	56.6	6.2	46.7	40.1	10.1	61.9	26.1	69.1
65-74...........	274	98.8	62.4	56.7	7.4	39.8	37.0	10.5	53.4	27.5	69.2
75 AND OVER.....	123	98.7	62.3	59.0	10.6	34.6	32.4	13.3	38.8	22.9	65.6
FEMALES:											
9-11............	278	99.0	67.7	47.3	3.6	45.2	41.4	3.1	56.1	23.1	70.8
12-14...........	268	99.6	62.2	42.8	3.3	46.0	39.5	3.7	54.7	28.1	75.2
15-18...........	354	99.2	66.7	48.6	4.8	48.7	44.1	3.4	46.8	28.0	77.8
19-22...........	337	97.8	51.9	46.0	1.9	49.9	45.9	4.4	47.3	26.3	67.7
23-34...........	974	99.0	67.0	44.1	4.8	45.2	41.9	6.1	50.3	28.8	68.0
35-50...........	948	99.5	67.4	51.8	7.0	43.6	38.7	7.1	45.6	30.4	65.6
51-64...........	696	99.4	63.6	53.8	7.2	44.2	40.1	10.3	46.2	29.8	69.3
65-74...........	334	97.9	61.2	53.4	6.3	45.4	43.1	12.0	36.1	21.9	58.4
75 AND OVER.....	187	100.0	60.9	42.5	4.0	40.8	40.0	8.5	41.0	23.0	52.3
ALL INDIVIDUALS...	4/9,129	98.8	65.9	50.3	5.1	43.9	39.8	6.3	52.4	25.9	69.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

ABLE 1N-2.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ WINTER 1978

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1..........	4/122	(5)	0	0	(5)	0	0	0	0	0	0
1-2.............	4/282	11	2	1	(5)	2	2	0	1	(5)	5
3-5.............	408	14	3	1	0	1	1	0	1	1	7
6-8.............	471	40	6	2	(5)	5	4	0	3	2	22
MALES:											
9-11............	232	49	7	1	1	5	4	0	4	2	29
12-14...........	273	55	11	1	(5)	6	4	0	4	2	31
15-18...........	380	62	14	2	1	4	3	(5)	3	3	34
19-22...........	267	91	17	3	(5)	8	8	(5)	5	5	54
23-34...........	727	77	18	4	1	7	6	(5)	4	4	38
35-50...........	635	59	13	4	1	4	4	1	2	5	30
51-64...........	559	43	14	2	1	4	3	(5)	2	5	16
65-74...........	274	24	5	2	1	2	2	0	(5)	3	9
75 AND OVER.....	123	14	3	(5)	1	1	1	(5)	(5)	2	6
FEMALES:											
9-11............	278	44	6	1	(5)	4	4	0	3	3	26
12-14...........	268	47	9	2	0	5	4	0	4	3	26
15-18...........	354	42	10	2	(5)	4	3	0	2	3	22
19-22...........	337	43	9	2	(5)	5	4	(5)	2	4	22
23-34...........	974	37	7	1	(5)	4	3	(5)	1	3	21
35-50...........	948	31	7	1	(5)	2	2	(5)	1	5	14
51-64...........	696	24	4	2	1	2	2	(5)	1	3	12
65-74...........	334	21	5	1	(5)	4	[illegible]	(5)	(5)	2	9
75 AND OVER.....	187	9	2	1	0	(5)	(5)	(5)	(5)	(5)	5
ALL INDIVIDUALS...	4/9,129	41	9	2	(5)	4	3	(5)	2	3	21

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 1N-2.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ WINTER 1978

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/122	0.8	0.0	0.0	0.8	0.0	0.0	0.0	0.0	0.0	0.0
1-2.............	4/282	25.7	8.3	4.9	.4	6.1	6.1	.0	5.6	1.2	10.1
3-5.............	408	30.5	10.7	2.5	.0	4.8	4.0	.0	7.8	2.9	16.3
6-8.............	471	64.1	19.5	5.3	.3	14.9	12.1	.0	16.1	6.5	38.4
MALES:											
9-11............	232	73.3	21.8	5.5	1.2	13.6	11.1	.0	17.8	9.1	46.8
12-14...........	273	71.1	23.5	6.7	.5	16.3	11.1	.0	17.7	7.1	44.3
15-18...........	380	66.7	25.2	8.7	.9	10.0	7.2	.3	13.9	5.9	43.8
19-22...........	267	59.1	22.7	10.6	.8	11.2	10.2	.8	10.4	9.9	44.8
23-34...........	727	60.7	28.4	12.3	2.1	10.9	8.6	1.0	12.5	8.3	35.9
35-50...........	635	50.9	20.0	13.5	1.0	7.6	6.9	1.6	7.6	8.4	30.9
51-64...........	559	43.5	22.9	5.9	.9	7.8	6.7	1.0	8.5	9.6	21.2
65-74...........	274	27.0	9.2	4.7	2.1	4.8	4.8	.0	1.4	6.9	12.7
75 AND OVER.....	123	23.5	7.2	1.7	1.1	4.1	4.1	2.3	1.4	4.0	8.4
FEMALES:											
9-11............	278	65.2	19.1	6.3	.3	13.2	11.8	.0	16.1	9.5	41.6
12-14...........	268	68.5	21.7	5.6	.0	12.3	9.9	.0	14.7	9.8	41.6
15-18...........	354	60.3	22.4	8.5	.4	10.7	7.1	.0	11.8	7.9	33.8
19-22...........	337	48.7	18.1	10.4	.2	12.4	10.7	.5	7.0	10.5	29.0
23-34...........	974	46.0	15.3	5.6	.4	7.6	6.9	.6	7.7	7.0	26.8
35-50...........	948	42.4	15.4	6.0	.7	5.8	4.8	.9	5.2	10.2	19.2
51-64...........	696	33.5	10.4	8.3	2.0	5.1	4.8	.6	4.1	7.8	15.8
65-74...........	334	30.0	10.3	5.2	.6	8.1	7.7	.4	1.2	4.9	15.6
75 AND OVER.....	187	13.4	4.9	2.2	.0	2.9	2.9	1.2	1.5	.7	8.2
ALL INDIVIDUALS...	4/9,129	47.5	17.4	7.2	.8	8.6	7.2	.6	8.7	7.4	27.1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.05 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

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TABLE 1N-3.1.--MEAT, POULTRY, FISH1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ WINTER 1978

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	GRAMS									
MALES AND FEMALES:											
UNDER 1.........	4/122	56	7	2	2	8	7	1	1	1	34
1-2.............	4/282	94	14	8	1	13	11	1	14	4	39
3-5.............	408	102	20	12	1	13	12	1	15	6	34
6-8.............	471	115	28	11	1	16	15	(5)	14	5	40
MALES:											
9-11............	232	123	28	15	2	15	14	1	12	7	43
12-14...........	273	158	40	15	1	23	20	2	16	8	54
15-18...........	380	196	49	21	2	22	20	1	19	8	74
19-22...........	267	214	47	22	2	27	24	3	20	12	79
23-34...........	727	217	53	27	3	22	21	2	24	9	77
35-50...........	635	223	62	25	2	23	20	2	24	10	76
51-64...........	559	222	52	29	3	28	24	3	24	14	69
65-74...........	274	203	44	23	3	25	23	4	20	13	71
75 AND OVER.....	123	195	39	27	5	14	12	5	12	9	84
FEMALES:											
9-11............	278	119	32	13	1	16	14	1	12	4	40
12-14...........	268	125	27	13	1	16	14	1	12	7	48
15-18...........	354	145	33	13	2	19	17	1	13	9	54
19-22...........	337	139	26	14	1	21	18	1	15	7	53
23-34...........	974	156	36	15	2	21	19	2	14	10	56
35-50...........	948	160	39	16	4	19	16	2	11	11	56
51-64...........	696	169	38	18	2	21	18	4	14	11	62
65-74...........	334	153	33	17	3	20	19	4	8	11	57
75 AND OVER.....	187	128	30	14	3	19	18	2	10	12	38
ALL INDIVIDUALS...	4/9,129	164	38	18	2	20	18	2	16	9	58

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

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TABLE 1N-3.2.--MEAT, POULTRY, FISH1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ WINTER 1978

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	BEEF	PORK	LAMB, VEAL, GAME	POULTRY		ORGAN MEATS, MIXTURES	FRANK-FURTERS, SAUSAGES, LUNCHEON MEATS	FISH, SHELL-FISH	MIXTURES MAINLY MEAT, POULTRY, FISH
						TOTAL	CHICKEN				
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	4/122	67.3	19.1	11.8	5.9	23.5	20.6	4.8	5.9	3.8	46.0
1-2..............	4/282	98.0	50.2	38.7	2.8	46.1	41.9	5.4	57.5	17.8	59.5
3-5..............	408	99.6	56.6	45.4	3.6	37.4	35.9	4.2	58.9	19.8	54.6
6-8..............	471	97.9	62.1	42.4	3.5	37.7	35.8	2.6	49.8	15.4	59.4
MALES:											
9-11.............	232	99.0	56.1	48.8	4.1	30.8	29.1	2.7	47.2	18.0	55.4
12-14............	273	98.9	61.8	45.9	1.8	37.1	34.5	3.5	50.1	18.7	55.6
15-18............	380	98.6	62.3	50.0	2.9	37.0	31.8	3.6	50.4	16.3	62.3
19-22............	267	94.9	50.7	42.9	2.7	37.4	35.6	4.3	48.0	21.0	54.8
23-34............	727	96.5	56.7	51.9	4.5	31.9	29.5	4.4	51.2	18.9	56.8
35-50............	635	97.3	69.0	51.7	3.4	35.1	30.3	5.2	56.0	18.9	62.3
51-64............	559	96.8	65.4	52.5	5.3	40.0	34.5	9.3	57.1	18.8	56.6
65-74............	274	98.2	59.2	56.1	5.3	36.3	33.5	10.5	52.9	21.2	63.2
75 AND OVER......	123	98.2	58.6	57.9	9.6	30.5	28.3	11.0	37.4	20.1	61.1
FEMALES:											
9-11.............	278	97.8	59.3	43.5	3.3	35.8	32.9	3.1	46.9	14.1	51.6
12-14............	268	97.9	52.5	39.1	3.3	37.3	32.3	3.7	45.9	19.8	58.8
15-18............	354	96.7	57.2	44.1	4.4	40.4	38.3	3.4	40.5	21.9	61.6
19-22............	337	94.0	40.8	40.5	1.7	40.9	38.0	3.9	42.9	17.3	53.1
23-34............	974	95.8	56.4	40.6	4.4	39.5	36.6	5.4	45.7	23.7	54.4
35-50............	948	98.0	60.6	49.1	6.3	39.3	34.8	6.1	42.2	23.2	58.5
51-64............	696	97.5	57.3	47.9	5.2	39.4	35.6	9.7	42.8	23.3	62.3
65-74............	334	96.2	56.2	50.0	5.7	38.5	36.3	11.5	34.9	17.4	49.9
75 AND OVER......	187	99.6	56.8	41.5	4.0	38.7	37.9	7.3	39.6	22.3	47.6
ALL INDIVIDUALS...	4/9,129	96.9	57.7	46.4	4.3	37.6	34.3	5.8	47.4	19.8	57.3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 2A-1.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	-----	-----	-----	GRAMS	-----	-----	-----	-----
MALES AND FEMALES:									
UNDER 1..........	5/421	495	669	342	2	8	2	5	59
1-2..............	5/1,035	475	418	401	2	14	8	21	21
3-5..............	1,719	449	385	361	2	20	9	20	22
6-8..............	1,841	537	466	426	2	26	9	17	25
MALES:									
9-11.............	939	559	487	440	1	34	7	20	28
12-14............	1,150	612	533	473	1	34	9	22	34
15-18............	1,394	642	538	482	2	34	13	31	32
19-22............	1,030	463	368	334	2	19	15	33	27
23-34............	2,716	381	265	240	4	23	20	35	29
35-50............	2,571	301	201	182	3	26	18	37	31
51-64............	2,161	312	203	190	2	32	19	38	27
65-74............	1,049	312	220	208	2	30	17	37	23
75 AND OVER......	465	317	226	221	0	31	15	39	24
FEMALES:									
9-11.............	1,011	519	449	405	1	29	9	17	28
12-14............	1,148	468	394	343	2	30	10	17	24
15-18............	1,473	403	329	288	3	22	11	18	21
19-22............	1,317	297	221	194	5	16	14	23	23
23-34............	3,879	278	191	169	5	15	18	23	20
35-50............	3,759	215	142	127	4	16	17	25	19
51-64............	2,936	232	154	143	4	21	18	25	18
65-74............	1,376	248	171	161	5	23	17	23	14
75 AND OVER......	751	274	198	184	2	27	17	21	14
ALL INDIVIDUALS...	5/36,142	365	283	254	3	23	15	26	24

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

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TABLE 2A-1.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1.........	4/421	92.9	92.5	55.3	2.2	17.1	8.1	18.6	16.9
1-2..............	4/1,035	98.5	97.6	96.5	4.3	35.3	39.5	61.5	48.9
3-5..............	1,719	98.7	97.4	96.3	3.5	40.8	40.9	55.5	57.7
6-8..............	1,841	99.2	98.6	97.9	2.8	45.8	39.5	48.8	59.3
MALES:									
9-11.............	939	99.6	98.8	97.9	1.4	46.2	32.6	50.5	55.0
12-14............	1,150	98.2	96.8	94.9	1.8	46.2	36.7	48.3	51.5
15-18............	1,394	97.1	93.6	91.4	2.0	41.5	43.4	52.8	46.4
19-22............	1,030	92.7	85.1	82.8	2.2	29.3	44.4	52.2	38.7
23-34............	2,716	91.7	78.0	75.6	4.0	38.4	53.3	56.5	40.4
35-50............	2,571	88.9	74.3	72.0	2.6	40.1	48.0	60.3	39.7
51-64............	2,161	92.2	78.6	77.4	1.7	47.7	52.0	65.3	38.1
65-74............	1,049	92.7	82.0	81.4	1.6	43.9	43.2	68.2	36.2
75 AND OVER.....	465	92.7	84.8	83.7	.0	41.2	40.5	72.0	33.8
FEMALES:									
9-11.............	1,011	99.4	98.4	96.8	1.9	47.9	39.2	46.7	55.8
12-14............	1,148	97.3	93.2	90.5	1.8	44.0	40.8	42.7	46.3
15-18............	1,473	94.8	88.9	85.7	3.5	37.2	44.5	44.7	37.8
19-22............	1,317	92.1	81.8	77.4	5.0	31.0	46.5	50.3	38.5
23-34............	3,879	91.5	78.8	74.6	5.5	33.9	53.4	52.0	37.8
35-50............	3,759	90.3	71.7	68.1	4.9	35.1	51.8	56.1	35.5
51-64............	2,936	92.1	77.1	75.3	4.7	40.0	52.1	58.6	33.9
65-74............	1,376	91.7	80.4	78.8	4.6	40.4	47.8	59.1	28.6
75 AND OVER.....	751	95.3	84.0	82.0	2.6	44.8	44.6	57.5	29.7
ALL INDIVIDUALS...	4/36,142	93.6	83.8	81.1	3.5	39.4	46.4	54.8	41.1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

ABLE 2A-2.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/ AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	----------------GRAMS----------------							
MALES AND FEMALES:									
UNDER 1..........	5/421	6	6	3	(6)	(6)	0	(6)	(6)
1-2..............	5/1,035	28	23	21	(6)	2	1	1	1
3-5..............	1,719	47	40	34	(6)	3	1	1	2
6-8..............	1,841	125	114	95	(6)	6	1	1	4
MALES:									
9-11.............	939	139	127	104	0	8	1	2	6
12-14............	1,150	143	130	101	(6)	8	2	1	5
15-18............	1,394	134	118	88	(6)	7	3	2	4
19-22............	1,030	80	66	48	1	4	3	4	4
23-34............	2,716	68	48	36	1	5	4	6	3
35-50............	2,571	40	27	20	1	4	3	6	3
51-64............	2,161	32	19	15	(6)	5	3	4	4
65-74............	1,049	15	7	5	(6)	3	1	1	1
75 AND OVER......	465	11	6	6	0	3	1	1	2
FEMALES:									
9-11.............	1,011	135	120	95	(6)	9	2	1	5
12-14............	1,148	113	100	74	(6)	8	2	1	3
15-18............	1,473	87	73	54	(6)	6	3	2	3
19-22............	1,317	45	28	19	1	5	3	2	3
23-34............	3,879	32	19	14	1	4	3	3	2
35-50............	3,759	23	12	8	(6)	4	2	3	2
51-64............	2,936	17	9	7	(6)	3	2	2	1
65-74............	1,376	11	5	4	(6)	2	1	1	1
75 AND OVER......	751	11	6	6	(6)	2	1	(6)	1
ALL INDIVIDUALS...	5/36,142	56	44	34	(6)	5	2	2	3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2A-2.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1	[4]/421	5.1	4.6	3.7	0.2	0.9	0.0	0.3	1.2
1-2	[4]/1,035	25.4	19.2	18.0	.3	7.6	4.5	4.1	5.9
3-5	1,719	34.3	28.2	24.2	.5	9.6	6.3	4.0	9.2
6-8	1,841	61.8	57.8	50.5	.3	16.1	10.1	4.1	14.4
MALES:									
9-11	939	64.3	61.0	54.1	.0	17.8	9.3	5.0	15.8
12-14	1,150	64.1	60.0	51.7	.1	17.0	10.6	3.5	12.8
15-18	1,394	54.8	48.4	39.6	.5	14.6	13.0	4.3	8.0
19-22	1,030	38.6	30.4	23.7	.8	11.8	14.0	8.5	7.8
23-34	2,716	43.8	29.6	24.1	.8	15.8	17.2	13.2	7.8
35-50	2,571	36.7	23.1	20.2	.7	13.2	12.7	11.9	7.0
51-64	2,161	31.8	17.7	15.1	.2	14.5	10.3	8.3	5.2
65-74	1,049	19.3	8.3	7.5	.2	10.6	5.5	3.8	3.3
75 AND OVER	465	15.9	7.9	7.4	.0	7.1	3.4	2.9	2.3
FEMALES:									
9-11	1,011	65.7	60.7	53.1	.4	20.2	12.4	3.6	14.4
12-14	1,148	59.7	52.4	42.9	.3	18.1	11.6	3.0	9.8
15-18	1,473	49.5	41.0	32.5	.7	14.7	13.4	4.6	8.6
19-22	1,317	35.6	22.1	16.8	.8	13.8	15.3	5.0	6.9
23-34	3,879	33.0	19.3	16.2	.8	13.8	12.5	6.8	6.4
35-50	3,759	29.4	13.9	11.3	.6	13.0	11.0	6.4	5.0
51-64	2,936	24.1	11.2	9.9	.3	11.4	8.8	4.8	4.2
65-74	1,376	18.5	8.2	7.6	.1	9.3	5.9	3.4	3.2
75 AND OVER	751	14.2	6.1	5.8	.1	8.0	4.1	1.6	1.8
ALL INDIVIDUALS	[4]/36,142	37.7	27.1	22.9	.5	13.3	10.8	6.2	7.2

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2A-3.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1] AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT[4])	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	-GRAMS-							
MALES AND FEMALES:									
UNDER 1..........	[5]/421	489	663	337	2	8	2	5	59
1-2..............	[5]/1,035	446	395	380	2	12	8	20	20
3-5..............	1,719	401	345	327	2	16	8	16	20
6-8..............	1,841	412	352	331	2	20	8	15	20
MALES:									
9-11.............	939	421	360	336	1	26	6	18	22
12-14............	1,150	469	403	372	1	26	7	21	29
15-18............	1,394	508	420	395	2	27	10	29	29
19-22............	1,030	383	303	286	2	15	12	29	23
23-34............	2,716	313	217	204	4	18	16	29	26
35-50............	2,571	261	174	162	2	22	15	31	28
51-64............	2,161	279	184	176	2	27	16	34	23
65-74............	1,049	297	213	203	2	27	16	35	22
75 AND OVER......	465	306	220	215	0	28	14	38	22
FEMALES:									
9-11.............	1,011	384	330	310	1	20	7	16	23
12-14............	1,148	354	294	269	2	21	8	16	21
15-18............	1,473	316	256	234	2	16	9	16	18
19-22............	1,317	252	193	175	5	11	11	21	20
23-34............	3,879	246	172	155	5	11	15	21	18
35-50............	3,759	192	130	119	4	12	14	22	17
51-64............	2,936	215	145	135	4	18	17	23	17
65-74............	1,376	238	166	156	5	20	16	22	13
75 AND OVER......	751	264	191	178	2	25	16	21	13
ALL INDIVIDUALS...	[5]/36,142	309	239	220	3	18	13	23	21

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[1]/ SEE "TABLE NOTES," APPENDIX B.

[2]/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.

[3]/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.

[4]/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.

[5]/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2A-3.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1.........	4/421	92.9	92.5	55.3	2.2	16.7	8.1	18.6	16.4
1-2.............	4/1,035	97.9	96.9	95.8	4.1	30.2	36.7	59.2	45.3
3-5.............	1,719	97.8	96.0	94.8	3.0	34.6	36.9	53.3	52.9
6-8.............	1,841	97.6	96.1	95.1	2.7	35.8	32.1	45.7	51.9
MALES:									
9-11............	939	98.1	95.3	94.3	1.4	36.8	26.1	46.9	46.2
12-14...........	1,150	96.6	93.6	92.1	1.7	34.7	29.2	46.2	43.8
15-18...........	1,394	95.2	89.8	88.0	1.6	32.4	34.5	50.5	41.1
19-22...........	1,030	88.8	80.2	78.9	1.3	20.6	35.4	46.5	32.6
23-34...........	2,716	87.7	73.3	71.4	3.6	28.2	44.3	48.1	35.1
35-50...........	2,571	85.3	70.2	68.4	2.0	32.5	41.2	52.8	35.3
51-64...........	2,161	89.8	76.1	75.4	1.5	40.1	46.1	60.4	34.1
65-74...........	1,049	91.9	81.1	80.5	1.4	38.5	40.4	66.1	33.3
75 AND OVER.....	465	92.7	84.8	83.7	.0	36.9	39.3	71.2	32.7
FEMALES:									
9-11............	1,011	97.3	94.8	93.5	1.5	35.9	30.0	44.5	48.1
12-14...........	1,148	94.7	89.4	86.7	1.6	32.1	32.8	40.7	40.5
15-18...........	1,473	90.2	84.1	81.9	3.0	26.7	34.8	41.6	31.9
19-22...........	1,317	88.8	76.6	73.1	4.4	21.[illegible]	37.3	46.7	33.6
23-34...........	3,879	88.0	75.3	71.9	4.9	25.0	46.8	48.0	33.1
35-50...........	3,759	87.5	69.4	66.5	4.3	27.0	46.5	52.5	32.0
51-64...........	2,936	90.2	75.6	74.2	4.3	33.8	47.1	55.8	31.4
65-74...........	1,376	91.0	80.0	78.4	4.5	35.7	44.5	57.3	26.5
75 AND OVER.....	751	94.8	83.5	81.6	2.5	40.[illegible]	42.4	56.2	28.2
ALL INDIVIDUALS...	4/36,142	91.2	81.0	78.6	3.1	31.2	40.1	51.0	36.5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2B-1.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT[4])	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/54	479	665	315	0	11	1	6	63
1-2..............	5/137	422	390	381	0	10	4	24	19
3-5..............	202	404	367	349	(6)	14	4	23	34
6-8..............	186	462	413	387	1	18	7	19	34
MALES:									
9-11.............	99	486	431	407	0	30	7	23	35
12-14............	93	455	404	360	0	21	5	33	49
15-18............	113	431	355	326	2	24	10	29	45
19-22............	92	384	269	211	3	24	17	29	36
23-34............	166	343	244	214	5	14	19	45	43
35-50............	93	290	208	184	4	54	12	45	48
51-64............	142	263	205	203	1	13	9	46	39
65-74............	254	309	239	231	(6)	25	9	41	24
75 AND OVER......	162	301	232	228	0	23	11	42	23
FEMALES:									
9-11.............	108	413	372	338	0	19	4	19	53
12-14............	95	354	314	283	1	20	4	20	38
15-18............	117	367	310	274	3	15	9	23	31
19-22............	155	280	208	190	4	18	11	23	32
23-34............	342	225	164	143	5	13	13	33	32
35-50............	273	192	146	137	2	11	8	31	36
51-64............	380	211	160	154	1	15	9	28	23
65-74............	453	259	193	183	5	18	14	24	16
75 AND OVER......	303	273	216	205	2	23	11	25	17
ALL INDIVIDUALS...	5/4,026	310	254	232	2	18	10	29	30

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
[5] EXCLUDES BREAST-FED INFANTS.
[6] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

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TABLE 2B-1.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/54	91.4	91.4	46.6	0.0	5.5	6.6	19.8	21.4
1-2.............	4/137	98.7	98.1	96.8	.0	27.4	24.7	70.0	47.4
3-5.............	202	97.8	96.4	94.8	.4	25.6	21.8	63.2	61.8
6-8.............	186	99.4	98.3	97.5	.9	32.7	29.6	51.5	55.1
MALES:									
9-11............	99	98.4	98.4	98.4	.0	40.1	24.8	54.1	54.6
12-14...........	93	95.4	92.9	89.6	.0	32.4	26.1	60.9	53.7
15-18...........	113	93.2	86.6	86.6	1.7	30.5	36.9	52.1	52.4
19-22...........	92	83.7	74.9	71.2	1.2	31.9	40.7	47.4	44.1
23-34...........	166	87.6	72.7	70.3	4.5	31.3	42.5	64.1	52.4
35-50...........	93	82.5	74.1	72.2	2.4	22.0	35.6	65.7	40.6
51-64...........	142	78.1	68.6	68.6	1.0	25.7	30.0	72.7	42.6
65-74...........	254	91.3	83.1	82.5	.5	32.4	30.1	68.3	32.0
75 AND OVER.....	162	89.2	79.2	78.6	.0	31.6	29.0	71.8	31.8
FEMALES:									
9-11............	108	97.5	96.8	94.0	.0	33.2	26.5	49.6	62.0
12-14...........	95	93.0	86.6	84.5	1.0	28.3	24.3	46.6	45.8
15-18...........	117	92.2	85.6	81.5	1.3	29.4	38.4	49.9	47.7
19-22...........	155	91.7	86.3	79.0	5.7	30.9	40.9	56.4	43.2
23-34...........	349	88.0	78.5	74.9	3.8	28.5	38.2	63.2	45.2
35-50...........	273	82.2	72.5	70.6	2.5	20.1	32.3	61.1	46.1
51-64...........	380	82.6	73.8	72.8	2.2	29.3	36.5	63.3	36.9
65-74...........	453	92.4	81.4	80.6	3.2	33.9	39.3	56.6	27.7
75 AND OVER.....	303	93.0	82.2	80.0	1.9	38.5	31.3	63.7	29.8
ALL INDIVIDUALS...	4/4,026	90.3	82.7	80.2	1.9	30.1	33.0	60.2	42.2

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2B-2.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/54	1	3	0	0	0	0	0	0
1-2..............	5/137	15	14	14	0	(6)	(6)	1	(6)
3-5..............	202	45	41	34	(6)	3	(6)	1	3
6-8..............	18[illegible]	136	129	116	(6)	4	1	1	8
MALES:									
9-11.............	99	139	130	119	0	8	1	1	11
12-14............	93	113	109	91	0	6	2	(6)	6
15-18............	113	88	71	58	0	3	3	1	5
19-22............	92	74	87	45	0	6	4	4	7
23-34............	166	48	37	23	1	3	2	8	7
35-50............	93	30	15	13	2	3	2	5	2
51-64............	142	12	9	8	0	(6)	(6)	2	4
65-74............	254	14	8	5	0	2	1	(6)	1
75 AND OVER......	162	8	6	6	0	2	(6)	1	2
FEMALES:									
9-11.............	108	146	131	111	0	7	2	2	8
12-14............	95	105	91	69	0	8	2	(6)	4
15-18............	117	77	72	48	2	5	3	2	3
19-22............	155	45	30	23	(6)	5	2	1	1
23-34............	349	21	13	7	(6)	2	2	2	3
35-50............	273	17	11	8	0	3	1	2	2
51-64............	380	6	5	3	0	1	1	1	1
65-74............	453	13	7	5	(6)	2	1	(6)	1
75 AND OVER......	303	11	[illegible]	5	0	2	1	(6)	2
ALL INDIVIDUALS...	5/4,026	40	34	27	(6)	3	1	2	3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 28-2.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/54	2.1	2.1	0.0	0.0	0.0	0.0	0.0	0.0
1-2.............	4/137	16.5	14.8	14.8	.0	3.4	.7	4.3	2.3
3-5.............	202	32.3	27.5	24.3	.4	7.1	3.6	2.4	9.2
6-8.............	186	61.5	60.6	58.7	.4	9.3	9.7	4.1	16.0
MALES:									
9-11............	99	63.2	58.5	56.1	.0	15.3	8.2	3.4	18.2
12-14...........	93	55.0	54.7	49.3	.0	10.8	11.9	1.8	12.9
15-18...........	113	45.3	36.7	30.9	.0	9.6	16.4	3.1	8.6
19-22...........	92	34.6	29.9	22.0	.0	15.6	20.1	8.1	9.3
23-34...........	166	25.3	17.4	14.7	1.4	13.2	9.2	18.0	10.0
35-50...........	93	26.2	19.2	19.2	1.2	7.1	9.4	11.9	3.9
51-64...........	142	7.7	5.4	5.4	.0	2.0	2.3	3.4	4.5
65-74...........	254	14.0	7.7	6.7	.0	6.1	3.7	.8	1.7
75 AND OVER.....	162	13.4	9.0	9.0	.0	4.0	1.8	2.1	2.6
FEMALES:									
9-11............	108	67.0	64.2	56.6	.0	19.8	13.6	6.0	16.2
12-14...........	95	58.0	49.6	42.4	.0	17.0	13.5	1.6	8.4
15-18...........	117	40.2	34.3	26.8	1.3	10.6	12.0	5.5	8.1
19-22...........	155	31.7	23.1	17.4	.7	16.3	10.9	3.6	4.8
23-34...........	349	19.7	13.1	9.9	.3	8.6	6.7	5.5	6.1
35-50...........	273	13.4	9.7	7.3	.0	5.1	4.2	5.1	3.7
51-64...........	380	13.6	8.6	7.4	.0	2.8	4.8	2.3	3.9
65-74...........	453	15.7	7.9	6.7	.2	6.3	6.4	2.4	3.0
75 AND OVER.....	303	15.5	6.9	6.4	.0	8.4	3.9	.9	3.2
ALL INDIVIDUALS...	4/4,026	25.7	20.1	17.6	.2	8.0	6.8	4.0	6.1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2B-3.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1] AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT[4])	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	[5]/54	477	661	315	0	11	1	6	63
1-2.............	[5]/137	407	376	367	0	9	4	23	19
3-5.............	202	358	326	315	0	12	4	22	31
6-8.............	186	325	284	271	(6)	14	6	17	27
MALES:									
9-11............	99	347	301	288	0	23	6	22	24
12-14...........	93	342	296	269	0	15	3	32	41
15-18...........	113	343	284	269	2	21	6	28	40
19-22...........	92	310	182	166	3	18	13	24	30
23-34...........	166	296	206	192	4	12	16	37	36
35-50...........	93	261	193	171	2	52	10	40	46
51-64...........	142	248	196	195	1	12	9	44	35
65-74...........	254	295	231	226	(6)	22	8	41	22
75 AND OVER.....	162	292	226	221	0	21	10	41	21
FEMALES:									
9-11............	108	266	241	228	0	12	2	17	45
12-14...........	95	249	223	213	1	11	2	20	34
15-18...........	117	289	238	226	2	10	6	21	28
19-22...........	155	236	177	167	4	13	9	22	31
23-34...........	349	204	152	136	5	11	11	31	29
35-50...........	273	175	135	129	2	8	7	29	34
51-64...........	330	204	155	150	1	14	8	27	22
65-74...........	453	246	186	178	5	16	13	23	14
75 AND OVER.....	303	262	210	199	2	21	10	25	15
ALL INDIVIDUALS...	[5]/4,026	270	220	205	2	16	9	28	27

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
[5] EXCLUDES BREAST-FED INFANTS.
[6] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 28-3.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/54	91.4	91.4	46.6	0.0	5.5	6.6	19.8	21.4
1-2..............	4/137	98.7	97.0	95.7	.0	24.6	24.7	68.0	45.8
3-5..............	202	96.8	94.5	92.9	.0	21.0	19.3	61.5	58.2
6-8..............	186	97.4	94.8	93.4	.9	24.0	20.9	49.6	47.2
MALES:									
9-11.............	99	97.6	96.5	96.5	.0	30.6	17.4	53.5	45.4
12-14............	93	93.0	85.3	85.3	.0	23.4	16.2	59.1	48.5
15-18............	113	89.5	78.8	78.0	1.7	22.3	22.8	49.7	46.8
19-22............	92	80.0	62.2	58.4	1.2	17.2	32.1	39.3	34.8
23-34............	166	85.8	69.9	68.0	3.1	19.3	41.2	52.9	48.0
35-50............	93	80.6	69.6	66.7	1.2	16.6	31.9	60.7	36.7
51-64............	142	78.1	68.6	68.6	1.0	23.7	29.4	70.5	39.1
65-74............	254	91.3	83.1	82.5	.5	28.4	28.9	67.8	31.3
75 AND OVER......	162	89.2	79.2	78.6	.0	29.0	29.0	70.9	29.2
FEMALES:									
9-11.............	108	93.3	89.8	88.3	.0	18.2	14.0	46.5	53.9
12-14............	95	89.6	85.8	82.7	1.0	15.4	12.5	45.9	41.8
15-18............	117	90.2	81.5	79.5	1.3	20.7	28.8	46.8	43.7
19-22............	155	87.9	78.9	76.0	4.9	21.7	32.3	54.6	39.1
23-34............	349	85.9	75.4	72.2	3.8	22.8	34.5	60.7	41.3
35-50............	273	80.9	68.9	67.7	2.5	16.5	31.0	58.2	43.4
51-64............	380	82.1	72.7	72.2	2.2	27.1	31.9	61.7	34.6
65-74............	453	91.0	80.4	79.9	3.0	30.5	35.8	55.6	25.9
75 AND OVER......	303	92.5	81.6	79.4	1.9	33.8	28.3	62.8	27.0
ALL INDIVIDUALS...	4/4,026	88.8	80.0	78.0	1.8	24.3	28.5	57.9	38.6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2C-1.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1.........	5/55	504	704	346	0	5	4	7	38
1-2.............	5/127	499	466	445	(6)	6	5	21	25
3-5.............	243	420	375	360	(6)	13	6	25	28
6-8.............	197	486	447	406	1	18	4	21	38
MALES:									
9-11............	94	571	521	482	0	22	7	19	26
12-14...........	140	521	474	420	1	20	6	27	41
15-18...........	133	566	498	448	0	21	11	39	45
19-22...........	121	391	317	295	2	10	12	41	24
23-34...........	309	359	266	240	3	19	14	40	39
35-50...........	203	237	172	152	3	14	14	46	37
51-64...........	218	338	238	234	2	27	19	45	45
65-74...........	242	332	227	216	3	37	20	33	24
75 AND OVER.....	84	302	199	195	0	39	11	39	15
FEMALES:									
9-11............	118	515	446	402	1	25	9	25	35
12-14...........	130	415	363	331	0	20	6	25	42
15-18...........	140	359	311	286	2	13	7	22	32
19-22...........	183	339	267	238	3	11	11	28	24
23-34...........	462	285	209	181	4	12	16	22	24
35-50...........	340	211	143	130	4	18	12	33	29
51-64...........	380	224	152	144	2	20	16	27	24
65-74...........	226	239	149	135	7	26	18	24	18
75 AND OVER.....	104	254	177	167	7	29	18	20	9
ALL INDIVIDUALS...	5/4,249	347	279	252	3	19	13	30	30

1/ SEE "TABLE NOTES," APPENDIX B.

2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.

3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.

4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.

5/ EXCLUDES BREAST-FED INFANTS.

6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2C-1.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/ PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/55	94.9	94.9	51.2	0.0	13.2	6.7	17.4	17.8
1-2.............	4/127	97.2	97.2	96.5	1.5	22.1	27.4	61.8	55.9
3-5.............	243	97.9	96.9	95.7	.8	30.5	34.6	63.8	59.3
6-8.............	197	96.4	96.0	95.5	1.1	34.9	23.1	59.9	66.0
MALES:									
9-11............	94	100.0	100.0	98.1	.0	40.0	31.7	50.4	49.1
12-14...........	140	93.3	93.3	92.8	1.1	33.2	27.4	59.3	52.6
15-18...........	133	98.6	94.2	91.7	.0	32.8	38.0	71.6	57.4
19-22...........	121	91.0	81.8	80.1	1.1	21.1	42.1	59.5	34.0
23-34...........	309	87.3	72.6	70.6	1.2	35.9	45.1	58.1	40.1
35-50...........	203	76.6	67.3	63.9	3.8	18.6	37.1	67.5	40.2
51-64...........	218	96.3	84.3	84.3	1.6	41.3	53.4	69.1	46.0
65-74...........	242	95.5	83.3	82.1	1.1	48.6	47.5	64.4	39.4
75 AND OVER.....	84	91.9	84.9	83.7	.0	42.2	37.4	62.6	26.6
FEMALES:									
9-11............	118	97.8	97.1	94.6	1.5	42.3	37.3	56.0	54.7
12-14...........	130	97.4	91.9	89.1	.0	31.2	32.7	50.6	50.2
15-18...........	140	91.9	88.7	86.6	2.1	29.3	32.9	55.1	46.2
19-22...........	183	90.1	83.2	83.2	3.0	20.4	45.0	49.5	34.3
23-34...........	462	91.5	78.4	72.1	5.2	27.3	49.0	50.6	43.2
35-50...........	340	89.2	72.9	68.9	5.2	32.6	45.2	68.0	44.7
51-64...........	380	91.6	79.1	78.3	1.1	38.1	49.4	64.8	35.5
65-74...........	226	92.4	76.9	76.6	3.7	40.7	53.6	64.5	35.9
75 AND OVER.....	104	93.3	87.6	84.9	8.1	40.0	47.5	56.9	26.3
ALL INDIVIDUALS...	4/4,249	92.4	83.6	81.0	2.3	33.1	41.6	60.0	44.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2C-2.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT[4])	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/55	8	9	8	0	(6)	0	0	1
1-2.............	5/127	31	28	26	0	1	(6)	1	4
3-5.............	243	45	40	37	0	2	1	1	2
6-8.............	197	149	140	116	1	8	1	2	7
MALES:									
9-11............	94	156	143	127	0	10	2	2	7
12-14...........	140	139	134	98	0	5	1	1	6
15-18...........	133	140	138	119	0	6	3	3	3
19-22...........	121	59	46	38	0	3	2	5	2
23-34...........	309	49	38	22	1	3	2	5	2
35-50...........	203	28	25	17	(6)	1	1	5	2
51-64...........	218	7	4	4	0	1	(6)	3	2
65-74...........	242	9	5	5	0	2	1	(6)	(6)
75 AND OVER.....	84	4	1	1	0	3	0	1	(6)
FEMALES:									
9-11............	118	157	141	110	0	12	2	2	5
12-14...........	130	107	103	88	0	6	1	1	3
15-18...........	140	78	73	62	0	4	1	(6)	7
19-22...........	183	45	34	25	0	2	2	1	2
23-34...........	462	35	23	17	1	3	3	2	1
35-50...........	340	16	8	4	(6)	5	2	2	1
51-64...........	380	14	7	7	0	2	1	1	3
65-74...........	226	10	5	3	0	2	1	1	1
75 AND OVER.....	104	4	3	2	(6)	(6)	1	(6)	1
ALL INDIVIDUALS...	5/4,249	50	43	34	(6)	3	1	2	2

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
[5] EXCLUDES BREAST-FED INFANTS.
[6] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

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TABLE 2C-2.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/ PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1.........	4/55	7.6	6.1	4.7	0.0	1.5	0.0	0.0	3.3
1-2.............	4/127	19.3	16.1	14.4	.0	3.9	3.1	4.1	6.3
3-5.............	243	27.9	25.1	24.1	.0	5.6	4.5	5.2	6.7
6-8.............	197	65.7	63.9	55.1	.7	19.3	7.2	5.3	23.5
MALES:									
9-11............	94	62.0	62.1	59.1	.0	21.1	11.9	6.3	15.3
12-14...........	140	60.5	60.8	51.4	.0	13.7	5.9	3.7	14.5
15-18...........	133	62.1	56.7	49.4	.0	15.2	12.4	8.4	12.0
19-22...........	121	32.8	20.2	15.9	.0	7.4	12.4	8.0	5.4
23-34...........	309	34.9	22.6	17.1	.8	13.5	8.6	10.9	5.1
35-50...........	203	18.2	16.2	13.6	1.3	3.1	6.1	10.7	3.6
51-64...........	218	12.1	5.2	5.2	.0	5.8	2.7	4.9	3.0
65-74...........	242	18.7	9.5	9.2	.0	8.4	3.8	1.4	.8
75 AND OVER.....	84	10.2	4.8	4.8	.0	6.8	.0	3.0	1.0
FEMALES:									
9-11............	118	76.2	69.8	62.4	.0	22.6	9.7	4.2	19.2
12-14...........	130	52.6	52.8	45.6	.0	10.6	8.2	3.5	9.4
15-18...........	140	46.6	45.0	38.3	.0	10.5	8.4	2.3	11.9
19-22...........	183	26.8	19.3	16.4	.0	5.7	9.7	3.5	3.5
23-34...........	462	31.2	19.2	14.4	1.3	10.8	10.7	5.5	4.6
35-50...........	340	23.4	9.1	6.4	.3	12.4	8.8	5.0	4.0
51-64...........	380	21.1	11.4	10.4	.0	9.2	7.8	3.3	6.2
65-74...........	226	19.1	10.4	9.4	.0	10.4	6.9	2.4	3.7
75 AND OVER.....	104	10.1	3.8	3.1	.7	3.4	3.7	2.9	2.1
ALL INDIVIDUALS...	4/4,249	31.7	24.4	20.9	.3	10.2	7.4	5.1	6.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

ABLE 2C-3.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

8 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
ALES AND FEMALES:									
UNDER 1.........	5/55	496	695	338	0	5	4	7	37
1-2.............	5/127	468	438	419	(6)	5	5	20	22
3-5.............	243	374	335	323	(6)	11	5	23	26
6-8.............	197	337	307	291	(6)	9	4	20	31
ALES:									
9-11............	94	415	378	355	0	12	6	17	19
12-14...........	140	382	339	322	1	14	5	25	35
15-18...........	133	426	360	330	0	14	8	36	43
19-22...........	121	332	271	257	2	7	10	37	22
23-34...........	309	310	229	217	2	16	12	35	37
35-50...........	203	209	147	136	3	14	12	41	35
51-64...........	218	332	234	230	2	26	19	42	42
65-74...........	242	323	222	211	3	35	19	32	23
75 AND OVER.....	84	298	198	194	0	36	11	37	15
EMALES:									
9-11............	118	358	306	292	1	13	7	23	30
12-14...........	130	308	260	242	0	15	5	24	40
15-18...........	140	281	239	224	2	9	6	22	26
19-22...........	183	294	232	213	3	9	9	27	23
23-34...........	462	250	186	164	3	9	13	20	23
35-50...........	340	195	136	126	4	13	11	31	28
51-64...........	380	210	145	137	2	18	15	26	21
65-74...........	226	230	144	132	7	24	17	23	17
75 AND OVER.....	104	250	174	164	7	29	18	19	8
AL INDIVIDUALS...	5/4,249	297	236	218	2	16	11	28	27

1/ SEE "TABLE NOTES," APPENDIX B.

2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.

3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.

4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN ALCIUM CONTENT.

5/ EXCLUDES BREAST-FED INFANTS.

6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2C-3.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/ PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/55	94.9	94.9	51.2	0.0	11.7	6.7	17.4	16.4
1-2.............	4/127	97.2	97.2	96.5	1.5	19.8	25.8	60.4	52.4
3-5.............	243	97.7	96.4	94.8	.8	26.3	31.4	60.6	57.1
6-8.............	197	93.8	93.4	92.9	.4	15.9	17.1	56.1	53.5
MALES:									
9-11............	94	97.6	92.9	92.0	.0	25.1	22.7	45.0	41.3
12-14...........	140	89.6	88.0	87.5	1.1	20.6	22.0	56.2	43.8
15-18...........	133	94.7	87.3	83.7	.0	20.0	28.8	65.7	47.1
19-22...........	121	88.3	81.0	79.3	1.1	16.0	33.1	57.9	30.0
23-34...........	309	83.3	69.5	66.8	1.2	26.7	40.4	53.9	36.2
35-50...........	203	72.2	60.7	59.0	2.5	17.5	32.5	61.8	38.9
51-64...........	218	95.9	84.3	84.3	1.6	38.0	52.0	65.5	43.5
65-74...........	242	94.0	82.4	81.2	1.1	44.4	44.8	62.9	38.6
75 AND OVER.....	84	91.9	84.9	83.7	.0	37.8	37.4	61.3	26.6
FEMALES:									
9-11............	118	91.6	90.0	90.0	1.5	23.7	28.9	52.7	46.0
12-14...........	130	93.6	84.3	80.8	.0	23.0	25.[illegible]	47.7	44.8
15-18...........	140	86.3	80.4	79.0	2.1	21.5	27.1	53.3	36.9
19-22...........	183	87.6	78.6	78.6	3.0	15.9	38.6	47.9	33.3
23-34...........	462	88.2	74.2	70.5	4.1	19.5	42.1	47.4	40.0
35-50...........	340	87.9	71.2	67.8	4.9	24.0	41.3	65.4	43.2
51-64...........	380	88.5	76.7	76.0	1.1	32.9	45.2	63.5	32.4
65-74...........	226	92.4	76.9	76.6	3.7	34.8	49.9	62.0	34.2
75 AND OVER.....	104	92.7	87.6	84.9	7.5	39.4	45.7	56.0	25.5
ALL INDIVIDUALS...	4/4,249	90.0	80.6	78.4	2.1	26.0	36.8	57.2	40.1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2D-1.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/117	476	449	327	(6)	9	1	5	61
1-2.............	5/283	500	426	414	2	16	10	19	23
3-5.............	406	456	388	363	3	21	11	17	21
6-8.............	468	545	481	445	2	22	9	15	21
MALES:									
9-11............	200	520	458	415	(6)	27	7	19	31
12-14...........	222	615	541	487	1	32	8	18	40
15-18...........	240	677	572	506	0	35	14	32	30
19-22...........	166	379	299	263	1	19	14	35	39
23-34...........	695	391	268	243	4	23	20	35	30
35-50...........	508	312	216	194	6	25	16	37	38
51-64...........	412	307	212	205	2	34	15	39	30
65-74...........	152	302	212	201	1	29	17	33	26
75 AND OVER.....	47	428	319	306	0	43	20	28	38
FEMALES:									
9-11............	225	514	440	402	3	27	10	14	22
12-14...........	244	474	404	346	2	27	9	14	23
15-18...........	260	401	338	295	2	21	9	16	18
19-22...........	209	279	214	193	3	21	11	22	31
23-34...........	1,009	271	185	167	3	18	16	22	22
35-50...........	673	221	145	131	3	18	16	25	16
51-64...........	521	241	159	146	6	20	20	25	21
65-74...........	167	278	180	170	4	29	22	19	15
75 AND OVER.....	62	294	172	159	4	34	23	17	12
ALL INDIVIDUALS...	5/7,286	375	295	264	3	23	14	24	26

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2D-1.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/117	91.9	91.9	56.6	1.1	19.7	5.6	18.0	19.1
1-2.............	4/283	98.3	97.4	96.7	4.1	39.7	48.2	57.7	48.8
3-5.............	406	98.4	97.6	96.0	3.5	45.3	46.8	52.8	60.3
6-8.............	468	100.0	99.6	99.1	2.4	43.6	39.5	45.9	60.4
MALES:									
9-11............	200	99.6	99.6	98.5	.4	39.3	31.6	51.6	58.9
12-14...........	222	100.0	98.7	96.5	1.0	45.9	31.5	42.8	37.1
15-18...........	240	96.9	92.4	90.1	.0	39.9	40.3	54.4	42.6
19-22...........	166	90.4	79.9	77.0	1.6	27.7	44.0	55.4	43.2
23-34...........	695	92.1	79.4	76.3	4.3	36.9	54.3	53.1	40.9
35-50...........	508	90.3	75.5	73.8	4.4	37.8	46.6	62.6	45.5
51-64...........	412	93.5	79.5	78.6	1.3	43.3	42.1	64.1	42.5
65-74...........	152	91.7	82.7	82.1	1.4	48.9	50.9	67.7	41.7
75 AND OVER.....	47	98.0	90.3	84.7	.0	57.6	54.8	68.1	53.7
FEMALES:									
9-11............	225	99.7	99.3	98.2	2.5	44.1	39.5	44.9	55.4
12-14...........	244	98.2	94.9	92.2	1.7	43.3	41.5	39.1	48.3
15-18...........	260	94.2	88.5	86.7	2.1	32.4	44.0	44.5	35.2
19-22...........	209	91.1	82.1	79.8	3.2	35.3	44.7	49.4	42.2
23-34...........	1,009	90.5	78.8	76.0	3.9	35.3	52.1	51.3	38.1
35-50...........	673	89.6	72.3	68.9	3.8	33.4	48.8	54.5	31.7
51-64...........	521	92.9	77.0	75.8	5.4	37.6	51.9	53.8	35.5
65-74...........	167	96.7	86.2	85.5	5.3	48.7	58.6	61.9	31.6
75 AND OVER.....	62	96.6	85.6	80.8	3.7	58.3	72.4	58.9	20.6
ALL INDIVIDUALS...	4/7,286	94.0	84.9	82.3	3.1	38.8	46.4	53.1	43.3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2D-2.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT[4])	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/117	4	4	3	0	(6)	0	(6)	(6)
1-2.............	5/283	38	29	27	(6)	3	1	1	1
3-5.............	406	47	39	33	(6)	4	1	1	2
6-8.............	468	117	109	93	0	5	1	1	3
MALES:									
9-11............	200	124	119	96	0	4	1	1	4
12-14...........	222	136	125	98	0	5	1	1	6
15-18...........	240	134	116	76	0	7	3	2	3
19-22...........	166	82	67	50	1	5	3	5	6
23-34...........	695	60	39	31	(6)	5	3	5	3
35-50...........	508	41	27	18	1	4	3	4	2
51-64...........	412	28	16	13	(6)	4	2	3	3
65-74...........	152	18	8	8	0	5	1	2	5
75 AND OVER.....	47	9	5	3	0	3	(6)	3	2
FEMALES:									
9-11............	225	131	116	93	(6)	8	2	1	5
12-14...........	244	118	104	75	0	8	2	1	3
15-18...........	260	90	80	60	(6)	5	2	1	4
19-22...........	209	35	21	15	(6)	7	3	2	5
23-34...........	1,009	27	14	11	(6)	5	2	2	3
35-50...........	673	23	12	9	1	4	2	2	2
51-64...........	521	16	8	7	(6)	2	2	2	1
65-74...........	167	15	6	6	0	4	3	1	3
75 AND OVER.....	62	9	3	3	0	5	2	1	0
ALL INDIVIDUALS...	5/7,286	56	44	34	(6)	5	2	2	3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2D-2.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/117	6.1	4.8	4.0	0.0	1.2	0.0	0.9	2.0
1-2..............	4/283	32.8	26.2	25.3	.3	10.1	6.7	4.2	6.8
3-5..............	406	31.1	24.7	21.4	.2	10.9	7.8	3.3	8.1
6-8..............	468	60.4	55.3	48.6	.0	14.8	8.8	3.0	10.9
MALES:									
9-11.............	200	59.7	59.0	51.2	.0	12.1	5.7	4.2	13.3
12-14............	222	60.9	57.1	49.1	.0	13.3	9.5	4.0	13.3
15-18............	240	51.2	46.7	36.4	.0	12.1	12.3	4.1	6.4
19-22............	166	39.0	33.2	24.1	1.6	11.6	14.0	9.8	8.5
23-34............	695	42.2	26.7	20.9	.5	13.6	16.1	8.8	8.1
35-50............	508	35.8	24.1	21.8	.6	11.7	12.2	8.5	5.6
51-64............	412	30.2	18.1	15.8	.4	11.7	7.8	7.2	4.4
65-74............	152	19.9	8.8	8.8	.0	14.2	5.9	6.8	8.0
75 AND OVER......	47	27.8	9.9	7.9	.0	15.5	2.4	7.0	2.0
FEMALES:									
9-11.............	225	63.8	59.5	53.6	1.1	19.6	10.5	3.4	13.8
12-14............	244	57.1	52.0	43.4	.0	18.2	11.7	2.9	9.2
15-18............	260	47.3	41.5	33.3	.5	11.4	14.1	3.5	9.3
19-22............	209	33.7	20.3	16.3	.7	16.3	16.1	5.2	8.8
23-34............	1,009	31.6	17.1	15.4	.4	14.1	11.2	6.9	7.4
35-50............	673	28.3	14.8	12.4	.9	12.6	10.4	5.0	4.6
51-64............	521	22.7	10.7	9.8	.2	8.8	10.1	5.3	4.8
65-74............	167	21.1	8.4	8.4	.0	11.2	10.7	3.8	4.7
75 AND OVER......	62	22.1	7.7	7.7	.0	17.9	9.0	4.2	.0
ALL INDIVIDUALS...	4/7,286	37.7	27.6	23.7	.4	12.8	10.6	5.6	7.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2D-3.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/117	472	645	324	(6)	8	1	5	61
1-2..............	5/283	463	397	386	1	14	9	19	22
3-5..............	406	409	349	330	3	17	10	16	19
6-8..............	468	428	372	352	2	17	8	14	18
MALES:									
9-11.............	200	396	339	318	(6)	23	6	18	26
12-14............	222	479	417	389	1	26	7	17	34
15-18............	240	543	456	430	0	28	11	30	27
19-22............	166	297	232	212	0	14	18	29	33
23-34............	695	331	228	212	4	17	17	30	27
35-50............	508	271	190	176	5	21	13	33	36
51-64............	412	279	196	192	2	30	12	36	27
65-74............	152	284	204	193	1	25	16	31	21
75 AND OVER......	47	419	314	303	0	40	20	26	36
FEMALES:									
9-11.............	225	383	324	309	2	18	8	13	17
12-14............	244	355	300	271	2	19	7	14	20
15-18............	[illegible]	311	257	234	2	16	6	15	14
19-22............	[illegible]	244	193	178	3	14	8	19	26
23-34............	1,009	244	171	156	3	13	14	19	19
35-50............	673	198	133	122	2	14	14	23	14
51-64............	521	225	151	139	6	18	18	23	19
65-74............	167	262	174	164	4	25	19	19	13
75 AND OVER......	62	285	168	156	4	30	21	17	12
ALL INDIVIDUALS...	5/7,286	319	251	230	3	18	12	22	23

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2D-3.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	[4]/117	91.9	91.9	56.6	1.1	19.7	5.6	18.0	17.9
1-2..............	[4]/283	96.7	95.8	95.2	3.7	31.7	43.5	55.7	45.1
3-5..............	406	97.7	96.8	95.1	3.3	37.4	41.1	50.8	55.4
6-8..............	468	98.2	97.2	96.0	2.4	32.7	32.9	43.5	55.0
MALES:									
9-11.............	200	98.1	95.2	93.2	.4	32.1	28.3	48.8	50.2
12-14............	222	99.2	96.2	94.3	1.0	35.7	25.4	40.7	47.1
15-18............	240	95.6	90.9	88.7	.0	34.1	32.0	51.8	39.0
19-22............	166	85.1	72.3	70.3	.0	18.0	33.0	46.8	37.0
23-34............	695	88.5	75.3	73.7	4.1	26.3	45.9	46.3	35.9
35-50............	508	87.2	72.7	71.1	4.0	31.7	39.6	57.1	42.8
51-64............	412	91.6	77.2	77.2	1.3	37.5	36.1	59.3	39.7
65-74............	152	91.7	82.7	82.1	1.4	40.9	47.9	64.2	33.6
75 AND OVER......	47	98.0	90.3	84.7	.0	46.2	54.8	68.1	53.7
FEMALES:									
9-11.............	225	97.2	95.5	94.3	1.5	33.4	33.8	42.8	47.3
12-14............	244	95.5	89.8	87.4	1.7	30.3	35.3	37.8	42.1
15-18............	260	90.6	83.7	81.8	1.6	24.3	32.5	42.2	27.4
19-22............	209	88.6	75.4	72.7	2.6	22.5	33.3	44.5	35.2
23-34............	1,009	87.8	76.0	73.3	3.6	26.2	46.4	46.6	32.6
35-50............	673	87.3	70.6	68.0	2.9	26.0	43.1	51.7	28.1
51-64............	521	90.8	75.3	74.6	5.2	32.1	45.4	55.4	32.7
65-74............	167	95.8	86.2	85.5	5.3	42.3	54.2	61.2	28.1
75 AND OVER......	62	96.6	85.6	80.8	3.7	55.2	69.0	54.7	20.6
ALL INDIVIDUALS...	[4]/7,286	91.7	82.2	79.9	2.8	30.5	39.9	49.4	38.4

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2E-1.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/115	487	641	336	5	7	3	4	82
1-2..............	5/271	485	411	390	6	17	10	20	18
3-5..............	532	467	388	359	4	23	9	17	16
6-8..............	594	565	478	428	4	33	11	16	19
MALES:									
9-11.............	328	594	503	443	3	42	9	19	24
12-14............	437	666	563	492	3	43	12	20	25
15-18............	555	696	571	509	5	38	15	27	29
19-22............	313	539	438	401	1	20	15	29	20
23-34............	953	378	254	231	4	25	22	33	22
35-50............	1,219	310	199	180	2	26	20	33	27
51-64............	760	338	200	181	2	38	24	35	21
65-74............	115	350	223	200	6	44	29	31	22
75 AND OVER......	35	341	197	187	0	45	33	42	23
FEMALES:									
9-11.............	339	543	459	407	1	36	11	17	24
12-14............	413	493	409	352	3	33	11	14	20
15-18............	559	408	316	272	4	25	15	17	18
19-22............	367	274	195	156	2	18	18	22	19
23-34............	1,254	294	192	170	3	17	19	20	15
35-50............	1,507	224	142	123	6	18	19	23	18
51-64............	777	249	157	144	5	23	24	24	13
65-74............	117	262	162	148	6	24	17	24	8
75 AND OVER......	63	268	116	112	0	36	33	20	12
ALL INDIVIDUALS...	5/11,624	389	291	257	4	26	17	24	21

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2E-1.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/ PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/115	90.7	90.1	58.3	5.5	19.2	11.9	19.5	17.1
1-2..............	4/271	99.1	97.6	96.1	8.9	43.0	44.6	58.6	48.0
3-5..............	532	99.5	97.8	96.9	6.1	49.8	46.3	51.4	53.8
6-8..............	594	99.3	98.4	97.5	5.1	56.0	48.2	48.2	57.1
MALES:									
9-11.............	328	99.8	98.4	97.3	3.6	54.5	37.1	50.3	56.1
12-14............	437	98.8	97.6	95.1	3.6	54.0	43.0	43.4	50.3
15-18............	555	98.4	95.5	92.4	4.1	45.7	50.3	47.9	45.6
19-22............	313	92.8	87.7	85.6	1.3	35.2	47.6	49.8	35.9
23-34............	953	93.6	79.7	77.4	3.5	40.2	56.3	57.1	36.4
35-50............	1,219	91.1	75.2	72.6	1.9	46.7	52.5	56.8	39.8
51-64............	760	95.6	81.5	79.2	2.3	57.6	61.3	64.6	33.0
65-74............	115	98.1	82.4	82.4	3.9	60.1	68.0	65.0	44.8
75 AND OVER......	35	100.0	92.0	92.0	.0	58.0	78.1	82.0	38.1
FEMALES:									
9-11.............	339	100.0	98.7	97.9	1.3	59.1	46.6	45.2	56.1
12-14............	413	98.0	94.8	91.6	2.9	49.1	44.4	39.1	46.7
15-18............	559	95.2	88.2	84.2	5.5	44.8	52.4	44.0	35.4
19-22............	367	93.3	77.1	67.5	6.9	35.9	50.4	47.1	38.0
23-34............	1,254	93.8	80.1	7[illegible].6	7.4	38.1	56.9	47.2	34.1
35-50............	1,507	92.1	71.3	66.2	6.1	40.8	57.7	53.6	34.3
51-64............	777	96.1	74.9	72.6	5.7	45.7	63.4	56.8	32.4
65-74............	117	96.6	86.4	81.5	9.2	47.6	57.7	57.8	29.3
75 AND OVER......	63	98.1	76.3	76.3	.0	55.1	72.6	50.5	35.0
ALL INDIVIDUALS...	4/11,624	95.2	84.0	80.6	4.6	45.7	53.2	51.8	40.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2E-2.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/115	9	8	8	0	(6)	0	0	(6)
1-2.............	5/271	30	23	20	(6)	3	1	1	1
3-5.............	532	49	41	33	1	3	1	1	2
6-8.............	594	115	102	77	(6)	7	2	1	3
MALES:									
9-11............	328	141	125	97	0	9	2	2	5
12-14...........	437	144	127	93	0	10	2	1	4
15-18...........	555	141	117	86	1	8	3	2	3
19-22...........	313	102	84	65	0	4	3	2	3
23-34...........	953	79	54	42	(6)	6	5	7	3
35-50...........	1,219	48	30	24	(6)	5	4	8	4
51-64...........	760	48	27	19	(6)	7	4	5	4
65-74...........	115	24	5	2	4	4	5	3	2
75 AND OVER.....	35	30	7	3	0	5	8	2	2
FEMALES:									
9-11............	339	124	105	77	0	10	3	1	5
12-14...........	413	111	95	60	(6)	9	2	1	3
15-18...........	559	90	69	48	1	8	3	2	2
19-22...........	367	55	33	19	2	6	4	2	3
23-34...........	1,254	39	22	16	1	5	3	3	2
35-50...........	1,507	27	12	8	1	5	3	3	2
51-64...........	777	24	13	10	1	5	2	2	1
65-74...........	117	5	4	4	0	2	(6)	2	0
75 AND OVER.....	63	8	2	2	0	3	1	0	(6)
ALL INDIVIDUALS...	5/11,624	66	49	36	1	6	3	3	3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2E-2.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/115	5.6	5.6	4.8	0.0	0.6	0.0	0.0	0.8
1-2.............	4/271	28.7	18.0	16.2	.6	10.5	4.1	3.7	8.6
3-5.............	532	41.2	33.2	26.9	1.0	11.4	7.4	3.7	10.5
6-8.............	594	61.7	55.2	46.1	.5	19.1	10.8	4.2	13.7
MALES:									
9-11............	328	67.4	61.5	54.1	.0	21.2	11.3	5.3	16.2
12-14...........	437	66.2	60.2	49.6	.0	19.8	12.4	3.2	11.6
15-18...........	555	58.0	48.8	40.3	1.1	18.1	14.0	4.2	6.7
19-22...........	313	46.7	36.3	31.1	.0	13.2	14.4	4.1	8.4
23-34...........	953	49.8	35.7	30.2	.9	18.4	20.9	16.6	7.9
35-50...........	1,219	43.2	25.9	22.6	.7	16.6	15.4	15.5	8.1
51-64...........	760	45.1	24.1	19.7	.3	21.4	15.3	11.1	5.1
65-74...........	115	35.6	9.9	7.7	2.2	20.3	15.8	9.0	9.7
75 AND OVER.....	35	30.2	7.4	3.1	.0	12.1	16.7	7.3	2.8
FEMALES:									
9-11............	339	64.5	57.4	48.5	.0	21.7	16.0	2.7	14.8
12-14...........	413	63.2	51.8	40.4	.2	20.6	11.9	3.5	9.6
15-18...........	559	53.9	41.7	31.4	1.1	18.7	16.3	6.5	7.4
19-22...........	367	42.8	24.7	16.5	1.7	17.9	17.7	4.5	8.2
23-34...........	1,254	38.8	23.3	19.3	1.5	16.2	15.0	6.6	5.8
35-50...........	1,507	36.0	16.9	14.0	.8	16.0	14.0	7.9	5.6
51-64...........	777	34.2	15.4	12.9	.9	17.9	12.4	6.0	4.5
65-74...........	117	27.3	14.4	14.4	.0	12.2	1.1	2.9	.0
75 AND OVER.....	63	14.4	7.4	7.4	.0	5.1	4.7	.0	2.8
ALL INDIVIDUALS...	4/11,624	45.7	31.7	26.2	.8	17.2	13.9	7.7	7.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2E-3.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/115	478	632	328	5	7	3	4	82
1-2..............	5/271	455	388	370	5	15	10	19	17
3-5..............	532	418	348	326	4	19	9	16	14
6-8..............	594	451	376	351	4	26	9	15	16
MALES:									
9-11.............	328	453	377	346	3	32	7	17	19
12-14............	437	522	439	399	3	34	9	18	21
15-18............	555	554	454	423	4	30	12	25	27
19-22............	313	436	353	335	1	16	12	27	17
23-34............	953	299	200	189	3	19	17	26	19
35-50............	1,219	262	169	156	1	21	17	25	23
51-64............	760	291	174	161	2	31	20	30	17
65-74............	115	326	218	198	2	39	25	28	20
75 AND OVER......	35	312	190	184	0	40	25	40	21
FEMALES:									
9-11.............	339	419	355	331	1	26	7	16	19
12-14............	413	383	314	287	3	24	9	13	17
15-18............	559	318	247	224	3	16	12	15	16
19-22............	367	220	162	137	7	12	14	20	15
23-34............	1,254	255	170	154	7	12	16	17	14
35-50............	1,507	197	129	115	5	13	16	20	16
51-64............	777	224	145	134	4	18	21	22	12
65-74............	117	256	158	144	6	23	17	22	8
75 AND OVER......	63	259	113	110	0	33	32	20	12
ALL INDIVIDUALS...	5/11,624	323	242	221	4	20	14	21	18

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2E-3.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/115	90.7	90.1	58.3	5.5	[illegible]	11.9	19.5	17.1
1-2............	4/271	98.8	97.6	96.1	8.3	37.4	42.2	57.0	41.2
3-5............	532	98.2	[illegible]	95.1	5.3	42.8	42.6	49.4	47.7
6-8............	594	98.1	97.3	96.3	4.9	45.8	41.1	44.7	49.6
MALES:									
9-11...........	328	98.4	95.9	94.5	3.6	44.1	29.8	45.8	48.2
12-14..........	437	97.5	95.4	93.3	3.6	41.9	35.0	41.4	44.3
15-18..........	555	96.8	92.3	90.5	3.3	34.8	42.4	46.0	41.6
19-22..........	313	89.2	84.0	83.7	1.3	27.2	38.2	46.2	29.8
23-34..........	953	89.4	73.4	71.8	3.0	30.4	44.8	46.8	30.8
35-50..........	1,219	86.8	71.0	68.7	1.2	36.4	44.6	47.0	34.3
51-64..........	760	92.0	77.3	76.0	2.0	47.0	54.3	58.3	29.1
65-74..........	115	98.1	81.4	81.4	1.7	50.5	53.2	60.1	36.5
75 AND OVER.....	35	100.0	92.0	92.0	.0	55.2	64.8	82.0	38.1
FEMALES:									
9-11...........	339	99.8	97.3	96.1	1.3	47.3	34.8	44.0	48.6
12-14..........	413	96.9	92.8	89.7	2.7	36.9	37.1	36.8	41.0
15-18..........	559	89.6	83.3	80.9	4.4	30.5	41.0	39.7	30.3
19-22..........	367	89.0	71.3	63.0	[illegible]	24.9	39.3	44.3	32.2
23-34..........	1,254	89.4	76.1	72.4	6.3	28.5	52.0	43.4	29.9
35-50..........	1,507	89.0	69.0	64.6	5.5	30.7	52.0	49.3	30.0
51-64..........	777	93.7	74.1	72.5	4.8	35.9	56.5	54.1	29.5
65-74..........	117	96.6	86.4	81.5	9.2	44.2	56.6	57.8	29.3
75 AND OVER.....	53	98.1	73.9	73.9	.0	50.0	72.6	50.5	32.2
ALL INDIVIDUALS...	4/11,624	92.3	80.9	78.1	4.0	35.7	45.6	47.2	35.1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2F-1.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/ AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	[illegible]26	446	656	275	1	8	1	7	62
1-2...............	[illegible]06	482	437	419	2	13	6	24	13
3-5...............	[illegible]1	448	394	376	2	17	6	22	24
6-8...............	[illegible]	504	443	411	3	20	8	19	24
MALES:									
9-11..............	264	505	449	407	1	26	6	21	27
12-14.............	287	536	472	421	1	30	7	22	38
15-18.............	387	596	503	455	3	24	13	36	33
19-22.............	318	457	367	332	4	16	13	41	30
23-34.............	846	353	242	219	7	18	18	38	29
35-50.............	657	277	190	176	4	20	14	42	32
51-64.............	565	284	180	165	2	28	18	42	31
65-74.............	300	298	187	182	2	29	18	42	25
75 AND OVER......	147	312	214	209	0	22	22	41	24
FEMALES:									
9-11..............	269	512	451	417	2	27	7	18	28
12-14.............	305	421	354	315	1	26	8	18	26
15-18.............	424	370	306	273	2	19	9	20	23
19-22.............	408	281	192	170	6	18	16	26	28
23-34.............	1,216	263	185	161	8	14	17	26	21
35-50.............	1,097	211	141	125	5	14	15	27	21
51-64.............	850	225	150	140	5	18	16	29	17
65-74.............	446	250	174	164	6	18	20	24	15
75 AND OVER......	240	286	211	199	3	26	19	23	12
ALL INDIVIDUALS...	5/10,462	343	267	240	4	19	14	29	25

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2F-1.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3] 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	---PERCENT---							
MALES AND FEMALES:									
UNDER 1...........	4/126	91.0	91.0	50.2	0.9	11.7	6.1	23.4	15.5
1-2...............	4/306	99.5	98.2	96.9	4.5	34.4	29.7	65.2	45.8
3-5...............	521	98.9	98.4	97.6	4.1	35.1	35.5	59.4	55.5
6-8...............	482	99.5	99.1	98.5	2.9	40.3	35.3	52.5	55.6
MALES:									
9-11..............	264	99.4	98.9	98.9	1.0	36.2	25.4	54.8	45.9
12-14.............	287	98.2	97.6	94.7	1.6	40.4	32.3	47.7	48.6
15-18.............	387	96.9	93.4	90.1	3.3	35.1	42.9	59.6	44.7
19-22.............	318	93.8	86.2	83.2	4.0	24.8	44.8	57.5	40.3
23-34.............	846	89.4	77.1	74.5	6.4	35.0	52.1	58.1	39.9
35-50.............	657	84.8	73.0	71.1	4.0	35.7	40.9	65.8	39.9
51-64.............	565	89.5	75.6	73.5	2.1	41.2	51.4	69.9	36.3
65-74.............	300	93.5	83.2	82.9	1.2	44.9	44.7	71.8	35.7
75 AND OVER......	147	94.2	88.9	86.3	.0	38.0	47.3	77.3	37.6
FEMALES:									
9-11..............	269	99.3	98.4	96.5	3.0	45.2	36.0	53.0	50.9
12-14.............	305	96.4	92.2	89.6	1.7	40.2	36.5	46.8	40.3
15-18.............	424	94.5	90.2	87.5	2.4	28.2	41.4	50.3	37.0
19-22.............	408	90.7	81.5	76.8	5.4	32.3	48.1	59.7	39.4
23-34.............	1,216	91.1	80.2	76.0	7.4	32.0	49.7	56.1	37.7
35-50.............	1,097	88.6	71.2	67.0	5.7	27.8	47.9	57.8	35.8
51-64.............	850	90.3	75.0	72.9	5.4	35.5	48.4	62.4	29.3
65-74.............	446	90.1	80.0	79.5	5.3	35.0	49.0	60.7	30.6
75 AND OVER......	240	95.8	87.3	84.2	3.2	43.3	46.5	60.4	26.5
ALL INDIVIDUALS..	4/10,462	92.5	83.6	80.6	4.3	34.7	43.7	58.7	39.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2F-2.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/126	4	4	3	0	(6)	0	0	(6)
1-2..............	5/306	26	21	21	0	3	(6)	1	1
3-5..............	521	40	35	30	(6)	3	1	2	2
6-8..............	482	111	104	87	(6)	4	1	1	3
MALES:									
9-11.............	264	127	121	100	0	4	2	2	6
12-14............	287	128	120	89	0	7	2	1	5
15-18............	387	112	97	68	1	5	3	2	4
19-22............	328	56	44	33	1	2	2	6	4
23-34............	846	66	47	38	1	5	4	7	4
35-50............	647	37	25	20	(6)	4	3	8	3
51-64............	566	29	15	14	(6)	4	2	4	5
65-74............	300	18	7	4	1	2	2	1	(6)
75 AND OVER......	147	11	4	4	0	2	3	1	(6)
FEMALES:									
9-11.............	269	119	106	83	(6)	8	2	1	5
12-14............	305	90	81	63	(6)	6	2	1	2
15-18............	424	60	51	38	0	4	2	1	4
19-22............	408	43	20	13	1	6	3	2	3
23-34............	1,216	33	20	14	1	4	3	3	2
35-50............	1,097	23	12	8	1	3	2	3	3
51-64............	850	19	11	9	(6)	3	2	2	2
65-74............	446	9	4	3	0	2	1	1	1
75 AND OVER......	240	13	7	7	(6)	3	2	0	1
ALL INDIVIDUALS...	5/10,462	49	38	29	(6)	4	2	3	3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2F-2.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1...........	4/12[illegible]	3.6	3.6	2.7	0.0	0.[illegible]	0.0	0.0	1.7
1-2...............	4/306	24.5	17.8	17.8	.0	8.9	3.2	4.5	6.2
3-5...............	521	31.0	24.3	21.9	.2	9.4	5.1	3.9	9.4
6-8...............	482	57.7	54.8	47.3	.6	10.4	9.4	4.6	11.0
MALES:									
9-11..............	264	59.8	58.3	54.0	.0	9.5	8.7	4.8	10.5
12-14.............	287	60.6	56.5	48.0	.0	13.7	9.0	3.4	[illegible]
15-18.............	387	48.1	40.5	31.1	1.6	11.4	14.3	4.4	[illegible]
19-22.............	318	35.0	26.9	20.6	1.5	8.0	12.3	10.5	[illegible]
23-34.............	846	40.5	27.3	22.5	1.4	16.4	17.8	14.6	9.7
35-50.............	657	31.8	21.8	19.7	.7	10.9	11.7	14.8	7.4
51-64.............	565	31.1	18.2	15.8	.5	15.1	9.6	10.0	5.0
65-74.............	300	22.4	8.4	6.7	.8	12.0	6.8	3.8	1.4
75 AND OVER......	147	13.6	6.1	6.1	.0	6.2	6.9	2.2	.5
FEMALES:									
9-11..............	269	58.6	56.1	48.4	.5	15.9	12.6	3.6	12.9
12-14.............	305	49.2	44.5	37.2	.3	13.3	10.2	2.2	6.4
15-18.............	424	39.3	33.7	26.3	.0	[illegible]	8.4	3.1	6.9
19-22.............	408	33.6	18.9	14.0	1.0	14.9	17.6	4.3	6.6
23-34.............	1,216	31.5	19.9	16.4	1.1	13.7	11.2	7.2	7.0
35-50.............	1,097	26.8	[illegible]	10.4	.9	9.5	9.8	6.1	5.6
51-64.............	850	24.4	11.6	10.1	.5	10.5	9.8	5.6	4.3
65-74.............	446	17.4	6.4	6.4	.0	10.0	5.5	4.5	3.0
75 AND OVER......	240	15.8	6.9	6.6	.3	8.2	5.5	.0	2.2
ALL INDIVIDUALS...	4/10,462	34.2	24.5	20.6	.7	11.6	10.3	6.6	6.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2F-3.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/ AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/126	442	652	273	1	8	1	7	62
1-2.............	5/306	456	416	398	2	10	6	23	12
3-5.............	521	407	359	346	2	14	6	21	22
6-8.............	482	393	339	324	2	15	7	17	21
MALES:									
9-11............	264	378	328	307	1	22	4	19	21
12-14...........	287	408	352	332	1	23	6	21	33
15-18...........	387	489	405	397	2	19	10	34	29
19-22...........	318	402	323	299	3	14	11	35	26
23-34...........	846	287	195	181	6	13	14	32	25
35-50...........	657	240	164	155	3	16	12	35	29
51-64...........	565	254	162	152	2	24	15	37	26
65-74...........	300	270	180	178	(6)	26	17	40	25
75 AND OVER.....	147	301	210	205	0	20	19	40	24
FEMALES:									
9-11............	269	393	344	334	2	19	5	17	23
12-14...........	305	331	273	253	1	20	7	17	24
15-18...........	424	310	254	236	2	15	7	20	[illegible]
19-22...........	408	238	172	158	5	12	13	25	[illegible]
23-34...........	1,216	236	165	147	8	10	15	24	19
35-50...........	1,097	188	128	118	4	11	13	24	19
51-64...........	850	206	139	130	5	13	14	26	15
65-74...........	446	241	170	161	6	16	19	23	14
75 AND OVER.....	240	274	204	192	2	23	17	23	11
ALL INDIVIDUALS...	5/10,462	294	229	211	4	15	12	26	22

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2F-3.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/ PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1	4/126	91.0	91.0	50.2	0.9	11.7	6.1	23.4	13.8
1-2	4/306	98.6	97.9	96.4	4.3	27.0	27.7	62.4	41.6
3-5	321	98.3	97.7	96.9	4.1	29.5	32.2	56.9	49.9
6-8	482	97.4	96.3	95.6	2.6	32.8	27.5	49.3	49.6
MALES:									
9-11	264	98.0	95.2	95.2	1.0	30.4	18.6	50.6	41.4
12-14	287	96.0	92.7	90.9	1.6	30.6	26.2	45.1	42.9
15-18	387	95.0	89.8	87.7	2.3	28.2	32.5	56.8	39.3
19-22	318	90.9	83.6	80.6	2.5	20.0	36.1	51.5	35.0
23-34	846	86.1	73.0	71.0	5.5	23.6	43.6	49.3	33.4
35-50	657	81.2	67.9	66.4	3.3	29.9	33.8	56.8	34.8
51-64	565	88.0	72.1	71.1	1.6	31.9	44.6	62.8	[illegible]2.4
65-74	300	93.2	82.8	82.5	.4	38.[illegible]	41.8	71.1	[illegible]4.3
75 AND OVER	147	94.2	88.9	86.3	.0	[illegible]4.0	43.7	76.8	37.1
FEMALES:									
9-11	269	98.4	95.6	94.6	2.5	34.[illegible]	26.5	50.8	43.9
12-14	305	93.6	87.9	86.2	1.4	31.[illegible]	29.3	45.1	[illegible]7.7
15-18	424	91.9	86.4	84.4	2.4	21.[illegible]	35.4	47.9	[illegible]1.9
19-22	408	87.4	75.2	72.6	4.4	20.7	38.6	56.6	[illegible]4.8
23-34	1,216	87.6	76.1	72.5	6.7	22.3	44.5	52.1	32.5
35-50	1,097	85.4	68.7	65.4	4.9	21.1	42.7	54.3	31.7
51-64	850	86.7	72.8	70.8	4.9	28.7	42.4	59.3	26.0
65-74	446	89.5	79.8	79.1	5.3	30.0	47.2	57.5	28.7
75 AND OVER	[illegible]40	95.1	87.0	83.9	3.0	39.1	44.3	60.4	25.3
ALL INDIVIDUALS	4/10,462	90.1	80.6	78.1	3.8	27.[illegible]	37.7	54.6	34.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2G-1.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/150	551	697	409	3	8	2	4	54
1-2............	5/389	499	431	415	3	14	10	20	26
3-5............	639	463	392	367	3	22	10	19	19
6-8............	737	554	475	438	1	32	9	16	21
MALES:									
9-11...........	346	586	500	450	2	42	8	19	24
12-14...........	457	658	567	507	1	36	11	22	27
15-18...........	544	696	584	520	2	37	14	26	29
19-22...........	406	487	385	345	1	19	19	30	25
23-34...........	1,034	393	268	242	5	27	21	34	28
35-50...........	1,122	306	195	174	4	28	21	32	27
51-64...........	870	326	198	184	1	39	22	34	22
65-74...........	361	289	203	189	4	26	16	36	23
75 AND OVER.....	134	353	238	229	0	42	16	38	25
FEMALES:									
9-11...........	402	532	456	408	2	30	11	17	24
12-14...........	451	513	427	374	3	32	11	17	20
15-18...........	546	421	330	285	5	24	15	18	15
19-22...........	493	306	236	207	6	17	12	21	19
23-34...........	1,488	298	201	178	5	17	19	22	17
35-50...........	1,478	229	143	128	6	18	21	26	16
51-64...........	1,043	242	154	141	6	24	20	23	18
65-74...........	408	256	171	157	7	26	19	21	10
75 AND OVER.....	238	246	162	151	3	31	20	18	16
ALL INDIVIDUALS...	5/13,737	384	292	261	4	26	17	24	22

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2G-1.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/150	93.[illegible]	93.4	63.0	3.7	19.5	10.3	16.4	16.4
1-2..............	4/389	99.0	97.7	96.9	5.0	38.7	44.9	61.2	48.4
3-5..............	639	99.1	97.7	96.9	3.9	47.3	46.6	56.1	57.0
6-8..............	737	99.2	98.4	97.5	2.4	51.4	42.6	48.5	58.6
MALES:									
9-11.............	346	99.6	99.1	98.4	2.1	54.5	35.7	47.0	56.5
12-14............	457	98.4	96.9	95.3	2.1	49.8	39.2	47.2	50.1
15-18............	544	98.0	94.4	92.1	1.7	45.3	45.4	46.[illegible]	47.4
19-22............	406	92.7	86.3	83.1	.9	[illegible]3.6	48.2	48.5	39.0
23-34............	1,034	92.9	80.0	77.3	3.8	40.3	55.8	55.3	38.7
35-50............	1,122	90.7	73.7	71.5	2.4	42.4	52.7	56.2	37.0
51-64............	870	94.4	81.6	80.6	1.5	55.3	56.3	62.5	35.8
65-74............	361	91.3	79.[illegible]	79.0	2.4	42.7	44.6	66.3	32.3
75 AND OVER......	134	94.8	85.2	85.2	.0	46.2	49.6	71.1	36.4
FEMALES:									
9-11.............	402	99.8	99.2	97.5	2.2	51.4	44.9	44.1	57.7
12-14............	451	98.1	95.1	92.8	2.7	48.3	45.5	42.5	46.6
15-18............	546	95.1	88.0	84.2	6.1	43.8	51.2	42.8	35.6
19-22............	493	93.6	82.8	78.5	5.7	33.2	45.9	44.0	[illegible].7
23-34............	1,488	93.1	80.4	76.6	5.6	35.7	57.7	49.1	[illegible]6.6
35-50............	1,478	92.2	73.6	70.7	6.4	39.5	57.7	54.9	33.8
51-64............	1,043	93.4	78.4	76.8	5.9	43.8	56.1	58.6	34.4
65-74............	408	92.8	81.9	79.3	6.7	44.7	52.7	57.2	23.3
75 AND OVER......	238	95.0	80.8	79.0	2.3	49.4	50.7	49.1	32.2
ALL INDIVIDUALS...	4/13,[illegible]37	94.7	84.7	82.1	3.9	43.3	50.6	52.5	40.3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2G-2.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1	5/150	10	10	9	0	(6)	0	(6)	(6)
1-2	5/389	29	23	20	(6)	1	1	1	1
3-5	639	42	35	29	(6)	3	1	1	2
6-8	737	111	100	85	(6)	7	1	1	3
MALES:									
9-11	346	134	118	93	0	11	1	1	4
12-14	457	143	128	98	0	9	2	1	3
15-18	544	140	121	91	0	8	3	2	3
19-22	408	108	90	64	(6)	6	4	4	4
23-34	1,034	71	49	36	(6)	6	4	6	3
35-50	1,122	43	27	19	1	5	4	5	3
51-64	870	36	19	15	(6)	6	4	4	4
65-74	361	8	4	3	0	3	1	2	1
75 AND OVER	134	7	3	2	0	2	1	1	1
FEMALES:									
9-11	402	136	117	94	(6)	10	3	1	4
12-14	451	118	103	76	(6)	10	2	1	3
15-18	546	93	73	52	1	7	3	2	3
19-22	493	48	34	25	1	5	4	2	3
23-34	1,488	36	21	16	1	4	3	3	2
35-50	1,478	26	12	9	1	5	3	3	2
51-64	1,043	17	8	6	(6)	4	2	2	1
65-74	408	10	4	4	(6)	3	2	1	1
75 AND OVER	238	9	5	5	0	1	1	1	1
ALL INDIVIDUALS	5/13,737	59	45	34	(6)	5	3	3	2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

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TABLE 26-2.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/150	7.4	6.9	6.2	0.0	0.6	0.0	0.7	1.2
1-2..............	4/389	25.5	19.6	17.4	.4	7.3	4.6	2.8	4.5
3-5..............	639	33.1	27.4	23.2	.7	9.4	6.4	3.5	9.3
6-8..............	737	59.0	54.5	48.8	.2	19.0	9.8	4.2	11.1
MALES:									
9-11.............	346	65.0	59.4	50.2	.0	24.3	9.1	3.8	12.4
12-14............	457	64.0	58.9	49.7	.0	18.8	11.1	2.6	8.6
15-18............	544	58.9	52.0	42.8	.0	16.8	12.6	3.9	6.3
19-22............	406	46.5	35.5	27.4	.4	17.4	17.7	8.3	9.4
23-34............	1,034	46.0	31.9	25.6	.7	16.6	17.4	12.2	6.3
35-50............	1,122	41.7	23.3	19.6	1.0	16.0	15.1	10.8	7.1
51-64............	870	39.2	22.3	19.1	.2	18.3	11.9	9.0	5.1
65-74............	361	17.0	7.9	7.3	.0	11.3	2.8	5.1	2.1
75 AND OVER......	134	14.9	7.1	6.4	.0	5.6	4.3	2.4	1.4
FEMALES:									
9-11.............	402	66.1	59.1	51.8	.6	22.4	13.3	3.4	11.1
12-14............	451	64.9	54.8	45.5	.2	22.8	11.0	2.9	8.2
15-18............	546	54.2	42.2	32.1	1.3	17.5	16.0	5.7	8.2
19-22............	493	38.9	26.1	21.7	.7	15.2	15.8	4.9	5.1
23-34............	1,488	35.8	20.3	17.3	1.1	14.5	14.7	7.6	6.1
35-50............	1,478	34.0	16.1	14.0	.9	17.1	13.0	7.6	4.8
51-64............	1,043	27.7	12.6	11.1	.3	13.8	9.1	5.3	3.3
65-74............	408	20.2	9.8	9.6	.2	10.7	6.5	3.0	2.4
75 AND OVER......	238	13.9	6.2	6.2	.0	7.2	4.2	2.9	1.9
ALL INDIVIDUALS...	4/13,737	41.0	28.8	24.3	.5	15.7	11.9	6.4	6.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

ABLE 26-3.1---MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

8 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
ALES AND FEMALES:									
UNDER 1..........	5/150	541	687	400	3	8	2	4	54
1-2.............	5/389	470	407	395	3	13	9	19	26
3-5.............	639	421	358	338	3	19	9	18	17
6-8.............	737	443	375	354	1	24	8	15	18
ALES:									
9-11............	346	452	382	357	2	31	7	18	20
12-14...........	457	515	439	409	1	27	9	21	25
15-18...........	544	556	463	429	2	29	12	24	26
19-22...........	406	379	295	281	1	13	15	26	21
23-34...........	1,034	322	220	206	4	21	17	28	26
35-50...........	1,122	264	169	156	3	23	17	27	23
51-64...........	870	290	179	170	1	33	18	31	19
65-74...........	361	280	199	186	4	23	16	34	22
75 AND OVER.....	134	346	235	227	0	40	15	37	24
EMALES:									
9-11............	402	396	338	314	2	20	8	16	20
12-14...........	451	394	325	298	3	21	9	16	17
15-18...........	546	327	256	234	4	16	12	16	12
19-22...........	493	258	202	182	6	12	8	20	16
23-34...........	1,488	263	180	163	4	12	16	19	15
35-50...........	1,478	203	131	119	5	13	18	22	14
51-64...........	1,043	224	146	134	5	20	19	21	17
65-74...........	408	247	167	153	7	23	18	20	9
75 AND OVER.....	238	237	156	146	3	30	19	17	15
LL INDIVIDUALS...	5/13,737	325	247	227	3	20	14	22	19

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN ALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

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TABLE 2G-3.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1]/
PERCENTAGE OF INDIVIDUALS USING,[2]/[3]/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS							EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE			
			TOTAL	FLUID MILK	YOGURT					
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/150	93.4	93.4	63.0	3.7	19.0	10.3		16.4	16.4
1-2.............	4/389	98.8	97.7	96.9	4.6	34.9	42.2		59.8	46.2
3-5.............	639	97.9	95.9	95.0	3.2	41.4	42.8		54.2	52.0
6-8.............	737	98.3	96.6	95.0	2.3	41.1	35.7		45.3	53.9
MALES:										
9-11............	346	99.1	96.8	95.8	2.1	42.7	29.7		43.7	48.8
12-14...........	457	97.7	95.1	93.3	2.1	36.8	32.5		45.9	45.1
15-18...........	544	96.4	90.7	88.6	1.7	34.6	37.5		44.6	43.7
19-22...........	406	85.7	78.6	77.9	.6	19.8	36.0		42.5	32.3
23-34...........	1,034	88.6	74.8	73.4	3.5	29.6	46.3		46.8	34.5
35-50...........	1,122	86.7	69.6	68.5	1.5	33.0	45.2		48.7	32.2
51-64...........	870	91.5	78.4	77.7	1.5	46.0	50.2		57.7	32.0
65-74...........	361	90.1	77.5	77.3	2.4	37.4	42.5		62.7	30.2
75 AND OVER.....	134	94.8	85.2	85.2	.0	42.9	49.6		71.1	35.6
FEMALES:										
9-11............	402	[illegible]	96.1	94.4	1.6	38.3	34.6		41.8	51.6
12-14...........	451	96.2	92.9	89.7	2.7	32.6	38.0		40.5	41.3
15-18...........	546	90.0	84.0	81.3	4.8	30.5	40.2		38.8	29.5
19-22...........	493	90.1	76.9	73.1	5.0	23.1	35.2		40.0	32.3
23-34...........	1,488	88.8	76.9	73.9	4.7	27.1	49.7		44.9	32.1
35-50...........	1,478	89.2	71.1	68.7	5.7	28.7	52.6		50.7	30.5
51-64...........	1,043	92.1	77.3	75.1	5.6	37.0	50.7		55.1	32.6
65-74...........	408	92.1	81.5	79.0	6.5	39.3	48.7		56.0	[illegible]
75 AND OVER.....	238	94.1	79.7	77.9	2.3	44.6	48.6		46.2	30.4
ALL INDIVIDUALS...	4/13,737	92.0	81.7	79.6	3.5	33.8	43.9		48.5	36.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

ABLE 2H-1.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

8 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
ALES AND FEMALES:									
UNDER 1..........	5/145	479	650	331	1	7	2	5	62
1-2..............	5/339	440	366	367	2	14	8	19	23
3-5..............	558	433	369	340	2	19	10	18	23
6-8..............	622	542	474	422	3	25	9	15	34
ALES:									
9-11.............	329	575	505	454	1	33	8	21	33
12-14............	406	614	537	470	1	35	8	22	39
15-18............	462	617	513	461	1	38	13	32	35
19-22............	306	436	348	321	1	22	13	27	27
23-34............	837	395	284	259	2	23	20	34	31
35-50............	791	313	217	198	2	27	18	39	36
51-64............	726	316	227	217	1	27	17	38	31
65-74............	388	352	261	246	2	33	17	33	22
75 AND OVER......	184	296	227	224	0	30	8	38	23
EMALES:									
9-11.............	340	509	441	393	(6)	29	8	17	32
12-14............	392	452	336	328	1	30	9	16	27
15-18............	503	411	347	303	2	22	9	16	26
19-22............	416	302	233	201	4	13	15	23	23
23-34............	1,175	263	184	165	2	16	16	22	22
35-50............	1,184	203	141	127	2	17	14	22	22
51-64............	1,044	228	158	147	3	20	17	23	19
65-74............	522	241	170	160	2	24	13	22	15
75 AND OVER......	273	288	217	200	2	25	14	23	14
LL INDIVIDUALS...	5/11,943	362	288	258	2	23	14	25	26

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN ALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

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TABLE 2H-1.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/ PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1	4/145	93.9	92.9	51.5	1.8	19.3	7.5	16.8	18.6
1-2	4/339	97.2	97.0	95.8	3.3	32.1	42.3	58.5	52.4
3-5	558	98.1	96.1	94.3	2.4	38.8	39.3	51.3	60.6
6-8	622	99.0	98.4	97.9	3.2	43.4	39.2	46.4	63.0
MALES:									
9-11	329	99.8	98.5	96.7	.8	45.5	35.2	50.9	60.7
12-14	406	98.0	96.1	94.7	1.6	46.2	37.1	49.9	55.0
15-18	462	96.2	92.6	91.7	1.2	42.4	41.4	54.9	46.6
19-22	306	91.6	82.3	82.0	1.9	28.4	38.9	51.7	36.6
23-34	837	92.5	76.6	74.6	1.8	39.6	51.5	56.2	42.8
35-50	791	89.7	76.4	73.3	1.8	40.6	47.3	61.6	43.4
51-64	726	91.5	77.5	76.5	1.5	43.5	47.3	65.2	42.2
65-74	388	93.4	83.6	82.5	1.2	44.1	40.8	67.1	40.3
75 AND OVER	184	90.0	81.3	80.4	[illegible]	40.2	28.3	68.3	28.8
FEMALES:									
9-11	340	99.0	97.5	96.1	.6	45.9	35.1	44.7	57.4
12-14	392	97.2	91.8	88.4	.8	42.1	38.9	39.8	50.4
15-18	503	94.6	88.8	85.7	1.7	37.5	39.9	42.1	40.7
19-22	416	91.7	80.8	76.6	3.6	27.2	45.8	48.6	41.0
23-34	1,175	90.0	75.4	70.7	3.4	33.7	51.6	51.4	39.2
35-50	1,184	89.3	69.7	65.7	2.2	36.3	48.0	56.0	37.4
51-64	1,044	92.2	77.4	75.8	2.8	39.8	51.2	55.6	37.3
65-74	522	92.3	79.7	77.8	2.3	41.6	42.8	59.2	30.9
75 AND OVER	273	95.2	83.8	82.7	2.3	42.1	37.6	62.3	30.3
ALL INDIVIDUALS	4/11,943	93.4	83.1	80.3	2.1	39.0	44.0	54.0	43.6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2H-2.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/145	4	4	3	(6)	(6)	0	0	(6)
1-2............	5/339	29	23	21	(6)	2	1	1	2
3-5............	558	59	51	43	(6)	3	1	1	2
6-8............	622	151	140	112	(6)	7	2	1	7
MALES:									
9-11............	329	153	141	119	0	9	1	2	9
12-14...........	406	154	140	111	(6)	9	2	2	9
15-18...........	462	146	130	99	(6)	7	3	2	4
19-22...........	306	66	56	41	(6)	3	3	2	5
23-34...........	837	68	47	35	(6)	5	3	5	3
35-50...........	791	40	27	21	(6)	3	3	6	4
51-64...........	726	30	20	16	0	3	2	3	4
65-74...........	388	18	9	8	0	4	2	1	3
75 AND OVER.....	184	14	10	9	0	4	0	2	4
FEMALES:									
9-11............	340	147	133	106	0	8	2	1	7
12-14...........	392	126	112	81	(6)	7	2	1	5
15-18...........	503	102	90	69	(6)	6	3	1	4
19-22...........	416	43	30	18	1	3	3	2	3
23-34...........	1,175	28	16	11	(6)	3	2	2	2
35-50...........	1,184	21	11	7	(6)	4	2	1	1
51-64...........	1,044	15	8	7	(6)	2	1	1	1
65-74...........	522	13	8	6	0	2	1	(6)	1
75 AND OVER.....	273	10	7	6	0	3	(6)	(6)	1
ALL INDIVIDUALS...	5/11,943	59	48	38	(6)	4	2	2	3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2H-2.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1] PERCENTAGE OF INDIVIDUALS USING,[2][3] 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	[4]/145	4.1	3.1	1.9	0.6	1.6	0.0	0.0	0.7
1-2..............	[4]/339	26.2	19.9	19.1	.3	6.8	5.7	5.2	7.4
3-5..............	558	38.6	32.7	27.5	.6	10.2	7.3	4.6	8.8
6-8..............	622	68.3	63.9	54.9	.1	17.1	11.0	3.6	20.8
MALES:									
9-11.............	329	67.1	64.9	58.5	.0	17.7	10.0	6.5	23.7
12-14............	406	66.5	63.7	56.5	.2	17.5	11.2	4.5	19.3
15-18............	462	55.5	50.8	43.1	.3	14.6	12.4	4.7	10.2
19-22............	306	32.0	27.3	22.2	.7	8.1	10.7	6.7	7.1
23-34............	837	44.5	29.3	23.8	.2	14.3	16.2	13.0	7.8
35-50............	791	33.8	23.8	21.4	.1	11.1	10.0	11.1	6.3
51-64............	726	23.5	11.7	9.7	.0	9.6	8.9	6.3	5.4
65-74............	388	19.0	8.6	8.3	.0	8.8	6.9	2.5	6.0
75 AND OVER......	184	18.5	10.1	9.2	.0	9.0	.0	3.7	4.4
FEMALES:									
9-11.............	340	70.8	66.3	58.3	.0	21.0	11.1	4.0	19.6
12-14............	392	61.7	55.7	44.3	.3	16.3	13.4	3.8	14.2
15-18............	503	53.0	45.8	38.0	.6	15.2	14.7	4.8	10.6
19-22............	416	33.8	20.[illegible]	13.6	.7	11.0	12.4	5.6	9.3
23-34............	1,175	30.9	17.4	14.5	.2	13.1	11.2	5.4	6.0
35-50............	1,184	26.0	11.5	8.9	.1	11.0	9.5	5.2	4.7
51-64............	1,044	20.4	9.5	8.5	.3	9.7	7.7	3.5	4.9
65-74............	522	18.1	8.4	7.1	.0	7.5	5.7	2.7	4.1
75 AND OVER......	273	13.1	5.4	4.8	.0	8.4	2.8	1.8	1.5
ALL INDIVIDUALS...	[4]/11,943	36.9	27.4	23.2	.2	12.1	9.9	5.5	8.7

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2H-3.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1.........	5/145	475	647	329	1	7	3	5	61
1-2............	5/339	411	363	346	2	11	7	18	21
3-5............	558	374	318	297	2	16	8	16	22
6-8............	622	391	334	310	3	18	8	14	23
MALES:									
9-11...........	329	422	364	336	1	24	7	19	24
12-14..........	406	460	398	359	1	27	6	21	30
15-18..........	462	471	383	362	1	31	9	30	31
19-22..........	306	370	292	280	1	19	10	26	22
23-34..........	837	328	237	224	2	19	16	29	27
35-50..........	791	274	190	177	1	23	15	34	32
51-64..........	726	286	207	201	1	24	15	35	27
65-74..........	388	334	252	238	2	30	15	33	19
75 AND OVER.....	184	281	217	214	0	26	8	36	18
FEMALES:									
9-11...........	340	361	308	287	(6)	21	6	15	25
12-14..........	392	326	274	247	1	23	7	15	22
15-18..........	503	308	258	234	1	16	7	14	22
19-22..........	416	259	203	193	3	9	12	20	20
23-34..........	1,175	235	169	154	2	12	14	20	20
35-50..........	1,184	183	130	120	1	13	12	20	20
51-64..........	1,044	213	150	141	2	18	16	22	18
65-74..........	522	228	162	154	2	21	12	22	14
75 AND OVER.....	273	278	210	195	2	22	13	23	13
ALL INDIVIDUALS...	5/11,943	303	240	220	2	19	12	23	23

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2H-3.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM-MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/145	93.9	92.9	51.9	1.8	18.7	7.5	16.8	18.6
1-2.............	4/339	96.4	95.0	94.1	3.0	27.7	38.5	55.7	47.4
3-5.............	558	97.2	94.7	92.6	1.8	31.6	34.7	48.8	56.6
6-8.............	622	96.8	95.3	94.7	3.2	31.8	31.5	43.4	51.4
MALES:									
9-11............	329	97.1	93.9	92.2	.8	35.7	28.3	47.5	47.3
12-14...........	406	95.7	92.6	91.6	1.4	35.3	27.7	47.4	43.0
15-18...........	462	93.9	88.7	87.6	.9	33.4	32.6	52.0	39.7
19-22...........	306	90.9	78.7	78.4	1.2	22.3	33.7	46.6	30.6
23-34...........	837	88.2	71.8	69.3	1.7	30.7	42.3	48.5	37.4
35-50...........	791	86.5	73.0	70.0	1.6	34.0	41.5	55.2	40.0
51-64...........	726	89.2	76.6	76.0	1.5	39.5	42.4	61.7	38.0
65-74...........	388	92.4	83.1	82.0	1.2	39.5	37.5	65.4	35.3
75 AND OVER.....	184	90.0	81.3	80.4	.0	34.8	28.3	66.9	27.1
FEMALES:									
9-11............	340	95.8	92.6	91.5	.6	34.[illegible]	27.4	42.7	47.3
12-14...........	392	93.9	86.6	83.7	.5	31.8	29.4	37.4	41.9
15-18...........	503	89.1	82.2	80.5	1.4	26.8	28.3	39.2	34.5
19-22...........	416	88.7	77.7	73.5	3.6	28.1	38.5	44.8	34.[illegible]
23-34...........	1,175	87.3	72.5	68.6	3.2	25.1	45.7	47.6	35.0
35-50...........	1,184	87.3	68.0	64.8	2.1	30.4	42.5	53.1	34.3
51-64...........	1,044	91.1	76.2	75.2	2.5	34.7	47.2	53.8	34.4
65-74...........	522	91.4	79.0	77.4	2.3	37.8	38.8	58.1	28.[illegible]
75 AND OVER.....	273	95.2	83.8	82.7	2.3	38.7	35.4	61.2	28.[illegible]
ALL INDIVIDUALS...	4/11,943	91.1	80.4	78.0	2.0	31.7	37.9	50.7	38.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2I-1.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/ AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/322	498	651	353	2	8	[illegible]	5	61
1-2.............	5/814	488	419	402	3	15	[illegible]	19	22
3-5.............	1,327	469	396	370	3	22	10	18	15
6-8.............	1,482	558	481	435	3	29	10	15	22
MALES:									
9-11............	750	592	510	455	1	39	8	18	25
12-14...........	923	650	560	494	2	38	10	21	29
15-18...........	1,115	703	586	523	3	39	15	27	28
19-22...........	850	499	394	358	3	21	17	28	23
23-34...........	2,393	398	272	247	4	25	21	33	27
35-50...........	2,228	317	211	191	3	28	20	35	29
51-64...........	1,923	323	209	196	2	34	20	36	26
65-74...........	932	325	225	215	3	32	19	35	22
75 AND OVER.....	399	328	229	224	0	33	16	36	21
FEMALES:									
9-11............	795	543	464	415	2	32	10	15	22
12-14...........	905	493	411	353	2	33	11	15	21
15-18...........	1,164	423	341	295	3	24	13	15	17
19-22...........	1,045	321	237	206	5	16	17	21	17
23-34...........	3,298	296	201	178	6	16	19	21	18
35-50...........	3,114	226	146	130	5	17	19	23	17
51-64...........	2,542	243	160	147	5	22	20	23	17
65-74...........	1,207	257	176	165	5	23	18	21	13
75 AND OVER.....	688	278	199	185	3	29	19	20	13
ALL INDIVIDUALS...	5/30,215	380	290	260	4	25	17	24	22

1/ SEE "TABLE NOTES," APPENDIX B.

2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.

3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.

4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.

5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2I-1.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	[4]/322	92.7	92.3	57.1	2.9	20.3	10.3	17.1	15.9
1-2.............	[4]/814	98.6	97.6	56.7	5.2	39.4	45.9	59.6	50.3
3-5.............	1,327	99.3	97.9	96.7	4.1	45.3	46.9	51.3	58.4
6-8.............	1,482	99.5	98.7	97.9	3.5	49.1	43.7	45.6	60.5
MALES:									
9-11............	750	99.7	98.6	97.9	1.7	50.5	35.3	46.9	55.6
12-14............	923	98.8	97.2	95.3	2.2	50.3	40.2	45.7	50.7
15-18............	1,115	98.3	95.1	92.6	2.5	46.5	45.8	48.3	45.8
19-22............	850	93.0	85.1	83.1	2.6	32.4	45.9	47.8	37.5
23-34............	2,393	93.0	78.8	76.5	4.1	40.6	56.3	54.4	40.3
35-50............	2,228	90.8	75.8	73.2	2.7	42.5	51.0	58.7	38.9
51-64............	1,923	93.6	79.6	78.4	1.8	50.0	54.8	64.3	38.2
65-74............	932	94.7	84.2	83.6	1.9	46.7	45.4	67.4	35.8
75 AND OVER.....	399	95.5	87.7	86.4	.0	43.9	43.5	70.4	33.3
FEMALES:									
9-11............	795	99.9	98.8	96.8	2.0	51.9	43.0	43.8	55.6
12-14............	905	98.0	93.7	90.7	2.2	47.6	44.1	38.5	46.8
15-18............	1,164	95.3	89.2	86.1	4.0	40.6	48.1	41.3	35.8
19-22............	1,045	94.6	84.3	79.4	5.8	32.6	50.5	45.8	36.0
23-34............	3,298	93.2	80.5	76.3	6.3	35.8	57.4	49.5	37.8
35-50............	3,114	92.2	73.0	69.0	5.7	37.4	55.8	55.0	34.9
51-64............	2,542	93.7	78.3	76.3	5.3	42.2	55.0	56.8	34.0
65-74............	1,207	92.8	81.7	79.9	4.7	41.0	51.1	58.0	28.7
75 AND OVER.....	688	96.2	84.1	82.1	2.8	47.6	47.5	56.3	29.7
ALL INDIVIDUALS...	[4]/30,215	94.8	84.6	81.8	3.9	42.2	50.2	52.6	40.7

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2I-2.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/322	6	6	4	(6)	(6)	0	(6)	(6)
1-2..............	5/814	32	25	23	(6)	2	1	1	2
3-5..............	1,327	47	39	33	(6)	3	1	1	2
6-8..............	1,482	124	112	89	(6)	7	1	1	4
MALES:									
9-11.............	750	142	128	102	0	10	1	2	6
12-14............	923	145	130	98	(6)	9	2	1	5
15-18............	1,115	143	124	90	1	8	3	2	3
19-22............	850	8[illegible]	71	52	1	5	3	4	5
23-34............	2,393	72	49	38	1	6	4	6	3
35-50............	2,228	44	28	21	1	4	3	6	3
51-64............	1,923	35	20	15	(6)	5	3	4	4
65-74............	932	16	7	5	(6)	3	2	1	2
75 AND OVER.....	399	12	6	5	0	3	1	1	2
FEMALES:									
9-11.............	795	136	120	93	(6)	9	2	1	4
12-14............	905	115	99	70	(6)	9	2	1	3
15-18............	1,164	90	74	53	(6)	6	3	2	3
19-22............	1,045	49	31	20	1	5	4	2	3
23-34............	3,298	36	20	15	1	4	3	3	2
35-50............	3,114	25	12	8	1	4	3	3	2
51-64............	2,542	18	9	8	(6)	3	2	2	1
65-74............	1,207	11	5	5	(6)	3	2	[illegible]	1
75 AND OVER.....	688	11	6	6	(6)	2	1	(6)	1
LL INDIVIDUALS...	5/30,215	57	44	33	(6)	5	2	[illegible]	3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN ALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2I-2.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/322	5.0	4.3	3.1	0.3	1.2	0.0	0.3	1.0
1-2.............	4/814	28.6	21.5	20.1	.3	8.6	5.7	4.0	7.0
3-5.............	1,327	35.6	28.9	24.5	.6	10.1	7.0	4.0	9.3
6-8.............	1,482	62.2	57.1	48.7	.3	17.4	10.5	3.6	14.3
MALES:									
9-11............	750	65.3	61.2	53.0	.0	20.0	9.5	4.3	17.0
12-14...........	923	64.5	59.3	50.4	.1	19.2	11.9	3.5	12.2
15-18...........	1,115	57.1	49.8	40.2	.7	16.5	13.4	4.1	7.1
19-22...........	850	42.1	32.6	25.9	1.0	13.4	14.5	8.0	8.8
23-34...........	2,393	46.7	31.3	25.2	.8	17.0	18.3	13.7	8.3
35-50...........	2,228	39.3	24.4	21.3	.8	14.4	17.4	12.2	7.4
51-64...........	1,923	33.7	18.4	15.6	.2	15.6	10.5	5.4	5.4
65-74...........	932	20.5	8.6	7.7	.3	11.7	5.9	4.0	3.8
75 AND OVER.....	399	18.0	8.6	8.0	.0	8.3	4.0	3.4	2.1
FEMALES:									
9-11............	795	66.1	60.7	51.9	.5	21.7	13.0	3.1	14.5
12-14...........	905	60.8	52.1	41.[illegible]	.4	19.3	12.4	2.7	10.2
15-18...........	1,164	50.9	41.7	32.[illegible]	.7	16.1	14.7	5.3	8.3
19-22...........	1,045	40.0	24.1	18.2	.9	15.4	16.8	5.0	8.1
23-34...........	3,298	35.7	20.8	17.5	1.0	14.9	13.9	6.9	6.7
35-50...........	3,114	31.6	14.4	11.5	.7	14.5	12.0	6.5	5.6
51-64...........	2,542	26.3	12.0	10.5	.4	12.5	9.4	4.9	4.5
65-74...........	1,207	20.2	8.6	8.1	.1	10.3	6.6	3.5	3.5
75 AND OVER.....	688	14.8	6.1	5.8	.1	8.4	4.5	1.7	1.8
ALL INDIVIDUALS...	4/30,215	39.3	27.5	22.9	.6	14.6	11.6	6.3	7.5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2I-3.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/ AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1.........	5/322	492	645	349	2	8	3	5	60
1-2.............	5/814	456	394	379	3	13	9	18	21
3-5.............	1,327	422	357	338	3	18	9	16	18
6-8.............	1,482	435	369	346	2	22	9	14	18
MALES:									
9-11............	750	449	382	353	1	29	7	17	19
12-14...........	923	505	431	395	2	29	8	19	24
15-18...........	1,115	561	462	433	2	31	12	26	25
19-22...........	850	411	323	306	2	16	13	24	18
23-34...........	2,393	326	223	210	4	19	17	27	24
35-50...........	2,228	273	183	170	3	23	17	29	26
51-64...........	1,923	289	189	181	2	29	17	32	22
65-74...........	932	309	220	210	2	28	17	34	20
75 AND OVER.....	399	316	223	218	0	30	15	34	19
FEMALES:									
9-11............	795	407	344	322	1	23	8	15	18
12-14...........	905	378	311	282	2	24	9	14	18
15-18...........	1,164	333	266	242	3	17	10	14	14
19-22...........	1,045	272	206	186	6	11	13	19	14
23-34...........	3,238	261	181	163	5	12	16	19	15
35-50...........	3,11[illegible]	202	134	122	4	13	16	21	15
51-64...........	2,542	224	15[illegible]	139	5	19	18	21	15
65-74...........	1,207	246	171	161	4	20	17	20	12
75 AND OVER.....	688	268	193	179	3	27	17	20	12
ALL INDIVIDUALS...	5/30,215	322	246	226	3	20	1[illegible]	22	19

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 21-3.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/322	92.7	92.3	57.1	2.9	19.8	10.3	17.1	15.5
1-2..............	4/814	97.8	96.9	96.0	4.9	33.9	42.4	57.3	46.1
3-5..............	1,327	98.6	96.8	95.5	3.7	39.0	42.[illegible]	49.2	53.1
6-8..............	1,482	98.2	97.1	96.0	3.3	38.8	36.3	42.8	52.6
MALES:									
9-11.............	750	98.3	95.9	94.8	1.7	40.5	29.3	43.4	45.5
12-14............	923	97.5	94.6	93.1	2.1	37.7	32.2	43.6	43.2
15-18............	1,115	96.7	91.6	89.7	2.0	36.8	37.2	46.4	41.4
19-22............	850	88.3	80.1	79.1	1.6	22.5	36.6	41.9	30.8
23-34............	2,393	88.8	74.1	72.4	3.7	29.7	47.2	45.7	34.6
35-50............	2,228	86.8	71.6	69.5	2.0	34.1	43.9	50.9	34.2
51-64............	1,923	91.0	77.0	76.3	1.6	42.1	49.0	59.2	34.1
65-74............	932	93.9	83.4	82.8	1.6	40.7	42.3	65.1	32.5
75 AND OVER......	399	95.5	87.7	86.4	.0	38.9	42.1	69.5	32.7
FEMALES:									
9-11.............	795	98.1	95.4	94.1	1.5	39.8	33.7	41.9	47.4
12-14............	905	95.6	90.7	87.5	1.9	35.0	35.9	36.8	40.2
15-18............	1,164	90.7	84.4	82.3	3.3	28.9	37.8	37.5	29.9
19-22............	1,045	90.6	79.0	75.0	5.1	22.1	40.9	42.2	30.1
23-34............	3,298	89.8	77.1	73.6	5.6	26.3	50.3	45.5	32.8
35-50............	3,114	89.4	70.8	67.6	5.1	28.4	50.4	51.5	31.0
51-64............	2,[illegible]42	91.8	76.9	75.3	4.9	35.3	49.9	53.7	31.2
65-74............	1,[illegible]07	92.1	81.4	79.7	4.7	36.3	47.[illegible]	56.2	26.4
75 AND OVER......	688	95.7	83.6	81.7	2.7	43.4	45.1	5[illegible].9	28.3
ALL INDIVIDUALS...	4/30,215	92.3	81.8	79.5	3.5	33.4	43.6	48.8	35.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2J-1.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/68	439	676	265	0	9	(6)	6	51
1-2.............	5/158	359	345	328	(6)	7	2	26	16
3-5.............	276	352	326	310	(6)	12	3	24	25
6-8.............	255	421	377	357	0	17	5	23	24
MALES:									
9-11............	137	391	364	348	0	15	2	27	28
12-14...........	173	395	367	334	0	17	2	24	40
15-18...........	226	363	319	291	0	12	6	42	40
19-22...........	136	228	193	179	0	7	5	53	37
23-34...........	229	212	175	159	1	8	6	48	32
35-50...........	254	161	109	102	2	12	7	47	37
51-64...........	195	196	148	144	0	17	7	52	40
65-74...........	99	193	153	150	0	12	5	49	[illegible]
75 AND OVER.....	62	216	166	166	0	18	5	57	35
FEMALES:									
9-11............	154	404	369	339	0	19	4	20	39
12-14...........	172	340	299	274	(6)	17	5	21	30
15-18...........	243	304	267	247	2	13	5	25	29
19-22...........	192	160	117	107	0	17	6	29	39
23-34...........	421	155	115	107	0	12	7	33	24
35-50...........	493	146	106	100	0	12	6	31	23
51-64...........	331	154	115	114	(6)	13	7	34	21
65-74...........	151	183	137	133	1	20	8	32	17
75 AND OVER.....	59	199	179	179	0	8	3	35	27
ALL INDIVIDUALS...	5/4,485	254	220	201	(6)	13	5	33	29

1/ SEE "TABLE NOTES," APPENDIX B.

2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.

3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.

4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.

5/ EXCLUDES BREAST-FED INFANTS.

6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2J-1.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS 1/
PERCENTAGE OF INDIVIDUALS USING, 2/ 3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/68	93.1	93.1	49.0	0.0	7.2	1.3	22.9	22.2
1-2.............	4/158	97.8	96.6	95.0	.6	19.8	16.6	67.7	41.6
3-5.............	276	96.6	96.0	95.2	1.3	23.5	17.1	68.5	47.4
6-8.............	255	98.9	98.9	98.6	.0	32.6	22.0	57.6	46.2
MALES:									
9-11............	137	98.8	98.8	98.2	.0	24.2	19.9	66.6	45.1
12-14...........	173	95.8	95.0	93.0	.0	27.6	17.9	57.4	49.4
15-18...........	226	91.5	87.0	85.9	.0	20.2	29.8	70.2	42.8
19-22...........	136	89.7	81.9	79.3	.0	13.2	34.1	76.1	42.0
23-34...........	229	80.1	68.6	65.0	1.2	21.4	25.8	69.8	34.0
35-50...........	254	75.1	62.2	61.3	1.4	23.6	23.8	71.0	40.6
51-64...........	195	77.1	68.7	67.0	.0	28.7	25.0	73.2	35.2
65-74...........	99	74.4	61.6	61.6	.0	20.5	24.6	69.5	35.7
75 AND OVER.....	62	74.2	65.3	65.3	.0	26.7	20.2	80.3	35.4
FEMALES:									
9-11............	154	98.3	97.7	97.1	.0	32.9	25.9	52.1	50.2
12-14...........	172	93.1	89.2	86.5	.8	27.7	28.1	53.4	34.1
15-18...........	243	92.6	86.8	83.0	.9	23.2	28.5	56.5	39.7
19-22...........	192	79.2	65.6	63.2	.0	27.7	28.9	67.0	39.9
23-34...........	421	78.7	64.7	61.0	.0	24.2	28.6	66.2	33.2
35-50...........	493	77.8	61.0	59.1	.0	23.4	30.9	57.6	30.8
51-64...........	331	80.0	67.9	67.9	.5	26.0	28.7	69.1	28.9
65-74...........	151	86.8	72.3	71.7	1.1	34.6	21.7	67.0	26.4
75 AND OVER.....	59	84.5	81.4	79.0	.0	14.0	10.4	69.1	28.9
ALL INDIVIDUALS...	4/4,485	86.1	77.8	75.4	.4	24.6	25.1	64.3	37.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2J-2.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT[4])	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1	[5]/68	8	8	8	0	0	0	0	(6)
1-2	[5]/158	16	14	14	0	1	(6)	1	1
3-5	276	51	48	42	(6)	2	(6)	2	3
6-8	255	126	126	115	0	5	1	2	5
MALES:									
9-11	137	122	124	115	0	2	1	2	5
12-14	173	134	130	106	0	3	1	1	9
15-18	226	97	89	73	0	3	2	2	6
19-22	136	31	29	23	0	2	1	4	2
23-34	229	36	31	28	0	1	2	4	3
35-50	254	15	13	10	0	(6)	2	4	3
51-64	195	16	9	8	0	2	1	2	5
65-74	99	8	7	7	0	0	(6)	1	0
75 AND OVER	62	6	6	6	0	0	0	0	2
FEMALES:									
9-11	154	132	120	97	0	7	1	2	8
12-14	172	101	98	76	0	6	1	1	3
15-18	243	75	68	57	1	3	1	(6)	6
19-22	192	24	12	10	0	3	2	1	1
23-34	421	14	9	6	0	3	1	2	2
35-50	493	13	9	8	0	1	1	3	(6)
51-64	331	8	5	5	0	1	1	2	1
65-74	151	7	6	4	0	(6)	(6)	1	(6)
75 AND OVER	59	12	11	11	0	1	0	0	3
ALL INDIVIDUALS	[5]/4,485	47	42	36	(6)	2	1	2	3

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
[5] EXCLUDES BREAST-FED INFANTS.
[6] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2J-2.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1]/ PERCENTAGE OF INDIVIDUALS USING,[2]/[3]/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/68	5.3	5.3	5.3	0.0	0.0	0.0	0.0	1.1
1-2.............	4/158	14.7	11.2	11.2	.0	4.5	.5	5.8	2.4
3-5.............	276	30.2	26.9	24.4	.5	6.4	3.2	5.0	9.8
6-8.............	255	60.4	61.6	58.2	.0	10.5	9.4	7.7	12.5
MALES:									
9-11............	137	58.1	59.0	58.3	.0	6.0	8.0	8.3	9.9
12-14...........	173	61.6	61.0	55.1	.0	7.3	5.2	4.0	16.9
15-18...........	226	43.7	41.6	36.1	.0	6.6	10.9	5.9	12.0
19-22...........	136	20.4	17.8	13.5	.0	5.2	8.7	11.4	4.3
23-34...........	229	21.2	15.4	13.9	.0	7.0	9.2	8.2	3.6
35-50...........	254	16.5	12.3	10.8	.0	4.0	8.3	11.1	2.9
51-64...........	195	15.0	8.9	8.1	.0	7.4	9.7	6.7	4.0
65-74...........	99	9.2	6.9	6.9	.0	.0	2.3	1.9	.0
75 AND OVER.....	62	3.9	3.9	3.9	.0	.0	.0	.0	3.9
FEMALES:									
9-11............	154	65.2	61.0	56.0	.0	15.2	10.9	5.5	13.2
12-14...........	172	52.8	49.4	44.6	.0	10.9	8.1	3.6	5.9
15-18...........	243	44.5	38.1	33.0	.6	8.3	7.8	1.1	10.1
19-22...........	192	15.6	12.9	10.7	.0	6.6	9.2	4.6	.8
23-34...........	421	18.5	10.1	7.0	.0	8.9	5.0	7.1	5.2
35-50...........	493	16.1	9.6	8.3	.0	3.8	4.9	6.2	.7
51-64...........	331	10.5	5.8	5.8	.0	4.6	4.8	4.0	1.3
65-74...........	151	7.3	5.4	4.5	.0	1.9	1.2	2.8	1.2
75 AND OVER.....	59	8.5	6.5	6.5	.0	3.8	.0	.0	2.2
ALL INDIVIDUALS...	4/4,485	27.8	23.8	21.4	.1	6.4	6.3	5.7	5.7

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[1]/ SEE "TABLE NOTES," APPENDIX B.
[2]/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3]/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4]/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2J-3.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT[4])	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	[5]68	431	668	257	0	9	(6)	6	51
1-2.............	[5]158	343	330	313	(6)	6	2	24	16
3-5.............	276	301	277	268	(6)	9	2	22	22
6-8.............	255	294	251	242	0	12	3	21	20
MALES:									
9-11............	137	269	239	234	0	13	2	25	22
12-14...........	173	261	237	228	0	14	2	23	31
15-18...........	226	266	231	219	0	9	4	40	34
19-22...........	136	198	164	156	0	4	4	49	35
23-34...........	229	176	144	131	1	7	4	44	29
35-50...........	254	147	96	93	2	11	4	43	34
51-64...........	195	180	138	135	0	14	5	50	35
65-74...........	99	185	146	144	0	12	5	48	30
75 AND OVER.....	62	209	160	159	0	18	5	57	33
FEMALES:									
9-11............	154	273	249	242	0	12	3	18	31
12-14...........	172	239	201	197	(6)	11	4	20	27
15-18...........	243	229	200	190	1	9	3	25	23
19-22...........	192	137	105	97	0	13	3	28	39
23-34...........	421	141	107	101	0	9	6	30	22
35-50...........	493	133	97	92	0	12	5	28	23
51-64...........	331	146	110	108	(6)	12	6	32	20
65-74...........	151	176	131	129	1	19	8	31	17
75 AND OVER.....	59	187	167	167	0	7	3	35	24
ALL INDIVIDUALS...	[5]4,485	207	177	165	(6)	11	4	31	26

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[1] SEE "TABLE NOTES," APPENDIX B.

[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.

[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.

[4] CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.

[5] EXCLUDES BREAST-FED INFANTS.

[6] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2J-3.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1]
PERCENTAGE OF INDIVIDUALS USING,[2][3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	[4]68	93.1	93.1	49.0	0.0	7.2	1.3	22.9	21.0
1-2..............	[4]158	97.8	95.7	94.0	.6	15.9	16.1	65.8	40.0
3-5..............	276	94.1	92.8	92.1	.8	18.7	14.2	64.7	42.7
6-8..............	255	94.2	90.1	88.8	.0	23.6	14.1	52.5	38.8
MALES:									
9-11.............	137	96.5	91.1	90.5	.0	19.1	11.9	61.5	41.6
12-14............	173	91.6	89.1	87.7	.0	21.8	12.7	54.6	38.5
15-18............	226	87.4	81.2	79.6	.0	13.7	20.1	65.1	33.5
19-22............	136	89.7	78.7	76.1	.0	8.9	28.5	70.6	37.7
23-34............	229	76.1	61.9	58.5	1.2	17.3	18.5	65.4	30.9
35-50............	254	73.4	57.1	57.1	1.4	20.0	16.8	64.0	38.0
51-64............	195	77.1	66.7	65.8	.0	22.7	17.9	70.1	31.2
65-74............	99	72.8	60.0	60.0	.0	20.5	23.8	69.5	35.7
75 AND OVER......	62	74.2	65.3	65.3	.0	26.7	20.2	80.3	31.5
FEMALES:									
9-11.............	154	93.7	92.1	90.4	.0	21.9	16.9	49.0	42.8
12-14............	172	88.4	81.0	79.8	.8	20.6	21.4	50.2	32.3
15-18............	243	87.3	81.3	78.6	.9	17.9	20.9	56.0	33.1
19-22............	192	78.4	58.9	57.5	.0	22.9	21.2	63.1	39.9
23-34............	421	74.2	60.4	58.4	.0	17.9	24.7	61.7	29.5
35-50............	493	74.5	58.4	56.9	.0	20.6	26.6	53.7	30.1
51-64............	331	78.1	66.0	66.0	.5	24.1	23.9	67.7	28.4
65-74............	151	85.7	71.2	70.5	1.1	34.1	20.6	64.7	25.2
75 AND OVER......	59	84.5	81.4	79.0	.0	20.3	10.4	69.1	26.7
ALL INDIVIDUALS...	[4]4,485	83.3	73.5	71.5	.4	19.9	19.8	60.8	34.0

[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 2K-1.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SPRING 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS: TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK PRODUCTS: MILK, MILK DRINKS: TOTAL	MILK, MILK PRODUCTS: MILK, MILK DRINKS: FLUID MILK	MILK, MILK PRODUCTS: MILK, MILK DRINKS: YOGURT	MILK, MILK PRODUCTS: CREAM, MILK DESSERTS	MILK, MILK PRODUCTS: CHEESE	EGGS	LEGUMES, NUTS, SEEDS
	NUMBER	GRAMS	GRAMS	GRAMS	GRAMS	GRAMS	GRAMS	GRAMS	GRAMS
MALES AND FEMALES:									
UNDER 1..........	5/75	478	590	354	0	7	1	5	63
1-2.............	5/246	479	403	395	2	14	10	22	22
3-5.............	404	425	355	336	2	21	10	29	21
6-8.............	428	569	431	396	1	26	10	18	25
MALES:									
9-11............	196	492	422	389	1	35	6	23	24
12-14...........	296	590	506	460	1	36	11	23	32
15-18...........	365	641	533	481	4	37	14	31	32
19-22...........	256	469	372	328	2	20	16	34	28
23-34...........	708	354	241	214	6	24	20	33	30
35-50...........	714	304	204	187	2	28	18	39	33
51-64...........	579	278	181	170	1	31	18	38	31
65-74...........	270	319	220	206	(6)	34	15	38	24
75 AND OVER.....	114	306	198	189	0	30	20	40	23
FEMALES:									
9-11............	222	480	403	366	1	35	9	17	33
12-14...........	295	455	380	335	2	30	10	17	24
15-18...........	374	404	321	281	4	27	11	19	22
19-22...........	300	318	227	206	6	19	19	25	16
23-34...........	865	280	192	169	5	17	18	22	19
35-50...........	838	205	131	117	5	19	16	23	19
51-64...........	715	220	144	134	4	21	20	26	19
65-74...........	346	258	176	166	5	24	15	23	15
75 AND OVER.....	173	269	197	188	4	27	18	20	8
ALL INDIVIDUALS...	5/8,780	354	269	244	4	25	15	27	24

1/ SEE "TABLE NOTES," APPENDIX B.

2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.

3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.

4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.

5/ EXCLUDES BREAST-FED INFANTS.

6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 2K-1.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3] SPRING 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	[4]/75	91.9	91.9	61.0	0.0	16.9	6.1	20.7	15.9
1-2..............	[4]/246	99.3	99.3	98.9	3.8	40.3	46.2	59.9	46.5
3-5..............	404	98.2	96.5	95.2	2.3	44.9	45.0	56.6	56.8
6-8..............	429	97.8	97.4	95.9	1.6	49.1	38.4	53.9	61.6
MALES:									
9-11.............	196	98.4	97.7	95.8	1.5	39.1	30.7	55.1	50.9
12-14............	296	96.4	94.7	92.7	1.8	46.9	33.7	50.6	52.9
15-18............	365	95.5	90.5	88.7	3.1	44.6	44.2	52.1	47.3
19-22............	256	92.8	85.8	82.1	1.4	29.0	45.0	53.6	39.2
23-34............	708	92.3	76.7	73.0	4.5	42.9	52.1	53.2	41.4
35-50............	714	90.7	73.6	71.9	2.3	41.1	46.4	62.0	40.4
51-64............	579	90.5	75.5	74.5	1.6	46.3	47.7	65.3	39.6
65-74............	270	92.8	83.6	82.4	1.1	43.9	45.5	70.5	33.4
75 AND OVER......	114	88.9	80.4	78.6	.0	42.1	44.9	69.1	34.5
FEMALES:									
9-11.............	222	98.0	96.6	96.1	1.1	53.9	40.0	45.5	62.0
12-14............	295	96.4	90.5	87.0	2.2	45.7	41.3	42.3	43.8
15-18............	374	94.2	87.3	83.5	5.6	46.3	47.3	46.7	39.4
19-22............	300	93.0	83.2	79.6	6.3	40.9	51.2	52.9	30.5
23-34............	865	90.3	76.8	71.2	7.5	37.4	52.8	50.6	37.7
35-50............	838	89.9	71.2	67.6	5.0	38.8	50.1	52.9	35.2
51-64............	715	90.4	73.8	72.2	4.3	39.7	52.4	58.3	33.7
65-74............	346	92.8	82.8	81.6	4.8	44.6	50.5	61.3	28.5
75 AND OVER......	173	93.3	81.9	79.3	4.0	43.4	41.2	57.0	23.9
ALL INDIVIDUALS...	[4]/8,780	93.0	82.5	79.7	3.7	42.1	46.6	55.1	41.0

[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 2K-2.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SPRING 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/75	10	9	8	0	(6)	0	0	(6)
1-2..............	5/246	27	22	19	1	2	(6)	1	3
3-5..............	404	41	35	29	1	4	1	1	2
6-8..............	428	110	100	78	(6)	7	1	2	5
MALES:									
9-11.............	196	104	97	80	0	9	1	2	5
12-14............	296	131	118	94	0	8	2	1	5
15-18............	365	125	111	79	1	7	3	2	3
19-22............	256	69	59	34	0	6	3	4	7
23-34............	708	63	42	29	1	5	4	6	4
35-50............	714	44	28	21	1	5	3	6	4
51-64............	579	27	16	12	0	4	3	4	5
65-74............	270	11	5	4	0	3	1	2	2
75 AND OVER......	114	8	4	3	0	1	2	1	3
FEMALES:									
9-11.............	222	107	90	65	0	13	2	1	4
12-14............	295	99	79	60	(6)	7	2	(6)	3
15-18............	374	73	62	44	1	8	2	2	4
19-22............	300	47	32	26	2	6	4	3	3
23-34............	865	37	21	14	1	5	3	3	2
35-50............	838	21	10	8	(6)	5	2	3	2
51-64............	715	17	8	6	1	3	2	2	2
65-74............	346	12	5	4	0	3	2	1	1
75 AND OVER......	173	9	4	4	0	1	3	(6)	1
ALL INDIVIDUALS...	5/8,780	51	39	29	1	5	2	3	3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 2K-2.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/ PERCENTAGE OF INDIVIDUALS USING,2/3/ SPRING 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS: TOTAL	MILK, MILK DRINKS: TOTAL	MILK, MILK DRINKS: FLUID MILK	MILK, MILK DRINKS: YOGURT	CREAM, MILK DESSERTS	CHEESE	EGGS	LEGUMES, NUTS, SEEDS
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/75	6.9	4.7	3.4	0.0	2.2	0.0	0.0	1.3
1-2..............	4/246	29.7	21.9	20.0	1.1	9.4	4.6	5.6	6.2
3-5..............	404	36.0	27.4	22.6	.6	13.3	5.0	4.5	9.4
6-8..............	428	58.0	52.1	43.1	.3	19.0	8.7	4.4	14.0
MALES:									
9-11.............	195	56.3	52.8	48.4	.0	15.2	7.9	6.0	9.5
12-14............	296	58.4	54.8	48.9	.0	17.0	7.4	4.4	11.1
15-18............	365	49.4	43.4	34.5	.8	15.1	14.5	4.0	7.3
19-22............	256	35.2	28.7	22.9	.0	13.0	13.5	8.0	9.6
23-34............	708	45.3	26.5	19.4	1.2	18.4	17.5	12.7	9.5
35-50............	714	37.2	23.1	20.2	.9	14.3	13.6	13.9	8.6
51-64............	579	29.8	15.9	14.2	.0	14.1	8.7	7.4	4.7
65-74............	270	17.8	9.0	8.3	.0	10.2	5.4	5.7	3.8
75 AND OVER......	114	15.1	5.8	5.0	.0	6.1	5.2	1.8	4.0
FEMALES:									
9-11.............	222	56.5	47.5	40.6	.0	24.0	9.8	3.1	12.6
12-14............	295	54.0	44.6	36.9	.3	16.7	12.1	1.5	8.7
15-18............	374	46.9	38.6	29.8	1.1	18.4	11.4	6.4	10.5
19-22............	300	39.6	21.7	16.7	2.9	17.0	16.9	6.2	6.4
23-34............	865	35.1	20.8	16.0	1.7	15.7	13.6	8.6	7.1
35-50............	838	29.4	13.3	11.4	.3	14.0	10.9	7.8	5.4
51-64............	715	24.5	10.7	9.2	.4	10.4	10.8	4.3	4.8
65-74............	346	19.8	7.4	6.5	.0	9.9	7.3	3.2	3.0
75 AND OVER......	173	14.2	4.2	3.7	.0	6.5	6.1	.5	1.1
ALL INDIVIDUALS...	4/8,780	37.0	25.2	20.9	.7	14.5	10.9	6.8	7.4

1/ SEE "TABLE NOTES," APPENDI[illegible]

2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.

3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.

4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

ABLE 2K-3.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SPRING 1977

OOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
ALES AND FEMALES:									
UNDER 1	5/75	469	581	346	0	7	1	5	63
1-2	5/246	443	391	376	1	12	9	20	19
3-5	404	383	320	306	2	17	10	18	19
6-8	428	394	332	319	1	19	8	16	21
ALES:									
9-11	196	389	326	310	1	26	5	22	19
12-14	296	459	387	366	1	28	9	21	28
15-18	365	516	422	402	3	30	11	29	29
19-22	256	401	312	294	2	15	13	31	22
23-34	708	290	198	185	4	19	17	27	27
35-50	714	260	175	166	2	23	14	32	29
51-64	579	251	165	158	1	27	15	35	26
65-74	270	308	216	202	(6)	31	14	36	23
75 AND OVER	114	297	194	186	0	2	18	39	20
EMALES:									
9-11	222	373	313	299	1	22	7	16	29
12-14	295	366	301	275	2	23	8	17	21
15-18	374	330	259	237	4	19	9	17	18
19-22	300	271	195	180	4	13	15	22	12
23-34	965	243	170	155	7	13	15	19	17
35-50	938	184	121	109	4	15	14	20	17
51-64	715	204	135	128	3	18	18	24	17
65-74	346	246	171	162	5	21	13	22	14
75 AND OVER	173	260	193	184	4	25	15	20	7
LL INDIVIDUALS	5/8,780	303	229	214	3	20	13	24	21

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN ALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 2K-3.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3] SPRING 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	[4]/75	91.9	91.9	61.0	0.0	15.8	6.1	20.7	15.9
1-2.............	[4]/246	99.3	97.6	97.6	2.8	33.5	43.1	57.8	42.1
3-5.............	404	97.2	95.6	94.3	1.7	37.8	42.4	54.4	52.6
6-8.............	428	97.4	96.4	95.1	1.6	36.8	32.8	50.6	54.3
MALES:									
9-11............	196	97.8	93.4	93.0	1.5	34.9	26.0	50.3	46.3
12-14...........	296	94.3	90.1	89.1	1.8	36.7	29.7	47.5	47.1
15-18...........	365	94.3	86.5	85.9	2.3	35.4	34.7	50.1	41.2
19-22...........	256	90.4	78.2	75.9	1.4	19.9	35.5	48.3	31.3
23-34...........	708	87.9	71.6	69.0	4.2	30.2	43.0	45.6	34.1
35-50...........	714	87.6	69.4	68.0	1.4	33.4	38.5	53.5	34.9
51-64...........	579	87.0	73.1	72.3	1.6	39.1	42.7	61.1	36.1
65-74...........	270	92.8	83.1	82.0	1.1	37.8	41.8	68.4	29.8
75 AND OVER.....	114	88.9	80.4	78.6	.0	39.1	44.9	69.1	32.9
FEMALES:									
9-11............	222	97.4	95.0	94.5	1.1	40.4	32.2	42.9	57.1
12-14...........	295	93.8	86.5	83.7	1.9	36.4	31.5	41.5	40.2
15-18...........	374	90.0	82.0	80.1	4.5	34.4	39.1	42.3	31.4
19-22...........	309	89.6	78.1	75.3	3.7	30.4	40.5	48.7	26.1
23-34...........	865	86.6	72.1	67.9	5.5	26.9	45.8	45.5	32.6
35-50...........	838	87.7	68.[illegible]	65.6	4.8	31.0	45.4	47.6	31.0
51-64...........	715	87.7	72.0	71.2	3.9	34.9	45.9	55.9	39.5
65-74...........	346	92.0	82.0	81.4	4.8	40.6	46.7	59.3	26.5
75 AND OVER.....	173	92.2	81.9	79.3	4.0	39.5	38.0	56.4	22.8
ALL INDIVIDUALS...	[4]/8,780	90.7	79.3	77.2	3.2	33.7	40.4	51.1	36.1

[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 2L-1.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SUMMER 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	---GRAMS---							
MALES AND FEMALES:									
UNDER 1..........	5/120	498	696	341	1	5	3	6	72
1-2.............	5/249	472	415	393	4	15	8	21	17
3-5.............	425	429	365	346	3	21	9	20	22
6-8.............	454	499	425	395	3	29	9	18	28
MALES:									
9-11............	233	549	463	424	2	44	8	21	29
12-14...........	274	548	471	426	2	34	7	23	39
15-18...........	320	654	529	484	2	36	16	29	31
19-22...........	261	433	337	309	3	24	15	34	19
23-34...........	655	360	243	223	5	22	18	34	24
35-50...........	664	284	186	172	1	29	16	34	28
51-64...........	520	349	212	198	1	47	20	38	25
65-74...........	239	303	211	204	3	25	26	35	21
75 AND OVER.....	118	288	192	189	0	27	20	40	23
FEMALES:									
9-11............	265	494	426	395	2	28	9	17	24
12-14...........	288	440	360	325	2	36	10	18	27
15-18...........	382	383	301	270	2	25	13	16	18
19-22...........	372	271	196	175	6	19	12	22	27
23-34...........	975	276	183	164	6	19	18	24	21
35-50...........	936	210	142	130	4	19	14	25	21
51-64...........	751	246	159	151	3	27	19	25	16
65-74...........	342	258	168	155	6	27	19	19	12
75 AND OVER.....	194	294	217	202	4	34	19	23	18
ALL INDIVIDUALS...	5/9,037	354	269	244	3	26	15	25	23

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN ALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 2L-1.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ SUMMER 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/120	91.6	91.6	49.1	3.0	10.0	8.4	17.9	20.4
1-2..............	4/249	98.9	97.9	95.7	5.6	39.2	39.0	60.1	42.2
3-5..............	425	98.9	97.0	95.4	6.2	43.8	37.0	57.6	55.1
6-8..............	454	99.0	98.1	97.2	3.6	47.3	38.3	48.7	60.6
MALES:									
9-11.............	233	100.0	98.3	96.1	1.9	54.3	35.5	52.8	57.3
12-14............	274	98.5	97.1	95.6	2.0	46.6	35.6	49.0	57.0
15-18............	320	98.0	95.6	93.6	1.6	43.8	46.0	49.5	45.9
19-22............	261	93.9	82.9	81.2	4.4	36.0	48.7	51.9	37.7
23-34............	655	87.9	73.9	72.3	4.9	36.5	50.1	54.4	36.2
35-50............	664	85.1	71.3	68.6	1.3	46.4	45.3	57.6	34.6
51-64............	520	90.7	76.6	76.1	1.4	56.7	54.1	66.7	36.5
65-74............	239	92.0	78.7	78.7	2.4	39.0	48.8	62.3	34.1
75 AND OVER......	118	93.3	86.7	85.9	.0	36.1	41.2	79.3	33.6
FEMALES:									
9-11.............	265	100.0	98.4	98.1	1.8	48.3	37.0	48.7	50.1
12-14............	288	95.4	90.6	89.0	1.3	47.5	37.5	42.7	52.7
15-18............	382	94.7	87.0	85.0	3.0	38.2	41.8	42.3	34.2
19-22............	372	89.4	77.1	72.5	5.2	31.3	43.8	47.0	43.5
23-34............	975	89.3	75.5	72.5	6.6	37.6	52.3	51.5	39.5
35-50............	936	90.8	72.2	69.4	3.9	38.3	47.3	54.5	33.4
51-64............	751	94.4	78.9	78.1	4.0	45.9	53.5	60.4	32.9
65-74............	342	94.1	80.4	77.8	5.2	43.1	49.9	57.5	25.7
75 AND OVER......	194	96.9	85.6	84.4	2.5	54.3	45.1	62.2	30.6
ALL INDIVIDUALS...	4/9,037	93.0	82.6	80.1	3.7	42.3	45.5	54.1	40.1

1/ SEE "TABLE NOTES," APPENDIX E.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 2L-2.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1] AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] SUMMER 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT[4])	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	[5]/120	1	2	1	0	0	0	0	1
1-2..............	[5]/249	29	21	19	0	3	1	1	1
3-5..............	425	38	29	24	1	4	1	1	2
6-8..............	454	69	61	52	(6)	5	1	1	3
MALES:									
9-11.............	233	79	71	60	0	8	1	1	4
12-14............	274	88	75	59	0	8	2	1	5
15-18............	320	96	76	54	1	6	3	2	3
19-22............	261	73	67	45	2	3	3	5	3
23-34............	655	67	47	36	(6)	5	4	6	2
35-50............	664	39	25	18	1	4	4	5	3
51-64............	520	38	19	15	(6)	7	4	5	4
65-74............	239	19	7	5	2	2	3	1	2
75 AND OVER.....	118	11	3	3	0	4	3	2	0
FEMALES:									
9-11.............	265	85	75	62	0	6	2	1	4
12-14............	288	65	55	35	(6)	8	1	1	2
15-18............	382	59	47	32	1	7	2	2	2
19-22............	372	44	25	16	0	6	3	2	3
23-34............	975	30	16	13	(6)	5	3	3	2
35-50............	936	22	13	8	(6)	5	3	3	3
51-64............	751	16	8	7	(6)	3	2	2	1
65-74............	342	7	3	3	0	2	1	1	1
75 AND OVER.....	194	13	9	9	0	2	1	1	2
ALL INDIVIDUALS...	[5]/9,037	43	31	24	(6)	5	2	3	3

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[1] SEE "TABLE NOTES," APPENDIX B.

[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.

[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.

[4] CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.

[5] EXCLUDES BREAST-FED INFANTS.

[6] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 2L-2.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1]
PERCENTAGE OF INDIVIDUALS USING,[2][3] SUMMER 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	[4]/120	2.6	2.6	1.6	0.0	0.0	0.0	0.0	1.6
1-2..............	[4]/249	25.7	16.8	15.4	.0	10.6	5.9	4.3	5.3
3-5..............	425	32.1	22.8	18.8	1.4	11.2	6.9	2.9	7.5
6-8..............	454	39.8	32.6	27.7	.3	14.0	7.3	2.8	9.2
MALES:									
9-11.............	233	39.9	31.7	27.0	.0	17.0	6.1	3.6	8.4
12-14............	274	43.6	34.9	29.4	.0	15.7	8.3	3.1	9.9
15-18............	320	40.6	33.5	26.4	1.1	13.0	10.3	3.8	5.4
19-22............	261	[illegible]	35.3	22.9	2.8	12.5	14.9	10.8	7.7
23-34............	655	37.8	27.2	22.9	.6	13.8	17.8	[illegible]	5.9
35-50............	664	38.1	20.9	17.5	.7	16.1	14.8	11.5	5.9
51-64............	520	33.6	16.0	14.0	.5	19.3	13.3	10.8	[illegible]
65-74............	239	20.9	8.9	7.8	1.1	8.4	8.6	4.7	3.7
75 AND OVER......	118	14.5	7.0	7.0	.0	5.5	5.6	6.5	.0
FEMALES:									
9-11.............	265	49.6	41.9	35.5	.0	16.7	12.0	3.6	11.4
12-14............	288	39.6	29.7	21.4	.4	17.6	7.2	3.7	6.4
15-18............	382	39.2	28.1	20.5	.8	15.8	12.4	4.7	6.5
19-22............	372	32.5	19.9	15.5	.0	15.8	14.3	4.2	8.4
23-34............	975	29.6	15.9	12.8	.8	16.0	10.7	6.5	6.2
35-50............	936	29.3	13.8	10.3	.5	16.5	9.0	5.5	6.2
51-64............	751	22.5	10.4	9.5	.5	10.8	8.4	5.3	4.3
65-74............	342	14.1	5.0	4.8	.0	8.3	5.7	3.3	4.3
75 AND OVER......	194	14.6	7.0	7.0	.0	8.5	2.8	5.6	2.1
ALL INDIVIDUALS...	[4]/9,037	32.1	20.6	16.7	.6	14.1	10.3	6.2	6.2

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 2L-3.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1] AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] SUMMER 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT[4])	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	[5]/120	496	693	340	1	5	3	6	71
1-2..............	[5]/249	443	394	374	4	12	7	19	16
3-5..............	425	391	336	321	2	17	8	19	20
6-8..............	454	429	362	343	2	24	8	17	25
MALES:									
9-11.............	233	470	391	364	2	37	7	20	25
12-14............	274	459	396	368	2	25	6	22	34
15-18............	320	557	453	430	2	30	12	27	28
19-22............	261	359	270	264	1	21	12	29	15
23-34............	655	293	196	186	5	17	14	28	21
35-50............	664	245	162	155	(6)	25	12	29	25
51-64............	520	311	193	183	1	40	16	34	20
65-74............	239	284	205	199	1	23	23	34	19
75 AND OVER......	118	277	190	186	0	23	17	38	23
FEMALES:									
9-11.............	265	409	351	334	2	22	7	16	20
12-14............	288	375	306	290	2	28	9	17	25
15-18............	382	323	254	230	2	18	11	14	16
19-22............	372	227	171	159	6	13	8	20	24
23-34............	975	246	167	151	6	14	15	21	19
35-50............	936	188	130	122	3	13	11	22	18
51-64............	751	230	151	145	3	24	18	23	14
65-74............	342	251	165	152	6	25	18	19	10
75 AND OVER......	194	281	207	192	4	33	18	22	16
ALL INDIVIDUALS...	[5]/9,037	311	238	220	3	21	12	23	21

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[1] SEE "TABLE NOTES," APPENDIX B.

[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.

[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.

[4] CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.

[5] EXCLUDES BREAST-FED INFANTS.

[6] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 2L-3.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1]/
PERCENTAGE OF INDIVIDUALS USING,[2]/[3]/ SUMMER 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	[4]/120	91.6	91.6	49.1	3.0	10.0	8.4	17.9	20.4
1-2.............	[4]/249	98.9	97.9	95.7	5.6	33.4	34.8	56.9	39.0
3-5.............	425	97.9	95.8	94.4	5.0	36.0	32.4	55.8	51.2
6-8.............	454	97.1	96.4	95.3	3.3	40.2	33.1	46.8	55.4
MALES:									
9-11............	233	100.0	96.4	94.6	1.9	46.4	30.2	49.2	51.7
12-14...........	274	96.7	94.6	93.4	2.0	34.4	30.3	46.9	50.1
15-18...........	320	95.6	92.6	90.5	1.2	36.6	38.4	47.2	42.5
19-22...........	261	90.9	79.1	79.1	1.6	27.2	40.9	44.3	30.9
23-34...........	655	86.1	69.3	68.1	4.7	28.5	40.8	46.1	32.6
35-50...........	664	82.9	66.8	65.8	.6	37.8	38.6	51.3	31.0
51-64...........	520	88.7	73.5	73.5	.9	48.4	46.6	61.4	32.5
65-74...........	239	89.7	76.8	76.8	1.4	35.7	46.0	59.2	31.1
75 AND OVER.....	118	93.3	86.7	85.9	.0	33.0	39.0	78.4	33.6
FEMALES:									
9-11............	265	98.8	96.5	95.7	1.8	39.0	27.8	47.1	44.6
12-14...........	288	94.2	88.1	87.0	1.3	36.5	33.4	40.0	48.3
15-18...........	382	90.7	82.0	80.7	2.1	26.0	33.4	39.4	29.5
19-22...........	372	84.9	70.3	66.1	5.2	20.7	34.9	42.8	37.7
23-34...........	975	86.6	73.8	70.9	5.7	28.2	46.5	46.7	35.0
35-50...........	936	88.6	69.7	68.0	3.4	28.5	43.2	52.2	29.4
51-64...........	751	93.2	77.6	76.8	3.4	40.3	48.6	57.5	30.1
65-74...........	342	93.5	80.1	77.6	5.2	40.0	46.3	55.0	23.4
75 AND OVER.....	194	96.9	85.6	84.4	2.5	48.9	43.7	57.6	29.0
ALL INDIVIDUALS...	[4]/9,037	91.1	80.0	78.0	3.2	34.3	39.6	50.3	36.0

[1]/ SEE "TABLE NOTES," APPENDIX B.
[2]/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3]/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4]/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 2M-1.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ FALL 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/105	492	700	320	5	6	2	5	40
1-2.............	5/256	464	419	400	2	10	7	21	25
3-5.............	482	474	414	384	2	17	8	21	23
6-8.............	487	567	500	451	3	24	9	15	25
MALES:									
9-11............	278	585	519	464	2	27	8	19	31
12-14...........	307	635	557	492	1	30	9	23	35
15-18...........	329	636	543	484	2	31	12	34	33
19-22...........	245	532	417	385	4	17	18	37	26
23-34...........	626	413	297	269	4	21	21	36	35
35-50...........	558	308	201	181	4	20	21	36	31
51-64...........	503	321	218	205	4	27	20	36	31
65-74...........	267	325	235	217	6	32	14	36	20
75 AND OVER.....	110	344	283	278	0	30	7	39	18
FEMALES:									
9-11............	245	545	473	426	2	27	10	19	26
12-14...........	297	500	436	379	2	26	7	17	23
15-18...........	363	406	343	300	3	16	10	18	20
19-22...........	308	317	253	216	3	8	14	22	22
23-34...........	1,066	283	194	170	3	12	19	23	19
35-50...........	1,037	219	144	130	5	14	16	26	19
51-64...........	774	235	157	146	6	21	17	25	20
65-74...........	354	249	176	165	4	26	18	22	14
75 AND OVER.....	198	260	180	163	1	30	16	22	18
ALL INDIVIDUALS...	5/9,196	377	299	266	3	20	15	26	24

1/ SEE "TABLE NOTES," APPENDIX B.

2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.

3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.

4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.

5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 2M-1.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ FALL 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/105	94.3	94.3	53.7	4.4	18.1	8.1	16.8	13.1
1-2..............	4/256	97.6	96.8	95.9	2.7	26.3	34.1	62.9	54.0
3-5..............	482	98.5	97.4	96.3	2.7	36.3	42.4	58.1	60.1
6-8..............	487	99.9	99.5	98.7	3.3	41.9	40.0	47.4	60.6
MALES:									
9-11.............	278	100.0	99.6	99.3	1.4	44.6	32.1	48.6	58.2
12-14............	307	99.0	97.7	95.6	1.5	43.8	40.0	48.0	49.7
15-18............	329	97.5	94.8	92.1	2.2	39.3	35.0	58.4	42.7
19-22............	245	92.0	86.3	84.4	3.0	27.8	44.6	53.9	39.4
23-34............	626	93.1	83.2	81.1	3.0	34.9	53.6	56.8	40.8
35-50............	558	91.3	76.2	73.3	2.2	37.2	52.5	61.0	43.4
51-64............	503	93.3	84.2	82.5	2.7	45.2	53.7	64.5	41.5
65-74............	267	95.4	86.5	86.5	2.4	47.8	34.2	68.4	35.9
75 AND OVER......	110	94.0	87.2	87.2	.0	44.1	27.4	75.3	25.2
FEMALES:									
9-11.............	245	99.7	98.9	96.4	2.5	44.6	43.1	49.7	55.6
12-14............	297	99.5	95.1	93.1	1.9	39.1	37.3	45.2	43.3
15-18............	363	95.0	91.3	87.3	2.0	32.3	45.5	47.0	37.1
19-22............	308	91.9	82.4	78.8	2.6	19.8	41.5	48.3	36.7
23-34............	1,066	93.1	82.0	77.6	4.5	29.2	54.5	51.9	38.3
35-50............	1,037	90.7	73.2	68.8	5.5	32.6	52.5	60.0	37.4
51-64............	774	90.6	77.9	76.4	5.9	40.6	49.4	57.5	37.0
65-74............	354	91.4	79.8	78.3	3.7	41.7	47.9	55.2	31.3
75 AND OVER......	198	95.7	84.0	81.5	1.6	48.1	44.3	51.4	31.8
ALL INDIVIDUALS...	4/9,196	94.3	85.8	82.9	3.4	36.6	46.1	55.2	42.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 2M-2.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/ AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ FALL 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/105	8	9	7	(6)	(6)	0	0	(6)
1-2.............	5/256	29	25	24	0	1	(6)	(6)	1
3-5.............	482	60	53	45	0	2	1	2	1
6-8.............	487	155	147	122	(6)	7	2	1	5
MALES:									
9-11............	278	183	168	137	0	8	2	2	8
12-14...........	307	167	154	128	0	9	2	1	5
15-18...........	329	160	147	113	0	7	3	2	4
19-22...........	245	92	70	58	(6)	3	4	3	3
23-34...........	626	67	48	37	(6)	5	4	5	4
35-50...........	558	37	24	20	0	4	4	6	3
51-64...........	503	32	22	18	(6)	5	2	3	4
65-74...........	267	18	9	7	0	5	1	1	2
75 AND OVER.....	110	18	15	14	0	2	(6)	1	1
FEMALES:									
9-11............	245	161	151	125	(6)	11	2	1	6
12-14...........	297	151	141	109	(6)	8	2	2	5
15-18...........	363	106	95	74	1	4	3	1	2
19-22...........	308	46	33	22	1	3	3	1	1
23-34...........	1,066	29	20	16	(6)	3	2	3	3
35-50...........	1,037	24	11	8	1	3	2	2	1
51-64...........	774	17	9	8	(6)	4	1	2	2
65-74...........	354	13	7	5	0	3	2	1	1
75 AND OVER.....	198	11	5	4	0	4	1	0	(6)
ALL INDIVIDUALS...	5/9,196	64	53	43	(6)	4	2	2	3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 2M-2.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS 1/
PERCENTAGE OF INDIVIDUALS USING, 2/ 3/ FALL 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/105	5.5	5.0	4.2	0.8	1.4	0.0	0.0	1.3
1-2.............	4/256	21.5	18.9	18.3	.0	3.8	3.7	2.1	7.2
3-5.............	482	38.5	35.2	31.4	.0	7.0	8.1	5.5	11.2
6-8.............	487	72.7	72.4	64.4	.1	16.2	12.8	3.9	18.6
MALES:									
9-11............	278	78.5	78.5	70.2	.0	18.6	11.7	4.8	22.8
12-14...........	307	76.1	73.4	63.1	.0	18.3	12.3	2.9	13.1
15-18...........	329	61.5	56.1	46.6	.0	13.6	12.9	4.5	6.9
19-22...........	245	38.4	27.6	24.4	.6	9.9	17.5	8.8	6.5
23-34...........	626	46.2	36.2	30.7	.2	14.7	15.7	13.0	7.3
35-50...........	558	35.5	25.0	22.5	.0	11.8	12.9	11.3	6.9
51-64...........	503	31.4	18.7	15.0	.3	13.2	9.5	8.1	5.9
65-74...........	267	21.1	8.3	7.8	.0	12.9	4.6	3.8	4.3
75 AND OVER.....	110	19.9	16.1	14.7	.0	7.0	.6	1.9	2.8
FEMALES:									
9-11............	245	73.1	72.8	65.9	.6	19.9	14.1	2.8	15.2
12-14...........	297	69.7	67.3	57.5	.5	17.4	11.9	3.5	12.8
15-18...........	363	53.9	50.5	41.7	.4	10.9	17.0	4.3	8.1
19-22...........	308	35.0	25.0	18.8	.6	9.8	14.5	3.9	4.4
23-34...........	1,066	32.0	21.6	19.8	.2	10.7	12.1	6.3	6.9
35-50...........	1,037	28.7	14.4	12.1	1.0	10.5	11.7	6.8	3.7
51-64...........	774	26.9	12.2	11.2	.4	15.7	8.5	4.9	4.0
65-74...........	354	21.9	11.4	10.6	.0	10.7	6.3	4.3	3.7
75 AND OVER.....	198	16.2	6.7	6.3	.0	10.8	5.5	.0	.7
ALL INDIVIDUALS...	4/9,196	40.4	32.0	27.9	.3	12.4	11.1	5.9	7.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 2M-3.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] FALL 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT[4])	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	[5]/105	484	691	313	5	6	2	5	40
1-2.............	[5]/256	435	394	376	2	9	7	20	24
3-5.............	482	414	361	339	2	15	7	18	21
6-8.............	487	412	353	328	3	17	7	14	19
MALES:									
9-11............	278	402	350	327	2	18	6	17	23
12-14...........	307	468	402	374	1	21	8	22	30
15-18...........	329	476	397	371	2	24	9	32	29
19-22...........	245	440	347	327	3	13	15	33	23
23-34...........	626	346	248	232	4	16	18	31	32
35-50...........	558	271	177	161	4	16	17	30	28
51-64...........	503	289	196	187	3	23	17	33	27
65-74...........	267	306	226	210	6	27	13	34	19
75 AND OVER.....	110	326	267	264	0	28	7	38	16
FEMALES:									
9-11............	245	383	322	302	2	16	8	18	20
12-14...........	297	349	295	271	2	17	5	15	18
15-18...........	363	301	248	226	2	12	6	17	18
19-22...........	308	271	221	194	2	5	11	21	21
23-34...........	1,066	254	174	154	3	9	17	20	16
35-50...........	1,037	195	133	121	4	11	14	24	18
51-64...........	774	217	148	137	6	17	15	23	19
65-74...........	354	235	169	160	4	23	16	21	13
75 AND OVER.....	198	249	175	159	1	26	15	22	18
ALL INDIVIDUALS...	[5]/9,196	313	245	224	3	16	12	23	22

[1] SEE "TABLE NOTES," APPENDIX B.

[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.

[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.

[4] CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.

[5] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 2M-3.2.--MILK, MILK PRODUCTS; EGGS, LEGUMES, NUTS, SEEDS[1] PERCENTAGE OF INDIVIDUALS USING,[2][3] FALL 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1...........	[4]/105	94.3	94.3	53.7	[illegible].4	17.3	8.1	16.8	11.8
1-2...............	[4]/256	97.6	96.8	95.6	2.7	23.6	32.4	60.0	50.9
3-5...............	482	98.0	96.2	95.0	2.7	31.5	36.8	54.8	53.2
6-8...............	487	98.8	95.8	94.4	3.3	31.4	29.9	44.4	51.6
MALES:									
9-11..............	278	98.5	96.1	94.8	1.4	31.6	22.9	46.3	43.8
12-14.............	307	97.5	94.8	93.0	1.5	29.4	30.5	46.9	41.6
15-18.............	329	95.5	88.9	87.9	2.2	30.7	29.5	56.0	38.3
19-22.............	245	89.8	84.5	82.7	2.5	20.2	33.2	48.0	34.9
23-34.............	626	91.3	79.7	77.7	3.0	25.1	45.7	46.6	35.7
35-50.............	558	87.9	71.7	69.6	2.2	28.4	44.5	52.7	38.4
51-64.............	503	92.3	82.4	81.0	2.7	37.8	48.3	59.1	36.5
65-74.............	267	95.4	85.7	85.7	2.4	41.3	31.9	65.5	31.1
75 AND OVER......	110	94.0	87.2	87.2	.0	40.3	26.8	74.7	22.3
FEMALES:									
9-11..............	245	98.8	93.9	92.2	1.9	31.6	32.4	48.7	46.2
12-14.............	297	97.6	90.8	88.8	1.5	27.2	27.6	42.4	34.0
15-18.............	363	92.9	85.7	82.9	2.0	24.2	31.8	44.0	31.4
19-22.............	308	89.4	79.1	75.2	2.6	12.8	31.3	45.4	34.0
23-34.............	1,066	90.9	77.8	74.2	4.4	21.6	48.4	48.2	33.3
35-50.............	1,037	89.0	70.5	67.3	4.5	24.8	46.4	56.6	34.5
51-64.............	774	89.7	76.6	75.2	5.5	31.8	44.2	54.5	34.7
65-74.............	354	90.8	79.2	77.7	3.7	35.5	44.4	53.3	28.9
75 AND OVER......	198	95.7	84.0	81.5	1.6	44.3	41.1	51.4	31.8
ALL INDIVIDUALS...	[4]/9,196	92.8	82.9	80.4	3.2	28.3	39.1	51.4	37.2

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 2N-1.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/ AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ WINTER 1978

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/122	504	665	355	(6)	13	2	5	61
1-2.............	5/282	491	432	413	2	15	8	20	22
3-5.............	408	462	403	373	2	20	8	18	23
6-8.............	471	573	506	457	2	26	9	16	22
MALES:									
9-11............	232	596	529	469	(6)	33	7	18	27
12-14...........	273	676	598	511	1	38	8	20	30
15-18...........	380	639	546	480	1	31	12	29	33
19-22...........	267	421	351	316	0	15	11	26	36
23-34...........	727	400	281	257	3	25	19	38	28
35-50...........	635	309	212	187	6	24	19	38	32
51-64...........	559	303	204	191	1	23	19	37	23
65-74...........	274	300	212	206	1	27	15	37	27
75 AND OVER.....	123	332	233	230	0	36	13	37	31
FEMALES:									
9-11............	278	551	488	427	1	27	9	16	29
12-14...........	268	473	398	329	1	27	12	16	22
15-18...........	354	420	353	302	2	17	11	18	24
19-22...........	337	290	216	184	6	16	13	25	26
23-34...........	974	275	194	173	4	15	15	23	21
35-50...........	948	226	148	129	4	14	21	25	19
51-64...........	696	225	156	139	4	16	17	23	18
65-74...........	334	228	166	156	4	12	17	26	15
75 AND OVER.....	187	273	196	186	1	17	16	20	12
ALL INDIVIDUALS...	5/9,129	373	296	262	3	21	15	26	24

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 2N-1.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS 1/
PERCENTAGE OF INDIVIDUALS USING 2/ 3/ WINTER 1978

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1	4/122	93.4	92.2	59.3	0.8	23.4	9.1	19.7	17.2
1-2	4/282	98.4	96.6	95.9	5.0	35.7	39.2	62.7	52.4
3-5	408	99.4	98.6	98.1	2.6	39.0	39.0	49.3	58.7
6-8	471	100.0	99.0	98.6	2.7	45.3	41.4	45.9	54.7
MALES:									
9-11	232	99.7	99.4	99.1	.6	46.0	32.1	46.7	52.4
12-14	273	99.0	97.8	95.8	1.9	47.6	37.4	45.4	46.4
15-18	380	97.6	93.9	91.6	1.1	38.5	44.1	51.7	49.1
19-22	267	92.1	85.5	83.6	.0	24.4	39.4	49.7	38.6
23-34	727	93.2	78.7	76.4	3.3	38.9	57.0	61.2	42.7
35-50	635	88.6	76.8	74.4	4.6	35.1	48.7	60.7	41.0
51-64	559	94.3	78.8	77.0	1.0	43.0	52.8	64.7	34.9
65-74	274	90.6	78.9	77.9	.7	44.3	45.0	70.8	41.7
75 AND OVER	123	94.6	85.0	83.1	.0	42.7	47.4	64.5	41.0
FEMALES:									
9-11	278	99.8	99.5	96.3	2.0	45.5	37.4	43.1	56.4
12-14	268	98.1	96.8	92.9	1.8	43.9	47.9	40.5	45.4
15-18	354	95.1	90.0	87.0	3.6	31.5	43.5	42.9	40.4
19-22	337	94.4	85.1	79.7	5.7	32.1	50.1	53.7	41.7
23-34	974	92.9	80.5	76.5	3.7	32.3	53.7	53.7	35.5
35-50	948	89.5	70.0	66.3	5.0	31.2	56.8	56.1	35.8
51-64	696	92.9	77.6	74.4	4.4	33.4	53.4	58.4	31.9
65-74	334	88.6	78.7	77.4	4.7	31.8	42.5	62.6	28.8
75 AND OVER	187	95.2	84.2	82.5	2.4	32.8	47.5	59.5	31.9
ALL INDIVIDUALS	4/9,129	94.1	84.4	81.5	3.1	36.6	47.6	54.6	41.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 2N-2.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/ AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ WINTER 1978

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1..........	5/122	6	6	5	0	(6)	0	(6)	(6)
1-2.............	5/282	26	22	21	0	2	1	1	1
3-5.............	408	44	41	34	0	2	1	1	2
6-8.............	471	155	145	122	(6)	6	1	2	4
MALES:									
9-11............	232	173	159	130	0	9	1	2	7
12-14...........	273	183	171	130	(6)	8	2	1	7
15-18...........	380	152	133	102	(6)	7	3	2	5
19-22...........	267	61	67	53	0	5	3	2	4
23-34...........	727	70	53	43	(6)	5	4	7	4
35-50...........	635	35	28	21	1	2	1	5	3
51-64...........	559	31	19	14	0	3	2	3	3
65-74...........	274	10	6	4	0	2	1	(6)	(6)
75 AND OVER.....	123	8	3	3	0	4	(6)	1	4
FEMALES:									
9-11............	278	172	159	123	(6)	7	2	1	6
12-14...........	268	141	127	93	0	9	2	1	3
15-18...........	354	101	88	66	(6)	5	3	1	4
19-22...........	337	40	25	14	0	4	3	2	3
23-34...........	974	33	19	13	1	4	3	2	1
35-50...........	948	23	13	8	(6)	3	3	2	2
51-64...........	696	16	10	8	0	3	1	1	1
65-74...........	334	9	6	6	(6)	2	1	1	1
75 AND OVER.....	187	9	7	7	(6)	1	(6)	0	2
ALL INDIVIDUALS...	5/9,129	62	52	40	(6)	4	2	2	3

1/ SEE "TABLE NOTES," APPENDIX B.

2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.

3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.

4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.

5/ EXCLUDES BREAST-FED INFANTS.

6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 2N-2.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ WINTER 1978

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1........	4/122	6.2	6.2	5.4	0.0	0.6	0.0	0.9	0.6
1-2............	4/282	24.1	19.0	18.4	.0	7.0	4.0	4.9	5.2
3-5............	408	28.8	26.2	22.9	.0	7.6	4.7	2.8	8.3
6-8............	471	73.8	72.0	64.8	.3	15.4	11.4	5.4	15.2
MALES:									
9-11...........	232	77.9	76.5	67.0	.0	20.1	10.9	5.9	20.4
12-14..........	273	76.5	75.9	64.2	.3	16.9	14.4	3.5	17.3
15-18..........	380	65.1	59.2	49.7	.3	16.2	14.0	4.9	11.8
19-22..........	267	35.4	30.0	24.8	.0	11.5	10.2	6.5	7.5
23-34..........	727	41.8	29.3	24.0	1.0	16.0	17.5	13.6	8.4
35-50..........	635	32.0	23.7	21.0	.9	10.1	9.1	10.7	6.3
51-64..........	559	30.4	20.1	17.0	.0	11.7	9.9	7.3	4.9
65-74..........	274	16.[illegible]	7.1	6.2	.0	10.6	3.6	1.1	1.6
75 AND OVER.....	123	14.5	3.5	3.5	.0	9.8	2.3	1.3	2.5
FEMALES:									
9-11...........	278	79.8	78.6	68.6	.9	20.8	13.2	4.9	18.1
12-14..........	268	72.3	68.7	56.4	.0	20.7	15.4	3.4	11.4
15-18..........	354	[illegible]4.0	47.6	38.7	.2	13.5	12.7	3.1	9.5
19-22..........	337	34.8	22.1	16.3	.0	12.3	15.6	5.7	8.1
23-34..........	974	33.1	18.8	15.6	.8	13.4	13.9	6.1	5.3
35-50..........	948	27.7	14.1	11.5	.6	11.2	12.2	5.6	4.8
51-64..........	696	21.4	11.4	9.5	.0	8.3	7.4	4.5	3.5
65-74..........	334	17.4	8.8	8.5	.3	8.0	4.3	2.5	2.0
75 AND OVER.....	187	11.1	6.4	6.1	.4	5.8	2.2	.0	3.4
ALL INDIVIDUALS...	4/9,129	38.9	30.5	25.9	.4	12.4	10.7	5.8	7.6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 2N-3.1.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ WINTER 1978

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL (CALCIUM EQUIVALENT4/)	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	GRAMS							
MALES AND FEMALES:									
UNDER 1.........	5/122	498	659	350	(6)	13	2	5	61
1-2.............	5/282	465	410	392	2	13	8	19	21
3-5.............	408	419	361	339	2	17	7	18	20
6-8.............	471	418	361	335	1	21	7	14	17
MALES:									
9-11............	232	423	370	339	(6)	24	6	16	20
12-14...........	273	493	427	382	1	30	6	19	23
15-18...........	380	487	412	379	[illegible]	24	9	27	28
19-22...........	267	360	285	263	0	10	8	24	32
23-34...........	727	331	228	214	3	20	16	31	24
35-50...........	635	274	183	166	5	22	18	33	28
51-64...........	559	272	185	177	1	20	17	34	20
65-74...........	274	291	205	202	1	24	14	36	26
75 AND OVER.....	123	324	230	227	0	32	12	36	27
FEMALES:									
9-11............	278	380	329	304	(6)	19	6	14	23
12-14...........	268	332	271	236	1	18	9	15	19
15-18...........	354	318	265	236	2	13	9	17	20
19-22...........	337	250	191	170	6	13	10	23	22
23-34...........	974	243	175	159	3	11	13	21	19
35-50...........	948	203	135	121	4	11	19	23	17
51-64...........	696	209	146	131	4	13	15	22	17
65-74...........	334	218	160	150	4	11	16	25	14
75 AND OVER.....	187	264	189	179	1	16	16	20	10
ALL INDIVIDUALS...	5/9,129	312	244	222	3	17	13	23	21

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ CALCIUM EQUIVALENT IS QUANTITY OF WHOLE FLUID MILK TO WHICH DAIRY PRODUCTS (EXCEPT BUTTER) ARE EQUIVALENT IN CALCIUM CONTENT.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 2N-3.2.--MILK, MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS1/ PERCENTAGE OF INDIVIDUALS USING,2/3/ WINTER 1978

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	MILK, MILK PRODUCTS						EGGS	LEGUMES, NUTS, SEEDS
		TOTAL	MILK, MILK DRINKS			CREAM, MILK DESSERTS	CHEESE		
			TOTAL	FLUID MILK	YOGURT				
	NUMBER	PERCENT							
MALES AND FEMALES:									
UNDER 1..........	4/122	93.4	92.2	59.3	0.8	23.4	9.1	19.7	16.6
1-2..............	4/282	97.2	95.4	94.6	5.0	30.4	36.8	61.1	48.5
3-5..............	408	99.1	96.6	95.5	2.6	33.8	36.5	47.8	54.5
6-8..............	471	98.5	95.9	95.5	2.4	35.0	32.9	41.5	46.7
MALES:									
9-11.............	232	96.6	95.0	94.6	.6	35.0	25.8	42.7	43.5
12-14............	273	98.3	95.2	93.1	1.6	38.7	26.3	43.3	36.4
15-18............	380	96.4	91.4	88.0	.7	27.6	35.3	48.7	42.4
19-22............	267	88.9	79.2	77.9	.0	15.2	31.8	45.6	33.5
23-34............	727	89.6	73.1	71.3	2.4	28.4	46.6	52.7	37.7
35-50............	635	86.6	73.4	70.7	3.9	29.5	43.9	53.6	37.3
51-64............	559	93.6	76.1	75.3	1.0	35.5	47.2	59.8	31.4
65-74............	274	90.6	78.3	77.3	.7	39.1	42.6	70.5	40.7
75 AND OVER......	123	94.6	85.0	83.1	.0	35.6	45.6	63.3	41.0
FEMALES:									
9-11.............	278	96.8	93.9	91.8	1.2	33.2	28.3	39.6	46.0
12-14............	268	97.2	92.6	87.5	1.8	27.9	39.0	38.6	39.8
15-18............	354	91.9	86.9	84.1	3.3	21.9	34.7	40.7	35.4
19-22............	337	93.3	80.0	76.9	5.7	22.0	40.4	50.3	35.4
23-34............	974	90.0	77.0	73.8	3.0	23.8	46.4	51.2	31.4
35-50............	948	87.4	68.6	65.0	4.6	24.4	50.8	52.7	32.9
51-64............	696	91.2	76.0	73.5	4.4	27.6	49.9	55.5	29.9
65-74............	334	88.1	78.7	77.1	4.4	26.5	40.4	61.7	27.0
75 AND OVER......	187	94.8	82.4	80.7	2.0	29.5	46.7	59.5	28.5
ALL INDIVIDUALS...	4/9,129	92.3	81.5	78.9	2.8	28.6	41.3	51.1	36.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 3A-1.1.--GRAIN PRODUCTS; FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/421	65	3	5	45	28	12	(5)	(5)	(5)
1-2.............	4/1,035	161	31	27	55	13	48	5	3	1
3-5.............	1,719	198	47	41	56	15	55	7	5	3
6-8.............	1,841	227	56	51	59	18	60	9	5	3
MALES:										
9-11............	939	261	64	63	63	19	71	10	6	4
12-14...........	1,150	292	76	66	63	20	87	12	7	4
15-18...........	1,394	304	89	73	64	17	78	14	8	5
19-22...........	1,030	258	84	59	51	10	64	13	7	6
23-34...........	2,716	261	86	61	47	8	69	17	8	8
35-50...........	2,571	247	82	58	50	7	57	18	9	8
51-64...........	2,161	237	81	61	54	10	41	19	9	8
65-74...........	1,049	230	74	56	68	13	31	16	9	5
75 AND OVER.....	465	242	72	63	77	12	30	15	10	3
FEMALES:										
9-11............	1,011	241	57	56	58	17	71	10	5	4
12-14...........	1,148	231	58	57	53	13	64	10	5	4
15-18...........	1,473	202	55	47	43	9	57	12	5	6
19-22...........	1,317	184	51	36	41	6	56	12	5	6
23-34...........	3,879	179	51	39	38	6	50	14	6	7
35-50...........	3,759	169	52	38	37	5	41	14	5	7
51-64...........	2,936	169	55	40	41	8	33	14	6	6
65-74...........	1,376	178	55	40	49	10	34	12	6	4
75 AND OVER.....	751	190	55	44	63	11	28	14	8	4
ALL INDIVIDUALS...	4/36,142	213	62	49	50	10	52	13	6	6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3A-1.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/421	89.4	20.1	26.0	86.9	77.1	19.4	14.3	14.0	1.3
1-2.............	4/1,035	99.7	89.5	83.3	90.9	69.4	58.9	71.4	65.7	22.7
3-5.............	1,719	100.0	95.6	87.6	90.2	75.8	59.7	77.8	69.5	34.5
6-8.............	1,841	100.0	97.6	89.8	89.9	76.8	60.4	78.1	67.5	39.4
MALES:										
9-11............	939	100.0	97.1	90.3	88.8	73.2	59.5	79.3	69.7	36.7
12-14...........	1,150	99.9	97.9	88.1	81.7	67.1	62.0	78.1	68.0	39.0
15-18...........	1,394	99.8	96.8	82.6	70.2	50.4	51.5	77.8	66.9	40.6
19-22...........	1,030	99.8	95.9	74.6	58.2	35.6	44.6	75.0	61.1	41.4
23-34...........	2,716	99.6	96.8	76.5	53.0	26.2	45.7	84.5	70.3	52.8
35-50...........	2,571	99.8	96.0	78.5	54.0	25.3	41.3	84.7	71.4	53.0
51-64...........	2,161	99.6	96.6	77.8	62.5	36.7	32.4	85.4	72.4	53.1
65-74...........	1,049	99.9	98.3	84.1	73.7	48.1	27.5	85.7	76.5	43.9
75 AND OVER.....	465	99.7	97.8	78.0	78.0	49.0	20.8	82.7	73.4	28.8
FEMALES:										
9-11............	1,011	100.0	97.9	89.4	85.3	72.3	63.2	78.4	67.0	41.4
12-14...........	1,148	99.9	95.3	86.1	75.4	56.7	55.0	74.9	61.7	43.3
15-18...........	1,473	99.9	94.4	80.4	62.9	43.7	49.9	78.7	64.8	44.4
19-22...........	1,317	98.6	93.4	71.9	56.9	31.6	47.5	78.5	61.4	48.2
23-34...........	3,879	98.7	93.6	75.0	56.7	30.0	47.3	83.7	66.6	54.3
35-50...........	3,759	99.0	92.9	75.2	54.4	26.0	40.6	84.3	66.8	55.1
51-64...........	2,936	99.0	94.9	75.7	60.0	35.5	33.6	85.2	71.3	49.1
65-74...........	1,376	99.2	96.3	77.7	70.2	47.3	28.6	86.0	74.3	43.4
75 AND OVER.....	751	100.0	99.0	78.6	74.0	46.8	26.6	85.4	75.2	37.4
ALL INDIVIDUALS...	4/36,142	99.4	94.6	79.1	66.7	43.7	44.9	81.0	67.9	45.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3A-2.1.--GRAIN PRODUCTS; FATS, OILS 1/
AVERAGE INTAKE 2/ PER INDIVIDUAL PER DAY, 3/ 1977-78

48 STATES, ALL URBANIZATIONS- ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/421	2	(5)	(5)	(5)	(5)	1	(5)	(5)	0
1-2..............	4/1,035	11	3	3	2	(5)	4	(5)	(5)	(5)
3-5..............	1,719	18	5	5	2	1	6	1	(5)	(5)
6-8..............	1,841	40	10	10	4	1	16	1	(5)	(5)
MALES:										
9-11.............	939	48	12	13	4	1	19	1	1	1
12-14............	1,150	54	14	13	3	(5)	24	1	1	1
15-18............	1,394	52	14	15	3	(5)	20	2	1	1
19-22............	1,030	48	16	13	4	(5)	16	3	1	2
23-34............	2,716	53	17	14	4	(5)	18	4	1	2
35-50............	2,571	38	14	12	3	(5)	9	3	1	2
51-64............	2,161	30	10	10	3	(5)	7	3	1	1
65-74............	1,049	19	5	7	1	(5)	5	2	(5)	1
75 AND OVER......	465	11	3	6	1	0	2	1	(5)	(5)
FEMALES:										
9-11.............	1,011	45	11	11	4	1	18	1	1	(5)
12-14............	1,148	41	11	12	3	(5)	15	1	(5)	1
15-18............	1,473	41	11	11	2	(5)	17	2	1	1
19-22............	1,317	32	9	7	3	(5)	13	2	1	2
23-34............	3,879	27	8	9	2	(5)	8	3	1	2
35-50............	3,759	20	6	7	1	(5)	6	2	1	2
51-64............	2,936	19	6	7	2	(5)	5	2	(5)	1
65-74............	1,376	14	4	5	1	(5)	4	1	(5)	1
75 AND OVER......	751	10	2	4	1	(5)	3	1	(5)	(5)
ALL INDIVIDUALS...	4/36,142	31	9	9	2	(5)	10	2	1	1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3A-2.2.--GRAIN PRODUCTS; FATS, OILS[1]
PERCENTAGE OF INDIVIDUALS USING,[2][3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	[4]/421	4.8	1.9	1.7	1.1	0.2	1.3	0.4	0.4	0.0
1-2.............	[4]/1,035	29.8	17.3	19.2	5.0	2.8	8.4	8.4	6.8	2.3
3-5.............	1,719	39.5	24.1	25.2	7.1	4.2	10.1	11.3	8.2	3.5
6-8.............	1,841	61.7	46.6	37.4	10.3	3.9	24.7	19.7	15.2	6.6
MALES:										
9-11............	939	66.7	51.8	42.5	10.0	4.6	26.4	22.9	17.4	8.1
12-14...........	1,150	65.7	51.1	40.5	8.1	3.0	29.1	19.8	14.1	7.5
15-18...........	1,394	59.9	44.6	35.2	6.3	1.6	20.3	19.6	11.4	9.7
19-22...........	1,030	55.4	43.5	26.5	5.5	.4	15.1	20.3	9.7	13.5
23-34...........	2,716	61.4	47.2	31.9	6.4	.6	15.5	30.2	18.5	16.3
35-50...........	2,571	53.6	41.2	28.6	5.0	.6	9.5	26.9	17.2	14.1
51-64...........	2,161	43.9	33.8	23.2	4.7	.3	7.0	23.6	15.3	11.3
65-74...........	1,049	28.9	21.6	15.9	3.0	.2	6.5	15.6	10.3	8.5
75 AND OVER.....	465	19.9	13.6	10.5	2.2	.0	2.1	10.3	4.6	4.3
FEMALES:										
9-11............	1,011	63.8	47.6	40.4	12.2	4.8	27.2	22.8	16.7	7.4
12-14...........	1,148	62.6	43.0	39.4	7.8	2.5	23.0	18.0	11.8	8.3
15-18...........	1,473	60.9	43.6	35.5	6.0	1.6	22.3	22.5	13.1	12.5
19-22...........	1,317	52.1	35.1	26.6	5.7	1.3	14.6	22.6	11.2	14.7
23-34...........	3,879	47.8	32.3	26.8	5.0	.6	11.7	23.7	12.1	14.3
35-50...........	3,759	42.4	28.2	22.8	3.5	.3	9.0	22.4	10.5	13.9
51-64...........	2,936	37.7	26.7	21.0	3.9	.3	7.1	19.3	10.9	10.4
65-74...........	1,376	30.2	21.4	17.2	2.3	.2	5.2	15.0	9.8	6.9
75 AND OVER.....	751	22.2	14.0	12.9	2.3	.2	3.7	10.4	6.9	3.3
ALL INDIVIDUALS...	[4]/36,142	48.2	34.7	27.3	5.6	1.4	13.3	20.7	12.4	10.7

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3A-3.1.--GRAIN PRODUCTS; FATS, OILS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	[4]/421	63	3	4	44	28	12	(5)	(5)	(5)
1-2..............	[4]/1,035	150	29	24	53	12	44	4	3	1
3-5..............	1,719	180	42	35	54	15	49	7	4	2
6-8..............	1,841	187	46	42	55	17	44	8	5	3
MALES:										
9-11.............	939	213	52	51	59	18	52	9	5	3
12-14............	1,150	238	62	53	60	20	63	11	7	4
15-18............	1,394	252	75	58	61	16	58	12	7	5
19-22............	1,030	209	68	46	47	10	48	11	6	4
23-34............	2,716	209	68	46	43	8	51	13	7	6
35-50............	2,571	209	68	46	47	7	48	15	8	7
51-64............	2,161	207	71	51	52	10	34	16	8	6
65-74............	1,049	211	69	50	67	13	25	14	9	4
75 AND OVER......	465	231	69	57	76	12	28	14	9	3
FEMALES:										
9-11.............	1,011	196	46	45	53	16	53	9	5	4
12-14............	1,148	190	47	45	50	12	49	8	4	4
15-18............	1,473	161	44	36	41	9	41	10	5	4
19-22............	1,317	152	42	28	39	6	43	9	5	4
23-34............	3,879	152	43	30	36	6	42	11	5	5
35-50............	3,759	149	46	32	36	5	35	12	5	6
51-64............	2,936	150	49	33	40	7	28	12	6	5
65-74............	1,376	164	51	35	48	10	30	11	6	4
75 AND OVER......	751	180	53	40	62	11	25	13	7	3
ALL INDIVIDUALS...	[4]/36,142	181	53	40	47	10	42	11	6	5

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3A-3.2.--GRAIN PRODUCTS: FATS, OILS 1/
PERCENTAGE OF INDIVIDUALS USING, 2/ 3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/421	89.2	19.4	26.0	86.9	77.1	18.3	14.3	14.0	1.3
1-2..............	4/1,035	99.5	87.5	79.9	89.5	68.1	54.7	69.8	64.0	21.6
3-5..............	1,719	99.9	92.9	82.9	88.9	73.9	54.3	75.1	66.8	32.6
6-8..............	1,841	99.6	93.6	82.6	87.6	74.6	46.4	73.4	62.4	35.0
MALES:										
9-11.............	939	99.9	92.7	83.6	86.2	70.4	43.8	74.3	64.9	30.6
12-14............	1,150	99.5	93.0	79.2	79.6	65.4	45.4	74.3	63.6	34.3
15-18............	1,394	99.1	93.1	73.9	68.4	49.5	39.5	73.3	63.5	34.7
19-22............	1,030	96.8	90.4	63.4	55.9	35.2	32.5	69.4	56.7	34.0
23-34............	2,716	97.1	89.3	66.3	49.8	25.7	34.6	76.9	63.0	43.3
35-50............	2,571	98.2	90.5	70.5	51.2	24.9	34.1	79.8	65.1	46.1
51-64............	2,161	98.0	92.5	71.4	60.1	36.5	26.7	81.4	68.4	47.4
65-74............	1,049	99.6	97.4	80.0	72.6	48.1	21.9	84.6	74.5	39.0
75 AND OVER......	465	99.7	97.6	76.1	77.4	49.0	18.7	81.6	73.1	26.3
FEMALES:										
9-11.............	1,011	99.7	93.1	81.4	83.2	70.1	46.9	73.8	62.1	37.5
12-14............	1,148	99.1	90.6	77.3	73.0	55.2	42.2	70.2	57.6	38.1
15-18............	1,473	98.2	89.0	70.3	60.2	42.3	35.1	73.4	60.0	37.1
19-22............	1,317	96.4	86.7	63.2	54.1	30.6	37.1	72.7	57.0	41.3
23-34............	3,879	97.0	88.6	66.3	54.5	29.6	38.9	78.7	62.4	46.8
35-50............	3,759	97.7	89.3	68.6	52.3	25.8	34.3	80.0	63.2	48.9
51-64............	2,936	98.1	93.1	69.6	58.3	35.3	27.6	82.4	68.7	43.5
65-74............	1,376	99.0	94.9	73.1	69.1	47.1	24.2	84.3	72.4	39.5
75 AND OVER......	751	99.7	97.4	75.9	73.5	46.7	23.6	84.3	74.0	35.7
ALL INDIVIDUALS...	4/36,142	98.2	90.5	71.8	64.6	42.9	36.1	76.8	63.9	40.1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 38-1.1.--GRAIN PRODUCTS; FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/54	59	4	6	40	25	9	1	1	0
1-2.............	4/137	178	27	25	66	14	60	4	3	1
3-5.............	202	218	47	34	82	17	55	8	4	3
6-8.............	186	246	54	50	81	18	61	7	4	2
MALES:										
9-11............	99	278	61	56	94	19	67	7	5	2
12-14...........	93	288	72	61	82	20	73	9	5	5
15-18...........	113	311	86	64	87	15	73	10	5	5
19-22...........	92	271	83	59	60	5	68	14	6	7
23-34...........	166	276	82	54	72	8	68	14	9	4
35-50...........	93	241	81	45	65	7	50	12	6	4
51-64...........	142	227	75	48	69	7	35	11	7	4
65-74...........	254	232	72	57	74	10	28	12	8	3
75 AND OVER.....	162	247	76	55	83	11	33	11	8	2
FEMALES:										
9-11............	108	285	60	46	102	18	77	7	5	3
12-14...........	95	255	57	51	83	12	64	7	4	3
15-18...........	117	227	58	44	78	10	46	9	5	3
19-22...........	155	208	45	37	71	7	55	9	4	4
23-34...........	349	204	54	39	66	6	45	11	6	5
35-50...........	273	201	53	39	66	4	43	10	4	4
51-64...........	380	169	54	34	56	6	24	10	6	3
65-74...........	453	188	57	40	56	9	35	11	6	3
75 AND OVER.....	303	193	54	48	70	11	22	12	7	3
ALL INDIVIDUALS...	4/4,026	218	59	44	70	10	45	10	6	3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3B-1.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
					CEREALS, PASTAS					
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	TOTAL	READY-TO-EAT CEREALS	MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/54	77.8	23.4	31.0	73.6	55.6	20.7	21.9	21.9	0.0
1-2.............	4/137	99.2	84.8	75.2	89.1	65.3	61.0	67.8	60.5	23.5
3-5.............	202	100.0	93.5	78.4	93.9	73.3	61.4	71.3	62.0	28.9
6-8.............	186	100.0	92.3	78.8	90.1	74.3	61.5	72.3	62.4	32.9
MALES:										
9-11............	99	100.0	94.4	81.4	92.7	74.0	57.6	67.5	61.8	23.2
12-14...........	93	100.0	94.9	80.0	84.9	60.7	55.4	67.9	52.9	35.6
15-18...........	113	100.0	97.0	80.9	81.4	46.6	42.4	71.9	58.3	38.3
19-22...........	92	99.1	94.9	76.0	52.8	21.6	47.0	78.0	53.6	49.0
23-34...........	166	100.0	95.0	68.8	64.0	31.4	47.4	74.9	64.4	34.2
35-50...........	93	98.4	97.3	65.1	51.1	18.3	32.9	72.6	57.2	33.9
51-64...........	142	99.1	95.3	65.9	60.0	25.6	33.2	70.9	58.7	36.6
65-74...........	254	99.6	98.1	78.7	73.0	41.0	27.5	81.1	71.2	35.2
75 AND OVER.....	162	99.2	97.3	73.7	76.4	42.6	18.3	77.4	68.2	17.6
FEMALES:										
9-11............	108	100.0	95.5	76.8	91.5	72.0	57.8	67.6	53.2	29.8
12-14...........	95	100.0	94.3	78.9	82.8	51.2	53.2	67.5	51.2	26.7
15-18...........	117	100.0	96.1	73.1	73.1	45.7	39.4	71.3	63.7	28.9
19-22...........	155	98.1	89.5	68.3	66.0	41.3	56.0	73.8	57.2	41.1
23-34...........	349	99.7	94.8	70.6	66.1	30.3	41.7	81.8	66.8	46.5
35-50...........	273	100.0	93.4	65.9	65.4	25.1	37.2	71.7	59.0	34.5
51-64...........	390	99.4	93.7	68.5	63.8	32.5	29.4	79.7	65.5	32.0
65-74...........	453	100.0	97.1	75.9	69.3	44.2	26.3	83.8	72.6	36.8
75 AND OVER.....	303	100.0	98.7	72.7	73.1	45.3	20.9	82.7	70.8	35.1
ALL INDIVIDUALS...	4/4,026	99.4	94.0	72.7	73.0	43.9	39.1	75.5	63.4	33.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 38-2.1.--GRAIN PRODUCTS; FATS, OILS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	[4]/54	0	0	0	0	0	0	0	0	0
1-2.............	[4]/137	6	1	1	1	(5)	2	(5)	(5)	(5)
3-5.............	202	16	5	4	3	1	4	1	(5)	1
6-8.............	186	44	12	9	7	1	16	1	(5)	(5)
MALES:										
9-11............	99	50	12	13	9	1	16	1	(5)	(5)
12-14...........	93	51	13	10	7	1	20	1	(5)	1
15-18...........	113	42	11	13	4	(5)	14	1	(5)	(5)
19-22...........	92	37	15	11	2	(5)	9	5	1	3
23-34...........	166	47	13	10	7	(5)	17	2	1	(5)
35-50...........	93	30	10	11	8	0	1	2	(5)	1
51-64...........	142	15	5	7	2	(5)	1	(5)	(5)	(5)
65-74...........	254	16	4	4	1	0	7	2	(5)	1
75 AND OVER.....	162	13	3	8	2	0	1	1	(5)	(5)
FEMALES:										
9-11............	108	46	14	9	7	1	16	1	(5)	1
12-14...........	95	40	11	10	4	(5)	15	(5)	(5)	(5)
15-18...........	117	35	9	10	4	1	12	1	(5)	1
19-22...........	155	33	7	11	4	(5)	10	1	(5)	1
23-34...........	349	15	5	4	2	(5)	4	2	(5)	1
35-50...........	273	16	4	3	3	(5)	6	1	(5)	1
51-64...........	380	12	5	4	1	0	3	1	(5)	(5)
65-74...........	453	11	3	3	1	0	4	1	(5)	(5)
75 AND OVER.....	303	10	2	5	1	(5)	1	(5)	(5)	(5)
ALL INDIVIDUALS...	[4]/4,026	22	6	6	3	(5)	7	1	(5)	1

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3B-2.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/54	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
1-2.............	4/137	21.3	11.2	10.8	4.6	3.0	5.7	5.4	4.2	1.2
3-5.............	202	32.3	21.6	20.6	8.8	3.9	8.1	8.3	4.1	4.9
6-8.............	186	61.8	45.0	34.1	13.1	6.7	24.5	15.8	10.9	5.7
MALES:										
9-11............	99	59.8	47.3	30.9	16.2	7.2	27.9	18.4	14.2	5.0
12-14...........	93	60.4	47.2	35.0	18.8	8.1	28.6	10.4	8.1	7.5
15-18...........	113	56.2	39.5	32.9	7.4	1.7	16.2	12.6	8.5	5.6
19-22...........	92	52.9	46.8	25.1	7.3	2.1	8.9	26.5	9.2	24.6
23-34...........	166	44.3	34.9	23.3	8.2	1.2	11.7	19.9	15.3	6.8
35-50...........	93	44.1	31.7	25.6	5.6	.0	3.7	23.0	8.3	14.6
51-64...........	142	22.5	16.2	11.5	4.9	.6	2.7	6.8	2.4	4.3
65-74...........	254	23.3	18.4	11.1	2.4	.0	6.7	11.4	8.4	5.6
75 AND OVER.....	162	19.6	13.1	13.0	2.3	.0	.5	10.1	3.5	2.4
FEMALES:										
9-11............	108	68.4	56.5	34.5	12.9	6.8	31.0	16.0	10.6	9.7
12-14...........	95	55.5	40.8	30.6	9.4	4.3	23.3	11.0	7.0	4.7
15-18...........	117	53.5	36.3	30.9	9.4	2.6	15.9	11.2	8.5	5.7
19-22...........	155	52.4	33.3	30.9	2.9	1.2	15.5	16.9	12.5	10.3
23-34...........	349	29.0	21.8	13.1	4.5	.6	6.0	15.2	7.5	9.9
35-50...........	273	25.4	16.1	11.4	3.6	.8	7.6	10.9	4.8	5.3
51-64...........	380	25.7	19.3	13.0	2.7	.0	4.5	9.3	5.8	5.4
65-74...........	453	23.3	17.1	11.2	2.1	.0	4.7	12.7	7.6	5.2
75 AND OVER.....	303	21.2	13.0	12.8	3.4	.3	2.0	7.6	6.1	1.9
ALL INDIVIDUALS...	4/4,026	34.3	24.9	18.3	5.6	1.7	9.4	12.3	7.4	6.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 38-3.1.--GRAIN PRODUCTS; FATS, OILS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1.........	[4]/54	59	4	6	40	25	9	1	1	0
1-2.............	[4]/137	173	26	24	65	14	58	4	2	1
3-5.............	202	203	43	30	79	17	51	7	4	2
6-8.............	186	202	42	41	74	17	45	6	4	2
MALES:										
9-11............	99	228	49	42	85	18	52	6	5	1
12-14...........	93	237	59	51	75	19	52	8	4	4
15-18...........	113	269	75	52	83	14	59	9	5	4
19-22...........	92	234	68	48	58	5	59	9	5	4
23-34...........	166	229	69	44	65	8	51	13	8	4
35-50...........	93	211	70	34	57	7	49	10	6	3
51-64...........	142	212	70	40	68	7	34	11	7	4
65-74...........	254	216	68	53	73	10	21	11	8	3
75 AND OVER.....	162	234	73	47	81	11	33	10	8	1
FEMALES:										
9-11............	106	238	45	36	95	17	61	6	4	2
12-14...........	95	214	46	41	79	11	48	7	4	2
15-18...........	117	192	50	34	74	10	34	8	4	3
19-22...........	155	176	38	26	67	7	45	7	4	3
23-34...........	349	189	48	35	64	6	42	10	5	4
35-50...........	273	185	49	36	64	4	37	9	4	4
51-64...........	380	157	49	31	55	6	22	9	6	2
65-74...........	453	177	53	37	55	9	31	10	6	3
75 AND OVER.....	303	184	52	43	68	11	21	12	7	3
ALL INDIVIDUALS...	[4]/4,026	196	53	38	67	10	38	9	5	3

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 38-3.2.--GRAIN PRODUCTS; FATS, OILS1/ PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/54	77.8	23.4	31.0	73.6	55.6	20.7	21.9	21.9	0.0
1-2.............	4/137	99.2	83.7	72.1	88.0	65.3	59.2	66.0	58.1	23.5
3-5.............	202	100.0	90.0	72.4	93.1	71.1	56.3	70.3	60.8	26.5
6-8.............	186	100.0	88.4	71.9	85.4	69.3	47.3	68.1	59.9	28.0
MALES:										
9-11............	99	100.0	89.4	75.7	89.5	69.9	39.5	62.7	58.5	10.3
12-14...........	93	100.0	89.5	71.3	80.7	57.4	36.4	65.0	50.0	30.2
15-18...........	113	97.0	93.8	70.8	79.2	46.0	35.4	69.8	58.3	34.3
19-22...........	92	92.2	85.7	59.4	46.5	19.5	38.1	66.0	46.0	30.6
23-34...........	166	97.1	87.3	55.8	60.5	30.1	38.1	67.0	57.8	29.6
35-50...........	93	96.9	93.0	52.9	46.7	18.3	30.3	61.2	50.3	25.6
51-64...........	142	98.5	94.1	60.3	58.8	25.6	31.1	69.1	58.2	32.3
65-74...........	254	99.6	96.4	75.9	72.7	41.0	21.5	79.8	68.5	32.4
75 AND OVER.....	162	99.2	97.3	69.8	75.4	42.6	17.7	75.9	68.2	15.2
FEMALES:										
9-11............	108	100.0	91.4	66.0	88.4	69.2	45.2	62.7	51.7	21.3
12-14...........	95	98.7	91.1	64.7	81.2	50.5	39.3	60.4	46.7	22.7
15-18...........	117	99.3	89.9	62.2	68.9	43.6	27.1	66.8	58.2	25.3
19-22...........	155	96.6	78.8	57.8	66.0	41.3	43.5	70.5	51.6	38.3
23-34...........	349	98.6	90.5	67.8	64.5	29.9	36.3	77.7	63.9	40.8
35-50...........	273	98.8	91.3	61.3	63.1	24.2	32.2	68.7	56.8	31.8
51-64...........	380	97.8	91.9	62.2	62.5	32.5	25.8	77.8	63.9	28.5
65-74...........	453	99.8	95.8	71.4	68.5	44.2	22.4	82.0	71.2	34.1
75 AND OVER.....	303	100.0	98.2	68.9	74.0	45.3	19.3	81.9	69.9	34.0
ALL INDIVIDUALS...	4/4,026	98.5	90.8	66.4	71.1	43.0	32.8	72.3	60.9	29.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3C-1.1.--GRAIN PRODUCTS; FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/55	72	4	7	47	24	14	(5)	(5)	(5)
1-2..............	4/127	175	32	25	63	14	55	5	4	1
3-5..............	243	194	44	38	57	13	55	7	4	2
6-8..............	197	233	53	46	63	14	71	6	4	2
MALES:										
9-11.............	94	265	62	52	73	19	79	10	6	4
12-14............	140	310	77	65	65	14	104	11	8	3
15-18............	133	335	90	69	103	9	73	13	9	4
19-22............	121	309	96	60	70	8	84	11	6	5
23-34............	309	282	86	71	48	6	78	14	7	6
35-50............	203	294	87	63	75	3	70	13	7	5
51-64............	218	242	83	66	64	12	29	17	10	5
65-74............	242	244	79	62	69	15	33	19	11	5
75 AND OVER.....	84	245	79	47	78	13	40	24	15	3
FEMALES:										
9-11.............	118	259	61	54	57	13	87	8	5	3
12-14............	130	241	59	54	63	10	64	7	5	3
15-18............	140	225	56	39	52	10	78	13	8	4
19-22............	183	186	60	30	41	8	56	16	9	6
23-34............	462	173	51	35	37	6	50	12	5	6
35-50............	340	198	58	40	55	3	45	11	6	4
51-64............	380	184	62	43	46	8	34	14	7	5
65-74............	226	193	55	39	52	9	47	14	8	5
75 AND OVER.....	104	195	60	44	75	9	16	15	6	4
ALL INDIVIDUALS...	4/4,249	225	64	48	58	9	56	12	7	4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3C-1.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	-----------------------------------				PERCENT				-----------------------------------
MALES AND FEMALES:										
UNDER 1..........	4/55	86.2	20.3	20.5	79.8	69.8	18.4	14.7	12.1	2.6
1-2.............	4/127	98.2	84.0	77.8	91.5	66.1	58.5	64.2	61.7	19.2
3-5.............	243	100.0	92.4	81.7	85.2	70.1	57.0	70.7	61.0	27.8
6-8.............	197	100.0	95.8	91.3	85.2	66.1	63.5	75.9	66.2	33.2
MALES:										
9-11............	94	100.0	99.2	88.1	85.2	60.4	63.0	72.1	62.5	33.7
12-14...........	140	99.4	97.3	86.1	76.6	50.6	60.1	72.3	63.0	29.7
15-18...........	133	100.0	96.5	81.6	73.3	46.5	42.7	78.1	70.0	37.3
19-22...........	121	99.2	97.6	72.3	60.1	40.4	51.9	70.7	57.5	37.9
23-34...........	309	99.7	96.3	75.2	49.0	21.8	44.5	77.0	63.2	45.2
35-50...........	203	100.0	98.8	76.6	46.5	12.5	38.5	82.1	67.6	41.7
51-64...........	218	99.5	97.7	74.9	59.2	40.4	24.7	81.5	71.9	47.3
65-74...........	242	100.0	96.8	86.1	74.9	52.6	26.9	88.3	83.7	43.2
75 AND OVER.....	84	100.0	100.0	79.5	76.8	52.2	23.7	94.1	84.5	31.4
FEMALES:										
9-11............	118	100.0	98.6	88.2	82.1	66.6	71.0	80.4	68.6	34.3
12-14...........	130	100.0	95.8	81.4	71.2	56.6	50.7	70.4	58.0	36.6
15-18...........	140	100.0	95.1	81.4	67.2	53.0	62.2	80.2	70.1	39.7
19-22...........	183	99.0	95.0	70.7	60.3	37.8	47.6	79.8	64.4	43.9
23-34...........	462	98.8	91.7	71.2	51.3	23.9	45.6	80.3	58.7	49.4
35-50...........	340	100.0	93.0	71.8	53.2	22.0	39.1	79.1	65.3	47.5
51-64...........	380	99.0	96.4	74.7	64.7	38.9	28.6	85.4	73.5	50.8
65-74...........	226	99.6	96.7	81.1	66.2	42.8	34.7	88.3	77.9	49.9
75 AND OVER.....	104	100.0	100.0	81.9	76.3	45.3	20.4	87.6	75.6	45.5
ALL INDIVIDUALS...	4/4,249	99.4	94.4	77.5	65.9	42.0	43.3	78.7	66.7	41.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3C-2.1.--GRAIN PRODUCTS: FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/55	2	(5)	(5)	(5)	0	1	0	0	0
1-2..............	4/127	15	3	2	3	(5)	7	(5)	(5)	(5)
3-5..............	243	19	5	5	3	1	6	1	(5)	(5)
6-8..............	197	45	12	9	7	1	17	1	1	(5)
MALES:										
9-11.............	94	42	14	7	6	1	16	2	1	1
12-14............	140	66	16	16	3	(5)	31	1	(5)	(5)
15-18............	133	56	18	15	4	1	18	1	1	1
19-22............	121	53	18	11	11	(5)	14	1	1	1
23-34............	309	48	14	13	4	(5)	17	2	1	1
35-50............	203	28	8	9	8	0	3	1	1	(5)
51-64............	218	18	7	4	3	0	4	1	(5)	(5)
65-74............	242	21	5	7	1	0	8	2	(5)	1
75 AND OVER......	84	7	3	1	0	0	3	1	1	1
FEMALES:										
9-11.............	118	57	14	14	5	1	24	1	1	1
12-14............	130	41	10	11	3	1	18	1	(5)	(5)
15-18............	140	41	11	7	2	(5)	21	2	(5)	1
19-22............	183	27	9	6	2	(5)	10	2	1	1
23-34............	462	23	8	7	2	0	7	3	1	1
35-50............	340	16	5	5	2	0	4	1	(5)	1
51-64............	380	17	7	5	1	(5)	4	1	(5)	1
65-74............	226	17	4	6	1	0	7	1	(5)	1
75 AND OVER......	104	7	2	3	(5)	0	2	(5)	(5)	(5)
ALL INDIVIDUALS...	4/4,249	29	9	8	3	(5)	10	1	(5)	1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3C-2.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1	4/55	9.6	1.6	3.4	3.2	0.0	1.4	0.0	0.0	0.0
1-2	4/127	21.9	13.0	14.5	5.9	2.8	7.1	5.7	5.7	1.0
3-5	243	34.7	23.2	18.8	7.5	5.1	9.5	10.7	8.5	3.2
6-8	197	62.5	50.2	33.1	15.4	4.2	29.2	20.9	16.1	7.1
MALES:										
9-11	94	67.8	58.1	29.7	8.9	3.9	22.6	23.4	14.7	14.6
12-14	140	73.5	63.1	39.8	7.4	.7	28.6	18.4	14.0	4.7
15-18	133	66.0	52.9	35.3	10.8	3.4	20.8	18.9	13.2	8.2
19-22	121	50.3	41.4	23.7	8.4	1.6	12.1	12.7	9.8	6.3
23-34	309	51.8	38.4	26.7	6.8	.3	13.0	22.8	12.1	11.9
35-50	203	35.3	26.0	21.5	4.5	.0	3.7	15.7	13.0	5.4
51-64	218	22.6	16.8	11.5	2.1	.0	1.3	10.4	7.0	2.6
65-74	242	29.4	18.7	18.2	2.3	.0	8.6	13.5	7.9	6.3
75 AND OVER	84	17.9	15.4	3.9	.0	.0	3.6	11.7	4.6	7.4
FEMALES:										
9-11	118	74.4	55.4	45.7	17.9	8.2	31.4	27.6	18.4	7.0
12-14	130	58.2	43.5	26.7	7.5	3.6	20.9	10.8	3.0	7.1
15-18	140	62.3	47.1	28.9	4.2	3.0	26.0	16.2	10.2	9.7
19-22	183	42.3	29.6	20.8	4.4	1.6	12.6	18.1	8.4	11.7
23-34	462	41.3	28.8	22.4	2.9	.0	8.6	21.4	12.3	11.3
35-50	340	28.7	20.8	13.2	2.4	.0	6.4	13.5	6.0	9.3
51-64	380	34.7	26.9	17.5	3.6	1.0	5.0	16.1	8.4	9.3
65-74	226	33.4	21.8	19.8	2.0	.0	8.9	18.6	12.4	9.3
75 AND OVER	104	25.2	13.7	12.0	1.0	.0	5.0	9.4	2.5	6.0
ALL INDIVIDUALS	4/4,249	41.7	30.9	21.9	5.3	1.5	11.7	16.3	9.9	7.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3C-3.1.--GRAIN PRODUCTS; FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1.........	4/55	70	4	6	47	24	13	(5)	(5)	(5)
1-2.............	4/127	160	28	24	59	14	48	5	4	1
3-5.............	243	175	39	33	55	13	48	6	4	2
6-8.............	197	188	41	38	55	14	54	6	3	2
MALES:										
9-11............	94	223	48	44	68	17	63	8	5	3
12-14...........	140	244	61	48	62	14	73	10	7	2
15-18...........	133	280	72	54	98	9	55	12	8	3
19-22...........	121	256	78	50	59	8	70	10	5	5
23-34...........	309	234	71	58	44	6	61	12	6	5
35-50...........	203	265	79	53	67	3	66	12	6	4
51-64...........	218	224	76	61	62	12	25	16	10	5
65-74...........	242	222	74	55	69	15	25	17	11	4
75 AND OVER.....	84	237	75	47	78	13	37	23	15	2
FEMALES:										
9-11............	118	202	48	40	52	12	63	7	4	2
12-14...........	130	199	49	43	61	9	46	7	4	2
15-18...........	140	184	45	32	51	10	57	11	8	3
19-22...........	183	160	51	23	39	7	46	14	8	5
23-34...........	462	149	43	27	36	6	44	10	4	4
35-50...........	340	182	53	35	53	3	41	9	5	4
51-64...........	380	167	55	38	44	8	30	12	7	4
65-74...........	226	175	51	34	51	9	40	13	7	4
75 AND OVER.....	104	188	58	41	75	9	14	14	6	4
ALL INDIVIDUALS...	4/4,249	196	56	41	55	9	46	11	6	4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3C-3.2.--GRAIN PRODUCTS: FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1	4/55	84.8	18.7	20.5	79.8	69.8	17.1	14.7	12.1	2.6
1-2	4/127	98.2	82.2	73.4	88.8	64.1	54.3	62.6	60.0	18.2
3-5	243	99.7	89.8	75.6	82.8	67.7	51.3	66.0	56.8	25.8
6-8	197	99.3	91.7	78.8	81.3	63.4	51.8	68.4	59.4	27.3
MALES:										
9-11	94	100.0	97.7	84.4	84.5	59.7	53.7	65.7	56.5	22.6
12-14	140	98.7	92.4	78.2	73.6	49.9	48.7	69.6	59.7	26.8
15-18	133	98.6	90.4	68.9	70.5	44.1	31.3	72.0	64.0	29.9
19-22	121	99.2	95.2	64.6	55.0	38.9	42.6	67.5	53.7	35.0
23-34	309	96.7	91.0	68.3	45.2	21.8	36.4	69.9	58.4	37.5
35-50	203	98.6	95.3	68.3	43.4	12.5	34.8	79.0	61.4	38.7
51-64	218	98.6	94.3	71.3	59.2	40.4	23.4	79.0	67.7	46.0
65-74	242	99.7	96.8	81.6	74.3	52.6	18.8	88.0	83.4	39.9
75 AND OVER	84	100.0	100.0	78.4	76.8	[illegible]	20.1	92.8	84.5	28.2
FEMALES:										
9-11	118	99.2	91.8	75.2	79.6	62.9	51.7	72.7	59.9	29.5
12-14	130	97.1	86.2	69.5	66.1	53.0	36.5	67.2	55.7	30.7
15-18	140	98.6	90.8	74.3	65.2	50.0	46.0	77.7	67.5	35.4
19-22	183	96.7	90.7	62.7	57.0	36.1	39.2	73.3	62.0	39.1
23-34	462	97.2	89.0	61.2	49.6	23.9	39.3	74.2	53.8	44.2
35-50	340	98.9	90.3	67.3	52.1	22.0	34.5	76.2	62.9	41.7
51-64	380	98.4	94.9	69.4	63.8	38.2	24.9	81.8	70.2	45.3
65-74	226	99.6	93.8	77.8	64.5	42.8	28.9	87.2	77.9	42.0
75 AND OVER	104	100.0	97.1	81.1	76.3	45.3	16.5	86.6	75.6	41.0
ALL INDIVIDUALS	4/4,249	98.3	91.2	70.7	63.8	41.1	36.1	74.7	63.2	36.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 30-1.1.--GRAIN PRODUCTS; FATS, OILS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	[4]117	65	4	3	46	33	12	(5)	(5)	(5)
1-2.............	[4]283	160	31	30	51	13	47	5	3	1
3-5.............	406	201	48	44	51	16	58	8	5	3
6-8.............	468	216	56	48	[illegible]	20	56	9	5	3
MALES:										
9-11............	200	247	68	59	56	17	65	12	8	4
12-14...........	222	284	78	68	64	21	74	14	10	4
15-18...........	240	313	94	74	61	18	84	15	9	6
19-22...........	166	233	77	55	57	10	45	19	8	10
23-34...........	695	269	89	62	43	7	74	18	9	8
35-50...........	508	256	87	62	54	7	53	20	10	9
51-64...........	412	247	89	57	53	8	49	19	10	7
65-74...........	152	209	76	54	52	17	26	17	8	6
75 AND OVER.....	47	237	69	81	63	18	24	21	12	9
FEMALES:										
9-11............	225	239	56	51	56	18	75	11	6	5
12-14...........	244	235	59	55	54	14	66	12	5	6
15-18...........	260	199	54	41	42	10	61	11	6	5
19-22...........	209	167	52	40	28	7	47	12	5	7
23-34...........	1,009	180	51	41	37	6	50	14	7	7
35-50...........	673	172	57	37	36	5	43	13	6	6
51-64...........	521	158	55	37	36	8	30	15	7	7
65-74...........	167	171	59	41	39	13	31	13	5	6
75 AND OVER.....	62	197	54	41	63	13	38	10	6	4
ALL INDIVIDUALS...	[4]7,286	212	64	48	47	11	53	14	7	6

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3D-1.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/117	93.8	16.3	21.5	92.4	87.1	20.6	10.4	10.4	2.0
1-2.............	4/283	100.0	95.0	86.6	92.3	73.2	61.5	76.7	71.5	26.2
3-5.............	406	100.0	97.6	89.7	90.6	80.7	61.5	82.4	73.5	41.1
6-8.............	468	100.0	98.8	89.9	93.5	81.4	58.4	78.3	66.9	43.1
MALES:										
9-11............	200	100.0	99.2	88.7	88.9	73.9	56.2	87.2	78.4	44.5
12-14...........	222	100.0	97.4	86.4	85.4	72.0	56.0	80.6	70.4	42.8
15-18...........	240	100.0	96.5	80.6	72.1	52.4	52.1	80.7	69.8	44.0
19-22...........	166	100.0	94.1	74.6	55.1	32.2	44.1	76.4	56.9	49.5
23-34...........	695	100.0	96.5	76.1	53.2	24.9	49.8	85.0	71.5	54.8
35-50...........	508	99.8	94.7	76.3	54.6	23.2	38.1	87.5	74.3	54.2
51-64...........	412	99.1	96.2	77.5	60.2	33.1	33.2	84.5	71.1	47.8
65-74...........	152	100.0	100.0	85.9	73.6	52.5	20.4	95.8	85.5	55.1
75 AND OVER.....	47	100.0	93.6	88.2	90.8	71.0	28.5	91.3	77.1	62.9
FEMALES:										
9-11............	225	100.0	98.1	88.4	90.2	80.9	65.9	79.2	66.6	47.0
12-14...........	244	99.6	95.3	85.2	78.4	62.3	56.2	76.5	63.1	52.5
15-18...........	260	100.0	94.8	79.1	63.4	47.3	48.2	79.1	64.4	42.2
19-22...........	209	99.1	97.3	74.2	52.0	30.7	49.2	76.2	55.6	55.4
23-34...........	1,009	98.7	94.5	76.4	57.1	33.5	49.2	84.8	69.4	53.9
35-50...........	673	99.1	94.6	75.8	55.1	26.1	39.5	87.0	66.2	57.0
51-64...........	521	98.2	94.9	73.2	58.0	36.6	29.1	87.6	72.4	50.3
65-74...........	167	97.1	96.2	72.2	75.4	56.4	35.3	88.6	75.4	51.8
75 AND OVER.....	62	100.0	100.0	86.5	72.9	47.5	38.8	85.0	79.6	42.3
ALL INDIVIDUALS...	4/7,286	99.3	94.7	79.0	67.9	46.6	46.5	82.4	68.9	48.5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 30-2.1.--GRAIN PRODUCTS; FATS, OILS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/117	2	(5)	(5)	1	(5)	1	(5)	(5)	0
1-2............	4/283	13	3	4	1	1	5	(5)	(5)	(5)
3-5............	406	16	4	5	2	1	5	1	(5)	(5)
6-8............	468	37	10	9	3	1	15	1	(5)	(5)
MALES:										
9-11...........	200	45	12	13	3	1	16	2	1	(5)
12-14...........	222	49	14	11	3	(5)	20	1	1	1
15-18...........	240	51	15	17	3	(5)	17	1	(5)	(5)
19-22...........	166	47	16	16	5	0	10	3	1	2
23-34...........	495	55	16	15	4	(5)	20	3	1	1
35-50...........	508	35	14	13	2	(5)	6	2	1	1
51-64...........	412	23	10	8	1	(5)	4	3	1	1
65-74...........	152	16	5	6	1	(5)	3	2	1	1
75 AND OVER.....	47	14	3	8	1	0	3	1	(5)	1
FEMALES:										
9-11...........	225	48	12	12	4	1	20	1	1	1
12-14...........	244	42	11	12	4	(5)	15	1	(5)	1
15-18...........	260	39	11	10	2	(5)	17	1	1	1
19-22...........	209	28	8	8	1	(5)	11	3	1	2
23-34...........	1,009	27	8	9	2	(5)	9	2	1	1
35-50...........	673	20	7	7	1	(5)	5	2	(5)	1
51-64...........	521	17	5	7	1	(5)	3	1	(5)	1
65-74...........	167	18	5	8	2	0	3	1	(5)	1
75 AND OVER.....	62	13	4	4	1	0	4	(5)	(5)	0
ALL INDIVIDUALS...	4/7,286	31	9	10	2	(5)	10	2	1	1

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3D-2.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/117	5.2	2.7	2.5	1.5	0.7	1.6	0.8	0.8	0.0
1-2.............	4/283	38.2	21.9	25.0	6.1	4.8	11.3	10.0	8.0	3.0
3-5.............	406	36.9	22.2	23.7	7.7	5.8	8.1	12.1	7.8	4.1
6-8.............	468	59.6	42.7	36.8	10.4	3.2	23.4	15.9	12.5	6.0
MALES:										
9-11............	200	65.5	50.4	43.5	9.0	6.0	23.8	25.2	20.1	10.4
12-14...........	222	62.4	50.1	37.3	6.5	2.8	26.2	18.4	11.8	7.8
15-18...........	240	57.3	42.1	35.5	3.2	.5	17.2	17.5	9.8	7.8
19-22...........	166	58.9	43.9	29.4	6.6	.0	11.4	20.4	12.1	12.3
23-34...........	695	61.8	45.3	32.6	5.5	.1	17.7	25.1	16.6	11.6
35-50...........	508	50.0	35.5	25.6	3.2	.6	5.6	22.7	14.1	11.7
51-64...........	412	39.8	31.1	19.0	2.3	.6	3.6	23.0	14.0	9.1
65-74...........	152	35.3	27.5	17.9	5.2	.6	4.8	18.1	10.3	9.8
75 AND OVER.....	47	20.3	12.7	10.9	2.4	.0	5.1	10.5	2.0	6.1
FEMALES:										
9-11............	225	62.9	45.5	45.2	12.3	6.5	28.5	22.9	17.2	6.5
12-14...........	244	62.2	44.7	42.3	9.1	1.7	21.6	19.4	10.1	10.6
15-18...........	260	57.4	43.2	34.9	5.3	2.8	20.5	22.2	14.6	8.8
19-22...........	209	54.2	37.8	28.4	3.7	1.9	16.5	20.2	8.8	15.3
23-34...........	1,009	46.1	32.3	26.1	4.8	.8	12.7	23.3	11.4	13.9
35-50...........	673	44.5	29.9	25.1	2.6	.1	7.4	22.7	8.8	12.2
51-64...........	521	36.4	25.4	19.6	3.3	.2	5.6	15.7	10.1	7.6
65-74...........	167	35.3	23.7	19.2	5.1	.0	8.0	15.2	7.9	8.0
75 AND OVER.....	62	30.9	22.2	16.7	1.4	.0	4.1	14.4	13.0	.0
ALL INDIVIDUALS...	4/7,286	48.7	34.7	28.1	5.3	1.6	13.0	19.8	11.7	9.6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3D-3.1.--GRAIN PRODUCTS; FATS, OILS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	[4]/117	63	4	3	45	33	11	(5)	(5)	(5)
1-2..............	[4]/283	147	28	26	50	13	42	4	3	1
3-5..............	406	185	44	38	49	16	54	8	5	3
6-8..............	468	180	46	38	54	19	41	8	5	3
MALES:										
9-11.............	200	203	56	46	53	16	48	11	7	4
12-14............	222	236	64	57	61	21	54	12	9	3
15-18............	240	262	80	57	58	18	67	14	9	5
19-22............	166	186	61	38	52	10	35	15	7	7
23-34............	695	214	73	47	39	7	55	15	8	7
35-50............	508	221	73	49	52	7	47	18	9	8
51-64............	412	224	79	48	52	8	45	16	9	6
65-74............	152	193	71	49	51	17	23	16	8	5
75 AND OVER.....	47	223	66	73	62	18	22	19	12	7
FEMALES:										
9-11.............	225	191	45	39	52	17	55	10	5	5
12-14............	244	193	48	43	51	14	51	10	5	5
15-18............	260	160	43	31	40	9	44	9	5	4
19-22............	209	139	44	32	27	7	36	10	4	5
23-34...... ...	1,009	153	44	32	35	6	42	12	6	5
35-50............	673	153	50	29	35	5	38	11	5	5
51-64............	521	141	50	29	35	8	27	13	6	6
65-74............	167	153	54	33	37	13	28	12	5	5
75 AND OVER.....	62	184	51	37	63	13	34	10	6	4
ALL INDIVIDUALS...	[4]/7,286	181	54	39	45	11	43	12	6	5

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3D-3.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/117	93.8	15.2	21.5	92.4	87.1	19.8	10.4	10.4	2.0
1-2.............	4/283	99.7	92.9	81.5	90.7	71.0	54.8	74.2	69.1	24.7
3-5.............	406	99.8	94.5	86.5	89.5	78.1	56.8	79.5	70.8	38.4
6-8.............	468	99.8	94.6	82.1	91.0	79.0	44.9	75.4	62.4	38.8
MALES:										
9-11............	200	100.0	94.3	78.4	85.9	69.3	42.3	81.3	72.7	35.3
12-14...........	222	100.0	92.6	77.7	83.7	70.6	39.4	79.1	67.8	35.9
15-18...........	240	99.4	92.9	69.9	70.6	51.8	39.7	77.2	67.2	39.0
19-22...........	166	96.7	87.6	65.2	53.3	32.2	34.7	70.2	53.0	40.2
23-34...........	695	98.0	89.3	65.6	50.3	24.8	37.2	78.3	64.9	47.5
35-50...........	508	98.7	90.9	68.9	52.3	22.6	33.6	84.6	70.5	48.0
51-64...........	412	97.9	93.0	73.2	58.3	32.5	30.3	81.3	66.8	44.7
65-74...........	152	100.0	98.6	80.7	71.9	52.5	15.5	95.8	83.2	49.3
75 AND OVER.....	47	100.0	93.6	88.2	90.8	71.0	23.4	91.3	77.1	39.1
FEMALES:										
9-11............	225	99.3	93.8	78.1	87.5	77.4	47.3	74.5	62.9	42.4
12-14...........	244	98.8	90.6	73.7	76.3	61.3	44.4	72.6	58.9	46.3
15-18...........	260	98.6	89.8	67.1	61.3	44.7	34.7	73.9	58.5	36.7
19-22...........	209	97.0	86.9	64.8	49.4	28.9	37.3	73.3	51.4	48.6
23-34...........	1,009	96.9	89.8	67.4	55.2	33.1	41.5	80.3	66.1	46.8
35-50...........	673	98.1	91.6	68.4	53.4	25.9	34.3	82.2	64.0	50.2
51-64...........	521	97.6	93.3	68.1	56.7	36.4	24.1	86.0	69.7	45.8
65-74...........	167	97.1	96.2	67.4	74.1	56.4	27.3	86.3	71.5	48.7
75 AND OVER.....	62	96.6	92.4	84.8	72.9	47.5	36.4	81.7	73.9	42.3
ALL INDIVIDUALS...	4/7,286	98.3	90.6	71.3	65.9	45.6	37.9	78.7	65.2	43.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3E-1.1.--GRAIN PRODUCTS; FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1	4/115	67	3	4	47	29	13	(5)	(5)	(5)
1-2	4/271	156	32	28	52	12	43	5	4	1
3-5	532	193	47	42	49	15	56	8	5	3
6-8	594	225	58	55	52	16	60	10	5	4
MALES:										
9-11	328	261	66	67	56	19	71	11	6	4
12-14	437	295	73	68	59	22	95	12	7	5
15-18	555	294	88	75	53	18	78	14	8	6
19-22	313	237	89	53	41	10	54	14	8	5
23-34	953	239	81	57	42	8	58	18	7	9
35-50	1,219	233	78	56	43	8	56	20	9	9
51-64	760	231	79	60	52	10	40	21	9	9
65-74	115	239	66	66	74	16	33	20	10	9
75 AND OVER	35	210	60	50	79	13	21	20	9	10
FEMALES:										
9-11	339	227	56	61	47	17	63	11	6	5
12-14	413	221	57	60	42	13	61	10	5	4
15-18	559	196	54	51	34	8	57	14	6	8
19-22	367	164	48	38	34	6	45	12	5	6
23-34	1,254	170	50	39	30	6	51	15	6	8
35-50	1,507	160	50	38	31	6	42	16	6	9
51-64	777	159	51	40	33	7	35	17	7	8
65-74	117	148	58	37	33	10	21	13	6	5
75 AND OVER	63	234	63	45	60	6	67	14	8	6
ALL INDIVIDUALS	4/11,624	207	62	50	42	10	53	15	7	7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3E-1.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/115	93.0	22.5	27.4	90.5	80.5	19.4	17.1	17.1	0.7
1-2.............	4/271	100.0	89.8	86.0	90.1	68.5	62.5	74.5	67.5	22.9
3-5.............	532	100.0	96.6	92.6	90.3	76.0	61.2	82.8	76.2	37.3
6-8.............	594	100.0	98.8	91.9	89.4	78.3	61.7	80.0	69.4	42.5
MALES:										
9-11............	328	100.0	96.8	92.9	85.6	71.0	60.6	82.2	71.4	42.3
12-14...........	437	100.0	98.1	92.0	81.6	69.7	65.0	80.2	70.5	42.3
15-18...........	555	99.4	97.6	84.9	69.1	52.9	54.9	78.6	66.7	41.5
19-22...........	313	100.0	99.1	74.7	60.2	37.7	42.0	74.7	64.1	41.0
23-34...........	953	99.3	97.1	78.2	50.2	27.5	43.8	88.1	73.5	60.1
35-50...........	1,219	99.8	95.5	81.3	55.8	28.1	44.9	85.1	72.7	56.7
51-64...........	760	99.8	96.9	80.7	63.8	39.2	33.5	89.4	77.0	57.1
65-74...........	115	100.0	98.7	94.3	84.6	66.7	31.2	81.1	70.9	58.4
75 AND OVER.....	35	100.0	97.2	77.8	71.0	41.1	23.6	82.3	79.0	51.1
FEMALES:										
9-11............	339	100.0	98.5	94.9	85.2	72.6	61.2	79.0	70.0	46.2
12-14...........	413	100.0	95.6	89.9	71.7	55.5	55.8	76.0	63.9	43.4
15-18...........	559	99.8	94.0	83.7	56.9	37.8	50.1	80.8	67.9	52.1
19-22...........	367	97.9	92.3	71.4	55.4	28.3	38.8	79.8	64.1	49.6
23-34...........	1,254	98.6	93.6	75.6	55.8	30.5	48.1	86.0	68.7	59.6
35-50...........	1,507	99.2	92.8	75.9	52.8	27.0	42.9	87.9	69.2	60.6
51-64...........	777	98.7	94.2	79.5	57.2	34.3	39.4	88.0	75.3	55.0
65-74...........	117	100.0	97.6	83.5	60.0	46.9	26.7	84.8	71.7	51.4
75 AND OVER.....	63	100.0	96.5	77.3	72.5	25.5	56.8	92.1	79.6	43.5
ALL INDIVIDUALS...	4/11,624	99.4	94.8	81.6	64.5	43.1	47.7	83.1	70.2	51.3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3E-2.1.--GRAIN PRODUCTS; FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/115	(5)	(5)	(5)	0	0	(5)	0	0	0
1-2.............	4/271	14	3	4	2	(5)	6	(5)	(5)	(5)
3-5.............	532	21	5	7	2	(5)	7	(5)	(5)	(5)
6-8.............	594	39	10	10	3	(5)	16	1	1	(5)
MALES:										
9-11............	328	48	13	12	4	(5)	20	1	1	1
12-14...........	437	51	13	12	2	(5)	23	2	1	1
15-18...........	555	52	14	14	3	(5)	21	2	1	1
19-22...........	313	48	18	11	2	0	17	2	1	1
23-34...........	953	51	19	13	3	(5)	16	4	1	3
35-50...........	1,219	43	16	12	3	(5)	12	4	2	2
51-64...........	760	38	12	13	3	(5)	11	4	2	2
65-74...........	115	33	8	17	1	0	7	4	1	2
75 AND OVER.....	35	19	2	8	3	0	6	1	(5)	1
FEMALES:										
9-11............	339	42	10	11	4	(5)	17	1	1	(5)
12-14...........	413	43	11	13	3	1	16	2	1	1
15-18...........	559	45	12	12	3	(5)	18	3	1	2
19-22...........	367	41	9	7	3	(5)	21	3	1	2
23-34...........	1,254	32	9	10	2	(5)	11	3	1	2
35-50...........	1,507	24	8	8	1	(5)	7	3	1	2
51-64...........	777	28	8	10	2	0	8	3	1	2
65-74...........	117	15	6	7	1	0	2	2	1	1
75 AND OVER.....	63	23	1	6	(5)	0	15	1	(5)	(5)
ALL INDIVIDUALS...	4/11,624	37	11	11	2	(5)	13	3	1	2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3E-2.2.--GRAIN PRODUCTS: FATS, OILS[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1	[4]/115	4.1	1.9	2.2	0.0	0.0	1.1	0.0	0.0	0.0
1-2	[4]/271	32.2	17.9	23.3	4.4	2.1	10.2	10.4	8.7	2.8
3-5	532	48.2	27.7	33.6	6.2	3.1	12.9	12.4	9.9	3.5
6-8	594	63.7	49.1	40.0	8.1	3.8	24.9	22.8	17.8	7.2
MALES:										
9-11	328	69.1	52.9	43.8	8.4	2.9	27.8	23.1	16.6	8.0
12-14	437	64.6	48.5	38.9	6.9	2.5	28.5	20.4	13.9	8.5
15-18	555	61.4	45.4	35.6	5.0	1.6	22.7	21.3	11.6	12.6
19-22	313	59.5	50.6	27.3	3.6	.0	18.9	21.4	8.8	14.2
23-34	953	67.9	52.3	33.8	6.6	1.0	16.6	38.0	22.2	22.4
35-50	1,219	60.5	48.3	32.2	7.1	.8	13.1	32.5	22.1	16.6
51-64	760	52.8	41.8	29.1	5.5	.4	10.5	31.2	22.4	14.5
65-74	115	42.5	31.3	29.2	1.1	.0	10.2	30.8	20.7	21.1
75 AND OVER	35	32.0	14.6	22.6	9.2	.0	8.6	20.4	11.1	9.3
FEMALES:										
9-11	339	61.4	44.1	40.2	10.7	2.4	25.4	23.8	18.2	7.9
12-14	413	66.1	43.5	44.3	8.1	3.1	24.2	20.6	14.3	9.2
15-18	559	67.1	48.3	39.5	6.1	.5	24.2	28.1	14.6	19.0
19-22	367	54.3	35.3	25.5	7.4	1.4	20.1	27.2	12.9	17.2
23-34	1,254	56.6	36.6	31.7	5.5	.5	13.6	27.4	13.4	17.6
35-50	1,507	49.9	33.0	26.9	4.4	.6	11.7	27.8	14.3	18.3
51-64	777	47.8	33.3	28.1	4.7	.0	12.6	30.2	15.4	17.4
65-74	117	42.6	30.6	23.5	1.9	.0	3.5	19.2	19.2	9.6
75 AND OVER	63	26.0	10.8	16.1	5.0	.0	15.3	12.4	5.0	5.0
ALL INDIVIDUALS	[4]/11,624	56.5	40.6	32.3	6.0	1.2	16.5	26.4	15.9	14.5

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3E-3.1.--GRAIN PRODUCTS; FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/115	67	3	4	47	29	13	(5)	(5)	(5)
1-2.............	4/271	142	30	25	50	12	38	5	3	1
3-5.............	532	173	41	36	47	15	48	8	5	3
6-8.............	594	185	47	45	49	16	43	9	5	3
MALES:										
9-11............	328	213	54	56	52	19	51	9	6	3
12-14...........	437	245	60	56	57	21	72	10	6	4
15-18...........	555	242	74	61	50	18	57	12	7	5
19-22...........	313	189	71	42	39	10	37	11	7	3
23-34...........	953	187	63	44	38	8	42	14	6	7
35-50...........	1,219	190	63	44	40	7	44	15	8	7
51-64...........	760	193	68	48	49	10	29	17	8	7
65-74...........	115	206	57	50	74	16	26	17	8	7
75 AND OVER.....	35	191	58	42	76	13	15	19	9	9
FEMALES:										
9-11............	339	185	46	50	43	17	45	10	5	4
12-14...........	413	178	46	47	40	13	45	8	5	3
15-18...........	559	151	41	39	31	8	39	11	5	6
19-22...........	367	123	38	30	31	6	23	9	4	5
23-34...........	1,254	138	40	29	28	6	40	12	5	6
35-50...........	1,507	136	42	30	30	6	35	12	5	6
51-64...........	777	131	43	31	31	7	27	14	6	6
65-74...........	117	133	52	29	32	10	19	11	5	5
75 AND OVER.....	63	211	61	39	60	6	51	14	8	5
ALL INDIVIDUALS...	4/11,624	170	51	40	40	10	40	12	6	5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3E-3.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/115	93.0	22.5	27.4	90.5	80.5	18.3	17.1	17.1	0.7
1-2..............	4/271	100.0	87.5	84.6	88.5	67.3	57.9	73.4	66.5	21.1
3-5..............	532	99.9	94.5	87.6	89.2	74.8	54.9	80.6	73.4	35.4
6-8..............	594	99.7	95.3	88.3	88.1	77.3	46.1	75.0	64.0	38.4
MALES:										
9-11.............	328	99.7	95.0	87.6	82.9	69.2	44.2	79.0	68.4	36.5
12-14............	437	99.6	93.5	85.8	80.0	68.4	49.7	75.5	65.9	37.3
15-18............	555	98.9	93.9	76.8	67.8	52.3	41.2	73.8	63.6	34.6
19-22............	313	97.0	93.2	62.8	58.9	37.7	25.4	71.0	61.6	33.0
23-34............	953	96.8	87.4	68.0	47.0	26.6	31.4	79.4	64.9	48.2
35-50............	1,219	98.0	89.2	72.2	52.1	27.7	35.0	78.9	64.5	48.5
51-64............	760	98.4	92.7	72.3	61.0	39.0	25.2	84.7	72.0	49.9
65-74............	115	100.0	98.7	83.3	84.6	66.7	23.7	79.0	66.4	44.6
75 AND OVER......	35	100.0	97.2	75.0	71.0	41.1	15.1	82.3	79.0	45.1
FEMALES:										
9-11.............	339	100.0	93.6	89.9	84.3	72.1	45.1	75.6	65.0	43.3
12-14............	413	99.5	91.7	83.0	69.0	53.6	43.0	70.9	57.5	37.9
15-18............	559	97.6	87.1	73.8	54.2	37.5	34.0	75.5	62.7	41.0
19-22............	367	95.5	86.4	62.9	50.5	27.2	22.9	73.6	59.0	42.3
23-34............	1,254	97.0	87.0	65.8	53.6	30.1	38.1	80.2	63.9	49.7
35-50............	1,507	97.3	88.6	68.4	50.1	26.6	34.6	81.6	64.6	53.5
51-64............	777	97.8	91.6	70.9	55.1	34.3	28.1	84.4	72.7	46.3
65-74............	117	100.0	97.6	78.9	58.1	46.9	23.2	83.0	65.9	48.0
75 AND OVER......	63	100.0	96.5	75.0	72.3	25.5	44.4	92.1	79.6	43.5
ALL INDIVIDUALS...	4/11,624	98.1	89.9	73.8	62.1	42.5	36.5	78.1	65.3	44.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3F-1.1.--GRAIN PRODUCTS; FATS, OILS[1] AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	[4]/126	56	2	4	36	23	14	(5)	(5)	(5)
1-2.............	[4]/306	178	29	28	68	12	53	4	3	1
3-5.............	521	216	48	40	69	13	58	6	4	2
6-8.............	482	236	56	51	74	17	55	7	4	3
MALES:										
9-11............	264	266	62	55	75	18	74	10	6	4
12-14...........	287	292	73	64	71	21	83	11	6	4
15-18...........	387	304	79	67	77	17	81	13	6	5
19-22...........	318	271	86	50	67	12	58	11	6	4
23-34...........	846	265	83	57	62	8	63	16	7	8
35-50...........	657	255	81	53	58	5	62	17	8	7
51-64...........	565	244	81	53	63	7	47	19	9	7
65-74...........	300	250	74	55	80	12	40	16	8	5
75 AND OVER.....	147	244	69	62	76	13	36	13	8	4
FEMALES:										
9-11............	269	262	56	55	75	18	75	9	5	4
12-14...........	305	242	59	57	69	15	57	9	4	5
15-18...........	424	220	57	45	59	10	58	10	5	5
19-22...........	408	203	55	39	54	6	55	9	4	4
23-34...........	1,216	189	50	40	49	6	50	14	6	7
35-50...........	1,097	180	53	36	50	4	41	13	5	6
51-64...........	850	175	56	37	48	7	34	13	5	6
65-74...........	446	188	56	37	53	9	41	13	7	4
75 AND OVER.....	240	188	54	39	70	11	24	15	8	4
ALL INDIVIDUALS...	[4]/10,462	221	62	46	61	10	53	12	6	5

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3F-1.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/126	85.0	19.5	22.0	82.6	72.3	21.1	15.2	15.2	1.4
1-2..............	4/306	99.6	85.0	80.3	93.8	60.1	61.4	65.4	58.8	20.7
3-5..............	521	100.0	96.3	86.4	94.1	74.3	58.4	75.2	67.4	31.6
6-8..............	482	100.0	98.0	85.4	94.2	80.3	58.2	76.8	64.6	37.4
MALES:										
9-11.............	264	100.0	97.4	84.4	93.3	76.5	60.0	75.6	64.4	36.3
12-14............	287	99.7	95.5	80.9	82.2	67.4	60.9	72.4	58.9	37.6
15-18............	387	99.7	97.0	78.1	78.5	55.0	51.8	75.1	61.9	43.9
19-22............	318	99.7	97.4	69.3	68.3	40.0	41.5	74.4	61.3	35.6
23-34............	846	99.9	96.7	74.6	58.3	26.4	39.9	82.9	65.9	51.7
35-50............	657	99.8	94.9	75.8	52.9	21.6	43.2	83.8	68.6	49.8
51-64............	565	99.2	96.2	72.7	66.4	33.3	34.1	83.0	69.1	52.8
65-74............	300	99.7	99.0	80.7	76.7	43.9	33.3	85.2	72.6	46.7
75 AND OVER......	147	99.1	95.8	72.3	84.7	53.1	20.5	81.0	69.7	32.2
FEMALES:										
9-11.............	269	100.0	98.3	84.3	91.2	76.2	64.5	75.9	64.2	38.9
12-14............	305	100.0	96.7	83.8	81.6	62.7	49.4	74.5	57.5	44.7
15-18............	424	100.0	94.2	76.4	70.9	49.5	49.1	74.5	59.6	37.8
19-22............	408	98.3	95.0	68.1	59.6	33.8	43.9	70.6	57.8	41.2
23-34............	1,216	98.3	92.7	72.3	61.1	30.2	45.3	81.0	65.0	52.5
35-50............	1,097	98.7	92.6	69.9	58.6	23.9	40.3	82.5	60.2	52.0
51-64............	850	98.5	94.1	69.7	61.1	33.0	35.5	80.5	63.8	46.5
65-74............	446	99.0	96.6	71.3	67.9	42.3	29.3	84.2	72.7	44.6
75 AND OVER......	240	100.0	99.6	75.0	78.7	48.1	23.6	85.7	70.5	40.3
ALL INDIVIDUALS...	4/10,462	99.1	94.2	74.8	70.2	43.2	44.0	78.4	63.8	44.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3F-2.1.--GRAIN PRODUCTS; FATS, OILS 1/
AVERAGE INTAKE 2/ PER INDIVIDUAL PER DAY, 3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/126	2	(5)	(5)	1	0	2	(5)	(5)	0
1-2.............	4/306	11	2	3	2	(5)	4	(5)	(5)	(5)
3-5.............	521	17	4	5	2	(5)	6	(5)	(5)	(5)
6-8.............	482	38	10	9	5	1	14	1	(5)	(5)
MALES:										
9-11............	264	41	11	9	5	1	16	1	1	1
12-14...........	287	51	14	12	3	(5)	22	1	1	1
15-18...........	387	44	12	12	3	(5)	17	2	(5)	1
19-22...........	318	36	13	8	3	0	12	1	(5)	1
23-34...........	846	58	19	16	5	(5)	18	4	1	2
35-50...........	657	41	14	13	6	(5)	8	3	1	1
51-64...........	565	33	11	9	4	(5)	8	4	1	2
65-74...........	300	28	7	8	2	0	12	2	(5)	1
75 AND OVER.....	147	9	2	5	1	0	1	(5)	(5)	(5)
FEMALES:										
9-11............	269	45	11	11	5	1	18	1	(5)	(5)
12-14...........	305	33	10	9	1	(5)	14	1	(5)	(5)
15-18...........	424	36	10	8	2	(5)	16	1	(5)	1
19-22...........	408	30	8	7	3	(5)	11	2	(5)	1
23-34...........	1,216	30	8	10	3	(5)	9	3	1	2
35-50...........	1,077	20	7	7	1	(5)	5	2	1	1
51-64...........	850	20	6	7	1	(5)	6	2	(5)	1
65-74...........	446	14	4	5	1	(5)	5	1	(5)	1
75 AND OVER.....	240	12	3	4	1	(5)	5	1	(5)	(5)
ALL INDIVIDUALS...	4/10,462	31	9	9	3	(5)	10	2	1	1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3F-2.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/126	3.5	1.8	1.8	0.7	0.0	1.3	0.7	0.7	0.0
1-2.............	4/306	26.6	13.5	16.1	6.6	3.5	8.8	8.5	5.9	3.8
3-5.............	521	34.0	20.4	19.6	7.9	4.4	10.5	11.2	8.2	3.3
6-8.............	482	57.5	43.2	32.6	11.0	5.9	22.6	17.2	13.2	5.2
MALES:										
9-11............	264	59.5	47.1	31.0	13.0	7.1	23.1	19.8	13.7	7.0
12-14...........	287	63.1	48.5	33.7	8.7	4.0	31.7	15.7	10.4	7.4
15-18...........	387	54.0	40.8	23.8	5.6	1.6	18.3	15.9	7.5	10.1
19-22...........	318	51.0	40.4	20.2	5.2	.0	10.9	17.5	9.1	11.4
23-34...........	846	62.0	47.8	30.7	7.8	.7	14.2	31.4	18.8	18.7
35-50...........	657	52.2	40.2	27.6	5.8	.4	9.7	27.6	19.1	13.3
51-64...........	565	43.1	32.1	23.5	7.3	.2	7.6	22.1	14.1	12.4
65-74...........	300	35.0	27.8	17.2	2.8	.0	12.4	17.7	12.5	11.6
75 AND OVER.....	147	15.2	7.6	8.6	3.6	.0	1.4	7.5	3.6	4.5
FEMALES:										
9-11............	269	57.9	42.4	33.5	11.4	5.3	28.9	19.6	13.3	6.7
12-14...........	305	57.0	38.2	32.0	4.5	2.2	19.6	13.1	6.7	8.3
15-18...........	424	56.9	42.2	28.8	6.5	2.5	19.7	18.2	10.2	9.2
19-22...........	408	49.5	34.8	21.2	4.7	1.0	14.3	19.2	9.4	12.8
23-34...........	1,216	47.5	30.3	26.7	5.8	.4	13.8	24.2	11.9	15.6
35-50...........	1,097	40.0	26.9	21.7	2.7	.4	8.6	20.7	9.5	12.3
51-64...........	850	37.3	24.6	20.0	3.3	.3	8.8	16.5	7.9	10.2
65-74...........	446	27.7	19.9	16.8	2.6	.2	6.1	17.1	10.6	8.1
75 AND OVER.....	240	20.9	14.0	11.9	2.3	.3	4.7	13.5	8.0	4.5
ALL INDIVIDUALS...	4/10,462	45.6	32.5	24.1	5.8	1.5	13.1	19.5	11.2	10.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3F-3.1.--GRAIN PRODUCTS; FATS, OILS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/126	54	2	3	35	23	12	(5)	(5)	(5)
1-2..............	4/306	167	27	26	66	12	49	4	3	1
3-5..............	521	199	44	36	67	14	52	6	4	2
6-8..............	482	198	46	42	69	17	40	7	4	3
MALES:										
9-11.............	264	226	51	46	71	17	58	9	5	4
12-14............	287	240	60	52	68	20	61	10	6	4
15-18............	387	261	68	55	74	17	64	11	6	5
19-22............	318	236	73	41	65	12	57	9	6	3
23-34............	846	207	64	41	57	7	45	12	6	5
35-50............	657	214	67	41	53	5	54	14	7	6
51-64............	565	211	70	44	59	7	38	15	8	6
65-74............	300	221	67	47	78	12	29	14	8	4
75 AND OVER.....	147	235	68	57	75	13	35	13	8	4
FEMALES:										
9-11.............	26[illegible]	216	45	44	70	17	57	8	4	3
12-14............	305	209	49	48	68	15	44	8	4	4
15-18............	424	184	48	37	57	10	43	8	4	4
19-22............	408	173	47	32	50	6	44	7	4	3
23-34............	1,216	159	42	29	46	6	41	11	5	5
35-50............	1,097	160	46	29	49	4	36	11	4	5
51-64............	850	155	50	30	47	7	28	11	5	5
65-74............	446	174	53	32	52	9	37	12	7	3
75 AND OVER.....	240	176	52	35	69	11	20	14	6	4
ALL INDIVIDUALS...	4/10,462	190	52	37	58	10	43	10	5	4

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3F-3.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1.........	4/126	84.4	18.5	22.0	82.6	72.3	20.5	15.2	15.2	1.4
1-2.............	4/306	99.4	82.9	79.0	92.9	63.6	56.9	63.9	57.6	18.7
3-5.............	521	100.0	93.2	83.1	93.2	72.3	53.2	72.7	64.7	29.5
6-8.............	482	99.5	93.5	79.9	91.0	76.3	46.5	72.1	59.5	33.6
MALES:										
9-11............	264	99.6	89.2	77.5	89.6	72.1	49.8	71.5	60.2	30.6
12-14...........	287	99.4	89.1	75.3	80.2	65.0	42.9	66.9	54.5	32.6
15-18...........	387	98.8	92.7	69.9	76.7	54.0	40.4	72.1	60.0	36.0
19-22...........	318	97.6	94.3	60.7	65.3	40.0	32.7	68.7	57.1	30.2
23-34...........	846	96.3	87.9	61.3	53.3	25.7	29.5	73.5	59.2	38.7
35-50...........	657	97.7	89.3	65.3	48.9	21.3	35.2	76.6	59.1	42.0
51-64...........	565	96.8	91.9	65.6	61.7	33.1	28.6	77.2	64.5	46.1
65-74...........	300	99.5	98.3	77.7	76.7	43.9	23.5	84.0	70.8	40.8
75 AND OVER.....	147	99.1	95.3	71.1	83.8	53.1	19.2	80.6	69.2	29.0
FEMALES:										
9-11............	269	100.0	92.3	76.7	89.4	74.2	47.7	70.7	59.5	35.2
12-14...........	305	100.0	93.2	74.0	81.4	61.8	38.7	70.0	54.6	39.0
15-18...........	424	98.9	90.6	67.8	67.7	47.4	35.9	69.3	55.6	32.2
19-22...........	408	97.0	88.1	62.3	57.4	33.3	33.0	67.2	53.7	34.7
23-34...........	1,216	95.4	86.4	63.1	58.5	30.0	34.5	75.7	60.9	44.0
35-50...........	1,097	96.5	88.2	61.6	57.2	23.7	33.9	77.6	56.8	45.7
51-64...........	850	97.1	92.0	61.6	60.1	32.8	28.1	77.2	60.8	41.8
65-74...........	446	99.0	95.2	67.4	66.5	42.3	25.0	83.4	71.2	39.4
75 AND OVER.....	240	100.0	98.7	73.9	77.6	47.9	19.3	84.2	68.3	37.9
ALL INDIVIDUALS...	4/10,462	97.0	89.7	67.3	67.9	42.3	35.2	73.8	59.8	37.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 36-1.1.--GRAIN PRODUCTS; FATS, OILS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	[4]/150	73	5	5	49	29	14	(5)	(5)	(5)
1-2.............	[4]/389	155	33	27	49	13	46	5	4	1
3-5.............	639	193	47	41	51	16	55	8	5	3
6-8.............	737	220	57	47	56	18	60	10	6	4
MALES:										
9-11............	346	266	64	68	57	21	77	10	6	4
12-14...........	457	291	74	69	60	21	88	12	8	4
15-18...........	544	298	90	77	53	17	78	15	8	6
19-22...........	406	252	80	64	42	9	66	16	8	8
23-34...........	1,034	256	82	58	42	9	73	18	8	9
35-50...........	1,122	234	78	54	46	8	55	20	9	10
51-64...........	870	230	79	60	51	10	41	21	10	9
65-74...........	361	210	72	51	60	15	27	18	10	6
75 AND OVER.....	134	249	77	64	80	13	27	21	14	5
FEMALES:										
9-11............	402	233	56	55	49	18	74	11	6	5
12-14...........	451	229	55	57	47	17	70	11	5	5
15-18...........	546	190	50	46	35	9	58	14	6	7
19-22...........	493	171	48	33	33	6	56	13	7	6
23-34...........	1,483	176	50	39	36	6	52	15	6	8
35-50...........	1,478	157	50	35	32	5	41	16	6	8
51-64...........	1,043	163	54	36	39	8	34	16	8	7
65-74...........	408	166	56	35	45	13	31	13	6	5
75 AND OVER.....	238	196	53	50	61	11	32	15	9	5
ALL INDIVIDUALS...	[4]/13,737	207	61	48	45	11	54	15	7	7

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3G-1.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/150	94.2	21.4	31.5	91.9	83.0	19.4	14.4	14.4	0.9
1-2.............	4/389	99.4	89.9	83.4	89.6	73.6	58.3	76.0	72.0	25.9
3-5.............	63	100.0	96.9	90.4	90.6	79.4	62.6	80.1	73.0	37.1
6-8.............	737	100.0	98.7	91.7	90.1	76.5	61.6	82.7	72.3	44.0
MALES:										
9-11............	346	100.0	95.9	93.5	86.6	72.1	59.4	78.7	70.0	39.8
12-14...........	457	100.0	98.5	91.6	81.2	68.9	61.7	81.4	71.6	43.8
15-18...........	544	99.6	96.5	85.6	65.3	49.3	52.0	80.1	69.3	41.9
19-22...........	406	99.8	94.5	79.2	55.7	34.1	49.2	75.0	61.5	44.8
23-34...........	1,034	99.3	96.2	78.0	51.0	26.4	50.7	85.8	72.2	53.0
35-50...........	1,122	99.7	95.1	78.6	53.9	26.5	41.0	85.4	72.3	57.0
51-64...........	870	99.6	97.3	78.4	52.7	38.3	33.3	88.3	75.2	58.7
65-74...........	361	100.0	97.3	85.2	73.0	50.1	24.9	86.6	76.5	43.8
75 AND OVER.....	134	100.0	99.4	83.0	83.4	53.6	18.5	89.6	80.8	30.4
FEMALES:										
9-11............	402	100.0	97.7	89.9	84.2	73.2	64.3	80.3	69.4	46.7
12-14...........	451	99.8	93.3	87.2	73.5	56.7	58.3	76.4	62.5	49.6
15-18...........	546	99.8	93.5	83.4	59.2	38.9	49.4	81.9	67.7	52.6
19-22...........	493	98.3	93.0	73.7	55.5	30.8	48.6	80.8	64.5	49.6
23-34...........	1,488	98.9	94.3	75.7	56.2	31.0	47.7	87.6	69.2	60.0
35-50...........	1,[illegible]78	99.1	92.3	76.1	51.7	25.2	41.8	86.9	70.6	59.3
51-64...........	1,043	98.8	94.5	74.1	59.9	35.1	33.0	89.0	75.7	52.7
65-74...........	408	99.2	96.1	82.1	76.0	54.9	29.1	86.6	74.8	48.2
75 AND OVER.....	238	100.0	99.1	85.1	70.5	46.3	28.2	89.8	82.8	39.9
ALL INDIVIDUALS...	4/13,737	99.4	94.5	80.7	65.6	44.1	46.3	83.5	70.7	49.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 36-2.1.--GRAIN PRODUCTS; FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/150	2	(5)	(5)	1	(5)	1	(5)	(5)	0
1-2...............	4/389	11	3	3	1	(5)	4	(5)	(5)	(5)
3-5...............	639	18	5	5	1	(5)	6	(5)	(5)	(5)
6-8...............	737	34	8	8	3	(5)	15	1	1	(5)
MALES:										
9-11..............	346	45	11	11	1	(5)	22	1	1	1
12-14.............	457	49	11	11	3	(5)	24	1	1	1
15-18.............	544	53	13	16	2	(5)	22	2	1	1
19-22.............	405	60	17	16	5	(5)	21	4	1	2
23-34.............	1,034	47	15	13	3	(5)	17	3	1	2
35-50.............	1,122	37	15	11	3	(5)	9	4	1	2
51-64.............	870	33	12	11	2	(5)	9	3	1	2
65-74.............	361	14	4	6	2	(5)	3	2	1	1
75 AND OVER......	134	10	3	6	1	0	(5)	1	(5)	1
FEMALES:										
9-11..............	402	42	9	10	3	(5)	20	1	1	(5)
12-14.............	451	44	10	13	4	(5)	17	2	(5)	1
15-18.............	546	39	11	11	2	(5)	15	2	1	2
19-22.............	493	32	9	8	2	(5)	14	3	1	2
23-34.............	1,488	27	8	8	2	(5)	9	3	1	2
35-50.............	1,478	21	7	6	1	(5)	7	3	1	2
51-64.............	1,043	20	7	6	2	(5)	5	2	1	1
65-74.............	408	15	5	6	1	0	4	1	(5)	1
75 AND OVER......	238	11	3	6	1	0	2	1	1	(5)
ALL INDIVIDUALS...	4/13,737	32	9	9	2	(5)	11	2	1	1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3G-2.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/150	7.2	2.1	2.2	1.7	0.6	2.6	0.6	0.6	0.0
1-2.............	4/389	31.3	18.5	19.5	3.8	2.5	8.5	8.0	6.9	2.0
3-5.............	639	40.6	25.1	26.9	4.9	3.6	10.8	9.8	7.8	2.6
6-8.............	737	57.9	41.9	34.3	8.2	2.5	25.1	18.0	14.1	6.5
MALES:										
9-11............	346	68.9	49.1	42.9	4.0	2.1	28.3	23.9	18.2	9.8
12-14...........	457	63.5	45.7	39.7	6.9	2.4	29.6	18.9	12.8	7.6
15-18...........	544	61.8	43.4	40.0	4.9	1.2	22.1	20.9	12.6	10.2
19-22...........	406	59.4	47.4	30.4	5.2	.5	20.4	24.2	10.4	15.8
23-34...........	1,034	61.1	46.4	30.9	5.4	.1	17.6	31.7	18.7	16.0
35-50...........	1,122	55.9	42.5	28.6	4.8	.6	10.2	28.2	17.4	16.0
51-64...........	870	48.9	38.4	24.9	4.7	.6	7.4	27.8	17.1	12.6
65-74...........	361	25.6	16.9	14.3	3.4	.4	4.0	15.9	8.6	9.2
75 AND OVER.....	134	16.5	14.5	7.8	2.4	.0	.6	11.2	4.5	7.6
FEMALES:										
9-11............	402	61.8	43.3	38.1	11.0	3.9	26.4	21.7	16.2	6.6
12-14...........	451	65.9	42.5	42.2	9.0	2.8	25.2	21.8	13.8	9.7
15-18...........	546	63.0	40.6	40.5	5.2	.6	[illegible]	23.8	11.8	16.4
19-22...........	493	53.3	32.8	29.5	5.7	.8	15.1	22.4	12.0	13.9
23-34...........	1,488	49.4	34.4	27.2	4.9	.8	11.6	25.8	13.4	15.5
35-50...........	1,478	45.7	31.4	22.5	4.8	.2	10.4	26.8	13.1	17.7
51-64...........	1,043	39.8	29.0	20.9	4.8	.4	6.8	22.9	13.3	11.7
65-74...........	406	33.8	23.6	19.0	1.7	.0	5.3	15.8	11.7	7.3
75 AND OVER.....	233	24.2	16.9	14.1	1.6	.0	3.0	12.9	10.4	3.0
ALL INDIVIDUALS...	4/13,737	50.2	35.6	28.2	5.2	1.1	14.1	22.6	13.4	11.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3G-3.1.--GRAIN PRODUCTS; FATS, OILS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	[4]/150	71	5	5	48	29	13	(5)	(5)	(5)
1-2............	[4]/389	144	30	24	47	13	42	5	4	1
3-5............	639	176	42	36	50	15	48	8	5	3
6-8............	737	186	48	40	53	18	45	9	5	3
MALES:										
9-11............	346	220	53	57	55	21	55	9	6	3
12-14...........	457	242	63	58	57	21	64	11	7	4
15-18...........	544	245	77	61	51	17	56	13	8	5
19-22...........	406	192	63	48	37	9	45	13	7	5
23-34...........	1,034	208	68	46	39	9	56	14	7	7
35-50...........	1,122	197	64	43	44	8	46	16	8	8
51-64...........	870	197	67	49	49	10	33	18	9	8
65-74...........	361	196	68	46	57	15	25	16	9	5
75 AND OVER.....	134	239	74	58	80	13	27	20	13	4
FEMALES:										
9-11............	402	191	47	45	46	17	54	10	5	4
12-14...........	451	185	44	44	44	12	53	9	5	4
15-18...........	546	151	40	35	33	8	43	11	6	5
19-22...........	493	138	39	26	31	6	43	11	6	4
23-34...........	1,488	149	42	31	34	6	47	12	5	6
35-50...........	1,478	136	43	29	30	5	34	12	5	6
51-64...........	1,043	144	48	30	36	8	30	15	7	6
65-74...........	408	151	51	29	44	13	27	12	6	5
75 AND OVER.....	238	185	51	43	61	11	30	15	9	5
ALL INDIVIDUALS...	[4]/13,737	176	52	39	43	11	42	12	6	5

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 36-3.2.--GRAIN PRODUCTS; FATS, OILS[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3] 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1...........	[4]/150	94.2	[illegible]	31.5	91.9	83.0	16.9	[illegible]	14.4	0.9
1-2..............	[4]/389	99.4	[illegible]	[illegible]	86.5	72.5	54.0	74.8	70.6	24.8
3-5..............	639	100.0	95.2	85.3	89.9	77.7	36.9	78.1	70.9	36.0
6-8..............	737	99.7	95.9	85.2	88.7	75.3	47.4	79.7	68.8	40.4
MALES:										
9-11.............	346	100.0	93.5	88.3	85.7	71.1	43.5	74.4	66.5	32.3
12-14............	457	100.0	94.1	85.0	79.5	67.5	46.0	78.6	68.0	38.7
15-18............	544	99.2	93.2	78.4	63.6	48.7	41.3	75.2	65.6	37.2
19-22............	406	95.5	86.2	66.4	[illegible]	33.6	32.6	67.3	56.0	35.4
23-34............	1,034	97.2	88.6	69.2	[illegible]	26.4	37.4	79.2	64.3	45.5
35-50............	1,122	98.1	89.5	70.5	[illegible]	26.2	33.3	81.4	67.1	50.1
51-64............	870	98.0	91.4	71.7	[illegible]	37.9	26.4	84.2	71.2	52.5
65-74............	361	99.3	96.0	80.5	71.2	50.1	20.9	85.5	74.9	38.9
75 AND OVER......	134	100.0	99.4	81.1	83.4	53.6	17.8	89.6	80.8	26.1
FEMALES:										
9-11.............	402	99.8	93.7	83.8	82.2	71.3	49.0	77.4	65.4	44.2
12-14............	451	98.2	86.8	80.6	70.3	54.8	45.2	71.0	57.6	43.9
15-18............	546	97.5	86.4	72.7	56.4	38.3	37.0	75.7	62.3	43.8
19-22............	493	94.3	85.3	64.8	52.5	30.4	38.6	74.3	59.3	43.1
23-34............	1,488	97.5	89.2	67.3	54.5	30.4	40.7	82.7	64.5	51.5
35-50............	1,478	97.6	88.4	69.2	48.6	25.0	34.5	82.1	66.1	51.6
51-64............	1,043	98.1	92.8	68.9	57.2	34.8	27.3	86.6	73.4	46.3
65-74............	408	99.2	94.6	75.3	75.3	54.9	24.3	84.3	72.0	45.5
75 AND OVER......	238	99.1	95.9	80.5	70.1	46.3	25.9	88.5	81.9	38.4
ALL INDIVIDUALS...	[4]/13,737	98.1	90.1	73.6	63.6	43.5	37.2	79.4	66.6	44.0

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3H-1.1.--GRAIN PRODUCTS; FATS, OILS[1] AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	[illegible]	65	3	5	47	31	9	1	(5)	(5)
1-2.............	[4]/[illegible]	154	31	27	50	13	47	5	3	1
3-5.............	558	188	45	40	50	15	52	8	4	3
6-8.............	622	227	56	55	51	17	65	8	5	3
MALES:										
9-11............	329	252	66	64	59	18	62	10	6	3
12-14...........	406	294	80	65	62	20	88	12	8	4
15-18...........	462	310	94	74	65	16	76	14	9	5
19-22...........	306	250	88	61	46	9	56	12	7	5
23-34...........	837	265	92	67	38	7	69	17	8	8
35-50...........	791	258	87	68	48	7	56	17	9	7
51-64...........	726	240	85	67	51	11	36	17	9	6
65-74...........	388	232	76	62	67	12	27	15	9	4
75 AND OVER.....	184	236	70	63	76	10	27	13	8	2
FEMALES:										
9-11............	340	235	59	59	54	14	64	9	5	4
12-14...........	392	226	60	56	45	11	63	8	5	3
15-18...........	503	199	57	48	38	9	56	10	5	5
19-22...........	416	180	51	36	39	6	55	13	5	7
23-34...........	1,175	172	54	39	30	6	49	13	6	6
35-50...........	1,184	172	55	43	32	6	41	13	5	6
51-64...........	1,044	169	54	46	38	8	31	13	6	5
65-74...........	522	179	[illegible]	47	49	9	29	11	6	4
75 AND OVER.....	273	185	58	43	27	11	28	11	7	2
ALL INDIVIDUALS...	[4]/11,943	212	64	52	46	10	50	12	6	5

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3H-1.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/145	88.1	19.2	23.9	85.6	75.1	18.0	13.5	12.5	1.6
1-2.............	4/339	100.0	93.2	85.9	89.7	69.2	57.4	71.6	64.6	20.0
3-5.............	558	100.0	93.6	85.4	86.0	73.3	57.6	77.5	67.5	34.3
6-8.............	622	100.0	96.0	90.9	86.3	74.5	60.8	73.6	64.0	35.5
MALES:										
9-11............	329	100.0	98.1	91.6	87.4	71.6	59.1	82.9	73.8	33.8
12-14...........	406	100.0	98.9	89.0	81.8	65.0	63.2	78.4	70.6	34.6
15-18...........	462	100.0	96.8	82.9	68.9	48.0	50.5	77.2	68.2	36.3
19-22...........	306	100.0	96.1	74.1	50.8	33.0	41.5	75.6	60.3	42.1
23-34...........	837	99.8	97.6	76.7	50.1	25.6	45.6	84.3	72.3	53.5
35-50...........	791	99.9	98.1	80.7	55.2	26.7	40.0	84.4	72.4	50.1
51-64...........	726	99.8	96.0	81.2	59.1	37.4	29.9	83.7	71.7	46.7
65-74...........	388	100.0	98.7	85.7	72.1	49.4	25.6	85.2	79.6	41.8
75 AND OVER.....	184	100.0	98.2	79.0	68.8	42.4	22.8	79.0	71.0	24.8
FEMALES:										
9-11............	340	100.0	97.8	92.9	82.0	68.3	60.9	78.1	66.3	37.0
12-14...........	392	100.0	96.6	86.7	72.6	52.1	55.5	73.5	64.0	34.9
15-18...........	503	100.0	95.7	80.5	60.0	43.9	51.1	78.8	66.1	41.0
19-22...........	416	99.4	92.2	73.6	55.8	30.2	49.7	83.6	61.4	53.5
23-34...........	1,175	98.8	93.6	77.0	53.0	28.5	46.8	81.7	64.9	49.1
35-50...........	1,184	99.2	93.8	79.1	53.8	29.1	39.4	82.7	68.0	52.8
51-64...........	1,044	99.5	95.9	82.1	59.1	38.0	32.7	85.1	72.9	47.7
65-74...........	522	99.4	96.1	79.8	67.7	45.5	27.6	86.9	75.2	38.6
75 AND OVER.....	273	100.0	98.4	76.1	73.0	46.0	27.8	81.2	72.6	32.7
ALL INDIVIDUALS...	4/11,943	99.5	95.0	81.0	64.9	43.8	44.2	80.3	68.3	42.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3H-2.1.--GRAIN PRODUCTS; FATS, OILS[1]/ AVERAGE INTAKE[2]/ PER INDIVIDUAL PER DAY,[3]/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES; FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTA		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/145	(5)	(5)	(5)	(5)	0	0	0	0	0
1-2..............	4/339	13	3	3	1	(5)	5	(5)	(5)	(5)
3-5..............	558	20	5	6	3	1	5	1	(5)	(5)
6-8..............	622	49	13	13	5	1	18	1	1	1
MALES:										
9-11.............	329	56	15	17	7	1	17	2	1	1
12-14............	4[illegible]6	61	17	16	3	(5)	25	2	1	1
15-18............	4[illegible]2	57	17	17	4	(5)	19	2	1	1
19-22............	306	45	16	14	3	(5)	12	2	1	1
23-34............	837	54	18	15	3	(5)	18	3	1	2
35-50............	791	35	13	12	2	(5)	9	3	1	1
51-64............	726	23	8	9	2	(5)	5	2	1	1
65-74............	388	16	5	7	1	(5)	3	1	(5)	1
75 AND OVER......	184	14	4	6	1	0	3	1	(5)	(5)
FEMALES:										
9-11.............	340	45	14	13	5	1	16	1	1	1
12-14............	392	43	12	13	4	(5)	15	1	(5)	1
15-18............	503	46	12	12	3	(5)	19	2	1	1
19-22............	416	32	9	7	3	(5)	13	3	1	2
23-34............	1,173	24	8	8	2	(5)	7	2	1	1
35-50............	1,184	18	5	7	1	(5)	4	2	(5)	1
51-64............	1,044	18	5	8	1	(5)	4	2	(5)	1
65-74............	522	13	4	6	1	(5)	2	1	(5)	(5)
75 AND OVER......	273	7	2	3	1	(5)	2	(5)	(5)	(5)
ALL INDIVIDUALS...	4/11,943	31	9	10	2	(5)	10	2	1	1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3H-2.2.--GRAIN PRODUCTS; FATS, OILS 1/
PERCENTAGE OF INDIVIDUALS USING, 2/3/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/145	3.5	1.7	1.2	0.7	0.0	0.0	0.0	0.0	0.0
1-2..............	4/339	30.9	19.5	21.6	4.9	2.8	7.8	8.7	7.4	1.3
3-5..............	558	43.5	26.3	28.6	8.7	4.8	9.1	12.9	8.7	4.8
6-8..............	622	69.6	54.9	44.8	12.2	4.1	25.8	23.8	18.1	7.8
MALES:										
9-11.............	329	70.2	58.3	51.2	13.9	5.2	27.2	24.4	19.5	7.1
12-14............	406	69.9	59.0	46.1	9.0	3.1	26.8	23.7	18.1	7.5
15-18............	462	62.7	49.3	39.0	8.5	2.2	19.9	21.1	13.3	8.8
19-22............	306	54.6	41.7	28.0	6.2	.6	12.3	18.1	9.5	12.6
23-34............	837	61.2	47.4	34.5	6.2	1.1	14.0	27.2	17.9	14.4
35-50............	791	51.4	40.2	29.6	4.7	.9	8.[illegible]	24.7	15.4	12.2
51-64............	726	38.5	29.5	21.0	2.6	.1	6.1	19.9	14.2	8.9
65-74............	388	27.2	21.2	16.3	2.[illegible]	.3	4.3	13.7	10.2	5.6
75 AND OVER......	184	26.2	17.7	13.9	.8	.0	3.9	12.0	5.4	1.8
FEMALES:										
9-11.............	340	70.7	57.0	48.6	14.2	5.5	26.7	26.8	19.[illegible]	9.0
12-14............	392	63.2	47.3	42.1	9.0	2.5	23.1	17.6	13.4	6.6
15-18............	503	62.0	48.0	35.9	6.4	2.0	26.2	24.6	16.9	11.0
19-22............	416	53.3	38.3	28.4	6.8	2.3	14.4	26.1	12.0	17.6
23-34............	1,175	46.2	31.9	26.5	4.3	.6	9.6	20.7	10.8	11.3
35-50............	1,184	40.5	25.5	24.2	2.6	.4	7.7	18.4	8.2	10.7
51-64............	1,044	35.9	26.0	21.8	3.7	.4	5.9	18.0	11.0	9.2
65-74............	522	29.5	21.1	16.1	2.6	.3	4.2	12.6	7.7	5.6
75 AND OVER......	273	21.6	11.5	12.9	2.5	.3	3.4	5.4	2.9	2.3
ALL INDIVIDUALS...	4/11,943	48.1	35.6	29.1	5.8	1.6	12.5	19.6	12.4	9.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3H-3.1.--GRAIN PRODUCTS; FATS, OILS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/145	65	3	5	47	31	9	1	(5)	(5)
1-2..............	4/339	141	28	24	48	13	41	4	3	1
3-5..............	558	168	40	34	47	15	47	7	4	2
6-8..............	622	178	43	43	46	16	47	6	4	2
MALES:										
9-11.............	329	196	51	47	53	18	45	8	5	2
12-14............	406	233	63	48	59	19	63	10	7	3
15-18............	462	252	77	57	61	16	57	12	8	4
19-22............	306	205	71	47	43	9	44	10	6	4
23-34............	837	211	73	52	34	7	51	14	7	6
35-50............	791	223	74	56	46	7	47	15	9	5
51-64............	726	217	77	59	50	11	32	14	8	5
65-74............	388	216	71	55	67	12	23	13	9	4
75 AND OVER......	184	222	66	57	75	10	24	11	8	2
FEMALES:										
9-11.............	340	187	45	46	48	13	48	8	5	3
12-14............	392	182	49	43	42	11	48	7	4	3
15-18............	503	153	45	36	35	9	36	9	4	4
19-22............	416	147	42	28	36	6	41	10	5	5
23-34............	1,175	148	47	31	28	6	42	11	5	5
35-50............	1,184	154	50	36	31	6	37	11	5	5
51-64............	1,044	151	48	38	37	8	27	11	5	4
65-74............	522	166	50	42	48	9	27	10	6	3
75 AND OVER......	273	178	56	40	56	11	26	11	7	2
ALL INDIVIDUALS...	4/11,943	181	55	42	43	10	40	11	6	4

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3H-3.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/145	88.1	18.0	23.9	85.6	75.1	18.8	13.5	12.5	1.6
1-2..............	4/339	99.8	90.5	82.1	87.5	67.2	53.4	69.3	62.4	20.6
3-5..............	558	99.6	90.1	80.0	83.9	70.9	52.3	74.0	63.9	31.5
6-8..............	622	99.6	91.0	81.7	83.6	72.6	45.1	67.1	57.1	29.8
MALES:										
9-11.............	329	100.0	94.8	83.4	63.9	68.2	39.4	76.4	67.0	28.6
12-14............	406	99.1	94.5	75.6	79.3	63.2	46.5	74.6	65.0	30.5
15-18............	462	99.2	93.1	71.9	67.2	46.7	36.8	72.2	63.8	30.6
19-22............	306	97.7	92.0	62.0	49.3	32.4	32.0	72.9	57.2	36.2
23-34............	837	97.9	91.5	67.7	46.9	24.8	36.1	77.4	65.1	45.1
35-50............	791	98.8	92.[illegible]	74.7	52.8	26.0	34.3	80.1	67.1	43.7
51-64............	726	98.9	94.5	75.8	58.0	37.4	25.7	81.3	68.1	42.2
65-74............	388	100.0	97.9	81.3	70.9	49.4	21.5	80.1	77.1	37.6
75 AND OVER......	184	100.0	98.2	76.5	68.0	42.[illegible]	18.9	76.5	70.5	24.3
FEMALES:										
9-11.............	340	99.3	92.9	82.4	79.5	65.5	43.1	72.1	60.2	31.4
12-14............	392	99.4	92.9	76.1	69.5	50.5	41.5	64.5	59.8	30.6
15-18............	503	98.4	90.6	69.8	57.9	42.4	32.5	[illegible]	61.3	33.9
19-22............	416	98.2	87.0	62.4	53.0	28.1	39.5	76.[illegible]	57.6	45.6
23-34............	1,175	98.1	90.2	68.3	50.5	28.2	41.3	76.8	61.4	43.6
35-50............	1,184	99.0	91.4	74.4	52.3	28.7	34.4	79.6	65.6	48.5
51-64............	1,044	99.0	94.2	76.6	57.9	37.9	27.7	82.[illegible]	70.5	42.1
65-74............	522	98.9	95.1	76.4	66.5	45.1	23.5	85.0	73.6	34.9
75 AND OVER......	273	100.0	97.5	73.8	73.0	46.0	25.3	80.6	72.0	31.4
ALL INDIVIDUALS...	4/11,943	98.8	91.6	73.8	63.0	42.8	35.6	75.3	64.4	37.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3I-1.1.--GRAIN PRODUCTS; FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1	4/322	63	4	4	44	28	11	(5)	(5)	(5)
1-2	4/814	155	32	28	46	13	49	5	4	1
3-5	1,327	191	47	40	47	16	56	8	5	3
6-8	1,482	219	57	52	49	18	61	9	5	3
MALES:										
9-11	750	256	65	65	55	20	71	10	6	4
12-14	923	287	76	67	56	21	89	12	8	4
15-18	1,115	302	91	75	52	18	85	15	9	6
19-22	850	253	85	61	37	10	70	14	7	6
23-34	2,393	253	86	60	38	8	69	18	8	9
35-50	2,228	242	82	57	43	8	58	19	9	9
51-64	1,923	233	82	62	48	10	41	20	10	[illegible]
65-74	932	227	75	58	62	14	32	17	10	[illegible]
75 AND OVER	[illegible]	238	71	62	71	13	33	16	10	4
FEMALES:										
9-11	795	234	58	57	46	16	73	10	6	4
12-14	905	224	57	57	42	13	68	10	5	5
15-18	1,164	[illegible]	55	45	33	9	59	12	6	6
19-22	1,045	170	48	32	32	6	57	13	6	7
23-34	3,298	171	51	38	31	6	50	15	6	8
35-50	3,114	160	52	38	25	5	42	15	6	8
51-64	2,542	162	55	39	35	8	34	15	7	6
65-74	1,207	173	56	40	43	11	35	13	6	5
75 AND OVER	688	184	56	[illegible]	57	11	29	14	8	4
ALL INDIVIDUALS	4/30,215	206	63	[illegible]	41	11	53	14	7	6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 31-1.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/322	90.4	20.6	27.4	88.0	79.5	17.9	13.0	13.0	1.0
1-2.............	4/814	99.7	92.0	86.8	89.6	71.9	60.8	75.0	69.7	24.7
3-5.............	1,327	100.0	95.9	89.2	89.6	77.9	61.2	80.5	73.0	36.7
6-8.............	1,482	100.0	[illegible]	91.5	89.0	77.8	61.5	80.3	69.5	41.7
MALES:										
9-11............	750	100.0	97.3	92.0	87.3	74.1	60.7	81.9	72.7	39.1
12-14...........	923	100.0	97.9	89.5	81.3	69.5	63.1	80.2	69.8	41.6
15-18...........	1,115	99.7	97.0	83.9	66.8	51.2	54.3	79.7	69.0	42.0
19-22...........	850	99.8	95.9	75.5	54.4	36.3	48.1	75.0	61.3	41.7
23-34...........	2,393	99.6	97.1	77.1	50.6	26.3	46.2	85.7	71.8	54.7
35-50...........	2,228	99.8	96.4	79.3	52.5	26.8	42.6	86.3	73.5	54.0
51-64...........	1,923	99.6	97.0	78.9	61.4	38.1	32.4	87.3	75.0	54.7
65-74...........	932	100.0	98.5	84.8	73.7	52.2	27.8	87.6	79.7	45.1
75 AND OVER.....	399	99.7	97.4	80.3	76.9	51.5	22.8	85.7	77.0	32.2
FEMALES:										
9-11............	795	100.0	98.3	91.1	83.6	72.6	64.8	81.9	70.8	44.0
12-14...........	905	99.9	94.9	87.1	72.8	56.2	57.0	76.7	63.9	45.5
15-18...........	1,164	99.9	94.7	81.7	58.4	42.3	50.8	80.7	67.0	47.3
19-22...........	1,045	98.3	92.8	73.1	53.0	31.2	49.1	82.3	63.8	52.5
23-34...........	3,298	98.8	93.9	75.6	54.6	30.5	47.9	86.0	68.7	57.1
35-50...........	3,114	98.9	93.1	77.4	51.1	27.1	41.4	86.6	69.4	57.8
51-64...........	2,542	98.9	95.2	76.7	58.0	37.1	34.0	86.7	72.8	51.6
65-74...........	1,207	99.4	96.3	78.8	69.7	50.0	29.8	87.1	75.2	44.2
75 AND OVER.....	688	100.0	99.1	79.3	72.9	48.6	27.2	85.6	75.6	38.3
ALL INDIVIDUALS...	4/30,215	99.4	94.9	80.3	64.4	44.3	45.6	83.1	70.3	48.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3I-2.1.--GRAIN PRODUCTS; FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/322	1	(5)	(5)	(5)	(5)	(5)	0	0	0
1-2..............	4/814	13	3	3	2	(5)	5	(5)	(5)	(5)
3-5..............	1,327	19	5	6	2	1	7	1	(5)	(5)
6-8..............	1,482	38	10	10	4	(5)	15	1	1	(5)
MALES:										
9-11.............	750	49	12	14	4	1	19	1	1	1
12-14............	923	53	13	13	3	(5)	24	1	1	1
15-18............	1,115	54	15	16	3	(5)	21	2	1	1
19-22............	850	52	17	15	3	(5)	18	3	1	2
23-34............	2,393	54	18	14	3	(5)	19	4	1	2
35-50............	2,228	39	14	12	3	(5)	10	3	1	2
51-64............	1,923	31	10	1[illegible]	2	(5)	8	3	1	2
65-74............	932	20	5	7	2	(5)	6	2	1	1
75 AND OVER......	399	13	3	7	1	0	2	1	(5)	(5)
FEMALES:										
9-11.............	795	44	11	11	4	1	18	1	1	(5)
12-14............	905	40	10	12	3	(5)	15	1	(5)	1
15-18............	1,164	42	11	11	2	(5)	17	2	1	1
19-22............	1,045	33	9	8	2	(5)	15	3	1	2
23-34............	3,298	29	8	9	2	(5)	9	3	1	2
35-50............	3,114	21	7	7	1	(5)	6	3	1	2
51-64............	2,542	20	6	8	2	(5)	5	2	1	1
65-74............	1,207	15	4	6	1	(5)	4	1	(5)	1
75 AND OVER......	688	10	2	5	1	(5)	3	1	(5)	(5)
ALL INDIVIDUALS...	4/30,215	32	10	10	2	(5)	11	2	1	1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3I-2.2.--GRAIN PRODUCTS: FATS, OILS[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	[4]/322	5.1	2.2	1.7	0.8	0.3	1.2	0.0	0.0	0.0
1-2.............	[4]/814	32.9	19.4	21.6	5.3	3.2	9.6	9.7	8.0	2.4
3-5.............	1,327	41.5	24.8	27.0	6.1	4.1	10.9	11.6	8.9	3.3
6-8.............	1,482	61.5	45.4	38.4	9.2	3.2	23.9	19.9	15.5	6.5
MALES:										
9-11............	750	68.0	51.3	43.4	8.8	3.9	26.6	23.8	17.9	8.4
12-14...........	923	65.2	49.5	40.9	7.5	2.8	28.4	20.1	14.4	7.3
15-18...........	1,115	61.1	45.8	37.4	5.7	1.7	21.0	20.7	12.0	10.1
19-22...........	850	58.1	45.0	29.0	4.6	.2	17.2	22.0	10.9	14.3
23-34...........	2,393	63.7	[illegible]	33.7	6.2	.5	16.3	31.7	19.3	17.3
35-50...........	2,228	55.2	42.5	29.6	4.8	.7	10.5	28.0	18.3	14.4
51-64...........	1,923	45.2	34.6	24.3	4.3	.3	7.7	24.9	16.4	12.0
65-74...........	932	30.9	23.0	17.1	3.3	.3	6.7	17.1	11.4	9.2
75 AND OVER.....	399	22.1	14.7	11.6	2.5	.0	2.5	11.5	5.4	5.0
FEMALES:										
9-11............	795	63.7	46.3	41.6	11.3	4.9	26.5	23.3	17.5	7.2
12-14...........	905	63.3	42.3	40.4	7.7	[illegible]	23.2	19.3	12.6	9.0
15-18...........	1,164	61.6	43.6	37.4	5.1	[illegible]	22.6	25.5	14.7	14.4
19-22...........	1,045	54.3	36.1	28.9	5.7	1.3	[illegible]	24.5	12.3	16.3
23-34...........	3,298	50.0	34.0	28.7	5.1	.7	[illegible]	26.1	13.3	15.7
35-50...........	3,114	44.9	30.0	24.4	3.4	.3	[illegible]	24.4	11.6	15.3
51-64...........	2,542	40.2	28.4	22.5	4.0	.4	7.4	21.0	12.0	11.4
65-74...........	1,207	32.7	23.3	19.0	2.2	.1	5.7	16.8	11.0	7.7
75 AND OVER.....	688	23.4	14.6	13.8	2.2	.2	3.9	11.3	7.6	3.5
ALL INDIVIDUALS...	[4]/30,215	49.7	35.6	28.7	5.2	1.2	13.6	22.3	13.4	11.5

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3I-3.[illegible].--GRAIN PRODUCTS; FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/322	62	3	4	44	28	11	(5)	(5)	(5)
1-2..............	4/814	143	29	25	44	12	44	5	3	1
3-5..............	1,327	172	42	35	45	15	50	7	4	2
6-8..............	1,482	181	47	42	46	18	46	8	5	3
MALES:										
9-11.............	750	208	53	51	51	20	53	9	6	3
12-14............	923	235	63	54	53	21	65	11	7	4
15-18............	1,115	249	76	59	49	17	65	13	8	5
19-22............	850	201	68	46	34	10	52	11	6	4
23-34............	2,393	200	69	45	35	8	51	14	7	6
35-50............	2,228	203	68	46	41	8	49	16	8	7
51-64............	1,923	202	72	51	45	10	33	17	9	7
65-74............	932	207	70	51	61	14	26	15	9	5
75 AND OVER.....	395	225	68	55	70	13	31	15	10	3
FEMALES:										
9-11.............	795	190	47	46	42	16	55	9	5	4
12-14............	905	183	47	45	39	13	52	9	5	4
15-18............	1,164	150	43	34	30	9	42	10	5	5
19-22............	1,045	136	40	25	30	6	42	10	5	5
23-34............	3,298	142	43	29	29	6	41	12	6	6
35-50............	3,114	140	45	31	28	5	36	12	5	6
51-64............	2,542	142	48	31	33	8	29	13	6	5
65-74............	1,207	158	51	34	42	11	31	11	6	4
75 AND OVER.....	688	173	54	37	56	11	25	14	7	4
ALL INDIVIDUALS...	4/30,215	174	53	39	39	11	42	12	6	5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 31-3.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSINC
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/322	90.4	19.7	27.4	88.0	79.5	16.7	13.0	13.0	1.0
1-2.............	4/814	99.5	89.6	82.9	88.2	70.5	55.8	73.4	67.9	23.7
3-5.............	1,327	99.9	93.4	84.3	88.5	76.5	55.6	77.8	69.9	34.9
6-8.............	1,482	99.7	94.3	84.7	87.1	76.6	48.0	76.2	65.0	37.7
MALES:										
9-11............	750	99.9	94.0	84.8	84.9	72.0	45.1	77.0	67.7	33.0
12-14...........	923	99.5	93.2	80.4	78.9	67.9	46.9	76.6	65.5	37.5
15-18...........	1,115	99.1	93.6	75.6	64.9	50.2	42.2	75.2	65.4	36.4
19-22...........	850	96.8	90.3	63.6	52.7	36.1	34.4	69.5	56.7	34.5
23-34...........	2,393	97.0	89.9	66.6	47.6	25.9	34.4	78.1	64.3	44.6
35-50...........	2,228	98.2	90.6	71.6	49.8	26.3	34.6	81.4	66.9	47.3
51-64...........	1,923	98.2	93.2	72.4	59.2	37.9	26.1	83.4	70.7	48.6
65-74...........	932	99.6	97.5	80.3	72.5	52.2	21.7	86.4	77.4	39.9
75 AND OVER.....	399	99.7	97.2	78.1	76.2	51.5	20.3	85.0	76.6	29.4
FEMALES:										
9-11............	795	99.8	94.2	84.0	81.4	70.6	49.1	77.6	65.7	40.4
12-14...........	905	99.0	90.4	79.5	70.1	54.8	44.5	72.1	59.7	40.1
15-18...........	1,164	97.9	88.9	71.5	55.8	41.3	36.2	74.[illegible]	61.6	39.0
19-22...........	1,045	96.1	86.1	63.2	50.4	30.3	37.8	76.5	59.2	45.2
23-34...........	3,298	97.2	88.6	66.5	52.2	30.1	39.2	80.8	64.3	49.1
35-50...........	3,114	97.6	89.1	70.5	49.0	26.9	35.0	82.2	65.6	51.2
51-64...........	2,542	98.0	93.2	70.4	56.2	36.9	27.9	83.8	70.0	45.5
65-74...........	1,207	99.3	95.1	73.8	68.8	49.9	25.0	85.3	73.1	39.9
75 AND OVER.....	688	99.7	97.3	76.3	72.5	48.5	24.0	84.4	74.3	36.5
ALL INDIVIDUALS...	4/30,215	98.2	90.8	72.9	62.3	43.7	36.5	78.9	66.0	42.3

1/ SEE "TABLE NOTES" APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3J-1.1.--GRAIN PRODUCTS; FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/68	79	3	6	48	25	21	1	1	(5/)
1-2.............	4/158	189	30	27	89	12	42	3	3	1
3-5.............	276	230	49	43	95	13	43	5	3	2
6-8.............	255	252	57	48	98	15	48	7	4	3
MALES:										
9-11............	137	278	61	57	93	15	68	8	5	3
12-14...........	173	301	75	60	92	15	73	9	6	3
15-18...........	226	292	81	65	103	14	43	9	5	3
19-22...........	136	274	81	42	123	8	28	11	5	3
23-34...........	229	290	83	63	98	6	45	11	5	5
35-50...........	254	249	82	53	78	3	37	12	6	6
51-64...........	195	274	73	55	104	4	42	11	5	5
65-74...........	99	237	67	47	103	3	20	9	5	3
75 AND OVER.....	62	273	76	68	115	5	14	7	6	1
FEMALES:										
9-11............	154	266	57	48	100	17	62	7	4	3
12-14...........	172	246	63	58	83	13	42	7	4	3
15-18...........	243	222	56	51	72	10	43	9	5	4
19-22...........	192	214	59	48	65	5	41	5	3	2
23-34...........	421	211	53	44	68	5	46	9	4	4
35-50...........	493	194	54	41	66	2	31	10	4	5
51-64...........	331	201	52	45	77	4	27	9	4	4
65-74...........	151	207	52	44	88	4	23	10	6	3
75 AND OVER.....	59	247	50	59	120	5	18	7	5	1
ALL INDIVIDUALS...	4/4,485	235	61	49	86	8	41	8	4	4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3J-1.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/68	90.5	20.0	20.7	89.4	69.5	29.8	21.7	19.6	3.2
1-2..............	4/1[illegible]	99.3	86.6	72.8	96.1	55.6	49.9	61.9	54.4	16.6
3-5..............	276	100.0	96.8	81.0	95.2	68.7	49.8	68.1	58.9	27.3
6-8..............	255	100.0	97.1	83.2	94.1	72.9	54.6	69.1	57.6	33.3
MALES:										
9-11.............	137	100.0	96.6	84.4	94.3	71.9	53.2	66.4	54.9	26.7
12-14............	173	99.5	96.9	80.3	8[illegible].7	57.3	53.1	67.6	58.2	27.8
15-18............	226	100.0	96.5	76.3	85.7	49.7	33.5	66.9	56.3	33.3
19-22............	136	100.0	98.2	65.6	79.6	34.6	25.7	75.5	58.8	43.0
23-34............	229	100.0	97.1	74.0	69.6	26.4	33.4	75.6	57.5	40.9
35-50............	254	100.0	95.3	71.1	62.4	14.4	26.8	73.3	55.0	49.0
51-64............	195	99.5	94.4	70.4	70.9	22.2	30.7	68.1	50.5	40.8
65-74............	99	99.1	97.6	83.2	74.3	14.3	24.2	70.4	51.7	37.0
75 AND OVER......	62	100.0	100.0	61.9	83.9	29.6	9.3	62.2	48.9	8.6
FEMALES:										
9-11.............	154	100.0	96.3	84.3	92.7	71.0	56.5	66.0	51.7	32.6
12-14............	172	100.0	96.8	81.6	83.5	54.9	41.7	62.6	48.3	32.3
15-18............	243	100.0	94.4	73.6	80.8	49.9	41.0	68.9	52.3	32.1
19-22............	192	100.0	96.6	66.9	69.8	29.1	34.9	58.4	50.0	31.2
23-34............	421	97.9	93.2	75.0	67.9	27.7	44.1	70.1	54.5	41.9
35-50............	493	99.2	91.2	63.6	66.8	17.7	33.6	71.0	48.4	42.8
51-64............	331	99.7	94.1	68.2	74.1	26.3	27.7	73.1	58.4	32.2
65-74............	151	97.5	95.4	69.6	73.6	25.6	19.6	77.9	68.8	37.2
75 AND OVER......	59	100.0	98.2	69.4	87.3	28.4	18.9	82.0	68.7	25.5
ALL INDIVIDUALS...	4/4,485	99.4	93.9	72.9	78.4	39.4	37.8	68.7	54.3	34.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3J-2.1.--GRAIN PRODUCTS; FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/68	6	(5)	(5)	3	0	3	(5)	(5)	0
1-2..............	4/158	7	1	3	1	(5)	2	(5)	(5)	(5)
3-5..............	276	18	6	5	4	1	3	(5)	(5)	(5)
6-8..............	255	49	13	10	8	1	18	1	(5)	1
MALES:										
9-11.............	137	46	13	10	7	1	16	1	1	(5)
12-14............	173	59	16	15	4	(5)	24	1	(5)	1
15-18............	226	40	13	12	4	(5)	11	2	(5)	(5)
19-22............	136	30	12	7	7	(5)	5	2	(5)	1
23-34............	229	54	16	17	8	1	13	2	1	1
35-50............	254	27	11	11	4	0	2	2	1	1
51-64............	195	20	9	6	4	0	1	1	(5)	1
65-74............	99	7	2	2	(5)	0	2	(5)	0	(5)
75 AND OVER......	62	3	2	1	0	0	0	(5)	0	0
FEMALES:										
9-11.............	154	49	14	10	8	1	16	1	1	1
12-14............	172	40	13	12	3	(5)	13	1	(5)	(5)
15-18............	243	36	10	10	3	(5)	13	1	(5)	1
19-22............	192	22	8	8	2	(5)	5	1	(5)	(5)
23-34............	421	20	6	7	2	(5)	5	1	(5)	1
35-50............	493	16	5	5	2	(5)	3	1	(5)	1
51-64............	331	13	4	3	1	0	5	1	(5)	(5)
65-74............	151	6	2	2	1	(5)	1	(5)	(5)	(5)
75 AND OVER......	59	5	2	(5)	2	0	(5)	0	0	0
ALL INDIVIDUALS...	4/4,485	27	8	8	4	(5)	7	1	(5)	1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3J-2.2.--GRAIN PRODUCTS; FATS, OILS 1/ PERCENTAGE OF INDIVIDUALS USING, 2/ 3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/68	3.8	1.3	1.3	2.7	0.0	2.4	2.7	2.7	0.0
1-2............	4/158	21.2	11.5	10.9	4.0	2.0	4.5	4.2	2.4	1.9
3-5............	276	33.7	24.0	19.2	12.1	5.5	6.2	8.7	6.1	3.6
6-8............	255	65.7	54.2	37.6	17.1	9.6	26.0	20.5	15.0	7.3
MALES:										
9-11............	137	63.1	55.3	29.0	18.9	10.1	25.1	18.3	14.7	5.0
12-14............	173	67.4	58.8	41.0	11.0	4.7	29.6	16.8	11.4	7.9
15-18............	226	54.4	42.7	26.5	9.3	1.5	13.0	15.6	9.0	9.0
19-22............	136	45.9	39.4	17.0	11.7	1.4	5.7	13.5	3.9	11.0
23-34............	229	48.1	37.2	21.5	9.2	1.8	9.5	17.2	11.9	9.7
35-50............	254	44.2	33.7	22.3	5.3	.0	2.0	22.7	10.2	14.5
51-64............	195	32.5	27.6	13.7	6.7	.0	.9	13.1	5.9	6.6
65-74............	99	13.9	10.1	4.9	.8	.0	6.1	2.3	.0	2.3
75 AND OVER.....	62	7.2	7.2	3.9	.0	.0	.0	3.9	.0	.0
FEMALES:										
9-11............	154	64.5	52.5	38.2	16.1	6.3	27.6	22.6	14.5	9.9
12-14............	172	59.8	45.9	38.5	7.7	3.3	19.1	11.5	7.6	4.7
15-18............	243	58.0	45.6	29.7	9.5	3.4	19.4	8.9	4.5	5.2
19-22............	192	41.6	31.5	19.4	6.1	1.8	7.4	11.0	6.0	5.3
23-34............	421	39.1	25.3	19.7	3.1	.3	10.2	12.2	6.3	7.0
35-50............	493	29.2	18.9	15.0	3.8	.4	7.8	11.4	4.0	6.5
51-64............	331	21.8	16.6	10.5	2.5	.0	5.8	9.2	4.1	4.2
65-74............	151	12.3	7.7	4.5	3.4	.6	1.6	2.2	1.6	1.2
75 AND OVER.....	59	9.9	8.1	3.3	3.6	.0	1.8	.0	.0	.0
ALL INDIVIDUALS...	4/4,485	40.5	31.1	20.9	7.5	2.4	10.9	12.5	6.9	6.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3J-3.1.--GRAIN PRODUCTS; FATS, OILS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	[4]/68	73	3	6	46	25	18	(5)	(5)	(5)
1-2.............	[4]/158	182	29	25	88	12	40	3	2	1
3-5.............	276	212	43	37	91	12	41	5	3	1
6-8.............	255	203	44	39	90	14	31	6	3	2
MALES:										
9-11............	137	232	47	46	86	14	52	6	4	3
12-14...........	173	242	59	45	88	15	49	8	5	2
15-18...........	226	252	68	53	98	13	32	8	5	3
19-22...........	136	244	69	35	116	8	24	9	4	4
23-34...........	229	236	67	46	90	5	33	9	4	4
35-50...........	254	221	71	42	74	3	35	11	5	5
51-64...........	195	254	64	49	100	4	41	10	5	5
65-74...........	[illegible]	230	65	45	102	3	18	9	5	3
75 AND OVER.....	62	270	74	67	115	5	14	7	6	1
FEMALES:										
9-11............	154	217	43	37	92	17	45	6	3	2
12-14...........	172	206	50	46	81	12	29	6	4	3
15-18...........	243	186	47	41	69	10	30	8	5	3
19-22...........	192	192	51	40	64	5	36	5	3	2
23-34...........	421	191	48	37	66	5	41	8	4	4
35-50...........	493	178	50	36	64	2	28	9	3	5
51-64...........	331	187	48	41	76	4	22	8	4	3
65-74...........	151	202	50	42	87	4	22	10	6	3
75 AND OVER.....	59	242	47	58	118	5	18	7	5	1
ALL INDIVIDUALS...	[4]/4,485	208	52	41	82	8	33	7	4	3

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3J-3.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/68	89.4	20.0	20.7	89.4	69.5	28.7	21.7	19.6	3.2
1-2.............	4/158	99.3	86.1	70.7	94.6	55.1	48.1	59.7	52.9	15.3
3-5.............	276	99.6	92.2	75.8	93.1	64.1	46.3	66.1	57.6	24.6
6-8.............	255	99.2	90.7	72.7	88.0	64.3	37.0	61.9	50.0	27.3
MALES:										
9-11............	137	100.0	87.4	78.3	90.3	64.2	40.4	60.8	50.1	22.2
12-14...........	173	99.5	92.4	70.5	83.8	54.3	35.1	62.9	54.3	20.6
15-18...........	226	98.9	92.6	67.1	83.8	48.8	24.5	62.2	53.8	25.4
19-22...........	136	98.6	95.4	57.4	73.4	33.2	20.8	69.3	54.9	33.4
23-34...........	229	97.5	86.4	64.4	64.6	24.5	24.6	67.6	51.2	35.2
35-50...........	254	98.3	91.3	60.8	58.6	14.4	25.6	67.9	50.4	39.2
51-64...........	195	95.8	89.0	63.2	67.4	22.2	30.7	63.6	49.1	37.4
65-74...........	99	99.1	97.6	82.5	74.3	14.3	21.5	69.5	51.7	36.2
75 AND OVER.....	6[illegible]	100.0	100.0	61.9	83.9	29.6	9.3	58.3	48.9	8.6
FEMALES:										
9-11............	154	99.0	89.6	71.1	90.1	66.6	38.4	59.5	46.5	26.1
12-14...........	172	99.3	92.0	67.7	83.1	52.2	28.7	50.0	44.7	28.5
15-18...........	[illegible]43	99.2	89.5	62.8	77.7	46.8	27.2	66.5	51.3	28.4
19-22...........	192	96.5	90.3	63.1	65.7	27.3	28.2	55.6	47.0	28.0
23-34...........	421	95.7	90.1	67.6	66.2	27.4	36.7	64.9	51.4	36.7
35-50...........	493	97.3	89.5	58.2	64.8	17.2	27.0	67.1	45.9	38.9
51-64...........	331	98.5	93.2	62.6	73.1	26.3	22.2	70.6	57.2	30.1
65-74...........	151	96.9	93.2	68.6	70.8	24.9	18.0	77.3	67.7	36.5
75 AND OVER.....	59	100.0	98.2	69.4	85.1	28.4	17.2	82.0	68.7	25.5
ALL INDIVIDUALS...	4/4,485	98.0	89.9	65.7	75.8	37.5	30.2	64.6	51.4	30.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 3K-1.1.--GRAIN PRODUCTS; FATS, OILS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] SPRING 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/75	50	5	6	33	25	7	(5)	(5)	(5)
1-2.............	4/246	143	28	23	42	14	51	5	3	1
3-5.............	404	186	45	37	54	15	50	8	4	3
6-8.............	428	209	52	54	53	17	50	8	4	3
MALES:										
9-11............	196	253	61	63	53	20	76	9	5	4
12-14...........	296	284	74	70	60	22	80	13	8	4
15-18...........	365	293	87	75	56	18	74	15	8	7
19-22...........	256	259	87	56	63	10	53	15	7	7
23-34...........	708	241	81	57	43	7	60	18	8	9
35-50...........	714	234	78	53	50	7	52	18	8	8
51-64...........	579	213	77	53	46	9	37	18	8	9
65-74...........	270	232	72	59	70	14	32	16	8	5
75 AND OVER.....	114	221	70	51	62	12	38	18	11	5
FEMALES:										
9-11............	222	221	56	58	50	19	57	10	5	4
12-14...........	295	226	56	58	49	12	63	10	5	5
15-18...........	374	196	53	46	41	10	56	13	6	7
19-22...........	300	158	46	33	35	7	44	12	4	7
23-34...........	865	164	48	35	34	7	47	14	5	7
35-50...........	838	157	48	36	34	7	39	15	5	8
51-64...........	715	149	52	39	34	8	26	15	6	7
65-74...........	346	177	55	40	49	12	33	14	7	6
75 AND OVER.....	173	168	53	40	51	11	23	14	8	5
ALL INDIVIDUALS...	4/8,780	201	60	47	46	11	48	14	6	5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 3K-1.2.--GRAIN PRODUCTS; FATS, OILS[1]/
PERCENTAGE OF INDIVIDUALS USING,[2]/[3]/ SPRING 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	[4]/75	88.8	23.1	31.5	86.4	81.1	17.9	15.[illegible]	14.5	1.9
1-2..............	[4]/245	99.6	86.4	78.2	92.1	72.7	56.5	68.4	60.8	25.8
3-5..............	404	100.0	95.0	84.6	89.6	77.1	57.2	78.6	70.6	36.1
6-8..............	428	100.0	96.7	91.0	87.9	77.6	55.2	75.5	67.1	37.7
MALES:										
9-11.............	196	100.0	95.2	89.5	89.4	76.8	56.5	80.5	64.5	40.6
12-14............	296	100.0	97.4	85.8	81.0	67.0	57.4	81.6	71.1	38.7
15-18............	365	99.7	95.8	79.0	68.9	53.9	46.8	77.5	65.2	46.3
19-22............	256	99.3	95.9	73.0	56.5	32.2	37.7	78.3	64.9	47.1
23-34............	708	98.7	94.9	75.0	52.8	28.4	42.9	84.6	65.7	54.7
35-50............	714	99.7	96.4	73.8	55.[illegible]	27.9	38.7	84.5	6[illegible].9	54.7
51-64............	579	99.1	95.4	72.4	57.[illegible]	34.7	29.3	87.1	72.5	53.2
65-74............	270	99.7	98.2	81.2	74.3	49.7	27.7	85.4	75.6	43.6
75 AND OVER......	114	100.0	97.0	72.0	73.7	47.6	25.3	87.9	81.6	33.7
FEMALES:										
9-11.............	222	100.0	96.5	89.0	89.7	81.4	54.4	76.3	64.3	40.6
12-14............	295	100.0	93.1	87.3	74.7	52.1	48.9	75.6	61.9	46.8
15-18............	374	100.0	94.1	81.1	61.6	44.6	43.5	79.8	65.5	45.7
19-22............	300	98.1	93.1	71.9	53.3	33.9	44.2	79.0	60.4	51.1
23-34............	865	98.0	91.4	72.3	56.4	35.2	[illegible]	82.8	64.8	56.4
35-50............	838	98.9	92.4	70.6	57.3	33.1	38.4	84.7	65.6	58.5
51-64............	715	98.6	94.2	73.2	54.7	36.2	28.9	85.9	71.2	54.4
65-74............	346	99.4	95.2	76.4	72.8	50.2	33.3	[illegible].6	74.0	46.2
75 AND OVER......	173	100.0	98.9	74.5	67.9	49.4	25.4	85.4	75.4	39.0
ALL INDIVIDUALS...	[4]/8,780	99.2	94.0	76.7	65.7	45.6	41.5	81.7	67.6	48.3

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[1]/ SEE "TABLE NOTES," APPENDIX B.
[2]/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3]/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4]/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 3K-2.1.--GRAIN PRODUCTS; FATS, OILS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] SPRING 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1.........	[4]/75	1	(5)	(5)	0	0	(5)	0	0	0
1-2.............	[4]/246	10	2	3	2	(5)	3	(5)	(5)	(5)
3-5.............	404	19	5	5	3	(5)	6	1	(5)	(5)
6-8.............	428	35	9	11	4	(5)	11	1	(5)	(5)
MALES:										
9-11............	196	36	11	10	3	(5)	13	2	1	1
12-14...........	296	46	11	13	3	(5)	18	1	1	1
15-18...........	365	46	14	15	2	(5)	16	2	1	1
19-22...........	256	45	16	13	5	0	11	3	1	2
23-34...........	708	53	18	14	3	(5)	18	4	1	2
35-50...........	714	39	15	11	4	(5)	10	4	1	2
51-64...........	579	26	9	10	2	0	5	2	(5)	1
65-74...........	270	21	5	7	(5)	0	8	2	(5)	1
75 AND OVER.....	114	13	3	7	1	0	2	1	(5)	(5)
FEMALES:										
9-11............	222	35	9	12	3	1	12	1	(5)	(5)
12-14...........	295	33	9	12	3	(5)	9	2	(5)	1
15-18...........	374	38	10	11	2	(5)	14	2	1	1
19-22...........	300	33	8	8	2	(5)	16	3	1	2
23-34...........	865	31	9	10	3	(5)	10	3	1	2
35-50...........	838	21	6	7	2	(5)	7	2	1	2
51-64...........	715	18	5	7	1	(5)	5	2	(5)	1
65-74...........	346	14	4	7	(5)	0	3	1	(5)	1
75 AND OVER.....	173	6	2	3	(5)	(5)	2	1	(5)	(5)
ALL INDIVIDUALS...	[4]/8,780	30	9	9	2	(5)	10	2	1	1

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 3K-2.2.--GRAIN PRODUCTS: FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ SPRING 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1	4/75	7.6	4.7	2.8	0.0	0.0	3.0	0.0	0.0	0.0
1-2	4/246	[illegible]	16.2	20.7	4.9	2.2	7.8	9.3	6.3	2.0
3-5	404	43.8	26.2	25.6	9.0	4.6	11.3	12.8	10.1	3.2
6-8	428	63.4	44.3	35.6	11.0	3.7	20.3	17.9	14.1	5.9
MALES:										
9-11	196	62.5	49.5	38.0	6.4	3.1	20.0	23.9	17.4	8.6
12-14	296	59.6	43.5	37.6	7.7	3.5	25.9	17.4	11.8	7.5
15-18	365	55.9	43.0	30.7	3.3	1.8	15.9	23.5	12.0	13.0
19-22	256	54.2	42.7	28.1	5.7	.0	12.0	22.3	11.3	15.3
23-34	708	62.0	48.0	32.2	5.4	.4	15.4	32.0	19.2	17.8
35-50	714	53.2	41.4	25.8	6.0	1.0	10.1	27.3	[illegible]	17.5
51-64	579	40.4	30.3	21.4	2.9	.0	5.0	[illegible]	11.3	9.5
65-74	270	31.5	24.2	18.6	1.7	.0	9.0	15.9	11.3	9.2
75 AND OVER	114	17.9	10.4	11.7	3.1	.0	2.6	10.4	5.0	5.3
FEMALES:										
9-11	222	56.4	38.4	35.9	11.9	5.6	21.1	15.9	11.5	5.9
12-14	295	60.0	39.3	36.7	8.6	3.2	15.7	18.8	11.0	9.5
15-18	374	58.4	38.7	37.6	5.5	1.4	18.2	22.9	13.9	13.6
19-22	300	54.0	37.1	27.4	4.6	1.4	16.6	24.1	13.5	15.0
23-34	865	48.8	35.2	27.7	5.3	.7	13.5	24.3	13.0	14.9
35-50	838	42.9	28.1	22.5	3.6	.7	11.8	[illegible]	12.5	13.7
51-64	715	33.3	24.2	18.5	2.5	.2	6.4	[illegible]	10.2	9.8
65-74	346	28.5	20.3	17.1	.8	.0	5.5	[illegible]	9.1	9.2
75 AND OVER	173	17.5	10.1	10.3	1.2	.5	4.0	9.8	6.6	2.8
ALL INDIVIDUALS	4/8,780	47.4	33.9	26.5	5.1	[illegible]	12.5	20.9	12.5	11.3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

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TABLE 3K-3.1.--GRAIN PRODUCTS; FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SPRING 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/75	50	4	5	33	25	7	(5)	(5)	(5)
1-2.............	4/245	133	25	20	41	13	47	4	3	1
3-5.............	404	167	39	33	51	14	43	7	4	3
6-8.............	428	174	43	43	49	17	39	7	4	3
MALES:										
9-11.............	199	217	50	53	50	19	64	8	4	3
12-14............	296	239	62	57	57	22	62	12	8	4
15-18............	365	246	74	60	54	17	58	13	7	6
19-22............	256	215	71	43	59	19	43	12	6	5
23-34............	708	188	64	43	40	7	42	14	7	6
35-50............	714	195	64	42	47	7	43	14	7	6
51-64............	579	187	67	44	44	9	32	16	8	7
65-74............	270	211	66	52	70	14	23	14	8	4
75 AND OVER.....	114	209	67	44	61	12	36	17	11	4
FEMALES:										
9-11.............	222	186	47	45	47	18	45	9	4	4
12-14............	295	193	47	47	46	11	53	9	4	4
15-18............	374	159	43	35	38	9	42	11	5	5
19-22............	300	125	37	23	34	6	28	9	3	5
23-34............	865	132	40	25	31	7	37	11	5	3
35-50............	838	136	42	29	32	7	32	12	5	5
51-64............	715	131	47	31	33	8	21	14	6	6
65-74............	346	163	52	33	48	12	30	13	6	5
75 AND OVER.....	173	162	52	39	51	11	21	14	8	4
ALL INDIVIDUALS...	4/8,780	171	51	39	43	11	38	12	6	5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 3K-3.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ SPRING 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1............	4/75	88.8	21.4	31.5	86.4	81.1	14.9	16.3	14.5	1.9
1-2...............	4/246	99.6	83.5	74.1	90.8	72.3	52.4	67.0	58.7	25.5
3-5...............	404	100.0	92.3	79.0	88.5	75.7	51.2	75.9	66.5	34.3
6-8...............	428	99.8	93.7	84.0	85.9	76.1	44.4	72.6	62.2	34.6
MALES:										
9-11..............	196	100.0	92.1	84.0	87.9	74.8	47.1	75.6	60.9	32.5
12-14.............	296	99.7	94.4	79.0	79.6	66.3	44.5	78.9	69.1	32.7
15-18.............	365	99.2	93.7	70.2	67.9	52.6	39.0	74.3	63.5	38.8
19-22.............	256	96.0	90.7	60.7	55.1	32.2	28.2	72.1	58.5	38.7
23-34.............	708	96.6	87.3	65.2	49.3	28.0	31.6	76.9	61.7	45.4
35-50.............	714	97.8	91.1	66.9	52.9	27.1	31.3	79.5	63.0	46.2
51-64.............	579	97.1	92.3	66.4	56.2	34.7	25.4	83.5	68.5	47.4
65-74.............	270	99.7	97.1	77.3	73.6	49.7	20.0	84.0	72.2	40.1
75 AND OVER......	114	100.0	97.0	69.6	72.5	47.6	22.6	87.1	80.8	30.8
FEMALES:										
9-11..............	222	100.0	92.9	83.2	88.5	79.5	42.2	72.9	60.2	37.7
12-14.............	295	98.8	97.8	77.5	72.9	51.1	41.4	69.9	57.2	40.7
15-18.............	374	97.8	88.3	69.8	59.0	43.2	32.5	73.3	59.0	39.7
19-22.............	300	94.0	83.2	59.8	50.7	32.8	32.7	73.1	55.0	44.1
23-34.............	865	95.4	84.9	62.5	54.0	34.6	35.9	75.6	59.5	47.0
35-50.............	838	97.2	88.2	63.3	55.4	[illegible]	31.7	79.4	60.9	52.3
51-64.............	715	97.8	92.5	66.8	53.9	36.2	23.3	[illegible]	68.8	49.0
65-74.............	346	99.4	95.9	72.3	72.5	50.2	28.5	85.1	[illegible]	41.8
75 AND OVER......	173	100.0	98.9	72.3	67.3	49.4	21.4	85.9	74.6	36.8
ALL INDIVIDUALS...	4/8,780	97.8	89.9	69.3	63.9	45.0	33.8	77.3	63.1	42.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 3L-1.1.--GRAIN PRODUCTS; FATS, OILS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] SUMMER 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	[4]/120	65	3	4	46	30	12	(5)	(5)	0
1-2.............	[4]/249	154	31	27	51	14	44	4	3	1
3-5.............	425	191	47	38	51	17	55	8	4	3
6-8.............	454	210	57	45	54	19	55	9	5	3
MALES:										
9-11............	233	251	66	62	59	20	64	9	6	3
12-14...........	274	269	78	59	59	21	74	11	7	4
15-18...........	320	293	94	68	62	19	69	14	8	6
19-22...........	261	249	78	58	39	7	74	12	5	6
23-34...........	655	251	85	47	47	9	72	16	8	7
35-50...........	664	243	83	59	46	8	55	20	9	9
51-64...........	520	221	84	55	45	9	37	21	10	9
65-74...........	239	194	73	47	55	14	19	16	8	6
75 AND OVER.....	118	246	78	59	90	10	19	16	10	4
FEMALES:										
9-11............	265	233	55	52	60	18	66	10	5	5
12-14...........	288	221	58	52	52	15	60	10	5	4
15-18...........	382	185	54	41	36	11	54	11	5	6
19-22...........	372	172	47	34	34	7	57	13	6	7
23-34...........	975	172	50	39	36	7	47	15	6	8
35-50...........	936	158	52	33	36	5	36	14	5	8
51-64...........	751	161	53	39	41	8	28	14	6	7
65-74...........	342	173	53	40	46	12	34	11	5	4
75 AND OVER.....	194	179	56	46	59	11	18	17	8	4
ALL INDIVIDUALS...	[4]/9,037	201	62	45	46	11	49	13	6	6

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

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TABLE 3L-1.2.--GRAIN PRODUCTS; FATS, OILS[1] PERCENTAGE OF INDIVIDUALS USING,[2]/[3] SUMMER 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/120	92.0	16.2	22.2	89.2	82.5	21.0	10.8	10.8	0.0
1-2..............	4/249	99.5	88.1	79.8	89.3	72.7	56.1	72.2	67.0	24.7
3-5..............	425	100.0	96.3	85.6	91.1	80.3	55.0	78.5	67.7	40.0
6-8..............	454	100.0	97.3	85.6	90.9	80.5	52.9	77.9	65.0	44.6
MALES:										
9-11.............	233	100.0	97.2	90.3	83.7	71.0	48.3	75.7	67.0	38.9
12-14............	274	99.7	98.2	85.3	84.4	72.9	54.2	75.6	64.7	41.3
15-18............	320	99.3	96.4	79.4	68.8	54.1	47.8	79.1	65.8	44.4
19-22............	261	100.0	96.6	80.2	55.1	34.5	51.4	71.5	56.2	43.5
23-34............	655	100.0	97.2	69.8	49.1	25.3	45.8	84.2	73.1	50.3
35-50............	664	99.7	94.9	78.2	52.2	26.3	39.2	85.1	70.7	52.2
51-64............	520	99.6	97.6	76.3	60.9	36.8	31.6	84.9	70.0	60.2
65-74............	239	100.0	98.6	81.6	69.2	52.4	19.5	89.0	76.9	49.3
75 AND OVER......	118	100.0	100.0	77.2	81.9	49.4	10.9	87.1	78.5	29.1
FEMALES:										
9-11.............	265	100.0	98.3	86.2	85.6	74.4	58.0	78.1	64.7	47.0
12-14............	288	99.7	95.4	82.6	74.4	61.4	47.2	75.2	60.2	46.2
15-18............	382	99.7	94.1	75.7	63.4	48.8	47.6	77.6	62.4	49.1
19-22............	372	98.4	93.5	68.1	53.2	33.7	45.9	81.1	61.1	50.3
23-34............	975	98.5	92.7	74.1	55.2	31.7	45.9	83.4	64.1	57.6
35-50............	936	99.1	91.2	74.8	53.4	27.9	36.2	82.2	63.5	56.9
51-64............	751	98.7	93.9	71.3	62.5	38.4	31.2	85.7	71.9	53.1
65-74............	342	99.4	97.8	72.8	76.6	54.8	26.0	87.5	71.6	50.6
75 AND OVER......	194	100.0	100.0	82.2	75.1	50.8	18.4	87.0	74.6	39.4
ALL INDIVIDUALS...	4/9,037	99.3	94.1	76.6	66.0	46.0	41.6	80.7	66.4	48.8

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 3L-2.1.--GRAIN PRODUCTS; FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SUMMER 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1.........	4/120	1	0	(5)	(5)	0	1	0	0	0
1-2.............	4/249	11	2	3	2	(5)	4	(5)	(5)	(5)
3-5.............	425	15	5	5	2	1	3	1	(5)	(5)
6-8.............	454	24	7	6	3	(5)	9	1	(5)	(5)
MALES:										
9-11............	233	32	8	9	4	1	11	1	1	(5)
12-14...........	274	39	10	12	1	(5)	16	1	1	(5)
15-18...........	320	41	13	13	4	(5)	12	1	1	1
19-22...........	261	49	14	13	4	(5)	18	2	(5)	2
23-34...........	655	53	18	11	4	(5)	20	3	1	2
35-50...........	664	36	13	12	3	(5)	8	2	1	1
51-64...........	520	31	13	8	3	(5)	6	4	2	2
65-74...........	239	19	7	3	3	0	6	1	1	1
75 AND OVER.....	118	9	3	5	0	0	1	(5)	(5)	(5)
FEMALES:										
9-11............	265	35	9	8	4	(5)	14	1	1	(5)
12-14...........	288	28	6	10	2	1	9	1	(5)	1
15-18...........	382	34	9	9	2	(5)	13	2	(5)	1
19-22...........	372	32	8	8	4	(5)	12	2	(5)	1
23-34...........	975	26	7	9	2	(5)	8	3	1	2
35-50...........	936	17	6	5	2	(5)	4	2	(5)	2
51-64...........	751	18	6	6	2	(5)	4	1	(5)	1
65-74...........	342	12	4	4	1	(5)	3	1	(5)	(5)
75 AND OVER.....	194	10	3	3	2	0	1	1	(5)	(5)
ALL INDIVIDUALS...	4/9,037	27	9	8	3	(5)	9	2	1	1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 3L-2.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ SUMMER 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/120	4.0	0.0	1.9	0.8	0.0	1.3	0.0	0.0	0.0
1-2..............	4/249	29.1	16.1	18.8	4.4	2.3	10.2	9.3	7.4	3.2
3-5..............	425	34.7	21.2	22.0	6.7	4.0	6.5	10.0	6.5	3.9
6-8..............	454	42.4	29.6	26.3	7.9	3.7	12.2	12.1	8.0	5.4
MALES:										
9-11.............	233	50.0	31.1	32.6	10.8	5.4	13.3	11.8	8.6	5.4
12-14............	274	49.5	35.9	30.8	3.5	2.3	19.5	13.1	9.1	6.3
15-18............	320	50.2	35.7	32.7	6.4	2.2	12.4	15.4	10.2	7.7
19-22............	261	57.6	42.3	29.7	5.1	1.5	19.0	19.1	7.0	14.2
23-34............	655	61.3	47.6	28.0	7.2	1.2	17.6	30.7	18.6	17.4
35-50............	664	51.3	37.1	30.5	4.9	.6	8.6	25.1	16.3	12.5
51-64............	520	49.1	41.0	21.5	5.6	.4	6.4	27.3	17.9	12.2
65-74............	239	31.1	22.9	11.9	4.9	.0	6.8	15.4	7.9	7.7
75 AND OVER.....	118	13.5	12.2	6.4	.0	.0	1.6	6.0	4.3	.8
FEMALES:										
9-11.............	265	54.3	38.0	30.5	10.6	3.8	18.0	21.2	15.1	7.3
12-14............	288	44.1	27.8	28.8	6.9	3.1	13.8	11.9	7.1	5.5
15-18............	382	53.1	35.6	30.5	5.1	1.4	18.3	18.6	8.3	11.9
19-22............	372	53.7	35.5	27.8	4.8	.5	17.3	21.0	10.3	13.5
23-34............	975	48.7	32.3	26.1	4.8	.6	11.4	23.3	11.3	15.5
35-50............	936	39.0	26.4	20.1	3.8	.4	7.0	21.2	8.1	13.9
51-64............	751	37.9	26.7	18.8	4.4	.5	7.6	20.4	11.4	10.8
65-74............	342	29.8	19.8	15.4	3.9	.6	3.8	15.6	10.2	5.6
75 AND OVER.....	194	26.4	19.1	13.5	3.4	.0	1.1	12.0	8.9	3.9
ALL INDIVIDUALS...	4/9,037	44.5	31.2	24.2	5.4	1.4	10.8	19.2	10.8	10.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 3L-3.1.--GRAIN PRODUCTS; FATS, OILS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] SUMMER 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/120	64	3	4	46	30	11	(5)	(5)	0
1-2.............	4/249	142	28	24	50	14	40	4	3	1
3-5.............	425	176	43	33	48	16	52	7	4	2
6-8.............	454	186	50	39	51	18	46	8	5	3
MALES:										
9-11............	233	219	58	53	54	19	54	8	6	3
12-14...........	274	230	68	47	58	21	58	10	6	4
15-18...........	320	252	81	54	59	18	58	13	7	5
19-22...........	261	200	64	45	35	7	56	10	5	4
23-34...........	653	198	67	37	43	9	51	13	7	5
35-50...........	664	207	70	47	43	8	47	17	8	8
51-64...........	520	190	70	47	42	9	30	17	9	7
65-74...........	239	176	67	43	52	14	13	14	8	6
75 AND OVER.....	118	237	75	54	90	10	18	16	10	4
FEMALES:										
9-11............	265	198	46	44	56	17	52	9	5	4
12-14...........	288	194	52	42	50	15	51	9	5	4
15-18...........	382	152	45	32	33	11	41	10	5	5
19-22...........	372	140	39	26	30	7	45	11	5	5
23-34...........	975	146	43	30	34	7	39	12	6	6
35-50...........	936	141	46	28	34	5	32	11	4	6
51-64...........	751	143	47	33	39	8	24	13	6	6
65-74...........	342	160	50	35	44	12	31	10	5	4
75 AND OVER.....	194	170	53	42	57	11	17	16	8	3
ALL INDIVIDUALS...	4/9,037	174	53	37	44	11	40	12	6	5

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 3L-3.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2,3/ SUMMER 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/120	92.0	16.2	22.2	89.2	82.5	19.7	10.8	10.8	0.0
1-2..............	4/249	99.5	86.7	79.4	87.7	71.7	51.4	69.0	64.3	22.5
3-5..............	425	99.8	93.7	81.3	89.1	78.2	52.6	75.7	65.4	37.6
6-8..............	454	99.4	94.6	79.6	88.3	78.7	44.8	74.7	61.9	41.0
MALES:										
9-11.............	233	99.6	93.2	85.4	81.7	68.8	39.6	72.0	63.0	35.3
12-14............	274	99.0	92.2	75.1	82.4	70.6	40.9	72.3	60.6	37.5
15-18............	320	99.1	91.6	72.6	66.5	53.4	38.9	73.9	61.4	38.9
19-22............	261	96.9	93.3	65.8	52.4	33.1	36.6	66.2	52.5	35.9
23-34............	655	97.5	88.6	60.1	46.8	24.0	32.5	76.2	64.5	39.4
35-50............	664	98.0	90.5	66.9	49.2	26.3	32.6	81.3	66.4	45.9
51-64............	520	97.7	91.6	71.6	57.1	36.6	26.4	79.5	67.3	51.9
65-74............	239	98.9	97.5	77.5	67.4	52.4	13.7	87.1	75.3	43.4
75 AND OVER......	118	100.0	100.0	76.5	81.9	49.4	9.3	86.1	78.5	28.3
FEMALES:										
9-11.............	265	99.3	92.2	77.8	84.2	72.9	46.3	73.3	59.0	44.3
12-14............	288	99.2	93.9	74.9	72.2	59.8	39.7	71.5	57.1	42.8
15-18............	382	98.3	88.1	66.9	60.6	47.4	35.0	72.6	59.1	41.6
19-22............	372	95.6	85.9	58.3	51.6	33.2	33.4	76.3	55.4	45.2
23-34............	975	97.3	88.2	66.0	53.3	31.3	37.2	79.2	61.3	49.4
35-50............	936	97.9	88.3	67.1	50.9	27.5	30.8	78.5	60.9	51.3
51-64............	751	97.8	92.6	66.9	60.6	38.1	24.7	82.7	68.6	47.8
65-74............	342	99.1	97.1	69.0	75.3	54.5	22.4	85.8	69.3	46.2
75 AND OVER......	194	98.9	95.6	78.6	74.0	50.8	17.9	84.5	72.6	37.7
ALL INDIVIDUALS...	4/9,037	98.1	90.2	69.5	63.8	45.2	33.8	76.7	62.8	43.1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 3M-1.1.--GRAIN PRODUCTS; FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ FALL 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/105	76	3	4	51	26	18	1	1	(5)
1-2.............	4/256	176	35	29	61	12	51	5	4	1
3-5.............	482	200	48	45	54	15	52	7	5	2
6-8.............	487	240	56	56	62	17	63	9	5	3
MALES:										
9-11............	278	272	65	68	71	19	68	11	7	4
12-14...........	307	294	73	70	64	21	87	12	7	4
15-18...........	329	314	86	76	71	15	81	14	8	5
19-22...........	245	273	95	65	53	11	61	17	11	5
23-34...........	626	289	91	70	53	8	75	17	8	8
35-50...........	558	250	82	61	47	6	60	18	9	8
51-64...........	503	254	84	65	61	11	43	18	10	6
65-74...........	267	242	78	67	67	13	31	17	10	5
75 AND OVER.....	110	25[illegible]	65	73	77	14	35	14	8	3
FEMALES:										
9-11............	245	243	59	54	61	14	69	9	5	4
12-14...........	297	2[illegible]	59	58	58	13	65	9	5	4
15-18...........	363	208	56	49	47	8	56	10	5	5
19-22...........	308	201	60	39	43	5	60	13	7	6
23-34...........	1,066	186	53	40	38	5	55	13	7	6
35-50...........	1,037	182	55	43	42	4	42	13	6	6
51-64...........	774	183	57	44	43	8	39	13	7	5
65-74...........	354	182	55	40	52	9	34	11	7	4
75 AND OVER.....	198	214	58	49	70	11	38	14	7	4
ALL INDIVIDUALS...	4/9,196	223	64	52	52	10	54	13	7	5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 3M-1.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ FALL 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/105	88.0	23.9	26.6	85.8	71.5	21.4	17.3	17.3	0.9
1-2..............	4/256	99.6	92.9	87.0	90.7	65.2	61.0	73.4	69.4	19.9
3-5..............	482	100.0	95.7	90.4	89.6	74.3	59.7	77.4	72.0	27.3
6-8..............	487	100.0	98.6	92.4	89.9	74.6	64.6	78.6	69.7	38.1
MALES:										
9-11.............	278	100.0	98.4	90.7	92.2	73.0	67.2	80.0	74.4	33.9
12-14............	307	100.0	98.0	90.6	82.5	65.3	65.1	77.6	69.2	37.3
15-18............	329	100.0	97.3	86.4	70.9	44.2	54.0	77.0	66.1	37.8
19-22............	245	100.0	96.5	70.2	57.7	36.3	45.9	74.9	64.1	37.9
23-34............	626	99.8	98.0	81.6	57.6	27.1	49.8	85.8	70.5	51.3
35-50............	558	100.0	96.6	80.0	50.1	20.7	46.8	84.2	73.1	50.9
51-64............	503	99.8	96.6	82.1	69.6	41.3	37.0	84.8	75.2	47.9
65-74............	267	100.0	98.5	85.9	74.7	47.7	27.0	81.6	73.5	36.9
75 AND OVER......	110	98.8	97.6	78.1	83.6	57.0	22.8	75.2	65.9	26.8
FEMALES:										
9-11.............	245	100.0	98.8	88.7	83.9	66.9	65.2	81.9	71.7	39.8
12-14............	297	100.0	98.2	85.2	78.5	58.1	57.1	75.3	61.9	36.1
15-18............	363	100.0	95.0	79.8	63.6	41.4	53.7	77.4	65.8	39.6
19-22............	308	98.4	93.0	75.6	56.0	24.7	47.0	75.9	61.9	46.5
23-34............	1,066	99.5	94.8	76.4	57.2	26.2	48.7	83.1	68.1	48.1
35-50............	1,037	99.6	94.5	77.7	56.3	23.2	44.0	84.3	68.9	53.3
51-64............	774	99.2	94.6	80.3	60.2	34.1	37.1	84.1	70.2	42.3
65-74............	354	99.6	96.3	83.0	66.9	44.5	26.9	85.1	75.2	38.4
75 AND OVER......	198	100.0	98.2	79.3	77.3	42.9	33.0	83.3	74.3	37.2
ALL INDIVIDUALS...	4/9,196	99.6	95.3	81.5	68.0	42.1	47.9	80.6	69.1	42.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 3M-2.1.--GRAIN PRODUCTS; FATS, OILS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] FALL 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1........	[4]/105	3	(5)	(5)	2	(5)	1	(5)	(5)	0
1-2...........	[4]/256	13	3	3	2	(5)	5	(5)	(5)	(5)
3-5...........	482	23	6	7	2	1	8	1	(5)	(5)
6-8...........	487	51	13	11	4	1	22	1	1	1
MALES:										
9-11..........	278	64	16	18	4	1	27	2	1	1
12-14.........	307	59	15	13	4	(5)	27	2	1	1
15-18.........	329	60	13	16	4	(5)	27	2	(5)	1
19-22.........	245	53	20	13	4	0	16	3	1	1
23-34.........	626	53	16	18	2	(5)	17	3	1	2
35-50.........	558	36	15	13	1	0	7	4	1	2
51-64.........	503	31	9	11	2	(5)	9	3	1	1
65-74.........	267	19	5	11	1	(5)	1	2	1	1
75 AND OVER.....	110	14	5	7	(5)	0	2	2	1	1
FEMALES:										
9-11..........	245	54	15	11	5	(5)	23	1	1	(5)
12-14.........	297	52	15	13	3	(5)	21	1	1	(5)
15-18.........	363	45	12	13	2	(5)	18	2	1	2
19-22.........	308	30	10	8	2	(5)	9	3	1	2
23-34.........	1,066	25	8	8	1	(5)	7	2	1	1
35-50.........	1,037	21	7	7	1	(5)	6	2	1	2
51-64.........	774	22	7	7	1	(5)	6	2	1	1
65-74.........	354	17	5	6	1	(5)	5	1	(5)	1
75 AND OVER.....	198	19	3	8	1	(5)	7	1	(5)	(5)
ALL INDIVIDUALS...	[4]/9,196	34	10	10	2	(5)	12	2	1	1

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 3M-2.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ FALL 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/105	7.1	3.4	2.8	2.6	0.8	0.9	1.8	1.8	0.0
1-2.............	4/256	30.8	18.7	19.2	4.1	2.8	7.4	7.7	7.1	.9
3-5.............	482	45.8	28.1	30.4	6.9	5.1	13.1	13.0	10.0	3.6
6-8.............	487	70.9	56.8	45.1	10.9	5.1	33.5	26.3	22.0	8.0
MALES:										
9-11............	278	79.1	64.4	50.7	11.3	4.8	38.0	30.0	23.7	9.8
12-14...........	307	76.0	59.9	43.6	10.4	3.5	35.0	24.5	16.8	8.8
15-18...........	329	63.6	46.3	38.9	7.6	1.6	27.1	17.6	9.5	10.3
19-22...........	245	55.9	45.6	22.5	6.9	.0	17.4	16.2	8.7	10.7
23-34...........	626	62.1	47.7	35.1	5.2	.5	14.4	31.0	19.9	15.8
35-50...........	558	58.1	46.7	31.7	3.1	.0	8.6	27.7	19.4	13.4
51-64...........	503	41.0	29.5	25.5	4.3	.1	10.3	22.0	16.5	9.5
65-74...........	267	28.6	21.8	18.7	3.5	.5	3.1	15.7	11.8	8.5
75 AND OVER.....	110	24.5	17.7	14.6	1.3	.0	1.5	12.9	5.3	4.0
FEMALES:										
9-11............	245	74.4	59.5	46.0	12.4	4.1	35.6	28.4	22.5	7.2
12-14...........	297	72.9	54.1	45.6	6.9	2.2	30.6	22.4	16.4	8.1
15-18...........	363	67.8	51.8	39.6	6.7	2.4	25.9	25.1	16.0	12.2
19-22...........	308	54.5	37.9	28.2	6.8	.8	9.5	27.1	12.7	17.7
23-34...........	1,066	48.4	33.6	27.1	3.7	.3	11.4	24.5	12.9	13.5
35-50...........	1,037	45.6	29.5	25.7	4.0	.1	10.0	23.1	10.7	14.0
51-64...........	774	44.9	31.8	26.0	4.2	.5	7.4	19.9	11.4	10.1
65-74...........	354	36.0	25.6	21.1	2.0	.2	6.6	16.3	10.4	8.3
75 AND OVER.....	198	31.0	19.3	17.8	3.8	.3	7.5	15.7	10.0	4.9
ALL INDIVIDUALS...	4/9,196	52.3	38.3	30.6	5.6	1.4	15.4	22.2	14.1	10.5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 3M-3.1.--GRAIN PRODUCTS; FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ FALL 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1	4/105	72	3	4	49	26	17	1	1	(5)
1-2	4/256	163	32	27	59	12	45	5	4	1
3-5	482	177	42	38	52	14	44	7	5	2
6-8	487	189	45	45	58	16	41	8	5	3
MALES:										
9-11	278	208	49	50	67	18	42	9	6	3
12-14	307	235	58	57	60	21	60	10	6	3
15-18	329	254	73	59	67	15	54	12	8	4
19-22	245	220	75	52	48	11	44	14	10	4
23-34	626	237	75	52	51	8	59	13	7	6
35-50	558	213	67	48	45	6	53	15	8	6
51-64	503	223	75	55	59	10	34	15	9	5
65-74	267	223	73	55	65	13	29	15	10	4
75 AND OVER	110	236	60	66	77	14	33	11	7	2
FEMALES:										
9-11	245	189	45	43	56	14	47	8	5	3
12-14	297	189	44	45	55	13	45	7	4	3
15-18	363	163	44	36	45	8	38	8	5	3
19-22	308	172	50	31	41	5	50	10	6	4
23-34	1,066	161	45	32	37	5	47	11	6	5
35-50	1,037	161	48	36	41	4	37	10	5	5
51-64	774	161	50	37	41	8	33	11	6	4
65-74	354	165	51	34	51	9	29	10	6	3
75 AND OVER	198	195	54	41	69	11	31	14	7	4
ALL INDIVIDUALS	4/9,196	188	54	42	50	10	43	11	6	4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 3M-3.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ FALL 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/105	88.0	22.2	26.6	85.8	71.5	21.4	17.3	17.3	0.9
1-2.............	4/256	99.6	91.7	82.7	89.4	63.9	57.7	72.3	67.9	19.4
3-5.............	482	99.7	91.7	85.0	88.2	71.9	51.6	74.1	69.3	25.3
6-8.............	487	99.9	93.9	85.3	87.0	71.7	45.3	73.5	63.3	32.5
MALES:										
9-11............	278	100.0	91.8	82.5	88.0	69.1	42.5	74.1	67.7	26.8
12-14...........	307	99.4	91.5	84.1	79.8	62.9	45.2	71.9	62.1	32.1
15-18...........	329	98.5	93.4	76.2	68.1	43.2	37.8	73.1	64.4	31.4
19-22...........	245	97.4	90.8	61.1	54.8	36.3	30.7	73.1	63.3	32.7
23-34...........	626	98.3	92.8	70.9	55.1	27.1	39.8	77.8	63.0	41.8
35-50...........	558	99.3	91.1	71.4	49.0	20.7	39.7	79.4	64.1	44.7
51-64...........	503	99.0	93.1	75.0	67.7	41.1	28.0	80.9	70.2	43.5
65-74...........	267	100.0	97.3	80.2	72.7	47.7	23.9	81.6	72.7	31.5
75 AND OVER.....	110	98.8	96.9	75.0	83.6	57.0	21.2	72.4	65.2	25.3
FEMALES:										
9-11............	245	100.0	95.5	82.6	80.3	65.0	43.4	76.7	66.7	34.8
12-14...........	297	99.4	92.0	78.0	75.0	55.8	40.2	68.6	55.1	31.0
15-18...........	363	98.4	89.6	68.8	60.8	39.8	36.1	71.6	59.5	32.0
19-22...........	308	97.6	86.2	69.1	52.8	24.0	41.7	70.3	56.8	40.1
23-34...........	1,066	98.6	89.4	68.3	55.4	26.0	39.8	78.9	64.3	41.5
35-50...........	1,037	98.6	90.5	71.2	50.4	23.0	36.5	79.5	64.8	46.8
51-64...........	774	98.4	92.7	72.6	58.4	33.6	31.8	81.6	67.5	36.6
65-74...........	354	99.4	93.5	76.3	65.8	44.2	21.9	83.0	72.7	34.0
75 AND OVER.....	198	100.0	96.7	75.6	77.0	42.6	26.8	81.9	73.3	35.3
ALL INDIVIDUALS...	4/9,196	98.8	91.1	74.1	65.9	41.3	37.6	76.3	64.7	36.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 3A-1.1.--GRAIN PRODUCTS; FATS, OILS 1/
AVERAGE INTAKE 2/ PER INDIVIDUAL PER DAY, 3/ WINTER 1978

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/122	64	3	5	45	29	11	(5)	(5)	(5)
1-2.............	4/282	170	30	25	64	12	47	4	3	1
3-5.............	408	217	47	41	66	15	63	7	4	2
6-8.............	471	244	57	49	66	17	72	8	5	3
MALES:										
9-11.............	232	265	64	59	65	18	76	10	6	3
12-14............	273	322	79	66	71	17	106	12	8	4
15-18............	380	314	88	74	66	15	87	13	8	4
19-22............	267	250	77	56	49	11	67	11	5	6
23-34............	727	267	86	68	44	7	69	17	7	9
35-50............	635	262	84	61	57	7	61	18	9	7
51-64............	559	262	81	68	65	10	48	19	9	8
65-74............	274	246	74	53	79	11	40	15	9	5
75 AND OVER.....	123	252	75	69	79	12	28	14	9	2
FEMALES:										
9-11.............	278	264	57	60	59	16	88	10	6	4
12-14............	268	236	58	58	51	11	70	9	5	4
15-18............	354	219	56	51	49	8	64	11	5	6
19-22............	337	203	51	38	53	7	61	11	5	5
23-34............	974	193	53	43	45	6	52	14	6	8
35-50............	948	174	54	39	36	4	45	15	6	7
51-64............	696	182	57	38	48	6	38	14	6	6
65-74............	334	180	55	41	50	7	34	12	7	4
75 AND OVER.....	187	194	54	39	69	10	32	9	6	2
ALL INDIVIDUALS...	4/9,129	226	63	51	54	10	57	13	6	6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 3N-1.2.--GRAIN PRODUCTS: FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ WINTER 1978

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/122	88.3	18.7	25.9	86.0	74.0	17.1	14.0	14.0	2.5
1-2..............	4/282	100.0	90.4	87.5	91.4	67.3	61.6	71.5	65.3	20.7
3-5..............	408	100.0	95.6	89.3	90.3	71.9	67.1	76.7	67.4	35.9
6-8..............	471	100.0	97.7	90.2	90.8	74.9	68.1	79.2	68.0	37.4
MALES:										
9-11.............	232	100.0	97.1	90.5	89.0	72.4	63.9	81.1	71.5	34.4
12-14............	273	100.0	98.0	90.4	78.6	63.5	71.5	77.3	66.6	39.0
15-18............	380	100.0	96.5	85.5	72.0	49.4	56.8	77.5	69.1	34.4
19-22............	267	100.0	94.6	74.8	63.2	39.2	43.2	75.3	59.3	37.3
23-34............	727	100.0	97.1	79.7	52.7	23.9	45.0	83.3	68.1	54.4
35-50............	635	99.8	96.1	82.9	57.5	25.4	41.5	84.9	73.4	53.9
51-64............	539	99.8	96.9	81.1	63.2	34.4	32.1	84.6	72.2	51.2
65-74............	274	100.0	98.0	87.3	76.2	43.1	34.9	87.0	80.1	46.2
75 AND OVER.....	123	100.0	96.6	84.4	73.4	42.6	24.4	80.3	67.7	25.7
FEMALES:										
9-11.............	278	100.0	97.9	93.4	82.8	68.0	73.4	77.2	67.2	38.0
12-14............	268	100.0	94.5	89.8	73.7	55.4	67.7	73.3	62.9	44.0
15-18............	334	100.0	94.5	85.2	62.7	39.5	55.1	80.0	65.7	42.7
19-22............	337	99.5	93.9	72.8	64.9	33.4	52.5	77.6	62.3	45.0
23-34............	974	98.5	95.1	76.9	58.0	27.8	49.1	85.7	69.0	56.0
35-50............	948	98.5	93.1	77.1	50.6	21.1	43.2	86.0	68.7	52.4
51-64............	696	99.4	96.8	77.8	62.4	33.3	37.2	83.9	71.8	47.0
65-74............	334	98.4	94.8	78.6	64.4	39.5	28.1	84.8	76.3	38.3
75 AND OVER.....	187	100.0	98.9	77.9	75.2	44.2	29.5	85.0	76.6	34.0
ALL INDIVIDUALS...	4/9,129	99.4	94.7	81.4	67.1	41.2	48.3	80.9	68.5	44.6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 3N-2.1.--GRAIN PRODUCTS; FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ WINTER 1978

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1.........	4/122	1	(5)	0	(5)	0	1	0	0	0
1-2.............	4/282	12	3	3	2	(5)	4	(5)	(5)	(5)
3-5.............	408	15	4	4	2	(5)	5	(5)	(5)	(5)
6-8.............	471	49	12	11	5	1	21	1	(5)	(5)
MALES:										
9-11............	232	54	14	13	5	1	21	1	1	1
12-14...........	273	72	19	16	4	(5)	34	1	1	(5)
15-18...........	380	59	16	15	4	(5)	24	2	1	1
19-22...........	267	46	13	13	2	0	17	3	(5)	2
23-34...........	727	53	17	15	5	(5)	16	4	1	2
35-50...........	635	39	13	10	5	(5)	10	3	1	1
51-64...........	559	31	10	10	2	(5)	9	3	1	2
65-74...........	274	16	3	5	1	(5)	6	1	(5)	1
75 AND OVER.....	123	11	2	5	3	0	2	1	(5)	(5)
FEMALES:										
9-11............	278	55	13	13	5	1	24	1	1	1
12-14...........	268	51	12	12	4	(5)	23	1	(5)	1
15-18...........	354	47	13	10	2	(5)	22	2	1	1
19-22...........	337	32	8	6	4	(5)	15	2	(5)	2
23-34...........	974	27	7	8	3	(5)	8	2	1	2
35-50...........	948	20	6	7	1	0	6	3	1	2
51-64...........	696	19	6	7	3	(5)	3	2	1	2
65-74...........	334	11	4	4	1	0	3	1	(5)	(5)
75 AND OVER.....	187	4	1	2	(5)	0	1	(5)	(5)	(5)
ALL INDIVIDUALS...	4/9,129	33	9	9	3	(5)	12	2	1	1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 3N-2.2.--GRAIN PRODUCTS; FATS, OILS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ WINTER 1978

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/122	1.8	0.6	0.0	0.6	0.0	0.6	0.0	0.0	0.0
1-2.............	4/282	27.2	18.2	18.1	6.5	3.9	8.2	8.2	6.3	3.0
3-5.............	408	33.0	20.1	22.2	5.7	3.1	9.3	8.9	6.0	3.4
6-8.............	471	69.4	54.5	41.8	11.2	3.2	31.4	21.9	16.0	7.0
MALES:										
9-11............	232	72.2	59.3	46.4	10.8	4.9	31.2	24.9	18.7	8.2
12-14...........	273	76.8	64.7	49.7	10.6	2.7	35.6	23.8	18.4	7.4
15-18...........	380	68.9	52.4	38.3	7.9	1.0	25.4	21.0	13.5	7.7
19-22...........	267	53.9	43.[illegible]	25.6	4.3	.0	12.0	23.5	11.9	13.7
23-34...........	727	60.2	45.5	32.6	7.7	.4	14.5	27.4	16.6	[illegible]
35-50...........	635	52.5	40.4	27.3	5.8	.9	10.6	27.8	17.5	12.[illegible]
51-64...........	559	45.2	34.5	24.7	5.9	.8	6.7	25.5	16.2	13.9
65-74...........	274	24.7	17.7	13.9	2.1	.4	7.2	15.3	10.0	8.4
75 AND OVER.....	123	23.8	14.2	9.5	4.1	.0	2.7	12.1	3.9	7.0
FEMALES:										
9-11............	278	69.3	53.8	48.5	13.6	5.8	33.2	24.2	17.2	9.1
12-14...........	268	74.0	51.2	47.1	9.1	1.7	32.5	18.9	12.5	10.1
15-18...........	354	65.0	49.1	34.7	6.6	1.2	27.4	23.6	14.3	12.3
19-22...........	337	46.6	30.5	23.1	6.8	2.6	14.7	18.8	8.7	13.2
23-34...........	974	45.5	28.5	26.6	6.3	.9	10.7	22.8	11.4	13.3
35-50...........	948	41.9	28.9	22.6	2.5	.0	7.5	22.2	10.9	14.0
51-64...........	696	34.0	23.5	20.2	4.7	.1	6.8	13.8	10.5	10.8
65-74...........	334	26.2	20.0	15.0	2.5	.0	4.7	12.1	9.7	4.5
75 AND OVER.....	187	12.9	6.7	9.6	.8	.0	2.1	4.5	1.9	1.3
ALL INDIVIDUALS...	4/9,129	48.3	35.3	27.8	6.2	1.3	14.4	20.6	12.4	10.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 3N-3.1.--GRAIN PRODUCTS; FATS, OILS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ WINTER 1978

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
					CEREALS, PASTAS					
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	TOTAL	READY-TO-EAT CEREALS	MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/122	63	3	5	45	29	10	(5)	(5)	(5)
1-2............	4/282	159	28	26	62	11	43	4	3	1
3-5............	408	202	43	36	65	15	57	7	4	2
6-8............	471	196	45	39	60	17	51	7	5	3
MALES:										
9-11...........	232	212	50	47	60	17	55	9	6	3
12-14..........	273	251	60	51	68	16	72	10	7	3
15-18..........	380	256	72	59	62	15	63	11	8	3
19-22..........	267	204	64	43	47	11	50	9	5	4
23-34..........	727	214	69	53	40	7	53	14	6	7
35-50..........	635	224	71	51	52	7	51	15	8	6
51-64..........	559	231	72	58	63	10	39	16	8	6
65-74..........	274	229	70	48	77	11	34	14	9	4
75 AND OVER.....	123	241	73	65	77	12	27	13	9	2
FEMALES:										
9-11...........	278	209	45	47	54	15	64	9	5	3
12-14..........	268	185	46	45	46	11	47	8	4	3
15-18..........	354	172	43	41	47	8	42	10	5	5
19-22..........	337	171	44	32	49	6	46	8	5	3
23-34..........	974	166	45	35	42	6	43	12	5	6
35-50..........	948	154	47	32	35	4	40	12	5	5
51-64..........	696	163	51	31	45	6	35	12	6	5
65-74..........	334	169	52	37	49	7	31	11	7	3
75 AND OVER.....	187	190	53	37	69	10	31	9	6	2
ALL INDIVIDUALS...	4/9,129	192	54	41	51	10	46	11	6	4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 3N-3.2.--GRAIN PRODUCTS; FATS, OILS1/ PERCENTAGE OF INDIVIDUALS USING,2/3/ WINTER 1978

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	GRAIN PRODUCTS						FATS, OILS		
		TOTAL	BREAD, ROLLS, BISCUITS	OTHER BAKED GOODS	CEREALS, PASTAS		MIXTURES MAINLY GRAIN	TOTAL	TABLE FATS	SALAD DRESSING
					TOTAL	READY-TO-EAT CEREALS				
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/122	87.7	18.7	25.9	86.0	74.0	16.5	14.0	14.0	2.5
1-2..............	4/282	99.4	88.0	82.9	90.0	65.2	56.8	70.7	64.9	19.5
3-5..............	408	100.0	94.2	85.8	90.1	70.0	62.4	75.0	65.5	34.3
6-8..............	471	99.5	92.3	81.5	88.9	72.5	50.8	72.9	62.2	32.3
MALES:										
9-11.............	232	100.0	94.0	82.6	87.1	69.9	46.5	75.8	66.8	28.6
12-14............	273	100.0	93.9	78.2	76.6	61.9	51.0	73.8	62.1	35.1
15-18............	380	99.5	93.3	76.4	70.8	48.6	42.0	72.1	64.4	29.9
19-22............	267	96.9	86.9	65.6	61.2	39.2	34.2	66.5	53.1	28.9
23-34............	727	96.3	88.6	69.0	48.4	23.7	34.8	76.6	62.8	46.1
35-50............	635	98.0	89.2	77.4	53.1	24.5	33.9	78.8	66.8	47.3
51-64............	559	98.3	93.2	73.1	60.2	33.9	27.3	81.4	67.7	46.5
65-74............	274	99.7	97.7	84.8	76.2	43.1	28.9	85.8	77.8	41.3
75 AND OVER......	123	100.0	96.6	82.8	72.1	42.6	21.6	80.3	67.7	21.2
FEMALES:										
9-11.............	278	99.4	91.9	82.4	80.6	64.5	54.4	72.7	62.4	33.2
12-14............	268	98.8	88.0	79.0	71.7	54.0	48.1	71.0	61.2	37.8
15-18............	354	98.4	90.2	76.0	60.2	38.6	37.1	76.2	62.7	34.5
19-22............	337	98.2	91.1	66.4	61.2	31.8	41.1	70.6	60.8	35.6
23-34............	974	96.5	91.4	67.9	55.4	27.3	42.4	80.7	65.1	49.6
35-50............	948	97.0	89.8	72.0	48.6	21.1	37.6	82.5	65.7	46.2
51-64............	696	98.6	94.6	71.9	60.2	33.3	30.7	80.8	70.1	40.9
65-74............	334	98.2	93.3	74.9	62.9	39.5	24.1	83.1	74.4	36.0
75 AND OVER......	187	100.0	98.6	76.8	75.2	44.2	28.0	85.0	75.6	33.2
ALL INDIVIDUALS...	4/9,129	98.1	90.7	74.2	64.8	40.4	39.1	76.8	64.9	39.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 4A-1.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER			GRAMS			
MALES AND FEMALES:							
UNDER 1.............	5/421	77	10	1	2	18	46
1-2.................	5/1,035	98	34	10	3	5	45
3-5.................	1,719	110	41	13	3	5	49
6-8.................	1,841	145	53	13	5	6	67
MALES:							
9-11................	939	167	66	16	6	7	73
12-14...............	1,150	187	74	18	7	8	80
15-18...............	1,394	216	88	22	8	7	91
19-22...............	1,030	217	83	25	7	6	95
23-34...............	2,716	233	81	29	9	8	106
35-50...............	2,571	256	82	32	10	10	122
51-64...............	2,161	275	79	38	11	11	136
65-74...............	1,049	256	73	33	12	15	124
75 AND OVER.........	465	250	74	33	15	13	115
FEMALES:							
9-11................	1,011	162	58	16	6	6	76
12-14...............	1,148	160	60	18	5	5	71
15-18...............	1,473	163	60	18	6	6	72
19-22...............	1,317	170	53	24	5	5	82
23-34...............	3,879	187	52	26	8	8	93
35-50...............	3,759	201	51	29	10	8	102
51-64...............	2,936	224	54	33	11	11	114
65-74...............	1,376	224	53	32	12	14	113
75 AND OVER.........	751	211	53	29	12	14	102
ALL INDIVIDUALS.......	5/36,142	198	62	25	8	9	95

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4A-1.2.--VEGETABLES[1]/[2]/
PERCENTAGE OF INDIVIDUALS USING,[3]/[4]/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	5/421	72.1	20.3	2.5	6.4	34.8	60.3
1-2	5/1,035	96.5	78.3	33.0	12.3	21.2	81.6
3-5	1,719	97.9	80.8	44.2	11.5	18.7	86.0
6-8	1,841	99.3	85.9	44.2	14.9	23.4	91.4
MALES:							
9-11	939	98.6	88.4	43.1	14.4	24.0	89.7
12-14	1,150	99.2	86.3	47.0	14.8	22.5	91.6
15-18	1,394	98.6	86.7	47.6	14.2	[illegible]	88.4
19-22	1,030	98.7	84.1	47.0	12.5	14.1	88.8
23-34	2,716	99.3	84.6	52.7	15.6	17.3	93.1
35-50	2,571	99.2	81.8	50.8	16.8	21.7	94.3
51-64	2,161	99.2	79.7	51.4	20.2	22.5	96.1
65-74	1,049	98.6	78.2	46.7	21.3	29.0	92.8
75 AND OVER	465	96.7	71.7	44.4	19.7	26.1	88.6
FEMALES:							
9-11	1,011	98.8	83.5	44.5	15.2	20.9	93.5
12-14	1,148	97.9	82.5	47.0	13.5	17.5	89.0
15-18	1,473	97.5	82.4	45.7	13.3	18.4	87.8
19-22	1,317	96.6	73.9	47.7	11.7	17.3	88.9
23-34	3,879	98.3	75.7	50.1	17.1	19.5	93.6
35-50	3,759	98.7	74.2	51.4	19.6	22.1	93.7
51-64	2,936	99.3	75.2	51.0	22.1	26.8	96.3
65-74	1,376	98.3	72.1	49.6	22.6	26.8	93.2
75 AND OVER	751	97.8	68.1	41.7	21.7	28.9	91.8
ALL INDIVIDUALS	5/36,142	98.2	[illegible]	47.7	16.7	21.7	91.6

[1] SEE "TABLE NOTES," APPENDIX B.
[2] MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
[3] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[4] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[5] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4A-2.1.--VEGETABLES[1]/[2]/
AVERAGE INTAKE[3]/ PER INDIVIDUAL PER DAY,[4]/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	-----	-----	-----GRAMS-----	-----	-----	-----
MALES AND FEMALES:							
UNDER 1............	5/421	2	1	(6)	0	(6)	1
1-2................	5/1,035	10	4	1	(6)	(6)	4
3-5................	1,719	13	6	1	(6)	(6)	6
6-8................	1,841	33	12	2	1	1	17
MALES:							
9-11...............	939	41	16	3	1	2	19
12-14..............	1,150	39	16	3	1	1	18
15-18..............	1,394	39	18	3	1	1	16
19-22..............	1,030	48	23	5	1	1	17
23-34..............	2,716	48	19	5	1	1	22
35-50..............	2,571	44	17	4	1	1	21
51-64..............	2,161	37	12	3	1	1	19
65-74..............	1,049	24	8	1	1	1	12
75 AND OVER.........	965	21	8	1	(6)	1	11
FEMALES:							
9-11...............	1,011	36	12	3	1	1	18
12-14..............	1,148	31	13	3	(6)	1	14
15-18..............	1,473	34	14	3	(6)	1	15
19-22..............	1,317	32	12	4	1	1	14
23-34..............	3,879	30	10	4	1	1	15
35-50..............	3,759	27	8	3	1	1	14
51-64..............	2,936	25	7	3	1	1	13
65-74..............	1,376	22	7	2	1	1	11
75 AND OVER.........	751	14	5	2	1	1	6
ALL INDIVIDUALS.......	5/36,142	31	12	3	1	1	15

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4A-2.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1.............	5/421	4.0	1.8	0.4	0.0	0.2	2.7
1-2................	5/1,035	25.1	18.9	4.7	.9	1.6	12.9
3-5................	1,719	31.4	21.8	7.8	1.4	2.7	17.5
6-8................	1,841	55.1	39.8	12.3	3.3	8.0	39.5
MALES:							
9-11...............	939	60.5	43.9	15.3	3.7	8.2	44.3
12-14..............	1,150	59.4	42.6	16.1	2.7	7.0	41.3
15-18..............	1,394	56.3	42.6	15.4	1.9	3.9	38.1
19-22..............	1,030	52.3	41.7	15.1	1.7	2.8	34.5
23-34..............	2,716	55.3	40.7	18.0	2.3	3.3	40.3
35-50..............	2,571	46.0	33.1	13.0	2.4	3.0	35.0
51-64..............	2,161	37.2	26.0	11.9	1.9	3.2	31.4
65-74..............	1,049	27.7	18.9	5.8	2.6	3.5	22.9
75 AND OVER.........	465	20.4	14.3	3.6	1.5	2.6	16.8
FEMALES:							
9-11...............	1,011	58.5	39.4	14.1	2.5	6.4	42.9
12-14..............	1,148	55.5	41.7	15.5	1.6	4.3	36.2
15-18..............	1,473	55.1	40.5	15.9	1.0	4.3	37.2
19-22..............	1,517	48.8	33.9	16.1	1.6	3.7	33.7
23-34..............	3,879	43.9	26.9	13.1	2.6	3.1	34.0
35-50..............	3,759	37.8	22.3	11.2	3.1	2.9	29.3
51-64..............	2,936	33.2	19.4	8.9	3.3	3.7	28.2
65-74..............	1,376	27.9	16.2	5.7	2.7	3.8	24.2
75 AND OVER.........	751	20.2	12.7	5.3	2.1	2.3	15.6
ALL INDIVIDUALS.......	5/36,142	43.1	29.6	12.0	2.4	3.8	31.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

3AA

TABLE 4A-3.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1.............	5/421	76	10	1	2	18	46
1-2.................	5/1,035	88	30	9	3	5	41
3-5.................	1,719	97	35	11	3	4	43
6-8.................	1,841	112	41	11	4	5	50
MALES:							
9-11................	939	127	50	13	5	5	54
12-14...............	1,150	148	58	15	6	7	63
15-18...............	1,394	177	69	19	7	6	76
19-22...............	1,030	169	60	20	6	5	78
23-34...............	2,716	185	62	24	8	7	84
35-50...............	2,571	212	66	28	9	9	101
51-64...............	2,161	238	67	35	11	10	116
65-74...............	1,049	232	64	31	11	14	112
75 AND OVER.........	465	229	66	32	14	12	104
FEMALES:							
9-11................	1,011	126	46	13	5	5	57
12-14...............	1,148	129	46	16	5	5	57
15-18...............	1,473	129	46	15	6	5	57
19-22...............	1,317	138	40	20	5	5	69
23-34...............	3,879	156	42	22	7	7	78
35-50...............	3,759	174	43	26	9	7	88
51-64...............	2,936	199	47	31	10	10	101
65-74...............	1,376	202	46	30	11	12	102
75 AND OVER.........	751	197	49	27	12	14	96
ALL INDIVIDUALS.......	5/36,142	167	50	22	7	8	80

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4A-3.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	5/421	71.4	18.9	2.3	6.4	34.8	59.6
1-2	5/1,035	93.7	70.9	30.3	11.6	19.9	79.9
3-5	1,719	96.3	73.0	39.9	10.4	16.7	83.7
6-8	1,841	96.3	73.3	36.7	12.2	16.8	84.6
MALES:							
9-11	939	94.3	74.1	33.2	11.6	17.2	82.5
12-14	1,150	95.2	74.4	36.6	12.6	17.2	83.0
15-18	1,394	93.6	73.9	38.5	12.7	15.1	81.4
19-22	1,030	89.6	67.1	37.2	11.2	11.6	78.5
23-34	2,716	93.5	69.5	42.3	13.4	14.4	85.3
35-50	2,571	95.5	69.0	44.2	14.8	19.2	89.8
51-64	2,161	95.9	68.5	44.7	18.6	19.9	91.1
65-74	1,049	96.3	69.2	43.9	19.3	26.6	89.5
75 AND OVER	465	94.8	65.6	42.5	18.3	24.0	84.2
FEMALES:							
9-11	1,011	95.5	71.3	35.7	13.3	15.5	84.9
12-14	1,148	95.7	70.4	38.0	12.3	14.1	82.2
15-18	1,473	91.6	66.7	36.4	12.5	14.9	78.6
19-22	1,317	91.3	60.5	38.8	10.2	14.1	81.5
23-34	3,879	94.4	63.8	42.5	15.0	17.0	88.0
35-50	3,759	95.9	64.5	45.2	17.0	19.7	89.2
51-64	2,936	97.0	66.9	46.4	19.4	24.0	92.1
65-74	1,376	96.5	63.7	46.2	20.4	26.0	90.5
75 AND OVER	751	95.1	63.6	39.4	19.8	27.4	87.9
ALL INDIVIDUALS	5/36,142	94.6	67.5	40.8	14.8	18.6	86.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 48-1.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1	5/54	67	8	(6)	2	13	45
1-2	5/137	101	34	8	6	6	46
3-5	202	126	50	11	4	4	57
6-8	186	150	57	11	9	6	68
MALES:							
9-11	99	171	69	12	11	4	75
12-14	93	180	72	11	11	6	80
15-18	113	207	80	22	13	5	87
19-22	92	212	92	27	8	2	82
23-34	166	242	79	38	13	6	105
35-50	93	263	91	23	9	5	135
51-64	142	233	70	28	17	14	104
65-74	254	227	74	22	12	13	106
75 AND OVER	162	228	74	34	15	10	96
FEMALES:							
9-11	108	171	67	16	7	6	75
12-14	95	182	73	15	10	4	80
15-18	117	169	69	15	7	2	76
19-22	155	163	50	24	7	6	76
23-34	349	176	56	25	10	5	80
35-50	273	188	51	30	13	6	88
51-64	380	209	56	22	16	9	105
65-74	453	212	53	34	16	13	96
75 AND OVER	303	207	56	28	17	13	93
ALL INDIVIDUALS	5/4,026	192	61	23	12	8	88

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4B-1.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1.............	5/54	66.4	21.1	1.2	9.4	26.1	59.5
1-2................	5/137	94.2	75.6	27.4	16.3	16.4	72.4
3-5................	202	95.2	75.2	35.5	12.1	14.9	79.1
6-8................	186	99.5	84.8	39.9	17.7	19.2	90.5
MALES:							
9-11...............	99	98.1	89.6	36.2	25.5	17.4	86.8
12-14..............	93	99.2	86.8	43.3	19.1	19.0	89.0
15-18..............	113	97.3	83.2	46.1	22.7	9.0	83.1
19-22..............	92	98.0	86.4	42.7	14.2	8.3	89.3
23-34..............	166	97.7	77.1	52.8	19.3	13.2	91.6
35-50..............	93	94.8	73.6	50.1	14.5	13.0	91.6
51-64..............	142	98.5	66.7	41.3	22.1	21.6	82.8
65-74..............	254	97.1	72.3	33.2	16.9	25.3	86.5
75 AND OVER.........	162	94.3	66.2	42.8	19.0	19.9	84.9
FEMALES:							
9-11...............	108	100.0	76.6	45.1	16.0	17.0	88.8
12-14..............	95	100.0	82.4	42.2	15.8	11.6	86.7
15-18..............	117	98.5	85.1	43.3	12.8	7.0	79.3
19-22..............	155	90.5	66.8	41.3	12.1	16.0	77.5
23-34..............	349	95.9	68.5	48.3	18.7	11.2	89.3
35-50..............	273	97.5	69.3	53.3	19.6	15.5	86.1
51-64..............	380	97.9	66.6	40.9	23.4	19.1	90.2
65-74..............	453	97.2	68.4	47.5	24.9	25.1	88.7
75 AND OVER.........	303	97.4	65.8	38.8	20.9	24.0	89.6
ALL INDIVIDUALS.......	5/4,026	96.6	72.1	42.3	19.1	17.9	86.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4B-2.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1..............	5/54	(6)	0	0	0	0	(6)
1-2................	5/137	6	2	(6)	(6)	(6)	3
3-5................	202	14	4	1	(6)	1	8
6-8................	186	35	12	2	2	2	17
MALES:							
9-11...............	99	34	11	3	2	1	16
12-14..............	93	34	13	1	2	(6)	17
15-18..............	113	35	17	3	1	(6)	14
19-22..............	92	47	21	7	0	1	17
23-34..............	166	26	9	4	1	(6)	11
35-50..............	93	38	15	3	2	(6)	18
51-64..............	142	18	9	1	2	1	6
65-74..............	254	18	6	2	(6)	1	9
75 AND OVER.........	162	25	10	1	1	1	12
FEMALES:							
9-11...............	108	39	13	3	(6)	1	21
12-14..............	95	33	13	2	(6)	1	17
15-18..............	117	33	17	3	1	1	12
19-22..............	155	25	12	1	1	1	11
23-34..............	349	18	6	2	(6)	(6)	9
35-50..............	273	18	5	4	1	(6)	8
51-64..............	380	16	6	2	(6)	1	8
65-74..............	453	17	5	1	1	1	8
75 AND OVER.........	303	13	5	2	1	1	5
ALL INDIVIDUALS.......	5/4,026	22	8	2	1	1	10

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4B-2.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING 3/4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1..............	5/54	2.1	0.0	0.0	0.0	0.0	2.1
1-2.................	5/137	16.6	11.5	3.1	.6	1.3	8.7
3-5.................	202	26.1	13.8	5.5	1.9	3.9	18.9
6-8.................	186	56.4	36.5	11.7	4.4	9.5	45.3
MALES:							
9-11................	99	57.3	36.7	16.1	5.7	7.3	41.4
12-14...............	93	56.6	35.5	13.9	5.8	2.6	41.0
15-18...............	113	51.1	40.7	17.5	3.5	1.1	37.5
19-22...............	92	51.3	41.4	14.3	.0	4.0	38.4
23-34...............	166	38.4	25.5	13.1	1.6	.6	27.8
35-50...............	93	32.2	21.2	14.6	3.9	.9	29.8
51-64...............	142	21.6	15.2	9.6	4.5	1.6	17.7
65-74...............	254	22.6	13.3	5.7	1.0	3.5	17.3
75 AND OVER..........	162	19.[illegible]	15.8	4.2	1.9	2.6	18.0
FEMALES:							
9-11................	108	61.1	38.3	12.1	1.6	4.8	46.5
12-14...............	95	49.7	37.6	16.8	2.6	3.2	34.5
15-18...............	117	50.6	44.4	13.1	1.8	1.7	26.4
19-22...............	155	[illegible]8.1	27.6	8.7	1.9	3.5	27.4
23-34...............	349	26.0	14.7	7.9	.9	1.5	17.1
35-50...............	273	20.7	12.5	11.0	2.6	2.4	15.0
51-64...............	380	22.8	13.0	8.5	.9	2.2	18.8
65-74...............	453	20.3	11.0	4.4	2.6	3.3	16.8
75 AND OVER..........	303	17.3	12.5	5.3	.9	1.6	13.4
ALL INDIVIDUALS.......	5/4,026	30.2	19.9	8.8	2.1	2.8	22.6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4B-3.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1.............	5/54	67	8	(6)	2	13	44
1-2.................	5/137	95	32	7	6	6	44
3-5.................	202	112	45	11	4	3	49
6-8.................	186	115	45	9	7	4	50
MALES:							
9-11................	99	138	59	9	9	3	58
12-14...............	93	146	59	10	9	6	63
15-18...............	113	172	63	19	12	4	73
19-22...............	92	165	70	20	8	2	65
23-34...............	166	216	70	35	12	6	94
35-50...............	93	224	76	20	7	5	117
51-64...............	142	215	62	26	15	14	98
65-74...............	254	209	68	20	11	12	98
75 AND OVER.........	162	204	64	32	14	9	84
FEMALES:							
9-11................	108	132	54	13	6	5	54
12-14...............	95	149	60	14	9	3	63
15-18...............	117	135	52	12	6	2	63
19-22...............	155	138	39	23	6	5	65
23-34...............	349	158	50	23	10	4	71
35-50...............	273	170	46	27	12	5	80
51-64...............	380	193	51	21	16	8	97
65-74...............	453	195	48	33	15	12	88
75 AND OVER.........	303	193	51	26	16	12	88
ALL INDIVIDUALS.......	5/4,026	170	53	21	11	7	77

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 48-3.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1.............	5/54	66.4	21.1	1.2	9.4	26.1	59.5
1-2................	5/137	92.7	71.5	26.4	16.3	15.2	68.9
3-5................	202	95.2	69.3	32.3	11.4	11.8	77.7
6-8................	186	97.9	75.5	32.3	13.9	11.2	80.1
MALES:							
9-11...............	99	93.5	76.2	22.7	19.8	11.3	79.2
12-14..............	93	96.6	72.4	33.6	15.3	16.3	80.0
15-18..............	113	91.1	69.9	33.7	19.9	7.9	76.5
19-22..............	92	85.1	65.1	33.2	14.2	4.3	76.1
23-34..............	166	91.6	61.9	44.7	17.7	12.7	85.4
35-50..............	93	89.4	60.0	42.3	11.4	12.1	86.1
51-64..............	142	94.2	58.3	32.5	18.1	20.9	76.6
65-74..............	254	95.2	65.2	31.0	16.2	23.1	80.6
75 AND OVER.........	162	91.9	59.3	40.5	17.1	19.0	79.9
FEMALES:							
9-11...............	108	95.0	64.3	36.0	14.5	12.2	76.8
12-14..............	95	99.3	74.8	34.0	13.3	8.3	81.4
15-18..............	117	83.9	62.9	31.9	11.0	5.4	67.3
19-22..............	155	84.0	54.7	35.6	10.2	13.1	71.0
23-34..............	349	92.7	62.2	42.6	18.0	10.5	85.4
35-50..............	273	93.5	62.6	47.7	17.7	13.2	82.1
51-64..............	380	96.3	60.6	36.6	22.5	17.2	86.6
65-74..............	453	95.4	62.0	45.0	23.0	22.6	86.3
75 AND OVER.........	303	93.7	60.4	35.8	20.3	23.1	85.4
ALL INDIVIDUALS.......	5/4,026	93.1	63.5	36.8	17.4	15.6	80.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4C-1.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1..............	5/55	72	9	1	(6)	17	45
1-2..................	5/127	112	39	17	4	6	45
3-5..................	243	114	43	10	5	4	52
6-8..................	197	145	57	9	6	5	67
MALES:							
9-11.................	94	157	59	14	[illegible]	10	70
12-14................	140	193	84	16	8	6	80
15-18................	133	241	107	18	9	7	100
19-22................	121	237	86	25	14	5	107
23-34................	309	221	85	24	9	4	99
35-50................	203	237	79	24	10	11	114
51-64................	218	282	87	43	12	9	131
65-74................	242	270	71	35	11	17	136
75 AND OVER..........	84	273	59	42	12	12	148
FEMALES:							
9-11.................	118	154	54	15	6	6	73
12-14................	130	163	64	18	4	5	71
15-18................	140	162	64	16	11	6	65
19-22................	183	164	57	25	3	4	74
23-34................	462	171	49	26	8	7	81
35-50................	340	199	53	23	13	7	104
51-64................	380	230	61	35	12	9	114
65-74................	226	227	54	24	12	14	123
75 AND OVER..........	104	204	48	28	12	17	98
ALL INDIVIDUALS......	5/4,249	198	63	24	9	8	94

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4C-1.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	5/55	61.7	17.8	1.9	3.0	37.1	52.2
1-2	5/127	95.9	73.8	34.4	10.6	19.1	77.4
3-5	243	98.5	78.5	38.0	15.3	15.9	89.4
6-8	197	98.8	84.6	39.6	16.6	17.7	90.6
MALES:							
9-11	94	97.9	93.1	43.0	10.0	30.5	86.6
12-14	140	98.9	88.1	43.1	15.2	17.4	86.3
15-18	133	99.3	88.9	36.5	11.4	17.8	90.8
19-22	121	99.4	82.6	46.5	15.6	12.3	88.5
23-34	309	99.7	82.4	51.5	12.2	10.4	89.7
35-50	203	96.6	75.6	39.7	14.0	18.7	88.7
51-64	218	97.9	80.7	49.2	23.9	14.4	95.5
65-74	242	97.9	79.0	52.3	19.7	31.0	92.3
75 AND OVER	84	96.7	67.0	45.9	20.0	24.1	87.7
FEMALES:							
9-11	118	98.8	83.7	43.5	13.4	16.5	91.6
12-14	130	94.9	81.3	42.4	10.0	13.4	85.5
15-18	140	98.8	81.4	39.7	22.4	18.5	91.4
19-22	183	97.6	80.8	47.3	7.6	13.8	91.5
23-34	462	98.5	73.5	51.9	15.9	16.0	91.6
35-50	340	98.7	71.2	43.4	19.7	19.9	92.8
51-64	380	98.1	76.2	48.8	22.3	20.8	96.0
65-74	226	97.7	76.3	47.3	21.1	31.9	91.6
75 AND OVER	104	97.9	69.9	50.0	22.2	37.9	94.6
ALL INDIVIDUALS	5/4,249	97.7	77.8	45.0	16.5	19.5	90.3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4C-2.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1..............	5/55	(6)	(6)	0	0	0	(6)
1-2................	5/127	10	4	1	2	(6)	3
3-5................	243	15	6	2	(6)	1	5
6-8................	197	39	14	2	1	1	20
MALES:							
9-11................	94	39	16	3	(6)	3	17
12-14................	140	42	18	2	1	1	19
15-18................	133	45	20	4	(6)	2	20
19-22................	121	43	16	7	3	0	17
23-34................	309	40	17	4	2	1	16
35-50................	203	26	10	3	1	(6)	12
51-64................	218	16	9	1	(6)	(6)	6
65-74................	242	21	7	2	1	1	10
75 AND OVER..........	84	10	4	(6)	0	(6)	5
FEMALES:							
9-11................	118	48	14	4	1	1	27
12-14................	130	32	16	2	1	1	13
15-18................	140	27	10	2	1	1	14
19-22................	183	27	11	2	(6)	(6)	14
23-34................	462	32	9	4	1	1	16
35-50................	340	22	6	2	1	1	12
51-64................	380	24	8	2	2	1	12
65-74................	226	23	8	1	1	2	12
75 AND OVER..........	104	11	1	2	0	1	6
ALL INDIVIDUALS.......	5/4,249	27	10	2	1	1	13

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4C-2.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1.............	5/55	3.3	1.5	0.0	0.0	0.0	1.8
1-2.................	5/127	18.8	14.2	5.6	2.1	.7	7.8
3-5.................	243	27.4	18.6	6.4	2.5	3.4	15.0
6-8.................	197	57.9	40.8	11.9	4.8	9.1	46.6
MALES:							
9-11................	94	66.8	48.9	13.5	3.7	17.2	47.4
12-14...............	140	69.4	48.8	14.9	2.6	7.0	44.6
15-18...............	133	59.5	37.8	11.6	.6	6.6	47.9
19-22...............	121	44.7	31.3	18.8	1.2	.0	31.0
23-34...............	309	51.0	37.2	17.4	2.6	2.2	33.9
35-50...............	203	28.1	21.4	7.5	2.0	.9	22.9
51-64...............	218	19.5	14.9	3.7	.5	1.4	14.0
65-74...............	242	25.7	16.5	5.5	3.1	1.9	20.0
75 AND OVER.........	84	16.2	6.9	3.0	.0	1.5	14.9
FEMALES:							
9-11................	118	71.0	48.1	17.9	4.2	6.7	49.5
12-14...............	130	49.8	39.4	12.8	2.0	3.6	35.0
15-18...............	140	55.1	34.3	12.1	2.0	5.3	38.7
19-22...............	183	43.2	30.6	10.6	1.1	1.8	25.8
23-34...............	462	39.4	24.9	13.1	3.2	3.0	30.2
35-50...............	340	28.6	17.0	7.3	2.6	2.1	21.9
51-64...............	380	29.8	16.3	6.9	4.0	2.2	25.1
65-74...............	226	28.4	19.1	4.6	2.9	5.4	25.6
75 AND OVER.........	104	21.5	4.4	6.1	.0	2.0	20.7
ALL INDIVIDUALS.......	5/4,249	38.0	25.4	9.7	2.5	3.4	27.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4C-3.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1	5/55	72	9	1	(6)	17	45
1-2	5/127	102	35	16	2	6	43
3-5	243	99	37	8	4	4	47
6-8	197	106	44	7	5	4	47
MALES:							
9-11	94	117	44	12	2	7	53
12-14	140	151	65	13	7	5	60
15-18	133	196	87	15	9	5	80
19-22	121	195	70	19	11	5	90
23-34	309	180	67	20	7	3	82
35-50	203	211	69	21	9	10	102
51-64	218	266	78	42	11	8	125
65-74	242	249	64	33	9	16	126
75 AND OVER	84	264	55	42	12	12	143
FEMALES:							
9-11	118	106	40	11	4	5	46
12-14	130	130	48	16	4	4	58
15-18	140	135	54	15	10	5	51
19-22	183	137	47	23	3	3	61
23-34	462	140	40	22	7	6	65
35-50	340	177	47	21	12	6	92
51-64	380	206	53	34	10	8	102
65-74	226	204	46	23	11	12	112
75 AND OVER	104	194	47	26	12	17	91
ALL INDIVIDUALS	5/4,249	171	53	21	8	7	81

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4C-3.2.--VEGETABLES 1/ 2/
PERCENTAGE OF INDIVIDUALS USING, 3/ 4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1.............	5/55	61.7	17.8	1.9	3.0	37.1	52.2
1-2.................	5/127	92.1	63.0	31.5	8.5	18.4	76.4
3-5.................	243	97.0	71.9	34.2	12.9	12.8	87.0
6-8.................	197	96.1	69.5	31.8	13.2	9.3	80.4
MALES:							
9-11................	94	95.5	74.3	32.8	8.6	14.8	79.6
12-14...............	140	89.8	69.9	33.0	13.2	11.1	73.3
15-18...............	133	92.3	76.9	32.3	10.7	12.8	81.3
19-22...............	121	94.7	73.1	36.1	14.4	12.3	80.2
23-34...............	309	93.7	68.0	41.2	10.0	8.2	83.0
35-50...............	203	93.7	67.0	33.7	12.0	17.8	85.8
51-64...............	218	97.4	77.4	46.7	23.4	14.0	94.6
65-74...............	242	96.6	70.2	49.3	16.6	29.7	91.4
75 AND OVER.........	84	94.6	64.7	44.9	20.0	22.6	84.6
FEMALES:							
9-11................	118	92.7	63.9	30.5	10.6	10.7	81.1
12-14...............	130	89.6	66.9	35.1	8.5	10.7	78.8
15-18...............	140	95.6	71.3	31.8	20.4	13.2	83.3
19-22...............	183	94.3	68.1	39.9	6.6	12.0	86.6
23-34...............	462	93.0	60.2	43.4	13.6	13.5	84.4
35-50...............	340	95.4	61.9	39.1	17.7	17.8	88.9
51-64...............	380	94.8	67.8	44.5	19.1	19.1	91.0
65-74...............	226	95.5	65.3	44.3	18.3	27.1	89.6
75 AND OVER.........	104	96.9	69.0	46.4	22.2	36.7	92.8
ALL INDIVIDUALS.......	5/4,249	94.1	67.1	38.9	14.5	16.4	85.1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4D-1.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1	5/117	75	10	3	2	18	42
1-2	5/283	94	35	7	2	4	45
3-5	406	110	41	14	3	4	48
6-8	468	143	53	14	4	5	67
MALES:							
9-11	200	168	71	20	4	5	68
12-14	222	198	83	21	6	8	81
15-18	240	234	98	23	9	7	98
19-22	166	224	93	26	7	6	93
23-34	695	234	84	30	8	7	105
35-50	508	266	92	38	10	9	117
51-64	412	261	83	31	10	10	127
65-74	152	252	69	36	10	9	127
75 AND OVER	47	229	65	16	12	30	106
FEMALES:							
9-11	225	164	61	18	5	4	76
12-14	244	171	61	23	7	5	74
15-18	260	167	62	17	5	8	76
19-22	209	183	61	22	4	6	89
23-34	1,009	194	57	26	8	8	97
35-50	673	201	58	28	9	8	98
51-64	521	221	55	34	9	11	112
65-74	167	220	49	33	10	9	120
75 AND OVER	62	211	62	22	8	15	104
ALL INDIVIDUALS	5/7,286	196	65	25	7	8	92

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4D-1.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	5/117	75.0	19.2	4.3	5.5	37.3	58.4
1-2	5/283	96.7	81.7	29.6	12.6	20.6	80.9
3-5	406	98.1	84.7	45.6	13.1	19.8	86.1
6-8	468	99.2	85.8	43.3	13.5	24.4	92.4
MALES:							
9-11	200	100.0	88.2	51.9	9.8	22.7	93.4
12-14	222	100.0	89.0	55.0	13.0	21.2	96.5
15-18	240	98.7	87.3	52.3	17.1	18.8	91.1
19-22	166	96.0	82.5	48.2	11.0	10.2	80.5
23-34	695	99.1	86.5	52.0	14.8	16.2	92.6
35-50	508	100.0	83.1	53.2	18.0	19.5	95.1
51-64	412	99.0	79.7	44.9	17.5	19.1	97.0
65-74	152	100.0	83.2	50.5	21.9	28.9	96.0
75 AND OVER	47	97.1	76.4	33.8	21.4	46.4	86.8
FEMALES:							
9-11	225	99.2	86.2	41.8	14.3	19.4	95.7
12-14	244	100.0	85.6	54.7	15.7	15.7	89.8
15-18	260	97.2	80.2	49.8	11.7	20.2	89.6
19-22	209	100.0	78.7	47.6	7.4	16.4	93.4
23-34	1,009	98.8	76.7	50.0	16.0	21.8	94.4
35-50	673	98.9	76.3	51.6	18.2	21.4	95.2
51-64	521	99.7	79.2	50.8	20.1	26.7	97.7
65-74	167	100.0	73.5	54.9	22.3	27.1	99.0
75 AND OVER	62	97.3	73.9	26.4	19.8	32.8	95.3
ALL INDIVIDUALS	5/7,286	98.6	80.7	48.0	15.5	21.2	92.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4D-2.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1	5/117	2	1	1	0	(6)	(6)
1-2	5/283	11	6	(6)	(6)	(6)	4
3-5	406	12	5	1	(6)	(6)	5
6-8	468	27	9	2	1	1	14
MALES:							
9-11	200	38	16	3	[illegible]	1	18
12-14	222	36	15	3	[illegible]	1	16
15-18	240	36	17	3	(6)	1	14
19-22	166	62	32	4	(6)	2	24
23-34	695	43	17	5	1	1	19
35-50	508	39	16	4	1	1	17
51-64	412	28	9	2	(6)	2	16
65-74	152	32	13	1	1	(6)	16
75 AND OVER	47	15	6	(6)	(6)	(6)	9
FEMALES:							
9-11	225	37	14	2	1	2	19
12-14	244	29	12	2	(6)	1	14
15-18	260	33	13	3	1	1	15
19-22	209	33	16	4	(6)	1	12
23-34	1,009	29	10	4	1	2	13
35-50	673	24	8	3	1	1	12
51-64	521	22	7	3	1	1	11
65-74	167	23	6	1	1	(6)	14
75 AND OVER	62	16	6	(6)	(6)	2	8
ALL INDIVIDUALS	5/7,286	30	11	3	1	1	14

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4D-2.2.--VEGETABLES[1]/[2]/
PERCENTAGE OF INDIVIDUALS USING,[3]/[4]/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	5/117	4.6	2.3	1.6	0.0	0.7	2.3
1-2	5/283	28.6	23.0	4.5	.7	1.9	14.9
3-5	406	29.8	21.7	6.9	.6	2.0	16.7
6-8	468	49.7	32.5	10.1	2.9	8.6	32.5
MALES:							
9-11	200	59.9	41.3	14.9	2.2	6.4	45.4
12-14	222	55.7	38.1	18.4	1.7	5.9	39.1
15-18	240	55.3	41.1	15.6	1.9	3.8	34.4
19-22	166	50.4	38.9	14.0	.7	3.4	31.5
23-34	695	50.5	36.3	15.6	2.7	2.8	34.3
35-50	508	40.3	27.4	14.0	1.3	2.4	29.8
51-64	412	33.1	21.8	7.1	.8	3.8	27.6
65-74	152	37.6	30.6	9.3	3.7	3.8	29.1
75 AND OVER	47	20.2	11.6	2.4	3.5	3.5	15.7
FEMALES:							
9-11	225	60.2	39.9	11.3	3.6	11.4	43.9
12-14	244	57.3	42.4	17.1	1.3	4.6	34.4
15-18	260	53.6	36.8	16.0	1.1	3.9	36.7
19-22	209	50.1	42.1	13.8	1.1	2.7	31.1
23-34	1,009	42.3	25.6	11.9	2.2	4.3	33.0
35-50	673	41.0	25.5	11.0	2.9	3.1	28.9
51-64	521	31.4	19.5	8.6	2.3	3.1	24.6
65-74	167	35.7	17.3	7.8	2.5	1.5	33.1
75 AND OVER	62	24.8	16.7	2.3	3.2	5.2	22.7
ALL INDIVIDUALS	5/7,286	42.8	29.1	11.5	2.0	4.0	30.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4D-3.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1	5/117	73	10	2	2	18	42
1-2	5/283	83	29	7	2	4	41
3-5	406	98	35	13	3	4	42
6-8	468	116	43	12	3	4	53
MALES:							
9-11	200	130	55	17	4	4	50
12-14	222	162	68	18	5	7	64
15-18	240	199	81	20	9	6	84
19-22	166	162	60	22	7	4	69
23-34	695	191	67	25	7	6	86
35-50	508	227	76	34	9	8	100
51-64	412	233	75	30	10	8	111
65-74	152	219	56	35	10	9	110
75 AND OVER	47	214	60	15	12	30	97
FEMALES:							
9-11	225	127	47	16	5	2	57
12-14	244	142	50	21	7	4	60
15-18	260	134	48	14	4	7	60
19-22	209	150	45	18	4	5	77
23-34	1,009	165	47	22	7	6	83
35-50	673	177	50	26	8	7	86
51-64	521	200	48	31	9	10	101
65-74	167	198	43	32	9	8	106
75 AND OVER	62	195	56	22	8	13	96
ALL INDIVIDUALS	5/7,286	167	53	22	7	7	78

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4D-3.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	5/117	74.3	16.8	3.5	5.5	37.3	56.9
1-2	5/283	92.6	72.4	26.9	11.9	18.7	79.0
3-5	406	95.7	78.6	41.4	12.7	18.1	83.4
6-8	468	95.9	76.3	37.3	10.8	17.6	86.4
MALES:							
9-11	200	96.0	75.4	43.2	7.5	16.8	84.8
12-14	222	96.5	79.1	44.0	11.3	16.8	88.3
15-18	240	95.8	75.3	42.6	15.7	16.4	86.7
19-22	166	83.5	62.9	37.0	10.3	7.6	67.6
23-34	695	93.0	73.8	42.3	12.1	13.8	84.7
35-50	508	95.7	72.0	46.2	16.6	17.8	89.9
51-64	412	95.2	70.3	40.2	16.7	16.0	91.3
65-74	152	99.5	70.9	45.5	19.6	25.9	94.6
75 AND OVER	47	95.3	70.1	33.8	17.9	42.9	85.0
FEMALES:							
9-11	225	97.0	73.0	36.1	11.7	10.7	85.7
12-14	244	99.0	74.0	45.1	14.8	12.0	84.8
15-18	260	93.1	65.2	38.8	10.6	17.1	85.3
19-22	209	93.4	58.1	40.5	6.3	14.1	87.6
23-34	1,009	95.6	66.4	43.7	13.8	18.0	89.7
35-50	673	96.5	66.1	45.9	15.3	19.3	89.8
51-64	521	98.0	70.6	46.5	18.3	24.5	94.3
65-74	167	99.2	65.6	49.6	20.4	26.5	96.0
75 AND OVER	62	97.3	72.1	24.1	16.6	27.7	88.7
ALL INDIVIDUALS	5/7,286	95.1	69.9	41.4	13.7	18.1	87.1

1/ SEE "TABLE NOTES," APPENDIX 9.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4E-1.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1	5/115	86	12	1	2	21	50
1-2	5/271	93	30	11	2	6	44
3-5	532	99	35	12	2	5	45
6-8	594	139	48	13	4	8	66
MALES:							
9-11	328	160	59	14	5	9	73
12-14	437	174	64	17	5	9	78
15-18	555	199	79	23	5	7	85
19-22	313	224	84	26	8	9	97
23-34	953	241	80	30	9	10	113
35-50	1,219	250	75	32	9	10	122
51-64	760	278	79	38	11	10	139
65-74	115	270	75	42	15	13	126
75 AND OVER	35	219	63	24	7	15	110
FEMALES:							
9-11	339	153	55	15	5	8	70
12-14	413	144	53	14	4	6	68
15-18	559	158	56	19	5	6	71
19-22	367	173	49	26	8	5	85
23-34	1,254	184	48	26	8	8	94
35-50	1,507	206	48	32	8	9	108
51-64	777	235	52	40	10	12	120
65-74	117	214	47	32	12	8	115
75 AND OVER	63	185	40	27	15	18	86
ALL INDIVIDUALS	5/11,624	197	59	26	7	9	96

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4E-1.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1.............	5/115	77.0	21.0	0.8	9.5	40.0	65.0
1-2.................	5/271	98.8	78.9	39.8	12.3	26.1	87.5
3-5.................	532	99.3	80.8	50.9	9.2	21.8	87.3
6-8.................	594	99.1	86.3	46.7	14.1	25.7	91.6
MALES:							
9-11................	328	99.1	86.5	42.7	15.4	26.8	91.3
12-14...............	437	98.9	83.7	46.6	14.0	26.2	90.1
15-18...............	555	98.9	87.1	49.2	10.8	20.0	89.1
19-22...............	313	99.8	88.3	53.3	14.3	20.7	94.6
23-34...............	953	99.8	85.3	56.7	16.7	18.9	94.9
35-50...............	1,219	99.7	82.6	52.6	16.7	22.6	95.4
51-64...............	760	99.5	83.4	56.4	20.0	24.4	96.6
65-74...............	115	100.0	84.8	55.3	30.2	22.0	95.7
75 AND OVER.........	35	100.0	79.8	57.6	14.3	49.7	100.0
FEMALES:							
9-11................	339	98.1	81.6	47.8	15.0	23.7	93.2
12-14...............	413	98.0	81.7	47.8	11.4	21.4	90.5
15-18...............	559	97.6	84.3	48.8	12.7	19.0	88.5
19-22...............	367	97.5	75.6	54.5	16.4	17.0	88.1
23-34...............	1,254	98.2	76.8	51.4	17.6	19.8	94.5
35-50...............	1,507	99.1	74.6	53.6	17.6	25.5	95.7
51-64...............	777	99.8	77.8	57.5	23.4	31.1	99.0
65-74...............	117	98.8	72.6	53.3	23.0	29.1	98.8
75 AND OVER.........	63	97.4	55.3	48.5	36.2	33.8	87.3
ALL INDIVIDUALS.......	5/11,624	98.8	80.4	51.3	16.3	23.3	93.1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4E-2.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1..............	5/115	2	(6)	0	0	0	2
1-2..................	5/271	11	4	1	(6)	(6)	5
3-5..................	532	14	6	1	(6)	1	6
6-8..................	594	33	12	2	1	1	17
MALES:							
9-11.................	328	41	15	3	1	1	20
12-14................	437	39	16	3	(6)	2	19
15-18................	555	39	20	3	1	1	15
19-22................	313	52	25	7	2	2	16
23-34................	953	57	22	6	(6)	2	27
35-50................	1,219	50	18	5	1	2	24
51-64................	760	50	16	5	1	1	28
65-74................	115	36	10	3	2	1	20
75 AND OVER..........	35	29	8	2	3	1	16
FEMALES:							
9-11.................	339	32	12	4	1	1	15
12-14................	413	30	12	3	(6)	1	14
15-18................	559	37	16	4	(6)	1	16
19-22................	367	41	15	8	1	1	16
23-34................	1,254	33	10	4	1	1	16
35-50................	1,507	32	9	4	1	1	17
51-64................	777	36	9	6	2	1	19
65-74................	117	30	9	5	2	1	14
75 AND OVER..........	63	13	6	1	3	0	3
ALL INDIVIDUALS.......	5/11,624	38	14	4	1	1	18

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4E-2.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1.............	5/115	2.3	1.1	0.0	0.0	0.0	2.3
1-2................	5/271	30.8	22.7	6.1	.7	1.8	14.3
3-5................	532	37.0	25.6	10.6	1.1	3.1	18.7
6-8................	594	56.6	43.6	14.2	2.7	6.8	38.5
MALES:							
9-11...............	328	59.0	44.5	16.4	3.9	7.6	42.3
12-14..............	437	58.8	42.9	16.9	.9	8.8	41.0
15-18..............	555	58.2	45.2	16.6	1.5	4.1	37.3
19-22..............	313	57.5	48.4	17.2	3.6	4.2	39.9
23-34..............	953	62.7	46.2	20.8	1.8	4.2	48.4
35-50..............	1,219	53.5	38.6	14.4	3.0	3.9	40.1
51-64..............	760	45.7	32.7	16.0	3.2	4.0	39.7
65-74..............	115	39.5	26.0	8.3	3.9	4.2	36.8
75 AND OVER.........	35	31.5	20.0	9.4	6.0	2.6	23.0
FEMALES:							
9-11...............	339	52.8	37.7	15.3	1.8	3.9	39.4
12-14..............	413	57.5	44.0	17.5	1.5	4.5	37.5
15-18..............	559	59.1	44.4	19.4	.9	4.5	41.8
19-22..............	367	59.1	39.8	26.0	2.0	4.3	41.5
23-34..............	1,254	49.9	30.8	15.6	3.4	3.2	38.7
35-50..............	1,507	44.2	25.8	12.5	2.9	3.9	35.8
51-64..............	777	45.0	26.5	13.7	5.4	5.4	40.4
65-74..............	117	37.1	24.4	7.1	3.5	5.4	29.0
75 AND OVER.........	63	21.3	11.9	6.9	5.0	.0	11.6
ALL INDIVIDUALS.......	5/11,624	50.7	35.4	15.2	2.6	4.3	37.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4E-3.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1	5/115	84	12	1	2	21	49
1-2	5/271	83	26	10	2	6	39
3-5	532	85	29	11	2	4	39
6-8	594	106	36	11	4	6	49
MALES:							
9-11	328	120	44	12	4	7	52
12-14	437	135	49	14	5	7	60
15-18	555	161	60	20	4	7	70
19-22	313	171	59	19	6	7	81
23-34	953	184	58	24	8	8	86
35-50	1,219	199	57	28	8	9	98
51-64	760	228	63	34	10	9	112
65-74	115	234	64	40	13	12	106
75 AND OVER	35	190	55	22	5	15	94
FEMALES:							
9-11	339	121	43	12	5	7	55
12-14	413	115	40	11	4	6	54
15-18	559	121	40	15	5	5	56
19-22	367	131	33	18	7	4	69
23-34	1,254	151	37	22	7	7	78
35-50	1,507	173	39	28	7	9	91
51-64	777	198	43	35	9	10	102
65-74	117	184	39	27	11	7	101
75 AND OVER	63	172	34	27	11	18	83
ALL INDIVIDUALS	5/11,624	159	45	22	6	8	78

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4E-3.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1.............	5/115	77.0	19.9	0.8	9.5	40.0	65.0
1-2................	5/271	96.6	72.5	36.2	11.9	25.1	86.3
3-5................	532	97.6	71.2	45.6	8.3	19.9	85.5
6-8................	594	97.3	72.2	39.1	11.7	20.4	87.8
MALES:							
9-11...............	328	96.1	73.4	33.4	12.9	21.4	85.4
12-14..............	437	94.9	72.9	34.9	13.3	20.1	82.7
15-18..............	555	94.4	74.1	40.1	9.9	16.9	82.6
19-22..............	313	90.9	71.8	42.6	12.4	16.6	81.7
23-34..............	953	93.6	67.8	45.5	15.0	15.7	86.2
35-50..............	1,219	96.3	67.5	46.0	14.2	19.4	90.9
51-64..............	760	96.2	68.9	49.5	17.2	21.0	90.4
65-74..............	115	96.8	76.0	52.5	27.9	17.8	90.9
75 AND OVER.........	35	100.0	67.7	51.6	8.3	47.1	100.0
FEMALES:							
9-11...............	339	95.3	71.4	38.1	13.9	20.1	86.5
12-14..............	413	95.9	68.9	36.3	10.9	17.8	83.3
15-18..............	559	91.6	67.0	38.6	12.2	15.6	78.2
19-22..............	367	91.3	59.9	42.0	14.4	13.1	77.1
23-34..............	1,254	94.9	62.6	42.4	15.2	17.5	89.4
35-50..............	1,507	96.3	64.3	46.2	15.7	22.5	90.9
51-64..............	777	96.4	67.6	50.9	19.0	27.2	92.8
65-74..............	117	98.1	61.3	50.4	21.3	23.1	98.1
75 AND OVER.........	63	92.3	48.9	48.5	31.1	33.8	83.6
ALL INDIVIDUALS.......	5/11,624	95.2	67.4	43.0	14.3	20.0	87.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4F-1.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1..............	5/126	90	9	1	3	21	56
1-2................	5/306	92	30	6	4	7	45
3-5................	521	111	39	11	5	5	50
6-8................	482	152	55	12	9	8	68
MALES:							
9-11...............	264	155	61	13	8	5	68
12-14..............	287	187	72	15	11	8	80
15-18..............	387	196	73	17	12	8	86
19-22..............	318	205	75	20	9	8	92
23-34..............	846	221	69	29	13	9	101
35-50..............	657	252	73	29	15	10	126
51-64..............	565	255	68	36	13	10	128
65-74..............	300	249	63	35	13	17	121
75 AND OVER.........	147	230	55	27	15	18	115
FEMALES:							
9-11...............	269	169	58	14	9	8	81
12-14..............	305	154	55	14	9	5	70
15-18..............	424	164	58	15	9	7	76
19-22..............	408	150	48	19	7	6	72
23-34..............	1,216	187	50	23	11	7	96
35-50..............	1,097	201	51	28	13	8	102
51-64..............	850	222	52	30	15	11	113
65-74..............	446	219	50	33	15	13	108
75 AND OVER.........	240	206	47	29	18	13	99
ALL INDIVIDUALS.......	5/10,462	193	56	23	11	9	93

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4F-1.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	5/126	68.3	19.8	3.6	9.6	35.8	62.3
1-2	5/306	95.8	74.0	29.7	15.0	23.5	81.5
3-5	521	98.0	78.9	40.9	16.3	17.5	83.4
6-8	482	99.0	82.4	42.9	21.1	23.1	89.5
MALES:							
9-11	264	98.4	89.6	41.0	17.6	18.2	85.8
12-14	287	98.3	85.5	46.7	19.1	20.8	92.5
15-18	387	98.6	82.4	46.9	17.4	18.1	86.1
19-22	318	98.3	78.9	35.7	15.9	15.3	89.8
23-34	846	99.4	80.8	50.9	18.8	17.6	91.8
35-50	657	99.8	76.8	50.2	21.3	21.4	91.8
51-64	565	99.6	74.2	47.4	21.8	21.7	94.9
65-74	300	98.0	69.0	48.1	23.3	31.5	92.0
75 AND OVER	147	93.2	62.3	45.4	23.4	32.5	86.9
FEMALES:							
9-11	269	99.5	83.0	45.0	22.7	21.4	93.8
12-14	305	97.4	82.5	42.2	18.5	12.5	86.7
15-18	424	98.6	82.5	41.1	18.2	16.5	87.8
19-22	408	94.9	68.7	40.7	15.7	15.4	86.5
23-34	1,216	98.0	71.7	48.1	20.2	16.5	92.8
35-50	1,097	99.2	71.7	51.1	22.7	21.0	92.6
51-64	850	99.6	73.2	51.2	26.2	24.3	96.2
65-74	446	97.9	66.6	50.0	25.6	25.5	90.7
75 AND OVER	240	96.9	65.1	37.5	27.4	27.2	92.1
ALL INDIVIDUALS	5/10,462	98.1	75.1	45.7	20.5	20.5	90.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4F-2.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1.............	5/126	1	1	1	0	0	(6)
1-2................	5/306	8	3	1	(6)	(6)	4
3-5................	521	13	5	1	(6)	1	6
6-8................	482	33	12	3	2	1	16
MALES:							
9-11...............	264	34	14	3	1	1	16
12-14..............	287	35	15	2	1	1	14
15-18..............	387	31	15	2	1	1	12
19-22..............	318	35	19	3	1	1	10
23-34..............	846	50	19	6	1	1	23
35-50..............	857	42	15	3	2	1	21
51-64..............	565	37	11	5	1	2	18
65-74..............	300	24	7	1	1	1	15
75 AND OVER.........	147	17	4	1	1	1	10
FEMALES:							
9-11...............	269	34	12	3	1	1	16
12-14..............	305	28	12	2	(6)	1	13
15-18..............	424	28	13	2	(6)	(6)	12
19-22..............	408	31	13	4	(6)	1	13
23-34..............	1,216	32	9	3	1	1	17
35-50..............	1,097	23	7	3	1	(6)	12
51-64..............	850	26	6	3	1	1	14
65-74..............	446	19	6	1	1	1	10
75 AND OVER.........	240	15	5	2	2	(6)	5
ALL INDIVIDUALS.......	5/10,462	29	11	3	1	1	14

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4F-2.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	5/126	1.6	0.7	0.7	0.0	0.0	0.9
1-2	5/306	19.9	13.6	4.8	1.3	2.1	12.1
3-5	521	26.1	17.9	6.4	1.4	3.1	16.3
6-8	482	49.7	36.1	12.0	4.1	6.0	33.4
MALES:							
9-11	264	55.7	41.6	13.0	2.6	5.2	35.6
12-14	287	55.7	39.0	14.7	3.3	6.9	36.3
15-18	387	52.9	39.6	11.9	2.1	3.6	31.9
19-22	318	46.9	34.4	10.5	2.9	2.3	30.1
23-34	846	56.8	40.2	19.5	3.0	3.2	41.8
35-50	657	42.7	28.3	12.1	4.0	3.3	35.9
51-64	565	35.4	24.1	13.7	2.8	4.3	29.2
65-74	300	30.2	15.7	6.3	2.8	4.0	25.5
75 AND OVER	147	15.1	10.4	2.6	2.6	3.1	13.0
FEMALES:							
9-11	269	50.3	36.4	14.2	3.3	4.7	36.3
12-14	305	50.6	40.5	11.4	1.5	2.4	31.8
15-18	424	55.1	41.3	12.7	.6	2.5	34.1
19-22	408	44.6	36.4	14.3	1.7	3.5	29.2
23-34	1,216	43.7	25.4	12.3	3.4	2.6	35.0
35-50	1,097	34.6	21.3	10.3	3.0	1.9	25.9
51-64	850	34.8	17.5	9.1	3.3	3.6	29.1
65-74	446	26.0	14.1	3.8	2.0	4.8	22.6
75 AND OVER	240	21.5	13.6	6.1	4.4	1.9	17.6
ALL INDIVIDUALS	5/10,462	40.6	27.2	11.1	2.8	3.4	29.6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4F-3.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1..............	5/126	89	9	1	3	21	56
1-2................	5/306	84	27	5	4	7	41
3-5................	521	99	34	10	5	5	45
6-8................	482	119	43	10	8	7	52
MALES:							
9-11...............	264	121	46	11	7	4	53
12-14..............	287	152	57	13	10	7	66
15-18..............	387	166	59	15	11	7	74
19-22..............	318	170	56	17	7	7	82
23-34..............	846	171	50	24	11	8	79
35-50..............	657	210	[illegible]	26	13	9	104
51-64..............	565	218	[illegible]	31	11	8	110
65-74..............	300	225	[illegible]	34	12	16	107
75 AND OVER.........	147	213	51	26	14	17	105
FEMALES:							
9-11...............	269	136	45	11	8	7	65
12-14..............	305	126	44	12	9	5	57
15-18..............	424	137	45	13	9	6	64
19-22..............	408	119	35	15	6	5	59
23-34..............	1,216	155	40	20	9	6	79
35-50..............	1,097	178	43	25	12	8	90
51-64..............	850	196	46	26	14	10	100
65-74..............	446	200	44	32	14	12	98
75 AND OVER.........	240	191	43	27	15	13	94
ALL INDIVIDUALS.......	5/10,462	164	46	20	10	8	79

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4F-3.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1............	5/126	68.3	19.1	2.9	9.6	35.8	62.3
1-2................	5/306	94.2	68.1	27.3	14.2	21.4	80.2
3-5................	521	96.3	71.7	36.3	15.4	15.1	80.3
6-8................	482	95.7	69.4	34.6	17.5	18.5	82.5
MALES:							
9-11...............	264	92.7	70.9	31.3	15.0	14.5	79.2
12-14..............	287	93.9	72.1	36.9	16.5	16.4	85.7
15-18..............	387	93.1	67.4	39.3	15.3	16.2	80.3
19-22..............	318	93.4	63.5	29.3	14.0	13.3	83.8
23-34..............	846	91.3	62.5	39.0	15.9	14.5	80.9
35-50..............	657	94.2	62.7	44.2	17.7	18.5	86.4
51-64..............	565	94.0	61.9	39.2	19.1	18.2	88.2
65-74..............	300	96.2	61.0	46.9	21.4	28.4	89.1
75 AND OVER........	147	92.1	57.0	43.5	20.8	30.1	82.8
FEMALES:							
9-11...............	269	96.7	69.1	35.8	19.5	17.1	82.7
12-14..............	305	95.4	69.1	35.8	17.5	11.0	80.4
15-18..............	424	93.0	65.8	32.9	17.8	14.5	81.0
19-22..............	408	90.0	53.5	32.5	14.0	12.1	80.6
23-34..............	1,216	93.9	59.0	40.4	17.1	14.7	87.4
35-50..............	1,097	96.3	62.4	45.3	20.1	19.6	88.0
51-64..............	850	96.8	64.6	46.5	23.2	21.2	92.2
65-74..............	446	95.9	58.2	47.8	23.7	21.9	87.7
75 AND OVER........	240	92.1	57.8	35.3	23.4	25.7	86.6
ALL INDIVIDUALS.......	5/10,462	94.1	63.1	39.0	18.1	17.9	84.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 46-1.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY, 4/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1	5/150	81	11	1	2	18	49
1-2	5/389	96	31	9	2	5	48
3-5	639	104	39	12	3	5	45
6-8	737	137	48	13	5	6	64
MALES:							
9-11	346	162	62	16	5	9	71
12-14	457	179	69	16	7	8	79
15-18	544	211	86	22	5	6	93
19-22	406	209	83	25	6	5	90
23-34	1,034	231	79	27	8	8	109
35-50	1,122	252	81	31	9	10	121
51-64	870	266	73	36	11	11	135
65-74	361	247	70	31	10	14	121
75 AND OVER	134	278	80	33	18	15	133
FEMALES:							
9-11	402	147	51	16	5	5	70
12-14	451	150	56	18	4	5	68
15-18	546	157	56	21	6	5	69
19-22	493	184	57	30	6	5	86
23-34	1,488	187	50	27	9	8	94
35-50	1,478	200	46	30	10	9	106
51-64	1,043	223	48	37	10	11	117
65-74	408	221	48	31	11	13	118
75 AND OVER	238	222	57	32	8	17	108
ALL INDIVIDUALS	5/13,737	196	59	26	8	8	95

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY, 1977-78, 48 CONTERMINOUS STATES.

TABLE 4G-1.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	5/150	80.3	20.1	1.5	7.1	40.1	66.8
1-2	5/389	96.5	80.2	35.3	13.6	23.2	83.0
3-5	639	98.3	83.2	46.0	11.5	21.8	86.2
6-8	737	99.5	86.8	46.4	15.6	23.9	92.5
MALES:							
9-11	346	98.6	87.4	45.4	14.8	27.9	89.3
12-14	457	100.0	87.1	46.5	16.5	24.0	91.4
15-18	544	98.3	88.6	48.0	11.9	16.2	89.5
19-22	406	99.3	89.1	50.2	10.1	14.8	87.5
23-34	1,034	99.5	84.9	53.0	14.9	17.4	93.7
35-50	1,122	99.0	82.9	52.1	17.3	21.2	95.9
51-64	870	98.8	79.5	54.8	21.1	25.5	97.2
65-74	361	98.8	78.9	47.3	20.2	25.4	93.9
75 AND OVER	134	100.0	78.0	45.1	23.5	27.5	92.9
FEMALES:							
9-11	402	98.6	81.3	43.4	14.3	18.7	93.3
12-14	451	97.7	81.0	50.0	10.8	17.4	90.8
15-18	546	96.7	81.6	50.9	14.1	18.6	88.5
19-22	493	97.6	78.4	54.2	11.7	16.9	90.8
23-34	1,488	98.2	77.0	53.4	17.7	21.9	93.7
35-50	1,478	98.6	73.4	52.0	21.6	24.5	94.5
51-64	1,043	98.8	73.7	52.3	21.4	28.8	96.8
65-74	408	97.9	71.5	52.5	21.3	31.4	94.7
75 AND OVER	238	97.7	72.2	49.5	19.5	32.8	91.6
ALL INDIVIDUALS	5/13,737	98.4	79.6	49.8	16.8	22.7	92.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4G-2.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1.............	5/150	3	1	(6)	0	(6)	1
1-2...............	5/389	9	4	(6)	(6)	(6)	4
3-5...............	639	10	5	1	(6)	(6)	4
6-8...............	737	28	10	2	1	1	14
MALES:							
9-11..............	346	37	15	2	1	1	17
12-14..............	457	37	15	2	1	1	18
15-18..............	544	38	19	3	(6)	1	15
19-22..............	406	53	25	6	1	2	19
23-34..............	1,034	44	18	4	1	1	21
35-50..............	1,122	46	17	5	1	1	22
51-64..............	870	38	13	3	1	1	21
65-74..............	361	25	9	2	1	1	13
75 AND OVER.........	134	25	7	1	(6)	1	16
FEMALES:							
9-11..............	402	30	10	3	(6)	1	16
12-14..............	451	30	13	2	(6)	(6)	13
15-18..............	546	36	16	5	(6)	1	15
19-22..............	493	31	12	4	1	1	13
23-34..............	1,488	31	9	4	1	1	15
35-50..............	1,478	31	8	4	1	1	16
51-64..............	1,043	26	7	3	1	1	14
65-74..............	408	27	8	3	2	1	12
75 AND OVER.........	238	17	5	2	(6)	1	8
ALL INDIVIDUALS.......	5/13,737	32	12	3	1	1	15

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4G-2.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	5/150	6.5	2.7	0.7	0.0	0.6	4.0
1-2	5/389	26.9	20.3	3.7	.9	1.7	12.6
3-5	639	30.3	21.4	7.7	1.5	2.2	13.9
6-8	737	51.1	37.1	11.6	2.9	6.5	36.0
MALES:							
9-11	346	59.5	43.9	15.4	3.7	7.8	43.1
12-14	457	58.8	42.6	15.7	2.5	4.3	40.4
15-18	544	56.0	43.1	15.9	.7	2.0	38.2
19-22	406	57.9	47.2	17.6	1.1	4.0	37.4
23-34	1,034	53.7	39.8	16.3	1.5	3.5	40.0
35-50	1,122	49.0	34.5	15.3	2.4	2.9	36.7
51-64	870	41.0	27.5	13.7	2.1	2.8	35.0
65-74	361	25.7	19.2	5.9	2.8	2.1	19.9
75 AND OVER	134	20.9	12.9	3.8	1.6	2.4	18.4
FEMALES:							
9-11	402	54.4	32.2	11.8	1.7	4.1	40.7
12-14	451	55.2	39.8	16.9	1.2	4.1	38.0
15-18	546	52.8	40.7	18.5	1.2	3.8	36.8
19-22	493	48.8	32.0	16.2	1.7	3.4	34.4
23-34	1,488	46.6	28.0	14.6	2.2	2.9	35.4
35-50	1,478	41.9	22.2	13.5	3.7	3.1	33.6
51-64	1,043	33.9	19.8	9.6	3.8	3.7	29.1
65-74	408	29.5	18.2	9.1	3.7	3.5	25.8
75 AND OVER	238	22.4	14.2	5.8	1.3	2.7	15.5
ALL INDIVIDUALS	5/13,737	44.5	30.1	13.0	2.3	3.4	32.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4G-3.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1.............	5/150	78	10	1	2	18	47
1-2.................	5/389	87	27	9	2	5	44
3-5.................	639	94	34	11	3	5	41
6-8.................	737	109	38	12	4	5	50
MALES:							
9-11................	346	125	46	14	4	7	53
12-14...............	457	142	54	13	6	7	61
15-18...............	544	174	67	19	5	5	78
19-22...............	406	157	58	18	5	4	72
23-34...............	1,034	186	61	24	7	7	88
35-50...............	1,122	206	64	26	8	9	99
51-64...............	870	228	60	33	10	10	114
65-74...............	361	222	60	30	9	14	109
75 AND OVER.........	134	253	73	32	17	14	117
FEMALES:							
9-11................	402	118	41	14	4	5	54
12-14...............	451	120	42	16	3	4	55
15-18...............	546	121	41	16	5	5	54
19-22...............	493	154	45	26	5	4	73
23-34...............	1,488	157	40	23	8	7	79
35-50...............	1,478	169	38	26	9	8	89
51-64...............	1,043	197	41	34	9	11	103
65-74...............	408	194	40	27	9	12	106
75 AND OVER.........	238	206	52	30	8	16	100
ALL INDIVIDUALS.......	5/13,737	164	47	22	7	8	80

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4G-3.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1..............	5/150	79.6	18.6	1.5	7.1	40.1	66.1
1-2................	5/389	94.1	73.4	33.7	12.7	22.4	81.5
3-5................	639	97.2	75.9	42.9	10.1	20.2	85.2
6-8................	737	97.6	76.1	39.9	13.6	18.5	87.1
MALES:							
9-11................	346	94.0	73.8	35.4	12.4	22.3	83.3
12-14................	457	96.4	78.2	36.2	14.6	21.1	82.4
15-18................	544	94.3	78.6	38.3	11.4	14.8	83.4
19-22................	406	87.2	72.1	39.0	9.7	11.2	74.6
23-34................	1,034	94.9	70.1	44.2	13.7	14.7	87.2
35-50................	1,122	95.3	69.3	44.5	15.4	19.0	91.2
51-64................	870	96.4	67.8	47.3	19.4	23.5	92.6
65-74................	361	95.4	69.1	42.8	18.1	24.7	90.3
75 AND OVER..........	134	98.3	72.0	44.1	21.9	26.4	89.0
FEMALES:							
9-11................	402	96.4	72.0	36.0	12.9	16.0	87.3
12-14................	451	94.6	70.0	38.3	9.9	14.3	83.9
15-18................	546	91.6	66.5	40.5	13.1	15.5	79.2
19-22................	493	92.3	67.3	45.7	10.3	13.8	83.5
23-34................	1,488	94.4	64.2	44.1	15.9	19.7	87.6
35-50................	1,478	95.5	64.5	44.6	18.8	21.8	89.2
51-64................	1,043	93.7	65.5	46.9	18.2	26.0	92.9
65-74................	408	96.1	60.8	47.6	19.0	28.4	92.8
75 AND OVER..........	238	95.9	69.3	47.7	18.1	31.4	88.6
ALL INDIVIDUALS.......	5/13,737	94.9	68.7	42.3	15.0	20.1	87.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4H-1.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1..............	5/145	63	11	1	1	15	35
1-2................	5/339	104	42	14	2	5	42
3-5................	558	116	44	14	2	3	52
6-8................	622	149	58	13	3	5	69
MALES:							
9-11................	329	183	74	18	5	7	79
12-14...............	406	196	81	21	4	7	82
15-18...............	462	238	102	26	7	7	95
19-22...............	306	241	91	31	8	5	106
23-34...............	837	249	97	30	7	8	107
35-50...............	791	264	93	33	7	11	119
51-64...............	726	301	95	42	11	11	142
65-74...............	388	270	83	32	13	14	129
75 AND OVER..........	184	245	84	38	12	9	102
FEMALES:							
9-11................	340	173	68	17	4	6	78
12-14...............	392	175	67	21	5	6	76
15-18...............	503	169	67	18	4	7	73
19-22...............	416	173	52	23	3	6	89
23-34...............	1,175	185	57	26	6	8	89
35-50...............	1,184	200	58	30	7	8	98
51-64...............	1,044	226	61	33	9	11	111
65-74...............	522	230	59	32	11	14	114
75 AND OVER..........	273	206	55	26	12	13	100
ALL INDIVIDUALS.......	5/11,943	206	70	26	7	8	95

[1] SEE "TABLE NOTES," APPENDIX B.
[2] MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
[3] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[4] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[5] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4H-1.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1.............	5/145	66.9	21.1	2.6	3.1	28.3	51.9
1-2.................	5/339	97.0	80.1	33.2	8.5	16.8	80.2
3-5.................	558	97.4	79.7	45.1	7.2	16.2	88.2
6-8.................	622	99.2	87.5	42.6	9.4	22.9	91.5
MALES:							
9-11................	329	98.8	88.6	42.3	11.3	24.5	93.2
12-14...............	406	98.8	86.0	47.8	9.8	22.1	91.1
15-18...............	462	98.9	88.1	47.6	14.2	19.7	88.9
19-22...............	306	98.4	82.8	54.4	11.9	12.1	89.3
23-34...............	837	99.0	88.2	54.2	13.1	16.7	93.5
35-50...............	791	98.9	84.3	49.4	12.5	22.6	94.2
51-64...............	726	99.5	84.2	50.6	18.0	19.6	95.8
65-74...............	388	98.9	84.7	45.0	20.8	30.3	92.4
75 AND OVER.........	184	97.0	74.6	43.2	14.1	20.0	86.9
FEMALES:							
9-11................	340	98.7	86.4	45.4	10.4	[illegible]	93.6
12-14...............	392	98.6	84.1	47.4	12.7	21.7	88.6
15-18...............	503	97.4	83.1	44.1	8.5	19.6	87.0
19-22...............	[illegible]	97.2	73.7	46.7	7.6	19.7	89.1
23-34...............	1,175	98.6	78.3	47.8	13.0	19.5	94.4
35-50...............	1,184	98.5	[illegible]	50.9	14.2	19.9	93.8
51-64...............	1,044	99.5	78.4	49.7	19.5	26.7	96.0
65-74...............	522	99.0	77.4	47.1	20.9	29.7	94.2
75 AND OVER.........	273	98.6	67.2	38.6	18.7	27.0	91.9
ALL INDIVIDUALS.......	5/11,943	98.2	80.9	47.0	13.4	21.4	91.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4H-2.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1.............	5/145	1	(6)	0	0	0	1
1-2................	5/339	12	5	1	1	(6)	5
3-5................	558	17	7	2	(6)	(6)	8
6-8................	622	40	14	2	1	2	20
MALES:							
9-11...............	329	50	18	4	2	2	24
12-14..............	406	45	18	4	1	2	21
15-18..............	462	47	21	3	1	1	20
19-22..............	306	56	25	5	2	1	23
23-34..............	837	51	21	6	1	2	21
35-50..............	791	42	17	3	1	1	19
51-64..............	726	35	13	2	(6)	1	18
65-74..............	388	22	9	1	1	1	10
75 AND OVER.........	184	20	11	1	(6)	1	7
FEMALES:							
9-11...............	340	44	15	3	1	2	23
12-14..............	392	35	14	3	1	1	16
15-18..............	503	39	15	3	1	1	19
19-22..............	416	35	13	5	(6)	1	16
23-34..............	1,175	29	10	4	1	2	13
35-50..............	1,184	25	8	3	1	1	13
51-64..............	1,044	23	8	2	1	1	11
65-74..............	522	20	7	1	1	1	10
75 AND OVER.........	273	12	4	2	(6)	1	5
ALL INDIVIDUALS.......	5/11,943	33	12	3	1	1	15

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4H-2.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	-----PERCENT-----					
MALES AND FEMALES:							
UNDER 1..............	5/145	3.6	1.8	0.0	0.0	0.0	2.9
1-2.................	5/339	27.6	21.9	5.7	.4	1.1	13.9
3-5.................	558	37.5	26.0	9.3	1.4	2.9	22.7
6-8.................	622	64.0	45.7	13.3	3.2	11.[illegible]	48.4
MALES:							
9-11................	329	65.6	45.7	17.1	4.6	11.1	52.4
12-14...............	406	62.8	45.1	17.5	2.5	10.1	45.8
15-18...............	462	59.4	44.7	17.8	3.1	6.4	43.1
19-22...............	306	50.4	42.0	16.7	1.5	1.9	35.3
23-34...............	837	55.8	42.3	18.6	2.7	3.2	39.2
35-50...............	791	44.7	35.0	10.6	1.0	2.9	33.3
51-64...............	726	33.9	25.8	8.2	1.0	2.8	28.8
65-74...............	388	27.6	21.2	5.3	2.2	4.5	23.7
75 AND OVER.........	184	24.2	18.6	4.1	.5	2.5	18.7
FEMALES:							
9-11................	340	69.8	50.2	16.8	2.9	10.5	50.7
12-14...............	392	59.7	44.9	17.[illegible]	2.2	6.2	37.7
15-18...............	503	57.6	39.5	15.9	1.1	6.2	40.2
19-22...............	416	52.8	33.6	17.9	1.3	4.3	37.2
23-34...............	1,175	40.5	26.9	12.2	2.2	4.0	31.3
35-50...............	1,184	35.7	23.4	9.3	2.7	3.7	27.1
51-64...............	1,044	31.2	20.5	7.9	2.8	3.9	26.7
65-74...............	522	28.4	16.4	4.5	2.5	3.1	24.4
75 AND OVER.........	273	17.1	10.5	4.1	.7	2.3	14.1
ALL INDIVIDUALS.......	5/11,943	43.7	31.1	11.6	2.1	4.7	32.5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4H-3.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1.............	5/145	62	11	1	1	15	34
1-2.................	5/339	93	37	13	2	4	37
3-5.................	558	98	37	12	2	3	44
6-8.................	622	109	44	11	2	4	49
MALES:							
9-11................	329	133	57	14	3	4	55
12-14...............	406	151	63	17	3	6	62
15-18...............	462	191	81	22	6	6	75
19-22...............	306	185	65	26	6	4	83
23-34...............	837	198	77	24	6	6	86
35-50...............	791	223	76	30	6	10	101
51-64...............	726	266	82	40	11	9	124
65-74...............	388	247	74	31	12	13	119
75 AND OVER.........	184	225	73	38	12	8	94
FEMALES:							
9-11................	340	129	53	14	3	4	55
12-14...............	392	140	53	18	4	5	60
15-18...............	503	130	53	15	3	5	54
19-22...............	416	138	40	17	3	5	73
23-34...............	1,175	157	47	22	5	6	77
35-50...............	1,184	175	50	28	6	7	85
51-64...............	1,044	202	53	30	8	11	100
65-74...............	522	210	52	31	10	13	104
75 AND OVER.........	273	194	52	24	12	12	94
ALL INDIVIDUALS.......	5/11,943	174	57	23	6	7	80

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4H-3.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	5/145	65.7	19.2	2.6	3.1	28.3	50.7
1-2	5/339	92.9	70.7	29.1	8.0	15.7	77.8
3-5	558	95.1	71.0	39.8	6.1	14.2	85.0
6-8	622	95.3	73.1	34.5	6.3	13.6	83.4
MALES:							
9-11	329	95.9	77.0	32.3	8.0	14.1	84.4
12-14	406	94.7	71.8	36.7	7.6	13.2	81.6
15-18	462	93.1	73.9	38.0	12.0	14.6	79.9
19-22	306	88.8	64.4	43.2	10.4	10.2	78.0
23-34	837	94.0	75.9	43.3	10.4	13.9	87.4
35-50	791	96.9	73.7	43.7	11.5	20.2	90.6
51-64	726	96.9	74.4	46.0	17.3	17.0	91.6
65-74	388	97.2	75.7	42.7	18.8	27.0	88.9
75 AND OVER	184	94.4	67.9	40.6	13.6	17.5	81.9
FEMALES:							
9-11	340	93.7	72.2	35.3	8.9	13.7	83.8
12-14	392	97.1	71.9	39.3	10.9	16.2	81.5
15-18	503	90.5	67.7	34.8	7.4	14.6	76.1
19-22	416	91.3	59.2	36.7	6.3	16.4	80.0
23-34	1,175	95.0	68.2	42.6	11.5	16.1	89.1
35-50	1,184	96.0	66.5	45.7	11.8	17.1	90.1
51-64	1,044	97.4	70.3	45.9	17.4	24.2	91.3
65-74	522	97.3	70.6	43.8	18.8	27.7	91.1
75 AND OVER	273	97.0	63.6	35.8	18.6	25.6	88.6
ALL INDIVIDUALS	5/11,943	94.8	70.0	40.5	11.7	17.6	85.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4I-1.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1.............	5/322	76	11	1	2	18	45
1-2.................	5/814	98	35	11	2	6	44
3-5.................	1,327	109	41	14	2	5	47
6-8.................	1,482	140	53	13	4	6	64
MALES:							
9-11................	750	168	68	16	4	7	72
12-14...............	923	187	76	19	5	8	79
15-18...............	1,115	220	92	24	5	7	92
19-22...............	850	220	87	26	4	6	97
23-34...............	2,393	235	84	30	8	8	106
35-50...............	2,228	258	86	33	8	10	121
51-64...............	1,923	281	82	39	9	11	139
65-74...............	932	262	75	34	10	15	127
75 AND OVER.........	399	253	77	33	10	14	119
FEMALES:							
9-11................	795	158	59	16	4	7	72
12-14...............	905	158	61	19	3	5	69
15-18...............	1,164	163	62	20	4	6	72
19-22...............	1,045	177	55	27	5	6	86
23-34...............	3,298	186	51	28	7	8	93
35-50...............	3,114	202	52	31	8	8	103
51-64...............	2,542	225	55	35	9	12	115
65-74...............	1,207	225	54	33	10	14	114
75 AND OVER.........	688	213	56	30	10	14	103
ALL INDIVIDUALS.......	5/30,215	201	64	27	7	9	96

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4I-1.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	5/322	73.4	21.3	2.7	6.1	36.2	62.2
1-2	5/814	97.3	81.2	36.4	10.9	22.3	82.7
3-5	1,327	98.6	83.1	47.1	8.3	19.8	86.6
6-8	1,482	99.3	87.5	45.6	12.3	24.4	91.3
MALES:							
9-11	750	98.8	88.8	45.1	11.6	25.2	90.5
12-14	923	99.5	86.8	48.1	12.4	22.6	91.9
15-18	1,115	98.6	89.1	49.8	10.6	18.7	88.5
19-22	850	98.9	86.2	49.1	8.5	14.0	89.0
23-34	2,393	99.5	86.0	53.9	14.4	17.1	93.3
35-50	2,228	99.3	84.2	51.5	14.8	22.1	94.4
51-64	1,923	99.2	82.6	53.0	18.5	22.9	56.7
65-74	932	98.4	80.3	48.0	20.2	29.[illegible]	92.7
75 AND OVER	399	97.4	75.0	45.9	17.4	27.2	90.7
FEMALES:							
9-11	795	98.7	85.6	44.9	12.6	22.9	93.8
12-14	905	97.8	83.6	48.2	9.9	18.7	89.2
15-18	1,164	97.4	83.3	48.5	9.8	18.4	88.3
19-22	1,045	96.7	75.0	50.8	10.0	18.1	89.0
23-34	3,298	98.6	76.7	52.1	15.5	20.0	94.3
35-50	3,114	98.7	75.5	53.4	17.9	23.0	94.4
51-64	2,542	99.3	76.9	52.8	20.1	28.2	96.9
65-74	1,207	98.6	73.7	51.4	21.1	30.1	94.0
75 AND OVER	688	98.0	70.9	43.1	20.6	29.7	92.6
ALL INDIVIDUALS	5/30,215	98.4	80.4	49.6	14.8	22.5	92.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 41-2.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1...............	5/322	1	(6)	(6)	0	(6)	1
1-2.................	5/814	11	5	1	(6)	(6)	5
3-5.................	1,327	13	5	1	(6)	(6)	5
6-8.................	1,482	31	12	2	1	1	15
MALES:							
9-11.................	750	42	16	3	1	1	20
12-14.................	923	39	16	3	1	1	18
15-18.................	1,115	41	20	3	1	1	16
19-22.................	850	53	26	5	1	1	20
23-34.................	2,393	50	20	5	1	1	23
35-50.................	2,228	46	17	4	1	1	22
51-64.................	1,923	39	13	4	1	1	21
65-74.................	932	26	9	2	1	1	13
75 AND OVER..........	399	23	8	1	1	1	13
FEMALES:							
9-11.................	795	33	12	3	(6)	1	16
12-14.................	905	30	13	3	(6)	1	13
15-18.................	1,164	35	14	4	(6)	1	15
19-22.................	1,045	35	13	5	1	1	15
23-34.................	3,298	32	10	4	1	1	16
35-50.................	3,114	29	9	4	1	1	15
51-64.................	2,542	27	8	3	1	1	14
65-74.................	1,207	24	8	2	1	1	12
75 AND OVER..........	688	15	5	2	1	1	7
ALL INDIVIDUALS........	5/30,215	33	12	3	1	1	16

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4I-2.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	5/322	4.4	1.8	0.3	0.0	0.3	3.3
1-2	5/814	28.2	21.6	5.2	.9	1.8	14.4
3-5	1,327	32.8	23.0	8.2	.9	2.5	17.2
6-8	1,482	54.9	40.3	12.7	2.6	8.5	39.2
MALES:							
9-11	750	60.8	44.5	15.8	3.6	8.1	45.3
12-14	923	58.5	42.5	15.8	2.4	6.7	40.3
15-18	1,115	57.0	43.9	16.2	1.6	4.3	38.4
19-22	850	54.7	44.0	14.7	1.5	2.9	36.5
23-34	2,393	57.7	42.5	18.8	2.3	3.4	42.2
35-50	2,228	48.4	34.9	13.5	2.0	3.1	36.5
51-64	1,923	38.7	27.6	12.2	2.0	3.3	33.1
65-74	932	29.3	19.9	6.1	2.5	4.0	24.4
75 AND OVER	399	22.8	15.8	3.5	1.7	3.1	19.0
FEMALES:							
9-11	795	58.4	40.2	13.5	1.7	7.1	42.0
12-14	905	55.9	42.7	16.8	1.4	4.6	36.6
15-18	1,164	54.9	40.2	17.1	.8	4.6	37.9
19-22	1,045	52.9	35.6	18.5	1.7	4.0	37.2
23-34	3,298	46.0	28.1	14.3	2.6	3.4	36.2
35-50	3,114	40.9	24.4	12.0	3.3	3.4	31.7
51-64	2,542	35.4	21.1	9.3	3.3	4.0	30.3
65-74	1,207	30.9	18.0	6.1	3.0	4.2	26.9
75 AND OVER	688	21.2	13.3	5.8	2.1	2.5	16.2
ALL INDIVIDUALS	5/30,215	44.8	30.9	12.6	2.3	4.0	33.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4I-3.1.--VEGETABLES[1]/[2]/
AVERAGE INTAKE[3]/ PER INDIVIDUAL PER DAY,[4]/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1.............	5/322	75	10	1	2	18	44
1-2................	5/814	87	30	11	2	5	39
3-5................	1,327	96	36	12	2	4	42
6-8................	1,482	109	41	11	3	5	49
MALES:							
9-11...............	750	126	52	14	3	6	52
12-14..............	923	148	60	16	4	6	61
15-18..............	1,115	179	72	21	4	6	76
19-22..............	850	167	61	21	3	4	77
23-34..............	2,393	185	64	24	7	7	83
35-50..............	2,228	213	69	29	7	9	99
51-64..............	1,923	242	69	36	9	10	118
65-74..............	932	236	66	32	9	14	114
75 AND OVER.........	399	230	69	32	10	13	106
FEMALES:							
9-11...............	795	125	47	13	4	5	56
12-14..............	905	127	47	17	3	5	56
15-18..............	1,164	128	47	16	3	5	57
19-22..............	1,045	142	42	22	4	5	70
23-34..............	3,298	154	41	23	6	6	77
35-50..............	3,114	173	43	27	7	8	88
51-64..............	2,542	198	47	32	8	11	101
65-74..............	1,207	202	46	32	9	12	102
75 AND OVER.........	688	198	51	28	9	13	96
ALL INDIVIDUALS.......	5/30,215	169	51	24	6	8	80

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[1]/ SEE "TABLE NOTES," APPENDIX B.
[2]/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
[3]/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[4]/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[5]/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4I-3.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	5/322	77.8	19.8	2.7	6.1	36.2	61.7
1-2	5/814	94.0	72.8	33.6	10.0	20.8	80.5
3-5	1,327	96.7	75.4	42.7	7.5	18.1	84.4
6-8	1,482	96.6	75.3	38.1	10.2	17.3	85.3
MALES:							
9-11	750	94.7	75.4	35.0	8.7	18.5	83.5
12-14	923	96.1	76.2	38.3	10.4	17.7	84.0
15-18	1,115	93.6	76.7	41.0	9.4	15.6	81.8
19-22	850	89.1	68.7	39.7	7.4	11.2	78.1
23-34	2,393	93.5	70.4	43.1	12.3	14.1	85.6
35-50	2,228	95.7	71.1	44.9	13.1	19.6	89.8
51-64	1,923	96.1	70.6	46.2	16.8	20.3	91.8
65-74	932	95.9	70.6	45.1	18.1	27.3	89.1
75 AND OVER	399	95.2	68.3	44.3	15.7	24.7	85.3
FEMALES:							
9-11	795	95.9	74.1	36.6	11.6	17.0	85.8
12-14	905	95.6	72.2	38.4	8.8	15.2	82.6
15-18	1,164	91.6	68.2	39.0	9.1	14.8	78.7
19-22	1,045	91.4	60.9	41.1	8.5	14.8	81.5
23-34	3,298	94.6	64.5	43.8	13.4	17.4	88.2
35-50	3,114	95.9	65.1	46.7	15.2	20.3	89.7
51-64	2,542	96.8	68.0	48.0	17.4	25.3	92.3
65-74	1,207	96.6	64.3	47.6	18.7	27.0	91.1
75 AND OVER	688	95.4	66.3	40.6	18.6	28.1	88.7
ALL INDIVIDUALS	5/30,215	94.8	68.9	42.5	12.9	19.3	86.6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4J-1.1.--VEGETABLES 1/ 2/
AVERAGE INTAKE 3/ PER INDIVIDUAL PER DAY, 4/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1...........	5/68	95	13	1	3	20	58
1-2................	5/158	100	35	3	8	5	48
3-5................	276	120	41	7	11	6	55
6-8................	255	173	57	11	16	8	81
MALES:							
9-11................	137	169	59	13	15	7	75
12-14................	173	188	64	10	19	10	85
15-18................	226	206	70	9	26	8	93
19-22................	136	198	60	19	21	12	85
23-34................	229	219	67	17	20	12	103
35-50................	254	237	58	20	28	12	119
51-64................	195	230	53	23	29	12	112
65-74................	99	213	52	23	29	17	92
75 AND OVER.........	62	217	50	28	42	10	87
FEMALES:							
9-11................	154	185	58	15	16	6	89
12-14................	172	176	54	14	19	6	83
15-18................	243	165	58	9	17	9	72
19-22................	192	139	44	10	12	6	67
23-34................	421	189	57	13	22	8	89
35-50................	493	192	48	23	23	8	90
51-64................	331	206	49	22	27	10	98
65-74................	151	202	46	18	26	12	100
75 AND OVER.........	59	200	26	22	37	16	100
ALL INDIVIDUALS.......	5/4,485	185	53	15	21	9	87

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4J-1.2.--VEGETABLES[1]/[2]/
PERCENTAGE OF INDIVIDUALS USING,[3]/[4]/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	[5]/68	71.4	22.2	1.3	9.8	29.0	61.2
1-2	[5]/158	95.7	71.3	19.5	21.8	16.4	80.0
3-5	276	98.0	75.3	30.7	30.0	17.0	84.9
6-8	255	100.0	82.4	38.7	32.5	18.7	93.4
MALES:							
9-11	137	98.3	86.3	34.3	29.5	15.3	88.6
12-14	173	99.0	84.9	43.4	28.5	20.5	91.4
15-18	226	99.1	75.4	35.9	33.0	14.4	86.6
19-22	136	98.5	72.9	39.5	34.4	16.7	89.7
23-34	229	98.1	75.2	32.1	29.1	18.8	89.9
35-50	254	98.1	65.5	45.0	32.2	20.0	92.9
51-64	195	99.0	54.5	36.6	36.3	18.2	90.6
65-74	99	100.0	62.6	36.1	33.4	25.3	93.8
75 AND OVER	62	91.5	48.5	31.3	35.7	17.5	75.0
FEMALES:							
9-11	154	100.0	75.9	45.1	31.1	12.1	93.4
12-14	172	99.3	75.9	41.4	34.2	15.6	90.8
15-18	243	98.9	78.5	34.6	30.9	17.9	87.6
19-22	192	96.5	67.1	29.4	24.0	15.3	88.1
23-34	421	97.9	72.1	37.2	31.4	15.9	90.7
35-50	493	98.7	66.7	42.0	34.1	18.5	88.7
51-64	331	98.8	64.1	39.3	36.7	16.1	91.8
65-74	151	96.2	60.3	32.5	30.3	18.0	87.3
75 AND OVER	59	97.7	38.3	28.7	35.0	21.5	85.1
ALL INDIVIDUALS	[5]/4,485	97.9	70.3	36.3	31.4	17.6	88.8

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[1]/ SEE "TABLE NOTES," APPENDIX B.
[2]/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
[3]/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[4]/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[5]/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4J-2.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1..............	5/68	4	3	1	0	0	0
1-2................	5/158	6	2	(6)	(6)	(6)	3
3-5................	276	17	7	(6)	1	1	7
6-8................	255	46	14	3	3	1	25
MALES:							
9-11................	137	38	14	4	2	2	16
12-14................	173	41	17	2	2	1	19
15-18................	226	33	14	2	2	1	14
19-22................	136	29	12	5	2	1	8
23-34................	229	35	12	4	2	2	16
35-50................	254	32	11	1	4	2	14
51-64................	195	19	6	2	1	3	7
65-74................	99	7	2	1	1	0	4
75 AND OVER..........	62	6	4	2	0	0	(6)
FEMALES:							
9-11................	154	52	15	4	3	1	[illegible]
12-14................	172	34	12	1	1	1	19
15-18................	243	33	15	1	(6)	1	16
19-22................	192	21	10	2	1	1	8
23-34................	421	25	10	2	2	(6)	11
35-50................	493	15	3	2	1	(6)	8
51-64................	331	13	4	2	2	1	4
65-74................	151	4	2	(6)	(6)	(6)	2
75 AND OVER..........	59	5	2	0	(6)	0	3
ALL INDIVIDUALS.......	5/4,485	25	9	2	2	1	11

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4J-2.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING 3/4/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1..............	5/68	2.7	2.7	1.3	0.0	0.0	0.0
1-2.................	5/158	14.0	9.7	2.7	1.0	1.3	8.1
3-5.................	276	28.0	19.9	5.7	3.5	4.3	18.2
6-8.................	255	59.8	39.8	12.4	7.3	5.5	44.2
MALES:							
9-11................	137	61.9	41.4	13.6	5.5	5.0	42.6
12-14...............	173	63.5	41.8	18.5	3.6	5.3	45.9
15-18...............	226	54.5	36.8	11.8	3.2	1.8	37.5
19-22...............	136	43.4	34.5	19.2	4.0	3.2	28.3
23-34...............	229	41.6	27.9	12.5	3.7	3.1	28.7
35-50...............	254	31.6	22.9	9.6	5.3	2.7	24.6
51-64...............	195	23.9	13.3	9.1	1.8	2.8	17.6
65-74...............	99	13.8	9.7	4.3	3.3	.0	9.4
75 AND OVER.........	62	5.8	5.8	3.9	.0	.0	3.9
FEMALES:							
9-11................	154	61.5	38.1	18.8	6.4	2.4	50.6
12-14...............	172	53.3	35.6	9.2	2.8	2.6	35.7
15-18...............	243	56.0	42.0	11.2	.7	3.0	35.1
19-22...............	192	29.4	25.7	6.8	1.7	2.9	19.8
23-34...............	421	37.1	22.2	8.0	3.5	.8	24.9
35-50...............	493	21.3	11.4	6.4	2.9	.4	15.8
51-64...............	331	19.4	8.8	5.6	3.7	1.9	14.4
65-74...............	151	5.1	2.9	1.2	.5	.9	3.7
75 AND OVER.........	59	9.9	6.6	.0	1.4	.0	9.9
ALL INDIVIDUALS.......	5/4,485	35.4	23.5	9.0	3.3	2.4	24.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4J-3.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1..............	5/68	90	9	0	3	20	58
1-2..................	5/158	93	33	3	7	5	45
3-5..................	276	104	34	7	10	5	48
6-8..................	255	127	43	8	13	6	56
MALES:							
9-11.................	137	130	45	9	13	5	59
12-14................	173	147	48	7	18	9	66
15-18................	226	173	56	7	24	7	78
19-22................	136	169	48	14	20	11	77
23-34................	229	184	55	13	18	11	88
35-50................	254	206	47	19	24	11	105
51-64................	195	211	47	22	28	9	105
65-74................	99	205	50	23	28	17	88
75 AND OVER..........	62	211	46	27	42	10	87
FEMALES:							
9-11.................	154	132	43	11	14	5	[illegible]
12-14................	172	142	42	13	18	6	[illegible]
15-18................	243	133	43	8	17	8	56
19-22................	192	118	34	8	11	6	59
23-34................	421	164	47	11	20	8	78
35-50................	493	177	45	21	22	8	82
51-64................	331	193	45	20	26	9	93
65-74................	151	198	46	17	25	11	98
75 AND OVER..........	59	195	24	22	36	16	97
ALL INDIVIDUALS.......	5/4,485	160	44	13	19	8	75

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 4J-3.2.--VEGETABLES1/2/

PERCENTAGE OF INDIVIDUALS USING,3/4/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1.............	5/68	71.4	20.9	0.0	9.8	29.0	61.2
1-2................	5/158	94.8	67.0	17.8	21.2	15.1	80.0
3-5................	276	97.4	65.9	26.7	27.7	13.0	82.9
6-8................	255	97.0	65.9	29.6	26.3	14.8	83.6
MALES:							
9-11................	137	94.0	65.3	24.2	26.3	11.9	82.6
12-14...............	173	92.7	66.3	28.4	26.4	15.1	81.2
15-18...............	226	93.5	60.8	26.3	29.8	12.9	77.5
19-22...............	136	93.5	56.3	26.6	32.6	14.7	81.5
23-34...............	229	93.7	63.4	24.2	25.4	15.7	79.9
35-50...............	254	94.6	52.7	39.1	26.9	17.3	88.1
51-64...............	195	93.0	49.0	30.2	34.9	15.8	83.2
65-74...............	99	100.0	58.0	34.2	32.5	25.3	93.0
75 AND OVER..........	62	91.5	46.6	27.4	35.7	17.5	75.0
FEMALES:							
9-11................	154	95.2	59.6	33.1	24.6	10.1	79.0
12-14...............	172	98.4	61.3	36.8	32.8	13.0	81.1
15-18...............	243	92.0	60.8	25.0	30.6	14.9	78.1
19-22...............	192	89.9	55.1	24.4	22.3	12.4	79.8
23-34...............	421	95.2	62.3	32.5	28.1	15.2	87.0
35-50...............	493	95.9	61.1	38.3	31.5	18.1	84.2
51-64...............	331	98.6	58.8	37.1	33.4	14.2	90.9
65-74...............	151	94.9	57.8	31.9	29.8	17.6	86.1
75 AND OVER..........	59	94.0	33.1	28.7	33.6	21.5	81.5
ALL INDIVIDUALS.......	5/4,485	94.7	59.4	30.2	28.7	15.4	83.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

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TABLE 4K-1.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ SPRING 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1..............	5/75	81	13	2	1	17	48
1-2..................	5/246	96	31	8	3	6	48
3-5..................	404	107	39	12	3	3	49
6-8..................	428	137	48	13	5	5	65
MALES:							
9-11.................	196	156	60	14	3	4	75
12-14................	296	172	69	16	9	6	71
15-18................	365	218	92	19	11	5	91
19-22................	256	234	98	22	10	4	100
23-34................	708	242	90	30	7	6	109
35-50................	714	249	84	29	10	7	119
51-64................	579	274	83	33	12	10	137
65-74................	270	259	72	29	13	13	131
75 AND OVER..........	114	271	85	31	22	10	122
FEMALES:							
9-11.................	222	138	50	15	5	3	65
12-14................	295	158	58	20	7	4	70
15-18................	374	164	61	21	8	5	70
19-22................	300	174	57	21	7	4	85
23-34................	865	179	50	24	8	6	91
35-50................	838	187	49	26	10	6	96
51-64................	715	222	57	29	12	9	116
65-74................	346	231	53	27	14	14	122
75 AND OVER..........	173	214	54	25	16	12	106
ALL INDIVIDUALS.......	5/8,780	198	64	23	9	7	95

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 4K-1.2.--VEGETABLES1/2/

PERCENTAGE OF INDIVIDUALS USING,3/4/ SPRING 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1..............	5/75	76.7	21.5	5.[illegible]	4.2	40.1	63.1
1-2.................	5/245	97.3	76.9	30.1	12.0	19.1	83.0
3-5.................	404	99.1	82.2	47.7	11.5	16.6	86.1
6-8.................	428	98.3	86.4	42.8	12.1	18.5	90.5
MALES:							
9-11................	196	99.2	90.3	38.8	10.1	17.6	88.0
12-14...............	296	98.6	84.2	46.5	16.1	19.1	89.2
15-18...............	365	98.7	84.8	44.4	15.8	1[illegible].6	88.1
19-22...............	256	97.7	83.6	46.6	13.6	11.1	87.9
23-34...............	708	99.7	84.9	52.8	13.2	15.1	94.2
35-50...............	714	99.4	79.7	51.9	16.2	18.5	94.8
51-64...............	579	98.9	81.5	48.2	20.8	21.3	96.4
65-74...............	270	98.2	72.8	46.5	21.6	24.0	94.7
75 AND OVER.........	114	97.9	78.0	42.1	32.0	1[illegible].4	96.4
FEMALES:							
9-11................	222	98.5	79.6	47.5	13.4	14.9	94.3
12-14...............	295	97.4	82.5	51.0	16.3	14.4	88.7
15-18...............	374	97.7	81.0	51.0	16.7	17.4	90.2
19-22...............	300	98.1	79.4	46.5	15.2	15.7	90.[illegible]
23-34...............	865	98.1	76.2	50.0	16.5	16.7	92.3
35-50...............	838	99.3	72.2	52.0	20.8	17.6	95.0
51-64...............	715	99.2	73.8	48.5	23.5	23.4	97.7
65-74...............	346	98.3	71.0	46.3	25.0	25.0	96.9
75 AND OVER.........	173	99.2	68.6	40.6	26.2	25.8	93.5
ALL INDIVIDUALS.......	5/8,78[illegible]	98.5	78.6	47.[illegible]	17.3	18.6	92.3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 4K-2.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ SPRING 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1	5/75	2	1	(6)	0	0	2
1-2	5/246	10	5	1	1	(6)	3
3-5	404	16	7	2	(6)	1	6
6-8	428	32	13	2	1	1	15
MALES:							
9-11	196	36	18	2	0	1	15
12-14	295	32	15	3	1	1	12
15-18	365	35	18	3	1	1	12
19-22	256	55	28	5	2	1	18
23-34	708	50	23	5	1	1	20
35-50	714	43	[illegible]	5	1	2	22
51-64	579	41	14	3	1	1	22
65-74	270	26	9	1	1	1	13
75 AND OVER	114	21	8	1	(6)	2	10
FEMALES:							
9-11	222	23	10	2	1	1	14
12-14	295	30	15	3	(6)	(6)	12
15-18	374	33	15	4	(6)	1	13
19-22	300	37	15	4	1	1	17
23-34	865	37	12	5	1	2	17
35-50	838	[illegible]	9	3	1	1	14
51-64	715	[illegible]	7	3	1	1	13
65-74	346	23	7	2	1	2	12
75 AND OVER	173	13	5	2	1	1	4
ALL INDIVIDUALS	5/8,780	33	13	3	1	1	15

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 4K-2.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ SPRING 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1..............	5/75	6.5	5.2	1.3	0.0	0.0	4.1
1-2.................	5/246	31.1	25.2	6.1	1.0	1.9	11.0
3-5.................	404	37.0	24.9	10.9	1.3	3.5	18.6
6-8.................	428	55.5	41.7	12.0	2.3	5.2	36.5
MALES:							
9-11................	196	59.2	47.8	14.8	.0	7.0	40.0
12-14...............	296	53.5	36.2	17.8	1.3	6.4	37.5
15-18...............	365	53.4	40.4	16.7	2.0	3.0	37.5
19-22...............	256	53.4	41.0	16.2	1.0	3.0	38.3
23-34...............	708	56.4	43.6	18.5	3.2	2.3	38.0
35-50...............	714	48.4	33.4	16.2	2.1	3.9	38.1
51-64...............	579	36.5	25.8	10.1	1.9	2.9	31.9
65-74...............	270	31.4	20.7	6.2	2.6	4.3	25.7
75 AND OVER.........	114	21.9	14.6	4.7	.9	5.1	17.3
FEMALES:							
9-11................	222	51.7	34.4	13.7	2.2	5.3	34.4
12-14...............	295	57.3	43.9	17.6	1.4	2.3	35.5
15-18...............	374	52.4	37.9	16.9	.6	4.6	35.1
19-22...............	300	51.7	38.9	14.0	2.2	2.9	36.0
23-34...............	865	49.3	31.6	15.4	3.5	3.7	37.9
35-50...............	838	39.5	22.9	12.2	[illegible]	2.8	31.9
51-64...............	715	31.1	17.6	7.4	[illegible]	3.4	28.2
65-74...............	346	28.9	14.6	5.8	2.5	4.9	25.5
75 AND OVER.........	173	20.1	11.5	5.9	2.2	2.4	15.7
ALL INDIVIDUALS.......	5/8,780	44.3	30.7	12.8	2.3	3.7	32.3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 4K-3.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ SPRING 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1................	5/75	79	12	2	1	17	46
1-2....................	5/246	95	25	7	2	5	45
3-5....................	404	91	32	10	3	3	44
6-8....................	428	105	36	11	4	4	50
MALES:							
9-11...................	196	120	42	12	3	3	60
12-14..................	296	141	54	14	9	5	59
15-18..................	365	182	74	15	10	5	78
19-22..................	256	179	70	16	8	3	82
23-34..................	708	192	67	25	6	5	89
35-50..................	714	203	66	24	9	6	97
51-64..................	579	233	69	29	11	8	115
65-74..................	270	233	63	28	12	12	118
75 AND OVER............	114	250	77	30	22	9	112
FEMALES:							
9-11...................	222	110	40	12	4	2	51
12-14..................	295	123	43	17	6	3	56
15-18..................	374	131	46	17	8	4	56
19-22..................	300	137	42	17	6	3	68
23-34..................	865	142	38	20	6	5	73
35-50..................	838	160	41	23	9	5	82
51-64..................	715	197	50	25	11	8	102
65-74..................	346	203	46	26	13	12	110
75 AND OVER............	173	200	50	23	15	11	102
ALL INDIVIDUALS........	5/8,780	163	51	20	8	6	81

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 4K-3.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ SPRING 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	5/75	75.5	17.3	5.0	4.2	40.1	60.7
1-2	5/246	92.0	66.2	27.1	10.9	17.2	80.5
3-5	404	95.5	71.2	42.2	10.5	13.3	82.9
6-8	428	94.0	74.1	35.8	10.4	13.3	83.2
MALES:							
9-11	196	91.9	70.4	28.5	10.1	12.9	82.2
12-14	296	91.1	71.8	35.2	15.5	14.3	78.2
15-18	365	95.2	73.2	35.2	14.8	14.4	82.0
19-22	256	89.1	68.0	34.5	12.6	8.2	77.7
23-34	708	94.4	67.0	42.0	10.2	15.2	86.6
35-50	714	94.3	65.6	44.2	14.8	15.2	89.1
51-64	579	95.4	70.9	42.9	19.1	18.6	90.7
65-74	270	95.3	64.5	42.8	19.6	22.3	90.5
75 AND OVER	114	96.4	70.7	40.9	31.1	14.3	91.3
FEMALES:							
9-11	222	94.7	67.8	36.1	11.2	10.0	86.7
12-14	295	93.7	68.1	39.0	15.2	12.5	83.9
15-18	374	91.1	65.0	39.1	16.4	12.7	80.2
19-22	300	92.5	62.5	39.0	12.9	13.5	82.2
23-34	865	92.5	61.0	40.7	13.5	13.6	84.8
35-50	838	95.5	63.2	44.5	18.0	15.5	90.7
51-64	715	96.3	66.2	44.0	20.6	20.6	93.9
65-74	346	97.9	62.7	41.6	22.4	22.0	95.3
75 AND OVER	173	96.3	62.3	36.6	24.7	23.9	89.6
ALL INDIVIDUALS	5/8,780	94.1	66.3	39.9	15.4	15.6	86.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 4L-1.1.--VEGETABLES[1]/[2]/

AVERAGE INTAKE[3]/ PER INDIVIDUAL PER DAY,[4]/ SUMMER 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1..............	[5]/120	69	6	2	1	15	45
1-2..................	[5]/249	92	32	10	2	6	42
3-5..................	425	107	37	15	2	4	49
6-8..................	454	141	51	15	5	5	66
MALES:							
9-11.................	233	175	70	20	5	7	73
12-14................	274	190	70	25	5	7	83
15-18................	320	209	83	28	5	5	88
19-22................	261	202	66	35	4	5	92
23-34................	655	225	72	32	7	9	105
35-50................	664	285	83	46	7	10	138
51-64................	520	292	69	62	9	9	144
65-74................	239	261	69	44	7	12	128
75 AND OVER..........	118	259	75	51	2	7	125
FEMALES:							
9-11.................	265	164	58	19	5	6	75
12-14................	288	162	58	23	5	6	70
15-18................	382	159	57	23	5	4	70
19-22................	372	156	48	23	4	3	77
23-34................	975	205	53	32	6	6	107
35-50................	936	230	52	42	9	8	119
51-64................	751	238	51	51	7	10	119
65-74................	342	236	46	48	8	12	123
75 AND OVER..........	194	225	56	42	9	14	103
ALL INDIVIDUALS.......	[5]/9,037	206	58	34	6	8	100

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[1]/ SEE "TABLE NOTES," APPENDIX B.
[2]/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
[3]/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[4]/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[5]/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

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TABLE 4L-1.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ SUMMER 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	5/120	68.2	15.8	1.9	6.2	32.8	57.7
1-2	5/249	94.9	80.7	38.3	10.9	21.2	80.0
3-5	425	96.7	77.5	49.5	6.8	17.9	84.9
6-8	454	99.4	84.6	48.9	11.5	19.5	89.8
MALES:							
9-11	233	98.7	83.0	53.0	12.0	22.4	88.8
12-14	274	99.7	85.6	57.5	12.3	18.9	91.6
15-18	320	98.2	87.9	58.2	12.1	13.7	88.1
19-22	261	98.3	84.5	56.0	9.6	13.2	89.7
23-34	655	98.4	81.3	59.9	12.3	14.0	92.5
35-50	664	98.7	80.7	62.6	13.5	21.3	93.4
51-64	520	100.0	74.2	70.5	17.9	20.5	97.9
65-74	239	99.7	74.5	57.5	17.1	26.2	96.6
75 AND OVER	118	94.8	70.1	55.9	4.4	17.2	86.5
FEMALES:							
9-11	265	99.1	82.6	47.5	13.5	16.8	92.5
12-14	288	98.1	80.2	50.0	11.7	15.7	86.2
15-18	382	97.2	80.8	48.5	11.8	14.4	85.2
19-22	372	94.8	69.3	47.7	7.8	13.3	85.4
23-34	975	98.7	74.7	60.9	12.1	15.6	95.2
35-50	936	99.1	73.9	61.2	16.8	21.6	93.9
51-64	751	99.6	72.7	69.8	17.3	22.4	97.2
65-74	342	97.8	67.9	66.4	15.7	25.8	95.1
75 AND OVER	194	97.7	74.4	54.0	15.7	29.0	93.0
ALL INDIVIDUALS	5/9,037	98.0	76.8	57.3	13.1	19.1	91.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 4L-2.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ SUMMER 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1...............	5/120	(6)	(6)	0	0	0	(6)
1-2.................	5/249	10	5	(6)	(6)	(6)	5
3-5.................	425	10	5	1	(6)	(6)	4
6-8.................	454	19	7	2	1	1	9
MALES:							
9-11................	233	23	10	1	1	1	11
12-14...............	274	28	11	2	1	1	13
15-18...............	320	31	15	3	1	(6)	12
19-22...............	261	35	15	4	1	1	15
23-34...............	655	46	18	6	(6)	(6)	21
35-50...............	664	43	15	5	1	1	22
51-64...............	520	40	13	6	1	1	18
65-74...............	239	22	8	2	(6)	0	11
75 AND OVER..........	118	10	5	(6)	0	(6)	5
FEMALES:							
9-11................	265	24	9	2	1	(6)	12
12-14...............	288	16	7	1	(6)	(6)	8
15-18...............	382	31	13	4	(6)	1	13
19-22...............	372	28	11	4	0	1	13
23-34...............	975	29	9	4	1	1	16
35-50...............	936	30	8	4	1	1	16
51-64...............	751	21	6	3	1	1	11
65-74...............	342	17	6	1	1	(6)	8
75 AND OVER..........	194	17	5	2	1	(6)	9
ALL INDIVIDUALS.......	5/9,037	27	10	3	1	1	13

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 4L-2.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ SUMMER 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1.............	5/120	4.6	0.8	0.0	0.0	0.0	3.8
1-2.................	5/249	22.6	19.1	4.3	.9	1.7	15.3
3-5.................	425	27.0	17.7	5.8	.9	2.1	15.3
6-8.................	454	38.7	29.2	9.2	1.4	4.8	23.4
MALES:							
9-11................	233	37.3	29.8	8.8	1.5	2.9	21.6
12-14...............	274	47.0	36.0	11.6	2.2	4.0	26.9
15-18...............	320	47.6	37.0	13.5	2.0	1.6	29.0
19-22...............	261	51.6	36.8	10.5	1.6	1.7	32.5
23-34...............	655	53.6	38.2	20.9	.9	1.7	42.9
35-50...............	664	44.9	30.7	13.2	2.2	2.4	34.4
51-64...............	520	39.6	26.8	10.4	2.2	3.0	33.4
65-74...............	239	28.3	19.7	7.8	.8	.0	21.3
75 AND OVER.........	118	13.7	11.1	1.5	.0	.8	11.3
FEMALES:							
9-11................	265	46.3	31.4	10.4	2.5	1.9	32.4
12-14...............	288	36.3	25.6	8.9	1.2	1.5	22.1
15-18...............	382	48.8	36.2	15.0	.8	3.0	32.0
19-22...............	372	49.1	31.9	15.1	.0	2.8	32.8
23-34...............	975	44.0	27.1	14.2	1.9	1.7	33.8
35-50...............	936	38.5	23.2	10.9	3.6	2.8	29.7
51-64...............	751	30.5	17.0	10.6	2.3	2.5	26.4
65-74...............	342	26.0	16.3	5.6	1.7	2.4	22.0
75 AND OVER.........	194	20.2	15.9	5.1	2.1	.6	14.7
ALL INDIVIDUALS.......	5/9,037	39.1	26.6	11.7	1.8	2.3	28.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 4L-3.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ SUMMER 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1.............	5/120	69	6	2	1	15	44
1-2................	5/249	82	27	10	2	5	38
3-5................	425	97	32	15	2	4	45
6-8................	454	123	44	13	4	4	57
MALES:							
9-11...............	233	152	60	19	4	7	63
12-14..............	274	161	58	22	4	6	70
15-18..............	320	177	67	25	5	5	76
19-22..............	261	167	51	31	4	5	77
23-34..............	655	179	53	26	7	8	84
35-50..............	664	242	68	42	6	9	116
51-64..............	520	252	55	56	8	8	125
65-74..............	239	239	61	42	7	12	117
75 AND OVER.........	118	249	70	51	2	7	119
FEMALES:							
9-11...............	265	139	49	17	4	6	63
12-14..............	288	146	51	23	5	5	62
15-18..............	382	128	43	20	4	4	57
19-22..............	372	127	36	20	4	3	64
23-34..............	975	175	44	28	6	6	91
35-50..............	936	200	44	38	8	7	103
51-64..............	751	217	45	48	7	9	108
65-74..............	342	219	39	47	8	11	114
75 AND OVER.........	194	208	51	41	8	13	94
ALL INDIVIDUALS.	5/9,037	178	48	31	6	7	86

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 4L-3.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ SUMMER 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	5/120	67.4	15.0	1.9	6.2	32.8	57.7
1-2	5/249	92.0	71.6	35.6	10.0	20.9	78.1
3-5	425	96.2	71.1	45.3	5.9	16.4	84.3
6-8	454	97.2	72.2	44.4	10.0	15.8	86.6
MALES:							
9-11	233	96.4	71.4	48.0	10.6	19.4	85.7
12-14	274	97.0	73.0	50.1	10.1	16.4	85.1
15-18	320	93.4	77.7	51.4	10.1	12.4	80.7
19-22	261	91.3	70.3	50.5	8.0	11.4	82.8
23-34	655	90.5	65.6	47.3	11.4	12.2	82.4
35-50	664	95.8	68.5	58.1	11.2	18.9	90.0
51-64	520	95.6	60.7	60.6	16.1	17.4	91.5
65-74	239	95.9	63.6	55.2	16.2	26.2	93.5
75 AND OVER	118	93.3	67.9	55.1	4.4	17.2	81.8
FEMALES:							
9-11	265	96.2	73.2	43.3	11.4	15.4	87.[illegible]
12-14	288	96.9	71.9	45.7	10.8	15.0	82.8
15-18	382	91.4	66.8	40.7	11.0	11.8	77.9
19-22	372	88.5	56.4	41.2	7.8	10.4	78.5
23-34	975	96.4	62.6	53.9	10.8	14.1	91.2
35-50	936	96.1	60.5	56.6	13.4	19.3	87.9
51-64	751	98.5	66.5	65.6	15.1	20.6	94.3
65-74	342	97.3	60.1	63.9	14.0	24.3	94.0
75 AND OVER	194	96.6	70.0	53.5	13.6	28.4	90.9
ALL INDIVIDUALS	5/9,037	94.8	65.7	51.6	11.5	17.1	86.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 4M-1.1.--VEGETABLES[1]/[2]/
AVERAGE INTAKE[3]/ PER INDIVIDUAL PER DAY,[4]/ FALL 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	--------	--------	GRAMS	--------	--------	--------
MALES AND FEMALES:							
UNDER 1............	5/105	75	15	1	1	16	42
1-2................	5/256	102	40	13	4	6	40
3-5................	482	112	44	11	4	5	49
6-8................	487	153	55	12	7	8	71
MALES:							
9-11...............	278	169	66	16	6	10	71
12-14..............	307	190	77	13	6	10	83
15-18..............	329	219	87	21	6	11	94
19-22..............	245	206	80	23	8	9	86
23-34..............	626	232	74	26	11	11	109
35-50..............	558	245	81	23	12	13	117
51-64..............	503	263	84	29	14	15	122
65-74..............	267	269	75	34	15	20	125
75 AND OVER........	110	255	71	29	26	19	110
FEMALES:							
9-11...............	245	173	61	13	7	9	83
12-14..............	297	165	63	15	5	7	75
15-18..............	363	162	64	12	5	9	72
19-22..............	308	183	55	32	5	7	83
23-34..............	1,066	179	50	22	9	9	88
35-50..............	1,037	192	52	23	9	10	97
51-64..............	774	220	52	29	11	14	114
65-74..............	354	216	56	26	14	17	104
75 AND OVER........	198	205	52	24	17	18	94
ALL INDIVIDUALS.......	5/9,196	195	61	21	9	11	92

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 4M-1.2.--VEGETABLES 1/ 2/
PERCENTAGE OF INDIVIDUALS USING, 3/ 4/ FALL 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1.............	5/105	67.2	23.7	2.8	2.6	29.6	53.6
1-2.................	5/256	96.8	77.8	36.2	13.4	25.0	80.3
3-5.................	482	98.0	81.9	38.8	15.4	[illegible]	85.7
6-8.................	487	99.7	86.2	41.8	20.6	[illegible]	92.5
MALES:							
9-11................	278	99.2	88.2	39.9	18.6	30.0	90.7
12-14...............	307	99.6	87.4	40.8	15.2	26.0	93.0
15-18...............	329	99.0	88.6	41.5	12.2	20.2	86.1
19-22...............	245	99.6	86.9	45.8	14.2	17.9	87.6
23-34...............	626	99.1	83.0	51.0	19.5	23.0	93.5
35-50...............	558	99.1	82.4	41.0	18.7	23.6	95.7
51-64...............	503	99.1	80.9	44.7	22.3	26.2	93.8
65-74...............	267	98.2	77.9	45.5	24.6	35.2	91.6
75 AND OVER.........	110	97.0	71.4	43.5	24.6	33.5	83.6
FEMALES:							
9-11................	245	98.3	86.0	37.5	18.6	27.1	93.8
12-14...............	297	97.7	81.7	46.5	12.8	20.5	89.6
15-18...............	363	96.6	81.3	38.7	11.2	21.7	85.9
19-22...............	308	97.7	70.7	51.8	10.5	18.4	91.5
23-34...............	1,066	98.0	73.9	42.8	19.1	21.8	93.2
35-50...............	1,037	98.2	76.0	45.6	19.3	25.0	92.8
51-64...............	774	99.5	75.9	46.2	21.6	31.6	96.0
65-74...............	354	98.1	73.0	45.9	26.2	36.1	89.2
75 AND OVER.........	198	96.9	64.6	35.1	27.7	29.2	89.1
ALL INDIVIDUALS.......	5/9,196	98.1	78.8	43.1	18.4	25.2	91.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 4M-2.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ FALL 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1.............	5/105	4	2	1	0	(6)	(6)
1-2.................	5/256	7	3	(6)	(6)	(6)	3
3-5.................	482	15	6	1	1	1	7
6-8.................	487	43	15	2	2	2	22
MALES:							
9-11................	278	52	19	5	2	2	24
12-14...............	307	44	19	3	1	2	19
15-18...............	329	45	20	2	(6)	2	20
19-22...............	245	46	20	6	1	3	17
23-34...............	626	51	16	5	1	3	26
35-50...............	558	46	19	2	2	1	21
51-64...............	503	34	11	2	1	1	19
65-74...............	267	27	10	1	2	1	14
75 AND OVER.........	110	34	13	2	1	1	18
FEMALES:							
9-11................	245	45	15	4	1	2	24
12-14...............	297	40	16	3	1	1	19
15-18...............	363	36	15	2	1	1	17
19-22...............	308	32	11	6	1	1	13
23-34...............	1,066	29	9	4	1	2	13
35-50...............	1,037	25	7	3	1	1	13
51-64...............	774	29	8	3	1	1	16
65-74...............	354	23	7	1	1	2	11
75 AND OVER.........	198	18	7	2	1	1	7
ALL INDIVIDUALS.......	5/9,196	33	12	3	1	1	16

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 4M-2.2.--VEGETABLES 1/ 2/
PERCENTAGE OF INDIVIDUALS USING, 3/ 4/ FALL 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1..............	5/105	3.4	2.6	0.9	0.0	0.8	0.8
1-2.................	5/256	21.2	15.3	5.0	.5	2.1	10.4
3-5.................	482	33.0	23.9	6.9	2.9	2.5	19.1
6-8.................	487	63.3	46.7	13.0	6.1	9.9	50.0
MALES:							
9-11................	278	71.8	49.7	19.7	7.0	10.9	57.6
12-14...............	307	67.2	49.0	16.5	3.9	9.2	49.6
15-18...............	329	63.0	48.4	13.7	1.0	5.9	42.4
19-22...............	245	51.3	44.9	16.6	1.6	4.1	31.3
23-34...............	626	54.3	38.9	16.8	2.9	5.4	39.3
35-50...............	558	48.9	36.4	10.7	3.6	2.9	36.8
51-64...............	503	33.7	24.1	8.9	2.4	3.1	27.9
65-74...............	267	26.2	19.6	5.5	4.3	5.1	21.7
75 AND OVER..........	110	24.8	22.1	5.4	2.2	3.5	18.9
FEMALES:							
9-11................	245	67.7	45.6	13.3	2.9	10.9	51.1
12-14...............	297	63.5	48.4	18.2	2.6	6.6	41.2
15-18...............	363	60.6	43.3	15.[illegible]	1.3	4.7	40.5
19-22...............	308	50.3	33.0	20.7	1.5	3.4	32.9
23-34...............	1,066	41.6	24.2	13.0	3.1	4.8	32.1
35-50...............	1,037	37.5	20.4	10.5	3.3	2.3	29.2
51-64...............	774	38.1	23.6	10.0	2.7	4.7	30.1
65-74...............	354	30.3	17.4	4.6	3.5	5.9	26.4
75 AND OVER..........	198	27.0	15.7	5.6	3.5	4.7	21.6
ALL INDIVIDUALS.......	5/9,196	45.2	31.0	11.8	3.0	5.0	33.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 4M-3.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ FALL 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1	5/105	72	12	1	1	16	41
1-2	5/256	94	36	13	4	6	36
3-5	482	98	38	10	4	4	42
6-8	487	110	41	10	5	7	48
MALES:							
9-11	278	117	47	11	4	8	47
12-14	307	145	58	10	5	8	63
15-18	329	175	67	18	6	9	74
19-22	245	159	60	17	8	6	69
23-34	626	181	58	22	10	8	83
35-50	558	198	61	21	10	11	95
51-64	503	229	73	27	13	13	103
65-74	267	242	65	33	13	19	111
75 AND OVER	119	221	58	28	25	18	92
FEMALES:							
9-11	245	128	46	9	6	8	58
12-14	297	125	48	11	4	5	56
15-18	363	125	48	10	5	8	55
19-22	308	150	44	26	4	6	70
23-34	1,066	150	41	18	8	7	75
35-50	1,037	167	45	20	8	10	85
51-64	774	191	43	26	11	12	98
65-74	354	194	48	25	12	15	93
75 AND OVER	198	186	45	22	16	16	88
ALL INDIVIDUALS	5/9,196	161	49	18	8	9	76

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 4M-3.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ FALL 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1.............	5/105	67.2	22.1	2.0	2.6	29.6	53.6
1-2.................	5/256	95.0	73.3	33.2	12.9	22.9	79.3
3-5.................	482	96.3	74.6	34.6	13.3	17.1	83.6
6-8.................	487	97.1	71.9	32.6	15.3	18.4	83.8
MALES:							
9-11................	278	92.5	72.0	26.7	12.6	20.9	79.5
12-14...............	307	95.5	72.8	28.9	11.8	19.2	82.7
15-18...............	329	91.4	71.2	33.5	11.2	16.7	80.1
19-22...............	245	89.2	68.9	34.4	12.6	14.3	75.4
23-34...............	626	93.7	68.2	40.2	16.9	18.0	87.6
35-50...............	558	96.3	68.7	33.9	15.6	21.3	90.3
51-64...............	503	96.4	71.1	39.9	20.4	23.5	89.5
65-74...............	267	96.6	67.8	42.3	20.8	32.1	90.0
75 AND OVER.........	110	93.6	65.0	39.4	22.4	31.5	77.6
FEMALES:							
9-11................	245	95.8	73.7	28.0	16.3	19.4	84.0
12-14...............	297	95.4	69.3	37.5	11.0	14.3	80.2
15-18...............	363	91.4	66.3	29.1	9.9	18.2	76.5
19-22...............	308	93.5	57.8	41.2	9.0	16.1	85.0
23-34...............	1,066	93.5	63.4	35.2	16.5	18.3	87.2
35-50...............	1,037	96.2	69.0	40.0	16.9	22.9	88.5
51-64...............	774	96.6	64.5	39.9	19.3	27.7	91.0
65-74...............	354	94.3	64.0	42.9	23.2	31.2	84.1
75 AND OVER.........	198	92.9	58.3	33.1	24.2	26.8	82.5
ALL INDIVIDUALS.......	[illegible]/9,196	94.5	67.5	35.9	15.8	21.3	85.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD 1 [illegible]
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 4N-1.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ WINTER 1978

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1..............	5/122	85	10	1	3	21	51
1-2..................	5/282	100	35	8	3	4	50
3-5..................	408	114	43	13	4	6	49
6-8..................	471	147	58	12	5	6	66
MALES:							
9-11.................	232	168	66	14	8	6	73
12-14................	273	198	80	17	7	9	85
15-18................	380	217	88	20	9	7	93
19-22................	267	226	88	21	7	7	103
23-34................	727	234	88	26	10	7	101
35-50................	635	243	82	27	11	11	112
51-64................	559	271	81	30	11	10	140
65-74................	274	236	73	25	12	14	113
75 AND OVER..........	123	216	65	21	9	17	105
FEMALES:							
9-11.................	278	170	63	15	6	6	79
12-14................	268	154	58	14	5	5	71
15-18................	354	168	60	17	6	6	78
19-22................	337	171	51	21	5	8	85
23-34................	974	183	54	23	10	9	87
35-50................	948	192	50	26	12	9	96
51-64................	696	214	56	24	14	13	107
65-74................	334	212	57	26	13	12	104
75 AND OVER..........	187	202	52	24	8	13	106
ALL INDIVIDUALS.......	5/9,129	195	63	21	9	9	92

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 4N-1.2.--VEGETABLES[1]/[2]/
PERCENTAGE OF INDIVIDUALS USING,[3]/[4]/ WINTER 1978

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	5/122	77.3	21.1	1.3	11.4	37.8	66.9
1-2	5/282	96.8	78.0	27.9	12.9	19.6	83.2
3-5	408	98.0	81.4	41.4	12.0	21.3	87.6
6-8	471	99.3	86.2	43.4	15.0	27.7	92.6
MALES:							
9-11	232	97.3	92.6	40.5	15.3	23.9	90.8
12-14	273	98.8	88.2	44.1	15.4	26.1	92.5
15-18	380	98.6	86.0	47.0	16.2	20.7	90.8
19-22	267	99.2	81.6	39.6	12.5	14.5	89.8
23-34	727	99.8	88.8	47.8	17.3	17.5	92.2
35-50	635	99.5	84.7	45.7	19.4	24.0	93.7
51-64	559	99.0	81.9	43.0	20.0	22.4	96.2
65-74	274	98.4	87.2	38.5	21.5	30.1	88.6
75 AND OVER	123	97.0	67.7	36.5	18.6	34.3	88.0
FEMALES:							
9-11	278	99.3	85.2	45.5	15.3	23.9	93.7
12-14	268	98.6	85.7	39.9	13.1	19.7	91.7
15-18	354	98.4	86.5	44.4	13.6	20.3	89.8
19-22	337	96.4	77.0	44.9	13.8	22.2	89.3
23-34	974	98.4	78.3	47.2	20.4	23.2	93.7
35-50	948	98.4	74.1	47.6	21.6	23.2	93.3
51-64	696	98.6	78.6	38.8	26.6	29.5	94.4
65-74	334	98.6	76.7	39.9	23.2	28.2	91.7
75 AND OVER	187	97.5	64.8	36.9	17.4	31.4	92.1
ALL INDIVIDUALS	5/9,129	98.3	80.7	42.8	18.1	23.7	91.7

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[1]/ SEE "TABLE NOTES," APPENDIX B.
[2]/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
[3]/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[4]/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[5]/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 4N-2.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ WINTER 1978

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1...............	5/122	1	0	0	0	0	1
1-2...................	5/282	11	4	1	(6)	(6)	6
3-5...................	408	14	5	1	(6)	(6)	7
6-8...................	471	38	14	2	1	2	20
MALES:							
9-11..................	232	49	16	4	2	2	25
12-14.................	273	53	19	4	1	2	27
15-18.................	380	43	20	4	1	1	18
19-22.................	267	56	30	5	2	1	19
23-34.................	727	45	19	4	1	1	20
35-50.................	635	37	14	4	(6)	1	18
51-64.................	559	33	11	3	1	1	18
65-74.................	274	21	7	1	1	1	11
75 AND OVER..........	123	18	6	(6)	1	(6)	11
FEMALES:							
9-11..................	278	44	15	4	1	2	23
12-14.................	268	39	15	3	(6)	1	19
15-18.................	354	37	14	3	1	1	18
19-22.................	337	31	12	5	1	2	12
23-34.................	974	27	9	3	1	1	14
35-50.................	948	26	7	3	1	1	13
51-64.................	696	24	8	3	2	1	11
65-74.................	334	24	8	2	1	1	12
75 AND OVER..........	187	9	2	2	(6)	1	5
ALL INDIVIDUALS.......	5/9,129	32	12	3	1	1	15

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.
6/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 4N-2.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ WINTER 1978

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1..............	5/122	2.4	0.0	0.0	0.0	0.0	2.4
1-2..................	5/282	25.4	16.3	3.6	1.0	1.0	14.6
3-5..................	408	28.5	20.5	7.9	.4	2.8	16.9
6-8..................	471	61.8	41.0	14.8	3.2	10.5	46.9
MALES:							
9-11.................	232	71.7	47.7	17.1	5.2	11.4	54.8
12-14................	273	69.5	48.8	18.2	3.3	8.3	50.5
15-18................	380	60.6	44.5	17.1	2.4	5.1	42.4
19-22................	267	52.8	44.4	17.3	2.7	2.6	35.8
23-34................	727	56.7	41.6	15.9	2.3	4.0	41.0
35-50................	635	42.1	32.3	11.3	1.7	2.7	30.4
51-64................	559	38.6	27.3	10.3	1.2	3.1	32.0
65-74................	274	24.9	15.8	4.0	2.3	4.4	22.8
75 AND OVER..........	123	21.4	10.2	2.8	2.8	1.3	19.7
FEMALES:							
9-11.................	278	67.4	45.5	18.7	2.5	7.8	52.5
12-14................	268	65.2	49.1	17.4	1.2	7.1	46.6
15-18................	354	59.2	44.8	16.7	1.3	4.7	41.5
19-22................	337	44.4	32.4	15.0	2.8	5.8	33.3
23-34................	974	41.4	25.3	10.3	2.0	2.2	32.9
35-50................	948	35.9	23.0	11.5	2.8	3.9	26.8
51-64................	696	32.8	19.1	7.4	4.9	4.2	28.1
65-74................	334	26.5	16.5	6.7	3.0	1.9	22.9
75 AND OVER..........	187	12.9	7.2	4.6	.4	1.3	10.3
ALL INDIVIDUALS.......	5/9,129	43.9	30.3	11.7	2.4	4.3	33.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 4N-3.1.--VEGETABLES1/2/
AVERAGE INTAKE3/ PER INDIVIDUAL PER DAY,4/ WINTER 1978

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	GRAMS					
MALES AND FEMALES:							
UNDER 1.............	5/122	85	10	1	3	21	50
1-2.................	5/282	89	31	7	2	4	45
3-5.................	408	100	37	12	3	6	42
6-8.................	471	109	45	10	4	4	46
MALES:							
9-11................	232	119	50	10	6	4	48
12-14...............	273	145	61	13	6	7	58
15-18...............	380	174	68	17	8	6	75
19-22...............	267	170	58	17	5	6	84
23-34...............	727	189	69	23	10	6	82
35-50...............	635	206	68	23	10	10	94
51-64...............	559	238	69	27	10	9	122
65-74...............	274	216	66	24	11	13	102
75 AND OVER.........	123	197	58	20	8	17	94
FEMALES:							
9-11................	278	125	48	12	6	5	56
12-14...............	268	115	43	11	4	5	52
15-18...............	354	131	46	14	5	6	60
19-22...............	337	140	39	17	5	6	73
23-34...............	974	156	45	21	9	8	73
35-50...............	948	167	42	23	11	8	82
51-64...............	696	190	49	21	12	12	96
65-74...............	334	188	49	24	12	11	92
75 AND OVER.........	187	193	50	22	7	13	101
ALL INDIVIDUALS.......	5/9,129	163	52	19	8	8	77

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 4N-3.2.--VEGETABLES1/2/
PERCENTAGE OF INDIVIDUALS USING,3/4/ WINTER 1978

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	WHITE POTATOES	TOMATOES	DARK-GREEN VEGETABLES	DEEP-YELLOW VEGETABLES	OTHER VEGETABLES
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	5/122	76.5	21.1	1.3	11.4	37.8	66.2
1-2	5/282	95.7	72.3	25.7	12.5	18.6	81.5
3-5	408	97.1	75.0	38.3	11.6	19.8	83.8
6-8	471	96.7	75.2	34.3	12.5	19.4	84.8
MALES:							
9-11	232	96.4	82.4	29.9	12.7	14.3	83.3
12-14	273	97.4	80.6	33.0	12.9	18.7	86.2
15-18	380	94.0	73.8	35.1	14.1	16.8	82.5
19-22	267	88.7	61.6	29.6	11.9	12.4	77.9
23-34	727	95.1	76.7	40.0	15.2	14.4	84.8
35-50	635	95.3	73.5	38.8	17.7	22.3	89.8
51-64	559	96.3	70.8	36.3	18.8	20.4	92.6
65-74	274	96.9	80.2	36.8	20.4	25.7	84.4
75 AND OVER	123	95.6	59.4	34.8	15.8	32.9	86.0
FEMALES:							
9-11	278	95.4	70.3	34.9	14.2	16.6	82.1
12-14	268	96.6	72.6	29.0	12.2	14.6	81.8
15-18	354	92.7	68.8	36.3	12.6	17.2	80.1
19-22	337	91.1	65.5	33.7	11.4	16.8	81.0
23-34	974	95.0	67.9	40.7	18.8	21.7	88.5
35-50	948	95.7	64.6	40.1	19.5	20.1	89.7
51-64	696	96.5	70.8	35.4	22.8	26.9	89.2
65-74	334	96.6	68.0	36.5	22.0	26.5	88.8
75 AND OVER	187	94.8	63.7	34.0	17.0	30.5	89.0
ALL INDIVIDUALS	5/9,129	95.1	70.4	35.9	16.4	20.4	85.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ MIXTURES ARE INCLUDED IN EACH SUBGROUP AND IN THE TOTAL.
3/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
4/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
5/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 5A-1.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/421	151	21	21	(5)	130	18	16	64	31
1-2.............	4/1,035	150	60	54	1	89	21	14	27	27
3-5.............	1,719	135	61	53	1	73	20	9	23	21
6-8.............	1,841	153	68	58	1	85	26	9	34	16
MALES:										
9-11............	939	143	65	56	(5)	78	25	8	35	10
12-14...........	1,150	141	66	55	(5)	74	26	8	34	7
15-18...........	1,394	138	71	61	(5)	68	21	7	30	9
19-22...........	1,030	114	60	50	(5)	53	17	9	21	8
23-34...........	2,716	123	62	53	(5)	61	16	7	26	12
35-50...........	2,571	132	59	48	1	73	21	8	35	8
51-64...........	2,161	169	73	53	1	95	23	14	49	8
65-74...........	1,049	182	70	53	3	109	18	15	63	13
75 AND OVER.....	465	183	67	47	4	112	28	16	52	15
FEMALES:										
9-11............	1,011	155	69	59	(5)	85	26	8	38	12
12-14...........	1,148	135	63	53	(5)	72	21	7	33	10
15-18...........	1,473	118	60	51	(5)	57	18	6	24	9
19-22...........	1,317	117	62	52	1	54	12	5	26	11
23-34...........	3,879	122	61	51	1	60	16	6	26	12
35-50...........	3,759	125	62	50	1	62	15	6	32	9
51-64...........	2,936	177	80	61	1	96	22	11	51	12
65-74...........	1,376	189	87	65	2	101	18	14	55	13
75 AND OVER.....	751	181	71	52	4	107	24	15	51	16
ALL INDIVIDUALS...	4/36,142	142	66	54	1	76	20	9	35	12

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

ABLE 5A-1.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1.........	4/421	78.2	25.2	24.5	0.4	75.2	36.8	31.1	61.0	30.0
1-2.............	4/1,035	78.5	48.5	43.7	7.5	66.6	34.1	25.7	35.9	19.9
3-5.............	1,719	76.4	48.6	43.3	5.1	61.4	31.7	18.1	32.4	16.6
6-8.............	1,841	82.6	53.4	46.4	4.0	69.7	35.9	17.6	44.6	13.4
MALES:										
9-11............	939	81.2	49.8	44.5	2.1	66.2	34.3	15.3	40.8	9.4
12-14...........	1,150	74.6	46.4	38.5	2.0	59.8	30.6	14.3	39.5	5.9
15-18...........	1,394	69.6	45.6	39.4	1.8	52.5	24.6	13.1	33.2	6.7
19-22...........	1,030	61.3	40.2	34.0	1.2	42.4	18.0	11.9	23.3	6.2
23-34...........	2,716	63.7	41.4	35.7	2.1	45.6	19.7	11.8	27.0	7.2
35-50...........	2,571	66.0	41.8	35.0	2.2	51.9	25.0	13.8	31.9	6.5
51-64...........	2,161	76.6	49.9	39.4	3.5	63.1	26.6	23.0	40.5	6.2
65-74...........	1,049	75.5	49.1	39.2	6.8	63.5	22.8	24.1	45.9	10.0
75 AND OVER.....	465	79.5	48.6	36.4	8.6	67.1	25.0	28.9	46.2	10.7
FEMALES:										
9-11............	1,011	82.3	51.6	44.6	2.8	69.5	35.7	16.6	46.7	10.5
12-14...........	1,148	75.8	48.6	41.0	1.7	60.8	29.3	13.2	37.6	9.8
15-18...........	1,473	69.4	45.1	38.5	1.8	51.2	25.1	12.4	29.9	6.9
19-22...........	1,317	61.0	38.1	31.9	3.6	47.8	19.4	10.0	27.9	9.5
23-34...........	3,879	67.5	43.6	36.8	3.2	50.7	22.7	11.5	30.6	9.3
35-50...........	3,759	70.7	45.8	38.3	2.5	53.3	22.1	12.1	33.3	7.7
51-64...........	2,936	80.4	56.1	45.8	3.8	65.0	26.4	20.0	45.4	9.4
65-74...........	1,376	83.3	57.8	45.7	6.4	68.3	25.2	25.9	48.1	11.6
75 AND OVER.....	751	81.8	51.6	40.3	10.3	71.4	28.7	25.8	48.3	13.3
ALL INDIVIDUALS...	4/36,142	73.0	47.0	39.5	3.4	57.8	26.0	16.3	36.5	9.6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5A-2.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/421	1	(5)	(5)	0	1	(5)	(5)	1	(5)
1-2..............	4/1,035	8	3	3	(5)	5	1	1	1	1
3-5..............	1,719	13	5	4	(5)	8	2	1	3	2
6-8..............	1,841	27	9	7	(5)	18	5	1	12	1
MALES:										
9-11.............	939	29	9	7	(5)	20	6	1	12	2
12-14............	1,150	24	7	6	(5)	17	4	1	11	1
15-18............	1,394	21	7	6	0	14	3	(5)	9	2
19-22............	1,030	12	7	6	(5)	6	1	(5)	3	1
23-34............	2,716	13	6	6	(5)	7	1	(5)	4	1
35-50............	2,571	8	3	3	(5)	5	1	(5)	3	(5)
51-64............	2,161	7	3	2	0	5	1	1	3	(5)
65-74............	1,049	4	1	1	(5)	3	(5)	(5)	2	(5)
75 AND OVER......	465	5	1	1	(5)	4	1	(5)	2	(5)
FEMALES:										
9-11.............	1,011	29	7	6	(5)	22	5	1	15	1
12-14............	1,148	23	7	6	(5)	16	4	1	9	2
15-18............	1,473	17	5	5	(5)	11	3	1	7	1
19-22............	1,317	11	5	5	(5)	5	1	(5)	3	1
23-34............	3,879	8	3	3	(5)	5	1	(5)	3	1
35-50............	3,759	7	3	2	(5)	4	1	(5)	3	(5)
51-64............	2,936	8	3	2	(5)	5	1	(5)	3	1
65-74............	1,376	6	1	1	(5)	4	1	(5)	3	(5)
75 AND OVER......	751	3	1	1	(5)	2	(5)	(5)	2	(5)
ALL INDIVIDUALS...	4/36,142	12	4	4	(5)	8	2	(5)	5	1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED: NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5A-2.2.--FRUITS[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	[4]/421	2.7	0.2	0.2	0.0	2.7	1.0	0.4	1.3	0.7
1-2.............	[4]/1,035	11.6	4.1	3.5	.4	8.6	3.2	2.2	3.5	1.8
3-5.............	1,719	16.6	5.8	5.1	.7	12.8	4.6	1.6	6.8	3.0
6-8.............	1,841	35.9	12.6	9.1	1.0	29.6	9.7	2.1	22.5	1.9
MALES:										
9-11............	939	36.5	11.5	8.7	.7	30.7	11.7	1.8	21.9	2.4
12-14...........	1,150	31.7	8.7	6.1	.3	26.6	9.3	2.1	19.8	.7
15-18...........	1,394	22.0	6.5	4.8	.0	18.6	5.9	1.1	13.1	1.0
19-22...........	1,030	12.8	7.0	5.8	.4	7.4	2.3	.9	5.0	.9
23-34...........	2,716	14.0	6.6	5.6	.2	9.1	2.1	.9	6.0	1.0
35-50...........	2,571	9.9	4.5	3.3	.3	6.6	1.7	.6	4.7	.5
51-64...........	2,161	10.0	3.6	2.8	.0	7.1	1.9	1.0	4.7	.3
65-74...........	1,049	7.2	2.6	2.3	.4	5.4	.9	.2	4.7	.4
75 AND OVER.....	465	6.4	.9	.9	.3	6.0	1.8	.1	4.8	.4
FEMALES:										
9-11............	1,011	38.0	10.0	6.4	.6	33.5	10.7	2.6	25.4	1.1
12-14...........	1,148	28.2	8.7	6.0	.3	23.5	8.2	1.9	16.2	1.6
15-18...........	1,473	20.5	6.9	5.2	.3	15.8	6.3	1.7	11.0	.8
19-22...........	1,317	12.7	5.4	3.8	.6	8.5	2.3	1.0	4.8	1.1
23-34...........	3,879	11.9	4.8	3.6	.1	8.4	2.1	1.0	5.4	1.2
35-50...........	3,759	10.3	4.3	2.9	.3	7.1	1.9	.3	5.5	.5
51-64...........	2,936	11.8	4.4	2.8	.2	8.9	2.2	.6	6.4	.8
65-74...........	1,376	9.2	2.3	1.5	.5	7.9	1.4	.3	6.6	.4
75 AND OVER.....	751	6.8	2.3	1.2	.4	5.3	.8	.4	4.3	.4
ALL INDIVIDUALS...	[4]/36,142	15.9	5.7	4.2	.3	12.2	3.7	1.1	8.6	1.0

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5A-3.1.--FRUITS[1]

AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	[4]/421	150	21	20	(5)	129	18	16	64	31
1-2..............	[4]/1,035	142	57	51	1	84	20	13	26	26
3-5..............	1,719	122	57	49	1	65	18	9	20	19
6-8..............	1,841	126	59	51	1	67	21	8	24	14
MALES:										
9-11.............	939	114	56	49	(5)	57	19	7	23	8
12-14............	1,150	117	59	49	(5)	58	21	7	23	7
15-18............	1,394	117	63	55	(5)	54	18	7	21	8
19-22............	1,030	101	53	45	(5)	48	15	8	18	7
23-34............	2,716	111	56	47	(5)	54	15	7	22	10
35-50............	2,571	124	55	45	1	69	20	8	32	8
51-64............	2,161	161	70	51	1	90	22	14	46	8
65-74............	1,049	177	69	52	3	106	18	15	61	13
75 AND OVER......	465	178	66	46	4	108	27	16	49	15
FEMALES:										
9-11.............	1,011	125	62	53	(5)	63	21	7	23	11
12-14............	1,148	113	57	48	(5)	56	17	6	24	9
15-18............	1,473	101	55	46	(5)	46	15	5	18	8
19-22............	1,317	106	56	47	1	49	12	5	22	10
23-34............	3,879	114	58	48	1	55	15	5	23	11
35-50............	3,759	118	59	48	(5)	58	15	6	29	9
51-64............	2,936	169	77	59	1	91	21	11	48	11
65-74............	1,376	184	85	63	2	96	17	14	52	13
75 AND OVER......	751	178	70	52	4	104	24	15	49	16
ALL INDIVIDUALS...	[4]/36,142	130	61	50	1	68	18	9	31	11

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5A-3.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/421	78.0	25.2	24.5	0.4	74.7	36.3	31.1	60.5	29.3
1-2..............	4/1,035	76.0	46.6	41.9	7.2	64.1	32.1	24.2	33.5	19.0
3-5..............	1,719	71.5	45.9	40.7	4.4	55.6	28.8	16.6	27.1	14.6
6-8..............	1,841	71.0	46.0	40.4	3.1	54.4	28.6	15.7	27.1	12.0
MALES:										
9-11.............	939	68.4	43.9	38.9	1.5	49.1	25.2	13.7	22.4	7.6
12-14............	1,150	63.2	41.6	34.7	1.7	46.3	24.5	12.4	24.4	5.5
15-18............	1,394	61.6	42.3	36.5	1.8	42.3	20.4	12.5	22.7	5.7
19-22............	1,030	55.3	35.2	29.6	.9	38.9	16.3	11.2	19.7	5.3
23-34............	2,116	58.8	37.5	32.2	1.9	41.3	18.2	10.9	22.4	6.4
35-50............	2,571	63.6	39.8	33.2	2.0	48.9	23.8	13.5	29.0	6.1
51-64............	2,161	74.8	48.6	38.0	3.5	60.8	25.5	22.3	37.8	6.0
65-74............	1,049	74.7	48.2	38.2	6.6	62.5	22.1	24.0	43.7	9.8
75 AND OVER......	465	78.4	48.5	36.0	8.3	66.0	24.0	28.8	44.3	10.7
FEMALES:										
9-11.............	1,011	69.2	45.3	40.3	2.3	53.1	28.0	14.4	27.4	9.6
12-14............	1,148	65.9	43.4	37.1	1.4	48.4	23.1	11.5	26.2	8.6
15-18............	1,473	62.8	41.8	35.8	1.5	43.3	20.4	10.8	21.7	6.2
19-22............	1,317	56.9	35.3	29.4	3.4	43.2	17.7	9.1	25.3	8.4
23-34............	3,879	63.7	41.2	34.8	3.2	46.7	21.4	10.7	26.7	8.4
35-50............	3,759	68.2	43.8	36.8	2.3	50.5	21.0	11.8	30.0	7.3
51-64............	2,936	78.4	54.6	44.3	3.7	62.5	25.1	19.6	42.3	8.8
65-74............	1,376	82.2	57.2	45.2	3.9	66.4	24.4	25.8	45.0	11.2
75 AND OVER......	751	81.2	51.4	40.2	5.9	69.9	28.2	25.4	46.1	12.9
ALL INDIVIDUALS...	4/36,142	68.2	44.1	37.0	3.2	52.2	23.4	15.4	30.5	8.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5B-1.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/54	97	28	28	0	69	8	14	30	17
1-2.............	4/137	112	55	47	1	57	14	13	14	16
3-5.............	202	104	51	43	(5)	53	15	8	18	11
6-8.............	186	132	61	52	(5)	71	23	7	28	13
MALES:										
9-11............	99	120	57	50	0	63	18	3	26	15
12-14...........	93	123	58	44	1	64	22	5	28	8
15-18...........	113	82	42	38	0	40	8	1	27	4
19-22...........	92	103	66	61	(5)	37	8	8	12	8
23-34...........	166	115	59	55	1	55	11	4	23	17
35-50...........	93	92	49	43	(5)	43	6	9	19	10
51-64...........	142	86	42	33	1	44	13	6	20	4
65-74...........	254	129	51	36	1	76	13	10	46	7
75 AND OVER.....	162	117	33	19	3	81	18	14	40	9
FEMALES:										
9-11............	108	117	49	43	0	67	17	3	36	11
12-14...........	95	111	62	61	(5)	48	15	3	24	6
15-18...........	117	103	60	52	(5)	43	13	4	20	6
19-22...........	155	88	39	33	1	49	14	11	18	5
23-34...........	349	116	62	53	1	54	14	4	22	14
35-50...........	273	111	65	56	1	45	8	5	22	9
51-64...........	380	137	66	59	(5)	71	18	9	37	7
65-74...........	453	161	79	65	2	80	17	11	40	11
75 AND OVER.....	303	155	63	46	3	89	20	15	43	11
ALL INDIVIDUALS...	4/4,026	122	58	49	1	63	15	8	30	10

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

ABLE 58-1.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

8 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
ALES AND FEMALES:										
UNDER 1..........	4/54	64.4	28.4	28.4	0.0	51.9	19.0	20.8	38.4	15.5
1-2..............	4/137	65.5	43.4	36.8	3.5	45.8	19.3	21.7	15.5	12.9
3-5..............	202	63.8	42.4	35.2	2.9	51.5	25.9	13.7	24.0	10.5
6-8..............	186	80.2	51.4	41.4	1.3	65.0	31.9	13.0	41.6	10.0
ALES:										
9-11.............	99	76.8	50.2	42.9	.0	59.0	30.7	7.7	35.2	10.5
12-14............	93	67.6	40.0	30.3	3.1	59.3	26.5	7.4	37.6	8.7
15-18............	113	55.6	33.4	26.4	.0	37.1	10.8	2.3	26.8	3.1
19-22............	92	57.1	40.6	35.4	1.0	34.5	11.2	10.1	21.9	6.6
23-34............	166	63.9	40.2	39.0	5.4	40.0	13.9	8.2	20.8	10.2
35-50............	93	55.5	37.0	31.1	.9	32.8	8.2	9.0	25.4	5.4
51-64............	142	55.7	28.9	21.7	2.5	44.7	19.8	14.7	18.2	5.0
65-74............	254	65.0	38.1	29.6	3.9	51.0	16.4	17.4	37.2	5.6
75 AND OVER......	162	69.4	25.8	19.1	6.9	59.8	19.6	23.8	38.2	9.0
EMALES:										
9-11.............	108	72.2	42.2	37.5	.0	61.6	24.3	5.8	43.4	10.2
12-14............	95	65.5	46.9	46.0	1.1	47.9	22.9	7.1	31.8	6.1
15-18............	117	60.4	40.3	36.6	1.4	45.3	19.4	8.4	28.5	4.9
19-22............	155	58.1	28.9	25.6	4.9	45.0	22.5	13.5	25.2	5.5
23-34............	349	62.0	43.9	35.7	3.5	39.7	18.0	7.7	21.4	10.3
35-50............	273	60.1	41.9	37.8	1.3	34.3	13.8	9.5	19.2	5.9
51-64............	380	72.2	46.3	40.9	1.2	53.3	22.7	15.8	29.6	6.4
65-74............	453	79.0	51.3	43.4	5.9	60.4	22.7	21.7	38.1	9.6
75 AND OVER......	303	77.3	48.0	36.7	5.7	64.0	22.7	23.7	43.1	10.6
LL INDIVIDUALS...	4/4,026	67.5	42.3	35.7	3.1	50.4	20.4	14.2	30.3	8.3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

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TABLE 5B-2.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/54	0	0	0	0	0	0	0	0	0
1-2.............	4/137	5	3	3	0	3	1	(5)	(5)	(5)
3-5.............	202	13	3	3	0	9	3	1	5	1
6-8.............	186	38	11	9	(5)	27	7	1	1[illegible]	1
MALES:										
9-11............	99	40	12	8	0	29	8	1	17	3
12-14...........	93	27	8	6	(5)	19	5	0	13	1
15-18...........	113	18	6	6	0	12	1	0	11	(5)
19-22...........	92	19	13	13	(5)	5	1	0	4	0
23-34...........	166	16	12	11	(5)	4	1	0	2	1
35-50...........	93	4	2	2	0	3	0	0	3	0
51-64...........	142	1	0	0	0	1	(5)	0	1	0
65-74...........	254	7	1	1	0	6	(5)	(5)	5	1
75 AND OVER.....	162	6	2	2	(5)	4	2	0	2	(5)
FEMALES:										
9-11............	108	49	16	12	0	33	8	2	21	2
12-14...........	95	26	12	11	0	14	6	2	7	0
15-18...........	117	28	13	11	0	15	4	2	9	0
19-22...........	155	6	2	1	(5)	4	1	1	1	1
23-34...........	349	5	2	1	0	3	1	0	2	0
35-50...........	273	6	3	3	0	4	1	(5)	2	1
51-64...........	380	4	1	1	(5)	3	1	0	2	(5)
65-74...........	453	5	(5)	(5)	(5)	4	(5)	(5)	4	0
75 AND OVER.....	303	4	1	1	0	3	1	0	2	(5)
ALL INDIVIDUALS...	4/4,026	12	4	4	(5)	7	2	(5)	5	(5)

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

ABLE 5B-2.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

8 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
ALES AND FEMALES:										
UNDER 1..........	4/54	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
1-2.............	4/137	8.2	2.4	2.4	.0	5.8	3.1	1.2	1.7	.5
3-5.............	202	15.6	4.7	4.0	.0	13.2	5.5	1.2	8.5	1.6
6-8.............	186	43.3	14.8	10.1	.8	36.3	13.4	3.1	29.3	1.0
ALES:										
9-11............	99	44.6	17.2	11.9	.0	39.9	19.0	3.2	27.3	3.5
12-14...........	93	32.9	12.4	7.9	.9	29.3	7.3	.0	21.2	1.6
15-18...........	113	20.5	3.8	3.2	.0	17.3	2.3	.0	15.6	.6
19-22...........	92	15.7	11.6	11.6	1.0	7.7	2.1	.0	7.7	.0
23-34...........	166	14.7	9.0	8.3	2.0	6.9	2.1	.0	4.1	.7
35-50...........	93	6.1	2.9	2.9	.0	4.5	.0	.0	4.5	.0
51-64...........	142	1.7	.0	.0	.0	1.7	.6	.0	1.7	.0
65-74...........	254	8.2	2.1	2.1	.0	6.7	.5	.3	6.2	.8
75 AND OVER.....	162	5.4	1.1	1.1	.9	5.4	2.0	.0	4.5	1.1
EMALES:										
9-11............	108	47.7	14.9	9.4	.0	43.5	15.5	3.7	33.8	1.6
12-14...........	95	26.1	13.5	11.0	.0	20.0	9.9	4.0	14.8	.0
15-18...........	117	24.8	9.0	6.7	.0	19.9	6.9	3.4	15.4	.0
19-22...........	155	13.4	5.0	1.7	.6	9.7	3.3	1.3	3.0	2.1
23-34...........	349	6.2	3.0	2.3	.0	3.9	1.3	.0	2.6	.0
35-50...........	273	4.8	2.3	2.3	.0	3.7	1.4	.4	2.3	1.4
51-64...........	380	7.4	2.8	2.0	.4	5.1	1.5	.0	4.0	.2
65-74...........	453	7.0	.6	.4	.3	6.6	.9	.4	5.6	.0
75 AND OVER.....	303	5.5	1.8	1.1	.0	4.5	2.0	.0	3.8	.3
LL INDIVIDUALS...	4/4,026	13.3	4.8	3.6	.3	10.7	3.5	.8	8.0	.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

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TABLE 5B-3.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/54	97	28	28	0	69	8	14	30	17
1-2.............	4/137	107	52	46	1	54	12	13	13	15
3-5.............	202	91	48	40	(5)	43	12	7	13	10
6-8.............	186	94	49	43	(5)	44	16	5	11	12
MALES:										
9-11............	99	80	46	42	0	34	11	1	9	12
12-14...........	93	95	49	38	1	45	17	5	15	8
15-18...........	113	64	36	33	0	28	7	1	17	4
19-22...........	92	85	53	48	0	32	7	8	8	8
23-34...........	166	100	47	44	1	51	10	4	21	17
35-50...........	93	88	47	41	(5)	41	6	9	16	10
51-64...........	142	86	42	33	1	43	13	6	19	4
65-74...........	254	122	50	35	1	70	13	10	41	6
75 AND OVER.....	162	111	31	17	3	77	17	14	37	9
FEMALES:										
9-11............	108	68	33	31	0	34	9	2	15	9
12-14...........	95	85	50	49	(5)	34	9	1	18	6
15-18...........	117	75	47	41	(5)	28	9	2	10	6
19-22...........	155	83	37	32	1	45	13	10	17	5
23-34...........	349	112	60	51	1	51	13	4	19	14
35-50...........	273	104	62	53	1	41	8	5	21	8
51-64...........	380	133	65	58	(5)	68	17	9	34	7
65-74...........	453	156	79	64	2	76	16	11	37	21
75 AND OVER.....	303	151	62	46	3	86	19	15	42	11
ALL INDIVIDUALS...	4/4,026	111	54	45	1	55	13	8	25	10

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5B-3.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/54	64.4	28.4	28.4	0.0	51.9	19.0	20.8	38.4	15.5
1-2.............	4/137	63.1	42.8	36.1	3.5	42.8	16.9	21.2	13.8	12.9
3-5.............	202	58.2	40.1	33.5	1.9	44.8	22.6	13.2	16.4	10.5
6-8.............	186	61.7	42.0	35.2	.5	40.1	20.1	10.4	15.4	8.9
MALES:										
9-11............	99	54.2	39.3	35.8	.0	29.4	15.6	4.5	8.6	7.0
12-14...........	93	51.3	32.8	25.5	2.2	40.7	21.6	7.4	17.8	7.1
15-18...........	113	39.7	30.2	23.2	.0	22.0	9.2	2.3	11.8	2.5
19-22...........	92	50.5	32.9	28.6	.0	30.3	9.2	10.1	15.4	6.6
23-34...........	166	53.5	31.2	30.7	3.3	35.7	11.8	8.2	17.4	9.5
35-50...........	93	53.5	37.0	31.1	.9	29.6	8.2	9.0	20.9	5.4
51-64...........	142	54.7	28.9	21.7	2.5	43.7	19.3	14.7	16.5	5.0
65-74...........	254	63.7	36.4	27.9	3.9	49.6	15.9	17.1	34.1	4.8
75 AND OVER.....	162	67.0	25.8	19.1	6.0	57.4	18.7	23.8	36.4	9.0
FEMALES:										
9-11............	108	50.4	32.1	29.9	.0	33.8	10.2	3.5	14.2	8.6
12-14...........	95	56.7	39.6	38.7	1.1	35.8	14.9	3.1	19.1	6.1
15-18...........	117	50.2	36.4	33.1	1.4	33.3	13.8	5.0	13.7	4.9
19-22...........	155	50.8	26.8	23.9	4.3	39.2	19.3	12.8	22.2	3.4
23-34...........	349	60.4	42.0	34.1	3.5	38.6	17.5	7.7	20.8	10.3
35-50...........	273	58.6	40.9	36.7	1.3	32.2	12.4	9.1	17.8	5.1
51-64...........	380	69.6	44.8	39.9	.8	50.7	21.8	15.8	26.8	6.4
65-74...........	453	77.7	51.1	43.3	5.7	59.0	22.7	21.5	35.3	9.6
75 AND OVER.....	303	76.7	47.5	36.5	5.7	63.1	21.5	23.7	41.2	10.3
ALL INDIVIDUALS...	4/4,026	62.1	39.5	33.4	2.8	44.3	17.7	13.6	23.9	7.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5C-1.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/55	174	20	19	(5)	154	23	20	74	38
1-2..............	4/127	105	49	41	1	55	12	13	15	16
3-5..............	243	109	51	42	(5)	57	11	10	21	15
6-8..............	197	126	57	48	(5)	68	21	8	31	9
MALES:										
9-11.............	94	122	58	50	(5)	64	18	7	33	6
12-14............	140	117	56	49	(5)	61	19	7	28	7
15-18............	133	124	59	56	(5)	65	17	5	35	9
19-22............	121	101	47	40	(5)	53	22	4	19	9
23-34............	309	96	41	33	(5)	55	14	7	22	13
35-50............	203	106	51	42	1	54	16	6	25	7
51-64............	218	137	61	46	2	74	15	11	42	6
65-74............	242	209	72	53	5	132	20	21	65	26
75 AND OVER......	84	235	91	68	7	137	52	20	51	13
FEMALES:										
9-11.............	118	144	76	69	1	67	20	10	29	9
12-14............	130	103	52	43	(5)	51	15	6	20	10
15-18............	140	115	57	47	1	57	19	6	26	6
19-22............	183	115	51	43	1	63	10	4	36	14
23-34............	462	108	54	41	1	54	15	5	17	16
35-50............	340	108	56	49	(5)	52	11	6	30	5
51-64............	380	152	73	53	1	79	15	10	43	11
65-74............	226	203	89	65	2	113	18	18	63	14
75 AND OVER......	104	211	91	70	4	116	29	13	61	13
ALL INDIVIDUALS...	4/4,249	132	60	48	1	72	17	9	34	12

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5C-1.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/55	76.0	19.2	17.5	1.7	74.8	35.9	40.3	61.8	26.8
1-2..............	4/127	71.8	43.9	39.0	7.4	56.6	22.2	25.4	29.9	14.4
3-5..............	243	69.9	42.9	33.2	3.9	54.2	20.8	20.4	28.1	13.0
6-8..............	197	78.5	47.2	40.6	3.2	63.8	30.1	16.9	47.3	9.4
MALES:										
9-11.............	94	76.6	42.6	38.2	1.1	67.3	32.4	15.8	46.1	7.9
12-14............	140	69.3	44.1	35.6	2.1	48.4	24.5	12.9	34.7	5.7
15-18............	133	74.1	47.9	44.1	1.6	54.2	15.7	8.6	41.4	6.5
19-22............	121	53.0	34.1	28.8	1.0	36.9	18.6	4.7	20.1	8.4
23-34............	309	51.5	32.0	26.8	1.0	37.2	16.1	11.0	20.1	7.[illegible]
35-50............	203	52.9	30.4	26.4	4.8	40.0	21.3	11.0	23.7	4.9
51-64............	218	71.7	42.6	33.0	3.0	55.4	19.0	19.9	33.9	6.7
65-74............	242	77.6	48.0	38.5	10.7	71.7	23.1	30.9	50.1	15.3
75 AND OVER......	84	86.1	59.0	46.8	8.2	72.7	36.2	25.7	49.0	16.4
FEMALES:										
9-11.............	118	81.2	54.1	47.3	4.3	62.3	28.9	22.3	40.5	10.5
12-14............	130	65.6	43.5	35.8	2.1	47.5	22.4	14.2	28.2	9.3
15-18............	140	69.8	48.0	36.7	2.9	52.9	30.7	14.4	30.6	6.6
19-22............	183	54.6	31.9	26.3	1.9	44.1	17.3	10.4	28.7	14.9
23-34............	462	60.8	38.2	28.5	2.9	46.1	21.4	11.5	23.5	10.1
35-50............	340	57.4	36.7	33.3	2.0	40.9	14.0	11.6	26.6	3.7
51-64............	380	74.9	55.3	46.7	2.8	58.0	21.5	18.3	38.7	9.3
65-74............	226	87.2	59.6	46.9	7.6	77.5	27.4	32.8	58.7	14.0
75 AND OVER......	104	85.1	51.9	41.1	13.8	81.9	36.4	27.5	62.0	14.1
ALL INDIVIDUALS...	4/4,249	68.2	43.2	35.6	3.9	54.0	22.4	17.2	34.7	9.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5C-2.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY, 3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1	4/55	1	0	0	0	1	1	0	0	0
1-2	4/127	4	2	1	0	2	0	(5)	1	1
3-5	243	11	5	5	(5)	6	2	1	3	1
6-8	197	35	12	10	(5)	22	5	2	15	1
MALES:										
9-11	94	34	10	8	0	25	7	1	15	2
12-14	140	31	9	7	(5)	21	6	2	12	1
15-18	133	25	7	6	0	19	3	(5)	14	1
19-22	121	14	5	4	0	9	3	1	4	1
23-34	309	9	1	1	0	7	1	2	4	(5)
35-50	203	9	7	6	(5)	2	1	0	1	0
51-64	218	1	1	1	0	(5)	0	0	(5)	0
65-74	242	3	(5)	(5)	(5)	3	(5)	(5)	1	1
75 AND OVER	84	3	(5)	(5)	0	2	1	0	1	0
FEMALES:										
9-11	118	33	10	8	(5)	23	5	2	13	2
12-14	130	24	6	4	0	18	6	1	9	2
15-18	140	19	5	4	0	14	7	(5)	6	(5)
19-22	183	3	1	1	0	2	(5)	(5)	2	(5)
23-34	462	6	3	3	0	3	1	(5)	2	1
35-50	340	6	4	4	(5)	1	(5)	0	1	0
51-64	380	8	3	2	0	5	(5)	1	3	1
65-74	226	6	1	1	(5)	6	(5)	0	5	1
75 AND OVER	104	3	1	1	(5)	2	0	0	2	0
ALL INDIVIDUALS	4/4,249	11	4	3	(5)	7	2	1	4	1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5C-2.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/55	1.4	0.0	0.0	0.0	1.4	1.4	0.0	0.0	0.0
1-2.............	4/127	8.6	3.9	2.5	.0	4.7	.0	.7	2.6	1.4
3-5.............	243	15.7	5.2	4.9	.8	11.3	3.8	2.0	6.4	.8
6-8.............	197	46.4	14.5	9.9	1.2	39.2	13.4	3.9	31.8	2.1
MALES:										
9-11............	94	45.2	11.2	5.9	.0	39.2	15.7	2.3	28.2	3.6
12-14...........	140	37.9	11.4	6.2	.7	28.6	12.5	3.3	22.6	.7
15-18...........	133	26.6	6.1	5.0	.0	23.6	5.4	.4	20.6	1.2
19-22...........	121	8.4	5.4	4.5	.0	6.0	2.1	1.6	4.4	1.1
23-34...........	309	10.9	3.3	1.5	.0	9.0	2.5	1.7	6.1	.3
35-50...........	203	8.6	6.2	6.2	1.3	4.6	1.6	.0	3.0	.0
51-64...........	218	3.2	1.2	1.2	.0	1.9	.0	.0	1.9	.0
65-74...........	242	4.5	1.8	.7	.7	4.5	.7	.7	3.1	1.1
75 AND OVER.....	84	4.9	1.1	1.1	.0	3.8	2.3	.0	2.8	.0
FEMALES:										
9-11............	118	45.5	13.7	9.1	.8	37.0	12.6	4.6	24.6	3.4
12-14...........	130	30.8	10.0	4.9	.0	25.3	9.2	3.1	16.6	1.9
15-18...........	140	25.4	8.1	3.4	.0	21.9	15.8	3.5	14.1	.5
19-22...........	183	5.9	2.4	1.6	.0	3.9	.6	.8	3.4	.4
23-34...........	462	10.3	4.7	3.0	.0	6.8	2.2	.4	3.8	1.0
35-50...........	340	7.5	3.3	2.8	.9	3.5	.3	.0	3.3	.0
51-64...........	380	10.9	5.7	3.9	.0	8.3	1.2	1.7	5.1	1.1
65-74...........	226	11.8	1.5	1.0	1.3	10.3	.3	.0	9.7	1.7
75 AND OVER.....	104	8.0	.9	.9	.8	6.3	.0	.0	6.3	.0
ALL INDIVIDUALS...	4/4,249	15.2	5.2	3.5	.4	11.8	3.8	1.3	8.6	.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5C-3.1.--FRUITS[1]

AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/55	174	20	19	(5)	153	23	20	74	38
1-2.............	4/127	101	48	40	1	53	12	13	14	15
3-5.............	243	97	46	37	(5)	51	10	9	18	14
6-8.............	197	91	45	38	(5)	46	15	6	17	8
MALES:										
9-11............	94	88	48	42	(5)	40	12	6	18	4
12-14...........	140	87	47	42	(5)	39	13	5	15	6
15-18...........	133	99	52	50	(5)	47	13	5	21	8
19-22...........	121	88	43	37	(5)	45	19	3	15	8
23-34...........	309	88	40	32	(5)	48	13	5	17	13
35-50...........	203	97	44	36	(5)	52	15	6	25	7
51-64...........	218	135	60	45	2	74	15	11	42	6
65-74...........	242	206	72	53	5	129	20	20	64	25
75 AND OVER.....	84	232	91	68	7	135	51	20	50	13
FEMALES:										
9-11............	118	111	66	61	(5)	45	14	8	16	7
12-14...........	130	79	46	39	(5)	33	9	5	10	8
15-18...........	140	97	53	43	1	43	12	6	19	6
19-22...........	183	112	50	42	1	61	10	4	34	14
23-34...........	462	102	51	38	1	50	14	5	15	16
35-50...........	340	102	51	45	(5)	51	11	6	29	5
51-64...........	380	145	70	50	1	74	15	9	40	11
65-74...........	226	197	88	64	2	107	18	18	59	13
75 AND OVER.....	104	208	90	69	4	114	29	13	59	13
ALL INDIVIDUALS...	4/4,249	121	56	44	1	64	15	9	29	11

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

ABLE 5C-3.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/55	74.6	19.2	17.5	1.7	73.4	34.6	40.3	61.8	26.8
1-2..............	4/127	67.8	42.2	37.3	7.4	52.7	22.2	24.8	28.2	13.0
3-5..............	243	64.4	39.3	29.7	3.1	47.9	18.1	18.3	23.2	12.3
6-8..............	197	58.2	37.3	32.3	1.9	39.3	20.9	13.6	19.6	7.8
MALES:										
9-11.............	94	58.1	36.5	34.0	1.1	43.1	20.3	13.5	21.9	4.3
12-14............	140	49.4	35.8	30.6	1.4	29.2	15.9	10.2	15.5	5.0
15-18............	133	59.8	41.8	39.1	1.6	35.3	11.5	8.2	24.3	5.3
19-22............	121	49.2	29.6	24.3	1.0	34.7	18.6	3.1	17.3	7.4
23-34............	309	46.6	29.5	25.2	1.0	31.9	14.2	9.2	15.4	6.9
35-50............	203	51.9	27.4	23.4	3.5	39.1	19.7	11.0	21.5	4.9
51-64............	218	70.1	41.3	31.8	3.0	53.9	19.0	19.9	32.4	6.7
65-74............	242	76.8	48.0	38.5	10.0	70.9	22.4	30.9	48.7	15.3
75 AND OVER......	84	86.1	59.0	46.8	8.2	72.7	35.2	25.7	46.2	16.4
FEMALES:										
9-11.............	118	60.5	42.8	39.4	3.5	43.4	19.6	17.7	21.5	7.1
12-14............	130	47.2	34.8	31.6	2.1	31.0	13.7	11.2	14.3	8.8
15-18............	140	60.8	41.5	34.9	2.9	40.8	19.5	10.9	21.5	6.1
19-22............	183	51.8	29.5	24.7	1.9	41.8	16.7	9.6	26.9	14.5
23-34............	462	56.4	35.4	26.5	2.9	41.5	19.6	11.3	19.9	9.1
35-50............	340	56.8	36.1	32.7	1.7	40.1	13.8	11.6	24.8	3.7
51-64............	380	73.7	53.9	44.6	2.8	56.6	20.9	16.6	37.4	8.6
65-74............	226	86.8	58.6	45.9	6.2	75.7	27.1	32.8	53.6	13.2
75 AND OVER......	104	85.1	51.9	41.1	13.1	80.7	36.4	27.5	57.4	14.1
ALL INDIVIDUALS...	4/4,249	62.4	39.9	33.1	3.5	47.6	19.7	16.1	28.3	9.1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5D-1.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/117	136	17	17	0	118	22	12	57	27
1-2.............	4/283	150	52	46	1	96	27	11	27	31
3-5.............	406	125	62	53	1	62	21	8	19	14
6-8.............	468	139	58	46	1	80	27	8	31	14
MALES:										
9-11............	200	128	58	51	(5)	70	21	6	32	11
12-14...........	222	116	50	40	(5)	65	19	7	36	4
15-18...........	240	135	68	57	(5)	67	20	7	31	9
19-22...........	166	109	56	49	0	53	16	11	17	9
23-34...........	695	120	59	50	(5)	61	17	9	20	14
35-50...........	508	122	44	36	(5)	78	18	9	38	12
51-64...........	412	162	66	46	1	95	25	13	51	5
65-74...........	152	188	69	49	1	118	31	11	69	6
75 AND OVER.....	47	334	87	47	2	245	33	26	111	75
FEMALES:										
9-11............	225	141	62	49	(5)	79	25	7	34	14
12-14...........	244	127	56	47	(5)	71	21	7	33	10
15-18...........	260	116	58	51	(5)	58	15	6	27	10
19-22...........	209	106	53	46	(5)	52	12	5	29	7
23-34...........	1,009	106	51	42	(5)	54	16	5	23	10
35-50...........	673	118	59	48	(5)	59	15	7	31	6
51-64...........	521	177	81	64	1	95	23	9	52	11
65-74...........	167	200	88	60	1	111	18	15	57	21
75 AND OVER.....	62	177	78	54	1	98	13	16	59	11
ALL INDIVIDUALS...	4/7,286	133	59	48	1	74	20	8	34	12

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

ABLE 5D-1.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/117	81.4	22.3	21.6	0.0	80.0	43.9	29.6	64.5	29.4
1-2.............	4/283	78.5	45.7	39.8	7.7	70.4	41.7	23.0	38.7	19.9
3-5.............	406	75.0	47.1	42.4	5.7	61.9	33.5	17.6	31.2	12.9
6-8.............	468	77.3	50.4	40.3	4.8	64.5	34.3	17.5	38.3	13.5
MALES:										
9-11............	200	76.3	48.2	44.2	1.0	59.8	33.0	13.8	32.3	10.3
12-14...........	222	70.1	36.7	30.3	1.1	57.3	22.4	11.0	41.8	4.0
15-18...........	240	66.3	44.9	39.6	.4	50.2	22.5	11.9	33.5	5.9
19-22...........	166	64.3	36.5	31.9	.0	42.7	17.2	15.2	20.7	4.5
23-34...........	695	60.3	37.9	32.1	1.6	46.0	21.9	13.0	24.9	7.2
35-50...........	508	64.2	35.6	28.9	1.0	50.6	23.9	15.2	30.4	6.8
51-64...........	412	73.4	47.0	36.3	2.2	58.5	24.5	19.9	39.1	4.9
65-74...........	152	78.6	52.5	38.4	5.1	67.9	31.1	20.1	53.0	7.2
75 AND OVER.....	47	94.5	64.3	41.1	6.3	94.5	31.5	45.7	68.2	23.7
FEMALES:										
9-11............	225	79.2	47.8	40.0	2.3	65.5	33.5	13.1	45.2	11.5
12-14...........	244	76.6	46.0	37.3	1.3	60.3	27.3	12.3	38.4	9.1
15-18...........	260	70.7	44.2	38.1	1.6	49.2	20.9	11.7	32.2	5.6
19-22...........	209	60.0	33.2	25.7	.5	46.1	16.5	11.1	25.5	7.6
23-34...........	1,009	65.2	40.2	33.6	1.9	49.1	22.6	11.7	29.2	8.5
35-50...........	673	71.3	43.5	37.6	2.0	54.0	22.8	12.4	34.8	6.3
51-64...........	521	81.2	55.6	46.2	3.7	65.7	25.6	18.9	48.8	8.4
65-74...........	167	88.2	58.5	44.4	5.2	73.1	26.3	28.4	57.1	16.5
75 AND OVER.....	62	79.5	57.8	44.9	7.1	74.0	23.2	24.3	57.9	14.1
ALL INDIVIDUALS...	4/7,286	71.4	44.0	36.6	2.6	56.8	26.1	15.6	35.8	9.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5D-2.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/117	2	1	1	0	1	1	0	(5)	(5)
1-2............	4/283	9	3	3	(5)	6	2	1	2	2
3-5............	406	10	3	3	(5)	6	2	1	2	2
6-8............	468	24	8	7	(5)	16	4	1	10	1
MALES:										
9-11...........	200	26	8	7	0	18	5	1	9	2
12-14...........	222	18	3	3	0	15	2	1	12	0
15-18...........	240	17	5	4	0	13	2	(5)	10	0
19-22...........	166	11	6	6	0	5	1	(5)	3	1
23-34...........	695	9	5	5	0	5	1	(5)	2	1
35-50...........	508	8	2	1	0	7	1	(5)	5	0
51-64...........	412	6	2	2	0	4	1	0	2	1
65-74...........	152	2	1	1	0	1	(5)	0	(5)	0
75 AND OVER.....	47	1	1	1	0	(5)	0	0	(5)	0
FEMALES:										
9-11...........	225	27	6	4	(5)	21	3	1	16	(5)
12-14...........	244	25	8	7	0	17	5	1	9	2
15-18...........	260	19	7	6	(5)	12	2	(5)	8	1
19-22...........	209	13	2	2	0	11	1	(5)	9	1
23-34...........	1,009	9	4	3	0	5	1	(5)	3	1
35-50...........	673	8	3	2	0	5	1	(5)	4	(5)
51-64...........	521	5	2	1	0	3	(5)	(5)	2	1
65-74...........	167	6	2	2	(5)	4	1	(5)	2	(5)
75 AND OVER.....	62	7	1	1	0	6	0	1	4	0
ALL INDIVIDUALS...	4/7,286	12	4	3	(5)	8	2	(5)	5	1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

ABLE 5D-2.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

8 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/117	3.3	0.8	0.8	0.0	3.3	1.9	0.0	0.7	0.7
1-2.............	4/283	14.2	4.8	4.5	.3	11.9	4.2	2.5	5.4	2.8
3-5.............	406	15.1	4.4	3.5	1.4	11.4	3.7	2.0	5.4	2.5
6-8.............	468	30.9	12.4	9.1	1.3	23.9	8.2	1.9	18.5	.9
MALES:										
9-11............	200	30.9	9.0	8.2	.0	26.7	10.7	1.7	16.2	3.4
12-14...........	222	28.2	6.0	4.0	.0	24.5	4.5	1.8	21.0	.0
15-18...........	240	19.6	5.6	4.4	.0	17.5	3.6	.9	14.2	.0
19-22...........	156	14.7	6.1	5.1	.0	8.6	1.1	1.2	6.6	.8
23-34...........	695	11.0	5.5	4.8	.0	7.1	1.6	.2	4.7	1.0
35-50...........	508	7.9	2.3	1.6	.0	6.2	1.8	.5	4.5	.0
51-64...........	412	7.2	2.9	2.6	.0	4.9	1.8	.0	2.7	.6
65-74...........	152	4.8	1.9	1.9	.0	2.9	1.5	.0	2.4	.0
75 AND OVER.....	47	4.7	2.4	2.4	.0	2.3	.0	.0	2.3	.0
FEMALES:										
9-11............	225	37.7	8.3	4.6	1.7	34.0	7.8	3.3	28.3	.9
12-14...........	244	31.3	10.3	7.1	.0	24.1	9.1	2.2	14.7	1.1
15-18...........	260	20.0	8.9	6.9	.5	13.4	5.1	.9	10.9	1.2
19-22...........	209	10.2	3.4	2.3	.0	8.8	1.3	.5	6.0	1.0
23-34...........	1,009	11.1	4.6	3.4	.0	7.8	1.8	1.2	4.9	1.2
35-50...........	673	11.8	4.4	2.9	.0	8.9	2.5	.2	6.6	.2
51-64...........	521	9.0	2.3	1.6	.0	7.3	1.0	.3	5.3	.7
65-74...........	167	12.5	6.6	2.5	1.3	8.8	2.8	1.3	7.6	1.0
75 AND OVER.....	62	20.4	5.6	4.2	.0	16.2	.0	1.8	14.4	.0
ALL INDIVIDUALS...	4/7,286	15.2	5.3	4.0	.3	11.8	3.3	1.0	8.3	1.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

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TABLE 5D-3.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/117	134	17	16	0	117	22	12	56	27
1-2.............	4/283	140	49	43	1	90	25	10	25	30
3-5.............	406	115	58	50	1	56	20	7	17	12
6-8.............	468	115	50	39	1	64	23	8	21	13
MALES:										
9-11............	200	103	50	44	(5)	52	15	5	23	9
12-14...........	222	97	47	38	(5)	50	16	6	24	4
15-18...........	240	117	63	53	(5)	54	18	7	21	9
19-22...........	166	98	50	44	0	48	15	10	14	8
23-34...........	695	111	55	45	(5)	56	16	9	18	13
35-50...........	508	114	43	35	(5)	71	17	9	34	12
51-64...........	412	155	64	44	1	91	24	13	49	4
65-74...........	152	186	68	48	1	117	31	11	69	6
75 AND OVER.....	47	332	86	46	2	244	33	26	111	75
FEMALES:										
9-11............	225	114	56	44	(5)	58	21	5	18	13
12-14...........	244	101	47	40	(5)	54	16	6	24	7
15-18...........	260	97	51	45	(5)	46	12	6	19	9
19-22...........	209	93	51	44	(5)	41	11	5	19	6
23-34...........	1,009	97	47	39	(5)	49	15	5	20	9
35-50...........	673	110	56	46	(5)	54	14	7	27	6
51-64...........	521	172	79	63	1	92	22	9	50	10
65-74...........	167	194	86	59	1	108	17	15	55	21
75 AND OVER.....	62	170	77	52	1	92	13	15	54	11
ALL INDIVIDUALS...	4/7,286	121	55	44	1	66	18	8	29	11

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

ABLE 5D-3.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

8 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
ALES AND FEMALES:										
UNDER 1..........	4/117	81.4	22.3	21.6	0.0	80.0	43.9	29.6	63.8	28.6
1-2..............	4/283	76.3	43.5	37.7	7.4	67.4	38.9	20.9	35.3	18.8
3-5..............	406	70.6	45.6	40.8	4.7	56.2	30.8	15.6	26.6	11.3
6-8..............	468	67.2	42.1	34.4	3.7	53.6	27.9	15.6	23.7	12.7
ALES:										
9-11.............	200	65.2	43.4	39.3	1.0	45.7	23.6	12.0	18.4	8.1
12-14............	222	58.7	34.2	29.0	1.1	42.9	19.0	9.3	24.4	4.0
15-18............	240	61.1	42.3	37.7	.4	40.6	20.0	11.0	21.1	5.9
19-22............	166	57.1	32.3	28.7	.0	39.8	17.2	14.0	16.3	3.7
23-34............	695	56.2	34.8	29.6	1.6	42.7	20.4	12.8	21.6	7.0
35-50............	508	62.0	34.1	27.5	1.0	48.5	23.0	15.0	28.7	6.8
51-64............	412	71.3	46.6	34.8	2.2	56.0	23.5	19.9	37.4	4.3
65-74............	152	78.6	52.5	38.4	5.1	67.0	29.6	20.1	51.2	7.2
75 AND OVER......	47	94.5	64.3	38.7	6.3	94.5	31.5	45.7	68.2	23.7
FEMALES:										
9-11.............	225	66.3	42.6	37.0	1.0	50.6	28.1	10.2	23.0	11.0
12-14............	244	63.7	39.2	31.9	1.3	47.4	21.1	11.2	26.7	8.4
15-18............	260	64.7	41.1	34.1	1.1	42.4	16.7	10.8	23.5	4.8
19-22............	209	57.7	31.8	24.3	.5	42.3	15.2	10.7	23.6	6.6
23-34............	1,009	62.1	38.2	32.1	1.9	46.5	21.7	10.5	25.6	8.0
35-50............	673	68.2	40.8	35.8	2.0	50.4	21.0	12.4	30.1	6.2
51-64............	521	79.6	54.6	45.4	3.7	63.9	25.3	18.6	47.0	7.7
65-74............	167	88.2	57.8	43.7	4.0	71.2	23.9	28.4	52.5	15.5
75 AND OVER......	62	77.1	57.8	44.9	7.1	71.7	23.2	22.5	55.5	14.1
LL INDIVIDUALS...	4/7,286	66.8	41.3	34.4	2.4	51.7	23.8	14.7	29.9	8.6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5E-1.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/115	168	21	21	0	147	20	16	79	32
1-2..............	4/271	193	76	70	2	115	24	17	35	39
3-5..............	532	179	75	66	1	102	26	10	31	35
6-8..............	594	185	85	74	1	99	30	10	39	20
MALES:										
9-11.............	328	161	72	61	1	89	32	10	39	8
12-14............	437	158	74	61	(5)	83	30	9	35	10
15-18............	555	162	84	70	1	77	25	10	28	14
19-22............	313	141	70	56	(5)	70	21	15	26	8
23-34............	953	141	74	63	(5)	68	17	7	33	11
35-50............	1,219	145	64	51	(5)	80	25	8	39	9
51-64............	760	196	88	63	1	107	25	17	53	11
65-74............	115	251	111	90	7	133	14	19	92	8
75 AND OVER......	35	172	66	49	2	104	9	20	72	3
FEMALES:										
9-11.............	339	176	80	66	1	95	28	11	43	14
12-14............	413	158	72	58	(5)	85	24	9	39	13
15-18............	559	121	62	53	(5)	58	20	6	23	9
19-22............	367	122	66	55	1	55	12	4	27	13
23-34............	1,254	140	68	57	1	71	17	7	34	13
35-50............	1,507	135	66	51	1	69	17	7	35	10
51-64............	777	198	90	65	1	108	28	13	55	12
65-74............	117	226	107	64	2	118	21	14	65	17
75 AND OVER......	63	174	64	40	6	104	33	9	45	17
ALL INDIVIDUALS...	4/11,624	158	73	59	1	84	22	9	38	13

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5E-1.2.--FRUITS[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	[4]/115	81.7	29.4	29.4	0.0	81.0	40.5	32.1	68.8	35.8
1-2.............	[4]/271	85.7	54.5	51.3	10.4	76.2	36.6	30.4	44.3	26.8
3-5.............	532	88.3	56.9	52.7	7.2	72.4	40.3	20.0	39.1	25.9
6-8.............	594	86.9	58.8	53.9	4.9	75.2	40.7	18.7	47.3	16.6
MALES:										
9-11............	328	86.4	54.0	48.0	3.5	71.2	38.1	17.6	43.2	8.7
12-14...........	437	77.4	53.4	43.9	2.5	61.0	34.2	16.8	37.4	7.5
15-18...........	555	73.4	49.9	42.0	3.4	55.8	30.7	16.2	32.4	9.1
19-22...........	313	68.2	49.1	41.7	2.0	46.7	21.5	16.8	26.6	6.5
23-34...........	953	69.6	48.0	41.5	1.6	49.3	20.1	12.5	32.9	8.2
35-50...........	1,219	71.4	46.3	38.5	2.4	56.7	27.7	13.7	34.3	7.5
51-64...........	760	85.8	58.1	45.8	4.6	72.8	29.9	27.5	47.6	7.2
65-74...........	115	90.1	70.8	59.2	15.8	70.6	25.4	30.5	58.6	6.9
75 AND OVER.....	35	74.2	54.4	37.3	8.8	70.6	14.4	39.4	64.0	2.8
FEMALES:										
9-11............	339	86.6	58.1	49.2	4.2	73.6	39.2	19.3	50.7	11.2
12-14...........	413	79.5	53.3	43.6	2.2	65.7	33.0	14.9	40.5	12.2
15-18...........	559	71.9	45.9	40.1	2.0	53.7	26.6	11.7	30.3	7.7
19-22...........	367	63.1	40.5	33.2	4.2	51.1	19.4	9.4	33.8	8.2
23-34...........	1,254	73.8	48.5	42.3	4.7	57.6	25.8	13.1	38.0	9.7
35-50...........	1,507	74.8	48.6	39.1	2.4	58.6	24.4	13.9	37.3	8.9
51-64...........	777	85.7	62.2	48.2	4.0	71.6	30.3	23.8	53.5	8.8
65-74...........	117	88.3	69.3	50.1	8.1	74.2	26.1	24.8	51.8	13.3
75 AND OVER.....	63	85.7	49.1	36.8	18.2	7[illegible].4	40.6	18.8	40.7	13.8
ALL INDIVIDUALS...	[4]/11,624	77.4	51.6	43.4	3.8	62.1	29.0	17.0	39.7	10.5

[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5E-2.1.--FRUITS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/115	2	0	0	0	2	(5)	0	2	(5)
1-2..............	4/271	10	4	4	(5)	6	1	1	2	2
3-5..............	532	16	6	5	(5)	11	2	(5)	4	4
6-8..............	594	24	8	6	(5)	16	4	(5)	10	2
MALES:										
9-11.............	328	29	9	7	(5)	20	5	(5)	13	1
12-14............	437	21	8	7	(5)	13	4	1	8	1
15-18............	555	21	8	6	0	14	4	(5)	6	3
19-22............	313	15	7	4	(5)	7	2	1	3	2
23-34............	953	13	6	5	0	8	1	(5)	4	2
35-50............	1,219	9	4	4	(5)	5	1	(5)	3	1
51-64............	760	10	4	3	0	6	1	1	4	(5)
65-74............	115	11	6	6	(5)	5	1	0	5	0
75 AND OVER......	35	13	0	0	0	13	5	0	8	0
FEMALES:										
9-11.............	339	24	5	5	0	19	4	1	13	1
12-14............	413	23	7	6	(5)	16	4	1	9	2
15-18............	559	14	5	4	(5)	9	3	(5)	5	1
19-22............	367	9	5	5	(5)	4	1	1	2	(5)
23-34............	1,254	9	4	3	(5)	5	1	(5)	3	1
35-50............	1,507	7	3	3	(5)	4	1	(5)	3	1
51-64............	777	10	4	3	0	6	1	(5)	4	(5)
65-74............	117	9	2	2	0	6	1	0	5	0
75 AND OVER......	63	1	1	0	0	0	0	0	0	0
ALL INDIVIDUALS...	4/11,624	13	5	4	(5)	8	2	(5)	5	1

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5E-2.2.--FRUITS[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3]/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/115	4.2	0.0	0.0	0.0	4.2	1.1	0.0	4.2	1.1
1-2.............	4/271	13.7	5.1	4.4	.7	9.7	3.2	3.4	4.0	2.0
3-5.............	532	20.2	7.4	6.4	.8	15.8	5.3	1.2	8.1	5.4
6-8.............	594	33.8	11.9	8.8	.7	28.2	8.5	.7	20.8	2.7
MALES:										
9-11............	328	36.0	12.1	8.6	1.7	28.6	9.9	1.5	21.3	1.2
12-14...........	437	27.5	9.3	7.1	.3	22.0	8.4	1.7	14.9	1.1
15-18...........	555	20.1	6.7	4.4	.0	16.9	7.0	1.4	9.9	1.3
19-22...........	313	15.3	7.5	5.8	.5	8.9	3.9	1.1	5.1	1.4
23-34...........	953	16.6	6.9	5.8	.0	11.0	2.1	1.3	7.1	1.6
35-50...........	1,219	12.0	5.3	3.6	.5	8.4	2.0	.8	6.3	1.0
51-64...........	760	14.8	5.3	4.3	.0	10.5	2.2	1.8	7.0	.5
65-74...........	115	21.2	9.3	9.3	2.3	12.8	2.7	.0	11.1	.0
75 AND OVER.....	35	20.0	.0	.0	.0	20.0	6.0	.0	16.8	.0
FEMALES:										
9-11............	339	34.1	9.2	5.9	.0	28.6	8.7	1.4	22.1	.8
12-14...........	413	27.5	9.2	6.4	.4	23.8	7.6	1.3	16.5	2.4
15-18...........	559	19.8	6.0	4.8	.5	15.7	5.1	1.3	9.9	1.4
19-22...........	367	13.2	4.3	3.5	.7	9.8	3.5	1.9	6.1	.3
23-34...........	1,254	13.7	5.5	4.4	.2	10.1	2.7	1.3	6.8	1.3
35-50...........	1,507	11.9	5.7	3.8	.1	8.1	1.8	.5	6.6	.7
51-64...........	777	16.5	5.9	3.3	.0	12.0	3.2	.5	9.0	.2
65-74...........	117	8.9	2.9	2.9	.0	6.1	1.7	.0	4.3	.0
75 AND OVER.....	63	2.8	2.8	.0	.0	.0	.0	.0	.0	.0
ALL INDIVIDUALS...	4/11,624	17.9	6.6	4.9	.3	13.5	4.0	1.1	9.3	1.3

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5E-3.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/115	166	21	21	0	145	20	16	77	32
1-2..............	4/271	183	72	66	2	109	22	16	34	37
3-5..............	532	162	70	61	1	92	24	10	27	31
6-8..............	594	161	77	68	1	83	26	10	29	18
MALES:										
9-11.............	328	132	63	54	(5)	69	27	9	26	7
12-14............	437	137	66	54	(5)	70	26	8	27	9
15-18............	555	141	76	64	1	64	21	9	22	12
19-22............	313	126	63	52	(5)	63	19	14	23	6
23-34............	953	128	68	57	(5)	60	16	6	28	9
35-50............	1,219	135	60	48	(5)	75	24	8	36	8
51-64............	760	186	84	60	1	101	25	17	49	10
65-74............	115	240	106	84	7	127	13	19	87	8
75 AND OVER......	35	159	66	49	2	90	4	20	64	3
FEMALES:										
9-11.............	339	152	75	61	1	77	24	10	30	13
12-14............	413	135	65	52	(5)	70	20	8	30	11
15-18............	559	107	58	49	(5)	49	17	6	18	8
19-22............	367	113	61	51	1	51	11	3	25	12
23-34............	1,254	131	65	53	1	66	16	6	31	12
35-50............	1,507	127	62	48	1	64	17	6	32	9
51-64............	777	189	86	62	1	102	27	13	51	12
65-74............	117	218	105	61	2	112	20	14	60	17
75 AND OVER......	63	173	63	40	6	104	33	9	45	17
ALL INDIVIDUALS...	4/11,624	145	69	55	1	75	21	9	33	12

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5E-3.2.--FRUITS[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	[4]/115	81.7	29.4	29.4	0.0	79.9	39.4	32.1	67.7	34.7
1-2.............	[4]/271	84.0	52.4	49.3	9.7	74.6	35.0	28.6	41.7	25.8
3-5.............	532	83.0	53.7	49.6	6.4	66.5	37.2	18.9	33.4	21.9
6-8.............	594	79.5	53.8	48.8	4.2	63.0	34.3	18.2	33.1	14.7
MALES:										
9-11............	328	76.7	48.7	42.5	1.8	58.0	31.0	16.7	26.8	8.2
12-14...........	437	71.0	48.4	39.1	2.2	53.0	28.8	15.1	27.7	7.2
15-18...........	555	68.7	47.6	40.2	3.4	49.5	25.4	15.7	26.3	7.8
19-22...........	313	63.9	44.1	37.5	1.5	44.9	18.2	16.4	23.9	5.1
23-34...........	953	64.2	44.4	38.1	1.6	44.2	18.8	11.3	27.3	6.6
35-50...........	1,219	68.2	44.1	36.7	2.1	52.6	26.4	13.2	30.1	6.6
51-64...........	760	84.1	56.2	43.7	4.6	70.0	28.6	26.7	43.9	7.1
65-74...........	115	90.1	68.5	55.8	15.8	68.5	23.7	30.5	53.1	6.9
75 AND OVER.....	35	74.2	54.4	37.3	8.8	70.6	11.6	39.4	57.9	2.8
FEMALES:										
9-11............	339	79.0	54.0	46.5	4.2	62.8	33.4	18.4	35.5	10.7
12-14...........	413	73.0	48.7	40.2	1.8	54.3	27.2	13.6	30.9	10.1
15-18...........	559	66.7	43.3	37.8	1.5	46.5	23.2	10.6	23.9	6.6
19-22...........	367	60.4	39.6	31.9	4.2	45.7	17.1	7.4	30.5	7.9
23-34...........	1,254	69.9	45.6	39.6	4.5	53.2	24.2	12.1	33.1	8.5
35-50...........	1,507	72.1	46.0	36.8	2.4	55.3	23.4	13.4	33.3	8.3
51-64...........	777	83.2	60.1	46.4	4.0	68.8	28.8	23.6	48.8	8.6
65-74...........	117	86.6	69.3	50.1	8.1	71.1	24.3	24.8	50.4	13.3
75 AND OVER.....	63	85.7	49.1	36.8	18.2	74.4	40.6	18.8	40.7	13.8
ALL INDIVIDUALS...	[4]/11,624	73.3	48.7	40.8	3.5	56.7	26.4	16.2	33.6	9.5

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5F-1.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/126	151	30	30	(5)	121	21	16	55	29
1-2.............	4/306	149	62	58	1	85	19	14	25	29
3-5.............	521	137	62	55	1	74	17	10	25	22
6-8.............	482	152	68	58	1	83	25	9	35	14
MALES:										
9-11............	264	138	64	55	(5)	74	22	9	35	8
12-14...........	287	138	73	63	(5)	65	20	8	27	9
15-18...........	387	138	74	65	(5)	63	18	11	28	6
19-22...........	318	121	57	47	(5)	64	19	14	21	11
23-34...........	846	138	72	63	(5)	65	14	7	30	14
35-50...........	657	133	68	58	(5)	64	16	9	25	12
51-64...........	565	173	79	58	2	92	22	14	45	11
65-74...........	300	184	77	64	3	104	18	17	56	13
75 AND OVER.....	147	194	65	51	3	127	34	21	57	16
FEMALES:										
9-11............	269	159	74	61	(5)	85	23	11	39	12
12-14...........	305	134	68	61	(5)	66	18	6	31	10
15 18...........	424	123	66	59	1	57	16	5	24	12
19-22...........	408	121	60	52	1	60	12	6	33	9
23-34...........	1,216	137	70	59	1	66	15	6	29	15
35-50...........	1,097	134	67	58	(5)	66	14	8	34	10
51-64...........	850	184	92	70	1	92	20	11	50	11
65-74...........	446	203	93	73	2	108	19	15	60	13
75 AND OVER.....	240	204	81	63	4	119	27	15	52	24
ALL INDIVIDUALS...	4/10,462	149	71	60	1	77	18	10	35	13

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5F-1.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/126	72.7	31.0	30.3	0.5	66.7	37.2	27.0	53.9	28.1
1-2..............	4/306	78.4	51.8	46.4	9.5	63.8	28.4	27.5	32.2	20.9
3-5..............	521	76.7	48.9	44.1	5.5	61.4	28.0	17.9	34.0	17.4
6-8..............	482	82.9	54.5	46.7	4.4	67.4	37.0	18.7	42.7	14.1
MALES:										
9-11.............	264	78.9	52.6	46.1	1.6	64.4	36.7	18.0	36.3	8.8
12-14............	287	72.1	49.6	40.8	2.1	54.7	25.8	13.6	33.8	6.6
15-18............	387	70.8	51.0	44.5	1.5	48.9	22.0	16.0	29.8	4.8
19-22............	318	64.8	35.9	30.0	.9	46.8	19.0	15.0	23.4	9.7
23-34............	846	65.8	47.4	40.6	2.4	44.2	16.0	12.1	29.4	8.0
35-50............	657	60.8	42.8	36.2	2.4	46.5	23.0	16.5	25.5	9.0
51-64............	565	74.2	52.2	39.6	5.1	56.2	24.8	21.9	34.9	8.0
65-74............	300	76.0	49.3	42.7	9.6	62.7	21.9	28.6	44.3	11.9
75 AND OVER......	147	79.0	48.3	38.7	6.3	66.3	29.5	32.1	45.0	7.9
FEMALES:										
9-11.............	269	82.3	56.4	47.2	1.4	67.6	34.5	18.1	45.3	12.8
12-14............	305	77.7	55.1	49.0	2.1	58.5	25.9	12.3	35.2	11.0
15-18............	424	68.4	49.2	44.5	1.9	47.7	23.8	9.8	28.1	8.0
19-22............	408	62.7	40.0	34.3	3.7	49.0	18.0	9.2	30.4	8.7
23-34............	1,216	72.1	49.3	43.0	4.6	52.0	22.6	13.4	32.7	10.6
35-50............	1,097	72.2	49.8	44.0	1.9	52.1	21.2	12.9	30.9	9.2
51-64............	850	80.1	61.5	51.5	3.4	60.1	26.1	20.7	41.5	9.4
65-74............	446	82.3	60.2	48.2	6.1	67.3	26.2	27.3	46.6	10.9
75 AND OVER......	240	83.8	58.3	47.3	11.3	72.7	29.8	26.8	46.1	18.9
ALL INDIVIDUALS...	4/10,462	73.3	50.4	43.1	3.8	55.7	24.6	17.2	34.7	10.6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5F-2.1.--FRUITS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	[4]/126	1	1	1	0	1	1	0	0	0
1-2............	[4]/306	6	1	1	(5)	5	2	1	1	1
3-5............	521	14	5	5	(5)	9	2	(5)	4	2
6-8............	482	28	11	9	(5)	17	4	1	11	1
MALES:										
9-11............	264	31	10	8	(5)	21	6	1	12	2
12-14............	287	25	10	7	(5)	15	4	2	8	1
15-18............	387	19	10	9	0	10	2	(5)	6	1
19-22............	318	8	5	4	0	4	1	1	2	(5)
23-34............	846	17	11	10	(5)	6	1	1	3	1
35-50............	657	7	4	3	(5)	3	1	1	2	(5)
51-64............	565	9	5	5	0	4	1	1	2	(5)
65-74............	300	5	2	1	(5)	4	(5)	(5)	3	(5)
75 AND OVER.....	147	5	1	1	0	4	1	(5)	4	0
FEMALES:										
9-11............	269	30	7	4	0	23	5	1	16	1
12-14............	305	21	8	7	(5)	12	4	1	8	0
15-18............	424	16	5	4	(5)	11	3	(5)	6	1
19-22............	408	10	2	1	0	8	1	(5)	6	1
23-34............	1,216	11	4	4	0	6	1	(5)	4	2
35-50............	1,097	7	4	3	0	3	1	(5)	2	(5)
51-64............	850	8	3	2	(5)	5	1	(5)	3	1
65-74............	446	5	2	1	(5)	4	(5)	(5)	3	(5)
75 AND OVER.....	240	3	(5)	(5)	(5)	2	(5)	(5)	2	0
ALL INDIVIDUALS...	[4]/10,462	12	5	4	(5)	7	2	(5)	4	1

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5F-2.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/126	2.4	0.7	0.7	0.0	2.4	2.4	0.0	0.0	0.0
1-2..............	4/306	10.7	3.7	3.0	.4	8.6	4.1	3.2	2.3	1.6
3-5..............	521	16.9	5.6	4.6	.7	13.2	4.6	.8	7.7	2.6
6-8..............	482	34.5	14.3	9.8	1.7	26.3	9.3	2.0	20.5	1.3
MALES:										
9-11.............	2[illegible]4	32.6	11.8	8.0	.4	28.5	14.1	3.1	19.1	2.0
12-14............	287	33.8	11.6	6.8	.3	26.4	9.2	3.5	16.7	1.5
15-18............	387	18.0	6.1	5.0	.0	14.0	4.4	1.0	8.9	.4
19-22............	318	10.0	5.8	4.2	.0	4.8	.9	.7	4.2	.4
23-34............	846	15.1	9.7	8.3	.6	8.1	1.1	1.2	5.1	1.2
35-50............	657	8.0	4.1	2.8	.7	5.2	1.0	.8	4.0	.1
51-64............	565	11.2	6.1	5.8	.0	5.4	1.1	1.0	3.9	.5
65-74............	300	10.7	3.7	3.7	.6	7.6	1.5	.8	6.5	.3
75 AND OVER......	147	7.4	.5	.5	.0	7.4	.8	.5	6.1	.0
FEMALES:										
9-11.............	269	36.2	11.6	5.2	.0	32.4	10.3	1.5	25.3	.8
12-14............	305	25.3	10.6	7.4	.5	18.6	7.4	2.0	13.3	.0
15-18............	424	18.5	5.7	4.5	.7	14.3	5.6	.7	10.2	1.4
19-22............	408	10.3	3.2	2.1	.0	8.9	1.8	.8	5.3	2.0
23-34............	1,216	13.0	5.9	4.4	.0	9.8	2.1	1.5	6.2	1.9
35-50............	1,097	9.2	4.6	3.7	.0	6.1	2.2	.6	4.3	.6
51-64............	850	11.5	5.2	2.6	.1	7.6	2.0	.7	5.7	.6
65-74............	446	8.8	2.7	1.6	1.2	6.8	.8	.7	5.6	.3
75 AND OVER......	240	6.1	.9	.3	.8	5.7	.8	.8	4.6	.0
ALL INDIVIDUALS...	4/10,462	15.0	6.2	4.5	.4	11.0	3.3	1.2	7.6	1.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5F-3.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/126	150	30	30	(5)	120	20	16	55	29
1-2.............	4/306	143	61	57	1	81	16	13	24	28
3-5.............	521	123	57	51	1	65	15	10	21	20
6-8.............	482	124	57	49	1	67	21	9	24	13
MALES:										
9-11............	264	107	53	47	(5)	53	16	8	23	6
12-14...........	287	113	64	56	(5)	49	16	7	19	8
15-18...........	387	119	65	56	(5)	53	16	10	22	5
19-22...........	318	113	52	43	(5)	61	18	13	19	10
23-34...........	846	121	61	53	(5)	60	13	7	27	13
35-50...........	657	126	65	55	(5)	60	16	9	23	12
51-64...........	565	164	74	53	2	88	21	14	43	11
65-74...........	300	179	75	63	3	100	18	17	53	12
75 AND OVER.....	147	189	64	50	3	123	34	21	53	16
FEMALES:										
9-11............	269	129	67	57	(5)	62	18	10	23	12
12-14...........	305	113	60	54	(5)	53	14	6	23	10
15-18...........	424	107	61	55	(5)	46	13	5	18	10
19-22...........	408	111	58	51	1	52	12	6	27	8
23-34...........	1,216	126	66	55	1	60	14	6	26	14
35-50...........	1,097	126	63	54	(5)	63	14	7	32	10
51-64...........	850	177	89	68	1	87	19	11	46	10
65-74...........	446	198	91	71	2	104	19	15	57	13
75 AND OVER.....	240	201	81	63	4	117	27	15	51	24
ALL INDIVIDUALS...	4/10,462	136	66	55	1	69	16	9	31	12

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

ABLE 5F-3.2.--FRUITS[1]
PERCENTAGE OF INDIVIDUALS USING,[2][3] 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	[4]126	72.1	31.0	30.3	0.5	66.2	36.6	27.0	53.9	28.1
1-2.............	[4]306	75.7	48.8	43.8	9.2	61.1	26.0	25.7	30.6	19.7
3-5.............	521	72.2	47.1	42.1	5.2	55.3	24.6	17.1	28.1	15.9
6-8.............	482	71.2	45.3	39.6	2.9	54.6	29.6	17.1	26.9	12.8
MALES:										
9-11............	264	64.6	44.9	39.9	1.2	46.0	26.1	15.0	20.3	7.4
12-14...........	287	58.6	42.1	36.1	1.8	40.8	20.6	10.3	20.5	5.8
15-18...........	387	65.4	47.3	41.3	1.5	42.8	19.7	15.7	24.0	4.3
19-22...........	318	60.4	33.1	27.0	.9	45.0	18.3	15.0	20.9	9.2
23-34...........	846	59.9	41.8	35.9	1.7	40.5	15.1	10.9	26.0	7.1
35-50...........	657	59.4	41.4	35.4	2.0	44.3	22.1	15.9	23.0	9.0
51-64...........	565	71.3	49.5	36.7	5.1	55.1	24.0	21.7	33.5	7.5
65-74...........	300	74.8	48.2	41.2	9.0	61.5	20.8	28.3	40.7	11.6
75 AND OVER.....	147	78.1	47.9	38.2	6.3	65.4	29.5	31.7	42.7	7.9
FEMALES:										
9-11............	269	68.6	48.7	43.5	1.4	51.0	26.9	16.8	25.1	12.0
12-14...........	305	65.9	48.4	43.5	1.6	45.1	19.6	10.3	23.2	11.0
15-18...........	424	61.5	45.7	41.5	1.2	40.2	19.4	9.1	20.5	6.9
19-22...........	408	60.1	38.9	32.7	3.7	44.3	16.6	8.4	27.6	6.7
23-34...........	1,216	68.0	46.2	39.7	4.6	47.9	21.4	12.2	29.0	9.3
35-50...........	1,097	69.9	47.9	42.5	1.9	49.3	19.8	12.4	28.4	8.7
51-64...........	850	77.6	59.0	49.8	3.3	57.3	24.9	20.0	38.8	8.8
65-74...........	446	82.2	59.5	47.5	4.9	66.7	25.7	27.3	44.5	10.8
75 AND OVER.....	240	83.2	58.0	47.3	10.5	70.5	28.9	25.9	43.9	18.9
ALL INDIVIDUALS...	[4]10,462	68.6	47.1	40.3	3.4	50.6	22.3	16.3	29.5	9.8

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5G-1.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1.........	4/150	165	19	19	0	146	19	18	77	32
1-2.............	4/389	173	64	57	1	107	24	16	35	32
3-5.............	639	154	67	58	1	86	24	11	24	27
6-8.............	737	169	75	64	1	93	28	9	34	22
MALES:										
9-11............	346	159	75	64	1	84	27	8	35	15
12-14...........	457	148	70	56	1	78	31	8	33	6
15-18...........	544	153	76	66	(5)	78	25	7	32	14
19-22...........	406	129	74	62	(5)	55	17	6	25	7
23-34...........	1,034	129	65	55	(5)	64	18	9	26	12
35-50...........	1,122	140	62	49	1	78	25	8	37	8
51-64...........	870	180	76	53	1	103	25	17	55	5
65-74...........	361	189	72	55	2	114	17	17	65	15
75 AND OVER.....	134	231	97	60	4	130	30	15	59	27
FEMALES:										
9-11............	402	174	84	70	1	90	30	8	36	16
12-14...........	451	148	65	52	(5)	82	23	8	37	15
15-18...........	546	124	63	53	(5)	61	20	7	25	8
19-22...........	493	124	64	52	1	59	13	5	26	15
23-34...........	1,488	133	70	56	(5)	63	17	6	26	15
35-50...........	1,478	133	66	53	1	65	16	6	36	8
51-64...........	1,043	190	84	63	1	104	23	12	57	11
65-74...........	408	207	101	70	2	104	18	16	55	15
75 AND OVER.....	238	202	72	49	5	125	27	22	60	17
ALL INDIVIDUALS...	4/13,737	154	71	57	1	82	22	10	37	13

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5G-1.2.--FRUITS[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3] 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/150	85.2	26.0	24.4	0.0	83.3	37.1	36.9	71.0	31.7
1-2.............	4/389	81.2	52.0	46.7	8.5	71.8	38.5	28.2	42.5	23.3
3-5.............	639	82.8	54.2	47.3	6.9	67.7	38.3	21.2	35.0	19.6
6-8.............	737	84.8	57.2	50.7	4.2	72.6	38.0	18.2	45.0	15.6
MALES:										
9-11............	346	85.7	55.2	49.9	2.2	67.3	34.4	15.5	43.8	13.1
12-14...........	457	76.7	48.8	40.7	1.9	62.2	35.3	15.6	38.9	6.2
15-18...........	544	74.0	47.1	40.5	2.3	59.0	28.9	14.8	37.4	9.1
19-22...........	406	67.5	48.1	40.3	1.1	44.1	17.1	9.6	27.5	6.0
23-34...........	1,034	66.5	43.1	37.1	2.0	48.1	20.5	13.6	27.6	7.3
35-50...........	1,122	71.7	47.3	37.6	2.2	56.3	28.8	12.7	35.9	6.5
51-64...........	870	81.1	54.9	41.7	2.9	69.2	27.7	26.7	45.0	4.8
65-74...........	361	78.5	52.1	43.0	4.6	66.8	21.4	25.7	46.8	9.9
75 AND OVER.....	134	87.6	61.5	41.1	7.7	75.4	25.6	26.1	50.3	19.6
FEMALES:										
9-11............	402	86.0	58.5	52.1	4.2	72.1	40.4	17.0	47.6	12.9
12-14...........	451	78.4	48.8	39.8	1.1	64.5	31.3	13.3	41.5	12.7
15-18...........	546	72.0	46.8	39.1	2.0	56.1	27.2	14.8	32.9	7.3
19-22...........	493	62.2	36.4	29.6	4.2	49.3	21.3	11.0	29.4	10.5
23-34...........	1,488	70.3	47.1	39.6	2.8	52.1	24.1	12.5	29.4	10.6
35-50...........	1,478	74.5	46.8	38.8	3.3	58.4	24.2	12.4	39.1	7.6
51-64...........	1,043	84.1	59.3	46.6	4.6	70.4	27.8	22.3	52.3	9.0
65-74...........	408	88.8	65.7	51.3	8.5	73.7	25.2	29.5	52.7	13.1
75 AND OVER.....	238	88.4	58.3	44.4	12.7	78.8	33.5	33.9	55.6	13.7
ALL INDIVIDUALS...	4/13,737	76.6	50.3	41.7	3.6	61.5	28.2	17.4	39.3	10.4

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5G-2.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/150	2	0	0	0	2	(5)	0	1	1
1-2.............	4/389	9	3	3	(5)	6	1	1	2	1
3-5.............	639	13	5	5	(5)	8	2	1	3	2
6-8.............	737	25	8	7	(5)	17	5	1	1[illegible]	2
MALES:										
9-11............	346	27	7	5	(5)	20	5	(5)	12	3
12-14...........	457	19	5	5	(5)	14	4	(5)	10	(5)
15-18...........	544	20	5	4	0	15	2	(5)	10	3
19-22...........	406	19	10	8	(5)	9	2	1	4	2
23-34...........	1,034	13	5	4	0	8	1	(5)	4	2
35-50...........	1,122	8	4	4	(5)	4	1	(5)	3	(5)
51-64...........	870	8	3	2	0	5	1	(5)	3	(5)
65-74...........	361	4	2	2	0	2	(5)	0	1	1
75 AND OVER.....	134	7	2	2	(5)	4	2	0	2	1
FEMALES:										
9-11............	402	27	7	7	(5)	20	5	1	13	1
12-14...........	451	20	4	3	0	16	4	(5)	9	3
15-18...........	546	13	3	3	(5)	9	3	(5)	5	1
19-22...........	493	8	5	4	(5)	4	1	(5)	2	(5)
23-34...........	1,488	8	4	3	(5)	5	1	(5)	2	1
35-50...........	1,478	8	2	2	(5)	5	1	(5)	4	1
51-64...........	1,043	8	3	3	0	5	1	(5)	3	1
65-74...........	408	4	1	1	0	3	(5)	0	2	(5)
75 AND OVER.....	238	4	2	1	(5)	3	0	0	2	(5)
ALL INDIVIDUALS...	4/13,737	12	4	4	(5)	8	2	(5)	5	1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5G-2.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBE	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/150	3.8	0.0	0.0	0.0	3.8	0.9	0.0	3.2	1.4
1-2.............	4/389	13.3	4.7	3.8	.5	9.4	3.4	1.7	5.1	1.6
3-5.............	639	16.5	6.4	5.8	1.1	12.4	4.8	1.4	6.4	3.4
6-8.............	737	33.2	11.9	8.5	.5	27.8	9.0	1.7	20.0	2.0
MALES:										
9-11............	346	34.9	11.0	7.7	.8	29.4	9.5	1.3	23.1	3.7
12-14...........	457	26.8	7.8	6.1	.3	21.9	7.7	1.1	17.1	.6
15-18...........	544	21.6	4.8	3.6	.0	18.8	4.5	1.1	14.4	1.5
19-22...........	406	17.1	9.5	8.0	.4	10.6	3.1	1.6	6.9	1.7
23-34...........	1,034	14.5	5.9	4.9	.0	10.3	2.4	.9	6.7	1.5
35-50...........	1,122	11.3	5.7	4.1	.2	7.1	1.6	.5	5.3	.8
51-64...........	870	11.5	4.2	2.7	.0	8.5	2.4	1.2	5.5	.2
65-74...........	361	5.7	3.1	2.4	.0	4.0	.5	.0	3.5	.7
75 AND OVER.....	134	5.7	2.1	2.1	1.1	4.9	3.0	.0	3.2	1.3
FEMALES:										
9-11............	402	36.3	10.0	7.2	.8	30.4	10.2	2.2	23.2	1.4
12-14...........	451	27.0	8.0	5.0	.0	23.2	7.3	.6	15.6	3.1
15-18...........	546	17.8	5.0	3.4	.3	14.5	5.9	1.9	9.0	1.1
19-22...........	493	13.2	5.2	3.4	.9	8.2	2.8	.5	5.1	.2
23-34...........	1,488	12.1	5.1	3.9	.1	7.6	1.9	.9	4.5	1.2
35-50...........	1,478	12.2	4.3	2.5	.4	8.9	2.0	.1	7.0	.6
51-64...........	1,043	12.5	5.2	3.5	.0	9.6	1.7	.5	7.3	1.0
65-74...........	408	7.7	2.3	1.1	.0	6.6	.8	.0	6.4	.3
75 AND OVER.....	238	9.8	5.1	2.8	.3	5.9	.0	.0	4.9	1.0
ALL INDIVIDUALS...	4/13,737	16.1	5.9	4.2	.3	12.3	3.5	.9	8.7	1.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5G-3.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/150	163	19	19	0	144	18	18	76	31
1-2.............	4/389	164	61	54	1	101	22	16	33	31
3-5.............	639	140	62	53	1	77	22	10	21	24
6-8.............	737	144	67	57	1	76	24	8	24	20
MALES:										
9-11............	346	132	68	59	(5)	64	22	7	22	12
12-14...........	457	128	64	52	1	64	27	8	23	5
15-18...........	544	135	71	62	(5)	63	23	7	22	11
19-22...........	406	110	64	54	(5)	47	14	5	21	6
23-34...........	1,034	117	60	50	(5)	56	16	9	22	10
35-50...........	1,122	132	58	46	1	73	24	8	22	10
51-64...........	870	172	74	51	1	98	24	17	34	8
65-74...........	361	185	71	53	2	112	17	17	52	5
75 AND OVER.....	134	224	94	57	4	126	28	15	57	26
FEMALES:										
9-11............	402	147	76	63	1	70	25	7	23	15
12-14...........	451	128	61	49	(5)	66	19	7	28	12
15-18...........	546	111	60	50	(5)	51	17	7	20	8
19-22...........	493	116	59	48	1	55	12	5	24	15
23-34...........	1,488	125	66	53	(5)	59	16	6	24	14
35-50...........	1,478	125	64	51	1	60	15	6	32	7
51-64...........	1,043	182	81	60	1	99	22	12	54	10
65-74...........	408	203	100	69	2	101	18	16	53	15
75 AND OVER.....	238	198	70	48	5	123	27	22	58	17
ALL INDIVIDUALS...	4/13,737	142	67	53	1	74	20	9	33	12

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5G-3.2.--FRUITS[1]
PERCENTAGE OF INDIVIDUALS USING,[2][3] 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	[4]150	85.2	26.0	24.4	0.0	82.4	36.3	36.9	70.1	30.3
1-2.............	[4]389	79.2	51.1	45.6	8.1	69.5	37.0	26.7	38.7	22.9
3-5.............	639	78.0	51.0	44.6	5.8	62.5	35.8	20.0	30.2	17.4
6-8.............	737	75.2	50.7	45.3	3.7	58.9	31.7	16.7	29.5	14.4
MALES:										
9-11............	346	78.1	50.5	45.7	1.4	53.9	26.9	14.5	25.3	10.6
12-14...........	457	69.5	45.6	37.4	1.6	52.8	30.2	14.7	27.0	5.9
15-18...........	544	66.5	45.3	38.5	2.3	49.6	26.0	14.2	26.1	7.6
19-22...........	406	58.9	40.7	34.2	.7	38.9	15.5	8.1	21.9	4.2
23-34...........	1,034	61.0	39.5	33.7	2.0	42.3	19.1	12.8	22.1	6.1
35-50...........	1,122	69.4	44.4	35.2	2.0	53.0	27.5	12.6	32.5	5.6
51-64...........	870	79.8	53.5	40.3	2.9	66.1	26.2	25.9	41.5	4.6
65-74...........	361	77.8	51.7	42.5	4.6	66.6	20.8	25.7	46.2	9.9
75 AND OVER.....	134	86.5	61.5	40.3	6.6	74.3	23.9	26.1	50.3	19.6
FEMALES:										
9-11............	402	75.2	52.4	46.9	3.4	58.2	33.3	15.0	30.1	11.8
12-14...........	451	71.2	45.1	37.6	1.1	54.5	25.7	12.9	31.7	10.1
15-18...........	546	67.5	44.5	37.6	1.8	49.2	23.2	13.1	26.7	6.5
19-22...........	493	56.9	32.9	27.1	4.2	45.7	19.9	10.5	27.0	10.3
23-34...........	1,488	66.8	44.6	38.0	2.8	48.6	23.0	11.8	25.8	9.5
35-50...........	1,478	71.6	44.6	37.1	2.9	54.6	23.1	12.2	34.9	7.1
51-64...........	1,043	81.9	57.8	44.9	4.6	67.5	27.0	21.8	48.2	8.1
65-74...........	408	88.1	65.1	51.1	8.5	71.8	24.4	29.5	49.1	12.9
75 AND OVER.....	238	88.4	58.3	44.4	12.4	78.4	33.5	33.9	54.3	12.6
ALL INDIVIDUALS...	[4]13,737	72.3	47.5	39.3	3.4	56.2	25.9	16.7	33.3	9.4

[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5H-1.1.--FRUITS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/145	136	14	14	(5)	122	16	13	60	33
1-2.............	4/339	125	51	46	1	72	21	11	20	21
3-5.............	558	112	53	46	(5)	59	18	7	21	12
6-8.............	622	135	59	52	(5)	76	24	8	34	10
MALES:										
9-11............	329	129	55	48	(5)	74	26	7	35	6
12-14...........	406	135	57	49	(5)	77	24	7	40	7
15-18...........	462	120	61	52	(5)	59	18	5	29	7
19-22...........	306	85	45	39	(5)	40	14	7	14	4
23-34...........	837	101	49	41	(5)	52	17	5	21	9
35-50...........	791	122	46	39	1	75	20	8	42	5
51-64...........	726	151	64	51	1	87	22	11	44	10
65-74...........	388	173	62	42	3	108	19	11	67	11
75 AND OVER.....	184	139	48	35	5	86	21	14	43	7
FEMALES:										
9-11............	340	128	49	43	(5)	79	25	8	40	7
12-14...........	392	122	57	49	(5)	64	22	7	30	6
15-18...........	503	106	52	42	(5)	53	18	6	23	7
19-22...........	416	104	61	52	(5)	43	12	5	18	9
23-34...........	1,175	92	42	35	(5)	49	15	4	23	7
35-50...........	1,184	106	53	40	(5)	53	15	5	24	9
51-64...........	1,044	157	66	53	1	91	22	10	46	13
65-74...........	522	164	71	53	1	92	17	12	51	12
75 AND OVER.....	273	144	61	45	2	80	20	10	41	8
ALL INDIVIDUALS...	4/11,943	124	55	45	1	69	19	7	33	9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5H-1.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1	4/145	75.7	19.4	19.4	0.7	74.3	36.1	28.7	56.9	30.0
1-2	4/339	75.6	41.6	38.0	4.6	63.0	34.2	21.4	31.8	15.1
3-5	558	68.7	41.9	37.9	2.6	54.1	27.6	14.8	27.8	12.4
6-8	622	79.7	48.0	41.0	3.5	68.1	32.7	16.0	45.8	10.2
MALES:										
9-11	329	78.3	42.0	37.6	2.3	66.5	32.4	12.8	41.1	5.9
12-14	406	74.0	41.5	34.4	2.0	60.5	28.6	13.2	44.2	5.2
15-18	462	63.3	39.4	33.9	1.5	47.8	21.7	8.7	31.0	5.6
19-22	306	49.4	34.2	29.9	1.8	35.5	18.0	11.7	17.6	2.9
23-34	837	58.1	33.3	29.0	1.9	44.0	22.4	9.3	23.8	6.2
35-50	791	62.2	33.2	30.2	2.2	50.2	21.4	13.3	31.8	4.7
51-64	726	73.1	42.3	36.4	2.9	61.3	26.7	19.4	39.5	6.5
65-74	388	72.4	46.2	32.9	6.6	61.0	24.9	19.0	46.2	8.7
75 AND OVER	184	74.0	39.5	31.2	11.1	61.6	21.0	28.4	44.2	6.4
FEMALES:										
9-11	340	77.9	39.5	33.6	2.2	67.3	30.9	14.8	46.8	5.8
12-14	392	71.4	43.3	36.0	2.0	58.2	29.8	13.9	35.1	5.6
15-18	503	67.4	39.7	33.0	1.4	48.9	24.0	12.1	28.1	5.5
19-22	416	58.1	38.3	32.1	2.8	44.6	18.5	9.7	23.8	9.2
23-34	1,175	59.1	33.4	27.0	2.4	47.6	21.2	8.3	29.9	6.3
35-50	1,184	64.4	40.8	32.5	1.9	48.1	20.2	10.9	28.3	6.4
51-64	1,044	77.1	48.4	40.3	3.5	63.7	25.1	17.1	41.5	9.8
65-74	522	79.8	49.5	39.1	4.9	64.9	24.5	21.9	45.7	10.9
75 AND OVER	273	74.4	39.8	30.5	7.2	63.8	23.5	17.8	43.8	8.1
ALL INDIVIDUALS	4/11,943	68.5	40.3	33.7	2.9	55.2	24.7	14.2	34.8	7.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

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TABLE 5H-2.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/145	1	0	0	0	1	0	(5)	(5)	(5)
1-2.............	4/339	7	3	3	(5)	4	1	(5)	1	2
3-5.............	558	11	4	3	(5)	8	2	1	3	1
6-8.............	622	30	9	7	(5)	21	5	1	14	1
MALES:										
9-11............	329	30	9	9	(5)	20	7	(5)	12	1
12-14...........	406	28	7	6	(5)	21	6	1	14	(5)
15-18...........	462	24	8	7	0	16	5	(5)	10	1
19-22...........	306	8	5	5	(5)	4	1	(5)	2	1
23-34...........	637	9	3	3	0	6	1	(5)	4	(5)
35-50...........	791	8	2	2	(5)	6	1	(5)	4	(5)
51-64...........	726	5	(5)	(5)	0	5	2	(5)	3	(5)
65-74...........	388	4	1	1	(5)	3	(5)	0	2	(5)
75 AND OVER.. ..	184	4	(5)	(5)	0	3	1	0	2	0
FEMALES:										
9-11............	340	31	6	5	(5)	25	5	2	17	1
12-14...........	392	27	8	7	(5)	18	5	2	10	2
15-18...........	503	21	8	7	0	13	4	1	8	(5)
19-22...........	416	14	10	9	(5)	5	1	(5)	2	2
23-34...........	1,175	6	2	2	(5)	4	1	(5)	3	(5)
35-50...........	1,184	5	3	2	(5)	3	1	(5)	2	(5)
51-64...........	1,044	7	2	2	(5)	5	1	(5)	3	1
65-74...........	522	8	2	1	(5)	6	1	(5)	5	(5)
75 AND OVER.....	273	3	1	(5)	0	2	1	(5)	1	(5)
ALL INDIVIDUALS...	4/11,943	12	4	3	(5)	8	2	(5)	5	1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5H-2.2.--FRUITS[1]

PERCENTAGE OF INDIVIDUALS USING,[2][3] 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	[4]145	1.8	0.0	0.0	0.0	1.8	0.0	1.2	0.6	0.6
1-2..............	[4]339	10.4	3.8	3.8	.3	7.8	2.4	1.8	2.9	2.1
3-5..............	558	16.4	5.3	4.7	.4	13.0	4.3	2.6	6.5	2.8
6-8..............	622	40.3	12.1	9.3	1.0	34.4	11.0	2.8	27.0	2.1
MALES:										
9-11.............	329	41.4	11.7	10.3	.9	33.8	12.2	1.2	22.9	1.3
12-14............	406	35.7	7.6	5.5	.2	32.1	11.2	2.3	25.0	.2
15-18............	462	25.7	8.8	5.9	.0	22.2	8.9	1.2	15.2	.9
19-22............	306	10.1	5.0	4.5	.8	6.0	2.6	.3	3.4	.4
23-34............	837	12.4	4.3	3.6	.0	8.7	2.7	.7	6.1	.4
35-50............	791	9.5	3.1	2.7	.3	7.0	2.6	.4	4.3	.5
51-64............	726	7.2	.8	.5	.0	6.7	1.8	.7	4.5	.4
65-74............	388	5.9	1.2	1.2	.7	5.0	.7	.0	4.4	.3
75 AND OVER......	184	6.2	.5	.5	.0	5.7	1.8	.0	5.0	.0
FEMALES:										
9-11.............	340	41.6	8.6	6.3	.8	38.1	11.5	4.0	28.1	1.1
12-14............	392	31.8	8.1	6.0	.5	27.9	10.0	3.3	19.0	1.1
15-18............	503	25.1	9.9	7.6	.0	18.5	7.3	2.2	13.9	.1
19-22............	416	14.5	7.8	6.1	.6	8.4	2.2	1.8	3.9	1.4
23-34............	1,175	10.6	3.2	2.6	.2	8.0	2.3	.6	5.7	.5
35-50............	1,184	9.0	3.9	2.6	.3	6.0	1.3	.3	4.8	.2
51-64............	1,044	11.3	3.0	2.2	.3	9.4	2.8	.6	6.2	.7
65-74............	522	10.8	1.9	1.7	.2	9.7	2.4	.3	7.6	.7
75 AND OVER......	273	5.0	1.2	.6	.0	4.4	1.5	.4	3.4	.4
ALL INDIVIDUALS...	[4]11,943	16.3	4.9	3.8	.3	13.2	4.3	1.2	9.3	.8

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5H-3.1.--FRUITS[1]

AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1...........	[4]/145	135	14	14	(5)	121	16	13	60	32
1-2...............	[4]/339	118	48	43	1	69	20	10	19	19
3-5...............	558	101	50	43	(5)	51	16	6	18	11
6-8...............	622	105	50	45	(5)	54	19	7	20	9
MALES:										
9-11..............	329	100	46	39	(5)	54	19	6	23	6
12-14.............	406	107	50	43	(5)	57	18	6	26	7
15-18.............	462	96	53	45	(5)	43	13	4	20	6
19-22.............	306	77	40	34	(5)	36	13	7	12	4
23-34.............	837	92	46	38	(5)	46	15	5	18	8
35-50.............	791	113	4[illegible]	36	(5)	69	18	8	38	5
51-64.............	726	146	63	50	1	82	20	11	42	10
65-74.............	388	169	61	41	3	105	19	11	65	11
75 AND OVER......	184	135	48	35	5	82	20	14	41	7
FEMALES:										
9-11..............	340	97	43	38	(5)	54	19	6	23	6
12-14.............	392	95	49	42	(5)	46	17	5	20	4
15-18.............	503	85	44	35	(5)	41	14	5	15	7
19-22.............	416	90	51	43	(5)	39	11	4	16	7
23-34.............	1,175	86	40	33	(5)	45	14	4	20	6
35-50.............	1,184	101	50	38	(5)	51	15	5	22	9
51-64.............	1,044	150	64	51	1	85	20	9	43	13
65-74.............	522	156	69	52	1	86	16	12	46	12
75 AND OVER......	273	141	61	45	2	78	19	10	40	8
ALL INDIVIDUALS...	[4]/11,943	112	51	41	1	61	17	7	28	9

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5H-3.2.--FRUITS[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3] 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	[4]/145	75.7	19.4	19.4	0.7	74.3	36.1	28.7	56.3	29.3
1-2.............	[4]/339	72.5	39.6	35.9	4.3	60.6	31.8	20.1	30.1	13.9
3-5.............	558	63.4	39.0	34.9	2.2	48.1	24.7	12.2	22.8	10.2
6-8.............	622	66.0	41.0	35.1	2.6	45.0	24.3	13.5	24.5	8.4
MALES:										
9-11............	329	61.3	36.2	31.1	1.8	46.4	22.8	11.9	21.2	4.6
12-14...........	406	59.3	36.6	30.6	1.8	42.8	20.8	11.4	24.3	4.9
15-18...........	462	52.7	34.5	30.2	1.5	33.4	14.5	7.7	17.7	4.7
19-22...........	306	45.3	30.0	26.2	1.0	32.6	15.4	11.5	15.5	2.5
23-34...........	837	54.9	30.7	26.5	1.9	40.9	20.3	8.5	19.1	5.9
35-50...........	791	58.9	31.9	28.6	1.9	47.0	19.8	12.9	29.0	4.2
51-64...........	726	71.5	42.1	36.3	2.9	58.8	25.6	18.6	36.7	6.5
65-74...........	388	71.7	45.0	31.7	6.6	59.4	24.2	19.0	43.8	8.3
75 AND OVER.....	184	72.7	39.5	31.2	11.1	60.3	19.7	28.4	41.3	6.4
FEMALES:										
9-11............	340	62.6	34.1	29.9	1.7	48.9	22.6	11.8	25.9	5.0
12-14...........	392	60.0	37.5	31.5	1.5	43.9	22.7	11.0	22.2	4.9
15-18...........	503	58.9	35.7	29.2	1.4	39.4	18.4	9.9	17.2	5.4
19-22...........	416	53.7	34.8	29.0	2.2	39.2	16.3	8.1	21.1	7.9
23-34...........	1,175	55.4	31.8	25.7	2.2	43.1	19.5	7.8	25.6	5.9
35-50...........	1,184	62.5	38.9	31.2	1.9	46.3	19.4	10.8	25.6	6.3
51-64...........	1,044	75.6	47.8	39.1	3.1	61.7	23.4	17.0	39.2	9.4
65-74...........	522	77.7	49.1	38.7	4.7	62.0	23.3	21.6	42.2	10.4
75 AND OVER.....	273	73.2	39.5	30.2	7.2	61.9	22.8	17.4	41.0	7.8
ALL INDIVIDUALS...	[4]/11,943	63.3	37.7	31.5	2.7	48.9	21.6	13.2	28.1	7.1

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5I-1.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/322	163	17	16	(5)	146	20	17	73	37
1-2.............	4/814	158	59	53	1	98	24	14	29	31
3-5.............	1,327	141	61	53	1	79	22	10	24	24
6-8.............	1,482	158	69	59	1	88	28	9	35	17
MALES:										
9-11............	750	144	62	54	1	82	26	8	37	11
12-14...........	923	143	65	54	(5)	78	27	8	35	8
15-18...........	1,115	146	74	63	(5)	72	23	8	30	11
19-22...........	850	117	61	50	(5)	56	17	8	22	8
23-34...........	2,393	125	61	52	(5)	63	17	7	27	12
35-50...........	2,228	135	60	49	1	75	23	8	36	8
51-64...........	1,923	177	75	54	1	102	25	15	53	8
65-74...........	932	191	70	51	3	118	20	16	69	14
75 AND OVER.....	399	196	69	47	5	123	31	18	57	17
FEMALES:										
9-11............	795	157	70	59	1	87	27	9	38	13
12-14...........	905	136	61	50	(5)	75	23	7	34	11
15-18...........	1,164	118	58	49	(5)	59	19	6	24	10
19-22...........	1,045	116	61	51	1	55	13	5	25	11
23-34...........	3,298	122	59	48	1	62	17	6	28	12
35-50...........	3,114	125	60	47	1	65	17	6	33	9
51-64...........	2,542	182	80	60	1	101	23	11	54	12
65-74...........	1,207	197	89	65	2	106	19	15	58	14
75 AND OVER.....	688	190	73	53	4	113	25	16	54	17
ALL INDIVIDUALS...	4/30,215	147	65	52	1	80	21	9	37	13

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5I-1.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1.........	4/322	81.4	23.1	22.4	0.5	80.9	41.4	34.0	67.6	33.8
1-2.............	4/814	81.1	48.7	44.0	8.6	70.6	37.5	26.6	39.7	22.1
3-5.............	1,327	78.3	48.3	43.5	6.0	64.8	34.1	19.0	34.4	18.8
6-8.............	1,482	83.4	54.0	47.1	4.8	71.8	37.3	17.6	45.5	13.9
MALES:										
9-11............	750	82.6	48.8	43.7	2.4	68.7	34.9	15.8	42.2	10.2
12-14...........	923	75.0	45.7	38.2	2.2	60.9	32.7	14.4	39.3	6.4
15-18...........	1,115	71.3	46.2	39.3	2.2	55.0	26.9	14.0	34.4	7.6
19-22...........	850	62.1	41.0	34.0	1.3	43.8	18.7	11.4	24.5	6.4
23-34...........	2,393	63.9	41.1	35.1	2.3	46.9	20.6	11.9	28.0	7.4
35-50...........	2,228	67.4	42.3	35.1	2.5	53.3	26.4	13.7	33.5	6.8
51-64...........	1,923	79.8	51.6	40.6	3.6	67.0	28.3	24.3	43.8	6.3
65-74...........	932	77.9	50.2	39.4	7.5	67.2	24.1	25.7	49.2	10.3
75 AND OVER.....	399	82.9	51.4	37.6	9.4	72.4	26.1	31.4	50.2	11.8
FEMALES:										
9-11............	795	83.4	52.6	45.1	3.4	70.5	37.3	17.3	47.4	11.1
12-14...........	905	75.7	46.5	38.3	1.5	61.5	30.6	13.4	37.7	10.6
15-18...........	1,164	69.7	44.1	37.9	2.0	51.9	25.8	12.3	30.0	7.5
19-22...........	1,045	62.6	38.2	31.0	4.2	49.6	20.5	10.8	29.3	9.4
23-34...........	3,298	68.6	42.8	35.8	3.5	53.0	24.3	11.6	32.2	9.4
35-50...........	3,114	72.1	45.2	37.2	2.8	56.6	24.1	12.9	35.8	7.6
51-64...........	2,542	81.9	56.2	45.1	4.3	68.2	27.7	21.0	48.5	9.6
65-74...........	1,207	85.1	59.7	46.5	7.2	70.1	25.9	26.9	50.3	12.2
75 AND OVER.....	688	84.4	53.0	40.9	11.1	75.0	29.9	27.4	51.5	14.0
ALL INDIVIDUALS...	4/30,215	74.3	47.1	39.2	3.9	60.2	27.4	16.9	38.4	10.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5I-2.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/322	1	0	0	0	1	(5)	(5)	1	(5)
1-2.............	4/814	8	3	2	(5)	5	1	1	2	1
3-5.............	1,327	13	4	4	(5)	8	2	1	3	2
6-8.............	1,482	26	8	7	(5)	17	4	1	11	1
MALES:										
9-11............	750	28	8	7	(5)	20	6	1	12	2
12-14...........	923	23	6	5	(5)	17	4	1	11	1
15-18...........	1,115	22	7	6	0	14	3	(5)	8	2
19-22...........	850	13	7	5	(5)	6	2	1	3	1
23-34...........	2,393	13	6	6	(5)	7	1	(5)	4	1
35-50...........	2,228	9	4	3	(5)	5	1	(5)	3	(5)
51-64...........	1,923	8	3	2	0	5	1	1	3	(5)
65-74...........	932	5	2	1	(5)	3	(5)	(5)	2	(5)
75 AND OVER.....	399	6	1	1	(5)	4	2	(5)	3	(5)
FEMALES:										
9-11............	795	27	6	5	(5)	21	5	1	15	1
12-14...........	905	21	5	4	(5)	15	4	1	9	2
15-18...........	1,164	15	5	4	(5)	10	3	(5)	6	1
19-22...........	1,045	11	6	5	(5)	6	1	(5)	3	1
23-34...........	3,298	8	3	3	(5)	5	1	(5)	3	1
35-50...........	3,114	7	3	2	(5)	4	1	(5)	3	(5)
51-64...........	2,542	8	3	2	(5)	5	1	(5)	3	1
65-74...........	1,207	6	2	1	(5)	5	1	(5)	4	(5)
75 AND OVER.....	688	3	1	1	(5)	2	(5)	(5)	2	(5)
ALL INDIVIDUALS...	4/30,215	12	4	4	(5)	8	2	(5)	5	1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5I-2.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/322	2.7	0.0	0.0	0.0	2.7	0.8	0.3	1.7	0.7
1-2..............	4/814	12.8	4.3	3.7	.3	9.5	3.4	2.1	4.2	2.0
3-5..............	1,327	16.3	5.4	4.8	.8	12.6	4.6	1.7	6.4	3.2
6-8..............	1,482	35.0	12.4	9.1	1.1	28.9	9.2	1.9	21.8	1.9
MALES:										
9-11.............	750	36.4	10.7	8.7	.7	30.5	11.2	1.5	21.6	2.7
12-14............	923	30.3	7.2	5.7	.3	26.5	9.5	2.2	19.3	.7
15-18............	1,115	22.1	6.4	4.7	.0	19.1	6.5	1.3	12.9	1.2
19-22............	850	13.2	6.9	5.5	.3	8.1	2.5	1.0	5.4	1.0
23-34............	2,393	14.7	6.7	5.6	.2	9.8	2.3	1.1	6.3	1.0
35-50............	2,228	10.5	4.8	3.5	.4	7.1	1.8	.7	5.2	.6
51-64............	1,923	10.6	3.5	2.8	.0	7.8	2.0	1.1	5.3	.4
65-74............	932	7.8	2.8	2.5	.5	5.9	1.0	.3	5.1	.5
75 AND OVER......	399	6.9	1.1	1.1	.4	6.4	2.1	.2	5.0	.4
FEMALES:										
9-11.............	795	37.3	9.4	6.2	.6	32.7	10.0	2.4	24.2	1.1
12-14............	905	26.9	7.3	5.1	.2	23.5	8.1	1.3	16.0	1.9
15-18............	1,164	19.1	6.2	5.0	.2	14.7	5.8	1.3	9.7	.9
19-22............	1,045	13.7	5.6	3.9	.7	9.0	2.6	1.3	4.9	1.0
23-34............	3,298	12.4	4.9	3.6	.1	8.7	2.2	1.1	5.5	1.2
35-50............	3,114	10.8	4.3	2.7	.3	7.7	2.0	.4	5.9	.5
51-64............	2,542	12.6	4.5	2.9	.2	9.8	2.5	.7	6.9	.9
65-74............	1,207	10.4	2.6	1.6	.5	8.8	1.6	.3	7.4	.5
75 AND OVER......	688	7.3	2.5	1.3	.4	5.6	.7	.4	4.5	.5
ALL INDIVIDUALS...	4/30,215	15.9	5.5	4.1	.3	12.3	3.7	1.1	8.5	1.1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5I-3.1.--FRUITS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	[4]/322	162	17	16	(5)	145	20	17	72	36
1-2.............	[4]/814	150	56	51	1	93	22	13	28	30
3-5.............	1,327	128	56	49	1	71	20	9	21	21
6-8.............	1,482	132	60	52	1	71	24	8	24	15
MALES:										
9-11............	750	116	54	47	(5)	62	20	7	25	9
12-14...........	923	121	59	49	(5)	61	23	7	24	8
15-18...........	1,115	125	67	57	(5)	57	19	7	22	9
19-22...........	850	104	54	44	(5)	50	16	7	20	7
23-34...........	2,393	112	55	47	(5)	56	16	7	23	11
35-50...........	2,228	126	56	45	1	70	22	8	32	8
51-64...........	1,923	170	72	52	1	96	24	15	50	8
65-74...........	932	186	68	50	3	115	19	16	66	13
75 AND OVER.....	399	190	68	46	4	118	29	18	54	17
FEMALES:										
9-11............	795	129	64	54	(5)	65	22	8	23	12
12-14...........	905	116	56	46	(5)	59	19	7	25	9
15-18...........	1,164	103	54	45	(5)	49	16	5	18	9
19-22...........	1,045	105	55	46	1	49	12	5	22	10
23-34...........	3,298	114	56	45	1	58	16	5	25	11
35-50...........	3,114	118	57	45	1	61	16	6	30	8
51-64...........	2,542	174	77	57	1	96	22	11	51	12
65-74...........	1,207	191	88	64	2	101	18	15	54	14
75 AND OVER.....	688	186	72	52	4	111	25	16	53	17
ALL INDIVIDUALS...	[4]/30,215	135	61	49	1	73	19	9	33	12

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5I-3.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/322	81.4	23.1	22.4	0.5	80.5	41.0	34.0	66.9	33.2
1-2..............	4/814	78.6	46.8	42.2	8.3	68.0	35.5	25.0	36.9	21.2
3-5..............	1,327	74.2	45.9	41.1	5.3	59.8	31.5	17.4	29.6	16.6
6-8..............	1,482	73.2	46.9	41.1	3.8	57.9	30.8	16.1	29.2	12.6
MALES:										
9-11.............	750	70.5	43.4	38.2	1.8	52.2	26.2	14.5	24.7	8.2
12-14............	923	64.6	41.8	34.7	2.0	48.4	26.4	12.5	25.5	6.1
15-18............	1,115	63.8	43.1	36.6	2.2	45.4	22.5	13.3	24.2	6.5
19-22............	850	56.2	36.3	30.0	1.0	40.1	16.9	10.7	20.6	5.4
23-34............	2,393	59.0	37.3	31.8	2.0	42.3	19.0	10.9	23.3	6.6
35-50............	2,228	64.9	40.1	33.3	2.2	50.1	25.2	13.3	30.2	6.2
51-64............	1,923	78.0	50.4	39.3	3.6	64.5	27.1	23.7	40.7	6.1
65-74............	932	77.1	49.1	38.2	7.3	66.1	23.2	25.7	47.0	10.1
75 AND OVER......	399	82.2	51.2	37.2	9.0	71.7	24.9	31.2	48.6	11.8
FEMALES:										
9-11.............	795	73.0	47.3	41.3	2.9	56.2	30.0	15.3	29.5	10.2
12-14............	905	67.4	42.5	35.3	1.3	50.4	24.8	12.4	27.1	9.1
15-18............	1,164	64.2	41.6	35.2	1.8	45.3	21.9	11.1	23.0	6.7
19-22............	1,045	58.2	35.0	28.5	4.0	44.8	18.7	9.7	26.5	8.3
23-34............	3,298	64.9	40.5	34.0	3.4	48.9	22.9	10.7	28.2	8.4
35-50............	3,114	69.6	43.1	35.5	2.6	53.6	23.0	12.6	32.3	7.2
51-64............	2,542	79.8	54.7	45.6	4.1	65.6	26.2	20.5	45.3	8.9
65-74............	1,207	83.9	59.1	46.0	6.7	68.1	24.9	26.9	46.9	11.9
75 AND OVER......	688	83.7	52.8	40.8	10.7	73.3	29.5	27.0	49.1	13.5
ALL INDIVIDUALS...	4/30,215	70.0	44.4	36.8	3.6	54.2	24.9	16.1	32.7	9.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5J-1.1.--FRUITS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	[4]/68	100	33	33	0	67	16	8	32	11
1-2.............	[4]/158	110	61	57	1	49	14	10	13	12
3-5.............	276	115	58	53	(5)	57	12	6	25	14
6-8.............	255	128	60	51	(5)	68	17	7	31	13
MALES:										
9-11............	137	127	70	59	(5)	57	23	6	23	5
12-14...........	173	116	68	60	(5)	47	13	4	28	3
15-18...........	226	98	55	53	0	43	10	4	27	2
19-22...........	136	88	59	59	(5)	29	9	7	8	5
23-34...........	229	93	62	55	0	31	6	2	15	9
35-50...........	254	102	47	42	(5)	55	8	6	33	8
51-64...........	195	93	51	46	2	40	10	6	16	9
65-74...........	99	89	57	56	0	32	6	5	16	5
75 AND OVER.....	62	91	55	51	2	34	7	4	18	5
FEMALES:										
9-11............	154	131	56	49	(5)	75	20	5	40	9
12-14...........	172	124	70	63	(5)	53	11	5	30	7
15-18...........	243	112	64	58	1	47	13	5	25	4
19-22...........	192	107	66	61	0	41	6	4	20	14
23-34...........	421	108	68	62	(5)	39	6	2	15	16
35-50...........	493	114	73	67	(5)	42	7	3	22	10
51-64...........	331	143	84	74	(5)	59	12	7	32	9
65-74...........	151	128	68	57	(5)	60	11	7	34	9
75 AND OVER.....	59	91	49	45	0	42	17	5	11	9
ALL INDIVIDUALS...	[4]/4,485	112	63	57	(5)	48	11	5	24	9

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5J-1.2.--FRUITS[1]
PERCENTAGE OF INDIVIDUALS USING,[2][3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	[4]/68	66.2	35.4	34.1	0.0	52.6	23.6	16.8	35.0	14.5
1-2.............	[4]/158	69.6	46.2	41.9	2.7	50.6	22.6	19.4	20.0	12.0
3-5.............	276	67.1	46.[illegible]	42.6	2.0	48.5	21.4	10.5	26.0	10.3
6-8.............	255	78.1	48.7	39.8	1.1	60.8	29.2	13.5	40.3	10.7
MALES:										
9-11............	137	77.9	54.8	48.5	.8	58.4	30.7	11.4	36.3	5.2
12-14...........	173	72.4	51.1	40.9	1.3	51.7	14.8	7.9	39.0	3.6
15-18...........	226	59.4	42.3	39.5	.0	37.3	10.1	6.9	24.4	2.[illegible]
19-22...........	136	55.1	39.1	39.1	1.1	28.6	7.3	10.2	11.6	7.1
23-34...........	229	58.7	42.9	38.7	.0	28.0	6.8	3.3	16.5	5.3
35-50...........	254	50.3	36.9	32.6	1.1	34.9	13.4	8.8	20.1	5.1
51-64...........	195	49.5	34.7	28.7	2.1	28.6	11.8	8.4	12.2	5.7
65-74...........	99	49.9	32.6	31.7	.0	30.9	9.9	12.6	16.1	6.8
75 AND OVER.....	62	56.4	31.1	31.1	4.3	31.1	13.2	8.3	21.3	4.4
FEMALES:										
9-11............	134	76.8	42.5	37.8	.7	64.7	26.6	10.5	42.9	9.2
12-14...........	172	74.0	54.1	49.1	1.5	54.4	18.6	10.2	34.9	7.3
15-18...........	243	65.8	49.2	42.5	1.4	45.0	20.1	10.6	26.6	4.8
19-22...........	192	55.2	40.9	37.9	.0	35.4	8.9	2.0	20.9	10.6
23-34...........	421	58.4	45.3	39.5	1.1	32.9	9.4	6.7	18.8	8.3
35-50...........	493	62.3	47.5	43.9	.6	34.6	9.6	5.7	18.8	8.8
51-64...........	331	69.7	55.2	50.0	.8	41.8	16.7	11.6	24.2	7.7
65-74...........	151	68.5	43.1	38.3	.5	51.1	19.9	15.3	29.8	6.4
75 AND OVER.....	59	54.2	35.6	33.1	.0	32.2	16.7	8.4	11.7	6.7
ALL INDIVIDUALS...	[4]/4,485	63.7	45.1	40.4	1.0	41.7	15.5	9.2	24.4	7.5

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5J-2.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/68	2	1	1	0	1	1	0	0	0
1-2.............	4/158	8	4	4	0	3	2	1	(5)	(5)
3-5.............	276	16	7	6	0	9	2	1	5	2
6-8.............	255	36	12	10	(5)	24	5	1	16	2
MALES:										
9-11............	137	34	13	10	(5)	21	7	1	13	0
12-14...........	173	27	12	8	(5)	15	4	1	10	(5)
15-18...........	226	18	8	7	0	11	2	(5)	9	(5)
19-22...........	136	11	9	9	(5)	3	1	0	1	1
23-34...........	229	13	9	9	0	5	0	0	2	3
35-50...........	254	5	1	1	0	4	1	0	3	0
51-64...........	195	2	1	1	0	1	1	(5)	(5)	0
65-74...........	99	2	1	1	0	1	0	0	1	0
75 AND OVER.....	62	1	0	0	0	1	0	0	1	0
FEMALES:										
9-11............	154	34	11	8	(5)	23	6	1	16	1
12-14...........	172	28	14	13	(5)	13	4	1	8	0
15-18...........	243	24	10	8	(5)	14	5	1	8	(5)
19-22...........	192	7	3	2	0	4	1	0	2	1
23-34...........	421	8	5	4	0	4	1	(5)	2	1
35-50...........	493	6	3	3	0	2	1	(5)	1	(5)
51-64...........	331	5	3	2	0	2	2	0	2	0
65-74...........	151	1	1	1	0	(5)	0	(5)	(5)	0
75 AND OVER.....	59	3	0	0	0	3	[illegible]	0	2	0
ALL INDIVIDUALS...	4/4,485	14	6	5	(5)	7	2	(5)	5	1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5J-2.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1........	4/68	2.4	1.3	1.3	0.0	2.4	2.4	0.0	0.0	0.0
1-2.............	4/158	8.4	3.6	3.6	.0	6.3	3.2	2.0	1.5	.6
3-5.............	276	18.3	8.1	7.3	.0	14.4	4.8	1.5	9.7	2.2
6-8.............	255	41.6	14.5	10.8	.7	33.0	10.6	2.8	26.0	2.2
MALES:										
9-11............	137	38.4	14.0	11.3	.8	33.2	13.[illegible]	2.6	25.5	.0
12-14...........	173	38.2	15.2	8.1	.5	26.5	7.2	2.4	20.5	.4
15-18...........	226	19.3	7.5	6.0	.0	13.4	2.9	.3	10.[illegible]	.3
19-22...........	136	11.9	9.1	9.1	1.1	3.1	1.4	.0	2.1	.9
23-34...........	229	9.5	7.4	7.0	.0	3.5	.0	.0	2.3	1.6
35-50...........	254	7.4	3.2	2.8	.0	4.2	2.0	.0	2.2	.0
51-64...........	195	3.3	1.8	1.8	.0	1.5	.7	.4	.3	.0
65-74...........	99	2.6	.8	.8	.0	1.7	.0	.0	1.7	.0
75 AND OVER.....	62	3.9	.0	.0	.0	3.9	.0	.0	3.9	.0
FEMALES:										
9-11............	154	39.7	11.4	7.2	.7	34.9	10.6	2.4	29.3	1.0
12-14...........	172	31.1	14.7	11.4	.9	20.1	6.7	4.0	14.4	.0
15-18...........	243	25.2	11.0	7.0	.9	16.9	2.5	3.4	14.4	.5
19-22...........	192	6.5	4.0	2.7	.0	4.7	.5	.0	2.7	1.1
23-34...........	421	8.6	3.7	3.7	.0	5.7	1.4	.2	3.3	.8
35-50...........	493	5.5	3.5	3.0	.0	2.7	1.4	.2	2.0	.2
51-64...........	331	5.6	3.7	2.4	.0	3.1	.0	.0	3.1	.0
65-74...........	151	1.2	.6	.6	.0	1.2	.0	.6	1.2	.0
75 AND OVER.....	59	2.2	.0	.0	.0	2.2	2.2	.0	2.2	.0
ALL INDIVIDUALS...	4/4,485	15.1	6.5	5.1	.2	10.7	3.5	1.0	7.9	.6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5J-3.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/68	98	32	32	0	66	15	8	32	11
1-2..............	4/158	103	56	52	1	46	12	9	13	12
3-5..............	276	98	51	47	(5)	47	10	5	20	12
6-8..............	255	91	47	41	(5)	44	12	5	16	11
MALES:										
9-11.............	137	93	57	49	0	37	16	5	10	5
12-14............	173	89	56	51	(5)	33	9	3	18	2
15-18............	226	79	48	46	0	32	8	4	18	1
19-22............	136	77	50	50	0	26	8	7	7	5
23-34............	229	80	53	47	0	26	6	2	13	6
35-50............	254	97	46	42	(5)	51	7	6	30	8
51-64............	195	91	50	45	2	39	9	5	15	9
65-74............	99	88	56	55	0	31	6	5	15	5
75 AND OVER......	62	89	55	51	2	33	7	4	16	5
FEMALES:										
9-11.............	154	97	45	41	0	52	15	4	24	9
12-14............	172	96	56	50	(5)	40	7	3	23	7
15-18............	243	87	54	50	(5)	33	8	4	17	4
19-22............	192	100	63	58	0	38	5	1	19	13
23-34............	421	99	64	57	(5)	35	5	2	13	15
35-50............	493	109	70	64	(5)	39	6	3	21	10
51-64............	331	138	81	72	(5)	57	12	7	30	9
65-74............	151	126	67	56	(5)	60	11	6	33	9
75 AND OVER......	59	88	49	45	0	39	16	5	9	9
ALL INDIVIDUALS...	4/4,485	99	57	52	(5)	41	9	4	19	9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5J-3.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/68	65.1	35.4	34.1	0.0	51.5	22.5	16.8	35.0	14.5
1-2.............	4/158	66.0	44.1	39.7	2.7	47.7	20.2	17.4	18.4	11.4
3-5.............	276	60.4	42.9	39.0	2.0	40.5	18.1	9.0	18.2	9.7
6-8.............	255	60.8	38.7	32.2	.4	39.1	19.7	10.7	16.8	8.4
MALES:										
9-11............	137	62.2	45.6	40.3	.0	38.0	22.3	8.8	11.5	5.2
12-14...........	173	[illegible]	41.8	35.5	.9	34.2	11.1	6.0	18.9	3.2
15-18...........	226	50.0	37.3	35.1	.0	27.6	7.8	6.7	15.8	1.8
19-22...........	136	47.3	31.5	31.5	.0	26.2	5.9	10.2	10.2	6.1
23-34...........	229	53.4	37.0	32.4	.0	26.3	6.8	3.3	14.2	4.0
35-50...........	254	48.5	35.5	31.3	1.1	32.6	11.4	8.8	19.3	5.1
51-64...........	195	47.4	33.7	27.7	[illegible]	27.1	11.1	8.0	11.8	5.7
65-74...........	99	49.0	32.6	31.7	.0	30.0	9.9	12.6	14.4	6.8
75 AND OVER.....	62	52.5	31.1	31.1	4.3	27.2	13.2	8.3	17.4	4.4
FEMALES:										
9-11............	154	53.9	32.6	31.1	.0	41.7	18.7	8.6	17.1	8.2
12-14...........	172	58.3	44.3	40.8	.6	37.5	11.9	6.2	21.5	7.3
15-18...........	243	56.0	42.9	39.3	.5	32.9	12.5	7.2	16.4	4.3
19-22...........	192	52.0	39.2	36.1	.0	31.7	8.0	2.0	18.2	9.5
23-34...........	421	54.6	42.1	36.3	1.1	30.3	8.7	6.5	16.6	8.3
35-50...........	493	60.3	46.5	42.9	.6	33.0	8.5	5.5	16.8	8.6
51-64...........	331	68.1	53.5	48.4	.8	40.6	16.7	11.6	22.9	7.7
65-74...........	151	67.9	43.1	38.3	.5	49.9	19.9	14.6	28.5	6.4
75 AND OVER.....	59	54.2	35.6	33.1	.0	32.2	14.6	8.4	11.7	6.7
ALL INDIVIDUALS...	4/4,485	57.0	41.0	37.0	.8	34.8	12.8	8.3	17.6	7.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 5K-1.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SPRING 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1...........	4/75	172	17	17	0	155	22	32	66	35
1-2...............	4/246	146	54	48	1	91	20	15	33	24
3-5...............	404	131	63	56	1	68	15	8	27	17
6-8...............	428	151	68	61	1	83	18	7	44	14
MALES:										
9-11..............	196	132	56	46	(5)	77	18	7	36	15
12-14.............	296	125	59	48	(5)	65	19	8	34	4
15-18.............	365	141	79	67	(5)	62	17	9	29	8
19-22.............	256	109	59	51	(5)	50	11	5	27	7
23-34.............	708	134	69	60	(5)	65	16	6	29	13
35-50.............	714	123	56	47	(5)	65	15	7	38	6
51-64.............	579	170	79	56	1	91	18	15	51	7
65-74.............	270	181	79	55	3	99	11	15	66	7
75 AND OVER......	114	202	76	49	5	121	35	17	60	9
FEMALES:										
9-11..............	222	137	68	60	(5)	69	18	8	36	7
12-14.............	295	131	60	50	(5)	71	17	5	40	10
15-18.............	374	122	59	50	1	61	18	5	31	7
19-22.............	300	114	60	51	(5)	53	11	5	30	7
23-34.............	865	121	57	48	(5)	63	14	5	29	15
35-50.............	838	131	66	56	(5)	65	13	7	39	6
51-64.............	715	170	85	62	1	84	16	11	48	9
65-74.............	346	183	88	63	2	92	15	15	53	9
75 AND OVER......	173	193	88	60	3	103	16	14	58	14
ALL INDIVIDUALS...	4/8,780	142	67	54	1	74	16	9	39	10

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 5K-1.2.--FRUITS1/

PERCENTAGE OF INDIVIDUALS USING,2/3/ SPRING 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/75	91.7	25.5	25.5	0.0	91.7	46.3	53.0	71.9	29.1
1-2.............	4/246	77.7	43.7	37.6	6.3	67.1	30.7	27.9	41.3	16.4
3-5.............	404	77.7	50.2	46.2	4.7	59.6	26.2	17.2	36.9	14.4
6-8.............	428	80.4	51.[illegible]	44.5	4.0	67.1	27.1	15.6	49.5	13.2
MALES:										
9-11............	196	76.5	44.9	40.2	.5	60.0	26.1	12.7	38.3	10.5
12-14...........	296	73.4	45.1	38.2	1.7	56.7	23.3	13.9	38.8	4.2
15-18...........	365	68.4	45.7	40.6	.8	49.2	20.1	14.7	32.5	5.3
19-22...........	256	62.0	35.6	31.3	2.6	46.4	15.5	9.3	29.6	4.2
23-34...........	708	66.7	41.7	35.4	1.6	49.4	18.5	10.8	30.0	8.8
35-50...........	714	65.2	42.5	35.5	2.1	51.3	19.3	12.2	35.5	4.8
51-64...........	579	78.0	53.0	40.1	2.3	63.1	21.5	22.6	44.5	5.9
65-74...........	270	75.6	53.5	41.9	6.4	61.8	16.2	24.4	52.5	7.8
75 AND OVER.....	114	84.1	53.2	38.1	11.4	73.2	24.7	25.9	52.3	10.1
FEMALES:										
9-11............	222	78.6	49.4	42.9	2.9	64.3	26.8	15.4	46.4	6.9
12-14...........	295	72.1	47.1	39.1	2.2	58.5	22.2	10.3	41.8	10.1
15-18...........	374	71.5	46.0	39.5	2.4	55.8	24.3	12.6	35.5	7.5
19-22...........	309	67.7	45.0	37.7	3.1	48.7	17.9	8.1	31.7	7.5
23-34...........	865	69.7	45.4	39.2	3.1	53.3	19.7	12.2	36.0	9.4
35-50...........	838	72.1	47.6	41.2	1.9	53.7	20.0	12.2	38.0	5.9
51-64...........	715	80.7	59.9	45.1	2.5	63.7	21.7	19.1	45.0	7.9
65-74...........	346	85.7	60.4	46.3	6.6	70.1	23.5	29.1	53.2	9.3
75 AND OVER.....	173	79.2	54.8	39.8	9.8	68.3	21.5	21.7	52.9	9.4
ALL INDIVIDUALS...	4/8,780	73.6	48.1	40.0	3.0	57.8	21.8	15.9	40.0	8.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 5K-2.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SPRING 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/75	3	0	0	0	3	1	0	2	1
1-2.............	4/246	9	5	5	0	4	2	1	2	(5)
3-5.............	404	12	4	4	(5)	7	1	1	4	1
6-8.............	428	24	8	6	(5)	17	2	(5)	13	1
MALES:										
9-11............	196	22	7	7	(5)	15	3	(5)	9	2
12-14...........	296	21	8	7	(5)	13	4	1	7	(5)
15-18...........	365	18	9	8	0	10	3	(5)	6	1
19-22...........	256	11	7	7	(5)	4	0	(5)	2	2
23-34...........	708	14	8	7	0	5	1	(5)	3	2
35-50...........	714	8	3	2	0	5	1	(5)	3	(5)
51-64...........	579	9	4	3	0	5	1	(5)	3	(5)
65-74...........	270	4	1	1	0	3	(5)	(5)	3	0
75 AND OVER.....	114	6	1	1	0	5	1	0	4	0
FEMALES:										
9-11............	222	24	5	4	0	18	4	2	12	1
12-14...........	295	18	4	3	(5)	13	3	(5)	9	1
15-18...........	374	16	4	3	(5)	12	4	1	7	(5)
19-22...........	300	5	2	2	(5)	3	1	(5)	2	(5)
23-34...........	865	12	5	5	0	7	1	1	3	1
35-50...........	838	8	4	3	0	4	1	(5)	3	(5)
51-64...........	715	8	3	2	(5)	5	1	(5)	4	(5)
65-74...........	346	4	1	1	0	3	(5)	0	2	0
75 AND OVER.....	173	3	(5)	0	0	3	(5)	0	3	[illegible]
ALL INDIVIDUALS...	4/8,780	12	5	4	(5)	7	1	(5)	5	1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 5K-2.2.--FRUITS1/

PERCENTAGE OF INDIVIDUALS USING,2/3/ SPRING 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/75	6.3	0.0	0.0	0.0	6.3	3.4	0.0	4.5	1.7
1-2..............	4/246	12.2	4.8	4.8	.0	7.9	4.0	1.6	4.5	.3
3-5..............	404	16.2	5.3	5.4	.7	11.7	3.3	1.6	8.0	1.6
6-8..............	428	34.9	12.8	9.5	.5	27.3	4.5	1.3	23.6	1.8
MALES:										
9-11.............	196	28.2	8.6	8.1	.5	23.5	8.2	1.1	15.4	2.8
12-14............	296	28.9	12.4	9.0	.3	19.9	7.4	2.2	14.7	.5
15-18............	365	18.9	7.3	5.3	.0	14.8	4.4	.9	10.9	.9
19-22............	256	10.7	5.6	5.2	.4	6.3	.0	.7	3.6	2.0
23-34............	708	13.2	7.0	5.8	.0	8.3	2.1	.9	4.8	1.3
35-50............	714	9.9	4.8	2.9	.0	7.3	1.1	.7	6.1	.5
51-64............	579	11.8	4.9	3.6	.0	8.0	1.3	.8	5.9	.5
65-74............	270	7.9	1.8	1.8	.0	6.1	.8	.6	3.2	.0
75 AND OVER......	114	8.6	1.8	1.8	.0	6.9	1.5	.0	5.1	.0
FEMALES:										
9-11.............	222	31.3	9.1	5.8	.0	27.2	6.5	3.6	19.7	.5
12-14............	295	22.5	7.5	5.0	.9	18.9	4.3	1.2	13.9	1.2
15-18............	374	21.2	6.4	4.2	.5	18.1	7.4	2.6	12.6	.8
19-22............	300	10.0	4.2	3.3	.3	6.2	1.3	.7	3.4	.3
23-34............	865	16.3	7.2	6.1	.0	11.6	2.3	1.7	8.5	1.6
35-50............	838	11.2	4.9	3.2	.0	8.0	1.7	.3	6.6	.6
51-64............	715	12.7	3.1	3.1	.2	9.5	2.9	.5	6.7	.5
65-74............	346	8.5	1.9	1.4	.0	7.2	1.2	.0	6.7	.0
75 AND OVER......	173	9.0	.7	.0	.0	8.2	.5	.0	7.7	.0
ALL INDIVIDUALS...	4/8,780	15.6	6.1	4.6	.2	11.5	2.9	1.0	8.6	.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 5K-3.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SPRING 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/75	169	17	17	0	152	21	32	64	35
1-2.............	4/246	137	49	43	1	87	18	14	32	23
3-5.............	404	120	58	52	1	61	14	8	23	16
6-8.............	428	127	60	55	1	66	16	7	30	13
MALES:										
9-11............	196	110	48	39	0	62	16	6	27	13
12-14...........	296	104	51	41	(5)	52	15	6	27	4
15-18...........	365	123	71	59	(5)	52	14	9	23	6
19-22...........	256	97	52	44	(5)	45	11	4	24	5
23-34...........	708	120	61	52	(5)	59	15	6	27	11
35-50...........	714	115	53	44	(5)	61	14	7	35	5
51-64...........	579	161	75	53	1	86	17	15	47	6
65-74...........	270	177	79	54	3	95	11	14	63	7
75 AND OVER.....	114	197	76	48	5	116	34	17	56	9
FEMALES:										
9-11............	222	113	63	56	(5)	51	14	6	24	7
12-14...........	295	114	55	47	(5)	59	14	5	31	9
15-18...........	374	106	56	47	(5)	50	14	5	24	6
19-22...........	300	109	58	49	(5)	50	10	5	29	7
23-34...........	865	109	52	43	(5)	56	13	5	25	13
35-50...........	838	122	62	52	(5)	60	12	6	36	6
51-64...........	715	161	82	60	1	79	15	11	44	9
65-74...........	346	178	87	61	2	89	15	15	51	9
75 AND OVER.....	173	191	88	60	3	100	16	14	56	14
ALL INDIVIDUALS...	4/8,780	130	63	50	1	66	14	8	34	9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 5K-3.2.--FRUITS1/

PERCENTAGE OF INDIVIDUALS USING,2/3/ SPRING 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1...........	4/75	91.7	25.5	25.5	0.0	90.0	44.5	53.0	59.1	27.4
1-2..............	4/246	74.5	41.7	35.6	6.3	65.0	28.0	27.2	38.5	16.1
3-5..............	404	72.8	47.9	45.6	4.4	53.8	24.3	15.6	30.9	13.2
6-8..............	428	67.6	42.8	38.8	3.7	49.8	23.8	14.3	30.0	12.2
MALES:										
9-11.............	196	64.6	40.9	35.4	.0	45.9	20.5	11.5	25.4	3.0
12-14............	296	62.3	39.4	32.5	1.4	45.7	19.3	11.7	29.8	3.8
15-18............	365	60.9	42.9	36.3	.8	41.7	17.6	14.4	23.7	4.4
19-22............	256	57.1	31.3	26.6	2.2	42.8	15.6	8.6	27.9	2.2
23-34............	708	62.1	37.4	32.2	1.6	[illegible]	16.9	10.1	26.6	6.1
35-50............	714	63.0	40.3	33.9	2.1	[illegible]	18.3	11.8	31.8	4.3
51-64............	579	75.7	51.2	38.0	2.3	[illegible]	20.7	22.0	41.3	5.3
65-74............	270	75.7	53.2	41.1	6.4	60.5	15.4	24.4	49.0	7.8
75 AND OVER......	114	83.0	53.2	37.1	11.4	72.1	23.1	25.9	50.0	10.1
FEMALES:										
9-11.............	222	67.3	43.9	39.2	2.9	51.6	21.8	12.1	32.1	6.5
12-14............	295	64.3	43.4	35.6	1.2	48.5	19.3	10.0	32.1	9.2
15-18............	374	65.4	42.7	37.6	1.9	46.9	18.6	10.0	27.9	6.8
19-22............	300	61.2	41.1	34.7	2.8	44.9	16.1	7.8	29.9	7.2
23-34............	865	63.8	40.6	34.9	3.1	47.7	18.4	11.2	30.4	8.4
35-50............	838	69.2	45.2	39.1	1.9	50.8	19.0	12.1	[illegible]	5.4
51-64............	715	78.8	58.1	43.6	2.2	61.0	20.4	18.5	42.1	7.6
65-74............	346	85.1	60.1	46.0	6.6	68.8	22.2	29.1	50.4	9.3
75 AND OVER......	173	77.8	44.8	39.8	8.8	65.2	21.1	21.7	[illegible]	9.4
ALL INDIVIDUALS...	4/8,780	68.7	44.9	37.2	2.9	52.3	19.8	15.1	34.2	7.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 5L-1.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SUMMER 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMB[illegible]	-----GRAMS-----								
MALES AND FEMALES:										
UNDER 1.	4/1[illegible]	141	20	20	0	121	18	14	63	26
1-2...............	4/249	140	62	59	1	77	15	12	33	17
3-5...............	425	129	50	47	1	78	14	9	37	19
6-8...............	454	144	57	51	1	86	22	10	41	14
MALES:										
9-11..............	233	147	61	58	1	85	17	6	56	6
12-14.............	274	154	67	63	(5)	87	17	7	53	9
15-18.............	320	146	60	57	(5)	86	20	8	47	11
19-22.............	261	117	53	48	(5)	64	17	12	29	7
23-34.............	655	125	60	55	(5)	65	8	8	38	12
35-50.............	664	134	45	41	(5)	88	16	7	61	5
51-64.............	520	174	56	47	(5)	118	15	15	81	7
65-74.............	239	197	57	50	3	138	12	14	103	9
75 AND OVER......	118	186	67	51	3	116	17	18	69	12
FEMALES:										
9-11..............	265	165	66	58	1	97	26	10	51	11
12-14.............	288	133	55	49	(5)	78	20	6	41	12
15-18.............	382	116	55	52	(5)	60	13	6	33	8
19-22.............	372	122	57	52	1	64	8	6	39	10
23-34.............	975	122	48	44	1	73	11	5	47	10
35-50.............	936	136	58	52	1	78	11	4	53	9
51-64.............	751	200	70	64	1	129	15	10	93	11
65-74.............	342	225	79	70	2	144	12	15	101	16
75 AND OVER......	194	193	58	52	2	133	22	18	68	25
ALL INDIVIDUALS...	4/9,037	148	57	52	1	90	14	9	56	11

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 5L-1.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ SUMMER 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/120	77.2	26.9	26.2	0.0	74.4	33.9	26.0	62.8	26.1
1-2.............	4/249	75.3	48.3	45.6	5.0	62.3	27.0	22.3	40.0	13.2
3-5.............	425	72.3	43.2	40.2	4.2	57.9	23.6	18.5	38.9	14.0
6-8.............	454	79.2	50.0	46.1	2.6	65.7	28.8	18.7	43.7	12.4
MALES:										
9-11............	233	80.2	48.5	46.7	2.9	61.3	23.3	14.6	41.8	7.1
12-14...........	274	70.8	45.5	41.6	.7	55.4	21.7	13.7	43.2	6.3
15-18...........	320	67.1	41.6	37.8	.6	52.2	20.1	12.9	36.6	7.0
19-22...........	261	60.9	38.4	35.4	.5	43.9	15.4	11.8	29.8	6.1
23-34...........	655	61.4	39.7	36.5	1.7	44.2	11.4	10.4	34.1	6.6
35-50...........	664	64.3	36.6	32.8	1.2	52.2	18.1	12.5	38.0	5.1
51-64...........	520	77.3	44.2	36.9	2.1	66.0	18.5	22.2	50.4	4.5
65-74...........	239	73.3	38.2	33.0	5.8	61.1	16.6	23.1	47.6	6.6
75 AND OVER.....	118	76.3	45.3	34.6	5.5	69.2	17.5	29.0	56.5	5.9
FEMALES:										
9-11............	265	82.5	49.9	47.0	5.7	67.0	32.0	16.6	49.3	10.7
12-14...........	288	70.0	40.1	35.9	2.4	57.2	25.9	10.0	39.0	12.1
15-18...........	382	66.7	42.2	39.3	1.0	50.2	18.3	11.7	34.6	5.2
19-22...........	372	59.4	30.1	26.9	3.6	48.7	12.5	11.8	38.2	8.7
23-34...........	975	66.4	37.5	33.8	3.3	50.4	15.1	10.1	40.3	7.6
35-50...........	936	72.0	41.7	38.1	2.3	58.7	15.8	9.8	46.6	7.2
51-64...........	751	81.9	50.0	46.8	3.3	69.3	18.9	18.0	57.6	8.6
65-74...........	342	83.5	52.7	46.2	5.4	74.3	17.2	25.5	63.1	11.8
75 AND OVER.....	194	84.1	45.5	38.1	6.6	73.2	24.5	30.5	54.3	14.8
ALL INDIVIDUALS...	4/9,037	71.7	42.4	38.5	2.8	58.0	19.1	15.3	43.9	8.5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 5L-2.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SUMMER 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/120	0	0	0	0	0	0	0	0	0
1-2..............	4/249	8	3	3	(5)	5	1	1	1	2
3-5..............	425	12	5	5	0	7	1	1	3	2
6-8..............	454	17	5	5	0	12	3	1	7	2
MALES:										
9-11.............	233	20	7	6	(5)	12	4	1	8	1
12-14............	274	19	5	5	0	14	2	1	10	1
15-18............	320	21	7	7	0	14	2	(5)	9	3
19-22............	261	13	5	4	0	8	2	1	4	2
23-34............	655	13	6	6	0	7	1	1	4	1
35-50............	664	9	3	3	(5)	6	1	(5)	5	(5)
51-64............	520	8	2	2	0	6	2	1	3	0
65-74............	239	4	2	2	(5)	2	(5)	0	2	0
75 AND OVER......	118	3	0	0	0	3	1	0	3	0
FEMALES:										
9-11.............	265	24	5	4	(5)	18	5	1	12	1
12-14............	288	13	4	4	0	9	3	0	5	1
15-18............	382	14	6	6	(5)	8	2	(5)	5	1
19-22............	372	17	9	8	0	8	1	(5)	5	2
23-34............	975	7	2	2	(5)	5	1	(5)	4	1
35-50............	936	7	2	2	(5)	5	1	(5)	4	(5)
51-64............	751	7	3	3	(5)	5	(5)	(5)	4	(5)
65-74............	342	6	1	1	(5)	4	(5)	(5)	4	0
75 AND OVER......	194	5	2	2	0	4	1	(5)	2	1
ALL INDIVIDUALS...	4/9,037	11	4	3	(5)	7	1	(5)	5	1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 5L-2.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ SUMMER 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	-----	-----	-----	-----	PERCENT	-----	-----	-----	-----
MALES AND FEMALES:										
UNDER 1..........	4/120	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
1-2.............	4/249	11.9	4.6	3.9	.4	8.9	1.9	2.7	4.8	2.3
3-5.............	425	14.0	4.8	4.7	.0	10.8	3.4	1.3	7.1	1.6
6-8.............	454	21.1	7.2	5.6	.0	16.9	5.8	1.7	12.1	2.1
MALES:										
9-11............	233	20.7	9.2	8.5	.7	13.5	6.4	1.7	9.1	1.1
12-14...........	274	21.4	6.5	5.7	.0	18.3	5.4	2.2	14.7	.8
15-18...........	320	14.9	5.2	4.1	.0	12.0	3.5	1.3	7.9	1.4
19-22...........	261	12.1	5.6	5.6	.0	9.2	2.8	1.5	7.2	1.2
23-34...........	655	14.1	6.7	5.2	.0	9.5	1.7	.3	6.6	1.1
35-50...........	664	10.5	3.8	2.6	.6	7.1	1.7	.6	5.4	.4
51-64...........	520	10.3	3.1	2.5	.0	7.2	1.8	1.9	5.0	.0
65-74...........	239	7.5	4.7	4.7	.7	4.0	1.5	.0	2.4	.0
75 AND OVER.....	118	7.3	.0	.0	.0	7.3	.9	.0	7.3	.0
FEMALES:										
9-11............	265	28.9	7.0	4.7	1.6	24.2	8.6	1.4	18.3	1.5
12-14...........	288	17.9	5.7	4.5	.0	14.8	5.2	.0	10.6	1.3
15-18...........	382	15.5	5.8	5.5	.3	11.8	2.9	.5	8.5	.8
19-22...........	372	13.6	6.1	5.4	.0	9.3	1.8	1.4	5.1	1.9
23-34...........	975	[illegible]	3.3	1.8	.1	7.0	1.4	1.1	5.0	.5
35-50...........	936	[illegible]	4.1	3.4	.7	7.8	1.7	.2	6.6	.2
51-64...........	751	11.7	3.7	2.6	.1	9.2	1.5	.2	7.1	.4
65-74...........	342	7.0	1.5	1.1	.6	6.4	.3	1.2	5.2	.0
75 AND OVER.....	194	6.5	4.8	3.1	.0	4.1	1.2	.6	2.3	1.7
ALL INDIVIDUALS...	4/9,037	13.0	4.7	3.8	.3	9.8	2.6	.9	7.1	.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 5L-3.1.--FRUITS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] SUMMER 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	[4]/120	141	20	20	0	121	18	14	63	26
1-2.............	[4]/249	132	59	56	1	72	14	12	31	15
3-5.............	425	116	44	42	1	71	12	8	34	17
6-8.............	454	126	52	46	1	74	19	10	34	12
MALES:										
9-11............	233	127	54	52	(5)	73	13	6	48	5
12-14...........	274	135	62	58	(5)	73	15	6	43	9
15-18...........	320	125	53	50	(5)	71	18	8	39	7
19-22...........	261	104	49	44	(5)	56	14	11	25	5
23-34...........	655	112	54	50	(5)	58	7	7	33	10
35-50...........	664	124	42	39	(5)	82	15	7	56	5
51-64...........	520	167	54	46	(5)	112	14	14	78	7
65-74...........	239	194	55	48	3	136	12	14	101	9
75 AND OVER.....	118	182	67	51	3	113	16	18	67	12
FEMALES:										
9-11............	265	141	61	54	1	79	21	9	39	10
12-14...........	288	120	50	45	(5)	69	17	6	36	11
15-18...........	382	101	49	46	(5)	52	12	6	27	7
19-22...........	372	105	48	44	1	55	8	5	34	9
23-34...........	975	115	46	42	1	68	11	5	43	10
35-50...........	936	129	55	50	(5)	73	10	4	50	9
51-64...........	751	192	67	61	1	124	14	10	89	11
65-74...........	342	219	78	69	2	140	12	15	97	16
75 AND OVER.....	194	188	56	50	2	129	21	18	67	24
ALL INDIVIDUALS...	[4]/9,037	137	53	49	1	83	13	8	51	10

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 5L-3.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ SUMMER 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/120	77.2	26.9	26.2	0.0	74.4	33.9	26.0	62.8	26.1
1-2..............	4/249	74.2	46.9	44.1	4.7	60.2	26.2	20.5	36.9	12.0
3-5..............	425	68.5	40.9	37.6	4.2	53.6	21.6	17.3	34.4	13.6
6-8..............	454	72.9	44.7	41.3	2.6	57.7	25.0	17.3	36.1	11.0
MALES:										
9-11.............	233	73.2	42.9	41.1	2.1	52.4	18.1	13.3	35.6	6.0
12-14............	274	62.8	41.6	37.7	.7	46.5	18.9	12.2	33.7	6.3
15-18............	320	61.8	38.1	34.6	.6	47.3	18.3	12.3	31.2	5.7
19-22............	261	55.6	34.8	31.8	.5	39.4	13.3	10.3	25.8	4.9
23-34............	655	54.9	36.1	33.4	1.7	38.8	10.1	10.0	28.6	5.5
35-50............	664	62.2	35.0	31.7	.6	49.7	17.0	12.2	35.8	4.7
51-64............	520	76.2	42.8	35.5	2.1	64.3	18.1	21.6	48.7	4.5
65-74............	239	72.6	37.5	32.4	5.1	61.1	15.1	23.1	47.2	6.6
75 AND OVER......	118	76.3	45.3	34.6	5.5	69.2	17.5	29.0	55.6	5.9
FEMALES:										
9-11.............	265	75.2	45.4	43.6	4.5	57.9	26.7	15.9	36.5	9.7
12-14............	288	65.9	36.9	33.3	2.4	53.5	22.7	10.0	34.7	11.4
15-18............	382	61.5	39.1	36.2	.7	44.0	16.4	11.4	28.3	4.6
19-22............	372	56.1	26.8	23.5	3.6	45.1	12.5	10.4	35.0	6.8
23-34............	975	63.5	35.8	32.6	3.2	47.4	14.2	9.0	38.1	7.3
35-50............	936	69.7	39.7	36.4	1.8	56.6	15.0	9.5	44.2	7.0
51-64............	751	79.8	49.2	45.9	3.2	65.9	17.4	18.0	54.8	8.4
65-74............	342	83.2	52.3	46.2	4.8	73.3	17.2	25.2	61.5	11.8
75 AND OVER......	194	84.1	45.5	38.1	6.6	73.2	23.2	29.9	53.8	13.1
ALL INDIVIDUALS...	4/9,037	68.2	40.1	36.4	2.6	54.3	17.6	14.6	40.1	7.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 5M-1.1.--FRUITS1/

AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ FALL 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/105	125	22	21	(5)	103	19	9	50	26
1-2.............	4/256	147	61	53	2	85	25	14	20	27
3-5.............	462	143	68	60	1	74	28	11	16	20
6-8.............	487	158	70	61	1	87	31	5	27	19
MALES:										
9-11............	278	144	61	55	1	83	34	10	28	11
12-14...........	307	143	63	52	1	79	36	8	25	10
15-18...........	329	141	68	61	1	73	28	6	25	14
19-22...........	245	129	62	53	(5)	67	29	14	16	9
23-34...........	626	[illegible]	57	51	1	64	24	8	20	13
35-50...........	358	132	57	49	1	73	32	8	21	12
51-64...........	503	163	70	56	1	92	33	14	32	13
65-74...........	257	178	61	46	4	113	32	16	46	18
75 AND OVER.....	110	170	60	54	5	104	37	13	40	15
FEMALES:										
9-11............	245	157	71	59	(5)	86	32	9	32	13
12-14...........	297	149	70	60	(5)	79	29	9	29	12
15-18...........	363	114	55	47	(5)	59	24	6	18	11
19-22...........	308	103	56	49	(5)	47	17	4	14	13
23-34...........	1,066	123	65	57	1	57	20	6	17	14
35-50...........	1,037	116	61	49	(5)	55	20	6	20	9
51-64...........	774	172	75	63	1	95	31	11	37	16
65-74...........	354	167	73	58	1	92	24	14	38	16
75 AND OVER.....	198	173	59	50	4	110	38	15	40	17
ALL INDIVIDUALS...	4/9,196	140	64	54	1	75	27	9	25	14

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 5M-1.2.--FRUITS1/

PERCENTAGE OF INDIVIDUALS USING,2/3/ FALL 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/105	71.6	22.4	22.4	1.6	66.7	39.5	22.2	52.8	27.7
1-2.............	4/256	80.3	51.1	46.9	8.2	69.7	40.2	28.1	30.7	22.1
3-5.............	482	80.3	50.3	45.8	6.0	67.6	40.7	20.5	29.8	18.1
6-8.............	487	86.2	54.8	48.2	6.0	75.0	43.0	18.9	43.9	14.3
MALES:										
9-11............	278	83.9	48.4	43.0	3.0	72.4	42.8	18.4	45.3	9.7
12-14...........	307	77.1	45.4	38.2	3.6	65.3	39.5	15.0	39.5	8.1
15-18...........	329	70.3	44.2	38.6	4.3	55.4	29.0	11.8	31.9	9.5
19-22...........	245	63.4	42.0	36.2	.6	47.1	29.6	18.0	19.2	7.1
23-34...........	626	64.7	39.4	36.0	3.3	46.7	25.2	14.9	23.1	8.4
35-50...........	558	68.0	42.9	36.6	2.2	54.0	34.3	13.1	29.2	9.0
51-64...........	503	73.4	46.6	40.0	3.4	63.1	34.6	24.5	31.8	8.2
65-74...........	267	74.4	47.8	39.5	10.2	67.3	34.4	22.4	42.0	14.2
75 AND OVER.....	110	84.1	45.8	40.9	7.0	67.7	36.8	29.1	37.7	14.0
FEMALES:										
9-11............	245	84.7	51.6	44.2	1.8	73.3	44.8	18.0	47.6	11.3
12-14...........	297	81.6	51.7	46.7	1.7	65.9	36.6	16.5	36.5	8.9
15-18...........	363	69.4	41.7	35.5	2.4	53.4	31.6	11.7	27.7	8.7
19-22...........	308	56.8	35.5	28.5	2.6	47.2	24.6	9.4	19.2	12.4
23-34...........	1,066	66.2	43.4	37.2	3.3	51.2	28.6	10.6	25.1	10.7
35-50...........	1,037	69.0	44.4	38.2	2.7	51.9	27.2	11.5	25.7	8.9
51-64...........	774	81.5	54.6	47.0	4.3	67.4	35.9	21.8	42.6	11.8
65-74...........	354	82.3	53.3	43.0	8.4	68.3	33.8	24.9	42.3	15.5
75 AND OVER.....	198	81.2	47.7	44.0	10.7	74.4	41.0	27.3	38.8	16.3
ALL INDIVIDUALS...	4/9,196	73.6	46.3	40.2	4.1	59.9	33.6	16.9	32.5	11.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 5M-2.1.--FRUITS[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] FALL 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	[4]/105	2	1	1	0	1	(5)	(5)	(5)	(5)
1-2..............	[4]/256	7	1	1	(5)	6	2	1	1	2
3-5..............	482	15	5	5	(5)	10	3	1	3	3
6-8..............	487	36	12	10	(5)	23	7	1	15	1
MALES:										
9-11.............	278	39	8	6	(5)	31	9	1	19	2
12-14............	307	27	8	7	(5)	20	6	1	12	1
15-18............	329	24	7	6	0	18	4	1	12	1
19-22............	245	13	6	6	(5)	6	3	1	3	0
23-34............	626	15	7	6	(5)	8	2	1	4	1
35-50............	558	7	2	2	0	4	1	(5)	2	1
51-64............	503	8	2	2	0	6	2	1	3	1
65-74............	267	7	2	2	(5)	4	(5)	0	2	2
75 AND OVER......	110	11	4	4	(5)	6	3	(5)	3	1
FEMALES:										
9-11.............	245	38	8	7	(5)	30	8	2	19	1
12-14............	297	30	6	5	(5)	23	6	1	12	4
15-18............	363	17	4	3	0	13	5	1	7	1
19-22............	308	6	2	1	(5)	4	1	(5)	2	1
23-34............	1,066	7	2	2	(5)	5	1	(5)	3	1
35-50............	1,037	7	3	2	(5)	4	1	0	2	1
51-64............	774	9	2	2	0	6	1	1	3	2
65-74............	354	6	1	1	(5)	6	1	(5)	5	(5)
75 AND OVER......	198	3	1	1	(5)	1	(5)	(5)	1	0
ALL INDIVIDUALS...	[4]/9,196	14	4	4	(5)	10	3	(5)	5	1

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 5M-2.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ FALL 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/105	3.3	0.9	0.9	0.0	3.3	0.9	0.8	0.8	0.8
1-2.............	4/256	12.0	2.4	1.8	.8	10.4	3.7	2.3	2.9	2.9
3-5.............	482	[illegible]	7.1	6.2	.9	15.8	6.4	1.4	6.0	4.8
6-8.............	487	44.7	16.3	11.5	1.3	[illegible]	13.8	2.7	29.4	1.5
MALES:										
9-11............	279	49.8	11.9	8.5	.8	44.7	16.7	1.5	35.8	3.2
12-14...........	307	36.6	8.3	6.0	.5	31.8	12.2	2.2	23.8	.9
15-18...........	329	25.9	5.9	4.3	.0	22.4	5.9	1.3	17.1	1.2
19-22...........	245	15.8	6.7	6.3	.6	9.6	4.2	1.5	5.8	.0
23-34...........	626	16.9	7.8	7.1	.9	11.3	3.0	1.9	6.4	1.9
35-50...........	558	9.4	4.2	3.0	.0	6.5	2.5	.6	3.4	.9
51-64...........	503	11.2	3.3	3.0	.0	8.9	2.5	1.4	5.2	.9
65-74...........	267	8.9	3.4	2.4	1.0	7.5	1.0	.0	7.0	1.4
75 AND OVER.....	110	7.5	2.2	2.2	1.3	7.5	4.1	.6	4.3	1.6
FEMALES:										
9-11............	245	49.4	12.4	8.2	.5	44.5	15.6	3.6	34.7	1.1
12-14...........	297	36.1	10.4	6.4	.2	30.0	12.4	3.3	19.9	2.5
15-18...........	363	22.7	5.3	3.4	.0	19.0	9.2	2.3	12.2	1.3
19-22...........	308	10.7	4.8	1.5	.6	7.3	3.5	[illegible]	3.7	.7
23-34...........	1,066	11.1	3.4	2.5	.3	[illegible]	2.1	[illegible]	5.4	1.2
35-50...........	1,037	10.3	4.3	2.8	.1	6.5	2.2	.0	4.4	.7
51-64...........	774	13.9	4.6	2.6	.0	11.5	1.9	.9	7.9	1.7
65-74...........	354	14.3	2.3	1.3	1.2	12.7	3.6	.2	9.8	1.1
75 AND OVER.....	198	8.6	2.7	1.5	1.0	6.6	1.1	1.0	5.3	.0
ALL INDIVIDUALS...	4/9,196	18.7	[illegible]	4.2	.5	15.1	5.1	1.2	10.2	1.5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 5M-3.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ FALL 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/105	123	21	21	(5)	102	18	9	49	25
1-2.............	4/256	140	59	52	1	79	23	13	19	24
3-5.............	462	128	63	55	1	64	24	10	13	16
6-8.............	487	122	58	51	1	64	25	8	13	18
MALES:										
9-11............	278	106	53	48	1	52	25	9	9	8
12-14...........	307	115	55	46	1	59	30	7	13	9
15-18...........	329	116	61	55	1	55	24	6	13	12
19-22...........	245	116	56	47	0	60	26	13	13	9
23-34...........	626	107	50	45	1	56	22	7	16	12
35-50...........	558	125	55	47	1	69	31	7	19	12
51-64...........	503	155	68	54	1	86	31	14	29	12
65-74...........	267	171	58	44	4	109	32	16	44	17
75 AND OVER.....	110	159	57	50	5	98	34	13	37	14
FEMALES:										
9-11............	245	119	63	52	(5)	56	24	7	13	12
12-14...........	297	119	63	56	(5)	55	23	8	17	8
15-18...........	363	97	50	44	(5)	46	19	5	11	11
19-22...........	308	97	54	48	(5)	43	15	4	12	12
23-34...........	1,066	116	63	55	1	52	20	5	14	13
35-50...........	1,037	109	58	47	(5)	51	19	6	18	9
51-64...........	774	163	73	61	1	89	30	10	34	14
65-74...........	354	160	72	57	2	86	23	14	33	16
75 AND OVER.....	198	170	57	49	4	108	38	15	39	17
ALL INDIVIDUALS...	4/9,196	126	60	51	1	66	24	9	20	13

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 5M-3.2.--FRUITS 1/
PERCENTAGE OF INDIVIDUALS USING, 2/ 3/ FALL 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/105	71.6	22.4	22.4	1.6	66.7	39.5	22.2	52.8	26.8
1-2.............	4/256	77.3	49.7	45.5	7.5	66.4	37.3	26.5	28.6	20.6
3-5.............	482	74.6	46.9	42.8	5.1	61.8	37.1	19.2	24.7	15.5
6-8.............	487	72.2	46.3	41.3	4.7	56.4	32.0	16.6	20.0	13.0
MALES:										
9-11............	278	67.0	40.7	37.1	2.7	49.5	29.7	16.9	15.0	7.7
12-14...........	307	64.0	40.8	34.3	3.1	49.4	31.3	13.3	19.7	7.6
15-18...........	329	61.0	41.4	36.6	4.3	43.5	24.8	11.0	18.1	8.3
19-22...........	245	57.4	36.6	31.2	.0	44.7	26.3	17.4	13.9	7.1
23-34...........	626	59.9	[illegible]	32.0	2.5	42.3	24.1	13.0	18.0	6.8
35-50...........	558	65.3	40.5	34.9	2.2	50.8	33.1	12.8	25.9	8.3
51-64...........	503	72.1	45.7	39.4	3.4	60.8	33.0	23.1	28.1	7.9
65-74...........	267	73.3	45.9	37.7	10.2	65.1	33.9	22.4	38.9	13.7
75 AND OVER.....	110	80.6	45.2	40.3	5.6	64.2	34.3	28.5	35.0	14.0
FEMALES:										
9-11............	245	69.4	45.3	40.2	1.4	53.5	31.5	14.7	21.0	10.6
12-14...........	297	68.7	45.2	41.8	1.5	48.5	25.9	13.2	21.4	6.8
15-18...........	363	60.2	38.1	32.9	2.4	43.0	25.5	9.3	17.9	7.6
19-22...........	308	53.6	32.6	28.1	2.6	42.4	21.7	8.3	16.2	11.7
23-34...........	1,066	62.6	42.0	35.9	3.2	47.1	27.3	10.4	20.9	9.6
35-50...........	1,037	66.2	42.6	37.0	2.7	48.5	25.9	11.5	22.2	8.4
51-64...........	774	78.9	53.0	45.4	4.3	64.4	34.8	20.9	38.4	10.2
65-74...........	354	80.0	52.8	42.5	7.1	64.8	32.0	24.7	36.6	14.6
75 AND OVER.....	198	80.8	47.4	43.7	9.7	72.1	40.6	26.3	36.1	16.3
ALL INDIVIDUALS...	4/9,196	68.1	43.3	37.8	3.7	53.2	30.0	15.8	24.6	10.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 5N-1.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ WINTER 1978

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	-----------------------------------GRAMS-----------------------------------								
MALES AND FEMALES:										
UNDER 1..........	4/122	169	23	23	0	147	16	13	78	39
1-2.............	4/282	165	61	55	2	102	25	15	23	40
3-5.............	408	136	63	49	1	72	22	9	15	27
6-8.............	471	159	76	59	(5)	83	32	9	26	16
MALES:										
9-11............	232	146	80	64	(5)	65	27	8	21	9
12-14...........	273	142	76	59	(5)	66	29	8	23	6
15-18...........	380	127	73	60	(5)	53	20	6	21	7
19-22...........	26[illegible]	101	66	50	(5)	35	10	5	11	8
23-34...........	727	113	62	46	(5)	50	18	7	17	9
35-50...........	635	142	77	56	(5)	65	23	12	18	12
51-64...........	559	168	86	54	2	80	27	13	32	7
65-74...........	274	173	82	60	2	90	16	14	43	17
75 AND OVER.....	123	174	65	35	3	105	24	17	38	26
FEMALES:										
9-11............	278	157	72	57	(5)	85	29	7	33	16
12-14...........	268	127	70	54	(5)	57	20	8	22	7
15-18...........	354	119	72	54	(5)	47	17	6	14	9
19-22...........	337	126	73	55	1	51	15	6	17	14
23-34...........	974	122	74	54	1	47	17	6	13	11
35-50...........	948	118	66	45	1	51	17	7	16	11
51-64...........	696	164	90	56	1	73	24	12	25	12
65-74...........	334	183	108	68	2	74	20	14	29	12
75 AND OVER.....	187	167	82	48	5	80	20	14	37	10
ALL INDIVIDUALS...	4/9,129	140	74	53	1	65	21	9	22	13

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 5N-1.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ WINTER 1978

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/122	76.4	25.8	23.9	0.0	73.2	31.4	30.4	59.5	36.5
1-2..............	4/282	80.5	50.6	44.4	10.2	67.0	38.0	24.8	32.4	26.8
3-5..............	408	[illegible]	50.6	40.7	5.2	59.5	34.9	15.8	24.1	18.7
6-8..............	471	84.1	57.3	46.1	3.4	70.5	43.5	16.8	41.9	13.4
MALES:										
9-11.............	232	83.0	57.0	47.8	1.4	68.9	42.3	14.5	36.3	10.3
12-14............	273	77.0	48.8	36.1	1.7	61.2	37.3	14.4	36.5	4.9
15-18............	380	72.2	49.3	40.3	1.6	53.3	29.0	12.9	32.0	5.4
19-22............	267	59.1	44.7	33.3	1.3	32.7	12.0	9.0	14.7	7.3
23-34............	727	62.0	44.4	34.4	1.9	42.2	23.5	11.4	20.9	5.1
35-50............	635	66.8	45.6	35.2	3.6	50.6	30.6	17.7	24.0	7.9
51-64............	559	77.6	55.1	40.4	6.1	60.5	32.2	22.6	35.0	6.4
65-74............	274	77.4	55.7	41.6	4.6	63.6	23.4	26.2	41.6	11.1
75 AND OVER......	123	74.1	50.1	32.6	10.5	58.7	21.9	31.5	38.4	12.9
FEMALES:										
9-11.............	278	82.8	54.9	[illegible]	.8	72.0	38.1	16.2	43.7	12.4
12-14............	268	79.8	55.8	42.1	.4	61.4	32.9	16.2	32.9	8.2
15-18............	354	70.0	50.6	39.9	1.4	45.3	26.7	13.8	21.1	6.1
19-22............	337	60.8	43.3	35.3	5.0	46.4	23.6	10.3	21.3	9.6
23-34............	974	68.0	48.4	37.4	3.2	48.1	26.6	13.2	21.4	9.2
35-50............	948	69.9	49.9	36.1	2.9	49.2	24.5	14.9	24.4	8.4
51-64............	696	77.5	60.1	43.9	5.3	59.1	28.7	21.2	35.6	9.1
65-74............	334	81.7	65.0	47.2	5.0	60.2	26.3	24.1	33.4	9.5
75 AND OVER......	187	82.7	58.8	38.9	15.1	69.2	26.4	23.0	47.8	12.2
ALL INDIVIDUALS...	4/9,129	72.9	51.2	39.2	3.8	55.2	29.2	16.9	29.7	9.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 5N-2.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ WINTER 1978

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1..........	4/122	1	0	0	0	1	(5)	(5)	(5)	(5)
1-2.............	4/282	7	2	2	(5)	5	1	1	1	1
3-5.............	408	12	4	3	(5)	9	2	1	3	2
6-8.............	471	31	10	7	(5)	21	7	1	11	2
MALES:										
9-11............	232	34	13	9	(5)	21	6	1	12	2
12-14...........	273	27	7	5	(5)	20	6	1	13	1
15-18...........	380	21	6	4	0	15	4	(5)	9	1
19-22...........	267	13	9	6	(5)	3	1	0	2	1
23-34...........	727	9	4	4	0	5	1	(5)	4	0
35-50...........	635	8	5	4	(5)	3	1	(5)	2	(5)
51-64...........	559	5	2	2	0	3	1	0	2	0
65-74...........	274	3	1	(5)	0	2	(5)	(5)	2	(5)
75 AND OVER.....	123	1	0	0	0	1	1	0	1	0
FEMALES:										
9-11............	278	30	8	7	(5)	23	5	1	16	1
12-14...........	268	30	12	11	0	18	5	2	10	1
15-18...........	354	19	8	6	(5)	11	3	(5)	7	(5)
19-22...........	337	13	7	6	(5)	6	1	(5)	4	1
23-34...........	974	8	4	4	0	4	1	(5)	2	1
35-50...........	948	5	2	2	(5)	3	(5)	(5)	2	(5)
51-64...........	696	6	3	2	(5)	3	1	(5)	2	1
65-74...........	334	5	2	1	0	3	(5)	0	2	(5)
75 AND OVER.....	187	1	(5)	0	(5)	1	(5)	0	1	0
ALL INDIVIDUALS...	4/9,129	12	5	4	(5)	7	2	(5)	4	1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 5N-2.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ WINTER 1978

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/122	2.5	0.0	0.0	0.0	2.5	0.6	0.7	1.1	0.7
1-2.............	4/282	10.4	4.6	3.8	.3	7.4	3.3	2.1	2.1	1.6
3-5.............	408	15.0	4.8	3.8	1.3	12.5	5.1	2.3	6.4	3.6
6-8.............	471	42.1	13.7	8.5	2.1	35.2	14.1	2.8	24.4	2.1
MALES:										
9-11............	232	43.6	15.7	9.7	.8	35.2	14.1	2.7	23.7	2.4
12-14...........	273	39.5	7.1	3.3	.3	36.0	12.1	1.8	26.0	.6
15-18...........	380	27.4	7.2	4.4	.0	24.5	9.4	.9	16.2	.6
19-22...........	267	12.9	9.1	5.1	.6	4.8	2.2	.0	3.5	.5
23-34...........	727	12.3	5.1	4.3	.0	7.9	1.6	.7	6.2	.0
35-50...........	635	9.6	5.1	4.9	.7	5.3	1.9	.3	3.6	.4
51-64...........	559	6.8	2.9	2.0	.0	4.5	1.9	.0	2.9	.0
65-74...........	274	4.7	.8	.8	.0	3.9	.3	.3	3.9	.3
75 AND OVER.....	123	2.7	.0	.0	.0	2.7	.9	.0	1.7	.0
FEMALES:										
9-11............	278	42.1	11.3	6.9	.2	37.7	11.4	2.1	28.6	1.4
12-14...........	268	36.7	11.5	8.3	.0	30.8	11.0	3.2	20.5	1.3
15-18...........	354	22.9	10.2	7.6	.6	14.7	5.8	1.2	10.7	.4
19-22...........	337	16.0	6.3	4.7	1.3	10.8	2.2	.8	6.6	1.4
23-34...........	574	11.4	5.6	4.5	.0	7.0	2.5	1.0	3.1	1.3
35-50...........	948	8.6	3.9	2.0	.2	6.4	1.8	.9	4.7	.4
51-64...........	696	8.5	4.2	2.9	.3	5.3	2.4	.9	3.8	.4
65-74...........	334	6.9	3.6	2.1	.0	5.0	.4	.0	4.5	.7
75 AND OVER.....	187	3.3	.8	.0	.4	2.4	.4	.0	2.1	.0
ALL INDIVIDUALS...	4/9,129	16.2	6.0	4.1	.4	12.3	4.3	1.1	8.3	.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 5N-3.1.--FRUITS1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ WINTER 1978

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	GRAMS								
MALES AND FEMALES:										
UNDER 1	4/122	168	23	23	0	145	16	13	78	38
1-2	4/282	158	59	54	2	98	23	14	22	39
3-5	408	124	60	46	(5)	64	20	8	11	25
6-8	471	129	66	52	(5)	62	26	8	15	14
MALES:										
9-11	232	112	68	55	(5)	44	21	7	9	8
12-14	273	115	69	54	(5)	45	23	7	10	5
15-18	380	107	67	55	(5)	39	15	6	12	6
19-22	267	88	57	44	(5)	31	10	5	9	7
23-34	727	104	58	43	(5)	45	17	7	13	9
35-50	635	134	71	52	(5)	63	22	12	17	12
51-64	559	163	83	52	2	77	26	13	31	7
65-74	274	170	81	60	2	88	16	14	41	17
75 AND OVER	123	173	65	35	3	104	23	17	38	26
FEMALES:										
9-11	278	126	64	51	(5)	63	24	6	17	15
12-14	268	97	58	43	(5)	39	15	7	12	6
15-18	354	100	64	48	(5)	36	15	6	7	9
19-22	337	113	67	49	1	46	14	6	14	13
23-34	974	114	70	50	1	43	16	6	11	10
35-50	948	112	64	43	1	48	16	7	14	10
51-64	696	158	88	53	1	69	23	11	23	12
65-74	334	178	106	67	2	71	19	14	26	12
75 AND OVER	187	166	81	48	5	79	20	14	36	10
ALL INDIVIDUALS	4/9,129	128	69	50	1	58	19	9	18	12

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 5N-3.2.--FRUITS1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ WINTER 1978

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	TOTAL	CITRUS FRUITS, JUICES		DRIED FRUITS	OTHER FRUITS, MIXTURES, JUICES				
			TOTAL	JUICES		TOTAL	APPLES	BANANAS	OTHER FRUITS, MIXTURES MAINLY FRUIT	NONCITRUS JUICES, NECTARS
	NUMBER	PERCENT								
MALES AND FEMALES:										
UNDER 1..........	4/122	75.8	25.8	23.9	0.0	72.6	30.8	30.4	59.5	35.8
1-2.............	4/282	77.6	48.0	41.9	9.8	64.7	36.1	23.0	30.6	26.2
3-5.............	408	69.6	48.4	38.5	3.9	52.1	31.0	13.8	18.9	16.0
6-8.............	471	71.2	49.8	40.0	1.5	53.4	33.1	14.6	23.2	11.7
MALES:										
9-11............	232	68.6	51.3	42.0	.6	47.1	31.0	12.2	15.6	7.9
12-14...........	273	63.7	44.7	34.4	1.4	43.1	28.6	12.6	15.5	4.3
15-18...........	380	62.7	45.9	38.2	1.6	37.8	21.2	12.0	18.6	4.8
19-22...........	267	51.6	37.9	28.8	.8	29.4	10.8	9.0	11.2	6.8
23-34...........	727	58.1	40.6	31.2	1.9	39.1	21.9	10.6	16.5	5.1
35-50...........	635	64.3	43.6	32.6	3.1	47.6	28.8	17.4	21.4	7.5
51-64...........	559	74.9	54.1	39.2	6.1	58.3	30.4	22.6	32.7	6.4
65-74...........	274	76.9	54.9	40.8	4.6	63.0	23.1	25.9	40.2	10.8
75 AND OVER.....	123	74.1	50.1	32.6	10.5	58.7	21.9	31.5	36.7	12.9
FEMALES:										
9-11............	278	64.8	46.1	38.1	.5	49.5	31.2	14.6	20.6	11.0
12-14...........	268	64.6	48.5	36.5	.4	42.5	24.4	13.1	15.9	6.9
15-18...........	354	64.3	47.7	36.6	1.0	38.9	21.6	12.6	11.8	5.9
19-22...........	337	56.9	42.1	32.5	4.5	40.4	21.4	9.4	17.8	6.2
23-34...........	974	65.2	46.4	35.6	3.2	44.8	25.0	12.2	18.6	8.0
35-50...........	948	68.2	47.9	35.0	2.7	46.2	23.2	14.2	21.3	8.2
51-64...........	696	76.0	58.5	42.1	5.1	58.2	27.4	20.8	33.2	8.7
65-74...........	334	80.6	63.9	46.1	5.0	58.6	25.9	24.1	31.4	9.2
75 AND OVER.....	187	81.9	58.4	38.9	14.6	68.4	26.1	23.0	46.6	12.2
ALL INDIVIDUALS...	4/9,129	67.9	48.2	36.7	3.5	49.0	26.0	16.0	23.3	9.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 6A-1.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/421	6	(5)	(5)	22	22	0	6	10	6	0	0
1-2..............	4/1,035	17	2	3	153	153	1	27	93	31	(5)	(5)
3-5..............	1,719	24	3	3	216	216	1	39	141	34	(5)	(5)
6-8..............	1,841	29	3	4	232	232	2	47	146	37	(5)	0
MALES:												
9-11.............	939	31	3	5	277	277	4	55	179	38	(5)	0
12-14............	1,150	36	4	6	336	336	9	83	203	41	(5)	0
15-18............	1,394	31	4	5	484	466	40	100	283	43	18	16
19-22............	1,030	19	5	4	692	577	113	116	312	37	114	109
23-34............	2,716	23	6	3	933	760	311	151	271	27	173	154
35-50............	2,571	24	7	2	1,012	859	523	157	162	18	153	130
51-64............	2,161	27	7	2	902	805	559	142	94	11	96	78
65-74............	1,049	29	7	2	714	658	459	134	54	11	56	45
75 AND OVER......	465	29	7	1	623	589	426	100	42	20	34	25
FEMALES:												
9-11.............	1,011	29	3	5	253	253	3	58	156	36	(5)	0
12-14............	1,148	27	3	6	318	318	8	75	200	35	(5)	(5)
15-18............	1,473	23	3	5	434	430	47	92	259	33	5	3
19-22............	1,317	15	4	3	570	536	126	120	265	25	35	24
23-34............	3,879	16	5	2	733	693	284	171	217	21	40	24
35-50............	3,759	18	5	2	832	803	463	172	152	16	29	15
51-64............	2,936	19	4	2	766	739	484	158	84	13	27	16
65-74............	1,376	22	4	1	609	599	382	155	49	12	10	5
75 AND OVER......	751	22	4	1	540	531	350	140	30	11	9	5
ALL INDIVIDUALS...	4/36,142	23	5	3	625	578	265	123	167	24	47	38

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6A-1.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			[illegible]EVERAGES							
						NONAL[illegible]HOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	-----------------------------------PERCENT										-----------
MALES AND FEMALES:												
UNDER 1..........	4/421	20.7	10.0	0.6	16.2	16.2	0.0	5.2	9.6	4.3	0.0	0.0
1-2..............	4/1,035	71.8	39.5	18.1	70.8	70.8	1.3	20.2	55.3	23.0	.3	.3
3-5..............	1,719	79.9	44.7	21.3	81.8	81.7	1.5	22.5	68.4	23.0	.4	.1
6-8..............	1,841	81.4	46.0	20.1	80.3	80.2	2.3	24.8	64.7	24.0	.5	.0
MALES:												
9-11..............	839	81.0	46.3	22.9	79.9	79.9	3.9	24.7	65.6	22.7	.6	.0
12-14.............	1,[illegible]0	79.6	47.0	21.5	81.6	81.6	5.9	29.7	66.8	20.7	.3	.0
15-18.............	1,394	74.0	45.4	17.0	88.0	87.7	16.7	30.2	73.8	18.9	4.7	4.0
19-22.............	1,030	65.2	43.1	11.7	93.6	91.4	33.7	33.3	74.2	16.2	23.2	20.3
23-34.............	2,716	69.3	50.1	11.4	97.7	95.9	62.2	41.0	71.2	12.0	36.1	28.4
35-50.............	2,571	72.9	54.4	8.1	97.7	97.3	83.0	41.5	32.9	10.3	34.1	25.1
51-64.............	2,161	75.9	55.3	8.6	97.4	97.0	87.2	41.8	37.2	6.7	27.0	17.0
65-74.............	1,049	80.1	56.6	8.8	95.6	95.2	86.5	40.0	22.5	6.9	18.7	10.7
75 AND OVER......	463	77.6	62.1	6.9	95.2	94.6	86.5	35.1	19.6	9.4	12.0	7.1
FEMALES:												
9-11..............	1,011	78.2	47.6	22.6	79.5	79.5	3.2	27.7	64.0	21.4	.2	.0
12-14.............	1,148	73.9	40.7	24.5	83.8	83.7	5.4	30.7	70.0	21.5	.8	.1
15-18.............	1,473	70.7	41.7	20.5	89.5	89.1	17.6	33.7	77.5	19.1	3.4	1.4
19-22.............	1,317	67.3	47.8	12.6	93.4	92.5	38.6	39.8	72.4	15.9	16.2	7.3
23-34.............	3,879	70.7	49.9	11.4	96.9	96.5	59.1	50.0	69.0	13.6	19.7	7.8
35-50.............	3,759	70.1	59.9	10.4	97.6	97.3	81.0	48.8	57.2	10.5	17.4	5.7
51-64.............	2,936	70.0	46.3	9.6	97.6	97.2	86.3	49.7	38.9	8.4	15.5	5.2
65-74.............	1,376	75.9	52.5	8.2	97.1	97.0	86.7	50.5	23.1	7.6	9.5	1.8
75 AND OVER......	751	74.7	47.0	8.0	95.1	94.9	83.1	47.6	18.4	7.8	6.2	1.4
ALL INDIVIDUALS...	4/36,142	72.7	48.2	13.4	91.1	90.7	50.7	38.8	56.9	14.2	14.8	8.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6A-2.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/421	(5)	(5)	0	1	1	0	(5)	(5)	0	0	0
1-2..............	4/1,035	2	(5)	(5)	20	20	(5)	2	16	2	0	0
3-5..............	1,719	4	(5)	1	30	30	(5)	2	24	4	(5)	0
6-8..............	1,841	7	(5)	1	36	36	(5)	4	27	5	(5)	0
MALES:												
9-11.............	939	9	(5)	1	49	49	(5)	4	39	6	(5)	0
12-14............	1,150	9	(5)	2	65	65	(5)	4	56	4	0	0
15-18............	1,394	7	(5)	2	136	128	6	8	106	9	8	7
19-22............	1,030	5	1	2	243	194	26	20	140	9	49	46
23-34............	2,716	4	1	1	327	259	109	25	120	5	68	60
35-50............	2,571	4	1	(5)	263	224	140	21	59	3	40	32
51-64............	2,161	3	1	(5)	177	157	110	16	30	2	19	15
65-74............	1,049	3	(5)	(5)	70	54	40	9	4	1	16	13
75 AND OVER......	465	2	(5)	0	40	37	27	4	4	1	3	2
FEMALES:												
9-11.............	1,011	7	(5)	1	42	42	(5)	5	32	5	0	0
12-14............	1,148	7	(5)	2	67	67	1	5	53	8	(5)	0
15-18............	1,473	6	(5)	2	127	124	10	11	97	6	3	2
19-22............	1,317	3	(5)	1	173	151	28	20	98	6	22	15
23-34............	3,879	3	1	(5)	161	145	57	22	62	5	16	9
35-50............	3,759	2	1	(5)	128	120	64	18	36	2	8	4
51-64............	2,936	3	(5)	(5)	98	91	61	14	15	2	7	3
65-74............	1,376	2	(5)	(5)	48	47	32	9	5	[illegible]	2	(5)
75 AND OVER......	751	1	(5)	(5)	26	25	16	5	3	1	1	(5)
ALL INDIVIDUALS...	4/36,142	4	1	1	132	116	48	13	51	4	15	12

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6A-2.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/421	0.2	0.2	0.0	1.3	1.3	0.0	0.4	0.9	0.0	0.0	0.0
1-2.............	4/1,035	10.5	3.3	2.9	22.3	22.3	.1	3.2	17.9	3.5	.0	.0
3-5.............	1,719	15.4	2.9	4.5	28.2	28.1	.1	2.9	23.6	4.4	.1	.0
6-8.............	1,841	22.2	3.5	5.8	26.5	26.5	.1	3.1	21.8	5.1	.1	.0
MALES:												
9-11............	939	25.0	2.7	7.8	28.8	28.7	.1	3.0	24.2	5.8	.1	.0
12-14...........	1,150	21.9	2.4	8.3	32.5	32.5	.3	2.7	28.8	4.2	.0	.0
15-18...........	1,394	19.0	3.6	8.1	46.4	45.7	3.9	4.6	40.2	4.5	2.4	1.9
19-22...........	1,030	18.1	10.1	5.9	60.2	56.6	12.4	9.9	47.9	4.3	13.9	11.5
23-34...........	2,716	26.4	18.8	5.4	71.4	67.8	35.0	12.5	46.2	3.0	19.6	13.9
35-50...........	2,571	26.2	20.9	2.5	62.2	59.8	42.3	11.9	28.2	1.8	14.5	9.3
51-64...........	2,161	19.5	14.6	1.7	51.7	49.6	37.5	9.9	16.5	1.2	9.8	5.5
65-74...........	1,049	12.8	8.5	.7	29.7	28.0	22.3	6.1	3.6	.9	6.5	2.8
75 AND OVER.....	465	7.6	5.3	.0	20.9	19.7	14.5	3.3	2.7	1.0	2.8	1.4
FEMALES:												
9-11............	1,011	21.9	3.8	7.8	28.2	28.2	.2	3.9	23.0	5.4	.0	.0
12-14...........	1,148	21.5	2.6	10.0	35.8	35.8	.4	4.6	29.4	6.5	.3	.0
15-18...........	1,473	20.8	5.1	10.1	49.4	48.9	4.2	7.1	43.2	4.6	2.3	1.1
19-22...........	1,317	18.5	11.4	5.3	59.1	56.0	13.2	13.3	45.0	4.5	10.9	4.8
23-34...........	3,879	20.2	14.0	3.2	56.6	54.9	24.5	14.1	34.4	4.3	9.9	3.8
35-50...........	3,759	18.2	12.4	2.9	51.6	49.8	29.6	11.9	23.5	2.1	7.7	1.9
51-64...........	2,936	15.6	9.2	2.2	42.2	41.2	28.4	10.4	11.8	1.8	5.7	1.3
65-74...........	1,376	11.9	6.3	1.0	31.1	30.4	21.3	7.7	4.3	.9	3.2	.1
75 AND OVER.....	751	7.7	3.5	.3	20.7	20.6	13.7	4.5	3.4	1.0	1.5	.3
ALL INDIVIDUALS...	4/36,142	19.0	9.7	4.2	45.2	43.8	19.0	8.6	26.1	3.2	6.8	3.5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6A-3.1.--SUGAR, SWEETS: BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/421	6	(5)	(5)	22	22	0	6	9	6	0	0
1-2..............	4/1,035	15	2	2	132	132	1	25	77	29	(5)	(5)
3-5..............	1,719	20	3	3	186	186	1	37	117	31	(5)	(5)
6-8..............	1,841	22	3	3	196	196	2	43	119	32	(5)	0
MALES:												
9-11.............	939	22	3	4	228	228	4	51	141	32	(5)	0
12-14............	1,150	27	4	3	271	271	8	79	148	36	(5)	0
15-18............	1,394	24	4	3	348	338	34	92	177	34	10	9
19-22............	1,030	15	4	2	448	383	87	96	172	28	65	63
23-34............	2,716	18	5	2	606	501	201	126	151	22	105	94
35-50............	2,571	20	6	2	749	636	383	136	102	15	113	98
51-64............	2,161	23	6	2	725	648	449	126	64	9	77	63
65-74............	1,049	26	6	2	644	604	418	125	50	10	40	32
75 AND OVER......	465	27	7	1	583	552	399	96	38	19	31	23
FEMALES:												
9-11.............	1,011	22	3	3	212	212	3	54	124	31	(5)	0
12-14............	1,148	20	3	5	251	251	7	70	147	27	(5)	(5)
15-18............	1,473	17	3	3	307	306	37	81	161	27	1	1
19-22............	1,317	12	3	2	398	385	98	100	167	19	13	9
23-34............	3,879	14	4	2	572	548	227	150	155	17	24	15
35-50............	3,759	15	4	2	704	683	399	154	116	14	21	11
51-64............	2,936	16	4	1	668	648	423	144	69	12	20	13
65-74............	1,376	19	4	1	561	552	350	147	44	11	9	5
75 AND OVER......	751	21	4	1	513	505	333	135	27	10	8	4
ALL INDIVIDUALS...	4/36,142	19	4	2	494	462	217	109	116	20	32	26

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6A-3.2.--SUGAR, SWEETS; BEVERAGES[1]
PERCENTAGE OF INDIVIDUALS USING,[2][3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	[4]421	20.7	9.7	0.6	15.1	15.1	0.0	4.8	9.0	4.3	0.0	0.0
1-2..............	[4]1,035	69.7	37.8	16.6	66.0	66.0	1.2	18.3	49.0	20.5	.3	.3
3-5..............	1,719	76.0	43.5	17.8	76.2	76.0	1.3	21.1	59.8	19.6	.3	.1
6-8..............	1,841	76.4	44.3	16.3	73.9	73.7	2.2	23.2	55.8	19.7	.4	.0
MALES:												
9-11.............	939	74.5	44.8	16.9	73.9	73.9	3.8	23.0	56.2	18.1	.5	.0
12-14............	1,150	73.8	45.7	15.1	74.3	74.3	5.6	28.5	54.2	18.1	.3	.0
15-18............	1,394	67.9	43.6	10.6	77.9	77.4	14.8	28.6	56.5	15.7	2.9	2.5
19-22............	1,030	58.9	39.1	6.8	82.6	78.6	27.4	27.9	52.5	12.4	14.7	12.9
23-34............	2,716	61.9	43.9	6.9	90.0	86.7	48.9	34.9	50.3	9.7	26.3	21.2
35-50............	2,571	67.1	49.9	6.2	95.3	93.5	74.4	37.7	38.5	8.6	27.6	20.4
51-64............	2,161	72.4	52.7	7.4	94.3	93.2	81.7	37.8	27.2	5.7	22.9	13.6
65-74............	1,049	78.9	55.7	8.1	94.9	94.2	84.1	37.4	20.7	6.4	15.7	9.1
75 AND OVER......	465	77.1	61.7	6.9	94.1	93.6	86.0	33.8	18.2	8.7	10.5	6.3
FEMALES:												
9-11.............	1,011	73.8	45.8	16.7	73.1	73.1	3.0	25.4	54.7	17.5	.2	.0
12-14............	1,148	68.1	39.9	17.7	76.5	76.5	5.2	28.7	58.9	16.9	.5	.1
15-18............	1,473	63.5	40.1	12.9	81.1	80.9	16.2	30.3	60.7	15.5	1.1	.4
19-22............	1,317	60.6	43.0	8.3	85.5	84.7	32.5	34.2	54.5	12.7	8.3	3.6
23-34............	3,879	65.8	46.3	8.9	93.1	92.2	52.0	45.4	56.0	10.0	13.0	4.9
35-50............	3,759	66.3	48.8	8.3	96.5	96.1	77.8	44.7	46.8	8.6	12.7	4.3
51-64............	2,936	66.5	44.6	7.9	96.4	96.1	84.0	46.0	32.1	7.0	11.6	4.0
65-74............	1,376	73.9	51.4	7.6	96.6	96.5	86.0	47.6	20.6	6.9	6.8	1.7
75 AND OVER......	751	73.1	46.6	7.7	94.3	94.1	82.6	46.5	15.7	6.9	5.1	1.1
ALL INDIVIDUALS...	[4]36,142	68.1	45.7	10.2	86.6	85.8	46.8	35.4	45.5	11.6	10.9	6.2

[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6B-1.1.--SUGAR, SWEETS; BEVERAGES[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	[4]/54	2	(5)	(5)	24	24	0	3	17	3	0	0
1-2.............	[4]/137	11	2	2	133	133	3	22	87	21	(5)	(5)
3-5.............	202	16	3	3	198	198	2	33	137	26	0	0
6-8.............	186	24	3	3	235	235	4	53	159	20	0	0
MALES:												
9-11............	99	28	4	2	257	257	17	49	168	23	0	0
12-14...........	93	30	3	4	325	325	11	61	199	54	0	0
15-18...........	113	23	6	4	527	507	63	123	284	38	20	19
19-22...........	92	26	5	7	736	609	118	123	351	17	127	121
23-34...........	166	17	7	1	778	607	243	89	262	13	170	165
35-50...........	93	16	7	1	861	754	419	136	189	10	106	103
51-64...........	142	22	5	2	817	699	439	132	121	8	118	106
65-74...........	254	22	6	2	665	615	432	121	52	9	50	48
75 AND OVER.....	162	24	8	1	586	549	410	70	48	20	37	23
FEMALES:												
9-11............	108	32	3	3	216	216	5	57	141	14	0	0
12-14...........	95	21	3	4	301	301	10	65	211	16	0	0
15-18...........	117	19	3	2	444	442	38	71	303	31	2	1
19-22...........	155	13	4	2	527	489	139	110	218	21	39	28
23-34...........	349	19	5	1	628	584	230	114	220	19	44	35
35-50...........	273	16	7	1	667	648	330	138	152	27	19	14
51-64...........	380	18	4	1	642	621	382	134	87	17	21	17
65-74...........	453	21	4	1	585	576	355	156	54	11	8	7
75 AND OVER.....	303	19	5	1	542	540	372	116	36	16	2	1
ALL INDIVIDUALS...	[4]/4,020	20	5	2	530	499	238	103	139	19	32	28

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6B-1.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES								
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/54	12.3	7.6	1.8	19.4	19.4	0.0	7.1	13.2	5.6	0.0	0.0
1-2.............	4/137	62.7	37.5	12.3	70.7	70.7	2.6	17.1	51.2	17.9	.7	.7
3-5.............	202	67.4	44.7	14.3	75.3	75.3	1.7	19.1	59.4	16.6	.0	.0
6-8.............	186	71.3	47.5	16.8	83.7	83.7	4.5	24.0	67.2	14.6	.0	.0
MALES:												
9-11............	99	68.1	48.7	13.9	79.3	79.3	9.8	20.1	63.1	12.7	.0	.0
12-14...........	93	72.9	43.9	20.1	80.9	80.9	9.0	21.7	66.7	21.0	.0	.0
15-18...........	113	72.5	48.9	11.7	84.4	84.4	24.9	33.0	72.1	16.4	6.0	5.1
19-22...........	92	59.6	36.3	16.3	95.7	95.7	32.6	38.7	79.6	7.6	28.3	24.7
23-34...........	166	73.0	55.2	5.0	96.0	93.1	52.9	37.3	66.7	10.0	29.7	25.7
35-50...........	93	71.0	57.1	5.4	93.5	92.6	76.1	34.0	55.6	7.6	21.7	19.4
51-64...........	142	64.0	49.5	5.2	93.7	91.9	79.1	34.2	43.7	6.1	17.6	12.9
65-74...........	254	78.9	59.9	7.6	95.1	94.3	86.3	35.6	22.9	5.6	11.4	9.6
75 AND OVER.....	162	72.6	61.7	6.8	94.4	92.7	86.6	24.2	18.5	7.6	10.5	6.0
FEMALES:												
9-11............	108	74.8	45.5	12.9	79.4	79.4	7.4	26.6	64.8	12.3	.0	.0
12-14...........	95	63.4	38.6	14.6	83.7	83.7	8.1	27.7	69.0	13.5	.0	.0
15-18...........	117	68.1	43.8	12.6	86.2	86.2	20.9	27.9	76.8	18.1	2.2	1.4
19-22...........	155	67.2	53.0	11.2	92.9	90.3	42.5	33.5	61.9	12.5	14.5	4.4
23-34...........	349	71.0	51.3	6.1	96.5	96.5	56.5	39.6	67.5	11.1	15.5	8.7
35-50...........	273	68.4	58.0	4.5	95.2	94.9	74.0	38.6	54.9	15.1	10.8	5.9
51-64...........	380	68.1	51.7	3.1	95.8	95.0	81.4	44.2	38.9	10.3	5.1	3.2
65-74...........	453	72.4	52.6	5.5	96.1	96.1	85.3	48.4	24.8	6.7	4.6	2.4
75 AND OVER.....	303	73.8	52.2	8.2	94.9	94.9	80.6	40.8	21.4	9.1	1.9	.7
ALL INDIVIDUALS...	4/4,026	69.5	50.4	8.6	89.9	89.4	54.1	34.5	48.3	11.1	8.2	5.5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6B-2.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/54	0	0	0	0	0	0	0	0	0	0	0
1-2..............	4/137	1	(5)	(5)	11	11	(5)	(5)	9	1	0	0
3-5..............	202	2	(5)	(5)	12	12	0	(5)	11	(5)	0	0
6-8..............	186	6	(5)	1	19	19	0	4	13	2	0	0
MALES:												
9-11.............	99	11	(5)	(5)	17	17	0	0	14	3	0	0
12-14............	93	4	(5)	1	32	32	0	0	31	1	0	0
15-18............	113	4	(5)	1	116	110	4	6	93	7	7	6
19-22............	92	10	1	6	253	209	40	22	141	7	43	38
23-34............	166	1	1	(5)	259	172	45	11	113	3	87	85
35-50............	93	3	1	1	197	174	87	32	55	0	23	22
51-64............	142	(5)	(5)	0	106	99	42	21	34	3	7	5
65-74............	254	2	(5)	(5)	52	31	20	4	7	1	21	20
75 AND OVER......	162	2	(5)	0	49	44	35	6	2	0	5	4
FEMALES:												
9-11.............	108	5	(5)	1	20	20	0	(5)	17	3	0	0
12-14............	95	6	(5)	1	42	42	0	7	33	2	0	0
15-18............	117	4	(5)	1	102	102	(5)	7	91	3	0	0
19-22............	155	1	(5)	(5)	133	108	19	20	68	(5)	25	16
23-34............	349	3	(5)	(5)	91	74	26	10	36	2	17	14
35-50............	273	3	1	(5)	77	72	29	17	22	4	5	2
51-64............	380	1	(5)	(5)	61	57	32	10	15	(5)	4	2
65-74............	453	1	(5)	(5)	38	38	24	8	4	1	1	0
75 AND OVER......	303	1	(5)	(5)	26	25	15	5	3	2	(5)	0
ALL INDIVIDUALS...	4/4,026	3	(5)	(5)	71	61	21	9	29	2	10	9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6B-2.2.--SUGAR, SWEETS; BEVERAGES[1]
PERCENTAGE OF INDIVIDUALS USING,[2][3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	[4]54	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
1-2..............	[4]137	7.1	3.4	2.5	16.8	16.8	.7	.6	15.0	1.9	.0	.0
3-5..............	202	9.8	1.9	1.4	13.3	13.3	.0	1.4	12.0	.7	.0	.0
6-8..............	186	20.7	5.6	4.7	15.9	15.9	.0	3.3	11.7	1.8	.0	.0
MALES:												
9-11.............	99	23.7	3.7	1.8	12.8	12.8	.0	.0	11.8	1.9	.0	.0
12-14............	93	17.9	3.9	8.5	20.5	20.5	.0	.7	19.8	1.1	.0	.0
15-18............	113	12.5	2.6	5.0	35.2	35.2	2.6	3.2	28.6	4.2	3.3	2.4
19-22............	92	22.5	8.7	11.6	65.9	60.6	16.8	10.4	51.5	2.8	11.4	10.3
23-34............	166	15.7	12.9	.9	56.5	50.3	20.7	6.2	37.5	2.0	18.9	16.1
35-50............	93	22.0	16.9	2.6	43.6	43.6	26.1	12.8	25.7	.0	9.1	7.9
51-64............	142	6.9	6.4	.0	34.1	34.1	14.9	10.0	18.1	1.9	3.5	2.7
65-74............	254	6.6	5.1	.5	21.8	19.3	12.6	2.6	5.1	.7	4.1	3.4
75 AND OVER......	162	11.4	10.1	.0	21.0	20.0	15.8	3.5	2.1	.0	2.0	1.6
FEMALES:												
9-11.............	108	21.5	4.3	6.8	18.1	18.1	.0	1.5	14.1	3.4	.0	.0
12-14............	95	17.7	6.0	5.4	23.0	23.0	.0	5.5	18.6	2.0	.0	.0
15-18............	117	11.2	2.7	5.7	38.6	38.6	.8	4.9	37.8	1.8	.0	.0
19-22............	155	10.9	7.4	1.7	47.5	42.9	8.7	12.4	33.9	.6	11.8	3.4
23-34............	349	12.8	8.5	1.7	34.9	33.5	14.3	6.0	21.6	2.0	6.1	3.6
35-50............	273	11.2	9.6	1.0	31.1	29.2	12.6	9.1	14.7	4.2	4.7	1.0
51-64............	380	8.9	6.3	.9	28.2	27.7	14.5	8.3	11.3	.3	2.3	.7
65-74............	453	6.8	4.4	.4	23.1	23.1	15.7	6.2	4.2	.9	1.4	.0
75 AND OVER......	303	7.0	4.0	.2	18.3	18.3	11.9	4.1	3.3	1.4	.7	.0
ALL INDIVIDUALS...	[4]4,026	11.6	6.2	2.1	27.8	26.7	10.4	5.5	15.4	1.5	3.5	2.1

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6B-3.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES								
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/54	2	(5)	(5)	24	24	0	3	17	3	0	0
1-2.............	4/137	11	2	1	122	122	3	22	78	20	(5)	(5)
3-5.............	202	14	3	2	187	187	2	33	126	26	0	0
6-8.............	186	18	3	2	216	216	4	49	145	18	0	0
MALES:												
9-11............	99	17	4	2	240	240	17	49	153	21	0	0
12-14...........	93	26	3	3	293	293	11	60	168	53	0	0
15-18...........	113	19	6	2	410	398	59	117	191	31	13	13
19-22...........	92	16	4	2	483	399	79	101	210	10	84	82
23-34...........	166	15	6	1	519	436	198	78	149	10	[illegible]	79
35-50...........	93	13	5	(5)	664	580	331	105	134	10	84	81
51-64...........	142	21	5	2	711	600	397	111	87	5	111	100
65-74...........	254	20	6	2	613	584	412	117	46	9	29	27
75 AND OVER.....	162	22	8	1	537	505	375	64	46	20	32	18
FEMALES:												
9-11............	108	27	3	2	197	197	5	56	124	11	0	0
12-14...........	95	15	3	3	259	259	10	58	179	13	0	0
15-18...........	117	14	3	1	342	340	37	64	211	28	2	1
19-22...........	155	12	4	1	394	381	121	89	150	21	14	12
23-34...........	349	16	5	1	537	510	204	105	184	17	27	21
35-50...........	273	13	7	1	590	576	302	122	130	23	13	11
51-64...........	380	17	4	(5)	581	563	350	124	72	17	17	15
65-74...........	453	19	4	1	546	539	331	148	50	10	8	7
75 AND OVER.....	303	18	5	1	516	514	358	110	32	14	2	1
ALL INDIVIDUALS...	4/4,026	17	4	1	459	438	217	95	110	17	21	19

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

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TABLE 6B-3.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME UNDER $6,000, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	-----PERCENT-----										
MALES AND FEMALES:												
UNDER 1..........	4/54	12.3	7.6	1.8	19.4	19.4	0.0	7.1	13.2	5.6	0.0	0.0
1-2.............	4/137	61.0	36.4	11.7	69.1	69.1	1.9	17.1	49.0	16.8	.7	.7
3-5.............	202	64.6	44.3	13.0	74.9	74.9	1.7	18.6	56.7	16.3	.0	.0
6-8.............	186	66.5	43.6	13.1	80.5	80.5	4.5	22.0	63.9	13.1	.0	.0
MALES:												
9-11............	99	59.6	46.5	13.1	78.1	78.1	9.8	20.1	61.9	10.7	.0	.0
12-14...........	93	65.9	43.9	12.5	78.4	78.4	9.0	21.7	63.2	19.9	.0	.0
15-18...........	113	66.5	48.0	6.7	79.3	78.5	23.2	33.0	63.5	14.6	2.7	2.7
19-22...........	92	49.4	29.5	6.7	87.9	81.6	21.2	32.3	64.2	4.8	21.2	17.4
23-34...........	166	68.8	51.9	4.1	85.3	82.7	43.6	35.2	46.2	8.8	22.1	20.0
35-50...........	93	60.9	48.7	2.8	88.1	87.1	68.2	28.7	43.2	7.6	15.7	13.4
51-64...........	142	61.5	47.0	5.2	89.8	86.9	76.6	31.4	31.5	5.2	15.4	11.5
65-74...........	254	77.3	59.1	7.1	94.2	93.4	85.1	33.9	20.4	4.9	9.0	7.0
75 AND OVER.....	162	72.1	60.7	6.8	93.4	91.8	85.7	22.4	17.1	7.6	10.5	6.0
FEMALES:												
9-11............	108	69.1	44.0	7.0	74.1	74.1	7.4	26.6	58.5	9.8	.0	.0
12-14...........	95	59.1	38.6	12.6	80.1	80.1	8.1	26.6	64.3	12.5	.0	.0
15-18...........	117	59.4	43.0	6.9	81.6	81.6	20.9	24.6	66.5	16.3	2.2	1.4
19-22...........	155	64.3	51.3	9.5	84.2	83.1	38.6	27.2	44.1	11.9	4.5	2.2
23-34...........	349	67.3	49.0	4.4	93.9	93.6	50.4	37.9	59.0	9.3	10.6	5.9
35-50...........	273	65.4	55.2	3.5	93.5	93.1	71.5	33.0	47.9	11.8	6.5	4.8
51-64...........	380	66.6	50.5	2.2	94.8	94.0	79.1	39.8	31.2	10.0	3.3	2.4
65-74...........	453	71.4	51.5	5.1	96.1	96.1	84.9	45.3	23.1	5.7	3.5	2.4
75 AND OVER.....	303	72.7	51.4	8.0	93.8	93.8	83.8	39.5	18.4	8.0	1.3	.7
ALL INDIVIDUALS...	4/4,026	66.2	48.6	6.8	87.3	86.6	51.9	32.0	41.9	9.9	5.8	4.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6C-1.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/55	2	(5)	0	22	22	0	8	14	0	0	0
1-2.............	4/127	15	3	3	158	158	(5)	30	107	21	0	0
3-5.............	243	19	3	3	223	223	3	45	150	25	0	0
6-8.............	197	28	3	3	242	242	5	39	160	38	0	0
MALES:												
9-11............	94	29	3	3	231	231	3	45	161	22	0	0
12-14...........	140	44	5	9	329	329	14	71	201	43	0	0
15-18...........	133	29	3	2	421	396	40	82	244	29	25	23
19-22...........	121	19	4	6	757	619	108	113	349	50	137	132
23-34...........	309	20	5	2	942	804	319	165	293	28	138	130
35-50...........	203	25	7	2	850	748	386	163	174	25	103	[illegible]9
51-64...........	218	27	7	1	819	738	496	141	84	16	81	72
65-74...........	242	35	9	3	744	712	510	146	43	12	32	27
75 AND OVER.....	84	39	9	1	690	657	422	174	44	17	33	22
FEMALES:												
9-11............	118	27	3	4	219	219	3	35	138	42	0	0
12-14...........	130	29	3	6	273	273	12	47	191	24	0	0
15-18...........	140	29	4	5	393	393	36	62	252	43	(5)	0
19-22...........	183	16	5	4	558	545	97	109	309	30	14	11
23-34...........	462	15	5	2	697	669	238	185	221	25	28	21
35-50...........	340	18	6	1	699	680	356	147	156	21	19	13
51-64...........	380	20	5	2	756	740	485	148	96	12	16	12
65-74...........	226	22	4	1	653	644	386	159	79	20	9	6
75 AND OVER.....	104	28	3	2	595	590	384	160	37	8	5	0
ALL INDIVIDUALS...	4/4,249	23	5	3	587	553	243	120	166	24	33	29

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6C-1.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1.........	4/55	23.1	17.9	0.0	22.3	22.3	0.0	10.2	13.7	0.0	0.0	0.0
1-2............	4/127	72.4	50.9	18.0	70.8	70.8	.6	18.8	58.7	14.9	.0	.0
3-5............	243	73.0	45.9	17.6	80.6	80.6	2.9	24.3	65.9	18.2	.0	.0
6-8............	197	76.4	39.8	15.7	79.0	79.0	4.5	21.1	63.4	22.1	.0	.0
MALES:												
9-11...........	94	72.7	36.6	8.3	67.0	67.0	2.6	20.3	58.2	15.8	.0	.0
12-14..........	140	80.3	47.2	22.9	88.6	88.6	9.4	32.3	76.8	24.8	.0	.0
15-18..........	133	68.6	46.5	9.4	83.2	82.4	17.9	25.5	68.9	14.8	5.2	5.2
19-22..........	121	71.0	50.5	14.7	97.2	96.4	33.5	32.2	81.4	18.1	20.5	19.1
23-34..........	309	66.3	51.3	11.5	96.6	94.7	64.8	37.6	72.5	13.1	25.9	21.0
35-50..........	203	76.8	55.3	6.4	98.1	98.1	76.2	43.4	54.7	13.4	18.7	15.1
51-64..........	218	77.5	52.8	5.4	98.6	98.6	87.3	40.4	34.9	6.8	16.8	11.9
65-74..........	242	82.6	59.3	15.8	95.6	95.6	87.4	40.9	23.8	8.2	10.0	5.4
75 AND OVER.....	84	80.1	64.6	5.5	96.2	96.2	83.1	57.1	20.9	7.9	16.1	10.2
FEMALES:												
9-11...........	118	73.0	42.9	17.7	79.9	79.9	4.7	19.1	55.7	26.5	.0	.0
12-14..........	130	68.2	36.6	19.6	80.9	80.9	5.9	22.9	68.1	14.0	.0	.0
15-18..........	140	74.5	44.2	18.5	93.1	93.1	18.5	29.7	83.2	25.1	.6	.0
19-22..........	183	71.4	53.9	16.2	92.9	92.9	31.2	35.6	75.9	15.0	9.4	5.8
23-34..........	462	65.6	46.8	11.2	96.1	95.1	54.9	48.3	65.1	13.2	12.8	6.3
35-50..........	340	70.4	49.6	5.9	96.5	96.5	73.0	43.0	58.0	13.4	10.8	6.6
51-64..........	380	70.8	49.2	9.1	98.8	98.8	85.8	50.4	41.6	8.6	7.5	4.0
65-74..........	226	77.5	56.7	6.0	98.9	98.9	85.8	51.2	25.5	8.0	8.2	1.0
75 AND OVER.....	104	79.2	39.1	9.5	98.1	98.1	91.0	45.2	22.5	7.7	8.3	.0
ALL INDIVIDUALS...	4/4,249	72.2	48.7	11.8	91.0	90.7	50.3	37.4	55.4	13.8	9.3	6.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6C-2.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/55	0	0	0	2	2	0	(5)	2	0	0	0
1-2..	4/127	1	(5)	1	15	15	0	2	13	0	0	0
3-5.............	243	5	(5)	1	27	27	0	4	21	3	0	0
6-8.............	197	13	(5)	1	22	22	0	1	18	3	0	0
MALES:												
9-11............	94	6	(5)	0	25	25	0	1	22	1	0	0
12-14...........	140	14	(5)	5	61	61	0	2	54	5	0	0
15-18...........	133	10	(5)	1	104	95	10	3	77	6	9	9
19-22...........	121	3	(5)	2	218	130	6	11	111	2	88	85
23-34...........	309	3	1	1	289	246	101	17	123	5	44	39
35-50...........	203	3	1	(5)	161	137	74	8	53	2	24	23
51-64...........	218	2	(5)	0	80	72	47	4	20	1	9	8
65-74...........	242	4	1	(5)	67	61	48	11	2	(5)	5	3
75 AND OVER.....	84	(5)	(5)	0	32	30	22	2	6	0	2	0
FEMALES:												
9-11............	118	9	(5)	2	38	38	0	3	27	8	0	0
12-14...........	130	8	(5)	2	40	40	0	2	37	1	0	0
15-18...........	140	7	(5)	3	75	75	1	6	66	3	(5)	0
19-22...........	183	2	(5)	1	134	128	15	15	91	7	7	4
23-34...........	462	3	1	(5)	157	147	51	25	69	3	10	7
35-50...........	340	1	(5)	(5)	81	77	33	13	28	3	4	1
51-64...........	380	3	1	(5)	87	84	51	13	17	2	3	2
65-74...........	226	3	(5)	(5)	54	53	33	11	9	1	1	0
75 AND OVER.....	104	(5)	(5)	0	29	27	18	5	4	0	2	0
ALL INDIVIDUALS...	4/4,249	4	(5)	1	98	88	33	10	43	3	10	8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6C-2.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/55	0.0	0.0	0.0	5.1	5.1	0.0	1.8	3.4	0.0	0.0	0.0
1-2.............	4/127	10.0	4.4	3.9	14.7	14.7	.0	1.9	14.7	.0	.0	.0
3-5.............	243	12.9	3.8	3.0	21.4	21.4	.0	3.6	18.1	2.2	.0	.0
6-8.............	197	27.1	2.2	5.5	19.1	19.1	.0	2.1	15.4	2.7	.0	.0
MALES:												
9-11............	94	19.1	4.0	.0	19.2	19.2	.0	1.8	16.5	1.7	.0	.0
12-14...........	140	27.6	1.3	13.2	35.7	35.7	.0	1.8	31.0	5.2	.0	.0
15-18...........	133	20.9	4.8	5.1	36.4	34.7	4.1	3.3	30.0	3.6	2.3	2.3
19-22...........	121	13.2	8.9	4.3	54.1	49.3	3.9	8.1	45.3	1.1	14.3	13.3
23-34...........	309	26.6	17.8	6.2	66.5	63.3	30.8	9.9	45.5	3.1	12.9	9.9
35-50...........	203	21.4	17.5	2.0	48.3	46.7	24.8	6.9	22.6	1.7	10.3	8.4
51-64...........	218	9.3	5.5	.0	27.8	27.8	16.9	2.9	13.2	.4	4.5	3.0
65-74...........	242	15.1	10.1	.6	28.0	26.8	21.6	7.9	2.7	.9	2.2	1.1
75 AND OVER.....	84	6.5	4.1	.0	15.5	15.5	12.2	2.3	2.7	.0	2.5	.0
FEMALES:												
9-11............	118	23.4	2.3	8.8	24.6	24.6	.0	3.6	14.3	7.4	.0	.0
12-14...........	130	16.6	.6	9.0	25.1	25.1	.0	2.3	21.7	1.9	.0	.0
15-18...........	140	18.1	2.2	11.0	36.0	35.4	1.3	5.3	30.8	3.0	.6	.0
19-22...........	183	19.0	9.4	7.7	52.1	51.6	10.1	10.3	41.4	5.9	5.8	3.0
23-34...........	462	18.5	13.0	4.2	51.4	49.7	18.9	16.0	33.2	2.2	7.0	2.7
35-50...........	340	10.3	8.3	1.8	36.7	36.1	18.0	9.5	17.5	3.2	4.9	.6
51-64...........	380	16.5	12.5	1.1	40.0	39.3	25.9	10.5	11.2	2.1	2.7	.8
65-74...........	226	16.6	10.2	2.0	37.0	37.0	23.7	10.6	6.1	1.0	3.1	.0
75 AND OVER.....	104	4.7	4.0	.0	24.0	24.0	18.0	4.3	3.8	.0	3.3	.0
ALL INDIVIDUALS...	4/4,249	17.0	8.4	3.9	36.9	36.0	14.0	7.4	21.4	2.4	4.2	2.3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6C-3.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/55	2	(5)	0	21	21	0	8	12	0	0	0
1-2..............	4/127	14	3	3	143	143	(5)	28	93	21	0	0
3-5..............	243	14	3	2	195	195	3	41	129	22	0	0
6-8..............	197	15	3	2	221	221	5	37	143	35	0	0
MALES:												
9-11.............	94	22	3	3	206	206	3	44	139	21	0	0
12-14............	140	30	5	4	268	268	14	69	147	38	0	0
15-18............	133	20	3	1	317	301	31	80	167	23	17	14
19-22............	121	17	4	4	538	489	102	101	239	48	49	47
23-34............	309	17	4	2	653	559	218	148	170	23	94	91
35-50............	203	22	6	2	690	611	313	155	121	23	79	66
51-64............	218	24	7	1	739	666	449	137	64	16	73	64
65-74............	242	31	8	3	677	651	463	135	41	12	26	24
75 AND OVER......	84	39	9	1	657	627	399	172	38	17	31	22
FEMALES:												
9-11.............	118	19	3	2	181	181	3	33	110	35	0	0
12-14............	130	21	3	4	233	233	12	45	154	22	0	0
15-18............	140	22	[illegible]	3	318	318	35	56	187	40	0	0
19-22............	183	14	4	3	424	417	82	94	218	23	7	7
23-34............	462	12	4	2	540	521	187	160	152	22	18	14
35-50............	340	17	5	1	618	604	323	134	128	18	15	12
51-64............	380	17	4	2	670	657	434	135	78	10	13	11
65-74............	226	19	3	1	599	591	353	148	70	20	8	6
75 AND OVER......	104	28	3	2	566	563	365	156	33	8	3	0
ALL INDIVIDUALS...	4/4,249	19	4	2	489	466	211	[illegible]	123	22	23	21

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6C-3.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $6,000 TO $9,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/55	23.1	17.9	0.0	19.1	19.1	0.0	8.4	12.3	0.0	0.0	0.0
1-2.............	4/127	71.8	47.1	16.3	67.0	67.0	.6	16.8	54.1	14.9	.0	.0
3-5.............	243	68.6	43.6	15.0	75.4	75.4	2.9	22.1	59.3	16.0	.0	.0
6-8.............	197	68.6	38.6	12.1	74.9	74.9	4.5	19.4	59.6	19.8	.0	.0
MALES:												
9-11............	94	65.5	35.5	8.3	67.0	67.0	2.6	19.4	54.6	[illegible]	.0	.0
12-14...........	140	69.7	46.6	11.0	80.1	80.1	9.4	31.2	59.7	21.5	.0	.0
15-18...........	133	59.6	43.7	5.3	77.7	77.7	15.9	23.6	59.5	12.5	3.8	3.8
19-22...........	121	68.0	47.1	11.7	92.2	91.2	32.2	29.9	56.6	17.0	11.1	9.7
23-34...........	309	59.2	46.1	6.2	91.1	86.9	54.0	33.7	54.6	11.5	19.8	16.9
35-50...........	203	67.0	47.8	4.5	94.7	92.9	68.2	40.2	41.9	11.7	12.4	10.7
51-64...........	218	74.1	51.1	5.4	96.7	96.3	83.8	39.7	30.4	6.3	13.9	9.7
65-74...........	242	82.3	58.4	15.2	95.3	95.3	86.6	39.0	22.8	7.3	8.9	5.4
75 AND OVER.....	84	78.8	64.6	5.5	96.2	96.2	83.1	57.1	19.2	7.9	13.6	10.2
FEMALES:												
9-11............	118	66.6	40.6	11.7	73.1	73.1	4.7	16.1	52.3	20.4	.0	.0
12-14...........	130	61.5	36.6	12.0	74.5	74.5	5.9	22.9	58.6	12.1	.0	.0
15-18...........	140	67.1	43.4	10.4	89.2	89.2	18.0	26.1	74.2	22.0	.0	.0
19-22...........	183	67.0	51.0	12.1	82.8	82.8	26.2	29.8	58.6	12.3	3.6	2.8
23-34...........	462	59.1	41.5	8.0	91.9	90.9	47.0	42.2	54.3	11.3	8.4	4.0
35-50...........	340	69.9	48.7	4.7	95.7	95.7	70.5	40.0	50.5	10.8	7.4	6.0
51-64...........	380	68.5	47.4	8.1	97.9	97.9	84.2	44.8	35.5	6.5	5.7	3.4
65-74...........	226	75.9	56.3	4.7	97.9	97.9	85.2	48.2	21.8	7.4	5.1	1.0
75 AND OVER.....	104	79.2	39.1	9.5	97.3	97.3	90.2	42.8	19.9	7.7	6.3	.0
ALL INDIVIDUALS...	4/4,249	67.6	46.3	8.9	87.5	86.9	47.3	34.3	46.8	11.9	6.5	4.5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6D-1.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/117	9	(5)	0	24	24	0	5	9	10	0	0
1-2.............	4/283	20	2	2	159	159	1	29	94	34	0	0
3-5.............	406	27	3	4	227	227	1	41	146	40	(5)	0
6-8.............	468	28	3	4	219	219	2	49	133	35	(5)	0
MALES:												
9-11............	200	29	4	5	298	298	3	63	201	31	0	0
12-14...........	222	40	5	6	357	357	15	99	214	30	0	0
15-18...........	240	34	6	5	482	472	51	99	279	42	10	10
19-22...........	166	19	8	4	757	604	100	142	330	32	153	147
23-34...........	695	25	7	4	945	796	307	162	300	28	149	134
35-50...........	508	23	8	3	1,062	936	577	166	174	20	125	114
51-64...........	412	22	8	2	903	807	559	150	89	8	96	88
65-74...........	152	26	5	2	735	660	482	115	45	17	75	60
75 AND OVER.....	47	46	5	1	647	605	448	68	40	48	42	38
FEMALES:												
9-11............	225	27	3	5	246	246	1	66	147	33	0	0
12-14...........	244	26	4	7	324	324	8	87	196	32	0	0
15-18...........	260	18	4	4	449	443	60	105	246	32	6	5
19-22...........	209	13	4	3	558	542	102	119	294	27	16	8
23-34...........	1,009	18	6	2	741	706	304	165	218	18	35	23
35-50...........	673	17	5	2	873	841	479	187	157	18	32	23
51-64...........	521	17	5	1	823	796	535	174	78	9	27	17
65-74...........	167	19	4	1	650	640	405	190	36	9	10	(5)
75 AND OVER.....	62	37	4	1	548	532	312	188	22	10	16	2
ALL INDIVIDUALS...	4/7,286	23	5	3	632	588	261	127	176	24	45	38

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6D-1.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/117	22.4	10.1	0.0	14.1	14.1	0.0	4.7	6.7	4.8	0.0	0.0
1-2.............	4/283	74.1	36.7	19.2	72.4	72.4	.9	20.8	56.2	23.4	.0	.0
3-5.............	406	83.3	45.5	23.6	82.8	82.8	1.5	23.2	70.8	22.7	.4	.0
6-8.............	468	82.8	50.5	20.1	78.1	78.1	2.4	28.3	62.4	22.7	.3	.0
MALES:												
9-11............	200	85.3	56.7	23.5	86.9	86.9	3.0	25.3	72.6	18.3	.0	.0
12-14...........	222	81.8	57.4	18.5	81.3	81.3	8.5	33.6	66.9	14.0	.0	.0
15-18...........	240	76.5	51.8	18.1	88.2	88.2	15.6	30.1	71.8	16.9	1.6	1.6
19-22...........	166	66.4	45.8	11.6	94.1	92.1	34.3	37.1	76.6	15.0	25.3	20.6
23-34...........	695	70.7	50.7	14.4	97.9	96.1	61.5	40.8	73.7	10.7	33.3	26.1
35-50...........	508	74.7	62.2	7.3	98.6	98.2	87.4	42.3	56.9	11.8	26.1	21.4
51-64...........	412	78.3	61.4	7.1	97.4	97.4	89.9	38.9	33.8	4.9	21.8	17.4
65-74...........	152	84.3	55.5	6.2	96.6	96.6	88.4	36.0	18.9	9.9	26.5	16.4
75 AND OVER.....	47	90.2	71.5	4.8	96.7	96.7	90.5	31.7	25.4	18.8	20.3	11.2
FEMALES:												
9-11............	225	77.7	49.4	23.7	78.0	78.0	1.4	30.7	61.2	17.9	.0	.0
12-14...........	244	80.1	47.1	25.7	83.8	83.8	8.1	34.6	65.2	16.1	.0	.0
15-18...........	260	70.7	44.1	17.4	85.2	84.6	17.2	37.0	72.3	16.7	2.5	1.8
19-22...........	209	62.8	44.3	14.6	92.6	92.6	33.0	39.7	79.3	17.1	9.9	3.2
23-34...........	1,009	71.7	52.2	12.3	96.6	96.3	60.8	48.5	68.0	13.1	18.1	8.0
35-50...........	673	72.2	47.4	11.1	98.6	98.6	82.8	49.6	56.9	10.2	14.2	6.1
51-64...........	521	68.9	46.8	7.5	98.8	98.5	89.6	58.0	40.8	6.6	16.0	5.5
65-74...........	167	82.7	53.9	6.6	97.1	97.1	87.6	55.0	23.0	8.2	17.1	.5
75 AND OVER.....	62	85.1	50.4	6.3	98.7	98.7	73.4	72.0	20.9	6.4	18.4	1.7
ALL INDIVIDUALS...	4/7,286	74.3	50.2	14.0	90.5	90.1	48.4	39.4	59.2	13.6	13.5	8.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6D-2.1.--SUGAR, SWEETS; BEVERAGES[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/117	(5)	(5)	0	1	1	0	(5)	1	0	0	0
1-2..............	4/283	3	(5)	(5)	21	21	0	2	17	2	0	0
3-5..............	406	4	(5)	1	28	28	(5)	3	22	3	0	0
6-8..............	468	7	(5)	1	33	33	(5)	4	24	5	0	0
MALES:												
9-11.............	200	8	(5)	1	59	59	0	6	50	4	0	0
12-14............	222	10	(5)	2	62	62	(5)	4	55	2	0	0
15-18............	240	6	(5)	2	120	114	4	5	100	6	5	5
19-22............	166	7	1	2	264	220	25	30	157	9	43	42
23-34............	695	4	1	1	298	249	96	24	126	3	49	44
35-50............	508	3	1	(5)	228	203	116	16	69	2	25	23
51-64............	412	2	1	(5)	140	123	79	16	27	(5)	17	15
65-74............	152	2	(5)	(5)	80	72	54	10	8	0	8	7
75 AND OVER......	47	4	(5)	0	32	26	16	2	6	2	6	4
FEMALES:												
9-11.............	225	7	(5)	1	44	44	(5)	4	36	4	0	0
12-14............	244	8	(5)	2	57	57	1	6	46	5	0	0
15-18............	260	6	(5)	2	131	126	15	13	93	5	5	4
19-22............	209	4	1	2	175	167	31	27	97	13	8	3
23-34............	1,009	3	1	(5)	159	146	62	21	59	4	13	8
35-50............	673	3	(5)	1	135	126	64	16	45	2	9	5
51-64............	521	3	1	(5)	94	89	60	14	13	2	5	2
65-74............	167	3	(5)	(5)	49	46	32	9	4	1	3	(5)
75 AND OVER......	62	3	(5)	0	36	35	22	9	4	0	1	0
ALL INDIVIDUALS...	4/7,286	4	1	1	128	116	45	13	54	3	12	10

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6D-2.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
		TOTAL	SUGAR	CANDY	TOTAL	NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
						TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/117	0.8	0.8	0.0	1.5	1.5	0.0	0.7	0.8	0.0	0.0	0.0
1-2..............	4/283	12.0	2.4	3.3	22.4	22.4	.0	2.8	18.5	3.3	.0	.0
3-5..............	406	14.9	3.6	4.9	27.3	27.3	.3	3.7	23.0	3.4	.0	.0
6-8..............	468	25.5	2.8	6.4	25.5	25.5	.5	3.2	20.2	5.4	.0	.0
MALES:												
9-11.............	200	26.6	3.5	9.9	31.4	31.4	.0	3.7	27.0	4.9	.0	.0
12-14............	222	21.0	2.2	4.9	30.3	30.3	.6	3.0	29.1	2.9	.0	.0
15-18............	240	19.0	2.8	8.6	43.4	43.0	3.9	1.7	40.7	3.1	1.2	1.2
19-22............	166	23.9	13.9	7.7	59.9	56.3	12.3	12.4	48.4	4.2	15.2	13.1
23-34............	695	26.1	17.8	5.6	72.6	69.1	32.3	11.8	49.7	1.4	16.6	11.9
35-50............	508	25.5	20.7	1.9	58.0	56.1	38.8	8.2	31.5	2.1	7.8	6.7
51-64............	412	19.0	16.0	.8	48.4	46.0	34.3	8.7	14.8	.6	6.9	5.7
65-74............	152	13.6	7.8	.7	38.7	35.1	30.2	9.6	5.9	.0	9.8	5.6
75 AND OVER......	47	4.6	4.6	.0	31.8	26.2	13.8	2.0	6.9	3.5	7.4	5.6
FEMALES:												
9-11.............	225	23.0	5.0	7.5	29.4	29.4	.4	4.2	26.6	3.9	.0	.0
12-14............	244	27.9	4.2	11.7	34.1	34.1	.5	5.8	26.7	4.3	.0	.0
15-18............	260	24.0	7.0	8.2	42.4	41.8	5.3	8.3	34.9	3.8	1.9	1.5
19-22............	209	17.9	12.7	8.1	59.8	58.0	11.8	15.7	48.1	9.2	5.8	1.5
23-34............	1,009	20.7	14.2	3.8	55.2	53.2	26.1	13.1	33.0	4.4	9.3	3.6
35-50............	673	20.5	12.5	3.8	53.7	52.1	29.9	10.1	26.1	1.3	6.1	1.8
51-64............	521	16.6	9.0	1.5	41.4	40.7	27.6	11.1	13.1	2.2	4.4	1.5
65-74............	167	15.4	5.2	.6	34.3	31.7	19.5	10.8	3.1	1.7	7.4	.5
75 AND OVER......	62	21.1	6.4	.0	28.1	28.1	17.0	10.9	5.4	.0	3.8	.0
ALL INDIVIDUALS...	4/7,286	20.6	10.1	4.6	45.2	43.8	18.4	8.4	27.7	3.0	5.8	3.3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6D-3.1.--SUGAR, SWEETS; BEVERAGES[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY.[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	[4]/117	9	(5)	0	23	23	0	5	8	10	0	0
1-2..............	[4]/283	17	2	2	137	137	1	26	77	33	0	0
3-5..............	406	23	3	3	199	199	(5)	37	125	37	(5)	0
6-8..............	468	21	3	3	187	186	1	46	109	30	(5)	0
MALES:												
9-11.............	200	21	4	4	239	239	3	58	152	26	0	0
12-14............	222	30	5	4	295	295	14	95	158	28	0	0
15-18............	240	27	6	3	362	357	47	95	179	36	5	4
19-22............	166	12	6	2	493	384	75	112	173	23	110	105
23-34............	695	20	6	2	647	547	211	138	173	25	100	89
35-50............	508	20	6	2	834	734	461	151	105	17	100	91
51-64............	412	19	7	2	763	684	480	134	62	8	79	73
65-74............	152	24	4	1	655	588	428	105	37	17	67	53
75 AND OVER......	47	42	5	1	615	579	432	67	34	46	36	34
FEMALES:												
9-11.............	225	20	3	4	202	202	(5)	61	111	29	0	0
12-14............	244	18	3	5	266	266	8	82	150	27	0	0
15-18............	260	12	3	2	318	317	45	92	153	27	1	1
19-22............	209	9	3	1	382	375	71	93	197	14	8	6
23-34............	1,009	15	5	1	582	560	242	144	159	14	22	15
35-50............	673	14	4	2	738	715	415	171	113	16	23	17
51-64............	521	14	4	1	729	707	474	160	65	7	23	15
65-74............	167	17	3	1	600	594	374	181	32	8	6	0
75 AND OVER......	62	34	4	1	512	498	291	179	18	10	15	2
ALL INDIVIDUALS...	[4]/7,286	18	4	2	505	472	216	114	122	21	33	28

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6D-3.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $10,000 TO $15,999, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1	4/117	22.4	9.3	0.0	12.5	12.5	0.0	4.0	5.8	4.8	0.0	0.0
1-2	4/283	70.7	35.8	17.3	66.8	66.8	.9	18.6	49.5	21.2	.0	.0
3-5	406	80.1	44.2	19.2	78.6	78.3	1.2	21.5	64.6	19.9	.4	.0
6-8	468	77.9	48.8	15.3	71.6	71.2	1.9	26.9	52.1	18.0	.3	.0
MALES:												
9-11	200	78.4	54.8	14.7	76.9	76.9	3.0	22.3	59.4	14.2	.0	.0
12-14	222	77.7	56.5	15.7	74.9	74.9	8.0	32.2	52.1	11.9	.0	.0
15-18	240	73.2	51.3	11.5	77.2	76.7	14.8	29.6	52.2	15.8	1.3	1.3
19-22	166	59.4	42.6	6.3	87.6	84.0	27.8	28.9	59.0	11.4	16.3	13.7
23-34	695	64.4	44.1	9.3	91.6	88.3	47.5	35.4	54.2	9.4	24.7	19.3
35-50	508	72.2	59.8	5.7	97.1	95.7	81.1	39.5	39.4	10.1	21.4	17.5
51-64	412	75.0	58.4	6.3	94.5	93.6	84.7	34.7	24.2	4.4	16.9	13.7
65-74	152	82.5	55.5	5.5	96.6	96.6	85.9	32.9	15.5	9.9	22.4	15.0
75 AND OVER	47	90.2	71.5	4.8	93.2	93.2	90.5	31.7	22.8	15.3	13.0	5.6
FEMALES:												
9-11	225	73.1	46.5	18.4	71.5	71.5	1.0	27.6	49.7	15.1	.0	.0
12-14	244	70.9	45.3	18.4	76.7	76.7	8.1	30.7	55.9	13.9	.0	.0
15-18	260	60.7	41.4	10.1	77.5	77.1	15.4	32.6	57.8	14.0	.6	.3
19-22	209	56.9	40.7	6.5	83.0	83.0	27.6	30.4	63.0	8.8	5.3	2.2
23-34	1,009	66.4	47.9	9.7	92.4	91.4	52.8	43.0	55.2	9.1	12.1	5.5
35-50	673	66.9	45.1	8.4	97.5	97.1	79.2	46.3	44.3	9.0	9.4	4.6
51-64	521	64.4	44.8	6.0	98.0	97.6	86.8	54.7	33.2	4.9	12.9	4.6
65-74	167	78.3	51.5	6.6	96.4	96.4	85.5	53.5	20.6	6.4	9.7	.0
75 AND OVER	62	82.8	50.4	6.3	98.7	98.7	73.4	72.0	18.9	6.4	14.6	1.7
ALL INDIVIDUALS	4/7,286	69.5	47.5	10.4	85.9	85.1	44.1	35.8	47.0	11.2	9.8	6.1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6E-1.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
		TOTAL	SUGAR	CANDY	TOTAL	NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
						TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/115	8	(5)	0	15	15	0	2	7	6	0	0
1-2.............	4/271	22	2	4	154	154	(5)	33	85	36	(5)	(5)
3-5.............	532	28	2	4	202	202	1	41	116	44	(5)	(5)
6-8.............	594	34	2	5	234	234	2	44	144	44	(5)	0
MALES:												
9-11............	328	34	2	8	293	293	3	57	180	52	1	0
12-14...........	437	36	3	6	350	349	6	83	216	44	(5)	0
15-18...........	555	33	4	6	493	471	31	107	287	47	22	19
19-22...........	313	19	4	3	593	507	99	95	267	46	86	81
23-34...........	953	22	6	3	946	755	328	149	251	27	193	167
35-50...........	1,219	25	7	3	1,043	865	541	157	148	18	178	146
51-64...........	760	31	6	3	968	846	610	142	84	9	122	93
65-74...........	115	34	9	2	806	753	498	177	76	2	54	26
75 AND OVER.....	35	24	6	1	749	729	548	122	47	12	19	7
FEMALES:												
9-11............	339	31	3	5	290	290	4	63	180	43	(5)	0
12-14...........	413	30	2	7	322	321	4	82	190	46	1	0
15-18...........	559	25	3	6	455	448	41	99	273	35	8	5
19-22...........	367	19	3	3	602	547	123	140	259	25	54	37
23-34...........	1,254	17	4	3	782	729	289	205	211	24	53	27
35-50...........	1,507	19	5	2	878	844	503	176	153	12	34	13
51-64...........	777	21	3	2	842	804	538	156	93	17	38	17
65-74...........	117	26	4	3	683	667	463	160	39	5	17	1
75 AND OVER.....	63	15	3	1	605	568	360	182	22	5	37	31
ALL INDIVIDUALS...	4/11,624	25	4	4	672	610	280	129	174	27	62	46

1/ SEE "TABLE NOTES," APPENDIX 8.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6E-1.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL .	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/115	23.1	8.0	0.0	13.3	13.3	0.0	2.8	9.2	5.1	0.0	0.0
1-2..............	4/271	76.9	38.2	21.9	72.5	72.5	.9	23.9	56.2	28.1	.4	.4
3-5..............	532	86.5	42.8	27.4	83.4	83.4	1.2	22.1	68.8	31.4	.8	.2
6-8..............	594	87.2	44.1	23.2	82.8	82.6	1.3	24.3	67.4	29.5	.9	.0
MALES:												
9-11.............	328	83.5	38.9	31.4	80.8	80.8	3.7	26.8	66.6	28.0	1.4	.0
12-14............	437	80.3	42.8	24.5	80.8	80.8	4.3	29.3	65.3	23.9	.9	.0
15-18............	555	74.4	42.7	19.9	89.9	89.6	14.5	31.8	74.5	21.3	6.1	4.9
19-22............	313	65.6	44.1	9.5	92.6	89.6	34.3	31.7	70.3	19.9	19.9	17.8
23-34............	953	69.6	49.0	9.7	98.5	96.8	65.5	41.2	70.5	11.7	42.9	32.2
35-50............	1,219	72.7	52.2	9.5	98.0	97.6	83.9	42.9	53.3	10.7	42.8	29.3
51-64............	760	77.9	53.1	12.9	97.5	97.0	87.8	43.6	38.0	6.6	36.5	22.1
65-74............	115	82.5	59.2	8.8	98.3	98.3	93.3	57.2	25.1	3.0	36.1	14.1
75 AND OVER.....	35	85.6	73.1	9.7	100.0	100.0	85.5	27.6	17.5	11.1	17.2	5.9
FEMALES:												
9-11.............	339	81.2	51.5	26.6	81.4	81.4	2.3	30.6	67.0	24.6	.3	.0
12-14............	413	75.2	36.4	27.4	83.4	83.2	2.7	32.7	71.5	28.8	1.9	.0
15-18............	559	72.1	37.0	24.9	92.7	92.3	15.2	36.4	82.7	22.4	5.4	2.2
19-22............	367	71.0	45.9	12.8	93.3	92.2	37.5	46.8	76.2	17.1	23.3	10.4
23-34............	1,254	71.7	50.4	13.8	98.0	97.6	59.8	55.3	70.0	15.9	26.5	9.0
35-50............	1,507	69.7	52.3	11.2	97.8	97.3	83.0	51.1	58.2	9.9	22.9	5.6
51-64............	777	71.5	40.3	14.3	98.0	97.4	87.6	47.2	41.6	8.1	25.2	6.0
65-74............	117	80.1	50.6	15.4	98.6	98.6	89.3	60.0	26.7	5.7	18.1	.9
75 AND OVER.....	63	69.4	45.0	4.3	95.2	95.2	77.5	53.9	15.1	6.4	10.4	5.9
ALL INDIVIDUALS...	4/11,624	74.1	46.6	16.1	92.0	91.5	49.6	40.4	61.0	16.5	20.6	10.6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6E-2.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,0[illegible] AND OVER, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/115	0	0	0	0	0	0	0	0	0	0	0
1-2.............	4/271	3	(5)	1	29	29	0	3	22	4	0	0
3-5.............	532	4	(5)	1	42	42	(5)	2	33	7	(5)	0
6-8.............	594	7	(5)	1	47	47	0	4	35	7	(5)	0
MALES:												
9-11............	328	9	(5)	2	57	56	1	5	40	10	(5)	0
12-14...........	437	9	(5)	2	81	81	0	8	66	7	0	0
15-18...........	555	7	(5)	3	158	150	5	11	123	10	9	7
19-22...........	313	5	1	2	249	204	26	22	144	12	44	41
23-34...........	953	5	2	1	370	289	136	32	115	6	81	69
35-50...........	1,219	4	2	1	315	264	174	27	60	4	51	40
51-64...........	760	5	1	(5)	239	209	155	19	33	2	30	21
65-74...........	115	3	1	(5)	90	73	57	13	3	0	17	5
75 AND OVER.....	35	4	0	0	61	51	25	14	0	7	10	[illegible]
FEMALES:												
9-11............	339	7	(5)	2	53	53	0	7	41	5	0	0
12-14...........	413	7	(5)	2	81	81	(5)	7	59	14	(5)	0
15-18...........	559	7	(5)	3	163	158	13	11	125	9	6	3
19-22...........	367	5	1	1	224	181	26	23	125	7	43	31
23-34...........	1,254	3	1	(5)	182	160	61	24	69	6	21	10
35-50...........	1,507	3	1	1	158	147	85	21	39	2	10	3
51-64...........	777	3	(5)	1	139	126	88	18	17	2	13	4
65-74...........	117	2	(5)	(5)	72	70	60	6	3	0	2	0
75 AND OVER.....	63	1	(5)	0	29	26	12	4	6	4	2	2
ALL INDIVIDUALS...	4/11,624	5	1	1	174	152	67	17	62	5	22	16

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6E-2.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/115	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
1-2..............	4/271	13.6	3.6	3.5	29.4	29.4	.0	4.6	23.0	5.3	.0	.0
3-5..............	532	19.9	2.5	6.1	38.3	38.1	.1	2.5	31.0	8.8	.2	.0
6-8..............	594	22.3	4.1	6.3	33.6	33.4	.0	3.8	27.7	7.3	.2	.0
MALES:												
9-11.............	328	29.3	2.2	11.4	35.0	34.7	.3	4.3	28.0	9.2	.3	.0
12-14............	437	23.0	2.9	10.1	38.9	38.9	.0	4.0	32.4	6.2	.0	.0
15-18............	555	20.6	3.8	9.2	52.4	51.7	3.6	6.5	45.4	5.2	2.9	2.1
19-22............	313	17.7	9.6	4.3	60.3	57.6	13.0	10.3	47.8	6.3	14.6	12.5
23-34............	953	27.0	21.0	3.8	77.0	73.1	41.7	14.9	46.6	3.8	24.3	16.3
35-50............	1,219	29.3	23.2	3.2	70.4	67.6	49.3	14.8	29.6	1.9	19.6	11.7
51-64............	760	25.8	18.6	3.3	61.8	59.0	47.7	11.9	17.7	1.4	14.0	7.0
65-74............	115	25.9	18.5	3.2	50.3	50.3	41.8	9.3	3.1	.0	16.8	4.2
75 AND OVER......	35	11.8	.0	.0	34.6	31.2	17.8	13.5	.0	8.4	6.6	3.3
FEMALES:												
9-11.............	339	22.6	3.5	8.7	33.6	33.6	.0	5.5	26.7	6.7	.0	.0
12-14............	413	22.4	1.9	11.2	42.6	42.6	.4	5.4	34.4	9.8	.8	.0
15-18............	559	24.5	5.6	13.2	62.5	61.7	5.1	8.4	55.8	6.8	4.1	1.6
19-22............	367	23.6	13.6	5.1	68.4	62.5	11.4	16.8	52.6	5.0	17.8	7.8
23-34............	1,254	22.8	16.6	2.8	65.3	64.0	26.9	16.4	39.6	5.7	12.7	4.8
35-50............	1,507	21.0	15.1	3.0	59.6	57.4	36.7	14.4	26.8	2.4	10.6	2.2
51-64............	777	19.4	9.3	4.3	53.0	51.4	37.4	12.5	14.2	2.1	10.4	2.3
65-74............	117	12.1	6.0	1.0	41.6	40.1	33.9	5.9	4.2	.0	5.8	.0
75 AND OVER......	63	7.3	5.0	.0	24.6	24.6	12.9	2.8	6.7	5.0	4.3	2.4
ALL INDIVIDUALS...	4/11,624	22.8	11.9	5.3	55.6	53.9	23.9	10.8	32.1	4.6	10.0	4.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6E-3.1.--SUGAR, SWEETS; BEVERAGES[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	[4]/115	8	(5)	0	15	15	0	2	7	6	0	0
1-2.............	[4]/271	19	1	3	125	125	(5)	29	63	32	(5)	(5)
3-5.............	532	24	2	3	160	160	1	40	83	37	(5)	(5)
6-8.............	594	27	2	4	188	187	2	40	109	37	(5)	0
MALES:												
9-11............	328	25	2	6	236	236	3	52	139	42	(5)	0
12-14...........	437	27	3	4	269	268	6	76	150	37	(5)	0
15-18...........	555	27	4	3	335	321	25	95	164	37	13	12
19-22...........	313	14	4	1	344	303	73	73	123	34	41	41
23-34...........	953	18	4	2	578	466	192	117	136	22	112	97
35-50...........	1,219	20	5	2	727	601	367	131	89	14	127	106
51-64...........	760	26	5	3	729	637	455	124	51	7	92	71
65-74...........	115	30	8	1	716	680	441	164	72	2	36	21
75 AND OVER.....	35	20	6	1	688	679	519	108	47	5	9	3
FEMALES:												
9-11............	339	24	3	4	236	236	4	56	139	38	(5)	0
12-14...........	413	23	2	5	241	240	4	74	130	32	(5)	0
15-18...........	559	18	2	3	292	290	28	88	148	26	2	2
19-22...........	367	13	3	2	378	367	98	117	134	18	11	6
23-34...........	1,254	14	4	2	600	568	228	181	142	18	32	18
35-50...........	1,507	16	4	2	720	697	418	155	114	10	24	10
51-64...........	777	17	3	2	703	678	450	137	76	15	25	13
65-74...........	117	23	4	3	611	597	403	154	36	5	14	1
75 AND OVER.....	63	14	3	1	576	542	348	178	16	1	34	30
ALL INDIVIDUALS...	[4]/11,624	20	4	3	498	459	213	112	112	22	40	30

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6E-3.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, INCOME $16,000 AND OVER, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES								
						NONALCOHOLIC BEVERAGES						ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES		TOTAL	BEER, ALE
	NUMBER	PERCENT											
MALES AND FEMALES:													
UNDER 1..........	4/115	23.1	8.0	0.0	13.3	13.3	0.0	2.8	9.2	5.1		0.0	0.0
1-2..............	4/271	75.0	36.8	19.7	64.7	64.7	.9	21.8	45.9	24.4		.4	.4
3-5..............	532	82.5	41.6	23.0	74.8	74.8	1.0	20.7	54.3	25.0		.6	.2
6-8..............	594	82.5	42.9	19.6	74.5	74.2	1.3	22.2	55.2	23.6		.8	.0
MALES:													
9-11.............	328	76.4	37.6	23.2	73.5	73.5	3.4	24.7	55.5	21.6		1.1	.0
12-14............	437	75.9	41.2	16.8	72.0	72.0	4.3	27.4	52.9	20.2		.9	.0
15-18............	555	68.6	40.7	13.2	77.4	77.0	12.5	29.4	53.3	17.3		4.1	3.4
19-22............	313	57.8	40.5	5.2	75.3	71.1	27.3	25.0	43.8	14.1		9.3	8.4
23-34............	953	60.3	41.8	6.4	89.7	86.8	49.6	33.1	49.3	8.8		31.5	24.2
35-50............	1,219	66.0	47.2	7.1	95.5	93.5	73.6	38.2	37.7	8.9		35.0	23.8
51-64............	760	74.7	50.5	10.7	94.3	93.1	80.5	39.0	27.0	5.5		32.0	17.7
65-74............	115	80.3	57.2	5.6	96.4	96.4	86.8	54.6	22.1	3.0		26.7	9.9
75 AND OVER......	35	85.6	73.1	9.7	97.2	97.2	85.5	22.2	17.5	5.7		13.9	2.6
FEMALES:													
9-11.............	339	76.7	50.6	20.0	73.9	73.9	2.3	27.1	56.1	20.2		.3	.0
12-14............	413	70.2	35.7	20.1	74.9	74.6	2.7	30.1	57.5	21.5		1.2	.0
15-18............	559	65.3	35.5	16.3	81.7	81.6	13.5	33.4	60.2	16.9		1.4	.6
19-22............	367	62.6	41.4	7.6	88.6	88.2	32.9	43.0	58.3	13.9		10.1	3.4
23-34............	1,254	68.1	47.0	11.5	94.4	93.5	53.3	51.3	55.1	11.7		17.7	5.6
35-50............	1,507	65.7	50.1	9.2	96.6	96.0	79.1	46.4	46.8	7.5		16.7	4.1
51-64............	777	66.5	38.2	11.2	96.6	96.0	85.0	42.2	33.8	6.7		18.3	4.0
65-74............	117	79.1	50.6	14.4	98.6	98.6	88.7	56.3	22.5	5.7		13.1	.9
75 AND OVER......	63	67.1	45.0	4.3	92.8	92.8	77.5	53.9	10.3	1.4		8.0	3.5
ALL INDIVIDUALS...	4/11,624	68.9	43.8	12.3	86.4	85.5	44.7	36.4	46.8	13.0		15.1	7.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6F-1.1.--SUGAR, SWEETS; BEVERAGES[1]/
AVERAGE INTAKE[2]/ PER INDIVIDUAL PER DAY,[3]/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1	[4]/126	6	(5)	(5)	29	29	0	4	15	10	0	0
1-2	[4]/306	14	2	2	135	135	1	20	92	22	0	0
3-5	521	20	2	3	208	208	1	26	149	33	0	0
6-8	482	23	3	3	244	244	2	35	169	39	(5)	0
MALES:												
9-11	264	27	3	5	297	297	7	41	208	39	(5)	0
12-14	287	31	3	5	366	366	12	58	246	49	(5)	0
15-18	387	25	4	3	485	461	26	61	315	59	23	23
19-22	318	14	3	3	672	534	95	92	303	44	138	131
23-34	846	21	6	2	880	701	277	107	290	28	179	157
35-50	657	23	7	2	1,000	819	475	135	187	21	181	157
51-64	565	21	7	1	895	777	498	134	131	14	118	94
65-74	300	29	7	2	703	646	430	106	92	18	57	42
75 AND OVER	147	20	6	1	579	550	351	107	58	34	29	16
FEMALES:												
9-11	269	26	4	4	256	256	3	59	155	39	(5)	0
12-14	305	23	3	4	331	331	9	52	230	40	(5)	0
15-18	424	18	3	4	458	453	46	62	306	38	5	4
19-22	408	10	3	1	538	497	114	87	265	31	40	26
23-34	1,216	15	5	2	675	624	243	131	222	28	52	33
35-50	1,097	15	5	1	725	698	384	124	167	23	27	14
51-64	850	15	4	1	730	705	444	137	105	19	26	17
65-74	446	26	5	2	609	598	391	144	51	13	11	7
75 AND OVER	240	19	3	1	460	454	308	97	38	11	6	3
ALL INDIVIDUALS	[4]/10,462	19	4	2	599	546	236	97	185	28	53	42

[1]/ SEE "TABLE NOTES," APPENDIX B.
[2]/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3]/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4]/ EXCLUDES BREAST-FED INFANTS.
[5]/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6F-1.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/126	20.2	11.2	0.6	18.1	18.1	0.0	4.5	10.5	5.0	0.0	0.0
1-2..............	4/306	65.9	37.3	14.6	68.0	68.0	1.2	15.3	53.1	20.5	.0	.0
3-5..............	521	74.8	42.2	20.0	81.5	81.5	1.1	16.0	70.0	21.3	.0	.0
6-8..............	482	74.8	43.3	15.9	83.7	83.7	2.2	17.3	67.9	26.2	.5	.0
MALES:												
9-11.............	264	73.9	44.3	20.0	86.0	86.0	6.0	20.5	71.3	21.2	.5	.0
12-14............	287	75.1	42.8	18.0	85.5	85.5	8.5	23.9	72.0	22.6	.3	.0
15-18............	387	70.6	43.0	14.8	91.8	91.5	14.5	24.4	81.4	21.4	5.5	4.9
19-22............	318	62.0	40.4	9.1	98.2	95.5	33.6	29.8	76.5	21.1	27.7	23.2
23-34............	846	66.7	48.6	9.5	97.8	95.7	58.1	36.2	74.1	12.7	38.7	30.7
35-50............	657	71.6	55.3	6.6	98.4	98.0	79.2	37.6	55.3	11.1	36.0	27.0
51-64............	565	74.9	59.3	6.7	96.9	96.8	84.6	39.7	42.7	9.0	30.4	19.9
65-74............	300	79.6	58.0	7.0	97.2	96.9	88.1	37.8	30.9	10.7	22.1	8.0
75 AND OVER......	147	78.9	62.7	7.1	95.3	93.6	84.2	38.7	22.1	12.5	12.9	5.8
FEMALES:												
9-11.............	269	74.1	48.4	19.8	79.6	79.6	3.4	24.9	61.4	21.6	.3	.0
12-14............	305	67.9	41.9	14.7	87.7	87.7	7.1	24.9	75.0	24.0	.3	.0
15-18............	424	65.8	44.8	15.4	94.2	93.8	21.0	27.7	82.7	22.1	4.3	1.9
19-22............	408	66.3	48.5	9.9	94.4	93.0	38.3	32.3	74.3	18.2	18.0	7.2
23-34............	1,216	69.9	50.9	10.0	97.6	97.2	57.1	43.1	69.7	15.6	21.8	10.5
35-50............	1,097	70.6	54.3	8.8	97.6	97.2	76.6	40.7	61.0	13.0	17.1	6.0
51-64............	850	65.5	47.2	8.8	96.8	96.2	82.8	46.8	44.2	9.3	14.4	5.2
65-74............	446	78.9	55.7	9.9	97.4	97.0	85.3	48.9	23.4	6.3	11.0	2.5
75 AND OVER......	240	72.9	45.7	9.4	94.7	94.0	83.9	38.3	19.7	7.2	5.9	.7
ALL INDIVIDUALS...	4/10,462	70.1	46.6	11.2	92.3	91.8	49.7	33.9	59.9	15.4	15.9	9.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6F-2.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/126	(5)	(5)	0	0	0	0	0	0	0	0	0
1-2.............	4/306	2	(5)	(5)	16	16	(5)	1	14	1	0	0
3-5.............	521	3	(5)	1	24	24	(5)	2	19	3	0	0
6-8.............	482	5	(5)	1	28	28	(5)	2	21	4	0	0
MALES:												
9-11............	264	8	(5)	1	44	44	0	5	33	6	0	0
12-14...........	287	7	(5)	3	62	62	0	2	58	2	0	0
15-18...........	387	5	(5)	1	128	117	6	5	96	11	10	10
19-22...........	318	3	(5)	2	228	168	25	16	118	8	60	55
23-34...........	846	4	1	1	324	250	105	19	121	5	74	62
35-50...........	657	5	1	1	240	202	114	21	65	2	39	32
51-64...........	565	2	1	(5)	165	147	88	14	42	3	18	11
65-74...........	300	4	(5)	(5)	78	53	35	9	7	2	25	19
75 AND OVER.....	147	1	(5)	0	23	18	14	2	0	2	4	3
FEMALES:												
9-11............	269	7	(5)	1	48	48	(5)	8	33	6	0	0
12-14...........	305	6	(5)	1	65	65	1	4	50	10	(5)	0
15-18...........	424	4	(5)	2	120	118	4	11	96	6	2	1
19-22...........	408	2	(5)	1	147	127	22	16	82	7	20	12
23-34...........	1,216	3	1	(5)	161	137	51	19	61	6	23	13
35-50...........	1,097	3	1	(5)	109	102	48	16	35	2	7	3
51-64...........	850	3	(5)	(5)	100	92	62	13	15	2	7	4
65-74...........	446	2	(5)	(5)	49	48	35	9	4	1	1	0
75 AND OVER.....	240	2	(5)	0	26	26	21	1	1	3	(5)	(5)
ALL INDIVIDUALS...	4/10,462	4	1	1	125	107	42	12	50	4	17	13

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6F-2.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, CENTRAL CITIES; ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/126	0.7	0.7	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
1-2..............	4/306	8.7	2.0	3.1	18.1	18.1	.3	1.8	14.8	2.6	.0	.0
3-5..............	521	15.1	2.6	4.8	23.6	23.6	.2	2.3	19.3	3.9	.0	.0
6-8..............	482	18.5	3.4	5.6	22.4	22.4	.5	1.5	17.6	5.3	.0	.0
MALES:												
9-11.............	264	19.4	3.5	4.2	25.4	25.4	.0	2.6	21.7	5.4	.0	.0
12-14............	287	17.6	1.1	7.7	31.9	31.9	.0	1.6	30.0	2.2	.0	.0
15-18............	387	17.1	3.1	6.7	44.6	44.1	3.9	3.3	38.5	4.8	3.1	2.5
19-22............	318	13.9	7.3	6.2	58.4	54.0	13.3	7.6	44.3	5.5	14.5	10.6
23-34............	846	23.6	17.3	5.0	69.4	66.1	33.0	9.6	46.8	2.7	22.1	14.8
35-50............	657	26.4	20.7	2.3	59.9	56.2	39.2	10.0	27.5	1.9	14.4	9.3
51-64............	565	18.5	14.3	1.1	50.7	48.2	35.0	8.5	21.6	2.1	10.2	5.1
65-74............	300	16.1	10.4	.4	33.3	30.3	22.2	5.9	5.9	2.2	10.2	2.9
75 AND OVER......	147	4.2	2.0	.0	14.0	11.6	7.6	2.9	.0	1.9	3.1	3.1
FEMALES:												
9-11.............	269	23.2	6.1	8.9	30.3	30.3	.2	6.6	23.2	5.8	.0	.0
12-14............	305	15.7	3.3	6.9	36.3	36.3	.4	4.1	28.2	7.7	.3	.0
15-18............	424	15.5	5.0	6.7	49.6	48.7	3.7	5.5	43.6	5.0	2.2	.9
19-22............	408	16.7	8.7	4.8	56.6	52.3	12.8	8.8	43.4	4.3	12.1	4.6
23-34............	1,216	21.[illegible]	14.8	3.6	54.7	52.9	23.8	13.0	32.4	4.8	11.8	5.3
35-50............	1,097	18.0	12.2	2.3	45.0	43.8	24.2	10.3	22.5	2.3	7.0	1.3
51-64............	850	15.6	10.1	2.2	41.7	39.9	25.5	9.6	12.7	2.6	7.1	2.0
65-74............	446	13.2	7.9	.9	30.1	29.7	21.2	8.2	3.0	.5	3.5	.0
75 AND OVER......	240	7.7	2.6	.0	16.8	16.5	13.1	1.9	.7	2.2	.9	.3
ALL INDIVIDUALS...	4/10,462	17.7	9.6	3.7	43.1	41.5	17.6	7.4	25.4	3.4	7.6	3.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6F-3.1.--SUGAR, SWEETS; BEVERAGES[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	[4]/126	6	(5)	(5)	29	29	0	4	15	10	0	0
1-2..............	[4]/306	12	2	2	120	120	1	20	78	21	0	0
3-5..............	521	16	2	3	185	185	(5)	24	130	30	0	0
6-8..............	482	18	3	2	216	216	1	34	147	34	(5)	0
MALES:												
9-11.............	264	19	3	4	253	253	7	37	175	34	(5)	0
12-14............	287	24	3	2	304	304	12	56	188	48	(5)	0
15-18............	387	20	3	2	357	344	21	56	219	48	13	13
19-22............	318	11	3	2	445	366	69	76	185	36	79	76
23-34............	846	17	5	1	557	451	172	87	168	23	106	95
35-50............	657	19	5	2	760	618	362	115	122	19	142	124
51-64............	565	19	6	1	731	630	410	120	89	12	100	83
65-74............	300	25	7	2	624	593	395	97	85	16	32	23
75 AND OVER......	147	19	6	1	556	531	337	105	58	32	25	13
FEMALES:												
9-11.............	269	19	3	2	208	208	3	51	121	33	(5)	0
12-14............	305	17	3	3	266	266	8	48	180	30	0	0
15-18............	424	14	3	2	339	335	42	51	210	32	3	3
19-22............	408	8	3	1	391	370	92	71	183	24	21	14
23-34............	1,216	12	4	1	515	486	191	112	160	22	28	20
35-50............	1,097	12	5	1	616	595	336	107	132	21	20	11
51-64............	850	12	4	1	630	612	382	124	90	16	18	13
65-74............	446	24	5	2	560	551	357	135	47	12	9	7
75 AND OVER......	240	18	3	1	434	428	288	96	37	8	6	3
ALL INDIVIDUALS...	[4]/10,462	16	4	2	474	438	194	85	135	24	35	29

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6F-3.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, CENTRAL CITIES, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/126	20.2	10.5	0.6	18.1	18.1	0.0	4.5	10.5	5.0	0.0	0.0
1-2...............	4/306	64.2	36.6	13.5	65.5	65.5	.9	14.4	49.4	18.4	.0	.0
3-5...............	521	70.7	41.6	16.2	76.9	76.9	.9	14.9	63.3	18.0	.0	.0
6-8...............	482	70.5	41.6	12.3	80.2	80.2	1.7	16.7	63.4	22.3	.5	.0
MALES:												
9-11..............	264	68.3	42.3	16.1	80.8	80.8	6.0	17.9	65.1	17.0	.5	.0
12-14.............	287	68.4	41.7	12.0	78.2	78.2	8.5	23.0	59.8	21.0	.3	.0
15-18.............	387	65.1	41.0	9.8	83.6	83.1	12.5	22.9	65.9	18.3	3.2	3.2
19-22.............	318	55.3	37.6	4.2	88.7	83.8	27.6	25.3	58.2	15.9	20.4	16.5
23-34.............	846	60.5	43.5	5.1	90.0	85.8	47.9	29.7	52.2	10.3	28.4	23.5
35-50.............	657	62.6	48.6	4.7	94.5	90.5	66.8	32.7	41.9	9.5	30.2	22.1
51-64.............	565	71.6	56.7	5.6	93.4	92.3	78.8	35.1	32.6	7.2	26.3	16.7
65-74.............	300	78.3	57.3	6.6	96.2	95.1	83.3	35.6	28.6	9.8	16.2	5.8
75 AND OVER......	147	78.4	62.2	7.1	93.8	92.0	83.7	38.7	22.1	11.4	10.3	3.3
FEMALES:												
9-11..............	269	68.9	46.7	12.1	69.0	69.0	3.1	19.8	52.0	17.4	.3	.0
12-14.............	305	63.1	41.3	10.0	83.4	83.4	7.1	22.4	69.2	18.0	.0	.0
15-18.............	424	59.3	42.6	9.6	89.0	89.0	19.8	25.4	73.0	18.1	2.1	1.1
19-22.............	408	59.4	43.7	5.7	86.2	85.2	31.4	27.2	57.6	15.4	9.3	3.6
23-34.............	1,216	63.9	46.2	6.7	93.3	92.1	50.1	38.1	56.6	11.6	12.8	6.0
35-50.............	1,097	66.1	51.8	7.0	96.1	95.4	73.2	36.8	49.9	10.9	13.1	5.0
51-64.............	850	60.8	43.8	7.2	95.2	94.6	79.9	42.2	37.6	7.3	9.8	3.3
65-74.............	446	77.8	54.1	9.3	97.4	97.0	85.0	46.3	22.1	6.0	8.4	2.5
75 AND OVER......	240	72.0	45.7	9.4	93.4	93.0	83.4	37.2	19.4	5.4	5.0	.4
ALL INDIVIDUALS...	4/10,462	65.2	45.8	8.2	88.1	86.9	45.6	30.4	49.7	12.7	11.6	6.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6G-1.1 --SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
		TOTAL	SUGAR	CANDY	TOTAL	NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
						TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1	4/150	5	(5)	(5)	19	19	0	3	8	7	0	0
1-2	4/389	20	2	3	153	153	2	26	85	39	(5)	(5)
3-5	639	25	2	3	205	205	2	38	124	40	(5)	(5)
6-8	737	33	3	4	225	224	3	43	136	42	(5)	0
MALES:												
9-11	346	33	3	6	269	268	3	49	173	44	1	0
12-14	457	37	4	6	313	313	5	83	187	37	(5)	0
15-18	544	32	4	4	460	442	45	94	263	40	18	16
19-22	406	22	6	4	707	580	100	126	323	32	126	122
23-34	1,034	23	7	3	987	793	335	173	257	28	194	172
35-50	1,122	21	7	2	1,037	861	539	160	147	15	176	148
51-64	870	27	7	3	925	821	592	138	84	7	103	79
65-74	361	26	6	2	716	629	433	151	36	8	87	70
75 AND OVER	134	40	6	1	621	591	440	106	31	13	31	18
FEMALES:												
9-11	402	31	3	5	254	254	3	48	159	44	(5)	0
12-14	451	31	2	7	297	297	7	66	182	41	(5)	0
15-18	546	25	3	5	443	436	50	100	249	36	7	5
19-22	493	17	4	3	577	554	136	133	263	22	23	14
23-34	1,488	17	5	2	747	708	293	186	207	21	39	21
35-50	1,476	17	4	2	898	863	509	190	151	13	35	16
51-64	1,043	19	4	2	803	772	531	159	74	8	31	15
65-74	408	20	3	1	629	617	398	175	39	6	12	2
75 AND OVER	238	23	4	1	616	599	383	183	27	6	18	12
ALL INDIVIDUALS	4/13,737	23	5	3	648	593	280	129	160	24	55	42

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

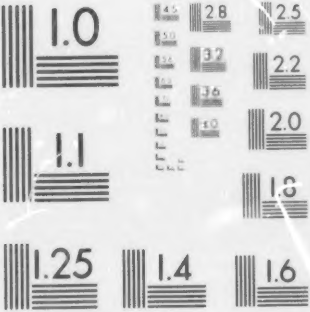
TABLE 6G-1.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	-----PERCENT-----										
MALES AND FEMALES:												
UNDER 1..........	4/150	22.8	10.3	0.7	16.0	16.0	0.0	4.8	10.3	5.4	0.0	0.0
1-2..............	4/389	75.1	33.5	16.9	72.1	72.1	1.8	19.0	54.0	28.6	.5	.5
3-5..............	639	82.3	42.6	23.1	82.8	82.7	1.9	22.1	66.6	27.5	.8	.2
6-8..............	737	84.9	46.0	21.3	80.3	80.2	2.9	25.5	64.2	27.4	.4	.0
MALES:												
9-11.............	346	84.1	43.1	24.7	79.1	79.1	2.5	23.5	65.2	25.7	1.3	.0
12-14............	457	80.9	43.1	21.7	78.8	78.8	3.0	29.4	63.1	20.6	.5	.0
15-18............	544	74.0	43.6	17.3	88.7	88.2	16.9	28.5	71.3	21.6	5.2	4.1
19-22............	406	64.9	40.0	11.4	90.4	89.2	29.4	32.9	74.3	13.6	23.2	21.3
23-34............	1,034	71.1	53.2	11.6	97.8	95.8	64.9	42.5	68.7	13.0	39.6	29.7
35-50............	1,122	70.9	54.2	8.5	98.3	97.7	85.9	41.9	50.5	10.2	39.6	28.4
51-64............	870	75.8	55.9	10.6	98.2	97.9	89.8	43.1	35.9	5.7	31.3	17.1
65-74............	361	76.1	51.5	8.5	95.7	94.6	81.2	39.9	17.7	6.0	26.2	16.9
75 AND OVER......	134	79.7	66.2	4.8	96.5	96.5	88.9	34.9	18.7	9.1	13.4	7.9
FEMALES:												
9-11.............	402	80.3	47.5	23.8	79.6	79.6	2.9	23.3	66.6	25.1	.2	.0
12-14............	451	76.6	38.1	29.2	81.4	81.4	4.9	28.9	67.7	25.3	1.1	.0
15-18............	546	70.8	39.9	20.8	89.0	88.6	17.0	35.5	75.3	22.9	3.9	1.7
19-22............	493	70.3	49.7	13.0	92.6	92.1	40.1	43.7	71.2	15.5	14.5	5.3
23-34............	1,488	71.9	50.2	12.8	96.1	95.4	59.9	52.2	67.3	14.1	22.1	7.5
35-50............	1,479	68.0	48.6	10.7	97.7	97.3	84.3	51.2	56.4	9.3	22.5	6.7
51-64............	1,043	70.6	45.4	10.5	98.0	97.5	89.3	49.7	37.0	6.8	19.7	5.0
65-74............	408	76.5	50.7	7.7	96.7	96.7	87.5	53.7	20.4	5.6	12.7	1.4
75 AND OVER......	238	75.3	44.1	8.1	96.4	96.4	83.1	59.9	18.4	6.5	10.5	3.7
ALL INDIVIDUALS...	4/13,737	73.4	47.3	14.2	91.0	90.5	51.3	39.6	56.0	15.0	17.6	9.3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.


1.0
4.5
2.8
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1.1
1.8
1.25
1.4
1.6

MICROCOPY RESOLUTION TEST CHART
NATIONAL BUREAU OF STANDARDS
STANDARD REFERENCE MATERIAL 1010a
(ANSI and ISO TEST CHART No. 2)

TABLE 6G-2.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES								
						NONALCOHOLIC BEVERAGES						ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/150	0	0	0	1	1	0	0	1	0	0	0
1-2.............	4/389	2	(5)	(5)	19	19	0	2	15	2	0	0
3-5.............	639	3	(5)	1	32	31	(5)	2	25	4	(5)	0
6-8.............	737	7	(5)	1	36	36	0	3	27	6	(5)	0
MALES:												
9-11............	346	9	(5)	2	56	55	0	2	46	7	(5)	0
12-14...........	457	9	(5)	2	64	64	(5)	5	52	7	0	0
15-18...........	544	7	(5)	2	140	134	6	8	112	8	6	6
19-22...........	406	5	1	2	254	208	24	20	157	7	46	43
23-34...........	1,034	4	2	1	346	275	129	27	114	5	71	61
35-50...........	1,122	3	2	(5)	293	241	160	22	57	2	52	42
51-64...........	870	4	1	(5)	205	187	141	16	28	2	18	12
65-74...........	361	2	(5)	(5)	75	55	42	9	3	(5)	20	17
75 AND OVER.....	134	3	(5)	0	27	25	16	7	3	0	1	0
FEMALES:												
9-11............	402	7	(5)	1	41	41	(5)	3	33	5	0	0
12-14...........	451	9	(5)	2	75	75	2	7	57	10	(5)	0
15-18...........	546	6	(5)	2	143	137	16	10	102	9	7	4
19-22...........	493	3	(5)	1	172	154	28	20	99	7	17	10
23-34...........	1,488	3	1	(5)	163	151	63	23	59	5	12	5
35-50...........	1,478	2	(5)	(5)	147	136	79	19	35	2	12	5
51-64...........	1,043	3	(5)	(5)	110	103	74	13	15	1	7	1
65-74...........	408	2	(5)	(5)	55	51	38	8	3	1	3	(5)
75 AND OVER.....	238	1	(5)	0	28	27	13	8	6	0	1	1
ALL INDIVIDUALS...	4/13,737	4	1	1	145	128	58	14	52	4	17	12

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6G-2.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/150	0.0	0.0	0.0	1.2	1.2	0.0	0.0	1.2	0.0	0.0	0.0
1-2..............	4/389	9.4	1.5	2.6	23.8	23.8	.0	2.4	20.2	3.5	.0	.0
3-5..............	639	15.2	2.5	4.5	29.9	29.8	.2	2.3	25.4	5.4	.2	.0
6-8..............	737	20.9	2.4	4.7	27.7	27.6	.0	3.1	22.3	5.9	.1	.0
MALES:												
9-11.............	346	27.2	1.2	10.0	33.0	32.7	.0	2.8	27.8	6.7	.3	.0
12-14............	457	22.6	2.5	7.3	35.8	35.8	.2	2.6	30.1	6.1	.0	.0
15-18............	544	19.4	3.7	7.7	48.5	47.9	3.8	5.1	41.5	5.0	2.8	2.1
19-22............	406	19.7	10.8	5.1	62.1	58.6	10.8	10.5	53.0	3.1	15.1	13.9
23-34............	1,034	29.1	22.0	4.8	74.3	70.5	39.4	13.4	44.8	3.6	20.7	13.9
35-50............	1,122	28.7	24.0	2.6	66.7	64.7	47.8	13.2	28.7	1.7	18.1	11.7
51-64............	870	25.8	20.0	2.5	57.2	55.6	45.9	11.1	15.1	1.1	10.9	5.4
65-74............	361	11.2	8.5	.4	27.6	26.6	22.8	6.3	2.4	.6	6.4	2.8
75 AND OVER......	134	8.3	7.7	.0	20.8	19.9	13.2	3.4	3.2	.0	3.5	.0
FEMALES:												
9-11.............	402	20.3	2.5	6.1	29.4	29.4	.2	3.0	23.8	6.3	.0	.0
12-14............	451	25.8	2.4	12.1	36.3	36.3	.6	5.1	29.9	7.5	.5	.0
15-18............	546	22.8	6.1	[illegible]	50.6	50.3	5.2	8.2	43.0	6.3	2.8	1.6
19-22............	493	20.2	13.8	4.2	59.8	57.1	13.4	16.1	45.2	4.6	10.6	3.8
23-34............	1,488	21.8	15.3	3.4	59.1	57.4	26.4	15.1	35.2	5.1	10.3	2.7
35-50............	1,478	19.6	14.0	2.1	57.1	54.5	35.1	13.2	23.5	1.7	10.5	2.7
51-64............	1,043	17.4	10.9	1.7	46.3	45.7	33.6	11.1	11.9	1.7	6.4	.7
65-74............	408	11.7	7.5	1.5	34.5	33.2	25.2	7.7	3.1	1.1	4.3	.1
75 AND OVER......	238	9.2	4.8	.0	25.4	25.4	15.4	6.9	6.7	.0	2.2	.6
ALL INDIVIDUALS...	4/13,737	20.8	11.2	4.2	48.7	47.3	21.9	9.4	27.1	3.6	7.3	3.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6G-3.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
		TOTAL	SUGAR	CANDY	TOTAL	NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
						TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/150	5	(5)	(5)	18	18	0	3	7	7	0	0
1-2..............	4/389	18	1	2	134	133	2	24	70	37	(5)	(5)
3-5..............	639	22	2	3	174	173	1	37	99	36	(5)	(5)
6-8..............	737	25	3	3	189	189	3	40	109	37	(5)	0
MALES:												
9-11.............	346	24	3	4	213	213	3	46	127	37	(5)	0
12-14............	457	27	4	4	249	249	5	78	135	31	(5)	0
15-18............	544	25	4	2	320	308	39	85	152	33	12	10
19-22............	406	16	5	2	452	373	76	106	166	24	80	79
23-34............	1,034	19	5	2	641	517	206	145	143	23	124	111
35-50............	1,122	18	5	2	743	619	379	13[illegible]	89	14	124	107
51-64............	870	23	6	2	720	635	451	121	56	6	85	67
65-74............	361	24	5	2	641	574	391	142	33	8	67	53
75 AND OVER.....	134	37	2	1	595	565	425	59	28	13	29	18
FEMALES:												
9-11.............	402	24	3	4	213	213	2	45	126	39	(5)	0
12-14............	451	22	2	5	222	222	5	59	[illegible]	31	(5)	0
15-18............	546	18	3	3	300	299	34	90	147	28	1	(5)
19-22............	493	13	4	2	406	400	108	113	163	15	6	4
23-34............	1,488	14	4	2	583	556	230	163	148	16	27	16
35-50............	1,478	15	4	2	750	727	431	171	116	10	23	12
51-64............	1,043	17	4	1	693	669	457	146	60	7	24	13
65-74............	408	18	3	1	575	566	360	167	35	4	9	2
75 AND OVER.....	233	22	4	1	588	571	370	174	21	6	17	11
ALL INDIVIDUALS...	4/13,737	19	4	2	503	465	222	115	108	20	38	30

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6G-3.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, SUBURBAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/150	22.8	10.3	0.7	14.8	14.8	0.0	4.8	9.1	5.4	0.0	0.0
1-2..............	4/389	73.5	32.7	14.9	66.0	66.0	1.8	17.9	46.1	26.2	.5	.5
3-5..............	639	78.8	41.9	19.6	76.4	76.[illegible]	1.7	21.0	56.9	23.3	.7	.2
6-8..............	737	81.1	44.8	18.3	72.5	72.2	2.9	24.1	53.5	22.1	.3	.0
MALES:												
9-11..............	346	78.8	42.5	17.0	72.7	72.7	2.5	22.5	54.0	20.8	1.0	.0
12-14.............	457	74.8	41.6	15.8	71.6	71.6	2.8	28.4	51.5	17.3	.5	.0
15-18.............	544	68.1	41.8	11.3	76.0	75.3	14.8	26.8	52.5	17.9	3.1	2.5
19-22.............	406	57.4	35.0	6.5	75.6	71.7	22.2	26.7	48.2	10.7	12.9	12.2
23-34.............	1,034	62.7	45.6	7.7	89.5	85.5	49.2	36.3	47.9	10.5	29.2	22.4
35-50.............	1,122	65.4	49.8	6.4	96.6	95.1	78.2	37.7	36.4	8.6	31.9	22.8
51-64.............	870	72.0	52.4	9.0	95.7	94.2	83.7	39.4	25.7	[illegible].7	27.2	14.0
65-74.............	361	77.1	49.8	8.1	95.0	93.9	79.6	37.6	16.3	5.4	23.8	15.6
75 AND OVER......	134	79.1	66.2	4.8	96.5	96.5	83.9	33.8	17.8	9.1	12.7	7.9
FEMALES:												
9-11..............	402	76.7	45.8	18.5	74.0	74.0	2.7	2[illegible].8	55.8	20.8	.2	.0
12-14.............	451	69.9	36.9	20.7	71.9	71.9	4.6	25.8	53.2	2[illegible].1	.6	.0
15-18.............	546	64.7	38.5	12.8	78.5	78.1	13.0	31.2	54.3	17.6	1.1	.2
19-22.............	493	63.4	45.2	9.0	83.8	83.4	34.[illegible]	26.7	50.3	11.7	5.5	1.7
23-34.............	1,488	66.7	46.5	10.3	91.8	91.0	52.[illegible]	47.1	53.6	9.7	16.1	5.5
35-50.............	1,478	63.8	46.2	9.2	96.8	96.4	80.[illegible]	47.0	46.5	7.4	15.9	4.7
51-64.............	1,043	67.1	44.2	8.9	97.2	96.7	[illegible].8	45.9	29.6	5.5	15.3	4.4
65-74.............	408	74.1	49.2	6.9	96.5	96.5	86.4	51.0	18.5	4.5	8.7	1.2
75 AND OVER......	238	73.0	43.2	8.1	96.1	96.1	82.8	59.0	13.6	6.5	9.4	3.0
ALL INDIVIDUALS...	4/13,737	68.7	44.6	11.0	86.0	85.1	47.0	36.1	43.5	12.2	13.2	7.[illegible]

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON [illegible] CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6H-1.1.--SUGAR, SWEETS; BEVERAGES[1]/
AVERAGE INTAKE[2]/ PER INDIVIDUAL PER DAY,[3]/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES						ALCOHOLIC BEVERAGES	
						NONALCOHOLIC BEVERAGES						
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1.........	[4]/145	6	(5)	(5)	20	20	0	11	7	2	0	0
1-2.............	[4]/339	18	2	3	168	168	1	35	103	29	(5)	(5)
3-5.............	558	25	3	4	236	236	1	53	152	29	(5)	0
6-8.............	622	29	3	4	231	231	3	59	141	28	(5)	0
MALES:												
9-11............	329	31	4	6	271	271	4	74	162	31	0	0
12-14...........	406	37	5	6	342	341	10	101	192	38	(5)	0
15-18...........	462	35	5	7	510	498	47	140	279	32	12	11
19-22...........	306	22	5	5	692	618	148	127	306	36	74	69
23-34...........	837	24	5	4	921	779	314	170	269	25	142	128
35-50...........	791	28	7	3	987	890	541	170	162	17	96	82
51-64...........	726	30	6	2	879	808	565	153	77	12	71	64
65-74...........	388	32	7	2	720	694	505	139	42	8	26	24
75 AND OVER.....	184	28	7	2	660	619	476	91	38	14	41	37
FEMALES:												
9-11............	340	29	3	5	251	251	4	70	154	23	0	0
12-14...........	392	25	3	8	331	331	7	104	197	23	(5)	(5)
15-18...........	503	24	3	5	405	403	43	107	229	24	2	1
19-22...........	416	18	4	5	595	551	125	136	267	23	44	35
23-34...........	1,175	17	5	2	776	748	316	193	223	15	28	18
35-50...........	1,184	21	5	3	848	825	479	193	139	14	23	14
51-64...........	1,044	21	4	2	758	735	471	174	76	14	24	16
65-74...........	522	19	4	1	593	585	361	150	57	16	9	6
75 AND OVER.....	273	24	4	1	542	539	356	141	27	15	3	0
ALL INDIVIDUALS...	[4]/11,943	24	5	3	622	589	272	137	159	21	34	28

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[1]/ SEE "TABLE NOTES," APPENDIX B.
[2]/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3]/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4]/ INCLUDES BREAST-FED INFANTS.
[5]/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6H-1.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/145	19.0	8.6	0.6	14.8	14.8	0.0	6.3	8.2	2.7	0.0	0.0
1-2..............	4/339	73.2	48.4	22.6	71.9	71.9	.9	26.1	58.9	18.7	.3	.3
3-5..............	558	81.9	49.5	20.4	80.8	80.8	1.3	29.2	[illegible]	19.5	.2	.0
6-8..............	622	82.2	48.0	21.8	77.6	77.5	1.7	29.7	62.9	18.2	.5	.0
MALES:												
9-11.............	329	83.4	51.2	23.3	75.9	75.9	3.6	29.5	61.5	20.8	.0	.0
12-14............	406	81.4	54.3	23.8	82.0	82.0	7.3	34.1	67.4	19.5	.2	.0
15-18............	462	76.7	49.5	18.5	84.2	83.8	18.3	37.2	70.4	13.6	3.4	3.0
19-22............	306	69.1	49.9	14.8	93.0	90.2	39.6	37.4	71.7	14.7	19.4	15.9
23-34............	837	69.8	47.9	13.2	97.3	96.4	63.1	44.0	71.2	10.1	[illegible]	24.4
35-50............	791	76.7	53.8	8.9	96.2	96.1	81.9	44.3	54.3	9.7	24.7	19.0
51-64............	726	76.8	51.5	7.8	96.7	96.0	86.1	42.0	34.4	6.1	19.3	14.8
65-74............	338	82.2	60.2	10.4	94.4	94.4	90.2	41.7	20.4	4.8	8.9	6.9
75 AND OVER......	184	75.1	58.7	8.4	94.1	94.1	86.7	32.3	18.3	7.2	10.2	7.5
FEMALES:												
9-11.............	340	79.1	47.0	23.5	79.3	79.3	3.3	35.1	63.0	16.9	.0	.0
12-14............	392	75.4	42.8	26.6	83.6	83.3	4.6	37.2	68.7	15.1	.7	.2
15-18............	503	74.7	41.1	24.4	86.0	85.8	15.4	36.7	75.6	12.4	2.1	.7
19-22............	416	64.9	44.7	14.6	93.3	[illegible]	37.0	42.7	72.0	14.1	16.3	9.9
23-34............	1,175	70.0	48.5	11.1	97.3	[illegible]	60.3	54.1	70.3	10.9	14.5	5.3
35-50............	1,184	72.2	50.8	11.5	97.5	[illegible]	80.8	53.3	54.6	9.9	11.2	4.1
51-64............	1,044	73.1	46.5	9.4	98.0	97.8	86.2	52.2	36.4	9.3	12.1	[illegible]
65-74............	522	72.9	51.2	7.3	97.1	97.1	87.3	49.3	24.9	10.4	5.7	1.5
75 AND OVER......	273	75.8	50.8	6.8	94.3	94.3	82.3	45.0	17.3	9.4	2.8	.0
ALL INDIVIDUALS...	4/11,943	74.2	48.9	14.3	90.2	89.9	50.9	42.1	55.2	12.1	10.5	6.6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6H-2.1.--SUGAR, SWEETS; BEVERAGES[1]/
AVERAGE INTAKE[2]/ PER INDIVIDUAL PER DAY,[3]/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/145	0	0	0	1	1	0	(5)	1	0	0	0
1-2.............	4/339	3	(5)	1	26	26	0	4	19	4	0	0
3-5.............	558	4	(5)	1	35	35	0	4	28	4	0	0
6-8.............	622	8	(5)	1	42	42	0	6	32	4	0	0
MALES:												
9-11............	329	9	(5)	1	46	46	1	5	35	5	0	0
12-14...........	406	9	(5)	2	69	69	(5)	5	59	4	0	0
15-18...........	462	8	(5)	4	138	131	6	10	107	9	7	6
19-22...........	306	7	1	2	245	203	28	23	140	12	42	40
23-34...........	837	4	1	1	307	248	89	29	125	5	60	55
35-50...........	791	4	1	(5)	240	217	133	21	57	5	23	18
51-64...........	726	3	(5)	(5)	152	130	89	17	24	1	22	21
65-74...........	388	2	(5)	(5)	58	54	42	8	3	(5)	4	3
75 AND OVER.....	184	1	(5)	0	64	60	47	4	9	(5)	4	3
FEMALES:												
9-11............	340	7	(5)	1	37	37	0	3	31	3	0	0
12-14...........	392	6	(5)	2	59	59	0	4	50	5	0	0
15-18...........	503	7	(5)	2	116	114	7	11	93	3	1	1
19-22...........	416	4	(5)	2	200	170	32	22	111	4	29	24
23-34...........	1,175	2	1	(5)	159	146	53	23	65	3	14	9
35-50...........	1,184	3	(5)	1	121	116	60	16	38	2	5	3
51-64...........	1,044	2	(5)	(5)	83	78	47	15	14	1	6	3
65-74...........	522	3	(5)	(5)	43	42	25	9	8	1	1	0
75 AND OVER.....	273	2	(5)	(5)	25	24	15	6	3	1	1	0
ALL INDIVIDUALS...	4/11,943	4	(5)	1	122	110	42	14	51	3	12	10

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6H-2.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES								
						NONALCOHOLIC BEVERAGES						ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES		TOTAL	BEER, ALE
	NUMBER	----------------					PERCENT						----------------
MALES AND FEMALES:													
UNDER 1..........	4/145	0.0	0.0	0.0	2.6	2.6	0.0	1.2	1.3	0.0		0.0	0.0
1-2..............	4/339	13.5	6.5	3.1	24.5	24.5	.0	5.3	18.1	4.4		.0	.0
3-5..............	558	16.0	3.5	4.1	30.4	30.4	.0	4.2	25.5	3.8		.0	.0
6-8..............	622	26.6	5.0	7.1	28.3	28.3	.0	4.4	24.4	4.0		.0	.0
MALES:													
9-11.............	329	27.3	3.6	8.4	27.2	27.2	.3	3.7	22.4	5.3		.0	.0
12-14............	406	24.1	3.2	10.0	29.3	29.3	.5	3.7	26.6	3.5		.0	.0
15-18............	462	20.1	3.8	9.7	45.4	44.6	4.0	5.0	40.0	3.6		1.3	1.2
19-22............	306	20.2	12.2	6.4	59.6	56.8	13.7	11.4	44.9	4.9		11.7	9.3
23-34............	837	25.8	16.6	6.4	70.0	66.1	31.6	14.5	47.2	2.8		15.7	13.0
35-50............	791	22.5	16.7	2.4	57.7	56.0	37.3	11.5	27.9	1.8		9.7	5.9
51-64............	726	12.7	8.5	1.0	45.[illegible]	43.6	29.4	9.5	14.2	.6		8.2	5.9
65-74............	388	11.7	7.2	1.3	29.[illegible]	27.5	21.9	6.1	2.8	.2		3.7	2.7
75 AND OVER......	184	9.8	6.3	.0	26.[illegible]	26.0	21.0	3.5	4.5	1.0		2.1	.9
FEMALES:													
9-11.............	340	22.9	3.6	9.0	25.3	25.3	.0	2.9	22.0	3.9		.0	.0
12-14............	392	21.2	2.3	10.0	34.8	34.8	.0	4.3	29.6	4.4		.0	.0
15-18............	503	23.2	4.1	11.8	47.8	47.4	3.4	7.2	43.2	2.4		1.8	.7
19-22............	416	18.3	11.4	7.0	60.9	58.2	13.2	14.4	46.4	4.5		10.1	6.2
23-34............	1,175	16.9	11.6	2.5	55.4	53.9	22.7	13.8	35.5	2.7		7.4	3.6
35-50............	1,184	16.5	10.5	4.3	50.8	49.5	27.5	11.7	24.5	2.2		4.8	1.3
51-64............	1,044	13.7	6.8	2.6	38.5	37.8	25.5	10.4	11.1	1.2		3.9	1.5
65-74............	522	10.9	4.2	.8	29.2	28.8	18.2	7.5	6.4	1.1		2.1	.0
75 AND OVER......	273	6.3	3.1	.9	19.9	19.9	12.8	4.7	2.9	.8		1.4	.0
ALL INDIVIDUALS...	4/11,943	18.1	8.2	4.8	43.1	41.9	16.9	8.8	25.7	2.6		4.8	2.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6H-3.1.--SUGAR, SWEETS; BEVERAGES[1]
AVERAGE INTAKE[2]/ PER INDIVIDUAL PER DAY,[3]/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	---GRAMS---										
MALES AND FEMALES:												
UNDER 1..........	4/145	6	(5)	(5)	19	19	0	11	6	2	0	0
1-2.............	4/339	15	2	2	142	142	1	31	84	26	(5)	(5)
3-5.............	558	21	3	3	201	201	1	50	125	25	(5)	0
6-8.............	622	20	3	3	189	189	3	53	108	24	(5)	0
MALES:												
9-11............	329	22	3	5	224	224	3	69	127	25	0	0
12-14...........	406	28	5	4	273	273	10	96	132	34	(5)	0
15-18...........	462	27	5	3	372	367	41	130	172	23	5	5
19-22...........	306	15	4	2	446	415	121	105	166	24	31	29
23-34...........	837	19	4	2	613	531	225	141	144	20	82	73
35-50...........	791	24	6	2	747	674	408	150	[illegible]	12	73	64
51-64...........	726	27	5	2	728	679	477	137	53	12	49	43
65-74...........	388	29	7	2	662	640	462	131	39	8	22	20
75 AND OVER.....	184	27	7	2	596	559	429	87	29	13	37	34
FEMALES:												
9-11............	340	21	3	4	213	213	4	67	123	20	0	0
12-14...........	392	20	3	6	273	272	7	99	147	19	(5)	(5)
15-18...........	503	17	3	3	289	289	36	96	136	21	(5)	0
19-22...........	416	14	3	2	395	380	93	113	156	19	14	10
23-34...........	1,175	15	4	2	617	603	261	171	158	13	14	9
35-50...........	1,184	19	5	2	727	709	419	177	102	12	18	11
51-64...........	1,044	19	4	1	675	657	423	159	62	13	18	13
65-74...........	522	17	3	1	550	542	336	141	49	16	8	6
75 AND OVER.....	273	23	4	1	517	516	342	135	24	14	2	0
ALL INDIVIDUALS...	4/11,943	20	4	2	501	479	230	123	108	17	22	18

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6[illegible]-3.2.--SUGAR, SWEETS; BEVERAGES[1]/
PERCENTAGE OF INDIVIDUALS USING,[2]/[3]/ 1977-78

48 STATES, NONMETROPOLITAN AREAS, ALL INCOMES, ALL RACES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES								
						NONALCOHOLIC BEVERAGES						ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES		TOTAL	BEER, ALE
	NUMBER	PERCENT											
MALES AND FEMALES:													
UNDER 1..........	4/145	19.0	8.6	0.6	12.9	12.9	0.0	5.1	7.6	2.7		0.0	0.0
1-2.............	4/339	70.5	44.7	21.2	66.4	66.4	.9	22.1	51.9	15.9		.3	.3
3-5.............	558	77.8	47.2	17.1	75.3	75.3	1.3	26.9	59.7	17.0		.2	.0
6-8.............	622	75.5	45.7	16.9	70.7	70.5	1.7	27.2	52.5	14.8		.5	.0
MALES:													
9-11............	329	75.0	49.3	17.5	69.7	69.7	3.4	27.6	51.3	16.1		.0	.0
12-14...........	406	76.7	53.1	16.4	74.4	74.4	6.8	32.5	53.2	16.8		.2	.0
15-18...........	462	70.0	47.9	10.6	75.3	75.1	16.6	35.4	53.5	10.8		2.4	2.0
19-22...........	306	64.6	46.0	10.1	85.5	82.2	34.2	32.0	52.3	11.0		11.3	9.9
23-34...........	837	62.2	42.3	7.8	90.8	89.0	49.7	38.4	51.3	8.0		20.6	17.2
35-50...........	791	73.3	51.2	7.3	94.1	93.7	75.3	41.9	38.5	7.8		19.3	15.6
51-64...........	726	73.2	49.9	6.7	93.4	92.8	81.5	37.9	24.9	5.8		15.2	10.7
65-74...........	388	81.1	59.9	9.2	93.8	93.8	88.9	38.8	18.8	4.6		7.7	5.7
75 AND OVER.....	184	74.5	57.9	8.4	92.7	92.7	85.9	29.8	15.3	6.2		9.1	7.5
FEMALES:													
9-11............	340	74.3	45.0	18.3	75.2	75.2	3.3	34.0	55.4	13.8		.0	.0
12-14...........	392	70.1	[illegible]	20.1	76.5	76.2	4.6	35.8	57.4	11.3		.7	.2
15-18...........	503	65.8	39.8	15.8	77.4	77.2	14.4	33.3	57.4	10.9		.3	.0
19-22...........	416	58.5	39.6	9.9	86.7	85.7	31.2	38.2	56.5	11.3		10.5	6.0
23-34...........	1,175	66.5	46.2	9.4	94.6	94.0	54.0	50.6	58.5	8.6		9.4	2.9
35-50...........	1,184	69.5	49.3	8.6	96.6	96.3	78.7	49.1	44.1	7.9		8.4	3.3
51-64...........	1,044	70.5	45.6	7.4	96.8	96.6	84.4	49.0	30.0	8.4		9.3	4.3
65-74...........	522	70.5	50.8	6.6	[illegible]	96.1	86.4	46.1	21.0	9.5		4.0	1.5
75 AND OVER.....	273	74.0	50.2	5.8	93.4	93.4	81.7	43.7	14.4	8.6		1.4	.0
ALL INDIVIDUALS...	4/11,943	69.9	[illegible]	10.9	86.2	85.7	47.7	38.9	44.1	10.0		7.6	4.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6I-1.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/322	6	(5)	(5)	18	18	0	4	8	5	0	0
1-2.............	4/814	20	2	3	155	155	1	29	92	33	(5)	(5)
3-5.............	1,327	26	3	4	209	209	1	42	133	33	(5)	(5)
6-8.............	1,482	31	3	4	228	227	2	51	139	36	(5)	0
MALES:												
9-11............	750	33	3	7	278	278	4	60	175	39	(5)	0
12-14...........	923	37	4	6	332	332	10	86	198	38	(5)	0
15-18...........	1,115	34	4	6	492	471	44	105	286	37	21	19
19-22...........	850	21	5	5	729	599	125	123	319	33	129	124
23-34...........	2,393	23	6	3	967	785	336	156	268	25	182	161
35-50...........	2,228	25	7	3	1,051	895	563	162	155	16	158	132
51-64...........	1,923	27	6	2	930	830	589	147	84	9	100	80
65-74...........	932	31	7	2	745	687	489	142	46	9	58	47
75 AND OVER.....	399	31	7	1	657	620	454	112	35	18	37	27
FEMALES:												
9-11............	795	30	3	5	253	253	3	59	155	36	(5)	0
12-14...........	905	30	3	7	326	326	8	81	202	34	(5)	(5)
15-18...........	1,164	24	3	5	441	435	52	102	252	30	6	4
19-22...........	1,045	16	4	4	591	549	138	133	251	24	43	30
23-34...........	3,298	17	5	2	765	722	308	185	210	19	43	25
35-50...........	3,114	19	5	2	880	848	502	184	149	13	32	16
51-64...........	2,542	20	4	2	798	769	516	167	74	12	30	17
65-74...........	1,207	23	4	2	623	612	400	160	43	9	11	5
75 AND OVER.....	688	23	3	1	550	542	358	147	27	10	8	4
ALL INDIVIDUALS...	4/30,215	24	4	3	658	606	292	132	160	22	52	41

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

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TABLE 6I-1.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES								
		TOTAL	SUGAR	CANDY	TOTAL	NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
						TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1...........	4/322	20.2	9.0	0.5	15.0	15.0	0.0	4.8	8.3	4.6	0.0	0.0
1-2...............	4/814	76.6	40.8	20.8	71.0	71.0	.9	21.5	55.5	24.1	.3	.3
3-5...............	1,327	84.0	45.9	24.4	81.7	81.5	1.6	23.7	67.9	23.4	.5	.1
6-8...............	1,482	85.1	47.5	23.4	79.7	79.6	2.0	26.6	63.8	23.7	.6	.0
MALES:												
9-11..............	750	85.1	47.4	26.1	80.1	80.1	3.3	26.5	65.3	23.8	.8	.0
12-14.............	923	82.4	47.0	24.0	80.2	80.2	6.2	29.9	65.1	20.6	.4	.0
15-18.............	1,115	76.2	45.5	19.8	88.4	88.0	17.2	30.0	73.7	17.9	5.4	4.6
19-22.............	850	67.3	42.4	13.5	92.9	90.7	34.8	32.5	73.5	14.5	25.5	23.1
23-34.............	2,393	70.3	50.1	12.2	97.7	96.0	64.5	42.2	70.0	11.0	37.5	29.3
35-50.............	2,228	73.4	53.4	8.9	97.8	97.4	85.1	42.3	51.2	9.6	36.1	26.7
51-64.............	1,923	75.9	54.0	9.2	98.0	97.7	88.6	43.1	34.8	6.0	28.3	17.3
65-74.............	932	80.3	55.7	9.7	96.6	96.4	89.1	41.8	19.9	6.5	18.7	11.2
75 AND OVER......	399	78.8	62.8	7.3	95.3	95.0	88.[illegible]	37.3	18.9	9.2	13.2	7.8
FEMALES:												
9-11..............	795	81.9	49.0	26.2	78.3	78.3	3.0	29.2	62.8	22.0	.2	.0
12-14.............	905	77.3	42.1	2[illegible].2	83.5	83.4	5.0	32.3	70.3	21.8	1.0	.1
15-18.............	1,164	72.2	41.1	[illegible]3.3	89.0	88.6	17.4	35.2	76.6	18.2	3.8	1.6
19-22.............	1,045	68.9	48.9	14.8	93.8	92.7	40.6	43.7	71.0	15.2	19.1	8.9
23-34.............	3,298	71.4	49.7	12.8	97.5	97.1	61.5	52.3	67.9	12.8	21.5	8.3
35-50.............	3,114	70.4	49.0	12.0	98.2	97.8	8[illegible].5	50.8	56.6	9.1	19.3	5.9
51-64.............	2,542	70.1	44.0	10.4	98.0	97.7	88.2	50.7	36.6	7.5	17.2	5.7
65-74.............	1,207	75.5	50.3	9.0	97.8	97.6	88.1	51.4	21.7	7.4	10.4	1.7
75 AND OVER......	688	75.0	45.4	8.4	95.2	95.1	83.1	49.5	17.5	7.6	6.7	1.4
ALL INDIVIDUALS...	4/30,215	74.1	48.0	14.9	91.6	91.2	53.5	40.5	55.2	13.4	16.4	9.1

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6I-2.1.--SUGAR, SWEETS; BEVERAGES[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	[4]/322	0	0	0	(5)	(5)	0	(5)	(5)	0	0	0
1-2.............	[4]/814	3	(5)	1	24	24	(5)	3	19	3	0	0
3-5.............	1,327	4	(5)	1	34	34	(5)	3	27	4	(5)	0
6-8.............	1,482	7	(5)	1	40	40	(5)	4	31	5	(5)	0
MALES:												
9-11............	750	9	(5)	2	56	56	(5)	5	44	7	(5)	0
12-14...........	923	9	(5)	2	72	72	(5)	5	62	5	0	0
15-18...........	1,115	7	(5)	3	150	140	6	9	116	9	10	9
19-22...........	850	5	1	3	270	213	30	22	154	8	57	53
23-34...........	2,393	4	1	1	347	274	120	26	124	5	74	64
35-50...........	2,228	4	1	(5)	278	236	153	22	58	3	42	34
51-64...........	1,923	4	1	(5)	186	165	119	17	28	1	21	16
65-[illegible]...........	932	3	(5)	(5)	74	57	44	9	3	(5)	17	14
75 AND OVER.....	399	2	(5)	0	46	42	31	5	5	1	4	2
FEMALES:												
9-11............	795	7	(5)	1	47	47	(5)	6	36	5	0	0
12-14...........	905	7	(5)	2	76	76	1	6	59	9	(5)	0
15-18...........	1,164	6	(5)	2	140	136	12	13	104	7	4	3
19-22...........	1,045	3	(5)	1	190	163	33	22	103	7	27	19
23-34...........	3,298	3	1	1	175	157	64	24	64	5	18	10
35-50...........	3,114	3	1	(5)	139	129	72	19	37	2	10	4
51-64...........	2,542	3	(5)	(5)	107	99	68	15	15	1	8	3
65-74...........	1,207	3	(5)	(5)	53	52	36	10	5	1	2	(5)
75 AND OVER.....	688	1	(5)	(5)	28	27	18	6	3	1	1	(5)
ALL INDIVIDUALS...	[4]/30,215	4	1	1	144	127	55	15	53	4	18	13

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6I-2.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	---	---	---	---	---	PERCENT	---	---	---	---	---
MALES AND FEMALES:												
UNDER 1..........	4/322	0.0	0.0	0.0	1.1	1.1	0.0	0.6	0.5	0.0	0.0	0.0
1-2.............	4/814	12.5	3.8	3.3	25.8	25.8	.1	3.6	20.7	4.1	.0	.0
3-5.............	1,327	16.7	3.0	5.2	31.7	31.7	.1	3.6	26.1	5.3	.1	.0
6-8.............	1,482	22.5	3.7	6.6	29.3	29.3	.1	3.5	24.2	5.5	.1	.0
MALES:												
9-11............	750	26.3	2.8	9.0	32.1	31.9	.1	3.6	27.3	6.1	.1	.0
12-14...........	923	22.6	2.5	8.6	34.6	34.6	.3	2.9	31.1	4.5	.0	.0
15-18...........	1,115	20.3	3.8	9.0	49.5	48.7	4.2	5.0	43.1	4.6	3.0	2.4
19-22...........	850	20.6	11.6	6.7	63.5	59.4	14.1	10.6	50.9	3.8	16.0	13.5
23-34...........	2,39[illegible]	27.8	19.5	5.6	73.6	69.8	37.8	12.9	46.8	2.9	21.0	14.9
35-50...........	2,228	27.3	21.4	2.7	63.9	61.4	44.5	12.4	27.9	2.0	15.4	9.8
51-64...........	1,923	20.1	15.[illegible]	1.7	53.3	51.1	40.0	10.6	15.4	1.0	10.7	5.9
65-74...........	932	13.4	[illegible].8	.8	31.6	29.7	24.5	6.4	3.1	.6	7.1	3.1
75 AND OVER.....	399	8.3	5.6	.0	23.5	22.3	16.4	3.8	3.2	1.2	3.1	1.4
FEMALES:												
9-11............	795	22.9	4.3	8.5	31.4	31.4	.2	4.9	25.3	5.9	.0	.0
12-14...........	905	22.7	3.0	11.5	39.5	39.5	.3	5.3	32.8	7.2	.3	.0
15-18...........	1,164	22.9	5.8	11.7	52.9	52.4	4.9	8.4	45.9	4.9	2.6	1.1
19-22...........	1,045	20.4	12.5	6.3	63.3	59.3	14.7	15.1	47.4	4.7	13.3	6.1
23-34...........	3,298	21.6	14.8	3.6	59.9	58.2	26.9	15.3	35.7	4.5	10.9	4.2
35-50...........	3,114	18.9	12.3	3.2	55.3	53.2	32.5	13.1	24.5	2.0	8.8	2.2
51-64...........	2,542	16.4	9.2	2.5	45.1	43.9	31.1	11.1	12.1	1.8	6.4	1.6
65-74...........	1,207	12.7	6.6	1.2	34.0	33.3	23.6	8.5	4.7	.9	3.6	.1
75 AND OVER.....	688	8.4	3.8	.4	22.3	22.2	15.0	4.9	3.6	.9	1.6	.3
ALL INDIVIDUALS...	4/30,215	20.1	1[illegible].3	4.6	48.4	46.8	21.3	9.5	27.2	3.3	7.7	3.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6I-3.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/322	6	(5)	(5)	17	17	0	4	8	5	0	0
1-2.............	4/814	17	2	3	131	131	1	26	74	30	(5)	(5)
3-5.............	1,327	22	3	3	175	174	1	39	105	29	(5)	(5)
6-8.............	1,482	24	3	3	188	187	2	47	108	31	(5)	0
MALES:												
9-11............	750	24	3	5	223	222	4	55	131	33	(5)	0
12-14...........	923	28	4	4	260	260	9	81	136	34	(5)	0
15-18...........	1,115	27	4	3	342	331	38	96	170	28	11	10
19-22...........	850	16	4	2	458	386	95	101	164	25	73	71
23-34...........	2,393	19	5	2	620	511	216	130	145	20	109	97
35-50...........	2,228	21	6	2	773	659	410	140	97	13	114	98
51-64...........	1,923	24	6	2	744	665	470	131	56	8	78	63
65-74...........	932	28	6	2	670	630	445	133	43	9	41	33
75 AND OVER.....	399	29	7	1	612	578	423	107	30	18	34	25
FEMALES:												
9-11............	795	23	3	4	206	206	3	54	119	30	(5)	0
12-14...........	905	23	3	6	250	250	7	75	143	25	(5)	(5)
15-18...........	1,164	18	3	3	301	300	40	89	148	23	2	1
19-22...........	1,045	13	3	2	401	385	106	113	149	18	16	11
23-34...........	3,298	14	4	2	590	565	244	161	146	14	25	15
35-50...........	3,114	16	4	2	740	718	430	165	112	11	22	11
51-64...........	2,542	17	3	1	691	670	448	152	59	10	22	14
65-74...........	1,207	20	4	1	570	560	364	150	38	9	9	5
75 AND OVER.....	688	22	3	1	522	514	340	141	24	9	8	4
ALL INDIVIDUALS...	4/30,215	20	4	2	514	480	238	117	107	18	34	27

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6I-3.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, WHITES, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES								
						NONALCOHOLIC BEVERAGES						ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES		TOTAL	BEER, ALE
	NUMBER	PERCENT											
MALES AND FEMALES:													
UNDER 1..........	4/322	20.2	9.0	0.5	13.8	13.8	0.0	4.2	7.7	4.6		0.0	0.0
1-2..............	4/814	74.6	39.0	19.2	65.0	65.0	.8	19.3	47.6	21.1		.3	.3
3-5..............	1,327	80.4	44.6	20.5	75.0	74.8	1.5	21.9	57.7	19.5		.4	.1
6-8..............	1,482	80.5	45.7	19.1	72.4	72.2	1.9	24.8	53.5	19.0		.5	.0
MALES:													
9-11.............	750	78.3	45.8	19.3	73.3	73.3	3.2	24.5	54.5	19.1		.6	.0
12-14............	923	76.5	45.6	17.5	72.0	72.0	5.9	28.7	51.4	17.9		.4	.0
15-18............	1,115	70.3	43.7	12.9	76.2	75.7	15.3	28.2	53.6	14.4		3.2	2.8
19-22............	850	60.4	38.3	8.0	81.0	76.7	27.7	26.8	50.0	11.3		15.6	14.4
23-34............	2,393	62.7	44.0	7.5	90.0	86.6	50.6	36.1	48.7	8.6		27.1	21.5
35-50............	2,228	67.6	49.2	6.9	95.4	93.7	76.6	38.4	36.6	7.8		29.2	21.6
51-64............	1,923	72.7	51.6	8.0	94.9	93.9	83.0	38.8	24.8	5.2		23.8	13.5
65-74............	932	79.2	54.8	8.9	95.8	95.5	86.5	39.2	18.6	6.3		15.4	9.5
75 AND OVER......	399	78.1	62.2	7.3	94.1	93.2	87.6	35.8	17.2	8.3		11.5	6.8
FEMALES:													
9-11.............	795	77.8	47.1	19.8	71.3	71.3	2.8	26.3	52.4	17.8		.2	.0
12-14............	905	71.7	41.2	20.3	74.9	74.7	4.9	29.9	57.6	16.3		.6	.1
15-18............	1,164	64.4	39.3	14.6	79.2	78.9	15.6	31.3	57.4	14.0		1.1	.5
19-22............	1,045	62.3	44.0	9.8	85.3	84.3	34.1	37.1	51.2	11.9		9.5	4.2
23-34............	3,298	66.2	46.1	9.9	93.4	92.5	53.9	47.4	54.2	9.1		14.2	5.1
35-50............	3,114	66.6	47.1	9.8	97.0	96.5	80.3	46.4	45.4	7.2		14.0	4.3
51-64............	2,542	66.4	42.4	8.4	96.8	96.5	85.5	46.9	29.2	6.2		12.8	4.4
65-74............	1,207	73.5	49.1	8.2	97.3	97.2	87.3	48.3	18.9	6.6		7.4	1.7
75 AND OVER......	688	73.2	44.9	8.0	94.3	94.3	82.6	48.4	14.7	6.7		5.4	1.0
ALL INDIVIDUALS...	4/30,215	69.4	45.4	11.4	86.7	85.9	49.3	36.9	43.0	10.7		12.0	6.7

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6J-1.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/68	8	1	(5)	49	49	0	17	16	15	0	0
1-2..............	4/158	8	2	1	165	165	4	18	113	30	0	0
3-5..............	276	16	3	3	254	254	1	27	184	42	0	0
6-8..............	255	20	3	1	263	263	2	28	191	41	0	0
MALES:												
9-11.............	137	20	4	2	311	311	3	48	217	43	0	0
12-14............	173	29	4	3	361	361	5	73	228	54	0	0
15-18............	226	18	4	2	443	442	22	91	266	64	1	1
19-22............	136	11	4	(5)	483	447	49	61	283	55	36	29
23-34............	229	17	7	1	696	593	110	105	321	57	103	92
35-50............	254	15	6	1	754	618	226	119	237	38	135	122
51-64............	195	23	9	(5)	658	589	273	105	189	22	69	61
65-74............	99	14	7	1	467	435	204	65	141	26	32	24
75 AND OVER......	62	16	6	1	423	408	253	31	93	32	15	13
FEMALES:												
9-11.............	154	29	4	2	275	275	2	63	173	38	0	0
12-14............	172	18	3	2	302	302	8	47	209	37	0	0
15-18............	243	18	4	2	424	422	23	47	303	50	2	1
19-22............	192	10	3	1	463	457	59	53	313	33	5	2
23-34............	421	12	5	1	564	534	126	81	289	39	30	23
35-50............	493	12	6	1	565	549	230	107	178	33	16	13
51-64............	331	11	5	(5)	532	522	238	106	154	25	11	10
65-74............	151	16	7	1	480	477	231	114	101	32	4	3
75 AND OVER......	59	13	8	1	397	386	225	69	73	19	12	12
ALL INDIVIDUALS...	4/4,485	16	5	1	460	436	111	74	212	39	24	21

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6J-1.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/68	28.2	17.6	1.4	21.0	21.0	0.0	6.9	13.8	5.1	0.0	0.0
1-2..............	4/158	57.0	36.4	9.8	83.4	83.4	2.7	15.5	64.6	23.9	.0	.0
3-5..............	276	69.2	41.0	11.9	85.3	85.3	1.7	17.3	73.8	21.6	.0	.0
6-8..............	255	67.4	42.2	7.4	83.4	83.4	2.2	18.9	68.3	24.5	.0	.0
MALES:												
9-11.............	137	67.3	44.7	10.0	82.8	82.8	3.4	22.5	68.5	21.9	.0	.0
12-14............	173	69.4	48.8	12.2	88.5	88.5	5.4	31.7	74.6	23.8	.0	.0
15-18............	226	66.6	46.7	6.6	87.1	87.1	12.0	34.8	74.8	21.3	.4	.4
19-22............	136	55.8	44.7	2.5	99.1	96.7	25.3	36.0	79.9	25.1	13.2	7.9
23-34............	229	62.5	51.7	5.1	98.1	95.8	42.4	33.9	82.7	24.6	24.4	20.6
35-50............	254	68.1	60.9	3.1	98.5	97.4	68.4	35.8	71.3	17.9	18.0	13.5
51-64............	195	76.9	68.8	2.2	90.3	89.3	72.3	33.9	59.4	12.7	16.2	14.8
65-74............	99	74.2	63.2	1.7	87.3	86.4	65.1	26.7	45.8	10.8	15.8	3.8
75 AND OVER......	62	71.7	58.4	5.4	93.9	91.9	75.3	23.1	25.3	11.8	5.0	3.4
FEMALES:												
9-11.............	154	70.7	46.8	12.2	88.7	88.7	2.8	25.4	72.3	18.2	.0	.0
12-14............	172	60.1	37.2	10.4	85.9	85.9	6.6	25.5	70.6	19.2	.0	.0
15-18............	243	64.1	43.3	9.7	91.7	91.7	15.7	26.9	83.0	24.2	2.0	.9
19-22............	192	64.4	43.8	4.3	94.3	94.3	27.6	25.1	83.1	19.2	5.0	1.9
23-34............	421	67.2	50.9	4.0	93.9	93.4	40.6	34.7	80.7	19.2	9.8	6.0
35-50............	493	66.7	59.2	3.2	93.3	93.1	62.6	39.6	63.0	17.3	7.8	5.4
51-64............	331	67.7	60.7	3.7	94.8	93.8	71.3	47.0	56.7	14.6	3.6	2.4
65-74............	151	80.0	70.0	2.5	91.4	91.4	76.2	42.6	34.1	9.7	3.2	2.3
75 AND OVER......	59	69.5	63.9	4.3	93.1	91.5	81.4	25.3	31.1	10.0	1.6	1.6
ALL INDIVIDUALS...	4/4,485	66.5	51.0	6.0	90.0	89.5	35.6	30.9	67.8	19.0	6.3	4.4

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6J-2.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
		TOTAL	SUGAR	CANDY	TOTAL	NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
						TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/68	(5)	(5)	0	0	0	0	0	0	0	0	0
1-2............	4/158	(5)	(5)	(5)	9	9	0	1	8	1	0	0
3-5............	276	3	(5)	1	17	17	(5)	1	14	1	0	0
6-8............	255	8	(5)	1	21	21	(5)	2	14	4	0	0
MALES:												
9-11...........	137	9	(5)	1	28	28	0	1	21	5	0	0
12-14..........	173	7	(5)	2	37	37	0	3	31	4	0	0
15-18..........	226	5	(5)	1	76	76	5	4	58	10	0	0
19-22..........	136	2	(5)	(5)	105	98	3	10	67	18	6	3
23-34..........	229	4	1	1	198	171	32	31	100	9	26	20
35-50..........	254	1	1	(5)	164	141	40	18	80	4	23	19
51-64..........	195	1	1	(5)	90	90	25	7	53	5	(5)	0
65-74..........	99	1	(5)	0	28	28	2	7	15	4	0	0
75 AND OVER.....	62	(5)	(5)	0	8	6	6	0	0	0	2	2
FEMALES:												
9-11...........	154	8	(5)	1	25	25	0	(5)	21	4	0	0
12-14..........	172	6	(5)	1	36	36	1	2	28	5	0	0
15-18..........	243	4	(5)	1	82	81	1	2	72	6	1	1
19-22..........	192	2	(5)	(5)	106	105	7	9	83	6	1	0
23-34..........	421	1	(5)	(5)	98	88	18	9	56	6	9	5
35-50..........	493	2	(5)	1	68	67	22	10	33	2	1	(5)
51-64..........	331	2	(5)	(5)	36	36	12	7	14	3	(5)	0
65-74..........	151	1	(5)	0	12	12	4	2	4	1	(5)	0
75 AND OVER.....	59	0	0	0	6	6	0	0	2	4	0	0
ALL INDIVIDUALS...	4/4,485	3	(5)	1	67	63	11	7	40	5	4	3

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6J-2.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/68	1.3	1.3	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
1-2..............	4/158	3.4	1.5	1.9	11.8	11.8	.0	1.5	10.1	1.7	.0	.0
3-5..............	276	11.8	2.1	2.2	16.7	16.7	.4	.7	15.3	1.7	.0	.0
6-8..............	255	20.2	3.7	2.6	16.5	16.5	.4	1.8	12.4	3.6	.0	.0
MALES:												
9-11.............	137	19.0	2.4	3.3	19.2	19.2	.0	1.0	14.1	5.6	.0	.0
12-14............	173	16.5	2.0	8.3	25.0	25.0	.0	2.2	19.4	4.0	.0	.0
15-18............	226	14.1	2.9	5.5	34.1	34.1	2.7	3.4	27.4	5.0	.0	.0
19-22............	136	7.1	3.9	2.5	43.5	42.1	3.3	8.5	33.2	7.0	3.3	1.4
23-34............	229	17.8	16.5	3.7	60.0	57.5	13.4	12.7	44.2	4.9	9.6	5.4
35-50............	254	16.7	16.1	1.1	51.6	50.6	25.7	7.6	34.4	1.1	7.0	5.4
51-64............	195	13.2	12.0	.6	36.7	36.7	13.5	3.8	28.4	3.2	.4	.0
65-74............	99	6.8	5.2	.0	14.0	14.0	2.5	4.3	8.9	4.5	.0	.0
75 AND OVER......	62	3.9	3.9	.0	5.3	3.9	3.9	.0	.0	.0	1.4	1.4
FEMALES:												
9-11.............	154	20.7	2.9	6.4	19.6	19.6	.0	.5	16.9	4.3	.0	.0
12-14............	172	16.5	1.3	5.3	23.3	23.3	.8	1.9	16.8	4.9	.0	.0
15-18............	243	13.5	2.6	4.6	37.6	36.8	1.2	1.7	35.0	4.5	1.3	.9
19-22............	192	12.2	7.6	2.3	39.5	39.5	5.5	4.7	34.6	4.1	1.3	.0
23-34............	421	13.7	10.9	.8	42.3	41.3	11.8	8.0	32.4	4.2	4.4	1.9
35-50............	493	13.1	11.2	1.8	31.3	31.1	12.9	6.5	18.7	2.2	1.0	.2
51-64............	331	9.6	8.0	.5	24.4	24.4	8.8	6.3	10.3	2.2	1.2	.0
65-74............	151	5.7	3.3	.0	9.3	8.8	3.5	2.5	1.9	1.4	.5	.0
75 AND OVER......	59	.0	.0	.0	3.3	3.3	.0	.0	1.5	1.8	.0	.0
ALL INDIVIDUALS...	4/4,485	13.0	6.9	2.5	29.8	29.4	6.7	4.5	21.8	3.3	1.8	.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6J-3.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1	4/68	8	1	(5)	49	49	0	17	16	15	0	0
1-2	4/158	8	2	1	156	156	4	17	106	29	0	0
3-5	276	13	3	2	238	238	1	27	169	40	0	0
6-8	255	12	3	1	242	242	2	26	177	37	0	0
MALES:												
9-11	137	11	4	1	283	283	3	47	196	38	0	0
12-14	173	22	4	1	323	323	5	71	197	51	0	0
15-18	226	13	4	(5)	366	366	17	86	208	55	1	1
19-22	136	9	4	0	379	349	46	51	216	36	30	26
23-34	229	13	5	(5)	498	422	79	74	221	48	[illegible]	72
35-50	254	14	5	1	590	477	186	101	157	34	113	103
51-64	195	22	9	(5)	567	499	248	98	136	17	69	61
65-74	99	13	6	1	439	408	202	58	126	21	32	24
75 AND OVER	62	16	6	1	415	401	247	31	93	32	13	11
FEMALES:												
9-11	154	21	4	1	251	251	2	62	152	35	0	0
12-14	172	12	3	1	266	266	7	45	181	32	0	0
15-18	243	13	4	1	342	342	23	45	230	44	1	0
19-22	192	8	2	(5)	357	353	52	44	230	27	4	2
23-34	421	11	4	(5)	466	445	108	72	233	33	21	18
35-50	493	10	5	1	497	481	268	98	145	31	15	13
51-64	331	9	4	(5)	496	486	226	98	140	22	10	10
65-74	151	15	6	1	468	465	226	111	96	31	4	3
75 AND OVER	59	13	8	1	392	380	225	69	71	15	12	12
ALL INDIVIDUALS	4/4,485	13	4	1	393	373	100	67	172	34	20	18

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6J-3.2.--SUGAR, SWEETS; BEVERAGES 1/
PERCENTAGE OF INDIVIDUALS USING, 2/ 3/ 1977-78

48 STATES, ALL URBANIZATIONS, ALL INCOMES, BLACKS, FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	---	---	---	---	---	PERCENT	---	---	---	---	---
MALES AND FEMALES:												
UNDER 1..........	4/68	28.2	16.2	1.4	21.0	21.0	0.0	6.9	13.8	5.1	0.0	0.0
1-2..............	4/158	54.6	35.5	7.9	82.9	82.9	2.7	14.5	63.6	23.2	.0	.0
3-5..............	276	62.7	40.8	9.7	83.9	83.9	1.3	17.0	71.2	19.9	.0	.0
6-8..............	255	60.2	40.2	5.2	81.7	81.7	1.7	18.4	65.9	21.7	.0	.0
MALES:												
9-11.............	137	60.5	44.1	7.4	80.8	80.8	3.4	22.0	65.6	17.3	.0	.0
12-14............	173	63.4	47.8	5.3	86.2	86.2	5.4	30.4	67.9	20.4	.0	.0
15-18............	226	59.0	44.6	1.1	85.1	84.6	9.9	33.4	68.4	18.7	.4	.4
19-22............	136	51.7	40.7	.0	91.9	89.5	23.9	30.4	70.1	18.1	11.7	6.4
23-34............	229	55.6	43.5	1.5	91.8	88.2	33.9	26.7	65.4	22.6	19.0	18.7
35-50............	254	62.4	54.2	2.1	95.4	92.0	58.2	33.2	55.4	16.9	15.6	11.7
51-64............	195	72.3	64.2	1.6	87.7	85.0	68.3	31.3	49.1	10.2	16.2	14.8
65-74............	99	72.6	62.3	1.7	87.3	84.7	63.5	24.9	39.9	7.2	15.8	3.8
75 AND OVER......	62	71.7	58.4	5.4	93.9	91.9	75.3	23.1	25.3	11.8	5.0	3.4
FEMALES:												
9-11.............	154	63.9	44.7	7.7	82.7	82.7	2.8	25.4	65.5	15.0	.0	.0
12-14............	172	53.1	36.7	7.5	82.7	82.7	6.6	24.4	66.4	16.9	.0	.0
15-18............	243	58.8	42.2	6.6	89.8	89.8	15.7	25.2	76.2	22.1	.8	.0
19-22............	192	57.6	39.5	2.0	86.5	86.5	24.6	23.0	68.6	16.1	4.4	1.9
23-34............	421	62.8	45.8	3.2	90.9	90.1	35.7	31.2	72.1	15.2	6.4	4.4
35-50............	493	62.7	56.0	1.4	92.4	91.9	60.0	36.4	56.8	15.4	7.1	5.2
51-64............	331	65.7	58.4	3.7	93.3	92.3	70.6	43.1	52.6	12.8	2.4	2.4
65-74............	151	77.8	69.3	2.5	90.7	90.7	76.2	42.0	34.1	9.1	2.7	2.3
75 AND OVER......	59	69.5	63.9	4.3	93.1	91.5	81.4	25.3	29.6	10.0	1.6	1.6
ALL INDIVIDUALS...	4/4,485	61.6	48.1	3.9	87.5	86.6	33.3	28.6	60.9	16.6	5.3	4.0

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 6K-1.1.--SUGAR, SWEETS; BEVERAGES[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] SPRING 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	[4]/75	18	(5)	0	51	51	0	6	26	18	0	0
1-2.............	[4]/246	18	2	2	185	184	1	32	109	42	(5)	(5)
3-5.............	404	28	3	3	237	236	1	40	163	33	(5)	(5)
6-8.............	428	32	3	4	273	273	2	51	172	47	0	0
MALES:												
9-11............	196	35	4	7	339	339	6	66	215	52	(5)	0
12-14...........	296	39	4	7	359	359	13	110	189	46	(5)	0
15-18...........	365	30	5	5	560	543	46	110	330	57	17	16
19-22...........	256	23	5	3	775	646	118	132	351	46	129	122
23-34...........	708	20	6	2	965	778	308	168	275	27	187	169
35-50...........	714	24	7	2	983	832	487	156	171	18	151	126
51-64...........	579	25	6	2	909	809	538	156	101	13	101	80
65-74...........	270	25	5	1	710	658	442	129	72	14	53	46
75 AND OVER.....	114	30	7	1	629	597	436	104	29	28	31	26
FEMALES:												
9-11............	222	32	4	6	313	313	4	70	199	40	0	0
12-14...........	295	30	3	7	377	377	11	77	239	50	(5)	0
15-18...........	374	25	4	5	453	445	56	99	251	39	7	5
19-22...........	300	16	3	3	582	545	127	108	280	30	38	32
23-34...........	865	16	5	2	741	687	261	174	227	25	54	33
35-50...........	838	18	5	2	820	786	426	189	153	18	34	16
51-64...........	715	18	4	1	759	732	451	174	93	14	27	17
65-74...........	346	20	4	1	610	601	373	156	56	16	9	4
75 AND OVER.....	173	23	4	1	533	526	326	139	43	17	9	5
ALL INDIVIDUALS...	[4]/8,780	23	5	3	651	597	257	131	181	29	54	43

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977

TABLE 6K-1.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ SPRING 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/75	28.8	12.7	0.0	29.3	29.3	0.0	9.1	21.4	7.1	0.0	0.0
1-2..............	4/246	71.0	38.2	15.7	76.8	76.8	1.6	25.4	60.9	26.9	.8	.8
3-5..............	404	81.7	45.9	20.6	83.9	83.9	1.1	25.6	72.3	24.0	.3	.3
6-8..............	428	84.9	47.5	20.5	87.8	87.8	2.6	27.9	71.4	32.4	.0	.0
MALES:												
9-11.............	196	81.9	50.9	26.0	87.9	87.9	5.1	28.5	73.2	29.6	.6	.0
12-14............	296	80.6	50.9	22.2	85.9	85.9	8.3	37.9	69.3	23.5	.5	.0
15-18............	365	76.0	50.0	18.6	94.5	94.5	17.4	35.1	80.4	25.9	5.3	5.0
19-22............	256	63.4	43.7	9.0	94.3	93.5	34.3	36.6	76.1	16.6	27.3	23.3
23-34............	708	67.5	49.7	9.3	97.5	96.0	61.7	42.7	74.1	13.4	37.1	30.2
35-50............	714	71.9	54.2	7.5	97.9	97.5	79.2	42.7	55.0	11.0	34.9	23.7
51-64............	579	70.3	51.2	7.5	97.2	96.7	87.6	45.5	41.1	7.9	27.8	18.3
65-74............	270	82.3	60.7	7.9	97.3	96.2	87.8	47.2	25.4	7.5	20.0	13.3
75 AND OVER......	114	73.3	60.5	5.6	95.1	95.1	86.8	34.1	19.2	11.8	14.3	9.0
FEMALES:												
9-11.............	222	80.8	51.3	26.9	89.5	89.5	4.2	31.9	71.5	25.7	.0	.0
12-14............	295	75.0	42.4	27.2	88.8	88.8	6.0	33.7	78.8	29.3	1.1	.0
15-18............	374	71.1	42.6	22.0	89.9	89.3	17.9	38.1	78.4	24.5	4.4	1.8
19-22............	300	69.0	48.3	11.9	92.0	91.2	35.0	40.0	72.0	19.6	15.5	9.6
23-34............	865	68.6	49.6	10.5	97.8	97.6	58.0	51.9	73.3	16.3	22.9	9.8
35-50............	838	70.8	55.0	9.2	97.9	97.6	76.4	55.1	57.4	12.7	18.2	5.8
51-64............	715	64.8	45.5	8.5	97.4	97.0	86.1	50.9	40.9	9.2	16.8	5.9
65-74............	346	75.1	53.2	6.2	98.8	98.3	86.9	53.0	23.8	8.8	8.9	2.5
75 AND OVER......	173	73.1	49.6	5.3	95.1	94.6	80.8	42.9	24.4	8.6	7.4	1.2
ALL INDIVIDUALS...	4/8,780	72.3	49.4	12.8	93.4	93.0	50.7	42.0	60.1	16.8	16.2	9.5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

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TABLE 6K-2.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SPRING 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1	4/75	0	0	0	1	1	0	(5)	1	0	0	0
1-2	4/246	2	(5)	(5)	29	29	(5)	4	22	3	0	0
3-5	404	4	(5)	1	42	42	(5)	3	35	4	0	0
6-8	428	9	(5)	1	52	52	(5)	5	42	5	0	0
MALES:												
9-11	196	10	(5)	3	85	85	1	6	70	8	0	0
12-14	296	9	(5)	3	65	66	(5)	5	55	5	0	0
15-18	365	7	(5)	2	164	158	6	9	133	11	5	4
19-22	256	6	1	1	296	223	30	20	167	6	73	68
23-34	708	4	1	1	359	274	118	22	128	5	86	76
35-50	714	4	1	1	283	234	142	22	67	3	49	39
51-64	579	3	1	1	165	144	90	17	36	1	22	19
65-74	270	3	(5)	(5)	66	55	42	7	5	1	11	8
75 AND OVER	114	1	(5)	0	41	38	31	3	2	2	2	1
FEMALES:												
9-11	222	8	(5)	3	58	58	0	6	45	5	0	0
12-14	295	8	(5)	3	95	95	0	7	77	11	(5)	0
15-18	374	6	(5)	2	143	139	18	10	100	10	4	3
19-22	300	4	1	2	197	174	27	23	118	6	23	20
23-34	865	3	1	1	188	162	60	26	70	6	27	15
35-50	838	3	1	(5)	133	125	60	24	39	2	9	4
51-64	715	3	(5)	(5)	97	91	61	14	15	1	6	4
65-74	346	3	(5)	(5)	50	48	32	9	5	2	2	(5)
75 AND OVER	173	(5)	(5)	0	28	25	14	6	4	1	2	0
ALL INDIVIDUALS	4/8,780	4	1	1	149	129	50	15	61	4	20	16

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 6K-2.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ SPRING 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/75	0.0	0.0	0.0	2.4	2.4	0.0	1.1	1.3	0.0	0.0	0.0
1-2..............	4/246	11.4	4.3	2.4	30.2	30.2	.4	4.1	25.4	4.6	.0	.0
3-5..............	404	17.5	4.8	4.6	34.9	34.9	.3	3.8	29.8	4.3	.0	.0
6-8..............	428	26.9	3.8	6.3	33.2	33.2	.6	3.4	23.4	5.4	.0	.0
MALES:												
9-11.............	196	24.2	2.2	11.2	41.3	41.3	.4	5.5	35.7	8.1	.0	.0
12-14............	296	22.5	3.8	10.2	32.7	32.7	.4	3.1	28.5	5.4	.0	.0
15-18............	365	19.7	4.3	9.6	52.2	51.8	3.8	6.3	45.0	5.7	2.8	2.5
19-22............	256	18.2	10.2	4.2	59.7	56.5	14.6	11.1	49.6	2.3	17.8	14.2
23-34............	708	24.7	17.7	4.5	74.2	70.2	35.4	12.6	50.9	4.3	20.5	15.0
35-50............	714	25.5	19.2	3.3	63.5	60.2	41.8	11.4	32.4	2.1	18.3	10.6
51-64............	579	17.5	12.8	1.7	51.4	49.2	34.9	11.2	17.5	.5	9.4	5.9
65-74............	270	15.1	9.9	1.7	31.1	29.7	23.7	5.7	4.9	1.1	7.9	3.4
75 AND OVER......	114	6.5	1.9	.0	21.6	20.5	15.2	2.5	2.8	1.0	3.6	.7
FEMALES:												
9-11.............	222	24.2	4.7	11.2	34.6	34.6	.0	5.0	29.7	5.7	.0	.0
12-14............	295	25.4	3.5	15.1	44.2	44.2	.0	5.5	38.0	8.7	1.1	.0
15-18............	374	20.2	4.9	11.3	49.7	49.5	4.9	7.0	43.4	7.2	3.1	1.3
19-22............	300	18.8	11.0	4.9	60.2	56.5	11.7	14.4	47.2	5.1	10.8	6.6
23-34............	865	21.3	14.8	3.0	61.0	58.7	26.9	15.4	39.1	4.4	13.4	5.1
35-50............	838	19.3	13.8	1.9	51.5	50.1	28.8	13.8	24.2	2.2	8.6	2.1
51-64............	715	14.9	9.7	2.3	42.3	40.4	27.9	11.1	11.9	1.4	5.7	1.5
65-74............	346	11.9	5.5	1.6	29.6	29.1	20.1	7.9	4.5	1.5	4.1	.3
75 AND OVER......	173	3.8	3.0	.0	20.9	20.9	12.6	4.5	4.0	.6	4.7	.0
ALL INDIVIDUALS...	4/8,780	19.5	10.0	4.7	48.3	46.7	19.4	9.4	29.5	3.6	8.1	4.2

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 6K-3.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SPRING 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/75	18	(5)	0	49	49	0	6	25	18	0	0
1-2..............	4/246	16	2	2	156	156	1	29	87	40	(5)	(5)
3-5..............	404	24	3	2	195	195	1	37	129	28	(5)	(5)
6-8..............	428	23	3	3	221	221	2	46	130	42	0	0
MALES:												
9-11.............	196	25	4	4	254	254	5	60	145	44	(5)	0
12-14............	296	29	4	4	293	293	13	105	134	41	(5)	0
15-18............	365	23	5	3	396	384	39	102	197	46	12	12
19-22............	256	17	4	1	479	424	87	112	184	40	55	55
23-34............	708	16	4	1	605	504	190	146	147	21	101	93
35-50............	714	20	5	1	700	597	345	134	104	15	103	87
51-64............	579	22	5	1	743	665	449	138	65	12	78	61
65-74............	270	22	[illegible]	1	645	603	400	122	68	13	42	39
75 AND OVER......	114	29	7	1	588	559	405	101	26	27	29	25
FEMALES:												
9-11.............	222	24	4	4	256	256	4	64	153	35	0	0
12-14............	295	21	3	4	282	282	11	70	162	39	0	0
15-18............	374	19	3	3	318	307	38	89	151	28	3	2
19-22............	300	12	3	1	385	370	99	85	162	24	14	12
23-34............	865	13	4	1	553	525	201	149	157	19	28	17
35-50............	838	15	4	1	687	661	366	165	114	16	25	13
51-64............	715	16	4	1	662	641	390	160	78	13	21	13
65-74............	346	17	3	1	559	553	341	148	51	14	6	4
75 AND OVER......	173	22	4	1	508	501	312	134	39	16	7	5
ALL INDIVIDUALS...	4/8,780	19	4	2	501	468	207	117	120	24	33	27

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 6K-3.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ SPRING 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1	4/75	28.8	12.7	0.0	26.9	26.9	0.0	8.0	20.1	7.1	0.0	0.0
1-2	4/246	70.4	36.9	14.5	69.9	69.9	1.2	22.8	51.5	23.4	.8	.8
3-5	404	79.1	43.8	17.4	78.3	78.3	.9	23.8	61.5	20.7	.3	.3
6-8	428	79.7	45.0	15.8	81.7	81.7	2.0	26.6	62.1	28.2	.0	.0
MALES:												
9-11	196	75.0	49.4	16.8	80.7	80.7	4.6	24.9	61.0	25.8	.6	.0
12-14	296	74.6	48.8	13.7	80.1	80.1	7.9	36.0	56.7	19.4	.5	.0
15-18	365	68.4	47.3	11.0	85.3	84.8	15.2	32.5	63.2	22.0	3.2	3.2
19-22	256	56.3	39.2	5.2	87.0	83.5	25.4	31.7	54.0	15.7	14.5	13.1
23-34	708	59.6	43.3	5.1	89.2	86.3	47.9	37.4	51.9	9.6	25.1	20.3
35-50	714	66.9	50.2	4.6	95.0	93.3	69.8	39.4	38.6	9.1	24.6	17.0
51-64	579	66.9	48.5	5.8	94.5	92.8	80.4	41.9	32.0	7.6	23.1	14.2
65-74	270	80.0	59.6	6.2	96.5	95.4	85.7	45.0	23.7	6.8	15.7	12.1
75 AND OVER	114	73.3	60.5	5.6	94.2	94.2	86.8	32.4	18.2	11.8	12.4	9.0
FEMALES:												
9-11	222	78.6	48.2	19.0	80.7	80.7	4.2	28.1	60.2	21.5	.0	.0
12-14	295	69.5	41.0	15.2	80.2	80.2	6.0	30.7	63.2	24.1	.0	.0
15-18	374	63.7	40.6	13.5	82.9	82.5	16.0	34.8	62.8	18.7	1.2	.6
19-22	300	63.1	46.0	7.4	83.2	83.2	31.4	33.1	53.1	15.2	6.9	4.1
23-34	865	63.3	46.1	8.0	92.6	91.7	48.8	45.4	59.2	12.7	14.7	5.9
35-50	838	66.2	51.9	7.6	96.1	95.9	72.2	50.6	46.5	10.7	13.1	3.9
51-64	715	61.4	43.9	6.4	95.9	95.5	83.0	47.4	35.2	7.9	13.1	4.6
65-74	346	73.1	51.9	4.6	98.1	97.6	86.3	50.7	21.1	7.6	5.6	2.3
75 AND OVER	173	72.3	49.6	5.3	94.0	93.4	79.6	42.2	22.3	8.6	4.2	1.2
ALL INDIVIDUALS	4/8,780	67.6	46.6	9.0	88.7	87.8	46.0	38.3	47.9	14.0	11.2	6.6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SPRING 1977.

TABLE 6L-1.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SUMMER 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/120	1	(5)	0	14	14	0	2	8	4	0	0
1-2..............	4/249	20	2	3	175	175	1	37	101	37	(5)	(5)
3-5..............	425	24	3	3	248	248	2	53	148	46	(5)	0
6-8..............	454	28	3	3	283	283	3	67	177	35	(5)	0
MALES:												
9-11.............	233	29	3	4	355	354	4	71	232	47	1	0
12-14............	274	30	5	3	446	446	8	123	267	48	(5)	0
15-18............	320	30	5	3	540	525	30	127	314	53	15	14
19-22............	261	21	3	7	743	653	105	160	347	41	89	83
23-34............	655	19	6	3	939	762	229	176	318	39	177	156
35-50............	664	21	9	2	1,066	924	492	226	184	21	142	119
51-64............	520	27	7	2	936	810	500	179	109	23	125	98
65-74............	239	28	6	3	816	732	477	175	62	18	84	69
75 AND OVER......	118	22	7	(5)	666	642	436	117	60	28	24	22
FEMALES:												
9-11.............	265	27	4	3	297	296	3	71	176	46	(5)	0
12-14............	288	22	3	4	365	365	7	97	222	38	(5)	0
15-18............	382	20	4	4	514	510	38	124	310	38	4	3
19-22............	372	14	3	3	601	557	114	126	283	34	43	27
23-34............	975	17	5	1	762	725	267	202	228	28	38	23
35-50............	936	15	5	2	853	822	440	192	168	22	30	19
51-64............	751	17	4	1	761	729	436	193	85	16	32	20
65-74............	342	18	4	1	629	611	362	169	69	12	17	11
75 AND OVER......	194	21	3	1	571	569	347	172	33	17	2	0
ALL INDIVIDUALS...	4/9,037	21	5	2	661	612	243	151	189	30	49	38

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

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TABLE 6L-1.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ SUMMER 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/120	14.3	8.0	0.0	14.2	14.2	0.0	5.0	6.9	3.8	0.0	0.0
1-2.............	4/249	70.8	40.5	13.6	76.7	76.7	.4	26.0	58.7	28.2	.3	.3
3-5.............	425	79.0	47.7	17.2	87.1	87.1	1.6	27.6	69.5	27.5	.2	.0
6-8.............	454	79.5	48.2	18.3	84.4	84.2	2.7	31.9	68.1	23.5	.7	.0
MALES:												
9-11............	233	78.1	41.2	22.2	85.0	85.0	4.4	26.9	73.9	24.7	1.4	.0
12-14...........	274	81.8	51.3	15.8	89.4	89.4	6.3	37.3	72.9	27.6	.3	.0
15-18...........	320	76.3	47.3	14.3	90.3	89.6	15.2	32.8	76.8	19.8	5.7	4.4
19-22...........	261	68.5	40.8	17.8	96.8	95.7	30.0	43.0	79.3	20.2	24.1	22.5
23-34...........	655	70.4	49.7	10.7	97.2	95.8	53.3	44.0	73.6	15.1	35.8	29.2
35-50...........	664	75.7	60.3	7.3	97.0	96.9	83.4	50.6	54.5	11.6	31.7	24.1
51-64...........	520	77.5	58.4	4.8	96.7	96.4	83.2	47.1	40.5	12.0	33.5	21.5
65-74...........	239	75.3	52.6	11.2	96.3	96.3	87.6	39.0	28.1	11.6	22.9	12.2
75 AND OVER.....	110	72.1	58.9	.9	97.5	96.4	86.1	41.2	20.3	12.3	8.7	6.3
FEMALES:												
9-11............	265	73.2	46.8	19.9	83.2	83.2	3.0	34.5	67.5	25.5	.3	.0
12-14...........	288	73.5	43.9	21.1	83.9	83.5	5.7	35.4	69.1	22.5	1.0	.0
15-18...........	382	70.0	45.7	15.7	93.4	92.8	14.4	37.8	82.5	23.3	3.1	1.2
19-22...........	372	65.8	44.6	13.6	94.1	93.0	36.2	42.5	75.5	21.0	20.0	9.0
23-34...........	975	69.1	48.1	9.3	97.0	96.9	54.0	54.0	71.3	16.8	17.8	7.2
35-50...........	936	72.7	53.9	10.3	97.6	97.2	78.9	52.6	60.1	12.4	16.0	5.8
51-64...........	751	71.1	49.4	6.6	97.2	96.7	84.8	56.1	41.4	11.0	14.7	5.9
65-74...........	342	77.4	57.2	8.6	97.9	97.9	84.9	54.2	23.5	9.5	9.8	3.1
75 AND OVER.....	194	76.0	46.7	4.1	96.5	96.5	84.1	55.7	20.1	12.2	3.1	.0
ALL INDIVIDUALS...	4/9,037	72.7	49.5	11.6	92.5	92.1	48.6	43.8	59.9	17.1	14.8	8.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 6L-2.1.--SUGAR, SWEETS; BEVERAGES[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] SUMMER 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1	[4]/120	0	0	0	(5)	(5)	0	(5)	(5)	0	0	0
1-2	[4]/249	2	(5)	1	26	26	0	3	20	2	0	0
3-5	425	3	(5)	1	29	29	0	4	22	3	(5)	0
6-8	454	5	(5)	1	42	42	0	6	32	4	(5)	0
MALES:												
9-11	233	7	(5)	1	59	58	0	6	42	10	1	0
12-14	274	6	(5)	1	96	96	1	9	79	7	0	0
15-18	320	6	(5)	2	138	129	5	9	110	6	9	8
19-22	261	8	1	5	261	200	23	25	146	6	61	56
23-34	655	4	1	1	342	273	87	38	139	8	69	60
35-50	664	3	2	(5)	255	219	125	23	66	5	37	29
51-64	520	3	1	(5)	195	167	108	23	32	3	28	20
65-74	239	2	(5)	0	107	71	47	12	10	2	37	34
75 AND OVER	118	3	(5)	0	29	22	13	8	1	1	7	7
FEMALES:												
9-11	265	5	(5)	1	54	54	0	7	42	6	0	0
12-14	288	4	(5)	1	67	67	2	6	49	10	0	0
15-18	382	5	(5)	1	142	138	8	16	109	5	3	3
19-22	372	3	(5)	1	210	176	34	20	109	13	33	23
23-34	975	2	1	(5)	169	157	56	26	69	5	12	6
35-50	936	2	(5)	1	127	120	62	19	36	3	8	4
51-64	751	2	(5)	(5)	94	85	51	15	15	3	9	3
65-74	342	2	(5)	(5)	40	39	26	6	6	1	1	0
75 AND OVER	194	1	(5)	0	28	28	18	5	3	2	(5)	0
ALL INDIVIDUALS	[4]/9,037	3	1	1	139	122	44	17	57	5	17	13

[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 6L-2.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ SUMMER 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/120	0.0	0.0	0.0	1.7	1.7	0.0	0.8	0.9	0.0	0.0	0.0
1-2.............	4/249	12.0	5.0	4.5	26.7	26.7	.0	5.1	22.5	3.1	.0	.0
3-5.............	425	14.6	3.4	4.4	26.1	25.9	.0	4.4	20.9	3.4	.2	.0
6-8.............	454	17.9	5.2	5.6	28.4	28.2	.0	5.1	23.9	4.4	.2	.0
MALES:												
9-11............	233	19.6	3.4	9.1	32.7	32.3	.0	3.7	26.7	8.2	.4	.0
12-14...........	274	17.0	3.3	5.5	40.8	40.8	.7	4.1	35.9	6.0	.0	.0
15-18...........	320	17.3	4.5	5.6	47.0	46.3	3.5	4.7	42.0	3.2	3.0	2.4
19-22...........	261	24.3	10.0	12.7	63.9	61.3	12.3	13.0	51.3	5.9	15.7	14.1
23-34...........	655	25.5	18.4	4.7	70.1	67.0	28.7	15.7	47.1	3.7	21.5	15.5
35-50...........	664	28.7	24.3	1.6	61.7	60.8	40.5	13.1	29.5	1.7	13.5	8.9
51-64...........	520	20.7	14.6	1.6	53.4	50.6	36.6	14.1	18.8	2.1	13.2	7.0
65-74...........	239	9.8	6.9	.0	34.8	31.7	20.4	8.3	6.5	2.0	6.4	4.6
75 AND OVER.....	118	5.1	3.4	.0	19.3	15.7	10.8	4.2	.7	1.6	3.7	3.7
FEMALES:												
9-11............	265	18.7	4.2	6.8	34.0	34.0	.0	6.1	27.5	7.0	.0	.0
12-14...........	288	14.2	1.9	5.5	34.8	34.8	.4	4.7	27.2	6.9	.0	.0
15-18...........	382	18.7	5.7	7.3	54.3	53.2	4.4	9.0	46.1	4.9	2.8	1.2
19-22...........	372	19.9	12.4	7.5	63.4	58.7	11.6	12.9	49.3	8.4	15.9	7.3
23-34...........	975	19.2	13.0	2.8	59.5	58.0	23.4	17.3	37.3	4.5	8.5	3.3
35-50...........	936	18.9	13.3	2.8	51.2	48.7	26.6	13.2	21.5	2.8	7.5	2.3
51-64...........	751	16.2	10.7	1.8	41.5	40.3	23.8	10.4	13.3	4.2	6.2	1.9
65-74...........	342	9.8	3.0	.5	28.2	27.6	17.4	5.7	5.1	1.4	2.3	.0
75 AND OVER.....	194	7.8	1.4	.0	22.0	22.0	14.1	4.7	3.3	1.4	.4	.0
ALL INDIVIDUALS...	4/9,037	18.2	10.1	3.9	46.6	45.1	17.2	10.2	27.7	3.9	7.2	3.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 6L-3.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ SUMMER 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES								
						NONALCOHOLIC BEVERAGES						ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES		TOTAL	BEER, ALE
	NUMBER	---------	---------	---------	---------	---------	GRAMS	---------	---------	---------		---------	---------
MALES AND FEMALES:													
UNDER 1..........	4/120	1	(5)	0	14	14	0	2	8	4		0	0
1-2.............	4/249	17	2	2	150	150	1	34	80	35		(5)	(5)
3-5.............	425	21	3	2	219	219	2	49	126	43		0	0
6-8.............	454	23	3	2	241	241	3	61	146	31		(5)	0
MALES:													
9-11............	233	22	3	3	296	296	4	65	190	37		(5)	0
12-14...........	274	24	5	2	351	351	7	115	188	41		(5)	0
15-18...........	320	24	5	1	402	395	26	118	205	47		6	6
19-22...........	261	13	3	3	482	453	82	135	201	35		29	27
23-34...........	655	15	5	2	597	490	142	137	179	31		108	96
35-50...........	664	18	7	2	810	705	368	203	119	16		105	90
51-64...........	520	24	6	2	740	644	392	155	77	20		97	78
65-74...........	239	26	6	3	708	661	430	162	52	17		47	35
75 AND OVER.....	118	19	7	(5)	637	620	423	110	60	27		17	15
FEMALES:													
9-11............	265	21	3	2	243	243	3	65	134	40		(5)	0
12-14...........	288	18	3	3	299	298	5	92	173	29		(5)	0
15-18...........	382	14	4	2	372	372	30	108	200	33		(5)	0
19-22...........	372	11	3	2	391	381	81	106	173	21		10	4
23-34...........	975	14	4	1	593	568	211	176	159	23		25	17
35-50...........	936	13	4	2	725	702	378	173	132	19		23	15
51-64...........	751	16	4	1	667	644	384	178	69	13		23	17
65-74...........	342	15	4	1	588	572	336	162	63	11		16	11
75 AND OVER.....	194	20	3	1	543	541	329	167	30	15		1	0
ALL INDIVIDUALS...	4/9,037	17	4	2	522	491	199	134	132	25		32	26

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 6L-3.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING.2/3/ SUMMER 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/120	14.3	8.0	0.0	13.4	13.4	0.0	4.2	6.9	3.8	0.0	0.0
1-2.............	4/249	66.9	37.7	11.1	72.1	72.1	.4	22.7	52.9	26.6	.3	.3
3-5.............	425	73.8	46.1	12.8	82.9	82.9	1.6	25.0	64.2	25.2	.0	.0
6-8.............	454	75.2	46.3	14.3	79.0	78.7	2.7	29.1	58.5	20.2	.4	.0
MALES:												
9-11............	233	71.2	38.6	15.9	79.4	79.4	4.4	24.6	65.2	18.3	.9	.0
12-14...........	274	75.8	49.3	10.8	80.7	80.7	5.7	36.2	56.8	24.5	.3	.0
15-18...........	320	69.8	45.4	9.9	78.6	78.3	13.2	31.3	58.8	18.2	3.0	2.3
19-22...........	261	57.9	36.2	7.8	86.4	83.1	24.6	35.6	57.7	14.3	13.9	12.9
23-34...........	655	64.0	44.3	7.3	92.0	88.9	40.1	36.7	54.2	12.3	27.1	23.2
35-50...........	664	69.4	54.6	6.0	94.9	92.9	74.9	46.8	38.6	10.3	25.0	18.9
51-64...........	520	72.0	54.7	4.6	93.4	92.4	77.1	41.4	28.9	10.4	28.1	17.9
65-74...........	239	73.8	52.1	11.2	95.2	94.5	82.5	36.7	23.9	10.9	21.5	10.3
75 AND OVER.....	118	70.5	58.9	.9	97.5	96.4	86.1	40.5	20.3	10.7	6.5	4.1
FEMALES:												
9-11............	265	68.3	46.1	13.6	77.4	77.4	3.0	31.2	55.7	21.1	.3	.0
12-14...........	288	69.2	43.6	16.6	78.8	78.5	5.2	33.7	61.2	17.2	1.0	.0
15-18...........	382	64.1	43.8	10.3	84.1	83.9	13.1	33.7	66.0	19.5	.2	.0
19-22...........	372	55.6	36.9	7.3	87.6	86.4	27.8	36.1	57.9	15.1	7.5	3.2
23-34...........	975	64.4	44.6	7.0	94.0	93.8	47.0	49.4	57.4	13.1	13.2	5.1
35-50...........	936	69.8	52.2	8.3	97.0	96.6	76.1	47.9	50.6	9.9	11.7	4.6
51-64...........	751	68.2	47.1	5.2	95.9	95.4	82.9	53.0	33.1	8.1	9.5	4.1
65-74...........	342	75.8	56.9	8.2	97.6	97.6	84.9	52.1	27.6	8.4	7.9	3.1
75 AND OVER.....	194	74.3	46.7	4.1	95.4	95.4	83.6	55.7	16.9	10.8	2.7	.0
ALL INDIVIDUALS...	4/9,037	67.8	46.7	8.6	88.5	87.7	44.6	39.9	48.3	14.2	10.8	6.5

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, SUMMER 1977.

TABLE 6M-1.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ FALL 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	-----GRAMS-----										
MALES AND FEMALES:												
UNDER 1..........	4/105	5	(5)	(5)	13	13	0	4	3	5	0	0
1-2.............	4/256	17	2	3	130	130	1	23	85	21	0	0
3-5.............	482	23	2	4	191	191	1	33	131	27	(5)	0
6-8.............	487	30	3	5	203	203	2	44	126	31	(5)	0
MALES:												
9-11............	278	32	3	7	230	230	4	46	151	29	0	0
12-14...........	307	34	4	7	286	286	5	44	197	40	0	0
15-18...........	329	31	4	7	437	420	37	96	251	36	17	13
19-22...........	245	19	6	3	653	509	116	82	255	47	153	150
23-34...........	620	25	7	3	915	739	328	140	249	22	176	158
35-50...........	558	26	6	3	1,013	851	581	119	141	10	162	140
51-64...........	503	27	7	3	888	811	615	98	96	3	77	64
65-74...........	267	32	7	2	678	647	460	135	46	6	31	22
75 AND OVER.....	110	26	7	1	499	477	343	91	39	4	21	8
FEMALES:												
9-11............	245	30	3	5	208	208	3	47	131	27	0	0
12-14...........	297	29	2	7	254	253	6	52	166	29	(5)	(5)
15-18...........	363	23	2	4	376	371	36	68	239	27	5	4
19-22...........	308	16	4	3	534	495	112	115	250	18	39	28
23-34...........	1,066	16	4	2	704	666	296	150	203	17	37	23
35-50...........	1,037	18	5	2	819	792	480	155	144	13	27	14
51-64...........	774	18	4	1	781	754	526	131	84	13	27	16
65-74...........	354	25	5	1	612	603	387	159	43	14	9	4
75 AND OVER.....	198	23	4	2	535	521	365	120	31	5	14	11
ALL INDIVIDUALS...	4/9,196	23	4	3	593	550	274	104	151	19	44	35

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 6M-1.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ FALL 1977

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/105	23.6	11.5	1.7	10.2	10.2	0.0	2.3	5.0	2.9	0.0	0.0
1-2..............	4/256	74.8	40.3	21.0	67.1	67.1	1.2	15.6	55.3	18.4	.0	.0
3-5..............	482	81.2	41.0	24.4	78.7	78.7	1.7	18.3	67.1	20.2	.6	.0
6-8..............	487	81.8	45.5	21.8	77.4	77.4	1.8	23.1	62.0	20.6	.7	.0
MALES:												
9-11.............	278	84.2	46.5	23.7	77.2	77.2	1.8	23.3	62.2	19.1	.0	.0
12-14............	307	75.7	40.7	22.7	76.2	76.2	3.0	19.7	62.0	17.0	.0	.0
15-18............	329	70.9	41.1	18.2	84.5	84.5	15.4	30.8	67.5	17.0	3.6	3.4
19-22............	245	65.7	45.0	11.5	91.0	86.6	36.6	26.2	69.7	21.0	24.9	22.6
23-34............	626	70.1	54.5	12.0	98.5	96.4	66.6	39.4	69.8	9.9	35.7	26.4
35-50............	558	71.7	49.1	8.1	98.0	97.5	84.1	37.1	50.4	8.5	39.4	30.2
51-64............	503	78.4	56.7	11.5	97.0	96.7	91.0	36.0	35.8	1.6	24.6	16.2
65-74............	267	82.8	54.8	6.1	92.4	92.4	84.6	40.6	21.2	5.7	12.3	8.5
75 AND OVER......	110	79.9	64.5	7.0	90.8	89.6	83.3	37.6	16.9	.7	6.6	2.7
FEMALES:												
9-11.............	245	80.1	45.0	23.9	74.0	74.0	1.6	22.4	58.5	17.2	.0	.0
12-14............	297	76.3	37.8	26.1	82.2	82.2	4.4	25.5	66.6	18.8	.9	.2
15-18............	363	70.9	40.3	22.0	88.6	88.6	17.2	28.9	76.2	15.8	2.6	1.5
19-22............	308	66.9	49.1	15.1	92.9	91.9	37.2	40.3	72.9	9.3	15.9	6.2
23-34............	1,066	73.0	49.8	13.2	96.1	95.5	61.9	46.0	64.7	10.3	19.6	6.6
35-50............	1,037	70.0	48.4	11.8	97.3	97.3	84.3	45.1	57.4	8.9	17.2	5.1
51-64............	774	68.6	43.7	9.7	97.9	97.2	87.0	44.8	37.2	6.5	15.2	4.9
65-74............	354	77.1	53.2	6.1	96.8	96.8	87.3	48.6	20.9	8.1	7.9	.9
75 AND OVER......	198	79.9	46.0	14.1	95.8	95.4	82.1	47.5	18.9	5.9	4.4	2.4
ALL INDIVIDUALS...	4/9,196	73.5	47.0	14.7	89.6	89.1	51.2	35.3	54.7	11.6	14.0	7.6

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 6M-2.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ FALL 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/105	(5)	(5)	0	0	0	0	0	0	0	0	0
1-2.............	4/256	2	(5)	(5)	14	14	0	1	10	2	0	0
3-5.............	482	4	(5)	1	30	30	(5)	2	23	4	0	0
6-8.............	487	8	(5)	1	28	28	0	4	20	5	0	0
MALES:												
9-11............	278	9	(5)	1	35	35	0	3	29	3	0	0
12-14...........	307	10	(5)	2	51	51	0	3	44	4	0	0
15-18...........	329	8	(5)	4	137	129	5	12	102	10	8	7
19-22...........	245	4	1	2	206	168	22	17	110	20	37	36
23-34...........	626	4	1	1	288	228	103	20	103	2	60	52
35-50...........	558	4	2	(5)	255	226	154	22	48	1	30	23
51-64...........	503	3	1	(5)	177	162	126	12	22	1	15	10
65-74...........	267	3	(5)	(5)	55	49	40	7	1	(5)	6	2
75 AND OVER.....	110	2	(5)	0	63	63	47	2	13	0	1	0
FEMALES:												
9-11............	245	7	(5)	1	30	30	(5)	3	24	3	0	0
12-14...........	297	8	(5)	2	53	53	(5)	4	42	7	0	0
15-18...........	363	6	(5)	2	111	106	3	7	91	5	5	3
19-22...........	308	2	(5)	1	147	129	24	14	90	2	18	11
23-34...........	1,066	2	(5)	(5)	145	130	56	17	53	4	15	10
35-50...........	1,037	3	1	1	136	127	74	15	36	1	9	4
51-64...........	774	3	(5)	(5)	111	106	79	13	15	(5)	5	1
65-74...........	354	2	(5)	(5)	56	55	37	11	6	1	1	0
75 AND OVER.....	198	2	(5)	(5)	32	32	20	5	4	1	(5)	(5)
ALL INDIVIDUALS...	4/9,196	4	(5)	1	120	108	50	11	43	3	12	9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

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TABLE 6M-2.2.--SUGAR, SWEETS; BEVERAGES[1]
PERCENTAGE OF INDIVIDUALS USING,[2]/[3]/ FALL 1977

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/105	0.9	0.9	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0
1-2.............	4/256	10.0	1.7	3.1	17.8	17.8	.0	1.6	12.7	3.8	.0	.0
3-5.............	482	17.6	2.6	5.1	30.0	30.0	.3	2.0	25.3	5.6	.0	.0
6-8.............	487	25.3	3.5	5.7	23.6	23.6	.0	3.4	18.6	5.0	.0	.0
MALES:												
9-11............	278	27.5	2.1	4.9	23.9	23.9	.0	1.9	20.5	3.6	.0	.0
12-14...........	307	22.3	2.1	7.0	27.3	27.3	.0	2.2	23.5	3.6	.0	.0
15-18...........	329	18.7	2.7	9.4	46.4	46.1	3.8	6.2	40.5	5.5	1.8	1.4
19-22...........	245	15.8	10.1	4.5	57.8	52.7	10.3	9.4	40.8	7.0	13.5	10.4
23-34...........	626	27.2	19.8	6.2	70.6	67.5	38.7	11.7	43.1	1.7	19.5	12.5
35-50...........	558	27.9	21.6	1.7	65.1	62.2	46.2	12.8	25.0	1.2	13.2	8.4
51-64...........	503	18.5	13.9	1.5	47.4	45.3	36.5	7.8	12.8	.7	10.6	5.8
65-74...........	267	16.1	9.5	1.0	26.3	26.3	22.6	5.1	1.6	.8	5.9	1.8
75 AND OVER.....	110	11.6	10.4	.0	24.2	24.2	20.8	1.8	6.2	.0	.8	.0
FEMALES:												
9-11............	245	23.3	2.6	8.1	21.9	21.9	.3	2.1	18.2	3.2	.0	.0
12-14...........	297	24.0	1.5	8.7	31.8	31.8	.5	3.9	24.6	6.8	.0	.0
15-18...........	363	24.2	5.7	11.0	47.7	47.4	3.4	5.8	42.6	3.9	1.6	1.1
19-22...........	308	18.2	12.3	4.6	61.2	58.9	14.2	12.8	47.0	1.7	6.8	2.4
23-34...........	1,066	19.2	13.9	3.3	52.6	51.4	25.4	11.6	30.7	4.2	9.2	3.7
35-50...........	1,037	17.7	11.3	3.4	52.2	51.1	33.2	10.7	24.7	1.2	7.4	1.6
51-64...........	774	18.5	11.1	2.0	47.7	47.7	36.0	9.2	11.7	.4	4.8	.5
65-74...........	354	14.0	9.9	.9	36.4	35.4	24.8	9.7	4.5	.5	2.0	.0
75 AND OVER.....	198	12.6	6.2	1.2	25.6	25.2	17.1	5.3	5.1	1.6	.4	.4
ALL INDIVIDUALS...	4/9,196	19.9	9.8	4.2	44.0	43.0	20.4	7.7	24.0	2.8	6.0	2.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 6M-3.1.--SUGAR, SWEETS; BEVERAGES1/ AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ FALL 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1..........	4/105	5	(5)	(5)	13	13	0	4	3	5	0	0
1-2.............	4/256	15	2	2	116	116	1	22	75	19	0	0
3-5.............	482	19	2	4	162	162	1	31	107	23	(5)	0
6-8.............	487	22	3	4	175	175	2	41	106	27	(5)	0
MALES:												
9-11............	278	23	3	6	195	195	4	43	122	26	0	0
12-14...........	307	25	4	4	236	236	5	41	154	36	0	0
15-18...........	329	24	4	3	300	291	33	84	149	26	9	6
19-22...........	245	15	5	1	447	332	94	65	146	27	115	115
23-34...........	626	20	6	2	626	511	225	120	146	20	116	106
35-50...........	558	21	5	2	758	625	426	97	93	9	133	116
51-64...........	503	24	6	3	711	649	488	86	73	2	62	53
65-74...........	267	29	7	2	623	598	420	127	44	6	25	19
75 AND OVER.....	110	24	6	1	435	415	296	89	26	4	21	8
FEMALES:												
9-11............	245	23	2	4	178	178	2	44	108	24	0	0
12-14...........	297	21	2	5	201	200	5	49	124	22	(5)	(5)
15-18...........	363	17	2	2	265	265	33	61	149	22	1	(5)
19-22...........	308	14	4	3	387	366	89	101	160	16	21	17
23-34...........	1,066	14	4	2	559	536	240	132	150	13	22	13
35-50...........	1,037	15	5	2	684	665	406	140	107	12	18	9
51-64...........	774	15	4	1	669	647	447	118	69	13	22	15
65-74...........	354	23	4	1	556	548	349	148	37	14	8	4
75 AND OVER.....	198	21	4	2	503	489	345	114	26	4	14	11
ALL INDIVIDUALS...	4/9,196	19	4	2	473	442	224	93	108	16	32	26

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 6M-3.2.--SUGAR, SWEETS; BEVERAGES[1]
PERCENTAGE OF INDIVIDUALS USING,[2][3] FALL 1977

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	[4]/105	23.6	10.6	1.7	10.2	10.2	0.0	2.3	5.0	2.9	0.0	0.0
1-2.............	[4]/256	72.5	39.6	19.5	64.0	64.0	1.2	14.9	50.0	15.6	.0	.0
3-5.............	482	76.6	40.6	20.4	71.9	71.5	1.4	17.6	57.4	15.9	.6	.0
6-8.............	487	76.4	43.9	18.4	70.7	70.4	1.8	21.5	54.4	15.8	.7	.0
MALES:												
9-11............	278	77.2	44.8	19.7	70.8	70.8	1.8	22.2	51.9	15.7	.0	.0
12-14...........	307	71.5	39.8	18.5	68.6	68.6	3.0	18.7	53.1	14.7	.0	.0
15-18...........	329	66.0	40.3	11.0	73.8	73.5	14.0	28.2	47.7	12.7	2.9	2.7
19-22...........	245	63.0	41.8	7.0	79.0	73.5	32.6	19.2	50.0	14.7	16.7	15.2
23-34...........	626	63.9	49.0	7.3	90.7	87.5	53.2	34.3	48.4	9.1	25.9	20.9
35-50...........	558	64.2	44.0	7.0	95.7	93.6	75.6	31.9	37.9	7.2	34.4	25.3
51-64...........	503	75.3	54.5	10.0	94.9	93.2	86.1	31.0	27.6	.9	21.2	12.7
65-74...........	267	82.3	53.5	5.1	92.4	92.4	84.6	37.8	20.8	4.9	10.0	6.7
75 AND OVER.....	110	79.3	63.9	7.0	90.2	89.0	82.6	35.8	13.5	.7	5.9	2.7
FEMALES:												
9-11............	245	75.6	43.9	18.5	68.8	68.8	1.4	21.5	52.4	14.7	.0	.0
12-14...........	297	69.6	37.6	21.7	74.3	74.3	4.4	24.3	56.5	13.7	.9	.2
15-18...........	363	63.3	39.2	13.4	78.4	78.4	16.5	26.3	55.5	12.6	.9	.5
19-22...........	308	63.9	46.6	11.6	83.4	81.6	32.4	34.6	51.6	8.7	12.5	5.2
23-34...........	1,066	68.3	45.7	10.9	93.1	91.6	55.9	42.2	55.3	6.6	12.6	3.7
35-50...........	1,037	65.0	46.3	9.5	96.8	96.3	81.7	41.6	46.3	7.7	12.9	3.9
51-64...........	774	63.8	41.3	8.3	96.9	96.2	84.6	41.4	30.2	6.1	12.2	4.7
65-74...........	354	75.6	51.4	5.6	96.6	96.6	86.5	44.1	17.8	7.6	6.2	.9
75 AND OVER.....	198	77.9	45.3	12.9	94.7	94.7	81.7	44.8	14.8	4.3	4.1	2.0
ALL INDIVIDUALS...	[4]/9,196	68.9	44.7	11.7	85.3	84.3	47.9	32.1	43.9	9.4	10.7	5.9

[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, FALL 1977.

TABLE 6N-1.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ WINTER 1978

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	-----GRAMS-----										
MALES AND FEMALES:												
UNDER 1..........	4/122	3	(5)	(5)	21	21	0	13	6	2	0	0
1-2..............	4/282	15	2	3	126	126	3	18	80	25	0	0
3-5..............	408	19	2	3	191	191	1	33	124	33	(5)	0
6-8..............	471	25	2	4	175	175	2	26	113	33	(5)	0
MALES:												
9-11.............	232	28	3	4	203	203	3	42	129	29	(5)	0
12-14............	273	40	3	6	257	257	9	58	162	28	(5)	0
15-18............	380	33	3	4	404	383	46	71	240	26	21	21
19-22............	267	16	5	3	597	507	112	89	293	14	90	83
23-34............	727	27	6	4	913	757	372	123	243	20	155	133
35-50............	635	26	6	3	987	830	546	117	146	21	157	138
51-64............	559	28	7	2	876	793	584	134	70	5	83	69
65-74............	274	30	7	2	662	604	458	102	39	6	58	45
75 AND OVER......	123	37	6	2	688	631	482	88	41	20	57	43
FEMALES:												
9-11.............	278	27	3	4	204	204	3	47	125	30	(5)	0
12-14............	268	27	2	8	272	272	7	74	171	20	0	0
15-18............	354	23	3	6	389	387	56	72	231	27	2	1
19-22............	337	14	4	3	560	541	149	127	245	19	19	12
23-34............	974	17	5	2	729	698	309	161	210	17	32	19
35-50............	948	20	5	2	835	811	501	154	144	12	24	11
51-64............	696	21	4	3	763	741	525	134	72	10	21	9
65-74............	334	24	3	2	585	579	406	137	30	5	7	1
75 AND OVER......	187	22	4	1	517	507	358	129	15	4	10	3
ALL INDIVIDUALS...	4/9,129	23	4	3	598	554	285	104	147	18	43	34

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 6N-1.2.--SUGAR, SWEETS; BEVERAGES[1]
PERCENTAGE OF INDIVIDUALS USING,[2][3] WINTER 1978

ALL FOOD

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	[4]122	19.6	8.9	0.6	15.2	15.2	0.0	5.7	9.2	4.3	0.0	0.0
1-2.............	[4]282	70.5	39.1	21.4	63.7	63.7	2.0	14.9	47.6	19.1	.0	.0
3-5.............	408	77.6	44.5	22.5	77.7	77.6	1.5	19.2	64.9	20.7	.4	.0
6-8.............	471	79.6	42.9	19.7	72.5	72.3	2.2	17.0	58.2	20.3	.4	.0
MALES:												
9-11............	232	79.3	47.2	20.0	71.3	71.3	4.9	21.2	55.0	19.[illegible]	.6	.0
12-14...........	273	80.8	45.4	25.3	75.2	75.2	6.2	24.4	63.5	15.0	.5	.0
15-18...........	380	72.7	43.1	16.8	83.0	82.3	18.4	22.8	70.3	13.0	4.1	3.1
19-22...........	267	63.3	42.9	8.5	92.2	89.8	34.0	27.0	71.4	7.6	16.8	13.1
23-34...........	727	69.4	47.2	13.8	97.5	95.4	67.0	38.1	67.3	9.9	35.6	27.6
35-50...........	635	71.9	53.0	9.7	98.0	97.2	85.6	34.5	51.1	9.6	31.1	23.4
51-64...........	559	77.8	55.4	10.7	98.5	98.1	87.1	38.5	31.2	5.1	22.4	12.4
65-74...........	274	79.3	57.7	10.1	96.6	95.9	86.0	33.0	15.8	3.3	19.9	8.9
75 AND OVER.....	123	84.9	64.6	14.0	97.0	97.0	89.6	27.8	21.7	12.2	17.8	10.1
FEMALES:												
9-11............	278	79.3	47.6	20.6	72.9	72.9	3.8	22.6	59.4	17.8	.3	.0
12-14...........	268	70.4	38.6	23.3	80.1	80.1	5.3	28.0	64.9	14.6	.0	.0
15-18...........	354	70.8	38.0	22.4	85.6	85.6	21.1	29.5	72.6	12.1	3.5	1.2
19-22...........	337	67.9	49.6	9.6	94.3	93.5	45.6	36.3	69.0	13.0	12.8	4.4
23-34...........	974	71.7	52.1	12.4	96.8	96.3	62.3	48.5	67.4	11.6	18.9	7.8
35-50...........	948	67.1	47.3	10.1	97.7	97.2	83.3	43.5	53.8	8.6	18.1	6.2
51-64...........	696	75.5	46.7	14.0	98.0	98.0	87.3	47.3	36.0	7.0	15.4	3.9
65-74...........	334	73.9	46.1	12.1	94.8	94.8	87.6	45.9	18.1	3.9	11.5	.5
75 AND OVER.....	187	69.3	46.0	8.1	92.9	92.9	85.2	43.5	10.7	4.5	10.2	2.0
ALL INDIVIDUALS...	[4]9,129	72.4	47.1	14.4	89.1	88.6	52.4	34.3	52.9	11.2	14.3	7.5

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 6N-2.1.--SUGAR, SWEETS; BEVERAGES1/
AVERAGE INTAKE2/ PER INDIVIDUAL PER DAY,3/ WINTER 1978

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES								
						NONALCOHOLIC BEVERAGES						ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES		TOTAL	BEER, ALE
	NUMBER	GRAMS											
MALES AND FEMALES:													
UNDER 1..........	4/122	0	0	0	1	1	0	0	1	0		0	0
1-2.............	4/282	2	(5)	(5)	15	15	0	1	12	2		0	0
3-5.............	408	3	(5)	(5)	22	22	0	1	17	3		0	0
6-8.............	471	6	(5)	1	23	23	0	1	17	5		0	0
MALES:													
9-11............	232	9	(5)	1	26	26	0	2	20	4		0	0
12-14...........	273	10	(5)	3	50	50	0	2	47	1		0	0
15-18...........	380	7	(5)	2	107	98	8	2	80	8		9	9
19-22...........	267	2	1	1	210	184	27	16	137	5		26	24
23-34...........	727	5	2	2	316	259	126	21	108	4		57	49
35-50...........	635	4	1	(5)	256	215	141	17	54	2		42	35
51-64...........	559	4	1	(5)	170	157	117	10	29	1		12	9
65-74...........	274	2	(5)	0	55	44	33	9	1	0		12	9
75 AND OVER.....	123	1	(5)	0	29	26	20	4	2	1		3	1
FEMALES:													
9-11............	278	8	(5)	1	28	28	(5)	2	20	5		0	0
12-14...........	268	6	(5)	2	51	51	1	5	42	4		0	0
15-18...........	354	6	(5)	2	111	110	9	9	88	4		1	1
19-22...........	337	2	(5)	1	134	122	24	21	73	3		12	7
23-34...........	974	3	1	1	147	135	57	18	56	4		12	5
35-50...........	948	2	(5)	(5)	116	108	59	13	33	3		8	3
51-64...........	696	3	(5)	(5)	87	80	52	14	14	1		7	3
65-74...........	334	3	(5)	(5)	46	44	33	9	3	(5)		2	0
75 AND OVER.....	187	1	(5)	0	17	16	12	4	1	(5)		1	1
ALL INDIVIDUALS...	4/9,129	4	(5)	1	119	106	48	11	44	3		13	10

1/ SEE "TABLE NOTES," APPENDIX B.
2/ QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.
5/ VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 6N-2.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ WINTER 1978

FOOD OBTAINED AND EATEN AWAY FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/122	0.0	0.0	0.0	1.4	1.4	0.0	0.0	1.4	0.0	0.0	0.0
1-2.............	4/282	9.1	2.4	1.8	15.8	15.8	.0	2.1	12.2	2.7	.0	.0
3-5.............	408	11.6	.7	3.6	21.4	21.4	.0	1.6	18.2	4.3	.0	.0
6-8.............	471	19.0	1.8	5.5	21.6	21.6	.0	.8	17.0	5.5	.0	.0
MALES:												
9-11............	232	28.3	3.0	7.2	20.3	20.3	.0	1.6	16.4	4.2	.0	.0
12-14...........	273	25.5	.3	10.7	29.9	29.9	.0	[illegible]	28.1	1.6	.0	.0
15-18...........	380	19.9	2.9	7.7	40.2	39.1	4.5	[illegible]	33.7	3.5	2.0	1.4
19-22...........	267	13.9	10.2	2.1	59.4	55.9	12.4	6.0	49.4	2.5	8.7	7.3
23-34...........	727	28.1	19.5	6.1	70.8	66.4	37.1	10.3	43.3	2.3	17.2	12.6
35-50...........	635	23.0	18.6	3.0	58.6	56.3	41.5	10.3	24.9	2.2	12.6	9.0
51-64...........	559	21.3	17.2	1.8	54.1	53.0	41.9	6.5	16.8	1.5	6.4	3.3
65-74...........	274	9.8	7.6	.0	27.3	24.8	22.2	5.5	1.6	.0	5.7	1.6
75 AND OVER.....	123	7.5	5.7	.0	18.6	18.6	11.9	4.5	1.4	1.3	3.1	.9
FEMALES:												
9-11............	278	22.0	3.9	5.9	23.3	23.3	.3	2.6	17.7	[illegible]	.0	.0
12-14...........	268	22.6	3.7	10.8	32.1	32.1	.5	4.3	27.4	3.3	.0	.0
15-18...........	354	20.3	4.1	10.9	45.3	45.0	3.8	6.4	40.7	2.3	1.4	.7
19-22...........	337	16.8	9.9	3.9	51.5	49.8	15.3	13.1	36.6	2.1	9.2	2.8
23-34...........	974	21.2	14.5	3.6	54.1	52.4	[illegible]	12.4	31.4	4.0	9.0	3.3
35-50...........	[illegible]	17.1	11.5	3.2	51.3	49.2	29.2	10.2	23.6	[illegible]	7.4	1.5
51-64...........	696	12.3	4.9	2.7	36.8	35.9	25.2	11.1	10.4	1.1	6.0	1.5
65-74...........	334	11.9	6.9	1.1	29.7	29.3	22.7	7.5	3.0	.2	4.7	.0
75 AND OVER.....	187	5.8	3.2	.0	13.8	13.8	10.8	3.4	1.2	.3	.8	.8
ALL INDIVIDUALS...	4/9,129	18.3	9.1	4.2	42.1	40.7	18.9	7.2	23.5	2.6	6.0	2.9

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 6N-3.1.--SUGAR, SWEETS; BEVERAGES[1]
AVERAGE INTAKE[2] PER INDIVIDUAL PER DAY,[3] WINTER 1978

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	GRAMS										
MALES AND FEMALES:												
UNDER 1	[4]/122	3	(5)	(5)	20	20	0	13	5	2	0	0
1-2	[4]/282	13	2	3	111	111	3	17	[illegible]	23	0	0
3-5	408	17	2	3	170	170	1	32	107	30	(5)	0
6-8	471	19	2	3	152	152	2	25	96	28	(5)	0
MALES:												
9-11	232	19	3	3	178	177	3	41	109	25	(5)	0
12-14	273	29	3	4	208	207	9	56	115	27	(5)	0
15-18	380	26	3	3	297	284	39	68	160	18	12	12
19-22	267	13	4	3	387	323	85	72	156	9	64	59
23-34	727	22	4	2	597	499	246	101	135	16	98	84
35-50	635	22	5	3	731	615	405	101	92	18	115	103
51-64	559	24	6	2	706	636	467	123	42	3	70	60
65-74	274	28	7	2	607	560	424	93	37	6	46	37
75 AND OVER	123	36	6	2	659	605	462	85	39	19	54	41
FEMALES:												
9-11	278	19	3	4	177	176	[illegible]	45	105	25	(5)	0
12-14	268	20	2	6	221	221	6	69	129	16	0	0
15-18	354	18	2	3	279	277	48	63	143	23	1	1
19-22	337	12	3	2	426	419	125	106	171	16	8	5
23-34	974	14	5	2	582	562	252	143	154	13	20	13
35-50	948	17	4	1	719	703	442	141	111	9	16	9
51-64	696	18	4	2	676	661	473	120	58	9	15	6
65-74	334	21	3	2	539	534	374	128	27	5	4	1
75 AND OVER	187	21	4	1	499	490	346	126	14	4	9	2
ALL INDIVIDUALS	[4]/9,129	19	4	2	479	449	236	94	103	15	30	24

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[1] SEE "TABLE NOTES," APPENDIX B.
[2] QUANTITIES GIVEN ARE FOR FOODS AS INGESTED; NO INEDIBLE PARTS ARE INCLUDED.
[3] BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
[4] EXCLUDES BREAST-FED INFANTS.
[5] VALUE LESS THAN 0.5 BUT MORE THAN 0.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

TABLE 6N-3.2.--SUGAR, SWEETS; BEVERAGES1/
PERCENTAGE OF INDIVIDUALS USING,2/3/ WINTER 1978

FOOD FROM HOME

SEX AND AGE (YEARS)	INDIVIDUALS	SUGAR, SWEETS			BEVERAGES							
						NONALCOHOLIC BEVERAGES					ALCOHOLIC BEVERAGES	
		TOTAL	SUGAR	CANDY	TOTAL	TOTAL	COFFEE	TEA	SOFT DRINKS	FRUIT DRINKS, ADES	TOTAL	BEER, ALE
	NUMBER	PERCENT										
MALES AND FEMALES:												
UNDER 1..........	4/122	19.6	8.9	0.6	13.8	13.8	0.0	5.7	7.8	4.3	0.0	0.0
1-2..............	4/282	69.2	37.3	20.6	59.0	59.0	2.0	13.5	42.3	17.0	.0	.0
3-5..............	408	74.6	44.1	20.2	72.1	72.0	1.5	18.2	56.3	17.2	.4	.0
6-8..............	471	74.7	42.0	16.4	65.2	65.1	2.2	16.3	48.8	15.5	.4	.0
MALES:												
9-11.............	232	74.2	47.2	14.7	66.3	66.3	4.9	20.9	48.2	15.9	.6	.0
12-14............	273	73.8	45.4	17.0	67.8	67.8	6.2	23.6	50.1	14.0	.5	.0
15-18............	380	67.4	41.4	10.7	73.7	73.0	16.3	22.8	55.9	10.0	2.5	2.0
19-22............	267	58.6	39.2	7.3	77.8	74.1	27.3	24.6	48.3	5.1	13.9	10.4
23-34............	727	60.4	39.9	8.0	88.6	84.3	54.2	31.3	46.8	7.9	27.0	20.4
35-50............	635	67.3	49.9	7.5	95.7	94.1	78.1	31.4	38.7	7.5	27.7	21.5
51-64............	459	75.7	53.4	9.2	94.6	94.4	83.3	36.3	20.5	3.9	19.5	9.8
65-74............	274	79.0	57.0	10.1	95.5	94.5	83.4	30.2	15.0	3.3	16.2	7.6
75 AND OVER......	123	84.9	63.3	14.0	94.4	94.4	88.3	26.7	20.3	10.9	16.8	9.1
FEMALES:												
9-11.............	278	73.6	45.2	16.2	66.6	66.6	3.4	21.1	51.3	13.4	.3	.0
12-14............	268	64.0	37.5	17.1	72.5	72.5	5.3	25.9	54.2	12.4	.0	.0
15-18............	354	62.8	36.7	14.6	79.0	78.8	19.3	25.9	58.1	10.6	2.1	.5
19-22............	337	60.8	43.6	7.0	86.9	86.9	38.7	32.8	54.6	11.6	6.5	2.4
23-34............	974	66.6	48.9	9.3	92.7	91.8	55.8	44.8	52.8	8.2	11.8	5.0
35-50............	948	64.3	45.6	7.8	96.2	95.4	80.0	39.6	43.8	6.3	13.3	4.9
51-64............	696	72.8	46.1	11.7	97.1	97.1	85.4	41.9	29.9	6.0	11.6	2.6
65-74............	334	71.1	45.2	12.1	94.1	94.1	86.1	43.8	16.0	3.7	7.5	.5
75 AND OVER......	187	67.5	44.9	8.1	92.9	92.9	85.2	42.7	9.4	4.2	9.4	1.1
ALL INDIVIDUALS...	4/9,129	68.0	44.9	11.3	84.3	83.5	48.7	31.4	42.0	9.0	10.9	5.8

1/ SEE "TABLE NOTES," APPENDIX B.
2/ USER IS AN INDIVIDUAL REPORTING A SPECIFIED FOOD ITEM.
3/ BASED ON 3 CONSECUTIVE DAYS OF DIETARY INTAKE.
4/ EXCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES, WINTER 1978.

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TABLE 7.1.--CHARACTERISTICS OF THE MALE HEAD OF HOUSEHOLD--AGE, EMPLOYMENT STATUS, AND EDUCATION,1/ 1977-78

SEX AND AGE (YEARS)	INDIVIDUALS2/	AGE (YEARS)					EMPLOYMENT STATUS				
		UNDER 20	20-34	35-64	65 AND OVER	NO MALE HEAD	FULL TIME	PART TIME	NOT EMPLOYED	NOT REPORTED	NO MALE HEAD
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	524	2.3	68.4	17.8	0.5	11.1	73.6	5.4	9.5	0.4	11.1
1-2..............	1,045	.4	63.0	22.9	.9	12.8	71.0	6.2	9.6	.3	12.8
3-5..............	1,719	0.0	54.4	29.7	1.5	14.4	70.3	4.3	10.8	.2	14.4
6-8..............	1,841	(3)	38.8	44.5	.8	15.8	70.5	4.8	8.7	.2	15.8
MALES:											
9-11.............	939	0.0	23.2	57.8	1.1	17.9	69.5	4.3	8.1	.3	17.9
12-14............	1,150	0.0	8.5	73.2	1.2	17.1	67.7	4.5	10.6	.1	17.1
15-18............	1,394	1.2	3.1	78.2	2.2	15.3	66.8	4.8	12.4	.7	15.3
19-22............	1,030	2.9	33.1	50.9	2.4	10.7	58.2	9.8	20.8	.5	10.7
23-34............	2,716	0.0	85.3	9.3	1.7	3.6	76.2	7.6	12.5	.1	3.6
35-50............	2,571	0.0	.1	97.6	.8	1.4	81.2	5.1	11.7	.6	1.4
51-64............	2,161	0.0	.4	98.1	.6	.9	62.9	7.3	28.3	.6	.9
65-74............	1,049	0.0	.3	1.3	97.7	.6	8.9	11.7	78.3	.5	.6
75 AND OVER.....	465	0.0	0.0	6.8	91.6	1.6	5.4	4.7	87.8	.6	1.6
FEMALES:											
9-11.............	1,011	0.0	21.4	60.0	1.4	17.2	67.7	4.2	11.0	0.0	17.2
12-14............	1,148	.1	8.8	73.2	.8	17.1	67.4	4.4	10.1	1.0	17.1
15-18............	1,473	.8	5.4	73.4	2.1	18.4	65.9	4.0	11.4	.3	18.4
19-22............	1,317	1.2	38.2	35.4	1.9	23.3	59.3	5.9	11.0	.6	23.3
23-34............	3,879	(3)	56.9	22.5	1.0	19.6	67.9	4.7	7.7	.1	19.6
35-50............	3,759	0.0	1.8	77.1	1.5	19.6	66.0	4.2	9.7	.5	19.6
51-64............	2,936	0.0	.8	59.4	14.4	25.3	42.6	5.0	26.5	.6	25.3
65-74............	1,376	0.0	.2	8.3	45.7	45.7	7.3	4.5	42.2	.3	45.7
75 AND OVER.....	751	0.0	0.0	11.9	25.7	62.4	10.3	1.5	25.9	0.0	62.4
ALL INDIVIDUALS...	36,255	.3	24.5	50.5	8.5	16.2	60.6	5.4	17.4	.4	16.2

Continued--

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TABLE 7.1.--CHARACTERISTICS OF THE MALE HEAD OF HOUSEHOLD--AGE, EMPLOYMENT STATUS, AND EDUCATION,1/ 1977-78

SEX AND AGE (YEARS)	HIGHEST EDUCATION LEVEL					
	ELEMENTARY SCHOOL OR LESS	SOME HIGH SCHOOL	HIGH SCHOOL COMPLETED	COLLEGE	NOT REPORTED	NO MALE HEAD
	PERCENT					
MALES AND FEMALES:						
UNDER 1..........	5.5	10.4	31.8	40.8	0.3	11.1
1-2.............	7.9	12.9	27.2	39.0	.1	12.8
3-5.............	9.1	12.0	29.2	35.3	.1	14.4
6-8.............	9.4	11.0	29.2	34.3	.3	15.8
MALES:						
9-11............	10.3	12.7	28.0	31.0	.3	17.9
12-14...........	13.0	11.2	29.7	28.6	.5	17.1
15-18...........	14.4	11.9	31.0	27.1	.3	15.3
19-22...........	11.5	13.6	30.1	33.7	.4	10.7
23-34...........	6.2	10.7	29.6	49.7	.1	3.6
35-50...........	11.7	12.6	35.5	38.6	.2	1.4
51-64...........	21.2	15.8	32.4	29.4	.3	.9
65-74...........	34.4	17.7	23.9	23.0	.3	.6
75 AND OVER.....	50.8	13.2	15.9	17.9	.6	1.6
FEMALES:						
9-11............	11.3	11.9	29.8	29.4	.4	17.2
12-14...........	12.1	12.6	30.2	27.7	.2	17.1
15-18...........	13.8	12.6	28.9	26.2	.1	18.4
19-22...........	9.5	13.1	27.4	26.5	.1	23.3
23-34...........	5.1	8.2	26.3	40.6	.2	19.6
35-50...........	10.5	11.0	27.2	31.4	.3	19.6
51-64...........	18.9	10.0	25.1	20.2	.5	25.3
65-74...........	20.5	9.7	11.5	12.0	.5	45.7
75 AND OVER.....	12.9	3.7	9.9	11.0	.1	62.4
ALL INDIVIDUALS...	12.8	11.5	27.7	31.6	.3	16.2

1/ PERCENTAGES AND NUMBERS MAY NOT ADD TO TOTALS BECAUSE OF ROUNDING.
2/ INCLUDES BREAST-FED INFANTS.
3/ VALUE LESS THAN 0.5 BUT MORE THAN 0 BECAUSE OF FRACTIONAL WEIGHTING FACTOR.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 7.2.--CHARACTERISTICS OF THE FEMALE HEAD OF HOUSEHOLD--AGE, EMPLOYMENT STATUS, AND EDUCATION,1/ 1977-78

SEX AND AGE (YEARS)	INDIVIDUALS2/	AGE (YEARS)					EMPLOYMENT STATUS				
		UNDER 20	20-34	35-64	65 AND OVER	NO FEMALE HEAD	FULL TIME	PART TIME	NOT EMPLOYED	NOT REPORTED	NO FEMALE HEAD
	NUMBER	PERCENT									
MALES AND FEMALES:											
UNDER 1..........	524	6.6	80.2	12.7	0.1	0.4	14.5	8.5	76.1	0.5	0.4
1-2.............	1,045	3.4	79.5	16.5	.3	.3	15.6	16.0	67.4	.7	.3
3-5.............	1,719	.8	77.2	21.1	.5	.4	19.0	12.8	67.5	.2	.4
6-8.............	1,841	(3)	63.9	35.0	.4	.7	23.2	17.1	58.9	.1	.7
MALES:											
9-11............	939	0.0	46.3	52.7	.4	.6	21.5	18.1	59.5	.3	.6
12-14...........	1,150	0.0	25.4	72.8	.9	.9	27.8	18.9	52.1	.2	.9
15-18...........	1,394	.4	7.5	88.0	1.2	2.8	28.6	17.5	50.6	.4	2.8
19-22...........	1,030	7.5	14.4	60.3	1.0	16.7	24.6	15.5	43.2	0.0	16.7
23-34...........	2,716	2.2	70.7	14.7	.9	11.6	27.4	13.9	47.0	.2	11.6
35-50...........	2,571	.1	20.7	70.2	2.0	7.0	27.3	15.1	50.3	.3	7.0
51-64...........	2,161	0.0	.9	86.5	3.9	8.7	21.8	13.7	55.3	.6	8.7
65-74...........	1,049	.2	.3	43.8	44.0	11.7	7.8	5.2	75.3	.1	11.7
75 AND OVER.....	465	0.0	.8	16.3	57.6	25.2	6.2	1.7	66.8	0.0	25.2
FEMALES:											
9-11............	1,011	.1	44.6	52.5	1.2	1.6	23.6	17.1	57.5	.2	1.6
12-14...........	1,148	.1	23.9	74.6	.4	.9	26.4	17.2	55.3	.2	.9
15-18...........	1,473	4.5	8.4	85.1	.8	1.2	30.3	17.6	50.7	.1	1.2
19-22...........	1,317	7.3	48.5	42.0	.9	1.3	33.0	15.5	49.6	.6	1.3
23-34...........	3,879	(3)	92.1	6.8	.9	.2	32.3	16.5	50.7	.3	.2
35-50...........	3,759	0.0	.2	98.7	1.0	.1	32.7	18.0	49.0	.2	.1
51-64...........	2,936	0.0	.9	97.8	1.2	.1	23.9	12.1	63.7	.3	.1
65-74...........	1,376	0.0	.7	3.5	95.6	.1	4.7	5.7	89.4	.2	.1
75 AND OVER.....	751	0.0	.9	15.4	83.3	.4	5.3	3.6	90.3	.4	.4
ALL INDIVIDUALS...	36,255	1.1	34.0	53.1	8.4	3.5	24.6	14.5	57.2	.3	3.5

Continued--

TABLE 7.2.--CHARACTERISTICS OF THE FEMALE HEAD OF HOUSEHOLD--AGE, EMPLOYMENT STATUS, AND EDUCATION,1/ 1977-78

SEX AND AGE (YEARS)	HIGHEST EDUCATION LEVEL					
	ELEMENTARY SCHOOL OR LESS	SOME HIGH SCHOOL	HIGH SCHOOL COMPLETED	COLLEGE	NOT REPORTED	NO FEMALE HEAD
	PERCENT					
MALES AND FEMALES:						
UNDER 1..........	5.6	17.8	44.1	31.9	0.2	0.4
1-2.............	8.7	18.5	37.3	34.7	.4	.3
3-5.............	9.0	18.4	42.0	30.1	.1	.4
6-8.............	9.5	17.4	42.5	29.8	.3	.7
MALES:						
9-11............	9.7	19.5	45.8	24.1	.3	.6
12-14...........	13.9	17.8	44.1	23.1	.2	.9
15-18...........	12.0	17.8	41.9	25.3	.2	2.8
19-22...........	8.7	15.1	39.5	19.7	.2	16.7
23-34...........	5.6	12.5	35.7	34.5	.2	11.6
35-50...........	8.4	13.1	42.2	29.3	(3)	7.0
51-64...........	14.0	14.3	40.1	22.5	.4	8.7
65-74...........	22.5	15.9	31.0	18.7	.1	11.7
75 AND OVER......	25.2	12.5	20.5	16.6	0.0	25.2
FEMALES:						
9-11............	11.7	18.4	42.9	25.2	.2	1.6
12-14...........	12.9	19.4	43.3	23.2	.2	.9
15-18...........	14.5	17.9	42.5	23.7	.2	1.2
19-22...........	7.2	16.6	44.7	30.1	0.0	1.3
23-34...........	5.6	12.3	39.8	41.9	.2	.2
35-50...........	10.7	15.2	44.4	29.3	.4	.1
51-64...........	19.1	18.4	39.3	22.6	.4	.1
65-74...........	33.2	19.8	24.1	22.1	.6	.1
75 AND OVER......	37.9	12.9	24.2	24.0	.6	.4
ALL INDIVIDUALS...	12.4	15.9	39.8	28.2	.3	3.5

1/ PERCENTAGES AND NUMBERS MAY NOT ADD TO TOTALS BECAUSE OF ROUNDING.
2/ INCLUDES BREAST-FED INFANTS.
3/ VALUE LESS THAN 0.5 BUT MORE THAN 0 BECAUSE OF FRACTIONAL WEIGHTING FACTOR.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE [illegible].3.--HOUSEHOLD INCOME1/ AND RACE,2/ 1977-78

SEX AND AGE (YEARS)	ALL INCOMES				UNDER $6,000				$6,000-$9,999			
	INDIVID-UALS3/	WHITE	BLACK	OTHER RACES4/	INDIVID-UALS3/	WHITE	BLACK	OTHER RACES4/	INDIVID-UALS3/	WHITE	BLACK	OTHER RACES4/
	NUMBER	PCT	PCT	PCT	NUMBER	PCT	PCT	PCT	NUMBER	PCT	PCT	PCT
MALES AND FEMALES:												
UNDER 1............	524	80.2	13.5	6.2	59	48.2	38.0	13.8	69	78.6	11.1	8.8
1-2..............	1,045	78.8	15.2	5.9	137	50.0	41.2	8.8	128	80.1	9.9	8.8
3-5..............	1,719	77.2	16.0	6.6	202	45.7	42.3	12.0	243	[illegible]	16.6	13.5
6-8..............	1,841	80.5	13.8	5.5	186	55.1	35.1	9.4	197	69.0	18.4	12.7
MALES:												
9-11.............	539	79.9	14.6	5.4	99	48.4	39.7	11.9	94	67.5	20.8	11.7
12-14............	1,150	80.3	15.1	4.7	93	42.0	51.7	6.3	140	62.8	26.1	11.0
15-18............	1,394	80.0	16.2	3.7	113	46.7	45.0	8.3	133	61.3	28.4	10.4
19-22............	1,030	82.6	13.3	3.5	92	69.1	22.5	7.4	121	75.8	17.8	4.0
23-34............	2,716	88.1	8.4	3.5	166	76.8	17.4	5.8	309	85.3	9.8	4.9
35-50............	2,571	86.7	9.9	3.2	93	77.1	17.0	5.9	203	72.1	18.7	8.1
51-64............	2,161	89.0	9.0	1.9	142	67.4	31.8	0.0	218	82.4	14.3	3.3
65-74............	1,049	88.8	9.5	1.5	254	84.0	13.8	2.2	242	91.7	6.6	1.8
75 AND OVER......	465	85.7	13.4	.9	162	75.3	22.2	2.5	84	95.5	4.5	0.0
FEMALES:												
9-11.............	1,011	78.6	15.2	6.1	108	42.4	45.6	12.0	118	66.5	19.4	14.1
12-14............	1,148	78.8	15.0	6.0	95	41.9	47.1	9.3	130	61.6	19.8	18.6
15-18............	1,473	79.0	16.5	4.2	117	48.2	41.7	10.1	140	60.4	27.0	10.4
19-22............	1,317	79.3	14.6	[illegible]	155	69.6	25.3	4.5	183	74.0	14.4	8.9
23-34............	3,879	85.0	10.8	4.0	349	57.3	31.6	10.7	462	82.6	11.3	5.8
35-50............	3,759	82.8	13.1	3.8	273	50.3	41.0	8.8	340	69.6	21.9	8.1
51-64............	2,936	86.6	11.3	2.1	380	67.3	29.8	2.4	380	84.5	12.7	2.8
65-74............	1,376	87.7	11.0	1.1	453	83.7	15.3	1.0	226	89.4	9.1	1.5
75 AND OVER......	751	91.6	7.8	.5	303	83.4	16.0	.3	104	99.2	0.0	.8
ALL INDIVIDUALS...	36,255	83.6	12.4	3.8	4,030	64.5	29.4	5.5	4,264	77.4	15.0	7.1

Continued--

TABLE 7.3.--HOUSEHOLD INCOME1/ AND RACE,2/ 1977-78

SEX AND AGE (YEARS)	$10,000-$15,999				$16,000 AND OVER				NOT REPORTED			
	INDIVID-UALS3/	WHITE	BLACK	OTHER RACES4/	INDIVID-UALS3/	WHITE	BLACK	OTHER RACES4/	INDIVID-UALS3/	WHITE	BLACK	OTHER RACES4/
	NUMBER	PCT	PCT	PCT	NUMBER	PCT	PCT	PCT	NUMBER	PCT	PCT	PCT
MALES AND FEMALES:												
UNDER 1............	149	81.7	14.3	4.1	151	90.4	5.0	4.6	96	82.3	12.3	5.4
1-2..............	284	85.6	8.9	5.4	277	89.7	7.5	2.8	218	73.3	20.0	6.7
3-5..............	406	80.4	13.1	6.1	532	91.4	6.7	1.9	336	75.6	18.2	6.1
6-8..............	468	84.9	9.8	5.2	594	89.2	7.1	3.2	497	79.9	16.4	3.7
MALES:												
9-11..............	200	84.4	10.8	4.8	328	90.4	5.9	3.7	217	79.7	17.2	3.0
12-14..............	222	83.7	11.4	4.8	437	90.9	6.0	3.1	258	82.6	14.3	3.1
15-18..............	240	77.7	18.9	3.3	555	92.8	4.7	2.5	354	79.3	18.8	1.9
19-22..............	166	78.9	16.4	4.7	313	90.4	6.9	2.8	338	83.2	13.5	2.3
23-34..............	695	87.8	7.9	4.3	953	92.5	5.9	1.5	593	85.9	9.9	4.2
35-50..............	508	82.8	12.7	4.2	1,219	90.9	6.6	2.4	547	88.0	10.2	1.8
51-64..............	412	91.1	7.4	1.5	760	95.9	2.5	1.5	630	86.4	11.0	2.6
65-74..............	152	89.5	9.9	0.0	115	98.8	1.2	0.0	237	86.3	11.2	2.0
75 AND OVER......	47	94.5	5.5	0.0	35	100.0	0.0	0.0	136	85.4	14.6	0.0
FEMALES:												
9-11..............	225	86.8	9.3	3.5	339	88.8	7.9	3.3	220	78.9	15.4	5.7
12-14..............	24[illegible]	80.6	15.9	3.1	413	90.3	6.4	3.3	266	81.0	13.7	5.4
15-18..............	260	78.7	18.7	2.5	559	90.4	6.8	2.5	397	78.8	17.5	3.7
19-22..............	209	78.4	16.5	5.2	367	85.2	10.1	4.7	402	80.6	13.7	5.6
23-34..............	1,009	87.7	8.8	3.3	1,254	93.1	5.1	1.8	805	82.5	13.0	4.5
35-50..............	673	85.5	10.7	3.8	1,507	91.4	5.6	[illegible]	967	81.5	15.5	2.7
51-64..............	52[illegible]	92.3	6.4	1.3	777	94.1	3.7	2.2	878	85.7	12.2	1.9
65-74..............	167	92.4	6.1	.9	117	93.4	5.3	0.0	413	87.7	10.8	1.5
75 AND OVER......	62	97.3	0.0	2.7	63	100.0	0.0	0.0	218	95.3	4.7	0.0
ALL INDIVIDUALS...	7,319	85.6	10.7	3.6	11,667	91.7	5.7	2.4	8,975	83.1	13.5	3.2

1/ PREVIOUS YEAR'S HOUSEHOLD INCOME BEFORE TAXES.
2/ PERCENTAGES AND NUMBERS MAY NOT ADD TO TOTALS BECAUSE OF ROUNDING.
3/ INCLUDES BREAST-FED INFANTS.
4/ DOES NOT INCLUDE INDIVIDUALS FOR WHOM RACE WAS NOT REPORTED.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

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TABLE 7.4.--REGION AND RACE,1/ 1977-78

SEX AND AGE (YEARS)	ALL REGIONS				NORTHEAST				NORTH CENTRAL			
	INDIVID-UALS2/	WHITE	BLACK	OTHER RACES3/	INDIVID-UALS2/	WHITE	BLACK	OTHER RACES3/	INDIVID-UALS2/	WHITE	BLACK	OTHER RACES3/
	NUMBER	PCT	PCT	PCT	NUMBER	PCT	PCT	PCT	NUMBER	PCT	PCT	PCT
MALES AND FEMALES:												
UNDER 1..........	524	80.2	13.5	6.2	114	77.8	11.3	10.1	142	88.1	11.9	0.0
1-2..............	1,045	78.8	15.2	5.9	247	78.9	13.2	8.0	273	86.1	11.2	2.1
3-5..............	1,719	77.2	16.0	6.6	398	80.6	11.7	7.2	465	86.6	12.1	1.1
6-8..............	1,841	80.5	13.8	5.5	448	83.5	9.1	7.4	513	87.3	11.1	.9
MALES:												
9-11.............	939	79.9	14.6	5.4	235	79.6	11.7	8.7	296	88.8	9.8	1.4
12-14............	1,150	80.3	15.1	4.7	272	87.9	9.0	3.0	326	90.7	7.1	2.2
15-18............	1,394	80.0	16.2	3.7	329	88.0	7.9	3.8	385	88.7	10.2	1.1
19-22............	1,030	82.6	13.3	3.5	231	89.2	7.7	2.6	298	89.5	7.5	.8
23-34............	2,716	88.1	8.4	3.5	689	91.8	4.9	3.3	772	93.2	5.3	1.5
35-50............	2,571	86.7	9.9	3.2	676	92.1	4.7	2.8	681	91.3	7.2	1.0
51-64............	2,161	89.0	9.0	1.9	547	94.2	3.5	2.4	577	93.1	6.4	.4
65-74............	1,049	88.8	9.5	1.5	241	93.5	4.8	1.7	265	91.7	7.7	.6
75 AND OVER......	465	85.7	13.4	.9	101	97.5	2.5	0.0	132	87.6	12.4	0.0
FEMALES:												
9-11.............	1,011	78.6	15.2	6.1	260	81.9	11.4	6.7	281	89.2	9.5	1.0
12-14............	1,148	78.8	15.0	6.0	273	80.1	13.6	6.3	328	86.6	11.1	1.5
15-18............	1,473	79.0	16.5	4.2	326	83.8	10.7	5.4	430	87.3	10.5	1.1
19-22............	1,317	79.3	14.6	5.6	328	85.1	8.8	5.3	322	86.9	10.7	2.0
23-34............	3,879	85.0	10.8	4.0	991	85.5	9.5	5.0	1,038	90.6	6.9	2.2
35-50............	3,759	82.8	13.1	3.8	937	84.0	11.0	4.7	951	90.8	7.8	1.0
51-64............	2,936	86.6	11.3	2.1	744	91.5	6.1	2.5	757	91.4	7.4	1.0
65-74............	1,376	87.7	11.0	1.1	312	93.7	5.5	.9	327	90.4	8.8	.4
75 AND OVER......	751	91.6	7.8	.5	193	97.2	2.0	.9	196	95.7	4.3	0.0
ALL INDIVIDUALS...	36,255	83.6	12.4	3.8	8,894	87.4	8.1	4.3	9,757	90.0	8.4	1.2

Continued--

TABLE 7.4.--REGION AND RACE,1/ 1977-78

SEX AND AGE (YEARS)	SOUTH				WEST			
	INDIVIDUALS2/	WHITE	BLACK	OTHER RACES3/	INDIVIDUALS2/	WHITE	BLACK	OTHER RACES3/
	NUMBER	PCT	PCT	PCT	NUMBER	PCT	PCT	PCT
MALES AND FEMALES:								
UNDER 1..........	155	71.8	24.4	3.7	112	84.0	2.5	13.5
1-2.............	315	70.3	26.9	2.8	210	81.7	5.4	12.9
3-5.............	553	67.3	27.7	4.9	302	76.3	6.5	17.2
6-8.............	600	71.8	23.3	4.8	280	81.8	6.1	12.1
MALES:								
9-11............	270	69.3	27.9	2.8	137	82.3	4.0	13.7
12-14...........	361	67.6	30.2	2.2	191	75.5	8.6	15.9
15-18...........	441	64.4	32.7	3.0	238	83.8	7.0	9.2
19-22...........	318	70.9	26.7	2.4	183	82.9	6.2	10.8
23-34...........	754	81.1	17.5	1.4	502	85.6	4.6	9.8
35-50...........	751	76.9	20.8	2.4	463	87.8	3.8	8.3
51-64...........	657	80.5	18.3	1.1	380	90.0	5.0	5.0
65-74...........	343	81.3	18.7	0.0	199	92.2	1.6	5.0
75 AND OVER.....	157	76.3	23.7	0.0	75	86.2	8.3	5.5
FEMALES:								
9-11............	309	66.6	29.1	4.2	161	77.9	4.6	17.4
12-14...........	356	70.0	24.3	5.7	190	79.9	6.4	13.7
15-18...........	448	65.3	31.9	2.8	259	82.8	7.5	9.8
19-22...........	371	66.3	30.0	3.3	296	81.0	6.0	13.0
23-34...........	1,140	78.0	19.1	2.8	711	87.4	5.2	7.4
35-50...........	1,196	74.2	22.9	2.7	675	85.3	6.1	8.3
51-64...........	975	77.6	22.0	.3	461	89.7	3.3	6.7
65-74...........	509	80.1	19.9	0.0	228	92.7	1.8	5.0
75 AND OVER.....	247	81.0	18.4	.3	114	98.1	1.0	.9
ALL INDIVIDUALS...	11,226	74.2	23.4	2.4	6,378	85.2	5.1	9.6

1/ PERCENTAGES AND NUMBERS MAY NOT ADD TO TOTALS BECAUSE OF ROUNDING.
2/ INCLUDES BREAST-FED INFANTS.
3/ DOES NOT INCLUDE INDIVIDUALS FOR WHOM RACE WAS NOT REPORTED.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

TABLE 7.5.--URBANIZATION AND RACE.1/ 1977-78

SEX AND AGE (YEARS)	CENTRAL CITIES				SUBURBAN AREAS				NONMETROPOLITAN AREAS			
	INDIVIDUALS2/	WHITE	BLACK	OTHER RACES3/	INDIVIDUALS2/	WHITE	BLACK	OTHER RACES3/	INDIVIDUALS2/	WHITE	BLACK	OTHER RACES3/
	NUMBER	PCT	PCT	PCT	NUMBER	PCT	PCT	PCT	NUMBER	PCT	PCT	PCT
MALES AND FEMALES:												
UNDER 1..........	149	60.1	32.1	7.1	193	91.3	3.5	5.2	183	84.7	8.8	6.4
1-2..............	309	56.6	35.2	7.8	390	88.5	5.5	6.0	347	87.5	8.4	4.1
3-5..............	521	55.8	36.6	7.1	639	87.1	6.8	6.1	558	85.7	7.4	6.5
6-8..............	482	57.2	33.8	8.4	737	89.6	5.6	4.8	622	87.7	8.1	4.0
MALES:												
9-11.............	264	55.9	33.5	10.7	346	90.3	6.4	3.2	329	88.3	8.1	3.6
12-14............	287	56.2	36.6	7.2	457	89.9	5.4	4.7	406	86.5	10.[illegible]	2.8
15-18............	387	58.9	34.6	6.4	544	90.7	5.8	3.3	462	85.1	13.0	1.9
19-22............	318	66.8	27.6	4.7	406	93.3	2.9	2.9	306	84.7	12.0	3.0
23-34............	846	77.5	18.5	4.0	1,034	90.9	4.3	4.8	837	95.2	3.4	1.3
35-50............	657	72.0	22.7	4.7	1,122	91.6	5.1	3.2	791	91.9	6.1	1.9
51-64............	565	74.1	23.0	2.7	870	94.9	3.2	1.7	726	93.6	5.1	1.3
65-74............	300	78.1	20.4	1.1	361	91.0	6.2	2.5	388	95.1	4.0	.9
75 AND OVER......	147	74.9	25.1	0.0	134	89.9	7.0	3.1	184	91.3	8.7	0.0
FEMALES:												
9-11.............	269	56.2	32.1	11.7	402	89.2	6.9	3.9	340	83.9	11.7	4.2
12-14............	305	52.0	37.8	10.3	451	90.6	4.0	5.0	392	86.1	9.9	3.8
15-18............	424	57.1	36.0	5.9	546	90.8	5.6	3.6	503	84.7	11.9	3.3
19-22............	408	61.0	30.9	7.8	493	87.8	7.1	5.1	416	87.3	7.5	4.1
23-34............	1,216	70.2	23.5	6.1	1,488	91.3	5.0	3.6	1,175	92.3	5.1	2.5
35-50............	1,097	63.9	29.7	6.1	1,478	91.5	4.7	3.6	1,184	89.6	8.2	1.9
51-64............	850	70.1	25.1	4.5	1,043	95.0	3.0	1.9	1,044	91.5	8.3	.2
65-74............	446	76.7	21.1	1.7	408	93.7	4.4	1.9	522	92.5	7.5	0.0
75 AND OVER......	240	80.8	18.6	.3	238	98.2	1.3	.4	273	95.3	4.1	.6
ALL INDIVIDUALS...	10,487	66.4	27.7	5.6	13,781	91.4	4.9	3.6	11,988	89.9	7.6	2.4

1/ PERCENTAGES AND NUMBERS MAY NOT ADD TO TOTALS BECAUSE OF ROUNDING.
2/ INCLUDES BREAST-FED INFANTS.
3/ DOES NOT INCLUDE INDIVIDUALS FOR WHOM RACE WAS NOT REPORTED.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

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TABLE 7.6.--HOUSEHOLD SIZE,1/ 1977-78

SEX AND AGE (YEARS)	INDIVIDUALS2/	NUMBER OF HOUSEHOLD MEMBERS					
		1	2	3	4	5	MORE THAN 5
	NUMBER	PERCENT					
MALES AND FEMALES:							
UNDER 1	524	0.0	1.4	29.4	32.8	19.4	17.0
1-2	1,045	0.0	1.8	23.9	36.6	17.7	19.9
3-5	1,719	0.0	1.9	14.2	39.2	21.3	23.4
6-8	1,841	0.0	2.0	10.4	32.5	26.2	28.8
MALES:							
9-11	939	0.0	1.5	7.5	27.9	27.4	35.7
12-14	1,150	0.0	1.1	8.9	26.1	23.4	40.5
15-18	1,394	0.4	2.4	14.9	24.9	20.2	37.2
19-22	1,030	4.2	16.7	24.0	20.6	14.6	19.8
23-34	2,716	7.2	24.2	23.7	26.5	10.9	7.6
35-50	2,571	4.9	13.2	16.0	27.9	19.2	18.8
51-64	2,161	6.5	44.7	24.4	11.8	6.3	6.3
65-74	1,049	9.5	68.7	14.8	3.4	.9	2.7
75 AND OVER	465	20.2	63.5	8.6	4.6	1.6	1.6
FEMALES:							
9-11	1,011	0.0	1.8	11.0	25.7	26.1	35.3
12-14	1,148	0.0	1.2	9.0	23.5	25.1	41.2
15-18	1,473	0.0	4.9	13.4	22.9	21.3	37.5
19-22	1,317	4.4	24.5	24.3	20.3	9.6	16.9
23-34	3,879	4.6	19.7	20.9	30.9	13.8	10.0
35-50	3,759	3.3	16.3	20.1	25.3	16.1	19.0
51-64	2,936	12.6	50.0	19.2	9.1	4.9	4.2
65-74	1,376	34.5	52.5	7.5	2.4	1.6	1.4
75 AND OVER	751	43.2	36.8	11.7	3.2	2.0	3.1
ALL INDIVIDUALS	36,255	6.2	20.9	17.4	22.9	14.8	17.9

1/ PERCENTAGES AND NUMBERS MAY NOT ADD TO TOTALS BECAUSE OF ROUNDING.
2/ INCLUDES BREAST-FED INFANTS.

SOURCE: USDA NATIONWIDE FOOD CONSUMPTION SURVEY 1977-78, 48 CONTERMINOUS STATES.

Appendix A: Glossary

Age - Age at last birthday of each household member as reported by the household respondent. Age of infants was recorded in months; newborns under 1 month were recorded as being 0 months. (Birthdate was not used to calculate age.)

Average - Arithmetic mean computed as explained in text under "Methodology."

Calcium equivalent - This weight, expressed in grams, is the amount of fluid whole cows' milk that has the same quantity of calcium as the reported milk product (2). For example, the calcium equivalent of 2 ounces of cheddar cheese is calculated as follows:

(1) Derive calcium conversion factor--

$$\frac{\text{Calcium in 100 g cheddar cheese}}{\text{Calcium in 100 g fluid whole cows' milk}} = \frac{721}{119} = 6.1$$

(2) Multiply amount of cheddar cheese eaten, expressed in grams, by the calcium conversion factor--

$$57 \text{ g} \times 6.1 = 348 \text{ g.}$$

Central city - See "Urbanization."

Dietary intake - See "Food intake."

Education - The highest grades of formal schooling completed by the male and female heads of households were asked on the questionnaire in the following categories: (a) none, never attended; (b) elementary--grades 1 through 8; (c) high school or high school equivalency--1 through 4 years; (4) college--1 through 5 years or more. "Not reported" was a category used for those not answering this question.

Employment status - Determined by hours worked by the male and female heads of household during the week before the interview. Categories were full time (35 hours or more), part time (1 through 34 hours), not employed, and not reported. This included any full-time or part-time work as well as helping without pay in a family business or farm and active duty in the armed forces. It did not include one's own housework, schoolwork, or volunteer work.

Fall - See "Seasons."

Female head of household - Person indicated as such by the household respondent, usually the homemaker or wife of the male head.

Food from home - Food from the home food supply.

Food group - Food items categorized together in one group for purposes of analysis. See "Table Notes," appendix B, for descriptions of the food groups and subgroups.

Food ingested - See "Food intake."

Food intake - All beverages (except water) and foods ingested (swallowed) by an individual as reported in the 1-day dietary recall and 2-day diet record. Does not include inedible parts of foods such as bones, rinds, and seeds, uneaten portions of food, or vitamin, mineral, or other supplements.

Food obtained and eaten away from home - Any food or beverage ingested that did not come from the home food supply. Food obtained away from home and carried home to be eaten, such as take-home pizza, was considered part of the home food supply.

Home food supply - All food and beverages ingested at home or carried from home to be eaten elsewhere, such as picnics and packed lunches.

Household - Consisted of all individuals who regularly occupied a house, an apartment, or a room or group of rooms that constituted a housing unit. Included persons temporarily absent, such as those who were traveling, were in the hospital, or were in a dormitory. Group quarters, such as rooming houses, military barracks, and institutions, were not included in the survey.

Household respondent - The household member who gave information on household food use during the 7 days before the interview and on household characteristics; usually the household member most responsible for meal planning or preparation.

Household size - Number of individuals in a household. See "Household."

Housekeeping household - Household in which at least 1 member had 10 or more meals from the home food supply during the survey week. Nonhousekeeping households were those in which no member had at least 10 meals from the home food supply during the survey period. Both types of households were included in the tabulation of intakes by individuals.

Income - Household respondent's estimate of the household's total money earnings from all sources before taxes by all members of the household in the calendar year before the date of the interview. Called "household income."

Infants - Children under 1 year of age.

Male head of household - Person indicated as such by the household respondent.

Nonmetropolitan areas - See "Urbanization."

Northeast - See "Regions."

North Central - See "Regions."

One-day dietary recall - A recall of beverages and foods ingested during the day preceding the interview--the 24 hours from 12:00 a.m. (midnight) to 11:59 p.m.

Race - Of the household respondent as observed by the interviewer. Recorded in three categories--white, black, and other. Other members of the household were assigned the same race as the household respondent.

Regions - Those areas of the 48 conterminous States and the District of Columbia as defined by the U.S. Department of Commerce for the 1970 Census of Population.

The four Census regions are defined as follows:

- Northeast--Connecticut, Maine, Massachusetts, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Vermont;
- North Central--Illinois, Indiana, Iowa, Kansas, Michigan, Minnesota, Missouri, Nebraska, North Dakota, Ohio, South Dakota, Wisconsin;
- South--Alabama, Arkansas, Delaware, District of Columbia, Florida, Georgia, Kentucky, Louisiana, Maryland, Mississippi, North Carolina, Oklahoma, South Carolina, Tennessee, Texas, Virginia, West Virginia;
- West--Arizona, California, Colorado, Idaho, Montana, Nevada, New Mexico, Oregon, Utah, Washington, Wyoming.

Seasons - Spring--April, May, June; Summer--July, August, September; Fall--October, November, December; and Winter--January, February, March.

South - See "Regions."

Spring - See "Seasons."

Suburban areas - See "Urbanization."

Summer - See "Seasons."

Three-day dietary report - Three consecutive days of food intake including the interviewer-administered 1-day dietary recall and the self-administered 2-day dietary record.

Two-day dietary record - Diary kept by an individual (or by a person answering for him or her) reporting food intake for the day of the interview and the following day.

Urbanization - Description of household location based on the Standard Metropolitan Statistical Areas (SMSA) as defined by the U.S. Department of Commerce in the 1970 Census of Population. The three urbanizations are:

- Central city--population of 50,000 or more and main or core city within SMSA;
- Suburban area--generally within the boundaries of SMSA but not within legal limits of central city SMSA;
- Nonmetropolitan area--any U.S. area not within SMSA.

User - Any individual who reported intake of a food item from a given food group or subgroup at least once during the 3 survey days.

West - See "Regions."

Weighting factors - See "Sample Analysis," appendix D.

Winter - See "Seasons."

Appendix B: Table Notes

TABLES 1A-1.1 TO 1N-3.2--MEAT, POULTRY, FISH

Food group or subgroup	Content
Beef............	Includes beef steaks, roasts, ground beef, baby-food beef, beef bacon, pastrami, oxtails, and shortribs. (Excludes variety meats, such as liver and kidney, and processed beef, such as beef bologna and beef frankfurters.)
Pork............	Includes ham; bacon; salt pork; pigs' feet; pork cracklings; baby-food pork; and fresh, cured, smoked, and salted pork. (Excludes variety meats and frankfurters, sausages, and luncheon meats.)
Lamb, veal, game............	Includes lamb, veal, goat, mutton, baby-food lamb, rabbit, venison, and other game. (Excludes variety meats.)
Total poultry...	Includes chicken, turkey, duck, goose, cornish game hen, quail, pheasant, other wildfowl, and baby-food chicken. (Excludes giblets.)
Chicken.........	Includes chicken only. (Excludes giblets.)
Organ meat mixtures.........	Includes liver, heart, kidney, and other organ meats from beef, pork, lamb, veal, game, and poultry; baby-food liver and heart; and mixtures mainly organ meat.
Frankfurters, sausages, and luncheon meats..	Includes processed meats from beef, pork, ham, veal, chicken, and turkey.
Fish, shellfish.	Includes finfish; shellfish such as oysters, clams, crabs, lobster, scallops, and shrimp; and other seafood, including frog, fish roe, squid, and turtle.
Mixtures mainly meat, poultry, fish...........	Includes mixtures reported as a single unit--stews, casseroles, pot pies, soups, salads, hash, frozen plate meals, meat gravies, and sandwiches when reported as a single item (e.g., ham sandwich).

TABLES 2A-1.1 TO 2N-3.2--MILK AND MILK PRODUCTS; EGGS; LEGUMES, NUTS, SEEDS

Food group or subgroup	Content
Total milk, milk products........	Quantities are expressed as calcium equivalents (see "Glossary," appendix A). Includes milk, milk drinks, cream, milk desserts, and cheese. (Excludes butter.) Milk sauces and gravies are included in this total only.
Total milk, milk drinks.....	Quantities are as reported. Includes fluid milk (see next group for inclusions), yogurt (including frozen), chocolate milk, milk shakes, other milk drinks, liquid meal replacements with milk, and milk-based baby formulas.
Fluid milk......	Quantities are as reported. Includes whole, lowfat, skim, acidophilus, soy-based, filled, evaporated, and condensed milk; buttermilk; goat milk; and reconstituted dry milk.
Cream, milk desserts........	Quantities are as reported. Includes fluid and powdered cream, half and half, sour cream, ice cream, ice milk, milk sherbets, and desserts made with milk, such as custards, cornstarch pudding, and baby-food puddings. (Excludes nondairy cream substitutes, which are included under fats and oils.)
Cheese..........	Quantities are as reported. Includes natural hard and soft cheeses, processed cheeses and spreads, imitation cheeses, cottage cheese, cream cheese, and mixtures mainly cheese, such as cheese souffle, rarebit, and, if reported as a single item, cheese sandwich.
Eggs............	Includes whole eggs, egg whites and yolks, baby-food egg yolks, egg substitutes, and mixtures mainly egg, such as omelets, egg salad, and egg sandwiches reported as a single item.
Legumes, nuts, seeds..........	Includes cooked dry beans, peas, and lentils; mixtures mainly legumes, such as baked beans and soups; soybean-derived products, such as soy-based baby formulas and imitation milk; frozen meals with cooked dry beans or peas as the main course; meat substitutes mainly vegetable protein; nuts; peanut butter; seeds; and carob products.

TABLES 3A-1.1 TO 3N-3.2--GRAIN PRODUCTS; FATS AND OILS

Food group or subgroup	Content
Bread, rolls, biscuits........	Includes all types of yeast breads and rolls, sweet rolls, yeast-type coffee cakes, English muffins, biscuits, and bagels. (Excludes quick breads such as cornbread.)
Other baked goods...........	Includes cornbread, tortillas, plain and fruit muffins, and other quick breads, cakes, cookies, pies, pastries, doughnuts, crackers, salty snacks made from grain products, pancakes, waffles, and french toast.
Cereals, pastas.	Includes macaroni, noodles, spaghetti, ready-to-eat and cooked cereals, grits, rice, and other cooked cereal grains.
Mixtures mainly grain...........	Includes mixtures (some with small amounts of meat and others without meat) such as pizza, enchiladas, spaghetti with sauce, quiche, egg rolls, rice and pasta mixtures, frozen meals with the main course mainly grain, and noodle and rice soups.
Fats, oils......	Includes table fats, cooking fats such as bacon grease, lard, and meat drippings; vegetable oils; salad dressings; nondairy sour cream and sweet cream substitutes; and hollandaise and other sauces mainly fat or oil.
Table fats......	Includes butter, margarine, and imitation margarine.
Salad dressings.	Includes mayonnaise and regular and low-calorie salad dressings.

TABLE 4A-1.1 TO 4N-3.2--VEGETABLES

Food group or subgroup	Content
White potatoes..	Includes baked, boiled, mashed, fried, and canned potatoes; potato chips; and mixtures mainly potato, such as potato salad and potato soup. (Excludes viandas--Puerto Rican starchy vegetables.)
Tomatoes........	Includes raw and cooked tomatoes; tomato juice and soup; catsup, chili sauce, and other tomato sauces; and mixtures such as tomato and corn, tomato and okra, and tomato sandwich reported as a single item.

Dark-green vegetables......	Includes raw and cooked dark-green leafy vegetables such as chard, collards, escarole, mustard and turnip greens, kale, and spinach; broccoli; mixtures mainly dark-green vegetables, such as spinach souffle and spinach soup; and baby-food spinach.
Deep-yellow vegetables......	Includes raw and cooked deep-yellow or orange vegetables--carrots, pumpkin, winter squash, and sweetpotatoes; mixtures mainly deep-yellow vegetables, such as peas and carrots and sweetpotato casserole; and baby-food carrots, squash, and sweetpotato.
Other vegetables......	Includes cooked and raw vegetables other than white potatoes, tomatoes, dark-green and deep-yellow vegetables and their mixtures. Includes vegetable juices and soups; pickles, olives, and relishes; salads; viandas (Puerto Rican starchy vegetables); baby-food vegetables and baby-food vegetable mixtures with meat; and mixtures mainly vegetables.

TABLES 5A-1.1 TO 5N-3.2--FRUITS

Food group or subgroup	Content
Total citrus fruits, juices..	Includes oranges and other citrus fruits, orange juice and other citrus juices, mixtures of citrus and other fruit juices, baby-food citrus juices. (Excludes citrus fruit ades and drinks such as lemonade, which are tabulated under fruit drinks and ades.)
Dried fruits....	Includes apples, apricots, figs, prunes, raisins, and other dried fruits. (Excludes juices such as prune juice and mixtures.)
Total other fruits, mixtures, juices..........	Includes raw and cooked apples, bananas, berries, and other fruits except citrus and dried fruit; fruit salads and mixtures mainly fruit; noncitrus juices (including prune juice) and nectars; and baby-food noncitrus fruits, juices, and nectars. (Excludes fruit drinks and ades.)
Apples..........	Includes raw and cooked apples, applesauce, and baby-food applesauce.
Bananas.........	Includes raw and cooked bananas and baby-food bananas.

Other fruits, mixtures mainly fruit	Includes fruits other than citrus fruits, dried fruits, apples, and bananas; and baby-food noncitrus fruits and mixtures.
Noncitrus juices, nectars	Includes fruit juices other than citrus and baby-food noncitrus juices. (Excludes noncitrus fruits drinks and ades.)

TABLES 6A-1.1 TO 6N-3.2—SUGAR, SWEETS; BEVERAGES

Food group or subgroup	Content
Total sugar, sweets	Includes sugar, sugar substitutes, sirups, honey, molasses, icing, topping, sweet sauces, jelly, jam, marmalade, preserves, sweet pastes, fruit butters, gelatin desserts, ices, popsicles, and candy (including dietetic sweets).
Sugar	Includes white, brown, maple, and raw sugar; and sugar substitutes.
Candy	Includes candy (including dietetic sweets), chewing gum, and cough drops.
Total nonalcoholic beverages	Includes coffee, tea, soft drinks, and fruit drinks and ades.
Coffee	Includes ground and instant decaffeinated and regular coffee, coffee mixes, and coffee substitutes.
Tea	Includes tea from leaves; instant tea; and instant tea with lemon, cream, milk, sugar, and/or artificial sweetener; and herb and other teas.
Soft drinks	Includes carbonated drinks, such as colas, fruit-flavored and cream sodas, ginger ale, root beer, and carbonated diet drinks; and noncarbonated soft drinks made from powdered mixes and liquid concentrates.
Fruit drinks, ades	Includes regular and low-calorie fruit drinks, punches, and ades, including those made from powdered mix and liquid concentrate.
Total alcoholic beverages	Includes cocktails, other mixed drinks, liqueurs, wine, distilled liquors, beer, and ale.
Beer, ale	Includes beer, ale, and lite beer.

Appendix C: Food Group Coding System Used for Individual Intakes in the NFCS 1977-78

Major food groups	Major food subgroups	Minor food subgroups
1 MILK AND MILK PRODUCTS	11 Milk and Milk Drinks	111 Milk, fluid--pasteurized, filled, buttermilk, and dry reconstituted
		112 Milk, concentrated fluid (canned)
		113 Milk, imitation
		114 Yogurt
		115 Chocolate, malted, shakes, and other flavored milk drinks
		116 Meal replacements with milk
		117 Baby formulas
		118 Milk, dry, and powdered mixtures made with dry milk, not reconstituted
	12 Cream and Cream Substitutes	121 Sweet dairy cream (fluid, whipped, and dry)
		122 Sweet cream and whipped cream substitutes
		123 Sour dairy cream
	13 Milk Desserts	131 Milk desserts, frozen
		132 Milk desserts, not frozen
		133 Baby foods with milk
		134 Milk sauces and gravies
		135 Other milk products
	14 Cheeses	141 Natural cheese
		142 Cottage cheese
		143 Cream cheese
		144 Processed cheese and cheese spreads
		145 Imitation cheese
		146 Cheese mixtures
		147 Cheese soups

Major food groups	Major food subgroups	Minor food subgroups
2 MEAT, POULTRY, FISH, AND MIXTURES	21 Beef	210 Meat, NFS,[1] and beef, NFS[1]
		211 Beef steaks with bone
		212 Beef steaks without bone
		213 Beef cuts with bone, not steaks
		214 Beef slices and chunks
		215 Ground beef patties and meat balls
		216 Other beef items
		217 Baby and junior beef
	22 Pork	220 Pork, NFS[1]
		221 Pork chops
		222 Pork steaks and cutlets
		223 Ham
		224 Pork roasts, not ham
		225 Canadian bacon
		226 Bacon, salt pork, and fatback
		227 Miscellaneous pork cuts
		228 Baby and junior pork, ham, and meat sticks
	23 Lamb, Veal, Game, and Other Carcass Meat	230 Lamb, NFS[1]
		231 Lamb
		232 Veal
		233 Game
		234 Baby veal and lamb
	24 Poultry	241 Chicken
		242 Turkey
		243 Duck
		244 Cornish game hen and other poultry
		247 Baby and junior poultry

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[1] NFS - Not further specified

Major food groups	Major food subgroups		Minor food subgroups	
	25	Organ Meats, Sausages, Luncheon Meats, and Spreads	251	Organ meats and mixtures
			252	Frankfurters, sausages, luncheon meats, and meat spreads
	26	Fish and Shellfish	261	Finfish
			262	Other seafood
			263	Shellfish
	27	Meat, Poultry, or Fish Combined With Nonmeat Items	271	Meat, poultry, or fish in gravy, sauce, or creamed
			272	Meat, poultry, or fish combined with starch
			273	Meat, poultry, or fish with starch and vegetable
			274	Meat, poultry, or fish with vegetable, excluding white potatoes
			275	Sandwiches (reported as a unit) with meat, poultry, or fish
			276	Baby-food combinations with meat, poultry, or fish
	28	Plate Meals, Soups, and Gravies with Meat, Poultry, or Fish Base and Plain Gelatin Drinks	281	Frozen plate meals and soups
			283	Soups, broths, and extracts from meat, poultry, or fish base
			284	Gelatin drink, plain
			285	Gravies, meat or poultry base, made with water

Major food groups	Major food subgroups	Minor food subgroups
3 EGGS, MIXTURES, AND SUBSTITUTES	31 Eggs	311 Chicken eggs
		312 Other poultry eggs
	32 Egg Mixtures	321 Egg dishes
		322 Egg sandwiches
		323 Egg soups
		324 Meringues
	33 Egg Substitutes	330 Substitutes, NFS[1]
		331 Made from powdered mixtures
		332 Made from frozen mixtures
		333 Made from liquid mixtures
	34 Baby-Food Eggs	341 Egg yolk
4 DRY LEGUMES, NUTS, AND SEEDS	41 Legumes	411 Cooked or canned dried beans
		412 Cooked or canned dried bean mixtures
		413 Cooked dried peas and lentils and mixtures
		414 Soybean dried products
		415 Frozen meals with dried beans or peas as main course
		416 Soups, mainly legumes
		417 Baby-food legumes
		418 Meat substitutes
		419 Meat substitute sandwiches

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[1] NFS - Not further specified

Major food groups	Major food subgroups	Minor food subgroups
	42 Nuts and Nut Butters and Mixtures	421 Nuts
		422 Nut butters
		423 Nut butter sandwiches
		424 Coconut beverages and mixtures
		425 Nut mixtures
	43 Seeds and Seed Mixtures	431 Seeds and seed mixtures
	44 Carob and Carob Products	441 Carob powders
		442 Carob chips
5 GRAIN PRODUCTS	50 Flour	500 Flour and dry mixes
		510 Bread, rolls, NFS[1]
	51 Yeast Breads and Rolls	511 White bread and rolls
		512 Whole wheat bread and rolls
		513 Cracked wheat bread and rolls
		514 Rye bread and rolls
		515 Oatmeal bread
		516 Multigrain bread
		517 Cottonseed bread
		518 Other breads
	52 Quick Breads	521 Biscuits
		522 Cornbread and corn muffins
		523 Other muffins and popovers
		524 Quickbreads excluding cornbread and muffins

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[1] NFS - Not further specified

Major food groups	Major food subgroups	Minor food subgroups
	53 Cakes, Cookies, Pies, and Pastries	531 Cakes
		532 Cookies
		533 Pies
		534 Cobblers, eclairs, turnovers, and other pastries
		535 Danish, breakfast pastries, bars, and doughnuts
		536 Coffee cakes, not yeast type
	54 Crackers and Salty Snacks from Grain Products	541 Sweet crackers
		542 Low sodium (dietary) crackers
		543 Nonsweet crackers
		544 Salty snack products from grain products
	55 Pancakes, Waffles, and French Toast	551 Pancakes
		552 Waffles
		553 French toast
		554 Crepes
		555 Flour-water patties
		556 Flour-milk patties
		557 Rice flour cakes
	56 Cooked Pastes and Cooked Cereals	561 Pastes
		562 Cooked cereals

Major food groups	Major food subgroups	Minor food subgroups
	57 Ready-to-Eat Cereals	571 Cereal, ready-to-eat, NFS[1]
		571 Buckwheat cereals
		572 Bran cereals
		573 Corn cereals
		574 Oat cereals
		575 Rice cereals
		576 Wheat cereals
		577 Multigrain cereals
		578 Baby cereals
		579 Other cereals
	58 Mixtures, Mostly Grain	581 Mixtures with animal protein
		582 Mixtures without animal protein
		583 Frozen plate meals
		584 Soups with grain product as main ingredient
		585 Baby-food mixtures with animal protein
6 FRUITS	61 Citrus Fruits and Juices	611 Citrus fruits
		612 Citrus fruit juices
	62 Dried Fruits	621 Dried fruits
	63 Fruits and Berries (exclude citrus, dried)	631 Fruit excluding berries
		632 Berries
		633 Mixtures of two or more fruits
		634 Mixtures of fruits, berries, and nonfruit items

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[1] NFS - Not further specified

Major food groups	Major food subgroups	Minor food subgroups
	64 Fruit Juices and Nectars (exclude citrus)	641 Juices 642 Nectars
	67 Baby or Strained and Junior Fruits and Juices	671 Fruits and fruit mixtures 672 Juices 673 Fruits with cereal 674 Fruit desserts and puddings
7 VEGETABLES	71 White Potatoes	710 White potatoes, NFS[1] 711 Baked, boiled, and canned 712 Chips and sticks 713 Creamed, scalloped, and au gratin 714 Fried 715 Mashed, stuffed, and puffs 716 Salad 717 Special recipes 718 Soups 719 Puerto Rican starchy vegetables
	72 Dark-Green Vegetables	721 Dark-green leafy vegetables 722 Dark-green nonleafy vegetables 723 Dark-green vegetable soups
	73 Deep-Yellow Vegetables	731 Carrots 732 Pumpkin 733 Squash 734 Sweetpotatoes 735 Deep-yellow vegetable soups

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[1] NFS - Not further specified

Major food groups	Major food subgroups	Minor food subgroups
	74 Tomatoes	741 Raw tomatoes
		742 Cooked tomatoes
		743 Tomato juice
		744 Tomato sauces
		745 Tomato mixtures
		746 Tomato soups
		747 Tomato sandwiches
	75 Other Vegetables and Vegetable Mixtures	751 Raw vegetables
		752 Cooked or canned vegetables
		753 Cooked vegetables, mixtures of two or more vegetables (including nuts)
		754 Cooked vegetables with sauces, batters, casseroles
		755 Olives, pickles, and relishes (excluding tomatoes)
		756 Vegetable soups
	76 Baby or Strained and Junior Vegetables and Mixtures Mostly Vegetables	761 Dark-green vegetables
		762 Deep-yellow vegetables
		764 Vegetables other than dark-green, deep-yellow, and tomato
		765 Potato mixtures with meat
		766 Vegetable mixtures and meat with cereal
		767 Vegetable mixtures and liver with cereal
	77 Vegetable Mixtures with Animal Protein	771 White potato mixtures
		772 Puerto Rican starchy vegetable (viandas) mixtures
		773 Other vegetable mixtures
		775 Puerto Rican stews and soups with starchy vegetables (viandas)

Major food groups	Major food subgroups	Minor food subgroups
8 FATS, OILS, AND SALAD DRESSINGS	81 Fats	811 Table fats
		812 Cooking fats
		813 Other fats
	82 Oils	821 Vegetable oils
	83 Salad Dressings	831 Regular-type salad dressings
		832 Low-calorie-type salad dressing
9 SUGAR, SWEETS, AND BEVERAGES	91 Sugar and Sweets	911 Sugars
		912 Sugar replacements and substitutes
		913 Sirups, honey, and molasses
		914 Jellies, jams, and preserves
		915 Gelatin desserts and salads
		916 Ices and popsicles
		917 Candies
		918 Chewing gum and cough drops
	92 Nonalcoholic Beverages	921 Coffee
		922 Coffee substitutes
		923 Tea
		924 Soft drinks
		925 Fruit 'ades and drinks
		926 Nonfruit beverages
		929 Sugar concentrates with vitamin C, powdered, not reconstituted
	93 Alcoholic Beverages	931 Beers and ales
		932 Cordials and liqueurs
		933 Cocktails
		934 Wines
		935 Distilled liquors

Major food groups	Major food subgroups	Minor food subgroups
0 FOOD ITEMS FOR WHICH NO NUTRITIVE VALUES ARE ASSIGNED	00 Blank	001 Artificial sweeteners
		002 Extracts, flavors, and vinegar
		003 Seasonings, spices, and herbs
		004 Vitamins, minerals, and supplements
		009 Cooking oils, sprays, and sticks

Appendix D: Sample Analysis

Description of the Sample

The NFCS 1977-78 actually consisted of two surveys and two target populations. The first survey collected information from 14,930 private households (unweighted count) of 1 or more members. The households were from a statistically selected sample of all private households in the 48 conterminous States, stratified by region, urbanization, and geographic or demographic similarities. The second survey collected information from 30,770 individuals (unweighted) in the households of the first survey. The number of individuals represents approximately 90 percent (estimated from spring quarter) of those that were eligible by the survey design, and 14,035 households (unweighted) had at least one member sampled. Excluded from this report are about 9 percent or 2,740 individuals (unweighted) who did not complete food intake questionnaires for all 3 days.

Design

The household survey was designed to be a self-weighting, multistage, stratified area sample of 15,000 households in the conterminous States. During each quarter, 3,750 households were to be sampled by use of an interpenetrating design. The sampling frame was organized by use of the 1970 Census of Population and Housing. In the spring quarter of the individual survey, all members of the households were eligible to participate. In the other quarters of the individual survey, all individuals 18 years or younger were eligible, but only one-half of those 19 years or older were eligible.

Stratification

The 48 conterminous States were divided into 114 strata on the basis of 3 levels of stratifications--geographic division, urbanization or zone, and demographic or other geographic similarities. Each of the nine census geographic divisions that comprise the four census regions (see tabulation) was divided into the three census zones defined below:

Zone I (Central city)--the area comprised of the central city or cities in standard metropolitan statistical areas (SMSA);

Zone II (Suburban)--the area in SMSA's outside Zone I;

Zone III (Nonmetropolitan)--any area not included in Zones I and II.

The two levels of division and zone were then grouped at the third level based on cities or other political entities, economic trading areas, geographic units, and/or by size. This procedure resulted in 114 homogeneous strata of approximately 600,000 households each. The distribution of these strata by census geographic divisions and zones is shown below.

Census region and division	Number of strata			
	Central city Zone I	Suburban Zone II	Nonmetro-politan Zone III	Division
Northeast:				
New England	2	3	2	7
Middle Atlantic ..	8	9	4	21
North Central:				
East North Central	8	8	6	22
West North Central	2	2	5	9
South:				
South Atlantic ...	4	6	7	17
East South Central	2	1	4	7
West South Central	4	2	5	11
West:				
Mountain	2	1	2	5
Pacific	6	7	2	15
Total	38	39	37	114

Primary Sampling Units

Every stratum was divided into one or more primary sampling units (PSU). The PSU's were formed from cities, parts of cities, or from counties and each contained at least 10,000 housing units. Twelve strata were represented by only one PSU each, and these PSU's were picked with certainty.[1] From the other 102 strata, PSU's were drawn with probabilities proportional to size.

Selection of Area Segments Within PSU's

Each PSU drawn was divided into small clusters of housing units called "area segments." The area segments were designed, based on the 1970 Census, to contain 100 or more housing units. In urban areas, area segments usually consisted of one or more city blocks; elsewhere, they consisted of part of a Census enumeration district. From the PSU's, 2,500 area segments were drawn; the number of area segments in a PSU was proportional to the size of the stratum in which the PSU was located. The probability that an individual area segment would be drawn from a PSU was proportional to the ratio of the number of housing units in the area segment to the total number of units in the PSU.

Prelisting of Area Segments

All 2,550 area segments were prelisted to determine the number of occupied housing units. Then, the national increase in the number of housing units from 1970 to 1977 was estimated. This information, together with estimates of occupancy and completion rates, permitted calculation of sampling ratios for the area segments that would yield a total of 3,750 households per quarter.

Selection of Sample Housing Units

For the first 2 quarters, an average sampling ratio of 2.3 households per segment was used. The housing units were ordered within their respective segments. For each quarter, a sample was systematically selected from each segment, without replacement, after a random start. By the end of the second quarter, the estimated completion rate had been adjusted, and an average

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[1] Cook Co., IL; Kings Co., NY; Los Angeles Co., CA (double strata); New York Co., NY; Queens Co., NY; Chicago, IL (double strata); Detroit, MI; Los Angeles, CA (double strata); Philadelphia, PA.

sampling ratio of 2.86 households per segment was used for the last 2 quarters. With the above adjustments, the target of responses from 15,000 households was closely approximated during the year-long survey period.

Selection of Eligible Individuals

During the spring quarter, all individuals regularly living in the selected household were eligible to participate in the individual intake phase of the survey. During the other quarters, all individuals under 19 years of age were eligible but only half of the individuals 19 years and older were eligible. The selection was accomplished by using a special form. All individuals over 18 in a given household were entered on the form in the same order in which they were listed in the household survey. Then either the odd- or even-numbered persons were selected, depending on information on the form. This selection process was centrally controlled, and could not be modified by the interviewers. In one-person households, the household member was always eligible to participate.

If a household member was away from home during the initial interview but was expected to return before the end of the 3-day recording period, intake forms were left to be filled in with the assistance of the household respondent.

Weights

Although the household survey was designed to be self-weighting, it was determined after the survey ended that the completion rates for the various PSU's differed at a statistically significant level. Therefore, weighting factors were applied to data from completed schedules. The weights were calculated for each quarter for every PSU. The weights were designed to be proportional to the ratio of the expected number of completed schedules in a PSU to the collected number of completed schedules in a PSU; weights were scaled so that there would be 3,740 completed schedules per quarter. The weight factor applied to the household was also applied to the records of every individual in that household. In the summer, fall, and winter quarters, the weight factor was doubled for individuals over 18 years old to adjust for the half sampling that occurred. In one-person households, however, the weight factor was not doubled, regardless of the age of the individual. After weighting was completed, a few household schedules had to be discarded because of invalid or incomplete data. The following tabulation gives the weighted and unweighted household and individual counts by season:

Quarter	Households		Individuals	
	Weighted count	Unweighted count	Weighted count	Unweighted count
Spring	3,739	3,322	9,811	8,778
Summer	3,728	3,468	10,107	6,584
Fall	3,728	4,071	10,140	7,696
Winter	3,731	4,069	10,151	7,712
Total	14,926	14,930	40,209	30,770

Collection Counts

The following are the weighted and unweighted counts of individuals in the 22 sex-age groups distributed by the number of days of dietary intake reported for the year:

Number of daily dietary reports in the NFCS 1977-78

Sex and age (years)	Dietary intakes reported					
	1 day		2 days		3 days	
	Weighted count	Unweighted count	Weighted count	Unweighted count	Weighted count	Unweighted count
Males and females:						
Under 1	26	23	9	8	524	535
1-2	52	46	34	33	1,045	1,064
3-5	76	67	56	52	1,719	1,740
6-8	94	90	72	64	1,841	1,879
Males:						
9-11	50	46	28	26	939	961
12-14	42	39	34	32	1,150	1,168
15-18	67	63	49	48	1,394	1,399
19-22	86	55	36	24	1,030	659
23-34	223	133	93	57	2,716	1,750
35-50	232	149	82	49	2,571	1,655
51-64	182	115	56	35	2,161	1,388
65-74	105	64	23	16	1,049	686
75 and over	54	41	9	6	465	326
Females:						
9-11	46	45	26	27	1,011	1,034
12-14	37	33	35	29	1,148	1,159
15-18	60	60	62	57	1,473	1,479
19-22	128	74	59	34	1,317	814
23-34	374	207	93	51	3,879	2,394
35-50	336	193	88	54	3,759	2,322
51-64	346	210	64	44	2,936	1,963
65-74	153	109	46	26	1,376	1,057
75 and over	101	84	31	22	751	598
All individuals ..	2,870	1,083	1,083	794	36,255	28,030

Collection Counts in Supplemental Surveys

The following are weighted and unweighted counts of households and individuals in the six surveys supplemental to the NFCS 1977-78:

Number of households and individuals in supplemental surveys

Survey	Households		Individuals	
	Weighted	Unweighted	Weighted	Unweighted
	Number			
Puerto Rico Households, July 1977-December 1977	3,040	3,040	7,902	7,950
Alaska Households, January 1978-March 1978 (urban only)	1,131	1,131	2,361	2,393
Hawaii Households, January 1978-March 1978	1,256	1,256	3,050	3,086
Low-Income Households, November 1977-March 1978, 48 conterminous States	4,629	4,623	12,266	12,847
Households with at least one member 65 years or older, May 1977-March 1978, 48 conterminous States	([1])	4,914	([1])	8,036
Low-Income Households, November 1979-March 1980, 48 conterminous States	3,009	3,002	9,123	8,492

[1] Not applicable

Appendix E: Differences Between Individual Food Intake and Household Food Consumption Data

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Individual intake data differ from household food consumption data in several important respects that prevent direct comparisons of the two types of data despite collection from the same sample of households (1, 7). Individuals' food intakes were recorded as ingested. Food used by the household was reported in the form as purchased or as brought into the kitchen with no deductions for food later discarded for such reasons as spoilage, spillage, plate waste, or leftovers fed to pets. Individual intake included total food eaten, both at home and away from home. Household food consumption included quantities from the home food supply only.

Also, for some foods, "intake as ingested" can differ from "food as served" because it excludes uneaten parts such as bones, rind, pits, and leftovers. For many foods, such as most meats, only the cooked form is ingested.

The 3 consecutive days of individual intake information included a recall for the day before the interview administered by the interviewer with individuals present answering for themselves; intakes for the remaining 2 days were self-recorded. The interviewer recorded household food consumption as recalled by the household respondent for the preceding 7 days, ending with the time of the interview.

Foods as ingested often consisted of mixtures of several foods, such as stews, salads, soups, and casseroles. Mixtures were usually reported by the respondent as a single item and grouped for presentation in this report by the mixture's main ingredient. For example, macaroni and cheese was classified in the grain mixtures group. Household food consumption included fewer mixtures because ingredients were often reported before mixtures were prepared, and, therefore, could be classified into more homogeneous food groups.

For individual food intake, the "average intake per individual" was calculated from the reports of food as ingested by individuals and averaged for specific sex-age categories. For household food consumption, the "average quantity per person" was calculated by dividing the quantity of all food used by the household equally, in terms of the number of meals consumed, by all persons eating from the household food supply, and averaging for specified categories of households (20).

Although both individual intake data and household food consumption data were collected from the same sample of households, the groups of households included in the analysis differ. Data reported for household food consumption include only those households with at least 1 person having 10 or more meals from the household food supply during the 7 days before the interview. These households are termed housekeeping households and accounted for about 94 percent of the households in the basic 1977-78 sample. Data reported for individual intakes include the data for individuals in housekeeping and in nonhousekeeping households. Not all participating households, however, supplied information on individual intakes.

Finally, the unit of analysis (household or individual) differs in the two phases of the NFCS. Each household is an independent unit and, regardless of its size, is given equal weight in most analyses. Although individuals are members of households, they are treated as independent cases in reports of individual intakes. A weighting effect occurs for individuals that becomes greater as the size of the household increases. As a consequence, large households have a greater impact on results of the individual intake phase than do small households.

Appendix F: Comparison of 1- and 3-day Food Intakes in Spring 1977

In the 1977-78 NFCS, a 1-day recall and a 2-day record of food intake were requested of all individuals surveyed. Data from the interviewer-administered 1-day recalls for spring 1977 have been published (8). Three-day food intakes include the recall and record, and intakes for all 3 days were obtained from 90 percent of the eligible individual participants (9,770, excluding breast-fed infants). The numbers of individuals providing 1-day recalls and 3-day reports were 9,620 and 8,780, respectively, excluding breast-fed infants.

For 21 of the 53 food categories, average intakes by all individuals were the same for 1 day and for 3 days. These food categories were: total meat group; pork; lamb, veal, game; organ meats; meat mixtures; cheese; eggs; ready-to-eat cereals; total fats and oils; table fats; salad dressing; white potatoes; dark-green vegetables; fruit drinks and ades; total fruits; dried fruit; apples; noncitrus juices and nectars; sugar and sweets; sugar; and candy. For 10 food categories, differences were less than or equal to 2.0 percent; for 14 food categories, they were 2.1 to 5.0 percent; and for the other 8 food categories, differences were greater than 5.0 percent. Thus, for the majority of food categories, differences were small. For sex-age groups, differences were often greater. Average intakes of 32 of the 53 food categories by all individuals for 1 day and for 3 days in spring 1977 are compared below.

Food category	Average intake by all individuals		Percent difference
	1 day	3 days	
	——Grams——		
Less than or equal to 2 percent:			
Beef	54	53	- 1.9
Total milk and milk products	352	354	.6
Milk and milk drinks	266	269	1.1
Fluid milk	242	244	.8
Total grain products	204	201	- 1.5
Grain mixtures	49	48	- 2.0
Total vegetables	201	198	- 1.5
Total nonalcoholic beverages	604	597	- 1.2
Coffee	262	257	- 1.9
Tea	129	131	1.6
2.1 to 5.0 percent:			
Total poultry	27	26	- 3.7
Chicken	24	23	- 4.2
Frankfurters, sausages, luncheon meats	20	19	- 5.0
Cream and milk desserts	26	25	- 3.8
Bread, rolls, biscuits	62	60	- 3.2
Other baked-goods	49	47	- 4.1
Total cereals and pastas	44	46	4.5
Tomatoes	22	23	4.5
"Other" vegetables	99	95	- 4.0
Citrus fruit and juice	70	67	- 4.3
Total noncitrus fruit	72	74	2.8
"Other" fruits, mixtures	38	39	2.6
Total beverages	667	651	- 2.4
Soft drinks	185	181	- 2.2
Greater than 5.0 percent:			
Fish	11	12	9.0
Yogurt	3	4	33.0
Legumes, nuts, seeds	26	24	- 7.7
Deep-yellow vegetables	8	7	-12.5
Citrus fruit juice	57	54	- 5.3
Bananas	8	9	12.5
Alcoholic beverages	63	54	-14.3
Beer	51	43	-15.7

Appendix G: Comparison of Food Intakes in Spring 1977 Using 1965 and 1977 Methods

The method of collecting data from individuals used in the NFCS 1977-78 differed slightly from the method used in the 1965 survey. In 1965, no advance notice of the interview was given. Also, in 1965, an individual intake was obtained for only 1 day (the preceding day), and the household respondent provided this information for all eligible household members. In 1965, the sample included all household members under 20 and over 64 years of age and one-half of the members 20 through 64 years. Each report for individuals 20 through 64 years was treated as two records in tabulations and data analysis. A form was left to be completed and returned by mail if the household respondent could not supply the information.

In order to assess the impact of these changes, a "bridging" survey was conducted in the spring of 1977 using the 1965 method. Results of a preliminary study (unpublished) of the bridging survey indicated that the changes in method had minimal impact on average intakes of the major food groups, based on 1-day recalls, as shown below.

Comparison of food intakes in spring 1977 using 1965 and 1977 methods

	Bridging survey		Basic survey	
	Average intake	Individuals using	Average intake	Individuals using
	Grams	Percent	Grams	Percent
Meat, poultry, fish	199	92.0	207	92.8
Milk and milk products (in calcium equivalents)	353	81.5	352	80.7
Eggs	30	35.8	27	31.9
Legumes, nuts, seeds	26	21.1	26	20.2
Grain products	207	96.3	204	95.7
Fats and oils	13	59.4	14	60.3
Vegetables	202	85.8	201	85.6
Nonalcoholic beverages	620	82.1	604	83.5
Alcoholic beverages	67	10.0	63	10.4
Fruits	150	54.4	142	54.2
Sugar and sweets	23	52.9	23	50.3

Appendix H: Comparison of Food Intakes in Spring 1965 and Spring 1977

The 1-day dietary recall information collected in the spring 1977 NFCS was compared with the 1-day recall information collected in the spring 1965 survey. The food items reported in the 1965 survey--as they appear on the spring individual food intake 1965 data tape (see appendix J)--were organized to match the food groups used to tabulate food items in the 1977 survey. Tables 1 to 15 show the average intakes and percentage of users in 1977 and 1965.

Major differences in average intakes by all individuals combined are as follows:

Change from 1965 of 30 percent and over	Change from 1965 of 10 to 29 percent
Decreased	
Pork	Frankfurters, sausages, luncheon meats
Cream and milk desserts	Milk and milk products
Table fats	Milk and milk drinks
Sugar	Fluid milk
Candy	Eggs
	Bread, rolls, biscuits
	Other baked goods
	Fats and oils
	Tomatoes
	Noncitrus fruits
	Bananas
	Coffee
Increased	
Cheese	Poultry
Grain mixtures	Meat mixtures
Dark-green vegetables	Salad dressings
Citrus juices	Ready-to-eat cereals
Tea	"Other" vegetables
Fruit drinks, ades	Citrus fruits and juices
Alcoholic beverages	Soft drinks

Average intakes of meat, poultry, and fish and the percentage of individuals reporting items from this group were similar in the two surveys for most sex-age groups. However, changes in meat subgroups did occur. Beef intakes and the percentage of users were slightly lower for the majority of sex-age groups in 1977 than in 1965; for pork, the decline was considerably greater. Poultry consumption--in terms of both average intakes and percentage of users--increased in 1977 for well over one-half of the sex-age groups. Consumption of frankfurters, sausages, and luncheon meats was lower in 1977 than in 1965 for nearly all the sex-age groups. Meat mixture consumption was substantially higher in 1977 than in 1965 for nearly all sex-age groups.

Average intakes of milk and milk products, expressed in calcium equivalents, were generally lower in 1977 than in 1965 for infants, children, and teenagers. However, intakes by men over 18 years and women over 22 years were higher in 1977 than in 1965. Infants consumed 30 percent less in 1977 than in 1965 and 1- to 5-year-olds consumed nearly 25 percent less, but the drop was smaller for older children and teenagers. Fluid milk consumption was lower in 1977 than in 1965 for all sex-age groups, but intakes of cheese were higher.

Egg intakes were down considerably in 1977 from 1965 mainly because of fewer persons eating eggs.

Consumption of legumes and nuts (including peanut butter) was generally lower in 1977 than in 1965 for children, teenagers, and adults under 35 years, but higher for most groups of older adults.

In 1977, average intakes of total grain products were lower than in 1965. Infants, adults under 65 years, and men over 74 years generally showed the largest reductions. Average consumption of bread, rolls, and biscuits by sex-age groups fell about 20 to 40 percent from 1965 to 1977, except for women over 64 years. However, bread or rolls, if part of a sandwich that was reported as a single item, might be included in the food group of the filling. Intakes of other baked goods--such as cookies, cakes, pies, and crackers--were also lower in 1977, especially for men under 65 years and females 15 to 34 years. One-half of the sex-age groups showed higher consumption of cereals and pastas in 1977, while all the sex-age groups consumed more ready-to-eat cereals. All sex-age groups except three had large increases in intakes of grain mixtures from 1965 to 1977. Consumption of fats and oils was lower in 1977 than in 1965.

More vegetables as a total group were eaten in 1977 than in 1965 by adults over 35 years, but less were eaten by most groups of children and teenagers. (Vegetables that are ingredients of mixtures in other food groups such as the meat group are not included in the vegetable group.) White potatoes were reported by a smaller proportion of individuals in 1977 than in 1965, although average intakes were larger for a number of the sex-age groups. For the majority of sex-age groups, intakes of tomatoes and deep-yellow vegetables were lower in 1977 than in 1965, but intakes of dark-green and other vegetables were generally higher. For 14 of the 22 sex-age groups, average intakes of total fruits and juices in 1977 were above those in 1965, especially for children under 3 years and adults over 50 years. Nearly all sex-age groups reported larger intakes of citrus juices.

Sugar and sweets intakes were lower in 1977 than in 1965. The largest cutbacks were by teenage girls and adults under 35 years, and the smallest by elderly women.

Several changes occurred in beverage intakes. Coffee intakes decreased in 1977, with the largest drop evidenced in the 19- to 22-year-old group. Tea intakes, however, were up in 1977. Considerably more soft drinks were drunk in 1977 than in 1965. About one-half of children 3 to 11 years, teenagers, and adults under 35 years reported soft drinks in 1977, but only one-third of adults over 35 years did so. Consumption of fruit drinks and ades was the same or higher in 1977 than in 1965. Average intakes were twice those in 1965 for some groups of children and for the oldest adults. Reported consumption of alcoholic beverages was also higher in 1977 than in 1965.

Table 1.--Total meat, poultry, fish; Beef; Pork[1]
Average intake per individual and percentage of individuals using in 1 day, spring 1965 and spring 1977

Sex and age (years)	Individuals		Total meat, poultry, fish				Beef				Pork			
			Individual intake		Individuals using		Individual intake		Individuals using		Individual intake		Individuals using	
	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977
	--Number--		--Grams--		--Percent--		--Grams--		--Percent--		--Grams--		--Percent--	
Males and females:														
Under 1 year....	[2]404	78	50	72	43.1	56.0	4	9	5.9	11.3	3	4	5.0	6.0
1-2.............	[2]801	264	103	91	86.6	87.2	22	18	28.3	27.4	13	6	26.2	18.9
3-5.............	1,3[illegible]	437	127	121	90.1	89.7	33	23	32.4	29.6	20	8	28.5	21.8
6-8.............	1,465	469	157	149	93.2	93.3	37	33	32.2	31.0	21	15	28.4	25.7
Males:														
9-11............	663	216	188	188	94.4	96.4	48	41	34.8	32.7	28	22	32.0	21.9
12-14...........	626	313	220	218	93.9	95.1	58	53	39.6	35.3	26	18	32.1	18.7
15-18...........	725	400	272	272	95.2	96.4	76	82	39.0	40.1	48	24	37.1	26.2
19-22...........	331	287	311	310	95.2	92.9	113	90	48.6	41.7	45	21	34.7	26.7
23-34...........	1,152	770	342	285	97.6	93.6	102	86	41.7	40.5	60	27	43.1	25.9
35-50...........	1,710	784	304	295	96.0	96.4	101	75	45.6	40.7	49	28	40.4	31.7
51-64...........	1,074	634	284	274	97.4	96.4	82	70	40.4	36.9	53	32	44.3	30.7
65-74...........	450	295	216	231	93.6	94.6	59	54	34.2	37.4	37	25	40.0	35.4
75 and over.....	205	127	212	196	94.1	95.1	45	41	28.8	28.1	35	39	37.6	43.0
Females:														
9-11............	597	241	157	162	92.1	93.4	35	38	31.8	33.7	20	17	26.3	20.2
12-14...........	625	309	183	176	92.5	92.2	51	47	35.4	30.7	26	19	29.9	25.8
15-18...........	674	402	196	180	93.8	91.2	57	46	40.8	31.7	32	14	33.1	19.6
19-22...........	480	337	212	184	92.3	90.2	59	52	32.7	34.8	46	19	38.5	21.0
23-34...........	1,418	949	197	183	92.7	90.2	62	48	38.1	33.4	29	17	32.7	22.8
35-50...........	2,072	942	197	187	94.4	93.1	55	49	35.3	36.4	32	19	34.9	26.3
51-64...........	1,296	792	186	187	94.4	92.9	53	52	36.3	35.6	29	19	35.5	27.1
65-74...........	599	377	168	159	89.6	92.0	42	34	30.7	29.5	29	21	34.1	28.9
75 and over.....	311	197	157	134	90.7	90.6	39	31	30.5	31.8	26	17	32.8	27.2
All individuals...	19,015	9,620	207	207	92.5	92.8	59	54	36.0	35.0	33	20	33.9	25.8

[1] See "Table Notes," appendix B.
[2] Excludes breast-fed infants.

Sources: USDA Household Food Consumption Survey 1965-66 and USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

Table 2.--Poultry; Frankfurters, sausages, luncheon meats; Fish and shellfish; Mixtures mainly meat, poultry, fish[1]

Average intake per individual and percentage of individuals using in 1 day, spring 1965 and spring 1977

Sex and age (years)	Poultry				Frankfurters, sausages, luncheon meats				Fish and shellfish				Mixtures mainly meat, poultry, fish			
	Individual intake		Individuals using		Individual intake		Individuals using		Individual intake		Individuals using		Individual intake		Individuals using	
	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977
	--Grams--		--Percent--		--Grams--		--Percent--		--Grams--		--Percent--		--Grams--		--Percent--	
Males and females:																
Under 1 year....	3	4	4.2	4.5	1	2	3.2	4.9	0	0	1.0	0	35	51	30.0	31.0
1-2.............	10	16	12.4	19.6	15	15	27.3	31.4	[illegible]	4	5.7	5.7	40	32	36.0	32.3
3-5.............	16	19	15.5	17.5	21	15	32.1	33.6	5	6	6.9	7.9	36	49	32.4	35.0
6-8.............	24	20	19.0	18.3	24	17	34.1	31.3	7	7	7.8	8.3	48	55	35.9	33.9
Males:																
9-11............	25	24	17.2	16.7	25	19	35.3	33.7	8	7	7.7	10.6	57	72	38.0	39.5
12-14...........	30	27	17.3	17.8	33	25	33.5	28.8	10	8	8.5	8.5	68	87	39.1	43.5
15-18...........	26	37	15.3	19.8	40	25	36.1	32.1	12	7	7.7	6.8	80	93	43.2	42.3
19-22...........	24	45	13.0	21.6	46	33	39.6	36.3	14	6	10.0	2.9	77	112	37.5	43.2
23-34...........	33	31	16.7	15.1	39	30	37.7	32.2	14	14	7.3	9.1	95	94	43.6	40.1
35-50...........	34	31	17.2	18.3	36	26	34.2	29.9	14	17	9.0	11.2	74	113	40.4	44.6
51-64...........	26	31	15.1	16.7	34	29	29.8	33.0	15	22	9.5	11.3	72	86	37.1	35.6
65-74...........	27	29	16.2	19.5	25	22	22.9	31.6	11	21	6.0	10.5	57	72	31.8	34.3
75 and over.....	27	28	17.1	21.8	22	19	22.4	29.0	15	5	8.3	4.0	69	54	37.6	23.9
Females:																
9-11............	24	27	18.6	22.7	22	20	32.8	34.8	8	5	8.4	9.1	50	55	34.8	32.5
12-14...........	19	23	15.4	17.3	27	13	33.9	30.8	8	7	8.6	8.4	57	61	36.5	35.3
15-18...........	18	28	13.1	21.4	23	16	30.3	26.7	9	11	8.3	7.3	59	61	39.2	36.0
19-22...........	19	26	15.2	17.7	18	18	26.5	25.5	11	8	10.4	7.5	59	61	35.2	31.9
23-34...........	20	24	14.8	17.4	22	16	29.6	24.9	9	10	7.8	9.0	54	66	35.8	32.5
35-50...........	23	24	15.5	18.9	19	14	25.2	23.7	13	14	9.9	11.5	54	63	35.2	34.0
51-64...........	25	26	16.7	17.8	19	12	25.0	21.0	10	12	7.1	10.3	49	60	33.8	34.6
65-74...........	22	30	16.0	22.4	13	12	18.5	23.5	9	9	6.7	7.6	51	47	29.7	26.6
75 and over.....	27	19	20.6	18.3	13	9	18.3	17.9	8	4	6.4	5.3	45	49	29.3	28.3
All individuals...	24	27	15.8	18.3	25	20	29.7	28.3	10	11	7.9	8.9	58	72	36.4	35.9

[1] See "Table Notes," appendix B.

Sources: USDA Household Food Consumption Survey 1965-66 and USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

Table 3.--Total milk and milk products; Milk and milk drinks; Fluid milk[1]
Average intake per individual and percentage of individuals using in 1 day, spring 1965 and spring 1977

Sex and age (years)	Total milk and milk products				Milk and milk drinks				Fluid milk			
	Individual intake		Individuals using		Individual intake		Individuals using		Individual intake		Individuals using	
	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977
	--Grams--		--Percent--		--Grams--		--Percent--		--Grams--		--Percent--	
Males and females:												
Under 1 year....	714	492	98.3	92.2	694	618	97.0	92.2	593	361	78.0	60.9
1-2.............	619	466	98.1	93.4	591	404	97.6	90.9	572	397	96.3	90.5
3-5.............	545	421	94.5	91.7	508	353	93.4	87.8	485	330	91.8	85.6
6-8.............	585	508	95.7	93.4	538	433	93.3	90.5	510	401	91.3	88.5
Males:												
9-11............	623	515	94.6	92.9	573	432	91.7	90.7	545	402	89.0	87.9
12-14...........	653	577	93.0	90.2	594	504	91.5	86.3	557	461	89.5	81.1
15-18...........	655	626	90.3	85.9	595	519	84.7	77.3	547	467	81.9	75.7
19-22...........	471	494	83.7	81.6	423	388	74.9	74.3	385	353	71.6	69.7
23-34...........	349	359	87.2	73.8	299	243	74.8	58.3	278	213	73.6	53.6
35-50...........	301	306	85.7	75.8	242	203	67.5	57.6	229	192	66.3	56.5
51-64...........	262	277	85.7	77.8	205	180	69.3	61.8	199	173	68.9	60.9
65-74...........	286	313	87.6	81.3	229	217	74.4	71.2	224	204	73.3	70.4
75 and over.....	262	293	86.8	80.7	211	193	76.1	67.9	203	184	74.1	66.3
Females:												
9-11............	549	465	93.1	92.5	501	402	89.8	88.8	474	371	87.6	86.8
12-14...........	526	470	92.6	88.6	475	387	88.2	80.9	451	343	86.7	76.2
15-18...........	414	405	86.1	85.4	371	316	78.0	74.7	348	279	75.2	69.2
19-22...........	303	303	83.3	78.1	261	224	70.8	65.1	245	205	67.7	62.3
23-34...........	234	272	79.8	74.3	192	182	65.6	58.6	180	158	63.5	54.5
35-50...........	200	209	81.9	73.0	153	130	63.6	55.2	142	117	61.4	52.6
51-64...........	198	214	84.1	73.9	147	139	65.7	58.2	140	128	63.6	56.0
65-74...........	203	248	83.1	80.3	152	166	65.3	68.4	144	156	62.6	67.3
75 and over.....	220	289	84.2	84.2	169	214	72.0	73.1	165	205	71.1	71.4
All individuals...	393	352	88.1	80.7	345	266	77.6	68.8	325	242	75.3	65.9

[1] See "Table Notes," appendix B.

Sources: USDA Household Food Consumption Survey 1965-66 and USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

Table 4.--Cream and milk desserts; Cheese; Eggs; Legumes, nuts, seeds[1]

Average intake per individual and percentage of individuals using in 1 day, spring 1965 and spring 1977

Sex and age (years)	Cream and milk desserts				Cheese				Eggs				Legumes, nuts, seeds			
	Individual intake		Individuals using		Individual intake		Individuals using		Individual intake		Individuals using		Individual intake		Individuals using	
	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977
	--Grams--		--Percent--		--Grams--		--Percent--		--Grams--		--Percent--		--Grams--		--Percent--	
Males and females:																
Under 1 year....	18	7	16.6	6.5	1	1	2.5	3.6	10	5	20.8	10.0	13	63	6.7	14.5
1-2.............	23	15	28.2	19.3	4	8	10.7	21.7	27	20	45.7	33.3	16	21	27.2	22.8
3-5.............	31	23	32.0	21.8	4	9	11.3	21.0	23	22	36.6	33.6	28	19	35.1	30.7
6-8.............	40	25	35.2	25.0	5	10	12.8	19.7	23	18	34.4	24.3	36	26	35.9	29.4
Males:																
9-11............	44	39	33.8	24.3	6	8	13.0	16.1	27	26	38.2	26.4	38	24	33.6	28.0
12-14...........	48	34	34.5	23.0	8	9	15.8	14.5	31	28	39.3	28.8	48	32	31.9	27.5
15-18...........	49	44	34.1	27.9	10	13	16.1	20.7	42	31	43.4	30.4	45	33	27.2	20.9
19-22...........	36	22	29.3	16.4	10	15	15.4	26.0	54	32	49.5	30.1	51	30	26.6	17.7
23-34...........	33	24	29.7	21.9	13	21	22.2	28.3	55	38	52.4	33.7	36	30	23.3	19.7
35-50...........	45	29	36.5	24.1	13	18	21.4	27.0	51	41	56.6	39.8	33	43	20.5	22.5
51-64...........	40	29	32.8	26.2	15	17	23.6	25.9	50	36	55.7	40.1	24	32	16.0	20.5
65-74...........	41	34	36.9	29.1	14	14	20.9	24.8	55	36	58.2	47.7	19	24	14.9	15.2
75 and over.....	39	31	33.7	25.8	9	18	16.1	25.2	40	41	52.2	51.5	10	21	8.8	20.3
Females:																
9-11............	42	30	35.8	25.6	5	7	12.6	16.8	25	14	35.2	19.7	30	33	32.7	30.6
12-14...........	41	33	35.4	22.7	8	11	16.3	22.8	23	19	32.3	23.4	27	25	25.0	21.0
15-18...........	36	29	31.8	24.2	7	11	16.6	24.9	25	21	33.8	25.5	29	21	24.5	18.0
19-22...........	33	20	33.1	18.3	8	18	12.3	26.9	29	26	37.1	27.2	24	19	16.9	14.3
23-34...........	30	18	30.9	18.8	11	19	19.3	28.5	26	26	36.2	31.3	24	21	20.5	18.2
35-50...........	32	20	33.1	21.4	14	18	23.0	28.0	31	23	42.6	28.0	16	21	14.8	17.4
51-64...........	37	21	36.6	21.1	14	19	21.0	26.8	33	24	44.8	33.2	17	19	14.7	17.1
65-74...........	37	27	35.7	26.9	13	14	20.4	25.6	30	22	43.1	32.9	11	15	11.4	11.7
75 and over.....	37	26	33.1	28.4	14	20	18.6	24.5	28	19	42.1	32.2	10	8	10.9	9.6
All individuals...	37	26	33.1	22.8	10	15	17.6	24.7	34	27	42.8	31.9	27	26	22.7	20.2

[1] See "Table Notes," appendix B.

Sources: USDA Household Food Consumption Survey 1965-66 and USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

Table 5.--Total grain products; Bread, rolls, biscuits; Other baked goods[1]
Average intake per individual and percentage of individuals using in 1 day, spring 1965 and spring 1977

Sex and age (years)	Total grain products				Bread, rolls, biscuits				Other baked goods			
	Individual intake		Individuals using		Individual intake		Individuals using		Individual intake		Individuals using	
	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977
	--Grams--		--Percent--		--Grams--		--Percent--		--Grams--		--Percent--	
Males and females:												
Under 1 year....	62	42	85.1	81.9	5	4	16.6	13.8	3	5	15.3	22.0
1-2.............	143	158	99.4	98.1	36	27	76.3	67.9	32	24	69.0	56.8
3-5.............	188	181	99.5	99.8	58	46	88.3	78.1	48	37	69.4	60.7
6-8.............	215	206	99.6	99.7	71	53	89.8	80.6	61	56	71.2	67.3
Males:												
9-11............	254	238	99.8	99.1	91	67	91.1	85.2	72	56	75.0	62.9
12-14...........	299	288	99.4	99.1	104	76	92.2	83.2	83	80	71.6	65.6
15-18...........	314	303	99.2	98.0	129	91	93.0	80.7	94	77	66.9	55.6
19-22...........	324	253	98.8	95.8	134	84	94.9	81.3	90	53	61.3	46.4
23-34...........	273	256	98.4	94.5	113	82	91.0	80.1	81	60	62.0	51.2
35-50...........	281	234	97.5	96.3	114	82	92.7	84.1	85	58	63.5	51.7
51-64...........	260	229	98.9	95.1	105	78	92.7	85.5	84	57	65.5	51.9
65-74...........	240	235	98.9	98.7	89	71	91.6	87.3	70	60	59.6	59.4
75 and over.....	240	196	99.5	100.0	83	70	93.7	85.1	67	50	61.0	52.3
Females:												
9-11............	233	214	99.5	99.3	78	58	90.3	82.2	65	59	72.5	63.7
12-14...........	234	235	99.4	96.6	81	57	90.2	77.3	69	61	72.0	60.3
15-18...........	200	196	98.1	96.2	74	57	87.4	76.4	62	43	63.5	53.9
19-22...........	205	161	97.3	88.7	71	44	86.3	68.8	58	36	54.0	44.6
23-34...........	197	163	97.2	91.7	68	49	87.3	73.4	55	38	57.0	44.8
35-50...........	171	161	97.8	92.1	68	49	87.2	74.3	52	37	56.9	45.4
51-64...........	171	155	98.0	95.9	66	52	88.4	80.7	51	40	56.5	50.0
65-74...........	178	175	98.8	97.7	62	57	91.2	84.7	57	42	58.3	51.9
75 and over.....	188	178	100.0	99.1	63	54	92.6	86.8	58	44	58.2	53.3
All individuals...	219	204	98.3	95.7	81	62	87.9	78.9	64	49	62.8	52.7

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[1] See "Table Notes," appendix B.

Sources: USDA Household Food Consumption Survey 1965-66 and USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

Table 6.--Cereals and pastas; Ready-to-eat cereals; Mixtures mainly grain[1]
Average intake per individual and percentage of individuals using in 1 day, spring 1965 and spring 1977

Sex and age (years)	Cereals and pastas				Ready-to-eat cereals				Mixtures mainly grain			
	Individual intake		Individuals using		Individual intake		Individuals using		Individual intake		Individuals using	
	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977
	--Grams--		--Percent--		--Grams--		--Percent--		--Grams--		--Percent--	
Males and females:												
Under 1 year....	42	30	73.5	76.1	11	25	52.7	71.1	5	3	5.2	4.9
1-2............	44	44	69.9	69.5	10	14	46.1	51.4	30	63	20.7	35.7
3-5............	51	54	70.0	66.1	12	16	45.5	50.3	31	45	17.7	26.9
6-8............	49	60	67.6	68.7	15	19	48.8	54.1	33	38	17.3	20.5
Males:												
9-11............	59	51	62.3	65.3	13	20	41.8	51.1	32	64	15.8	21.2
12-14...........	61	57	58.3	53.2	13	22	38.5	44.0	50	74	20.1	27.2
15-18...........	49	53	41.4	49.6	9	19	25.7	36.8	42	82	15.9	23.8
19-22...........	42	64	33.2	34.5	7	9	16.9	17.8	58	52	18.7	14.0
23-34...........	39	40	29.0	27.8	5	7	13.9	15.8	41	74	16.0	22.4
35-50...........	43	44	32.4	31.8	5	7	16.4	15.4	40	50	15.7	15.5
51-64...........	48	48	41.0	38.2	7	10	21.6	24.0	23	46	11.0	14.4
65-74...........	61	69	50.9	56.0	9	15	29.8	36.8	19	35	10.4	11.1
75 and over.....	69	58	54.6	56.3	8	12	28.3	32.7	21	19	11.2	7.6
Females:												
9-11............	48	44	56.8	60.3	11	21	37.9	50.9	42	53	19.1	23.3
12-14...........	44	45	49.9	46.2	9	12	30.7	31.9	40	72	19.4	25.1
15-18...........	32	41	36.4	36.3	6	10	19.4	24.3	32	55	16.5	20.1
19-22...........	30	33	35.2	27.9	5	7	16.9	18.7	46	48	20.8	20.3
23-34...........	34	32	29.1	28.8	3	6	12.3	16.5	40	44	18.6	20.4
35-50...........	26	32	30.8	30.9	4	7	15.3	18.3	25	43	14.3	17.5
51-64...........	32	36	36.4	36.4	6	8	21.1	22.6	22	27	11.6	11.0
65-74...........	45	47	44.4	50.8	5	12	21.7	34.2	13	29	7.3	13.0
75 and over.....	53	58	47.9	55.4	6	11	26.0	36.0	14	22	8.0	9.9
All individuals...	43	44	45.5	42.4	8	11	27.0	28.5	32	49	15.5	18.7

[1] See "Table Notes," appendix B.

Sources: USDA Household Food Consumption Survey 1965-66 and USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

Table 7.--Total fats and oils; Table fats; Salad dressing[1]

Average intake per individual and percentage of individuals using in 1 day, spring 1965 and spring 1977

Sex and age (years)	Total fats and oils				Table fats				Salad dressing			
	Individual intake		Individuals using		Individual intake		Individuals using		Individual intake		Individuals using	
	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977
	--Grams--		--Percent--		--Grams--		--Percent--		--Grams--		--Percent--	
Males and females:												
Under 1 year....	1	1	8.9	9.3	1	([2])	8.9	7.5	0	([2])	0	1.8
1-2.............	7	5	54.9	45.0	6	3	51.6	36.2	1	1	8.1	11.1
3-5.............	11	8	64.1	53.0	8	5	56.8	40.6	2	3	16.2	19.5
6-8.............	14	9	65.2	53.3	11	5	57.2	40.3	3	4	18.4	22.4
Males:												
9-11............	18	11	70.0	54.5	13	5	62.6	39.1	4	5	19.6	24.5
12-14...........	21	12	69.3	61.1	16	8	61.8	47.8	5	4	20.3	21.6
15-18...........	24	16	65.0	53.7	16	8	57.0	38.2	8	8	22.2	26.5
19-22...........	32	17	71.9	58.5	20	9	58.0	41.7	12	6	34.1	25.2
23-34...........	27	18	71.4	61.2	16	8	60.2	44.0	11	9	30.6	30.0
35-50...........	27	19	74.6	66.0	17	9	66.3	48.0	8	8	27.8	29.7
51-64...........	24	18	67.2	66.7	16	8	59.8	49.2	7	8	20.7	28.1
65-74...........	19	17	65.8	70.0	16	8	61.8	55.4	3	6	14.2	27.1
75 and over.....	17	14	60.5	64.9	13	10	57.6	56.5	4	2	10.2	11.2
Females:												
9-11............	15	10	62.0	53.3	10	4	53.3	41.4	4	5	19.4	24.2
12-14...........	16	11	67.8	47.6	11	5	57.8	34.0	4	6	22.1	23.6
15-18...........	14	12	60.5	57.2	9	6	52.2	41.2	5	6	20.8	26.9
19-22...........	15	13	66.9	52.5	9	5	49.6	36.3	5	7	27.9	27.1
23-34...........	17	15	65.7	61.3	10	5	55.3	38.6	7	8	27.4	33.5
35-50...........	15	14	67.8	64.3	9	5	55.4	42.3	6	8	26.0	33.5
51-64...........	16	15	67.3	67.3	10	6	59.0	47.1	5	7	19.8	29.7
65-74...........	13	13	65.6	69.1	9	7	59.4	51.4	3	4	14.7	26.1
75 and over.....	14	14	67.5	69.1	12	8	63.0	56.2	2	4	11.9	16.3
All individuals...	18	14	65.6	60.3	12	6	57.0	43.4	5	6	21.3	26.9

[1] See "Table Notes," appendix B.

[2] Value less than 0.5 but more than 0.

Sources: USDA Household Food Consumption Survey 1965-66 and USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

Table 8.--Total vegetables; White potatoes; Tomatoes[1]

Average intake per individual and percentage of individuals using in 1 day, spring 1965 and spring 1977

Sex and age (years)	Total vegetables				White potatoes				Tomatoes			
	Individual intake		Individuals using		Individual intake		Individuals using		Individual intake		Individuals using	
	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977
	--Grams--		--Percent--		--Grams--		--Percent--		--Grams--		--Percent--	
Males and females:												
Under 1 year....	70	76	62.4	62.7	6	13	10.6	11.9	1	4	1.5	2.2
1-2............	104	91	81.1	78.0	34	29	53.1	45.4	12	6	15.1	9.1
3-5............	114	100	84.8	79.3	43	36	55.6	47.5	13	15	15.9	21.3
6-8............	142	136	87.4	84.3	53	50	59.4	53.2	20	9	21.0	17.5
Males:												
9-11...........	168	138	89.4	83.5	65	55	62.7	56.0	22	10	22.9	17.4
12-14..........	191	184	89.3	84.5	68	65	59.4	51.9	27	17	25.9	24.1
15-18..........	227	216	88.3	85.9	91	89	63.0	57.8	29	13	25.0	19.2
19-22..........	259	226	89.7	84.7	96	96	66.8	56.8	42	22	28.1	20.9
23-34..........	262	248	91.5	88.5	96	90	66.1	55.6	36	27	29.7	25.9
35-50..........	249	261	91.2	86.8	79	86	58.0	49.8	35	30	27.1	27.5
51-64..........	239	285	89.0	90.3	77	85	56.8	50.8	32	27	23.3	23.1
65-74..........	218	265	88.0	88.5	73	71	52.2	39.9	25	25	16.7	25.5
75 and over.....	190	264	82.9	93.6	66	85	50.7	49.3	23	30	13.2	30.1
Females:												
9-11...........	152	139	87.8	83.7	48	51	56.8	52.9	20	11	20.1	21.4
12-14..........	165	154	88.2	84.6	55	59	61.0	54.1	22	17	21.1	21.9
15-18..........	172	178	89.8	83.8	52	63	56.4	49.3	27	21	26.4	25.1
19-22..........	192	184	89.6	81.1	57	60	54.6	47.1	34	21	26.0	23.0
23-34..........	182	187	86.6	84.7	55	51	53.0	44.3	31	25	27.6	27.4
35-50..........	183	187	88.2	84.6	47	49	49.3	42.0	32	27	26.7	27.3
51-64..........	187	229	87.0	89.8	47	56	45.5	41.8	30	27	25.2	23.9
65-74..........	173	221	84.6	87.2	47	51	44.6	37.5	28	21	19.0	23.2
75 and over.....	162	198	81.4	88.1	50	53	43.4	39.8	20	26	15.4	21.4
All individuals...	184	201	87.3	85.6	59	64	54.6	47.9	27	22	23.0	23.5

[1] See "Table Notes," appendix B.

Sources: USDA Household Food Consumption Survey 1965-66 and USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

Table 9.--Dark-green vegetables; Deep-yellow vegetables; Other vegetables[1]
Average intake per individual and percentage of individuals using in 1 day, spring 1965 and spring 1977

Sex and age (years)	Dark-green vegetables				Deep-yellow vegetables				Other vegetables			
	Individual intake		Individuals using		Individual intake		Individuals using		Individual intake		Individuals using	
	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977
	--Grams--		--Percent--		--Grams--		--Percent--		--Grams--		--Percent--	
Males and females:												
Under 1 year....	2	1	3.0	1.4	12	15	16.8	19.4	50	43	43.8	42.2
1-2.............	3	2	5.7	3.7	6	8	10.1	10.0	48	47	54.9	52.5
3-5.............	3	4	6.2	5.3	6	3	8.7	7.4	49	42	58.5	55.1
6-8.............	5	7	6.6	4.3	7	6	11.7	8.2	57	63	61.4	64.2
Males:												
9-11............	5	4	7.2	4.6	8	4	10.4	6.4	68	64	63.2	64.2
12-14...........	7	12	7.8	8.0	9	6	13.1	9.6	80	84	68.1	63.2
15-18...........	6	11	5.5	7.2	8	6	7.7	8.1	93	96	66.8	67.6
19-22...........	6	10	6.3	5.6	2	5	4.2	6.3	113	94	71.9	63.2
23-34...........	7	7	6.3	4.8	10	7	9.5	7.2	113	118	74.5	72.2
35-50...........	8	9	6.7	6.5	9	10	10.1	8.6	119	126	77.1	74.0
51-64...........	7	12	6.7	9.5	12	11	10.6	7.9	111	150	73.6	77.6
65-74...........	12	11	10.9	9.4	12	16	11.1	11.8	97	142	66.2	72.7
75 and over.....	7	18	4.9	14.3	10	7	11.7	6.8	85	124	61.0	74.8
Females:												
9-11............	4	7	5.7	6.5	8	4	11.4	8.1	72	66	66.3	67.5
12-14...........	6	10	6.9	7.5	7	5	9.8	6.8	76	64	70.9	59.5
15-18...........	8	11	7.4	8.6	6	6	8.6	7.2	79	77	69.0	61.9
19-22...........	8	8	6.3	4.9	5	3	6.3	6.1	88	91	67.9	66.6
23-34...........	7	9	7.6	6.8	8	7	8.7	7.5	80	94	69.3	70.1
35-50...........	8	8	7.4	6.8	7	7	9.7	7.2	89	96	73.4	70.8
51-64...........	7	14	7.4	12.0	10	3	10.5	8.5	93	124	71.1	78.5
65-74...........	7	11	7.0	10.1	9	16	10.0	13.4	82	122	67.1	75.7
75 and over.....	5	13	4.8	9.9	12	12	13.2	12.0	75	94	3.7	68.5
All individuals...	6	9	6.8	7.3	8	8	9.9	8.2	84	99	67.9	69.0

[1] See "Table Notes," appendix B.

Sources: USDA Household Food Consumption Survey 1965-66 and USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

Table 10.--Total fruits and juices; Citrus fruits and juices; Citrus juices[1]
Average intake per individual and percentage of individuals using in 1 day, spring 1965 and spring 1977

Sex and age (years)	Total fruits and juices				Citrus fruits and juices				Citrus juices			
	Individual intake		Individuals using		Individual intake		Individuals using		Individual intake		Individuals using	
	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977
	--Grams--		--Percent--		--Grams--		--Percent--		--Grams--		--Percent--	
Males and females:												
Under 1 year....	129	169	73.5	86.8	24	16	19.1	15.0	23	16	18.8	15.0
1-2.............	133	146	56.7	62.9	47	57	27.6	30.5	37	51	23.7	27.4
3-5.............	136	134	51.3	56.1	51	58	26.2	30.1	35	52	20.3	27.6
6-8.............	151	152	56.3	60.1	53	70	27.9	34.4	36	62	21.6	30.2
Males:												
9-11............	179	133	62.4	50.5	66	61	31.7	28.7	40	48	23.4	23.5
12-14...........	150	120	55.3	51.2	58	58	28.4	29.9	38	50	22.0	24.9
15-18...........	146	147	49.9	47.0	57	86	25.7	32.1	41	72	20.1	27.7
19-22...........	166	107	51.1	39.4	70	50	29.9	21.6	51	41	23.3	17.0
23-34...........	136	141	50.7	46.4	50	77	26.4	28.3	36	70	20.3	24.5
35-50...........	156	115	52.6	44.0	64	61	30.1	28.7	38	51	21.5	23.2
51-64...........	169	171	57.9	62.4	63	81	29.6	40.0	36	58	19.7	29.0
65-74...........	169	174	57.6	62.2	66	83	29.1	39.8	32	62	16.4	30.4
75 and over.....	165	186	56.6	62.6	62	71	26.8	33.7	24	48	12.2	26.2
Females:												
9-11............	159	148	55.4	59.7	56	77	27.3	37.9	33	65	19.8	33.1
12-14...........	178	120	59.5	48.7	62	56	31.2	28.2	44	44	24.6	23.3
15-18...........	147	126	50.1	49.9	56	60	26.6	29.2	37	49	20.0	25.2
19-22...........	113	133	45.4	48.0	46	71	24.0	30.6	35	61	19.2	27.0
23-34...........	97	122	43.4	47.7	46	56	25.1	28.3	30	47	19.9	23.8
35-50...........	132	133	50.7	52.8	55	71	29.3	34.3	35	61	21.4	28.9
51-64...........	162	171	58.0	66.7	70	88	31.8	46.2	32	63	18.2	33.6
65-74...........	157	179	60.3	69.3	66	89	28.9	47.4	30	63	17.2	35.5
75 and over.....	161	189	60.1	64.7	59	83	28.6	43.9	23	58	14.5	31.0
All individuals...	146	142	53.9	54.2	57	70	28.2	33.4	35	57	20.5	27.2

[1] See "Table Notes," appendix B.

Sources: USDA Household Food Consumption Survey 1965-66 and USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

Table 11.--Total noncitrus fruits and juices, excluding dried; Apples; Bananas[1]
Average intake per individual and percentage of individuals using in 1 day, spring 1965 and spring 1977

Sex and age (years)	Total noncitrus fruits and juices, excluding dried: Individual intake 1965	Individual intake 1977	Individuals using 1965	Individuals using 1977	Apples: Individual intake 1965	Individual intake 1977	Individuals using 1965	Individuals using 1977	Bananas: Individual intake 1965	Individual intake 1977	Individuals using 1965	Individuals using 1977
	--Grams--		--Percent--		--Grams--		--Percent--		--Grams--		--Percent--	
Males and females:												
Under 1 year....	105	153	67.3	83.4	33	25	28.2	28.2	9	30	11.1	28.7
1-2............	85	88	43.1	45.5	23	17	16.2	15.2	14	12	9.9	12.4
3-5............	84	75	35.8	36.4	21	18	13.2	12.8	15	9	9.6	7.7
6-8............	97	81	41.3	40.6	24	16	15.3	11.6	16	7	10.4	6.2
Males:												
9-11...........	113	72	44.0	35.5	28	15	17.0	10.5	16	6	10.0	4.7
12-14..........	91	62	39.6	35.1	25	20	14.9	11.7	12	5	7.2	4.7
15-18..........	88	61	34.5	28.1	17	17	10.6	9.7	12	6	6.3	5.5
19-22..........	96	57	30.5	26.2	14	13	9.1	8.4	12	6	6.9	5.3
23-34..........	85	64	32.5	26.9	16	14	9.4	8.4	11	6	6.8	4.3
35-50..........	91	55	33.8	27.5	17	11	10.2	7.6	10	6	6.2	5.2
51-64..........	104	90	43.8	40.6	15	19	9.9	10.1	16	15	9.3	13.1
65-74..........	99	88	43.6	40.8	14	8	9.8	6.4	13	11	9.1	11.0
75 and over.....	98	110	43.4	50.1	15	32	10.2	12.3	15	20	11.2	15.6
Females:												
9-11...........	102	71	39.5	38.0	22	21	13.2	15.5	17	7	9.7	4.8
12-14..........	115	64	42.2	32.1	24	18	14.6	10.9	11	6	7.4	5.1
15-18..........	90	64	34.4	31.7	21	16	13.1	9.0	6	5	4.2	5.2
19-22..........	66	62	34.4	25.5	16	13	10.4	8.5	5	4	3.8	3.5
23-34..........	51	65	25.1	29.8	7	15	5.5	9.1	6	5	3.7	4.9
35-50..........	76	62	32.1	32.0	8	13	6.4	9.0	9	7	5.6	5.7
51-64..........	89	82	39.7	41.1	13	18	9.0	11.8	8	11	5.9	10.7
65-74..........	88	89	44.6	46.9	14	15	10.4	10.6	11	14	8.5	14.4
75 and over.....	99	103	46.0	49.1	17	16	11.9	11.1	9	16	7.1	15.0
All individuals...	88	72	37.5	34.9	17	16	11.3	10.2	11	8	7.4	7.5

[1] See "Table Notes," appendix B.

Sources: USDA Household Food Consumption Survey 1965-66 and USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

Table 12.--Other noncitrus fruits and fruit mixtures; Noncitrus juices and nectars[1]

Average intake per individual and percentage of individuals using in 1 day, spring 1965 and spring 1977

Sex and age (years)	Other noncitrus fruits and fruit mixtures: Individual intake 1965	Individual intake 1977	Individuals using 1965	Individuals using 1977	Noncitrus juices and nectars: Individual intake 1965	Individual intake 1977	Individuals using 1965	Individuals using 1977
	--Grams--		--Percent--		--Grams--		--Percent--	
Males and females:								
Under 1 year....	54	67	44.6	52.2	9	31	6.7	23.6
1-2.............	34	32	23.6	23.0	14	27	6.7	14.1
3-5.............	34	30	14.5	18.4	14	18	7.7	8.8
6-8.............	46	40	19.3	24.1	11	17	5.9	7.3
Males:								
9-11............	57	36	21.1	20.9	11	15	5.4	5.0
12-14...........	46	33	21.4	20.3	8	4	4.0	1.9
15-18...........	50	32	19.2	16.3	9	6	4.0	2.5
19-22...........	63	32	19.3	14.6	7	6	2.4	2.5
23-34...........	47	31	18.2	15.3	11	13	4.9	4.3
35-50...........	57	32	20.8	16.8	7	6	3.6	2.1
51-64...........	66	48	29.6	24.9	7	7	4.5	3.9
65-74...........	58	62	27.8	30.0	13	7	6.7	4.5
75 and over.....	53	52	28.3	29.2	15	6	7.8	3.8
Females:								
9-11............	55	36	22.3	23.3	9	7	3.9	3.3
12-14...........	68	32	23.5	16.8	12	8	6.2	3.9
15-18...........	57	33	21.2	19.5	6	9	3.0	3.4
19-22...........	35	36	18.3	15.2	10	9	5.8	3.5
23-34...........	30	31	15.4	18.0	6	15	3.7	4.6
35-50...........	50	37	22.0	18.6	9	6	4.3	2.8
51-64...........	60	44	28.1	24.2	8	9	5.2	4.5
65-74...........	51	53	27.0	31.7	12	7	7.0	4.5
75 and over.....	60	58	31.8	34.7	13	13	6.8	6.0
All individuals...	50	38	22.1	20.9	10	10	5.1	4.5

[1] See "Table Notes," appendix B.

Sources: USDA Household Food Consumption Survey 1965-66 and USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

Table 13.--Total sugar and sweets; Sugar; Candy[1]
Average intake per individual and percentage of individuals using in 1 day, spring 1965 and spring 1977

Sex and age (years)	Total sugar and sweets				Sugar				Candy			
	Individual intake		Individuals using		Individual intake		Individuals using		Individual intake		Individuals using	
	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977
	--Grams--		--Percent--		--Grams--		--Percent--		--Grams--		--Percent--	
Males and females:												
Under 1 year....	10	10	28.0	16.7	1	1	14.1	10.3	1	0	1.7	0
1-2............	30	19	64.4	46.2	5	2	36.5	24.0	5	4	13.9	7.6
3-5............	43	25	71.9	55.6	7	3	42.2	27.1	7	4	15.7	9.9
6-8............	47	27	75.2	55.6	10	3	44.5	31.9	8	4	17.7	8.3
Males:												
9-11............	55	37	75.0	61.9	11	3	42.8	31.7	8	10	16.7	15.3
12-14............	60	42	71.6	55.8	12	4	44.1	31.4	7	7	14.4	11.5
15-18............	57	30	67.0	53.8	11	6	41.9	37.4	9	5	13.1	9.5
19-22............	49	22	70.7	42.1	14	5	50.2	26.8	9	2	11.5	5.5
23-34............	43	19	72.9	49.4	16	6	57.5	36.7	4	2	7.5	4.4
35-50............	46	24	70.6	57.3	18	7	54.7	42.5	4	2	5.7	4.0
51-64............	47	27	73.2	57.8	15	6	56.2	40.9	4	2	6.9	3.4
65-74............	46	25	70.7	67.2	17	7	55.8	51.0	2	2	5.1	4.3
75 and over.....	35	25	74.6	66.6	16	6	60.5	49.3	1	([2])	3.4	1.4
Females:												
9-11............	48	34	72.4	57.2	8	4	39.0	29.2	8	9	17.3	16.7
12-14............	51	22	67.8	49.1	9	3	39.4	25.6	11	6	19.0	12.6
15-18............	40	19	62.3	42.6	9	4	37.5	25.3	6	6	12.8	10.4
19-22............	39	14	65.0	41.3	11	4	47.7	33.4	5	2	7.7	4.2
23-34............	34	18	65.9	50.9	13	6	49.9	38.1	4	3	7.8	5.0
35-50............	33	19	61.8	55.0	10	5	45.2	42.7	4	2	6.7	4.2
51-64............	31	20	63.3	51.6	9	5	42.4	36.9	3	2	7.1	4.3
65-74............	30	21	61.8	57.4	8	3	42.7	39.0	2	1	5.8	2.3
75 and over.....	32	25	66.2	57.8	11	5	51.1	38.2	2	1	4.2	2.8
All individuals...	41	23	67.6	53.0	11	5	46.0	35.9	5	3	10.2	6.2

[1] See "Table Notes," appendix B.
[2] Value less than 0.5 but more than 0.

Sources: USDA Household Food Consumption Survey 1965-66 and USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

Table 14.—Coffee; Tea; Soft drinks[1]

Average intake per individual and percentage of individuals using in 1 day, spring 1965 and spring 1977

Sex and age (years)	Coffee				Tea				Soft drinks			
	Individual intake		Individuals using		Individual intake		Individuals using		Individual intake		Individuals using	
	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977	1965	1977
	--Grams--		--Percent--		--Grams--		--Percent--		--Grams--		--Percent--	
Males and females:												
Under 1 year....	([2])	0	0.2	0	2	9	1.5	7.2	4	15	2.7	11.3
1-2.............	2	1	1.6	.8	19	33	8.7	14.6	68	106	29.2	39.5
3-5.............	5	0	2.8	0	33	38	12.4	13.1	111	163	35.9	47.9
6-8.............	4	2	2.7	1.3	36	44	12.0	14.1	144	182	38.4	49.8
Males:												
9-11............	6	7	3.6	2.7	45	52	13.3	14.8	165	197	40.0	47.6
12-14...........	18	16	8.0	4.8	63	111	15.5	25.5	229	198	48.1	44.0
15-18...........	69	49	22.5	14.1	88	110	19.2	22.2	292	379	52.7	60.2
19-22...........	240	124	52.9	24.3	132	140	18.7	23.4	381	355	60.4	51.6
23-34...........	455	297	78.5	49.5	148	167	29.0	29.2	191	284	41.5	54.1
35-50...........	599	494	86.4	72.7	126	143	27.3	27.7	123	180	27.3	34.3
51-64...........	590	536	90.3	83.7	101	156	24.6	31.8	70	96	18.2	25.2
65-74...........	518	464	88.9	83.3	90	137	24.0	33.1	46	72	12.2	16.7
75 and over.....	450	450	85.9	86.6	74	99	21.5	25.2	40	25	12.7	6.8
Females:												
9-11............	7	3	3.9	2.2	44	68	13.6	17.1	167	231	42.0	52.0
12-14...........	19	10	8.8	3.4	64	71	16.6	18.8	187	239	44.8	52.5
15-18...........	75	55	25.4	11.6	84	105	20.8	23.7	242	263	51.9	55.6
19-22...........	208	109	48.8	25.4	126	112	29.4	25.5	254	283	50.4	53.4
23-34...........	448	273	75.3	47.0	118	163	30.6	33.9	173	234	40.5	52.3
35-50...........	559	432	36.9	70.3	128	185	29.9	39.8	103	150	27.5	35.2
51-64...........	530	464	90.7	81.6	105	175	29.3	36.5	68	88	19.8	25.2
65-74...........	415	390	86.6	81.9	116	151	30.1	39.0	43	53	14.0	14.8
75 and over.....	351	337	83.0	76.4	121	134	31.8	33.4	30	42	8.7	14.2
All individuals...	298	262	51.2	45.3	89	129	22.1	27.9	138	185	33.1	40.4

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[1] See "Table Notes," appendix B.

[2] Value less than 0.5 but more than 0.

Sources: USDA Household Food Consumption Survey 1965-66 and USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

Table 15.--Fruit drinks and ades; Alcoholic beverages[1]
Average intake per individual and percentage of individuals using in 1 day, spring 1965 and spring 1977

Sex and age (years)	Fruit drinks and ades				Alcoholic beverages			
	Individual intake		Individuals using		Individual intake		Individuals using	
	1965	1977	1965	1977	1965	1977	1965	1977
	--Grams--		--Percent--		--Grams--		--Percent--	
Males and females:								
Under 1 year....	3	27	2.5	6.8	0	0	0.0	0
1-2.............	16	37	7.4	13.2	(2)	1	0.1	.8
3-5.............	21	36	9.4	12.0	0	(2)	.0	.2
6-8.............	19	44	7.8	14.6	(2)	0	.2	0
Males:								
9-11............	32	48	9.7	15.4	0	(2)	.0	.6
12-14...........	24	47	7.0	16.0	0	0	.3	0
15-18...........	37	64	7.9	14.4	6	12	1.0	1.9
19-22...........	25	39	6.3	6.5	16	214	5.7	18.8
23-34...........	22	24	6.6	5.7	157	203	21.9	24.1
35-50...........	20	20	5.1	5.9	101	181	17.7	24.4
51-64...........	7	13	1.9	3.6	96	100	16.8	19.1
65-74...........	5	14	1.8	4.1	35	52	7.6	11.9
75 and over.....	7	22	2.4	7.7	18	28	6.3	8.1
Females:								
9-11............	27	38	9.9	12.1	0	0	.0	0
12-14...........	33	61	10.7	17.8	0	1	.0	1.0
15-18...........	22	44	7.0	11.8	1	13	.3	3.2
19-22...........	26	30	8.1	9.4	15	25	2.5	6.1
23-34...........	16	23	6.8	7.7	30	78	7.3	14.1
35-50...........	16	19	5.6	6.1	33	43	8.9	12.8
51-64...........	11	13	3.4	4.4	18	25	5.7	9.7
65-74...........	12	17	3.5	5.6	8	10	2.3	4.3
75 and over.....	6	13	2.6	4.8	3	10	1.3	5.7
All individuals...	19	29	6.3	8.5	33	63	6.3	10.4

[1] See "Table Notes," appendix B.
[2] Value less than 0.5 but more than 0.

Sources: USDA Household Food Consumption Survey 1965-66 and USDA Nationwide Food Consumption Survey 1977-78, 48 conterminous States.

Appendix I: Total Intake in Grams

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Table 1.--Total intake[1] in grams of all foods and beverages and of 11 food groups
Average per individual per day,[2] 1977-78

Sex and age (years)	Individuals	Total	Food group[3]										
			Meat, poultry, fish	Milk, milk products[4]	Eggs	Legumes, nuts, seeds	Grain products	Fats, oils	Vegetables	Fruits	Sugar, sweets	Beverages	
												Nonalcoholic	Alcoholic
	Number	Grams											
Males and females:													
Under 1..........	[5]421	1,119	55	679	5	59	65	([6])	77	151	6	22	0
1-2..............	[5]1,035	1,169	103	440	21	21	161	5	98	150	17	153	([6])
3-5..............	1,719	1,268	122	414	20	22	198	7	110	135	24	216	([6])
6-8..............	1,841	1,494	154	503	17	25	227	9	145	153	29	232	([6])
Males:													
9-11.............	939	1,656	189	530	20	28	261	10	167	143	31	277	([6])
12-14............	1,150	1,854	216	578	22	34	292	12	187	141	36	336	([6])
15-18............	1,394	2,104	267	587	31	32	304	14	216	138	31	466	18
19-22............	1,030	2,066	290	404	33	27	258	13	217	114	19	577	114
23-34............	2,716	2,255	292	309	35	29	261	17	233	123	23	760	173
35-50............	2,571	2,291	288	246	37	31	247	18	256	132	24	859	153
51-64............	2,161	2,215	266	256	38	27	237	19	275	169	27	805	96
65-74............	1,049	1,982	226	269	37	23	230	16	256	182	29	658	56
75 and over.....	465	1,884	206	273	39	24	242	15	250	183	29	589	34
Females:													
9-11.............	1,011	1,548	164	489	17	28	241	10	162	155	29	253	([6])
12-14............	1,148	1,535	179	434	17	24	231	10	160	135	27	318	([6])
15-18............	1,473	1,541	186	363	18	21	202	12	163	118	23	430	5
19-22............	1,317	1,550	183	252	23	23	184	12	170	117	15	536	35
23-34............	3,879	1,706	187	225	23	20	179	14	187	122	16	693	40
35-50............	3,759	1,770	191	176	25	19	169	14	201	125	18	803	29
51-64............	2,936	1,796	190	194	25	18	169	14	224	177	19	739	27
65-74............	1,376	1,648	165	212	23	14	178	12	224	189	22	599	10
75 and over.....	751	1,584	148	243	21	14	190	14	211	181	22	531	9
All individuals...	36,142	1,790	204	322	26	24	213	13	198	142	23	578	47

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[1] Quantities given are for foods as ingested; no inedible parts are included. Data are from main tables 1A-1.1 to 6A-1.1.

[2] Based on 3 consecutive days of dietary intake.

[3] See "Table Notes," appendix B.

[4] Total grams as actually ingested not as calcium equivalents (see "Glossary," appendix A), which as given for total milk and milk products in tables 2A-1.1 to 2N-3.1.

[5] Excludes breast-fed infants.

[6] Value less than 0.5 but more than 0.

Source: USDA Nationwide Food Consumption Survey 1977-78, 48 conterminuous States.

Appendix J: Data Sets for USDA Food Consumption Surveys Available From NTIS

The following data tapes may be ordered from the National Technical Information Service:

Data Set Name	Accession Number	Cost
Spring Basic Household Food Consumption Survey, 1977-78	PB80-190176	$240
Summer Basic Household Food Consumption Survey, 1977-78	PB80-197441	240
Fall Basic Household Food Consumption Survey, 1977-78	PB80-200215	240
Winter Basic Household Food Consumption Survey, 1977-78	PB80-202542	240
Spring Basic Individual Food Intake Survey, 1977-78	PB80-190218	400
Summer Basic Individual Food Intake Survey, 1977-78	PB80-197429	320
Fall Basic Individual Food Intake Survey, 1977-78	PB80-200223	400
Winter Basic Individual Food Intake Survey, 1977-78	PB81-118853	400
Puerto Rico Household Food Consumption Survey, 1977-78	PB82-138454	240
Puerto Rico Individual Food Intake Survey, 1977-78	PB82-138462	320
Alaska Household Food Consumption Survey, 1977-78	PB81-162539	140
Alaska Individual Food Intake Survey, 1977-78	PB81-146763	140
Hawaii Household Food Consumption Survey, 1977-78	PB81-146755	140
Hawaii Individual Food Consumption Survey, 1977-78	PB81-146771	140
Low-Income I, Household Food Consumption Survey, 1977-78	PB81-114399	240
Low-Income I, Individual Food Intake Survey, 1977-78	PB81-118838	465
Low-Income II, Household Food Consumption Survey, 1979-80	PB82-138470	240
Low-Income II, Individual Food Intake Survey, 1979-80	PB82-138488	240
Spring Individual Food Intake, 1965	PB80-195415	240
Elderly Household Food Consumption Survey, 1977-78	PB83-137281	140
Elderly Individual Food Intake Survey, 1977-78	PB83-134023	140

The data made available to the public from the Consumer Nutrition Division is distributed through the National Technical Information Service (NTIS) at: U.S. Department of Commerce, National Technical Information Service, 5285 Port Royal Road, Springfield, VA 22161. To reduce the probability of getting the wrong data set, requests should refer to the Accession Number.

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The deposit account, which carries no service charge and enables customers to order rapidly by telephone or telegraph, is the most convenient to use. Thus, the fastest service is provided to customers who charge to their deposit accounts.

American Express, VISA, and Master Card credit cards are accepted as well as check and money order payments.

As an occasional convenience to customers who have established credit, a Ship and Bill Service is provided at a $5 surcharge on each total order for documents, regardless of the number of documents ordered.

How to Open a Deposit Account

Use the order form on page 615 and send at least $300 to NTIS Deposit Account, 5285 Port Royal Road, Springfield, VA 22161. Thereafter, keep at least $100 on deposit or enough to cover two months' charges. You may deposit any amount. Some active customers keep several thousand dollars in their accounts to ensure the fastest possible service for large orders, since orders will not be processed for overdrawn accounts.

When your account is opened, you will receive preaddressed order forms that will speed your orders, simplify accounting, and help record tax-deductible expenses.

Special NTIS Credit for Local Governments and State Universities

No advance funds are necessary for local governments and State universities to obtain credit and immediate shipments of NTIS products and services.

Upon receipt of the special credit account application, NTIS will mail a supply of preaddressed order forms bearing a special account number. These forms also will show a "Ship To" address if one is required. Subsequently, orders from these sources will be processed directly into the NTIS automated system, eliminating several steps in normal order handling and minimizing errors.

Monthly statements will show all charges, credits, deposits, and the balance remaining in the account. The charges may easily be verified from the Record or Shipment Cards included with every shipment. The local government's or the library's signed payment voucher (which we will keep on hand) will be mailed with each statement. Payment is due upon receipt of the voucher.

Officials need not be concerned with special funding, delays, and price changes.

The charge for this service is 10 cents a line item.

Ordering

RUSH HANDLING is for customers who must have immediate delivery.

RUSH HANDLING guarantees that a particular order will be filled within 8 working hours of its receipt. These orders receive immediate validation, verification of availability, individual hand processing through inventory control at the warehouse, and priority mailing.

RUSH HANDLING orders for mailing rather than pickup are accepted only from customers having NTIS deposit accounts or American Express Cards. Further, these orders may be placed only by telephone, telegram, telex, telecopier, or by customers in person. These orders cannot be placed by mail.

RUSH HANDLING for delivery to customers by priority mail costs $10 for each item ordered, plus the cost of the item.

RUSH HANDLING for pickup in Springfield or Washington, D.C., costs $6 for each item ordered, plus the cost of the item.

PREMIUM SERVICE is a 24-hour toll-free telephone ordering procedure ensuring priority mail delivery to NTIS deposit account customers within 5 to 12 days.

All deposit account customers will receive PREMIUM SERVICE identification numbers that they may use to place telephone orders at any time. PREMIUM SERVICE benefits are toll-free calls with 24-hour availability (no busy signals) simplified ordering techniques (details with the identification number), postage savings, and priority delivery. PREMIUM SERVICE costs $3.50 for each item ordered, plus the cost of the item.

REGULAR SERVICE will continue to operate with improved processing and stocking methods, optional priority mail delivery (slight additional cost), and optional pickup in Springfield or Washington, D.C. Currently, parcel post deliveries using the U.S. Postal Service are completed within 9 to 30 days.

The order processing and sales desk number is 703-487-4650. Call if you have any questions.

- -

NTIS DEPOSIT ACCOUNT APPLICATION

Mail to:
NTIS
U.S. Department of Commerce
National Technical Information Service
5285 Port Royal Road
Springfield, VA 22161

Initial Deposit__________________

Date Mailed__________________

Date Acceptance Received__________

Deposit Account Service Application

Please open a deposit account in my name. Here is my check for $______ payable to NTIS ($300 minimum initial deposit).

Name______________________________

Title______________________________

Organization__________________________

Street______________________________

City______________State_____ZIP_______

Date_________Signature__________________

MAIL ORDER TO:

NTIS®

National Technical Information Service
U.S. DEPARTMENT OF COMMERCE
Springfield, Va. 22161
(703) 487-4650 TELEX 89-9405

For DTIC Users Only
DTIC User Code ____________
Contract Number ____________
(last 6 characters only)

Treasury Agency Location Code
For Government Users
(who report on SF-224)
(8 digit)
☐☐ ☐☐ ☐☐☐☐

Date ____________

PURCHASER: Telephone: ____________

Name ____________

Organization ____________

Address ____________

City, State, ZIP ____________

Attention: ____________

SHIP TO:
(Enter if different from address at left)

Name ____________

Organization ____________

Address ____________

City, State, ZIP ____________

METHOD OF PAYMENT

☐ Charge my NTIS deposit account no. ____________
☐ Purchase order no. ____________
☐ Check enclosed for $ ____________
☐ Charge to my: American Express ☐ Visa ☐ MasterCard ☐

Account no. ____________

Card expiration date ____________

Signature ____________
(Required to validate order)

☐ Send me an application for an NTIS Deposit Account (NTIS-PR-33)

ORDERING MAGNETIC TAPE:
(check mode)

☐ 7 track ☐ 556bpi ☐ odd parity
☐ 800bpi ☐ even parity

☐ 9 track ☐ 800bpi (odd parity)
☐ 1600bpi
☐ 6250bpi

NTIS ORDER NUMBER	USER ROUTING CODE†	QUANTITY Magnetic Tape	QUANTITY Paper Copy	QUANTITY Micro-fiche	UNIT PRICE††	PRIORITY MAIL SERVICES†††	TOTAL PRICE

† NTIS can label each item for routing within your organization. If you want this service, put your routing codes in this box (Limit 8 characters).

†† ALL PRICES SUBJECT TO CHANGE

††† Priority Mail Services—FOR PAPER COPY ORDERS ONLY Add $3 per item for First Class Delivery in North America; Add $4 per item for Airmail Delivery outside North America.

Enter Grand Total $ ____________

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BEST COPY AVAILABLE

Appendix K: Food and Beverage Individual Intake Record, NFCS 1977–78

(inside back cover)

BEST COPY AVAILABLE

• U.S. GOVERNMENT PRINTING OFFICE: [illegible] - 417-795

Segment #: ____________________
Housing Unit #: ________________
Person (line) #: ________________ {8,9}
Interviewer #: __________________

____
{1-5} ID

CD 1 3
{6,7}

Study #: 1-700
OMB NO.: 40-S76023
Expires: 6/30/78

Basic	1
E.	2
Brdg.	3
P.R.	4
A.	5
H.	6

FOR INTERVIEWER'S USE ONLY

CD 1 4
{6,7}

{8,9}
Time Started: __________ {10-13}

{14}	
AM	1
PM	2

Time Ended: __________ {15-18}

{19}	
AM	1
PM	2

This record is for ______________________________
FIRST NAME

SECTION V

1977-78 Nationwide Food Consumption Survey
United States Department of Agriculture

Food and Beverage Individual Intake Record

DAY ONE

DAY ONE is from 12 A.M. to 11:59 P.M. on __________ DAY __________ / __________ MONTH {20,21} DATE {22,23}

Your cooperation is entirely voluntary. The information you supply will be used to estimate types and amounts of foods and beverages consumed by people like yourself. Results will be used to help insure an adequate and safe food supply for all. Information supplied by you will appear as statistics. It will, in no way, be connected to you or your household. This survey is authorized by law (7 U.S.C. 10).

DAY 1

DAILY INTAKE RECORD

- ANSWER QUESTIONS 1-3 ONCE FOR EACH EATING/DRINKING OCCASION
- ANSWER QUESTIONS 4-6
- ANSWER QUESTION 7 FOR EACH ITEM LISTED
- ANSWER QUESTIONS 8-11 AS APPLICABLE
- DRAW A LINE ACROSS BOTH PAGES TO SEPARATE ONE EATING/DRINKING OCCASION FROM THE OTHER
- ANSWER QUESTIONS 12-16 AT THE END OF EACH DAY

Start with the first time you ate or drank something on this day (after 12:00 A.M., midnight)...

1. At about what time did you begin eating/drinking this? (ENTER HOUR AND CIRCLE THE CODE FOR EITHER A.M. OR P.M. IN COL. Q.1)

2. What do you usually call this? (ENTER A NUMBER IN COL. Q.2)

   1 Breakfast
   2 Brunch
   3 Lunch
   4 Dinner
   5 Supper
   6 Coffee (beverage) break
   7 Snack
   8 Other (EXPLAIN IN COL. Q.2)

3. With whom did you eat/drink this? (ENTER A NUMBER IN COL. Q.3)

   1 Alone
   2 With other household member(s)
   3 With non-household member(s)
   4 With both household member(s) and non-household member(s)

4. What did you eat or drink on this occasion? (ENTER ONE ITEM TO A LINE IN COL. Q.4. FOR EXAMPLE, "BREAD AND BUTTER" WILL TAKE UP TWO LINES)

5. Describe this item further. (ENTER IN COL. Q.5.)

6. How much did you actually eat or drink? (ENTER AMOUNT IN COL. Q.6.)

COMPLETE Q'S 4-6 FOR THIS OCCASION AND THEN CONTINUE WITH Q.7 ON NEXT PAGE →

		ANSWER FOR EACH ITEM			IF "NO" (CODE 3) TO Q.7 -- FOLLOW INSTRUCTIONS ON FLAP				
		Q.7			Q.8	Q.9	Q.10	Q.11	
		(36) Home Supply			(37,38)	(39)	(40)	(41-45) IF "YES" TO Q.10	END CD 1 3
(17-32) DO NOT WRITE IN THIS SPACE	(33-35)	Yes Eaten at Home	Yes Eaten Away	No	Where Obtained	Kind of Service	Did You Pay?	Amount Paid?	
	101	1	2	3					
	102	1	2	3					
	103	1	2	3					
	104	1	2	3					
	105	1	2	3					
	106	1	2	3					
	107	1	2	3					
	108	1	2	3					
	109	1	2	3					
	110	1	2	3					
	111	1	2	3					
	112	1	2	3					
	113	1	2	3					
	114	1	2	3					
	115	1	2	3					
	116	1	2	3					
	117	1	2	3					
	118	1	2	3					
	119	1	2	3					
	120	1	2	3					
	121	1	2	3					
	122	1	2	3					
	123	1	2	3					
	124	1	2	3					

CONTINUE WITH QUESTIONS →

ANSWER ONCE FOR EACH OCCASION					FOOD/DRINK CONSUMED: ONE ITEM PER LINE		
Q.1			Q.2	Q.3	Q.4	Q.5	Q.6
CD 1 3 When? (10-13)	(14)		(15)	(16)			
Time	A M	P M	Usually Called	With Whom	Name of Food/Drink	Complete Description	Amount Actually Consumed
	1	2					
	1	2					
	1	2					
	1	2					
	1	2					
	1	2					
	1	2					
	1	2					
	1	2					
	1	2					
	1	2					
	1	2					
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	1	2					
	1	2					
	1	2					
	1	2					
	1	2					
	1	2					
	1	2					
	1	2					
	1	2					
	1	2					

		ANSWER FOR EACH ITEM			IF "NO" (CODE 3) TO Q.7 -- FOLLOW INSTRUCTIONS ON FLAP				
		Q.7			Q.8	Q.9	Q.10	Q.11	
		{36} Home Supply			{37,38}	{39}	{40}	{41-45} IF "YES" TO Q.10	END CD 1 3
{17-32} DO NOT WRITE IN THIS SPACE	{33-35}	Yes Eaten at Home	Yes Eaten Away	No	Where Obtained	Kind of Service	Did You Pay?	Amount Paid?	
	201	1	2	3					
	202	1	2	3					
	203	1	2	3					
	204	1	2	3					
	205	1	2	3					
	206	1	2	3					
	207	1	2	3					
	208	1	2	3					
	209	1	2	3					
	210	1	2	3					
	211	1	2	3					
	212	1	2	3					
	213	1	2	3					
	214	1	2	3					
	215	1	2	3					
	216	1	2	3					
	217	1	2	3					
	218	1	2	3					
	219	1	2	3					
	220	1	2	3					
	221	1	2	3					
	222	1	2	3					
	223	1	2	3					
	224	1	2	3					

CONTINUE WITH QUESTIONS ⟶

CD 1 4

ANSWER FOR DAY 1

12. Did you drink any water on this day (other than in coffee, fruitade, etc.)? (CIRCLE ONE NUMBER)

{24}

Yes	1
No	2

If yes, about how many cups?

NUMBER OF: ______ cups (8 fl. oz.)
{25,26}

13. Did you chew any gum on this day? (CIRCLE ONE NUMBER)

{27}

Yes	1
No	2

If yes, about how many sticks or pieces?

NUMBER OF: ______ sticks or pieces
{28,29}

14. Did you consume any cough drops on this day? (CIRCLE ONE NUMBER)

{30}

Yes	1
No	2

If yes, how many pieces?

NUMBER OF: ______ cough drops
{31,32}

15. Was your food/drink consumption on this day typical of what you usually eat/drink on this day of week (Sunday, Monday, etc)? (CIRCLE ONE NUMBER)

{33}

Yes	1
No	2

If no, why is it different? (CIRCLE ONE NUMBER)

{34}

Ill	1
Short of cash	2
Traveling	3
Social occasion	4
Holiday	5
Not enough time to eat	6
Other reason: (EXPLAIN)	7

16. Did anyone help you keep this record? (CIRCLE ONE NUMBER)

{35}

Yes	1
No	2

If yes, who helped? (CIRCLE ONE OR MORE NUMBERS)

{36}

Interviewer	1
Household member, first name ______	2
Non-household member	3

17. What was the month, day, and year of your birth?

______ / ______ / ______
MONTH {37,38} DAY {39,40} YEAR {41,42}

18. What is your height?

______ FEET {43} ______ INCHES {44,45}

19. What is your weight?

______ POUNDS
{46-48}

20. Are you on a special diet? (CIRCLE ONE NUMBER)

{49}

Yes	1
No	2

If yes, how would you describe it? (CIRCLE ONE NUMBER)

{50}

Doctor prescribed what I should or should not eat	1
Group diet program such as Weight Watchers or Tops	2
Diet I read or heard about elsewhere	3
Other (PLEASE DESCRIBE)	4

21. Do you take any vitamin, mineral, or other supplement by mouth (such as tablets, capsules, oil)? (CIRCLE ONE NUMBER)

{51}

No	1
Yes, regularly	2
Yes, irregularly	3

If yes, circle the number following each supplement taken:

Multiple vitamins	1	{52}
Multiple minerals	2	
Multiple vitamins and minerals	3	
Vitamin A	4	
Vitamin C	5	
Vitamin D	6	
Vitamin E	7	
B vitamins/B-complex	8	
Iron	9	
Calcium	0	
Zinc	1	{53}
Fluoride	2	
Other (Which?)	3	

CD 1 4

22. Have you eaten any of the following in the past 30 days? (CIRCLE THE NUMBER OR THE ASTERISK (*) AFTER EACH FOOD. IF YOUR ANSWER IS "YES", PLEASE INDICATE HOW MANY TIMES IN THE PAST 30 DAYS YOU HAVE EATEN THAT KIND OF FOOD)

	{54} Yes	No	# of Times
Liver: Beef or calf's	1	*	55,56
Liver: Chicken	2	*	57,58
Liver: Pork	3	*	59,60
Kidney: Beef, lamb or veal	4	*	61,62
Heart: Beef or calf's	5	*	63,64
Sweetbreads	6	*	65,66
Brains	7	*	67,68
Other organ meats (Which?)	8	*	69,70

23. Are you a vegetarian? (CIRCLE ONE NUMBER)

{71}

Yes	1
No	2

If yes, indicate which of the following foods you eat: (CIRCLE ONE OR MORE NUMBERS)

{72}

Poultry	1
Fish	2
Eggs	3
Dairy products	4
Fruits	5
Nuts	6
Dried beans or peas	7
Vegetables	8
Cereal or grain products	9
Vegetable-based meat substitute	0

24. These are some things that might affect what a person eats and drinks. Indicate which ones, if any, pertain to you. (CIRCLE A NUMBER FOR EACH ONE WHICH APPLIES)

{73}

I'm on a diet to lose weight	1
I'm on a diet to put weight on	2
I have a chewing problem because of teeth	3
I have a medical problem like diabetes or allergy	4
Some foods do not agree with me	5
I don't feel like eating breakfast early in the morning	6
I have no interest in cooking for one person	7
I do not like certain foods	8
Other (EXPLAIN) ______________________________	9
FOR OFFICE USE ONLY	0

25. As of now, how would you describe your health? (CIRCLE ONE NUMBER)

{74}

Excellent	1
Good	2
Fair	3
Poor	4

26. Do you have any disability or handicap that limits your activities? (CIRCLE ONE NUMBER)

{75}

Yes	1
No	2

{76}

{77}

{78}

{79}

{80}

END CD 1 4

FOR **EACH** ITEM LISTED:

7. Was this from your home food supply? Home food supply includes food brought into the home, or taken from the home and eaten elsewhere. (CIRCLE A CODE IN COL. Q.7)
   1 Yes, and eaten at home
   2 Yes, but eaten away from home
   3 No, obtained and eaten elsewhere

- IF **NO** ITEMS IN Q.7 ARE CODE 3, YOU HAVE COMPLETED THE ENTRY FOR THIS OCCASION
- IF ANY ITEMS IN Q.7 ARE CODE 3, CONTINUE WITH Q'S 8-11

8. Where did you get this food/beverage which was not from home food supplies? (ENTER A NUMBER IN COL. Q.8)
   1 Restaurant
   2 Fast food place
   3 Other public eating place
   4 Dining room or cafeteria at work
   5 Other place at work
   7 Day care center
   8 Summer day camp
   9 Community feeding program for senior citizens
   10 Grocery or other food store
   11 Drugstore or other store
   12 At someone else's home (DO NOT ANSWER Q'S 9-11)
   13 Other (EXPLAIN IN COL. Q.8)
   14 School - complete plate meal (lunch or breakfast)
   15 School - individually purchased foods (a la carte)

9. What kind of service was used to deliver the food/beverage you had at this time? (ENTER ONLY ONE NUMBER IN COL. Q.9. IF A COMBINATION, ENTER THE MAIN NUMBER)
   1 Served at a table (waiter/waitress)
   2 Counter service
   3 Cafeteria or buffet style (include fast food eaten on premises)
   4 Vending machine
   5 Carry out
   6 Car service
   7 Other

10. Did you or any member of your household pay for any of the food or beverage you had? (ENTER A NUMBER IN COL. Q.10)
    1 Yes -- ANSWER Q.11
    2 No -- DO NOT ANSWER Q.11

11. How much did you or the household member pay? Include tax and tip, if any. (ENTER AMOUNT IN COL. Q.11)

RECORD TOTAL COST OF ALL FOOD/BEVERAGES NOT FROM HOME FOOD SUPPLY FOR THAT OCCASION. IF EASIER, RECORD SEPARATE COST OF EACH ITEM NOT FROM HOME FOOD SUPPLY.